



SCHOOL OF
**Nursing and
Health Sciences**

EAST TEXAS A&M

NURS4540.01 NURSING CARE OF MENTAL HEALTH CLIENTS

Course Syllabus: Fall 2025

INSTRUCTOR INFORMATION

Instructor: **Dr. Lori Kerley, RN, HACP (Course Coordinator & Clinical Instructor)**

Office Location: Nursing Department, #238

Office Hours: as posted and by appointment

Office Phone: 903-886-5315

Office Fax: 903-886-5729

University Email Address: lori.kerley@etamu.edu

Preferred Form of Communication: email

Communication Response Time: Two business days

Adjunct Clinical Instructor: **Ms. Allyn Collins, MSN, CNS-PMHN**

Office Location: Nursing Department Adjunct Office

Office Hours: online by appointment

Office Phone: 903-886-5315

Office Fax: 903-886-5729

University Email Address: allyn.collins@etamu.edu

Preferred Form of Communication: email

Communication Response Time: Two business days

COURSE INFORMATION

Course Description

Demonstrates the relevance of psychosocial nursing concepts to all areas of professional practice. Provides a conceptual integration of the nursing process, theories, and research from psychosocial sciences and humanities as these relate to the care of persons with mental disorders. Clinical experience provides an opportunity for application of psychosocial concepts and methods in using the nursing process to promote optimal levels of wellness for individuals, families, and target groups.

Student Learning Outcomes (Should be measurable; observable; use action verbs)

By the end of the course, the student will be able to complete the following student learning outcomes (SLO) based on the 2021 AACN Essentials of Baccalaureate Nursing and the ETAMU pre-licensure BSN curriculum Program Learning Outcomes (PLOs).

1. Analyze selected nursing and psychological theories used in psychiatric/mental health settings (PLO AACN Essentials Domain 1).
2. Examine the legal, economic, sociocultural, and ethical issues impacting the psychiatric/mental health delivery system and apply them in the clinical setting (PLO AACN Essentials Domains 7, 8 & 9).
3. Discuss clinical modalities and psychiatric terminology as it relates to psychiatric/mental health nursing practice (PLO AACN Essentials Domains 2 & 9).
4. Utilize principles of evidence-based practice in psychiatric mental health nursing (PLO AACN Essentials Domain 4).
5. Identify barriers to care for patients with psychiatric illnesses in the rural setting (PLO AACN Essentials Domains 1, 2 & 3).

Trigger Warning- Psychiatric/Mental Health classes discuss topics/issues of psychiatric and mental illnesses. In the didactic course, the student will receive contents on these topics. In the clinical settings, the student will closely encounter clients with these issues. If a student expects to be emotionally or psychologically impacted by these issues and topics, please contact your course or clinical instructor.

Materials – Textbooks, Readings, Supplementary Readings

Textbook(s)/Online Resources Required:

Openstax (2024, June). *Psychiatric-mental health nursing*. Openstax.
<https://openstax.org/details/books/psychiatric-mental-health> . ISBN-13: 978-1-961584-42-6 (Digital ISBN). **This book is free online.**

Highly Recommended Supplemental Texts and/or Online Materials that will be utilized for Fall 2025:

Open Resources for Nursing (Open RN). (2022). ***Standards and conceptual approach***. In K. Ernstmeyer & E. Christman (Eds.), ***Nursing: Mental Health and Community Concepts*** [Internet]. Eau Claire, WI: Chippewa Valley Technical College. Retrieved from <https://wtcs.pressbooks.pub/nursingmhcc/front-matter/> **This book is free online**

Goes, F. S. (2023). Diagnosis and management of bipolar disorders. ***BMJ*, 381**, e073591. <https://doi.org/10.1136/bmj-2022-073591>

Kondo, E., Herman, A., Bordeaux, L., & Park, A. (2024). *Improving the accessibility and reach of mental health resources for suicide and non-suicidal self-injury* (Doctoral dissertation, University of Oregon). <https://scholarsbank.uoregon.edu/server/api/core/bitstreams/cd219fba-1698-4634-8287-6f9f7d4ae08b/content> (Read pp. 7-10)

The syllabus and schedule are subject to change.

