

COUN 522: Counseling Diverse Populations

Summer I 2025 Web-based Course

6/2/25 and 7/3/2025

INSTRUCTOR INFORMATION

Al use policy as of May 25, 2023

Texas A&M University-Commerce acknowledges that there are legitimate uses of Artificial Intelligence, ChatBots, or other software that has the capacity to generate text, or suggest replacements for text beyond individual words, as determined by the instructor of the course.

Any use of such software must be documented. Any undocumented use of such software constitutes an instance of academic dishonesty (plagiarism).

Individual instructors may disallow entirely the use of such software for individual assignments or for the entire course. Students should be aware of such requirements and follow their instructors 'guidelines. If no instructions are provided the student should assume that the use of such software is disallowed.

In any case, students are fully responsible for the content of any assignment they submit, regardless of whether they used an AI, in any way. This specifically includes cases in which the AI plagiarized another text or misrepresented sources.

13.99.99.R0.03 Undergraduate Academic Dishonesty 13.99.99.R0.10 Graduate Student Academic Dishonesty

Instructor: Erin N. Kaszynski, PhD, LPC

University Email Address: Erin.Kaszynski@tamuc.edu

Preferred Form of Communication: E-mail

Communication Response Time: 48 hours, Monday – Thursday

Main Office Location: Virtual

Office Hours: Meetings with the Professor are available upon request

COURSE INFORMATION

Materials – Textbooks, Readings, Supplementary Readings

Required Textbook

Sue, D. W., Sue, D., Neville, H. A., & Smith, L. (2022). Counseling the culturally diverse: Theory and practice (9th ed.). Wiley.

Note: This course will use D2L as its Learning Management System

The *syllabus/schedule are subject to change*.



**Other readings as assigned

SELECTED BIBLIOGRAPHY includes, but is not limited to, the following:

Ratts, M. J., Singh, A. A., Nassar-McMillan, S., Butler, S. K., & McCullough, J. R. (2016). Multicultural and Social Justice Counseling Competencies: Guidelines for the counseling profession. *Journal of Multicultural Counseling and Development, 44*(1), 28–48. https://doi.org/10.1002/jmcd.12035

Ridley, C.R. (2005). Overcoming unintentional racism in counseling and therapy: A practitioner's guide to intentional intervention (2nd ed.). Thousand Oaks, CA: Sage.

Robinson, T. (2017). The convergence of race, ethnicity, and gender: Multiple identities in counseling. Thousand Oaks, CA: SAGE Publications

Recommended Textbook

American Psychological Association. (2011). *Publication manual of the American Psychological Association* (6th ed.). Washington, D.C.: Author

CATALOG DESCRIPTION OF COURSE

522. Counseling Diverse Populations. Three semester hours.

Emphasis on developing knowledge, skills, and attitudes for more effective counseling with persons different from the counselor regarding characteristics such as culture, race, gender, sexual orientation, physical disability, and religious preference. Substantial attention is given to developing awareness of one's own values, attitudes, and beliefs as they relate to counseling in a diverse society. Provides an understanding of how diverse values and mores, interaction patterns, social conditions, and trends related to cultural and ethnic diversity affect counseling.

General Course Information

This course is a required course for all master's degree options. It appears on all plans leading to licensure as a professional counselor and certification as a school counselor in Texas. The course provides an understanding of the cultural context of relationships, issues and trends in a multicultural and diverse society related to such factors as culture, ethnicity, nationality, age, gender, sexual orientation, mental and physical characteristics, education, family values, religious and spiritual values, socioeconomic status and unique characteristics of individuals, couples, families, ethnic groups, and communities.

