



SCHOOL OF
**Nursing and
Health Sciences**

EAST TEXAS A&M

**NURS 3414 Health Assessment
COURSE SYLLABUS: FALL 2025**

INSTRUCTOR INFORMATION

Instructor: Gretchen Moyer, MSN, RN
Office Location: Nursing Building, Room 234
Office Hours: By appointment
Office Phone: 903-886-5315
Office Fax: 903-886-5729
University Email Address: gretchen.moyer@etamu.edu
Preferred Form of Communication: Email
Communication Response Time: Two business days

COURSE INFORMATION

Course Description

Presents concepts and principles underlying health assessment conducted by the professional nurse; Emphasizes interviewing skills, and data collection skills related to health history, physical, and psychosocial assessments; Develops communication skills; Evaluates student competency by skill demonstration and didactic testing. By the end of the course, students will be able to demonstrate a thorough understanding of health assessment concepts and skills and apply this knowledge to nursing practice, ensuring safe and effective patient assessment and patient care.

Student Learning Outcomes

By the end of the course, the student will be able to:

1. Apply principles of history taking in the health assessment process of individuals. (PLO 1, 2; AACN Essentials 1, 2)
2. Conduct a complete health history, including environmental exposures and a family history that recognizes genetic risks, and identifies current and future health problems. (PLO 1, 2; AACN Essentials 1, 2, 8, 9)
3. Demonstrate developmentally and culturally appropriate physical assessment skills including focused physical, behavioral, psychological, socioeconomic, and environmental assessments of health and illness parameters according to established criteria. (PLO 1; AACN Essentials 1, 2, 5)
4. Document individual problems and needs from health history and physical assessment data. (PLO 1, 2, 8; AACN Essentials 1, 8, 9)

5. Compare and contrast nursing roles and responsibilities related to health assessment and health promotion. (PLO 2, 4; AACN Essentials 1, 6, 9)
6. Demonstrate responsibility for independent self-evaluation and learning. (PLO 5; AACN Essentials 10)

Textbooks Required

Jarvis, C. (2023). *Physical examination & health assessment* (9th ed.). Saunders.

Jarvis, C. (2023). *Laboratory manual for physical examination & health assessment* (9th ed.). Saunders.

COURSE REQUIREMENTS

Minimal Technical Skills Needed

Using the learning management system, using Microsoft Word, Microsoft Excel and PowerPoint.

Instructional Methods

This is a blended course requiring students to complete reading assignments, online activities and independent study to be successful. Course objectives may be met through individual study using suggested resources, active involvement in classroom activities, formal, and informal exchange of ideas with classmates and colleagues regarding specific topics as well as utilizing critical thinking skills.

Teaching methods include lecture, seminar, discussion, small group work, independent study of texts and library resources, computer-assisted instruction, audio-visual aids, and assignments. While the professor will provide guidance and consultation, the student is responsible for identification of learning needs, self-direction, seeking consultation, and demonstration of course objectives.

Student Responsibilities or Tips for Success in the Course

- Logging into the course website and email regularly for faculty communication (especially the night before class/clinical)
- Updating semester calendar with communicated changes
- Regular study (recommend a minimum 2-3 hours study/course credit hour per week). For example 3-credit course = 6 to 9 hours study time/week.
- Attendance at all class meetings, clinical, seminars and simulations
- Review and remediation of examinations.

Grading

Final grades in this course will be based on the following scale:

A = 90%-100% B = 80%-89% C = 75%-79% D = 60%-74% F = Below 60%

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A minimum grade of 75% is required to pass the course. The average of the course exam grades (Exam 1, Exam 2, Exam 3, Exam 4) **MUST** be 75% or greater before ANY other course assignment grades are averaged to compose the final grade. If the exam average is below 75%, the student will receive a grade of “D or F” for the course regardless of any other grade(s).