ATI Content Mastery Series (CMS): RN Mental Health Nursing Edition 11.0

Software Required

Assessment Technologies Institute, LLC (ATI). <https://www.atitesting.com/> online account with access to the following resources:

- EHR Tutor
- Video Case Studies RN 2.0
- Real-Life RN Mental Health 4.0
- Engage Mental Health RN
- Practice and Proctored RN Mental Health 2023
- Swift River Virtual Reality Simulations

Optional Texts and/or Materials

Previous nursing courses textbooks

COURSE REQUIREMENTS

Minimal Technical Skills Needed

Students must have an adequate working knowledge of the learning management system, Leomail, Microsoft Office Suite, Exemplify, ProjectConcert, and ATI online products.

Instructional Methods

This is an enhanced course requiring students to complete reading assignments, online activities, independent study, and discovery learning to be successful. Students meet course objectives through individual study using suggested resources, active involvement in classroom activities, formal, and informal exchange of ideas with classmates and colleagues regarding specific topics as well as utilizing critical thinking skills. Teaching methods include lecture, seminar, discussion, small group work, independent study of texts and library resources, computer-assisted instruction, audio-visual aids, student presentations, and assignments. While the faculty will provide guidance and consultation, the student is responsible for identification of learning needs, self-direction, seeking consultation, and demonstration of course objectives.

Student Responsibilities or Tips for Success in the Course

- Logging into the course website and email regularly for faculty communication (especially the night before class/clinical)
- Updating semester calendar with communicated changes
- Regular study (recommend a minimum 2-3 hours study/course credit hour per week). For example: 3-credit course = 6 to 9 hours study time/week.
- Attendance at all class meetings, clinical, seminars and simulations

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- Review and remediation of examinations.

Grading

Final grades in this course will be based on the following scale:

A = 90%-100%

B = 80%-89%

C = 75%-79%

D = 60%-74%

F = Below 60%

A minimum grade of 75% is required to pass the course. The average of the (#) course exam grades (Exam 1, Exam 2, Exam 3) MUST be 75% or greater before ANY other course assignment grades are averaged to compose the final grade. If the exam average is below 75%, the student will receive the grade of "D or F" for the course regardless of any other grade(s).

Course Components

Evaluation will be based on techniques designed to determine if course objectives have been met. These measures include:

ASSESSMENTS	Weight		SLO
Class	%		
• Exams (4 exams)	60%		1,2,3,4,5
• ATI Engage Mental Health RN Pre-class Work	15%		2,3,4
• Legal & Ethical Issues Presentation & Discussion Board	15%		2,4,5
• ATI Content Mastery Series Online Practice Assessments: RN A & B and Proctored Exams	10%		1,2,3,4,5
Total	100%		
Clinical	Pass/Fail		
• Clinical Orientation & Skills Lab	8	hours	1,2,3,4,5
• Inpatient Clinical Experiences	54	hours	1,2,3,4,5
• Outpatient Clinical Experiences	4	hours	1,2,3,4,5
• Support Groups & Analysis Paper	4	hours	1,2,3,4,5
• Simulation Experiences (ETAM Sim Lab/Swift River VR/EHR Tutor)	19	hours	1,2,3,4,5

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• Clinical Evaluations (Mid-term, Final)	1	hour	3,4,5
Total	90	hours	

(For Clinical Courses)

The clinical component is PASS/FAIL and must be passed in order to pass the course. To receive a passing grade in clinical you must achieve 75% or better on each of the clinical assignments and receive a satisfactory clinical evaluation. You may redo any assignments one time that are less than 75% but 75% is the maximum grade you will receive for the redone assignment.

Clinical is graded Pass/Fail. If the student fails the clinical component, the entire course must be repeated.

Students must adhere to the expected clinical behaviors. Any instance of violation of any of the objectives listed in the Student Performance and Behaviors Evaluation Form may result in clinical suspension, receipt of a Student Performance and Behaviors Evaluation form, failure of clinical, failure of the course, and/or removal from the nursing program. (See **BSN Program Student Guidebook** for more information)

Assessments

- **Class**
 - **Exams**
 - Purpose: To aid in assessing summative/formative knowledge and application. Students will complete three module exams/final exam during the course. Exam content includes material covered in the required readings/media and assignments.
 - Instructions: The exams are closed book, will be timed, and are to be completed independently, unless otherwise stated (collaborative). Students will have 1 minute/question, time starts once the exam is initiated. Questions will consist of varying formats to include multiple-choice, select all that apply, hot spot, fill in the blank, true/false, etc. Exams will be proctored according to the course schedule and will be administered in the ExamSoft/Examplify learning platform. Students may use their own laptop to take the exams.
 - Grading Criteria: Based upon the number of questions that are correctly answered out of the number of test questions posed.
 - **ATI Engage Mental Health RN Pre-course Work**
 - Purpose: Offer students learning scenarios to actively engage to formulate and develop fundamental knowledge and skills and therapeutic communication skills that aid in identifying potential biases and fears with the utilization of real-life scenarios and real-life examples.