Student Learning Outcomes



CACREP Standards Addressed in COUN 522

Create Standards Mudressed in Cook 322				
Core Standard	Learning Activity or Assignment	Assessment		
II.G.2.a. Multicultural and pluralistic trends, including characteristics and concerns within and among diverse groups nationally and internationally	Readings: Chapter 2 (Sue & Sue, 2022); Lectures; Threaded Discussions	Discussion Rubric, Cultural Immersion Project		
II.G.2.b. Attitudes, beliefs, understandings, and acculturative experiences, including specific experiential learning activities designed to foster students' understanding of self and culturally diverse clients	Readings: Chapter 2 (Sue & Sue, 2022); Lectures; Threaded Discussions	Discussion Rubric; Cultural Immersion Project		
II.G.2.c. Theories of multicultural counseling, identity development, and social justice.	Readings: Chapter 6, 7 (Sue & Sue, 2022); Lectures; Threaded Discussions	Discussion Rubric;		
II.G.2.d. Individual, couple, family, group, and community strategies for working with and advocating for diverse populations, including multicultural competencies.	Readings: Chapter 3, 5 (Sue & Sue, 2022); Lectures; Threaded Discussions	Discussion Rubric		
II.G.2.e. Counselors' roles in developing cultural self-awareness, promoting cultural social justice, advocacy and conflict resolution, and other culturally supported behaviors that promote optimal wellness and growth of the human spirit, mind, or body.	Readings: Chapter 2, 5 (Sue & Sue, 2022); Lectures; Threaded Discussions; Cultural Immersion Experience	Discussion Rubric; Cultural Immersion Experience Rubric		
II.G.2.f. Counselors' roles in eliminating biases, prejudices, and processes of intentional and unintentional oppression and discrimination.	Readings: Chapter 3-5 (Sue & Sue, 2022); Lectures; Threaded Discussions	Discussion Rubric; Cultural Immersion Project		



II.G.1.j. Ethical standards of professional organizations and credentialing bodies, and applications of ethical and legal considerations in professional counseling.	Readings: Ratts et al, 2015; Chapter 1 (Sue & Sue, 2022); ACA Code of Ethics; Lectures; Threaded Discussions	Discussion Rubric
CMHC Standard	Learning Activity or Assignment	Assessment
E1. Understands how living in a multicultural society affects clients who are seeking clinical mental health counseling services.	Readings: Chapters 2, 4, and 5 (Sue & Sue, 2022); Lectures; Threaded Discussions, Journal Articles; Key Assignment	Discussion Rubric; Key Assessment
E2. Understands the effects of racism, discrimination, sexism, power, privilege, and oppression on one's own life and career and those of the client.	Readings: Chapters 2, 4, and 5 (Sue & Sue, 2022); Lectures; Threaded Discussions, Journal Articles; Key Assignment	Discussion Rubric; Cultural Immersion Experience; Key Assessment
E3. Understands current literature that outlines theories, approaches, strategies, and techniques shown to be effective when working with specific populations of clients with mental and emotional disorders.	Readings: Chapters 2, 4, and 5 (Sue & Sue, 2022); Lectures; Threaded Discussions, Journal Articles; Key Assignment	Discussion Rubric; Journal Key Assessment
E5. Understands the implications of concepts such as internalized oppression and institutional racism, as well as the historical and current political climate regarding immigration, poverty, and welfare.	Readings: Chapters 2, 4, and 5 (Sue & Sue, 2022); Lectures; Threaded Discussions, Journal Articles; Key Assignment	Personal Journals Rubric; Discussion Rubric; Journal Article Critique Rubric;; Key Assessment
K4. Understands the relevance and potential biases of commonly used diagnostic tools with multicultural populations.	Readings: Chapters 2, 4, and 5 (Sue & Sue, 2022); Lectures; Threaded Discussions, Journal Articles; Key Assignment	Personal Journals Rubric; Discussion Rubric; Journal Article Critique Rubric; Key Assessment
SC Standard	Learning Activity or Assignment	Assessment



A6. Understands the effects of (a) atypical growth and development, (b) health and wellness, (c) language, (d) ability level, (e) multicultural issues, and (f) factors of resiliency on student learning and development.	Readings: Chapters 1- 3 and 7 (Sue & Sue, 2022); Lectures; Threaded Discussions,	Discussion board Rubric
E1. Understands the cultural, ethical, economic, legal, and political issues surrounding diversity, equity, and excellence in terms of student learning.	Readings: Chapters 3 and 4 (Sue & Sue, 2022); Lectures; Threaded Discussions, Journal Articles	Discussion board Rubric
E3. Understands the ways in which educational policies, programs, and practices can be developed, adapted, and modified to be culturally congruent with the needs of students and their families.	Readings: Chapters 3 and 4 (Sue & Sue, 2022); Lectures; Threaded Discussions, Journal Articles	Discussion board Rubric

