



PSY 416 Introduction to Clinical Psychology

Spring 2025

Class Tuesday and Thursday 9:30 am – 10:45 AM

McDowell Administration Building (BA) 346

INSTRUCTOR INFORMATION

Instructor: Dr. DeMarquis Hayes

Office Location: Nursing Health Science Building 314 (Inside Suite 310)

Office Hours: Tuesday & Thursday 2:00 – 4:00 pm or by appointment

Office Phone: 903-886-5124

University Email Address: demarquis.hayes@tamuc.edu

Preferred Form of Communication: **Email**

Communication Response Time: Please allow 24 business hours for a response time. Emails sent during the weekend will receive a response by Tuesday.

COURSE INFORMATION

Textbook(s) Required

Bernstein, D. A., Teachman, B. A., Olatunji, B. O., & De Los Reyes, A. (2024). *Introduction to Clinical Psychology* (10th Ed.). Cambridge University Press. ISBN: 9781009379281

Course Description

From the course catalog: This course is intended to provide students an overview of the field of clinical psychology. Students will be exposed to information regarding the history of the science, as well as contemporary clinical psychology. Students will also be introduced to the various assessment and psychotherapeutic strategies used by clinical psychologists in their daily practice. By the end of the course, students will have an in- depth understanding of the range of assessment and psychotherapeutic services that clinical psychologists provide to patients of all ages across multiple settings.

Prerequisites: PSY 2301.

Student Learning Outcomes

1. Define the profession of clinical psychology and distinguish it from other mental health care professions.
2. Discuss the importance of using an evidence-base for provision of mental health services.
3. Describe the types of activities clinical psychologist perform and the guiding principles used in practice.
4. Discuss the training of clinical psychologist and relevant licensures they can earn.
5. Describe the current diagnostic system and common concerns raised out this system's limitations.
6. Summarize the purpose of psychological assessment and describe the strengths and weaknesses of various strategies clinical psychologists may employ.
7. Describe the principles of psychotherapeutic interventions, various theories associated with these interventions, and specific evidence-based interventions for children and adults.
8. Discuss the various subfields of clinical psychology, including clinical neuropsychology, clinical forensic psychology, and clinical health psychology.

COURSE REQUIREMENTS

Research Participation:

A goal of this class is to help you become familiar with psychological research. One way to obtain this goal is to have you participate in research studies. Participating in research studies contributes to students and faculty at East Texas A&M University, your understanding of how research is conducted, and human knowledge in general. All students in this class will be required to participate in the psychology department's participant pool or complete alternative assignments (see me for more information on alternative assignments).

Students must complete a total of 6 experiment credits. However, if you complete your first 4 experiment credits without any "no-shows" you will receive 2 free *punctual participant credits*. In other words, if you show up to your experiments on time you will only need to complete 4 experiment credits. When you first sign into the experiment management system (EMS) you will be asked to take a prescreen. The prescreen takes about 20 minutes to complete. If you complete the prescreen in the first two weeks of the semester you will receive ½ free experiment credit. This can be combined with later experiments that are worth ½ credit.

If you fail to complete this portion of the class your grade will be lowered by one full grade. In effect, if you have an 'A' in the class but fail to complete your research participation (either through participating in research studies, alternative assignments, or a mixture of both) your final grade in the class will be a 'B.' More information about participating in research, such as how to log in to the EMS, is given at the end of this syllabus.

Minimal Technical Skills Needed

Students must be able to navigate their learning management system, email, and other web browsers or services for the course. Students must also be able to utilize office products such as word and power point (or an equivalent tool).

Instructional Methods

This class will consist of in person lectures and online supplements, assignments, and/or tests. Attendance is strongly encouraged as a portion of your grades is based on attendance and participation.

Student Responsibilities or Tips for Success in the Course

Students that attend class, actively participate, actively engage with the material, and stay on top of the readings are more likely to succeed in this course.

GRADING

Total points corresponding to the final letter grades

A = 540 - 600 Points

C = 420 - 479 Points

F = < 360 Points

B = 480 - 539 Points

D = 360 - 419 Points

Total points for each assignment.

