



**DEPARTMENT OF HEALTH & HUMAN PERFORMANCE  
COURSE SYLLABUS  
Summer II 2025 - Online**

**HHPK 497  
Study Abroad**

**INSTRUCTOR INFORMATION**

<b>Instructor:</b>	Michael Oldham, PhD
<b>Office Location:</b>	Nursing and Health Science - 115
<b>Office Hours:</b>	By Zoom ONLY
<b>Office Phone:</b>	903-886-5549
<b>Office Fax:</b>	903-886-5365
<b>University Email Address:</b>	michael.oldham@tamuc.edu
<b>Preferred Form of Communication:</b>	Email
<b>Communication Response Time:</b>	24 hours

**COURSE INFORMATION**

Materials – Textbooks, Readings, Supplementary Readings

**REQUIRED TEXT:** None

**Course Description:** This course provides in-depth analysis of sports performance testing, sport psychology surveying, and predictive modeling in elite level athlete populations. The student learns to interpret data, incorporate knowledge into practical applications, and make inferences regarding cause-and-effect relationships within sport performance, and the differences in age group levels of professional soccer players.

**Course Description**

**Student Learning Outcomes** (Should be measurable; observable; use action verbs)

1. Conduct movement analyses using markerless motion capture technology.
2. Interpret performance variables for force production, vertical leap, and bounding in a variety of movement series.

*The syllabus/schedule are subject to change.*

3. Conduct and interpret sprint performance testing.
4. Conduct and interpret yo-yo intermittent recovery testing.
5. Conduct and interpret grip strength testing.
6. Conduct and interpret standing broad jump testing.
7. Administer sport psychology surveys.
8. Understand predictive statistical models and comparative statistical models.

## **COURSE REQUIREMENTS**

### **Minimal Technical Skills Needed**

**Please use APA 7th Edition (American Psychological Association). All students should be familiar with spreadsheet data input and analysis.**

### **Instructional Methods**

**This class is a blended face-to-face and online course. The course will involve instruction, projects, and activity-based exercises to convey the content.**

### **Grading and Assignment Overview**

**Students will be graded on attendance and participation, quizzes, projects and in-class exams.**

**Final grades will be determined based on the following:**

Weekly Blog	20%
Final Presentation:	60%
Hands-On Activities:	20%

### **Attendance and Participation**

**Students will be present at all data collection times and dates while at the athletic sites. Students will work collaboratively to input and analyze data sets.**

### **Blogs**

Each student will be required to post a weekly video blog, commenting on what we are learning, sites we are seeing, and cultural experiences. Each blog must be a combination of still photos and video footage of the group, research, outings, site seeing, and cultural elements representative of the area of travel. Each blog must be 5 minutes in length, with any combination of the above elements. **Blog will count 20% of the overall grade.**

### **Hands-On Activities**

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Students are expected to present at all data collection opportunities, data input opportunities, and data analysis opportunities. **This assignment will be 20% of the grade.**

### **Project Presentation**

Students will work as a collective group to present the research findings. Each person must play a vital role within the presentation. Roles can be, but are not limited to:

Presenters

Data Analysts

Graphics Designers

Each person must write a reflective statement (1 page), summarizing their experience, their role in the study abroad, and their role in the presentation.

**Presentation will count 60% of the overall grade.**

The following final grading scale will be utilized to determine the final grade based on the average of your course work:

A = 100.0 – 90.0%

B = 80.0 – 89.9%

C = 70.0 – 79.9%

D = 60.0 – 69.9%

F = under 60.0%

## **TECHNOLOGY REQUIREMENTS**

### **LMS**

All course sections offered by Texas A&M University-Commerce have a corresponding course shell in the myLeo Online Learning Management System (LMS). Below are technical requirements

LMS Requirements:

<https://community.brightspace.com/s/article/Brightspace-Platform-Requirements>

LMS Browser Support:

[https://documentation.brightspace.com/EN/brightspace/requirements/all/browser\\_support.htm](https://documentation.brightspace.com/EN/brightspace/requirements/all/browser_support.htm)

Zoom Video Conferencing Tool

[https://inside.tamuc.edu/campuslife/CampusServices/CITESupportCenter/Zoom\\_Account.aspx?source=universalmenu](https://inside.tamuc.edu/campuslife/CampusServices/CITESupportCenter/Zoom_Account.aspx?source=universalmenu)

## **ACCESS AND NAVIGATION**

*The syllabus/schedule are subject to change.*

You will need your campus-wide ID (CWID) and password to log into the course. If you do not know your CWID or have forgotten your password, contact the Center for IT Excellence (CITE) at 903.468.6000 or [helpdesk@tamuc.edu](mailto:helpdesk@tamuc.edu).

**Note:** Personal computer and internet connection problems do not excuse the requirement to complete all course work in a timely and satisfactory manner. Each student needs to have a backup method to deal with these inevitable problems. These methods might include the availability of a backup PC at home or work, the temporary use of a computer at a friend's home, the local library, office service companies, Starbucks, a TAMUC campus open computer lab, etc.

## **COMMUNICATION AND SUPPORT**

If you have any questions or are having difficulties with the course material, please contact your Instructor.

### **Technical Support**

If you are having technical difficulty with any part of Brightspace, please contact Brightspace Technical Support at 1-877-325-7778. Other support options can be found here:

<https://community.brightspace.com/support/s/contactsupport>

### **Interaction with Instructor Statement**

The best way to reach me is via email at [michael.oldham@tamuc.edu](mailto:michael.oldham@tamuc.edu), as I check it frequently. I will aim to reply with 24 hours to your MyLeo email address. Please be courteous and professional in all of your interactions with me and fellow students.