ASSESSMENTS

Assignments	% Weight		SLO
Class			
• Unit Exams (4)	40%		
• Final Exam	20%		
• Complete Health History #1	10%		
• Skills competency documentation #1	15%		
• Skills competency documentation #2	15%		
Total	100%		
Lab	Pass/Fail		
ATI/Health Assess	10	hours	
Lab Practice/Check Off - Instructor Guided	32	hours	
Lab Practice - Self-Guided	18	hours	
Total	60	hours	

All students with an exam grade of less than 75% must review their exam. The student must contact the instructor or Success Coach by email to set up an appointment to review the exam. The current exam must be reviewed before the next scheduled exam. Only the most current exam may be reviewed. Do not wait until the last minute to request a review. Of course, all students are welcome to review their exams but should follow the same procedure.

Successful completion of the examinations and other required assignments will enable the student to meet the student learning outcomes.

The clinical component is PASS/FAIL and must be passed in order to pass the course. To receive a passing grade in clinical you must achieve 75% or better on each of the clinical assignments and receive a satisfactory clinical evaluation. You may redo any assignments one time that are less than 75% but 75% is the maximum grade you will receive for the redone assignment.

Clinical is graded Pass/Fail. If the student fails the clinical component, the entire

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course must be repeated.

Students must adhere to the expected clinical behaviors. Any instance of violation of any of the objectives listed in the Student Performance and Behaviors Evaluation Form may result in clinical suspension, receipt of a Student Performance and Behaviors Evaluation form, failure of clinical, failure of the course, and/or removal from the nursing program. (See **BSN Program Student Guidebook** for more information.)

Assessment Descriptions

Class Assessments

- **Unit Exams**
 - 4 unit exams are scheduled for the course. See the course schedule for the date, time and content of each exam.
 - Exams are NOT comprehensive, are given in a classroom, and are timed. The final exam is comprehensive.
 - Students are responsible for making appointments with their assigned faculty to review exams or to discuss failing grades. The window for exam review is only open until the date of the next exam.
 - **A student that performs below 75% on an exam must schedule an appointment with the success coach.**

- **Health History**
 - A health history must be completed on a family member or close friend and must be turned in electronically by 2100 (9pm) (under Assignments tab) by the due date listed on the course calendar.

- **Skills Competency Documentation:**
 - A two-part skills and documentation check-off will be administered during the course of the semester, one-half at mid-term and one-half at the end of the semester. See the skills performance evaluation checklist for the systems covered, you will have 15 minutes to complete the skills check off.
 - In order to pass the course, the student must receive a score of 75% on each check-off, demonstrating competency in the performance of the exam.
 - If you do not pass the first attempt with 75%, you will have one more additional opportunity (max attempts per check off is only 2, if you fail the first attempt).
 - **Documentation of the findings must be completed as well and turned in via Activities/Assignments by 2100 (9pm) on the day after the check-off.**
 - Late documentation will receive 10% off final grade for the first late grade, 20% off the second day, and a zero the third day (however, you still have to submit the documentation).
 - You will perform your check off assessments with an assigned classmate.

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Lab Assessments

- **ATI Health assess Modules:**
 - ATI Health assess consists of two components: Tutorial Modules and Competency Modules.
 - *Tutorial Modules* are learning modules that are assigned weekly. It takes a minimum of one hour to complete a tutorial module.
 - *Competency Modules* combine body systems and are practice skills for preparation for the two Skills Competency Check-offs.
 - The weekly required ATI Health Assess Modules are listed on the course calendar and are **due by 2100 hours (9pm) on Wednesday nights before the class/lab on Thursday.**
 - *ATI tracks the amount of time each student spends on each module; therefore, the times will be monitored. Students will not receive credit for the module unless the minimum time of 1 hour is achieved for each module.
 - Students will upload screen shots of their completed ATIs under the Activities link, then Assignments, then place under the Lab number for that week.
 - **Students who do not achieve the required 45 hours for lab/clinical will not pass the course. Students must complete all modules to pass the course. ATI Health Assess is pass/fail for the lab/clinical time.**