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- Instructions: Students are expected to complete the assigned Engage Modules as shown on the course schedule prior to class. When the modules are complete the time spent and the scores are recorded in ATI.
- Grading Criteria/Rubric: Highest quiz score will be recorded in the course grade book.
- **Legal & Ethical Issues Presentation & Discussion Board**
 - Purpose: This project is designed to enhance student understanding of evidence-based approaches to legal and ethical issues associated with mental health concepts, statutes, and research methods through collaborative analysis, creative presentations, and critical evaluations of a specified statute/ethical guideline. The project aims to increase awareness of mental health statutes in terms of challenges and benefits for caregivers and secondarily to enhance evidence-based knowledge and application of nursing care for the mental health client/caregiver.
 - Instructions: Students, in group assignment, will present in class a specified statute/ethical guideline for the presentation using visual/digital aides in the presentation to share the new knowledge context and application obtainment of challenges and benefits in caring for the mental health client/caregiver.
 - Grading Criteria/Rubric: See instructions, grading rubric, group assignments, and presentation date deadline in D2L.
- **ATI Content Mastery Series Online Practice Assessments:**
 - Purpose: Mental Health Content Mastery Assessment is to measure knowledge obtained during the semester using NCLEX_RN type questions. This testing measure knowledge level and offers remediation to help increase the understanding of mental concepts in a variety of settings.
 - Instructions: Practice Assessments will be assigned as noted in the course schedule. The practice exams will occur online as scheduled.
 - Grading Criteria: See ATI grading rubric in D2L. Focused review as remediation is required for both ATI A and ATI B regardless of the initial score. All components must have handwritten or electronic remediation that will be uploaded to D2L by the assigned due date. Your grade for this component is based on the posted rubric, not on your score within the ATI exam. You must show time (minimum one hour) in ATI for the focused review or you will receive a zero for that component. Students will take the ATI Proctored Mental Health Exam 2023 version in person during class time which includes NextGen content questions as scheduled. If not achieving a Level 2, the student will be given a second opportunity. The

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course grade goes by the ATI rubric on how points are accumulated.

- **Clinical/Lab Expectations**

Students will receive a basic orientation to his/her assigned facilities. Students will provide basic nursing care to selected clients using the nursing process to help develop skills of assessment and inquiry. Accurate and thorough data collection reveals psychosocial, cognitive, and physiological conditions, which will enable the student to individualize client care and treat identified actual and/or potential health problems.

Students should refer to the “Clinical Schedule” tab for specific assignments.

Students will practice acquired knowledge/skills such as using professional communication, health record review/data collection, assessing vital signs, performing assessments. **Students may only perform skills previously taught and verified by faculty in the skills lab.**

Students should arrive on time for assigned clinical experiences, be in uniform (See BSN Student Guide), and be prepared to provide nursing care to assigned clients. Clinical instructors may send students who arrive more than 15 minutes late home. All missed clinical experiences will be required to be made up. It is the responsibility of the student to communicate if they will be arriving late, or not in attendance. Students who do not complete their 90 lab/clinical hours by the end of the semester will receive an incomplete (X) and will not be able to matriculate until the hours are complete.

Students are required to follow all facility policies. Even with use of proper personal protective equipment (PPE), students should not knowingly and willfully enter the room of a confirmed or suspected COVID-19 client.

Students will present clinical reflections/discussions during post conferences. Post conferences are part of their required 90 lab/clinical hours. Attendance is mandatory. Participation is required. In addition, clinical faculty will expect to see at least two documented head to toe assessments from acute care which will be critiqued.

Students will be assigned some virtual clinical days (see schedule for specific dates) utilizing Swift River. Students will be given an assigned timeline to login and complete the virtual clinicals. Students must also have completed the virtual clinical day with a 75% or better. Failure to meet the required hours and/or the required minimum score will result in a failure of that clinical day, which may result in the student failing the clinical portion of NURS 4540. Detailed times and assignments will be given to the student via D2L prior to the assigned clinical day.

- **Clinical Orientation Skills Lab**

The syllabus and schedule are subject to change.