COURSE OBJECTIVES include, but are not limited to, the following. Students will demonstrate understanding of:

- 1. multicultural and pluralistic trends, including characteristics and concerns between and within diverse groups nationally and internationally;
- 2. counselor and consultant characteristics and behaviors that influence helping processes including age, gender, and ethnic differences
- 3. attitudes, beliefs, understandings, and acculturative experiences, including specific experiential learning activities;
- 4. individual, couple, family, group, and community strategies for working with diverse populations and ethnic groups;
- 5. counselors' roles in social justice, advocacy and conflict resolution, cultural self-awareness, the nature of biases, prejudices, processes of intentional and unintentional oppression and discrimination, and other culturally supported behaviors that are detrimental to the growth of the human spirit, mind, or body;
- 6. theories of multicultural counseling, theories of identity development, and multicultural competencies; and
- 7. ethical and legal considerations related to social and cultural diversity.

Content Areas include, but are not limited to, the following:

- I. Multicultural and pluralistic trends
 - A. Characteristics



- B. Concerns between and within diverse groups nationally and internationally;
- II. Attitudes, beliefs, understandings, and acculturative experiences, including specific experiential learning activities;
- III. Counselor and consultant characteristics that influence helping processes including:
 - A. Age
 - B. Gender
 - C. Ethnicity
- III. Individual, couple, family, group, and community strategies for working with diverse populations and ethnic groups;
- IV. Diverse counselor and consultant characteristics and behaviors that influence the helping process including:
 - A. Age
 - B. Gender
 - C. Ethnic Differences
- IV. Counselors' roles in a diverse society
 - A. Social justice
 - B. Advocacy and conflict resolution
 - C. Cultural self-awareness
 - D. The nature of biases, prejudices
 - E. Processes of intentional and unintentional oppression and discrimination
 - F. Other culturally supported behaviors that are detrimental to the growth of the human spirit, mind, or body
- V. Theories of multicultural counseling
- VI. Theories of identity development
- VII. Multicultural competencies
- VIII. Legal and ethical issues related to diversity.

GOALS

- 1. To gain greater understanding and knowledge of specific sociopolitical histories, dynamics, and cultural issues for the major ethnic groups in the U.S. of African Americans, American Indians, Asian Americans, and Latinos.
- 2. To develop a specific expertise with one ethnic group through both research and practice, based on the student's professional goals.
- 3. To learn how to incorporate aspects of gender, class, sexual orientation, age, religion and spirituality, language, and disability in assessment and treatment with culturally diverse clients.

COURSE REQUIREMENTS

Minimal Technical Skills Needed

In this class, you will utilize the Learning Management System (LMS) entitled D2L for instructional and learning methods, submitting assignments, participating in online discussions, and completing any quizzes. You will need to utilize other technologies such as Microsoft Word, PowerPoint, etc. If you have issues with this system, it is your



responsibility to contact the help desk immediately.

Instructional Methods

Mini Lectures, videos, discussion, guest appearances, and experiential learning.

Not only is this an online class, but it's a 5-week course - it is important to schedule your time wisely. It is expected that the completion of this course will take the same amount of time as if it were being taken face-to-face. However, how you spend that time will be different from student to student. You will be expected to participate and complete all online tasks via D2L. I will be observing how much time you are spending in the online environment and can track whether you are opening documents or watching videos to completion.