- **Skills Competency Check-off:**
 - A two-part skills and documentation check-off will be administered during the course of the semester, one-half at mid-term and one-half at the end of the semester. See the skills performance evaluation checklist for the systems covered, you will have 15 minutes to complete the skills check off.
 - To pass the course, the student must receive a score of 75% on each check-off, demonstrating competency in the performance of the exam. If you do not pass the first attempt with 75%, you will have one more additional opportunity (max attempts per check off is only 2, if you fail the first attempt).
 - You will perform your check off assessments with an assigned classmate.
 - Check-offs will be recorded in the simulation hospital and students will be assigned a time for check off.
 - **Remediation:** In the event that the competency check-off is failed (that is, an overall score of less than (<)75% is earned) remediation will be prescribed to improve the student's skills in areas which were not competently performed or documented.
 - *After remediation, the full check-off will be repeated, with 75 being the highest earned grade possible.*
 - Remediation of a failed skills competency check-off must be completed **before** the last day of class.
 - Remediation may be undertaken **ONLY** if a skills competency check-off is failed, **NOT** to improve a passing check-off grade.

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- **If a student does not successfully pass their health assessment check off after the second attempt, they will fail the course.**
- **Skills Practice:**
 - Each student must complete 60 hours of lab/clinical time in the course. Lab practice includes instructor-guided and self-guided practice hours in the lab.
 - Lab practice sheet(s)/ATI modules must be completed prior to class.
 - Students should review appropriate anatomy prior to class and come prepared via reading in text and laboratory manual, review of posted D2L content and practice sheets.
 - Practice sheets are posted in D2L for each unit as listed on the class schedule. You must bring your completed lab practice sheet(s), including the assessment tests techniques used as well as normal findings.
 - Students are required to log 18 hours of self-directed skills practice in open lab. Students are responsible for scheduling themselves and arranging these practice sessions and to sign in during those practice times. The lab is unavailable for practice when class is in session.

UNIVERSITY SPECIFIC PROCEDURES

Technology Requirements

LMS

All course sections offered by Texas A&M University-Commerce have a corresponding course shell in the myLeo Online Learning Management System (LMS). Below are technical requirements

LMS Requirements:

<https://community.brightspace.com/s/article/Brightspace-Platform-Requirements>

LMS Browser Support:

https://documentation.brightspace.com/EN/brightspace/requirements/all/browser_support.htm

YouSeeU Virtual Classroom Requirements: <https://support.youseeu.com/hc/en-us/articles/115007031107-Basic-System-Requirements>

Access and Navigation

You will need your campus-wide ID (CWID) and password to log into the course. If you do not know your CWID or have forgotten your password, contact the Center for IT Excellence (CITE) at 903.468.6000 or helpdesk@tamuc.edu.

Note: Personal computer and internet connection problems do not excuse the requirement to complete all course work in a timely and satisfactory manner. Each student needs to have a backup method to deal with these inevitable problems. These

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methods might include the availability of a backup PC at home or work, the temporary use of a computer at a friend's home, the local library, office service companies, Starbucks, a TAMUC campus open computer lab, etc.

Communication and Support

If you have any questions or are having difficulties with the course material, please contact your Instructor.

Technical Support

If you are having technical difficulty with any part of Brightspace, please contact Brightspace Technical Support at 1-877-325-7778. Other support options can be found here:

<https://community.brightspace.com/support/s/contactsupport>

Interaction with Instructor

It is expected that you will check your D2L course and email regularly for communication from the instructor(s). Be sure to check the night before class/clinical. A response to any email or message will occur within two (2) business days.

Communication between faculty and students is primary and taken seriously. Preferred communication methods are individualized office hours, email, or via cell-phone. If a phone call is not answered, please leave a message and send an e-mail using the direct e-mail link on the course home page. You will be treated with collegial respect and you are expected to communicate likewise in a professional manner.

Faculty will make every effort to return class assignments within two weeks of submission and feedback on clinical work before subsequent work is due.

Student Conduct

All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment. The Code of Student Conduct is described in detail in the [Student Guidebook](#).