- Purpose: To embody the study and practice of mental health nursing and the process of providing care for clients in the inpatient and outpatient settings. To demonstrate mental health concepts and assignments included are communications techniques and practices
- Instructions Written instructions for assignments are located in D2L
- Grading Criteria Pass/Fail
- **Inpatient Clinical Experiences**
 - Purpose To allow students the opportunity to apply skills and knowledge related to the study and practice of mental health nursing and the process of providing care for clients in the inpatient setting with varying diagnosis with varying means of knowledge analysis and application.
 - Instructions The student is assigned various scheduled clinical days in an acute inpatient setting. The student will care for patients with different mental health diagnosis.
 - Grading Criteria Pass/Fail
- **Outpatient Clinical Experiences**
 - Purpose To allow students the opportunity to apply skills and knowledge related to the study and practice of mental health nursing and the process of providing care for clients in the outpatient setting with varying diagnosis.
 - Instructions The student is assigned to scheduled clinical days in an out inpatient setting. The student will care for patients with different mental health diagnosis.
 - Grading Criteria Pass/Fail
- **Support Groups and Analysis Paper**
 - Purpose: The student will have the opportunity to participate and observe the structure and benefits that support groups offer to the practice of mental health nursing and the process of providing care for clients that are in need of additional support within the mental health community.
 - Instructions: The student will independently attend two support groups during the term and provide a written APA formatted analysis paper to reflection related to the experience. The analysis paper will examine the type of group, the leadership style of the group, and the group process and norms and its relevance to nursing practice.
 - Grading Criteria: Pass/Fail (see instructions, grading rubric, and submission deadline in D2L.)
- **Simulation Experiences**

Purpose: Expose the student to specific different types of mental health disorders that may not be experienced within the clinical setting. The concept of simulation (in the Simulation Lab and Swift River Virtual Reality Simulations) allows for the student to practice in a setting that allows for

The syllabus and schedule are subject to change.

identifying areas for growth and new knowledge in a safe clinical practice environment for the student while also obtaining virtual charting experiences. Therefore, while attending clinical experiences in the simulation lab, the student is required to:

- Conduct themselves as if they were in an actual client/patient care setting.
- Wear appropriate professional attire (student uniform) including ETAM Identification Badge.
- Adhere to HIPAA standards and confidentiality related to all simulation-based experiences to include debrief, feedback and testing.
- Refrain from having candy, gum, food, or liquids in client/patient care areas.
- Treat standardized patients, simulators and manikins with consideration and respect (appropriate draping and privacy, etc.).
- Maintain the cleanliness of each client/patient care area.
- If required, check out all equipment and or supplies with the simulation lab staff (be aware that specific equipment and supplies cannot be taken out of the simulation lab).
- Instructions: Student will attend two simulation experiences in the ETAM Simulation Lab. Instructions and pre-packets will be sent prior to the simulations and must be completed as part of your clinical hours, if not completed the student risk of not completing the totality of clinical hours which could result in not meeting the course clinical requirements. Students will complete virtual clinical simulation hours using the Swift River ATI 2.0/EHR Tutor virtual clinical experiences in addition to the SIM Lab experiences
- Grading Criteria: Pass/Fail for ATI/Swift River VR/EHR Tutor with a benchmark of 75%, with multiple attempts allowed to achieve success. ETAM SIM Lab experiences are graded per instructions/rubric listed in D2L.
- **Clinical Evaluations**
 - Purpose: The evaluations allow for the assessment of the student's skills and knowledge attainment in meeting the established clinical outcomes as related to safely providing care for the mental health client and guided by the clinical evaluation tool.
 - Instructions: The clinical evaluation will be completed and reviewed with the student at the mid-point and at the completion of the clinical rotations and course.
 - Grading Criteria Pass/Fail

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TECHNOLOGY REQUIREMENTS

LMS

All course sections offered by East Texas A&M University have a corresponding course shell in the myLeo Online Learning Management System (LMS). Below are technical requirements

LMS Requirements:

<https://community.brightspace.com/s/article/Brightspace-Platform-Requirements>

LMS Browser Support:

https://documentation.brightspace.com/EN/brightspace/requirements/all/browser_support.htm

Zoom Video Conferencing Tool

https://inside.tamuc.edu/campuslife/CampusServices/CITESupportCenter/Zoom_Account.aspx?source=universalmenu

ACCESS AND NAVIGATION

You will need your campus-wide ID (CWID) and password to log into the course. If you do not know your CWID or have forgotten your password, contact the Center for IT Excellence (CITE) at 903.468.6000 or helpdesk@etamu.edu.