Student Responsibilities or Tips for Success in the Course

As a student in this course, you are responsible for the active learning process. Expectations of this course include the following:

- 1. You are expected to display professionalism at all times. Be respectful of your professor and peers. Be open to feedback, as you will receive this throughout the program.
- 2. Prepare for classes. Complete any and all readings prior to class time.
- 3. Complete all assignments by the deadline.
- 4. Adhere to the university student code of conduct.
- 5. Participate. Online, you are expected to participate in all online discussions/activities. This is crucial to your learning.
- 6. All writing assignments must be done according to APA 6th edition.
- 7. Regularly check your University email. My suggestion is to check this at least once a day as your instructors and others from the department and University may contact you.
- 8. Begin your readings ASAP. Sometimes it may take more than one attempt to digest the material.
- 9. Deadlines are the last possible moment something is due—not the first moment to start. Work ahead. I realize this may not always be possible; however, when you can, do so.
- 10. Be open to the process. This degree takes time, work, effort, and growth.

Assignments/Assessments

1. <u>Discussion Board (40 pts)</u>

Note: one of the discussion board is added to multicultural project presentation.

You will have five Discussions and Response Posts during the semester. Discussion boards will require you will make your initial post (due Thursday by 11:59pm) where you are expected to give a thorough and thoughtful response to each prompt utilizing scholarly resources (i.e., textbook, journal publications, credible websites, etc.).

In addition to the initial discussion, you will must respond to $\underline{3}$ of your classmate's discussion posts. Your responses to classmates must advance the initial discussion, by: adding to and



strengthening the original post, contradicting the original post and provides an explanation as to why, provides further clarification to the original post, and so forth. Response posts that state "nice post," "good job," "I agree/disagree," or something similar without advancing the conversation will not be grade and result in zero (0) points for the response portion of that particular discussion and response post. Thus, it is possible to receive partial credit for completing the discussion but not the response post and vice versa. Be sure that the tone of responses are respectful and professional.

When you are responding to your peers, Follow ABC

- A: Acknowledge the contributions or validate their knowledge and experience
- B: Build on the ideas of the original poster by adding your own thoughts or examples
- C: Contribute to the discussion by asking a probing question that deepens understanding of the material and/or provide a supplemental resource

Discussion Post Rubric

	Discussion Board Rubric 1 - Does Not Meet Expectation (0-5 points)	2 – Meets Expectation (6- 7points)	3 – Exceeds Expectations (8-10 points)
Discussion	Post is not complete, not written in a clear manner	Post presents most elements of the	Post presents all elements of the question(s)
(10 points)	OR post is missing critical components of the question. Responses to classmates are not complete, missing critical components OR feedback is not thoughtful. Has not followed the instruction on initial post deadline.	question OR all elements discussed in a brief manner. Responses to classmates present most elements in a brief manner. Followed bare minimum of ABC instruction.	discussed thoroughly and clearly. Responses present all elements required thoroughly and clearly. Provided thoughtful detailed feedback to peers. Followed the ABC while responding to peers. Initial post is submitted as instructed.

2. Cultural Immersion Experience: Presentation & Paper (Total 50 pts)

You will be asked to locate, visit, observe, and participate in a new cultural immersion experience. This activity must be preapproved by the instructor and needs to involve significant interaction with members of a cultural group – and this cultural group must be different from any cultural group you belong to (or are close to) and must be a new experience for you. *IF there is a group you do not like or are uncomfortable around, this is a great opportunity to challenge biases and beliefs.*

The activity type is open for discussion but must involve at least 2 hours (or more) of your time. See "Activity Ideas" in the Start Here module in D2L. If you plan something with lots of observation but less direct participation, than you may be expected to engage for a longer period of time than 2 hours to match your peer's commitment to the quality of this experience.



Part 1: Complete Cultural Activity Proposal.

<u>Pre-approval is required prior to engagement and should be submitted to instructor the first Friday, June 6th.</u> You will complete the questionnaire (below) proposing your activity for this assignment. Answer each question in brief, but thorough details (1 page minimum). The instructor reserves the right to refuse the proposed activity or ask for a more detailed response. If the initial proposal is not approved or needs significant changes, you will have to redo and resubmit the proposal after speaking your instructor.