## **COURSE AND UNIVERSITY PROCEDURES/POLICIES**

### **Course Specific Procedures/Policies**

**\*Please note that this schedule is tentative and is subject to change. Also, this is NOT all-inclusive (i.e., Homework/Participation). Other assignments might be given throughout the semester, so you MUST check the class announcements and e-mail frequently.**

### **Syllabus Change Policy**

The syllabus is a guide. Circumstances and events, such as student progress, may make it necessary for the instructor to modify the syllabus during the semester. Any changes made to the syllabus will be announced in advance.

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## **University Specific Procedures**

### **Student Conduct**

All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment. The Code of Student Conduct is described in detail in the [Student Guidebook](#).

<http://www.tamuc.edu/Admissions/oneStopShop/undergraduateAdmissions/studentGuidebook.aspx>

Students should also consult the Rules of Netiquette for more information regarding how to interact with students in an online forum:

<https://www.britannica.com/topic/netiquette>

### **TAMUC Attendance**

For more information about the attendance policy please visit the [Attendance](#) webpage and [Procedure 13.99.99.R0.01](#).

<http://www.tamuc.edu/admissions/registrar/generalInformation/attendance.aspx>

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/academic/13.99.99.R0.01.pdf>

### **Academic Integrity**

Students at Texas A&M University-Commerce are expected to maintain high standards of integrity and honesty in all of their scholastic work. For more details and the definition of academic dishonesty see the following procedures:

[Undergraduate Academic Dishonesty 13.99.99.R0.03](#)

[Undergraduate Student Academic Dishonesty Form](#)

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/documents/13.99.99.R0.03UndergraduateStudentAcademicDishonestyForm.pdf>

[Graduate Student Academic Dishonesty Form](#)

<http://www.tamuc.edu/academics/graduateschool/faculty/GraduateStudentAcademicDishonestyFormold.pdf>

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/undergraduates/13.99.99.R0.03UndergraduateAcademicDishonesty.pdf>

### **Students with Disabilities-- ADA Statement**

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a

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learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:

### **Office of Student Disability Resources and Services**

Texas A&M University-Commerce

Velma K. Waters Library Rm 162

Phone (903) 886-5150 or (903) 886-5835

Fax (903) 468-8148

Email: [studentdisabilityservices@tamuc.edu](mailto:studentdisabilityservices@tamuc.edu)

Website: [Office of Student Disability Resources and Services](http://www.tamuc.edu/campusLife/campusServices/studentDisabilityResourcesAndServices/)

<http://www.tamuc.edu/campusLife/campusServices/studentDisabilityResourcesAndServices/>

### **Nondiscrimination Notice**

Texas A&M University-Commerce will comply in the classroom, and in online courses, with all federal and state laws prohibiting discrimination and related retaliation on the basis of race, color, religion, sex, national origin, disability, age, genetic information or veteran status. Further, an environment free from discrimination on the basis of sexual orientation, gender identity, or gender expression will be maintained.

### **Campus Concealed Carry Statement**

Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in Texas A&M University-Commerce buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and A&M-Commerce Rule 34.06.02.R1, license holders may not carry a concealed handgun in restricted locations.

For a list of locations, please refer to the [Carrying Concealed Handguns On Campus](#) document and/or consult your event organizer.

Web url:

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/34SafetyOfEmployeesAndStudents/34.06.02.R1.pdf>

Pursuant to PC 46.035, the open carrying of handguns is prohibited on all A&M-Commerce campuses. Report violations to the University Police Department at 903-886-5868 or 9-1-1.

### **A&M-Commerce Supports Students' Mental Health Mental Health and Well-Being**

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The university aims to provide students with essential knowledge and tools to understand and support mental health. As part of our commitment to your well-being, we offer access to Telus Health, a service available 24/7/365 via chat, phone, or webinar. Scan the QR code to download the app and explore the resources available to you for guidance and support whenever you need it.



### AI Use in Courses

Texas A&M University-Commerce acknowledges that there are legitimate uses of Artificial Intelligence, ChatBots, or other software that has the capacity to generate text, or suggest replacements for text beyond individual words, as determined by the instructor of the course.

Any use of such software **must be documented**. **Any undocumented use of such software constitutes an instance of academic dishonesty (plagiarism).**

Individual instructors may disallow entirely the use of such software for individual assignments or for the entire course. Students should be aware of such requirements and follow their instructors' guidelines. If no instructions are provided the student should assume that the use of such software is disallowed.

In any case, students are fully responsible for the content of any assignment they submit, regardless of whether they used an AI, in any way. This specifically includes cases in which the AI plagiarized another text or misrepresented sources.

13.99.99.R0.03 Undergraduate Academic Dishonesty

13.99.99.R0.10 Graduate Student Academic Dishonesty

**Health and Human Performance Department**  
***HHPK 497 – Study Abroad 2025***  
***Portugal and Spain – Professional Soccer Academies***

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## **COURSE OUTLINE / CALENDAR**

### **Week 1 – July 5 – 8**

- **Week 1 Blog – First Days of Travel and Povia Pro Academy / Porto FC**

### **Week 2 – July 9 – 12**

- **Week 2 Blog – Povia Pro Academy / Porto FC**

### **Week 3 – July 13 – 20**

- **Week 3 Blog – Madrid and Marcet Academy (Barcelona)**

### **Week 4 – July 21 – August 4**

- **Data Analysis**
- **Predictive Algorithm Analysis**

### **Week 5 – August 4 – 7**

- **Presentation of Data**

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