<http://www.tamuc.edu/Admissions/oneStopShop/undergraduateAdmissions/studentGuidebook.aspx>

Students should also consult the Rules of Netiquette for more information regarding how to interact with students in an online forum: <https://www.britannica.com/topic/netiquette>

ETAMU Attendance

For more information about the attendance policy please visit the [Attendance](#) webpage and [Procedure 13.99.99.R0.01](#).

<http://www.tamuc.edu/admissions/registrar/generalInformation/attendance.aspx>

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/academic/13.99.99.R0.01.pdf>

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Academic Integrity

Students at East Texas A&M University are expected to maintain high standards of integrity and honesty in all of their scholastic work. For more details and the definition of academic dishonesty see the following procedures:

[Undergraduate Academic Dishonesty 13.99.99.R0.03 Undergraduate Student Academic Dishonesty Form](#)

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/documents/13.99.99.R0.03UndergraduateStudentAcademicDishonestyForm.pdf>

[Graduate Student Academic Dishonesty Form](#)

<http://www.tamuc.edu/academics/graduateschool/faculty/GraduateStudentAcademicDishonestyFormold.pdf>

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/undergraduates/13.99.99.R0.03UndergraduateAcademicDishonesty.pdf>

Students with Disabilities-- ADA Statement

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:

Office of Student Disability Resources and Services

East Texas A&M University

Velma K. Waters Library Rm 162

Phone (903) 886-5150 or (903) 886-5835

Fax (903) 468-8148

Email: studentdisabilityservices@etamu.edu

Website: [Office of Student Disability Resources and Services](#)

Nondiscrimination Notice

East Texas A&M University will comply in the classroom, and in online courses, with all federal and state laws prohibiting discrimination and related retaliation on the basis of race, color, religion, sex, national origin, disability, age, genetic information or veteran status. Further, an environment free from discrimination on the basis of sexual orientation, gender identity, or gender expression will be maintained.

Campus Concealed Carry Statement

Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in Texas A&M University-Commerce buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a

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concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and A&M-Commerce Rule 34.06.02.R1, license holders may not carry a concealed handgun in restricted locations.

For a list of locations, please refer to the [Carrying Concealed Handguns On Campus](#) document and/or consult your event organizer.

Web url:

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/34SafetyOfEmployeesAndStudents/34.06.02.R1.pdf>

Pursuant to PC 46.035, the open carrying of handguns is prohibited on all A&M-Commerce campuses. Report violations to the University Police Department at 903-886-5868 or 9-1-1.

Mental Health and Well-Being

The university aims to provide students with essential knowledge and tools to understand and support mental health. As part of our commitment to your well-being, we offer access to Telus Health, a service available 24/7/365 via chat, phone, or webinar. Scan the QR code to download the app and explore the resources available to you for guidance and support whenever you need it.



<https://www.telushealth.com/en-us>

AI Use Policy

East Texas A&M University acknowledges that there are legitimate uses of Artificial Intelligence, ChatBots, or other software that has the capacity to generate text, or suggest replacements for text beyond individual words, as determined by the instructor of the course.

Any use of such software must be documented. Any undocumented use of such software constitutes an instance of academic dishonesty (plagiarism). Individual instructors may disallow entirely the use of such software for individual assignments or for the entire course. Students should be aware of such requirements and follow their instructors' guidelines. If no instructions are provided the student should assume that the use of such software is disallowed.

In any case, students are fully responsible for the content of any assignment they submit, regardless of whether they used an AI, in any way. This specifically includes cases in which the AI plagiarized another text or misrepresented sources.

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Department or Accrediting Agency Notification

The East Texas A&M University School of Nursing has full approval by the [Texas Board of Nursing](#).

Texas Board of Nursing

1801 Congress Avenue, Suite 10-200
Austin, TX 78701
P: (512) 305-7400; F: (512) 305-7401
webmaster@bon.texas.gov

The baccalaureate degree program in nursing and the master's degree program in nursing at East Texas A&M University are accredited by the [Commission on Collegiate Nursing Education](#).