Note: Personal computer and internet connection problems do not excuse the requirement to complete all course work in a timely and satisfactory manner. Each student needs to have a backup method to deal with these inevitable problems. These methods might include the availability of a backup PC at home or work, the temporary use of a computer at a friend's home, the local library, office service companies, Starbucks, a ETAMU campus open computer lab, etc.

COMMUNICATION AND SUPPORT

If you have any questions or are having difficulties with the course material, please contact your instructor.

Technical Support

If you are having technical difficulty with any part of Brightspace, please contact Brightspace Technical Support at 1-877-325-7778. Other support options can be found here:

<https://community.brightspace.com/support/s/contactsupport>

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Interaction with Instructor

It is expected that you will check your D2L course and email regularly for communication from the instructor(s). Be sure to check the night before class/clinical. A response to any email or message will occur within two (2) business days.

Communication between faculty and students is primary and taken seriously. Preferred communication methods are individualized office hours, email, or via cell-phone. If a phone call is not answered, please leave a message and send an e-mail using the direct e-mail link on the course home page. You will be treated with collegial respect and you are expected to communicate likewise in a professional manner.

Faculty will make every effort to return class assignments within two weeks of submission and feedback on clinical work before subsequent work is due.

Course Specific Policies/Procedures

Assignment Submissions:

All class and clinical assignments must be submitted on time. If an extension is needed, students must request the extension before the posted due date/time. An assignment extension request will be approved or denied at the discretion of the course coordinator.

Unexcused late assignments will be penalized 10% per day for each of the first two days overdue; on the third day, the grade will be assigned as 0%. Communication on these matters is the student's responsibility. Multiple instances of late clinical assignments will result in receipt of a Student Performance and Behaviors Evaluation Form and, possibly, failure of clinical/course.

All documents submitted online are to be in .docx, .rtf, or .pdf format as directed by the assignment. No other formats will be accepted (JPEG, GIF, etc.). Assignments need to be submitted in a maximum of one document per assignment. Failure to follow these guidelines will result in a grade of "0" on the assignment.

BSN Program Student Guidebook

Specific information regarding the nursing program and current policies and procedures can be found in the current BSN Program Student Guidebook located in the Nursing Success Course in the LMS.

Students are responsible for reviewing, understanding, and complying with the policies and procedures provided in the student guidebook.

Classroom Policies

1. **Class Cancellation:** In the event that a class is canceled, the student is expected to do the readings and complete the objectives for that day. The content will still be included on examinations. The material in this syllabus and dates identified in

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2. Class attendance is expected. The students should notify course coordinator in advance of any absence.
3. Exam dates are listed in each course syllabus, and the student is expected to be present for exams. In the event that the student will be absent, the course coordinator must be notified in advance. Failure to do so may result in the student receiving a zero for the missed exam or quiz. Review the BSN Student Guide for the exam absence process.
4. As an adult learner and responsible professional, the student is responsible for reading and completing assignments prior to class and for being prepared to participate in discussions over the assigned material. It should not be expected that all material would be covered in class. Students are expected to come to class prepared.

Clinical Policies

1. Clinical attendance is mandatory. Refer to the BSN Program Student Guidebook for clinical attendance policy information. Violations of the clinical attendance policy may result in the student receiving a Student Performance and Behaviors Evaluation Form and may lead to failure of the clinical portion of the course.
2. Immunizations, CPR, and TB status must be current for students to be able to attend clinical experiences at the assigned clinical location. Suspension from clinical for failure to maintain required immunizations will be considered an absence.
3. Students are expected to meet clinical expectations outlined in the clinical evaluation tool.
4. Based on student learning needs, the faculty will determine the appropriate amount of time and clinical assignments needed to assess student growth.
5. Faculty may require additional assignments and clinical work to ensure students have met clinical objectives. Students are expected to comply with any additional assignments or clinical hours assigned.
6. Students are expected to prepare for clinical practice in order to provide safe, competent care.
7. Clinical assignments must be completed on time and submitted to the clinical instructor as directed. No exceptions will be given without prior permission from the instructor.

Group Work:

All members of the group will receive the same grade on any group work. However, a student can be removed from his/her team if the other students in the group come to the instructor and report that a student is not doing his/her fair share of the work. If that happens, the instructor will notify the student in writing. The student will then be responsible for doing the assignment on his/her own. It is expected that the group will make the attempt to resolve the situation within the group before instructor intervention.