Cultural Immersion Activity Proposal Questions

- 1. Explain the cultural group you have selected and how they are different from you.
- 2. Explain why you selected this cultural group?
- 3. Explain in brief, but thorough, detail the type of activity or experience you plan to immerse yourself in. Please specifically explain the commitment involved and what activities you expect to engage in for the immersion experience.
- 4. Explain why you chose this activity or experience.
- 5. List 4 learning goals/objectives for yourself for the immersion experience.
- ** Part I is not graded, but failure to submit on time will result in 5pt deduction to overall score

Part 2: Presentation/PPT (DB Post) Due June 26 (initial post, 6/29 for responses)

You will prepare a 10-minute presentation to share with the class about your cultural group and what you have learned (using Power Point, Prezi, or some other format). Please be creative in your presentation and use graphics to illustrate, etc. The presentation should summarize the paper and address what you learned from this experience and address items 1-5 from the proposal at the minimum. This should also include an overview of the group and activity you engaged in and your reaction to and self-reflections from the experience. Presentation time may be adjusted depending on size of class.

Presentation recording and PPT posted in discussion board including Summary of paper and proposal items 1-5. Watch recordings and respond to 3 of classmates. See Discussion Board rubric (10pts)

Part 3: **The Paper** (40pt) **Due** 6/29

Write a 5-7 page reflection paper that includes the following items thoroughly and thoughtfully.

- Introduce the cultural group you engaged with and a Summary of What you did in the Immersion Experience (6 points)
- Explanation of how the group is different from you and what made you chose this group (6 pts)
- Initial attitudes, biases and beliefs What fears, concerns expectation did you have prior to the experience and how did your overall experience compare with initial preconceived notions about this group? (6 points)
- Interview a person who represents the community and summarize the interview (6 points)
- Practice as a Counselor How will this experience inform your future as a practicing counselor? (6 points)
- Personal Reflection (include Cognitive and Emotional Reactions) How does this experience inform you as an individual? (6 points)

Grammar, writing, and technical formatting issues will be closely graded (use spell check, proofread, consult APA 7th style guides, etc.). (4pts)



3. Theory and Model of Multicultural Counseling Paper (Points 50)

Due 7/2

Write a paper on multicultural characteristics among diverse groups either nationally or internationally. In your paper, include the impact of heritage, attitudes, beliefs, understandings, and cultural experiences on individual's views of others. Finally, choose a hypothetical client from one diverse group and discuss a theory and model of multicultural counseling you would use with the client to promote their cultural identity development, social justice, and advocacy. You can use these areas as your topics and/or subtopics while utilizing different levels of heading. Your paper must be, at least, 12 pages in length with a minimum of 14 peer reviewed resources and be written in APA (7th ed) format. In your paper, please utilize different levels of heading to ensure you address all the areas described above.

CACREP KPI: Theory and Model of Multicultural Counseling Paper Rubric

CACREP KPI: Theory and Model of Multicultural Counseling Paper Rubric			
	1 – Does Not Meet	2 – Meets Expectation	3 – Exceeds Expectation
	Expectation	(8-8.9 points)	(9-10 points)
	(0-7 points)		
Discussion on	Discussion	Student clearly describes	Student's discussion is
multicultural	demonstrates a lack	the topic and discusses	superior. The topic is
characteristics	of understanding of	multicultural	expounded in detail
among diverse	the topic and student	characteristics among	with research to support
groups either	is not clear	diverse groups either	the same. multicultural
nationally or	multicultural	nationally or	characteristics among
internationally	characteristics	internationally. Work	diverse groups either
(10 points)	among diverse	meets graduate level.	nationally or
	groups either		internationally
	nationally or		discussed, but examples
	internationally. Does		are given to support the
	not meet graduate		same. Work exceeds
	level work.		expectation.
Impact of	Student is not clear	Impact of heritage,	Impact of heritage,
heritage,	impact of heritage,	attitudes, beliefs,	attitudes, beliefs,
attitudes,	attitudes, beliefs,	understandings, and	understandings, and
beliefs,	understandings, and	cultural experiences on	cultural experiences on
understanding	cultural experiences	individual's views of	individual's views of
s, and cultural	on individual's views	others are clearly	others are discussed
experiences on	of others Work is	presented. Student cites	with multiple research
individual's	below graduate level.	research to support own	citations to support own
views of others		points and examples are	points. Work is superior.
(10 points)		provided for support.	
		Work meets graduate	
		level.	