Commission on Collegiate Nursing Education

655 K Street NW, Suite 750
Washington, DC 20001
202.887.6791

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COURSE OUTLINE / CALENDAR

Textbook: Jarvis' *Physical Examination and Health Assessment*, 9th ed.

Week	Course Content	Reading Assignment
(8/28) Thursday	Orientation to course ATI Health Assess (digital orientation)— <u>all students present from 0800-0950</u> Assessment of the whole person; cultural competence; interviewing; completing a health history Ticket for class: 1. <i>Practice sheet unit 1, none for unit 2.</i> 2. <i>ATI-Introduction to Health Assessment and Health history (Final due date 9/1 at 2100).</i> Class 0800-0950, Lab #1-1000-1200, Lab #2 1300-1500	Review Syllabus Chapters 1, 2, 3, 4
(9/4) Thursday	Assessment techniques-pain, nutrition. Skin, hair, and nails Head, Face, and neck Ticket for class: 1. <i>Practice sheet units 3&4</i> 2. <i>ATI-Skin (Final due date 9/4 at 2100).</i>	Chapters 8, 11, 12 Chapters 13, 14
(9/11) Thursday	Exam 1 (Chapters 1, 2, 3, 4, 8, 11, 12) at 0800-0900 Eyes Ticket for class: 1. <i>Practice sheet unit 5</i> 2. Health history due 9/11 at 2100	Nursing building Chapter 15
(9/18) Thursday	Ears, nose, mouth, and throat Ticket to class: 1. <i>Practice sheet unit 6</i> 2. <i>ATI-Head/neck and neuro (Final due date 9/18 at 2100).</i>	Chapters 16, 17
(9/25) Thursday	Exam 2 (Chapters 13-17) at 0800-0900 Breasts, regional lymphatics, thorax, and lungs Ticket to class: 1. <i>Practice sheet unit 7</i> 2. <i>ATI-Breasts, lymphatics and Respiratory (Final due date 9/25 at 2100).</i>	Nursing building Chapters 18, 19
(10/2) & (10/9) Thursday	Check-off #1—possible 10/3 & 10/10 3 hrs total of mandatory practice & complete 1 hr each of ATI modules-Older adult & pediatric nursing. Watch videos under Check-off #1 for class.	

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Week	Course Content	Reading Assignment
(10/16) Thursday	Heart and neck vessels, peripheral vascular system Ticket to class: 1. <i>Practice sheet unit 8</i> 2. <i>ATI-Cardiovascular (Final due date 10/16 at 2100).</i>	Chapters 20, 21
(10/23) Thursday	Abdomen Ticket for class: 1. <i>Practice sheet unit 9</i> 2. <i>ATI-Abdomen (Final due date 10/23 at 2100).</i>	Chapter 22
(10/30) Thursday	Musculoskeletal Ticket to class: 1. <i>Practice sheet unit 10</i> 2. <i>ATI-Musculoskeletal and neuro (Final due date 10/30 at 2100).</i>	Chapter 23
(11/6) Thursday	Exam 3 (Chapters 18-22) at 0800-0900 Male genitourinary and prostate, anus, rectum Female GU Ticket to class: 1. <i>Practice sheet unit 12. None for Unit 13.</i> 2. <i>Practice sheet unit 14</i> 3. <i>ATI-Rectum and genitourinary (Final due date 11/6 at 2100).</i>	Nursing building Chapter 25, 26 Chapter 27
(11/13) Thursday	Neurologic, mental status Ticket to class: 1. <i>Practice sheet unit 11</i>	Chapter 24
(11/20) & (12/4) Thursday	Check-off #2 –possible 11/21 & 12/5 3 hrs total of mandatory practice & complete 1 hr each of ATI modules-Maternal newborn & head-to-toe. Watch videos under Check-off #2 for class.	
(11/27)	Thanksgiving Break/Holiday	
(12/4) Thursday	Check-off #2-possible 12/5	
(12/11) Thursday	Exam 4/Final (Chapters 23-27, plus all previous material covered) at 0800-0915	Nursing building

****Students are responsible for Anatomy and Physiology review prior to each class.**

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