The syllabus and schedule are subject to change.

Standardized Exams:

ETAMU School of Nursing utilizes Assessment Technologies Institute (ATI) content mastery practice assessments and content mastery proctored assessments to guide and assess mastery of nursing content necessary for entry into practice. Specific ATI assessment and grading guidelines are outlined in the document entitled “ATI Content Mastery Series (CMS) Assessment Grading Rubric” in the LMS module folder entitled “ATI Assessment Grading Rubric”.

Syllabus Change Policy

The syllabus is a guide. Circumstances and events, such as student progress, may cause the instructor(s) to modify the syllabus during the semester. Any changes made to the syllabus will be announced in advance.

University Specific Procedures

Student Conduct

All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment. The Code of Student Conduct is described in detail in the Student Guidebook.

<https://www.etamu.edu/student-code-of-conduct/>

<https://www.etamu.edu/wp-content/uploads/2025/06/2024-2025-Student-Guidebook-1.pdf>

Students should also consult the Rules of Netiquette for more information regarding how to interact with students in an online forum:

<https://www.britannica.com/topic/netiquette>

ETAMU Attendance

For more information about the attendance policy please visit the [Attendance](#) webpage and Procedure 13.99.99.R0.01.

<http://www.tamuc.edu/admissions/registrar/generalInformation/attendance.aspx>

Academic Integrity

Students at East Texas A&M University are expected to maintain high standards of integrity and honesty in all of their scholastic work. For more details and the definition of academic dishonesty see the following procedures:

<https://www.etamu.edu/college-of-business/integrity-policy/>

Undergraduate Student Academic Dishonesty Form

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/documents/13.99.99.R0.03UndergraduateStudentAcademicDishonestyForm.pdf>

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Students with Disabilities

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:

Office of Student Disability Resources and Services

East Texas A&M University

Velma K. Waters Library Rm 162

Phone (903) 886-5150 or (903) 886-5835

Fax (903) 468-8148

Email: studentdisabilityservices@etamu.edu

Website: [Office of Student Disability Resources and Services](#)

Nondiscrimination Notice

East Texas A&M University will comply in the classroom, and in online courses, with all federal and state laws prohibiting discrimination and related retaliation on the basis of race, color, religion, sex, national origin, disability, age, genetic information or veteran status. Further, an environment free from discrimination on the basis of sexual orientation, gender identity, or gender expression will be maintained.

Campus Concealed Carry

Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in East Texas A&M University buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and East Texas A&M Rule 34.06.02.R1, license holders may not carry a concealed handgun in restricted locations.

For a list of locations, please refer to the [Carrying Concealed Handguns On Campus](#) document and/or consult your event organizer.

Web url:

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/34SafetyOfEmployeesAndStudents/34.06.02.R1.pdf>

Pursuant to PC 46.035, the open carrying of handguns is prohibited on all East Texas A&M campuses. Report violations to the University Police Department at 903-886-5868 or 9-1-1.

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The Counseling Center at East Texas A&M, located in the Halladay Building, Room 203, offers counseling services, educational programming, and connection to community resources for students. Students have 24/7 access to the Counseling Center's crisis assessment services by calling 903-886-5145. For more information regarding Counseling Center events and confidential services, please visit <https://www.etamu.edu/counseling-center/>

Mental Health and Well-Being

The university aims to provide students with essential knowledge and tools to understand and support mental health. As part of our commitment to your well-being, we offer access to Telus Health, a service available 24/7/365 via chat, phone, or webinar. Scan the QR code to download the app and explore the resources available to you for guidance and support whenever you need it.



<https://www.telushealth.com/en-us>

AI Use Policy

East Texas A&M University acknowledges that there are legitimate uses of Artificial Intelligence, ChatBots, or other software that has the capacity to generate text, or suggest replacements for text beyond individual words, as determined by the instructor of the course.

Any use of such software must be documented. Any undocumented use of such software constitutes an instance of academic dishonesty (plagiarism). Individual instructors may disallow entirely the use of such software for individual assignments or for the entire course. Students should be aware of such requirements and follow their instructors' guidelines. If no instructions are provided the student should assume that the use of such software is disallowed.

In any case, students are fully responsible for the content of any assignment they submit, regardless of whether they used an AI, in any way. This specifically includes cases in which the AI plagiarized another text or misrepresented sources.