		T	T
A hypothetical	Student is not clear	Student fairly	Student clearly describes a
client from one	on a hypothetical	presents a	hypothetical client from one
diverse group and	client from one	hypothetical client	diverse group and discusses,
discuss a theory	diverse group and	from one diverse	in much detail, a theory and
and model of	did not discuss a	group and, to some	model of multicultural
multicultural	theory and model	degree, discusses a	counseling she/he would
counseling you	of multicultural	theory and model	use with the client to
would use with the	counseling she/he	of multicultural	promote their cultural
client to promote	would use with the	counseling she/he	identify development, social
their cultural	client to promote	would use with the	justice, and advocacy.
identify	their cultural	client to promote	Examples are given to
development,	identify	their cultural	support points.
social justice, and	development,	identify	Additionally, there is clear
advocacy (10	social justice, and	development,	evidence the student has
points)	advocacy. Work is	social justice, and	sampled a variety of
	below graduate	advocacy. Work	resources and the paper
	level.	fairly meets	fundamentally relates to
		graduate level.	the purpose of the
			assignment. Superior work
APA	Substantial APA	Some APA errors	Little to no errors (1-2
Style/Grammar	errors (> 6 errors).	(3-4 errors). Good	errors). Exceptional quality
(10 points)	Poor quality, not	quality indicative of	indicative of graduate level
	indicative of	graduate level	work.
	graduate level	work.	
	work		

GRADING

Itamizad Cradina Pracadura		Α	126-140 pts
Itemized Grading Procedure		В	112-125 pts
Discussion Board	40 points	С	98-124 pts
Cultural Immersion Experience:		D	84-97 pts
Presentation	10 points	F	0-83 pts
Paper	40 points	'	υ-ου μις
Theory and Model of Multicultural Counseling Paper	50 points		
Total	140 points		

^{**}This instructor does NOT accept late work in course terms 5 weeks or under. Please plan ahead.

COMMUNICATION AND SUPPORT

Communication with your professors is key to your professional growth. I am here to support and guide you along your academic journey. With that being said, I cannot help you if you do not



communicate with me. Please reach out if you have any concerns or questions. Because I teach in different locations, email is the best way to reach me. I strive to answer all emails within 24 hours, Monday-Friday. When emailing, please use your university email. Also, I will be more than happy to meet with you if needed. Please reach out to me so we can set up a convenient time to get together via Zoom.

TECHNOLOGY REQUIREMENTS

LMS

All course sections offered by Texas A&M University-Commerce have a corresponding course shell in the myLeo Online Learning Management System (LMS). Below are technical requirements LMS Requirements:

https://community.brightspace.com/s/article/Brightspace-Platform-Requirements LMS Browser Support:

https://documentation.brightspace.com/EN/brightspace/requirements/all/browser_support.htm

YouSeeU Virtual Classroom Requirements:

https://support.youseeu.com/hc/en-us/articles/115007031107-Basic-System-Requirements

ACCESS AND NAVIGATION

You will need your campus-wide ID (CWID) and password to log into the course. If you do not know your CWID or have forgotten your password, contact the Center for IT Excellence (CITE) at 903.468.6000 or helpdesk@tamuc.edu.

Note: Personal computer and internet connection problems do not excuse the requirement to complete all course work in a timely and satisfactory manner. Each student needs to have a backup method to deal with these inevitable problems. These methods might include the availability of a backup PC at home or work, the temporary use of a computer at a friend's home, the local library, office service companies, Starbucks, a TAMUC campus open computer lab, etc.

Technical Support

If you are having technical difficulty with any part of Brightspace, please contact Brightspace Technical Support at 1-877-325-7778. Other support options can be found here: https://community.brightspace.com/support/s/contactsupport

System Maintenance

Please note that on the 4th Sunday of each month there will be System Maintenance which means the system will not be available 12 pm-6 am CST.