Department or Accrediting Agency Required Content

The Board of Nursing requires applicants, students throughout the program, graduates and licensure renewals to answer questions as to their ability to be admitted to a nursing program, sit for the NCLEX-RN exam or be re-licensed. Students are responsible for checking those questions to be sure you remain in compliance. Keep in mind that fingerprints are on file with the BON so if you should ever be arrested, they

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would be notified. You should notify them proactively. The link is as follows:
https://www.bon.texas.gov/licensure_eligibility.asp.html

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COURSE OUTLINE / CALENDAR Fall 2025

Wednesdays 1150-1440 Room 261

*(All class assignments are scheduled tentatively at this time. **Schedule is subject to change** but notice will be given by announcement in D2L.)*

Week/ Date	Content	Reading Assignments	Class Activities/Assignments
Week 1 08.27.25	Course Overview Mental Health & Mental Illness; Psychiatric Nursing Practice, Applying Nursing Process to Mental Health Care	Syllabus & schedule OpenStax Chapter 1:1.1, 1.3; Chapter 3:3.1; Chapter 13:13.1,13.3,13.5; Open RN Chapter 1:1.2, 1.7; Chapter 4	Syllabus & Course Orientation; ATI Engage Mental Health RN: Foundational Concepts of Mental Health Nursing Nursing Process, BOTH quizzes due by 08.26.27, 2359
Week 2 09.02/05.25 Clinical	Clinical Orientation & Skills Lab	Clinical Orientation & Skill Lab 0830-1630 Room 292	Wear clinical uniform Clinical Schedule & Orientation- Psychiatric Essential Nursing skills See separate orientation agenda on D2L ATI Engage Mental Health RN Evidence-Based Practice in Mental Health Nursing quiz result due 09.03.25, 2359
Week 2 09.03.25	Neurobiology & Psychopharmacology; Theories & Therapy Groups	OpenStax Chapter 4:4.1, 4.2 & Open RN Chapter 6: 6.1- 6.7; Openstax Chapter 2: 2.1, 2.3, 2.7; Chapter 24:24.2	ATI Engage Mental Health RN: Psychopharmacology, quiz result due 09.02.25, 2359 Building Therapeutic Relationships quiz result due 09.09.25, 2359 Mental Health Theory & Therapies, quiz result due 09.02.25, 2359
Week 3 09.10.25	Anxiety, Depressive Disorders	OpenStax Chapter 17: 17.1, 17.2; Chapter 16: 16.1; Open RN Chapter 9: 9.1, 9.2, 9.4, 9.7; Chapter 7: 7.1-7.5	ATI Engage Mental Health RN : Anxiety, Obsessive-Compulsive, and Related Disorders, quiz result due 09.09.25, 2359
Week 4 09.17.25	Exam 1 (1200-1300) Suicide and Non- suicidal Self-injury Prevention	Openstax Chapter 16:16.3; Kondo, E., Herman, A., Bordeaux, L., & Park, A. (2024). <i>Improving the accessibility and reach of mental health resources for suicide and non-suicidal self- injury</i> (Doctoral dissertation,	Exam 1 (Mental Health & Illness/Psychiatric Nursing Practice, Applying the Nursing Process to Mental Health Care, Theories & Therapy Groups, Anxiety, Depressive Disorders, Neurobiology & Psychopharmacology) Mood Disorder and Suicide, quiz result due 09.16.25, 2359 Abuse, Aggression, and Violence, quiz due 09.16.25, 2359