COURSE AND UNIVERSITY PROCEDURES/POLICIES University-Specific Procedures

Academic Integrity

Students at Texas A&M University-Commerce are expected to maintain high standards of integrity and honesty in all of their scholastic work. For more details and the definition of academic dishonesty, click here.



Graduate Student Academic Dishonesty Form

Student Conduct

All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment. The Code of Student Conduct is described in detail in the Student Guidebook.

Students should also consult the Rules of Netiquette for more information regarding how to interact with students in an online forum: https://www.britannica.com/topic/netiquette

TAMUC Attendance

For more information about the attendance policy please visit the Attendance webpage and Procedure 13.99.99.R0.01.

Students with Disabilities - ADA Statement

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:

Office of Student Disability Resources and Services

Texas A&M University-Commerce Velma K. Waters Library Rm 162 Phone (903) 886-5150 or (903) 886-5835 Fax (903) 468-8148

Email: studentdisabilityservices@tamuc.edu

Website: Office of Student Disability Resources and Services

http://www.tamuc.edu/campusLife/campusServices/studentDisabilityResourcesAndServices/

Student Counseling Services

The Counseling Center at A&M-Commerce, located in the Halladay Building, Room 203, offers counseling services, educational programming, and connection to community resources for students. Students have 24/7 access to the Counseling Center's crisis assessment services by calling 903-886-5145. For more information regarding Counseling Center events and confidential services, please visit www.tamuc.edu/counsel

Nondiscrimination Notice

Texas A&M University-Commerce will comply in the classroom, and in online courses, with all federal and state laws prohibiting discrimination and related retaliation on the basis of race, color, religion, sex, national origin, disability, age, genetic information or veteran status. Further, an environment free from discrimination on the basis of sexual orientation, gender identity, or gender expression will be maintained.

Campus Concealed Carry Statement



Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in Texas A&M University-Commerce buildings only by persons who have

COURSE OUTLINE / CALENDAR

Read the chapters before class: review the highlighted rows. 6/2/25 and 7/3/2025

Module	TOPICS	Chapters	ASSIGNMENTS
Week 1	Course Introduction and Overview	Sue Ch 1–6	Discussion 1
			Initial Post - 6/5
6/2-6/8	Obstacles to Cultural Competence;		Peer Feedback (3) - 6/8
	MC Counseling & Therapy	Videos and Mini	
	Cult Perspectives & Barriers to Counseling	Lectures	Cultural Immersion
	Microaggressions, Privilege & Oppression and their implications for Counseling		Proposal – 6/6
	Racial Ethnic Cultural (REC) Identity		
Week 2	White Racial Consciousness;	Sue 7-11	DB # 2 & 3
	Competence & Cultural humility;	Ratts et al., 2015	Initial - 6/12
6/9-	MC Evidence-based Practice;	,	Peer FB (3) - 6/15
6/15	Indigenous and Cultural Methods of Healing	Videos and Mini	. , ,
0, 20	Among People of Color;	Lectures	
	Assessment Diagnosis & Treatment Issues		
Week 3	Counseling African American; American	Sue Ch 12-17	DB # 4
6/16-	Indians and Alaskan Natives; Asian		Initial - 6/19
6/22	Americans and Pacific Islanders; Counseling		Peer FB (3) - 6/22
	Latinas/os; Multiracial; and Arab Americans		
Week 4	Counseling Muslim & Jewish Americans;	Sue Ch 19-24	Cultural Immersion
	Immigrants & Refugees; LGBTQ populations;		Presentation Video & PPT
6/23-	Older Adults; Women; Individuals Living in	Videos and Mini	Due 6/26
6/29	Poverty; and Individuals with Disabilities	Lectures	Peer FB (3) - 6/29
			Cultural Immersion Paper
			Due 6/29
Week 5	WATCH Special Topics Lectures:	Review the	Theory and Model of
	Serving Veterans in Counseling	literature for	Multicultural Counseling
6/30-	Counseling Incarcerated individuals	your paper	Paper -
7/3			Due July 3 by NOON