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		University of Oregon). https://scholarsbank.uoregon.edu/server/api/core/bitstreams/cd219fba-1698-4634-8287-6f9f7d4ae08b/content (Read pp. 7-10)	
Week 5 09.24.25	Cultural, Legal, & Ethical	OpenStax Chapter 8: 8.1 & 8.3; Chapters 10 & 11; Open RN Chapter 5	ATI Engage Mental Health RN: Client and Mental Health Team Safety: Legal and Ethical Considerations quiz results due 09.23.25, 2359 Continuum of Treatment, quiz results due 09.23.25, 2359
Week 6 10.01.25	Schizophrenia Spectrums	Openstax Chapter 15 Open RN Chapter 11: 11.4	ATI Engage Mental Health RN : Schizophrenia Spectrum Disorders and Psychosis, quiz result due 09.30.25, 2359
Week 7 10.08.25	OCD and Trauma-Stress Disorders; Dissociative Disorders	Openstax Chapter 17:17.3,17.4,17.5 Open RN Chapter 3:3.6	ATI Engage Mental Health RN : Responses to Stress, quiz result due 10.07.25, 2359 Somatic Symptom & Dissociative Disorders, quiz due 10.07.25, 2359
Week 8 10.14.25 Clinical	Clinical Mental Health SIM #1	ETAMU SIM Hospital 0830-1630	Wear clinical uniform Clinical SIM Anxiety instructions & pre-work in D2L counts for clinical hours
Week 8 10.15.25	Exam 2 (1200-1300) Bipolar Disorder	Openstax Chapter 16: 16.4 Open RN Chapter 8:8.4 Peer-reviewed journal: Diagnosis and management of bipolar disorders https://www.bmj.com/content/381/bmj-2022-073591.full	Exam 2 (Suicide and Non-suicidal Self-injury Prevention, Dissociative Disorders, OCD and Trauma-Stress Disorders, Dissociative Disorders, Schizophrenia Spectrums, Cultural Ethical & Legal) ATI Engage Mental Health RN : Disruptive Behavioral Disorders, quiz result due 10.14.25, 2359

<p>Week 9 10.22.25</p>	<p>Personality Disorders</p>	<p>Openstax Chapter 18 Open RN Chapter 10:10.4</p>	<p>ATI Engage Mental Health RN : Personality Disorders, quiz due 10.21.25,2359 Legal & Ethical Issues Presentations due 10.25.25,2359</p>
<p>Week 10 10.29.25</p>	<p>Crisis & Trauma-Induced and Stress Related Disorders Eating Disorders</p>	<p>Openstax Chapter 17: 17.4; Chapter 20:20.1, 20.2, 20.4 Open RN Chapter 13: 13.4; Chapter 15:15.7</p>	<p>ATI Engage Mental Health RN: Eating Disorders, quiz result due 10.28.25, 2359 Trauma, Crisis Disaster, and Related Disorders quiz due 10.28.25, 2359 Legal & Ethical Issues Presentations Discussion Board Responses due 10.30.25,2359</p>
<p>Week 11 11.05.25</p>	<p>ATI Practice A Exam Substance Use & Misuse & Related Addictive Disorders</p>	<p>Openstax Chapter 19 Open RN Chapter 6:6.8; Chapter 14</p>	<p>ATI Practice A report & focused review due by 11.07.25,2359 ATI Engage Mental Health RN: Substance-Related and Addiction Disorders quiz due 11.04.25,2359</p>
<p>Week 12 11.11.25 Clinical</p>	<p>Clinical Mental Health SIM #2</p>	<p>ETAMU SIM Hospital 0830-1630</p>	<p>Wear clinical uniform Clinical SIM Schizophrenia instructions & pre-work in D2L counts for clinical hours</p>
<p>Week 12 11.12.25</p>	<p>Exam 3 (1200-1300) Neurocognitive Disorders & Older Adults</p>	<p>Openstax Chapter 14 & 24</p>	<p>Exam 3 (Bipolar Disorder, Personality Disorders, Crisis & Trauma-Induced and Stress Related Disorders Eating Disorders, Substance Use & Misuse & Related Addictive Disorders) ATI Engage Mental Health RN: Neurocognitive Disorders quiz due 11.11.25,2359 Grief and Loss quiz due 11.11.25,2359</p>
<p>Week 13 11.19.25</p>	<p>ATI Practice B Exam Children & Adolescents</p>	<p>Openstax Chapter 23 Open RN Chapter 12:12.4, 12.5</p>	<p>ATI Practice B report & focused review due by 11.21.25,2359 ATI Engage Mental Health RN: Neurodevelopmental Disorders quiz due 11.18.25, 2359</p>

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Week 14 11.26.25	Thanksgiving	Holidays start at	Noon on 11.26 through 11.28.25
Week 15 12.03.25	ATI Proctored Exam (1200-1330)	Legal & Ethical Issues Presentations	ATI Proctored Exam in class, report & focused review due 12.04.25, 2359
Finals Week 12.08.25	Final Exam 1100-1300	Room 261	Final Exam (Neurocognitive Disorders & Older Adults, Children & Adolescents + cumulative previous content)
Finals Week 12.10.25	ATI Proctored Retake 1 1300-1530	Room 261	ATI Proctored Retake 1 report and focused review due 12.10.25, 2359

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