Research Participation	Required
What is Clinical Psychology Paper	25 points
DSM-5 Mental Health Condition Paper	100 points
Research Article Summaries	50 points
Research Article In-Class Presentation	25 points
Ethical Code Quiz/Assignment	25 points
Multicultural Competency Quiz/Assignment	25 points
Graduate School Statement	50 points
Chapter Quizzes	300 points
TOTAL	600 points

Assessments

- I. Paper on what clinical, counseling, or school psychology (applied areas of psychology) mean to you?
 - 1 page about why you are interested in an applied area of psychology and what it means to you. 25 points

- II. DSM-5 Mental Health Condition Paper
 - 10 pages (doubled spaced, 12-point Time New Roman)
 - Must utilize minimum of 3 evidenced based research articles
 - APA format
 - 100 points

- III. Research Article Summaries
 - Students will complete 2 article summaries throughout the semester. These summaries will be good practice for graduate school and teach you how to read and understand research. The articles selected must be an empirical research article that comes from an APA journal.
 - An empirical research article is an article which reports research based on actual observations or experiments.
 - The 2 articles should be on the same topic
 - Each summary is 25 points for a total of 50 points.

- IV. Research Article In-Class Presentation
 - Students will do an oral presentation (utilize power point or some other tool) to the class about one of their selected research articles. 25 points
 - 8-10 minutes

- V. Ethical Codes Quiz/Assignment 25 points

- VI. Multicultural Competency Quiz/Assignment 25 points

- VII. Graduate School Statement
 - Students will write a graduate school statement for a graduate school of their choice indicating why they are a good fit for that program. 50 points

- VIII. Chapter Quizzes
 - Quizzes will be assigned over each chapter to assess retained knowledge. These quizzes will be short online quizzes. All Quizzes are due by 8 am the following Monday of the next week as shown on the syllabus. Late work will only be accepted if there is an approved absence. Students may use book or other class materials. However, they must be done without another person helping. There will be 15 quizzes administered at 20 points each for a total of 300 points.

TECHNOLOGY REQUIREMENTS

LMS

All course sections offered by East Texas A&M University have a corresponding course shell in the MyLeo Online Learning Management System (LMS). Below are technical requirements

LMS Requirements:

<https://community.brightspace.com/s/article/Brightspace-Platform-Requirements>

LMS Browser Support:

https://documentation.brightspace.com/EN/brightspace/requirements/all/browser_support.htm

Zoom Video Conferencing Tool

https://inside.tamuc.edu/campuslife/CampusServices/CITESupportCenter/Zoom_Account.aspx?source=universalmenu

ACCESS AND NAVIGATION

You will need your campus-wide ID (CWID) and password to log into the course. If you do not know your CWID or have forgotten your password, contact the Center for IT Excellence (CITE) at 903.468.6000 or helpdesk@tamuc.edu.

Note: Personal computer and internet connection problems do not excuse the requirement to complete all course work in a timely and satisfactory manner. Each student needs to have a backup method to deal with these inevitable problems. These methods might include the availability of a backup PC at home or work, the temporary use of a computer at a friend's home, the local library, office service companies, Starbucks, an East Texas A&M University campus open computer lab, etc.

Technical Support

If you are having technical difficulty with any part of Brightspace, please contact Brightspace Technical Support at 1-877-325-7778. Other support options can be found here: <https://community.brightspace.com/support/s/contactsupport>

COMMUNICATION AND SUPPORT

If you have any questions or are having difficulties with the course material, please contact your instructor.

COURSE AND UNIVERSITY PROCEDURES/POLICIES

Course Specific Procedures/Policies

Syllabus Change Policy

The syllabus is a guide. Circumstances and events, such as student progress, may make it necessary for the instructor to modify the syllabus during the semester. Any changes made to the syllabus will be announced in advance.

University Specific Procedures

Student Conduct

All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment. The Code of Student Conduct can be found at <https://www.tamuc.edu/student-code-of-conduct/>.

If you believe someone has engaged in behaviors that do not align with the Code of Student Conduct or you have other concerns, please visit the File a Report page at <https://www.tamuc.edu/office-of-student-rights-and-responsibilities/concerns-incident-reporting/>

Students should also consult the Rules of Netiquette for more information regarding how to interact with students in an online forum:
<https://www.britannica.com/topic/netiquette>

Academic Integrity

Students at East Texas A&M University are expected to maintain high standards of integrity and honesty in all of their scholastic work. For more details and the definition of academic dishonesty see the following procedures:

Undergraduate student academic dishonesty policy
[Undergraduate Academic Dishonesty 13.99.99.R0.03](#)

Undergraduate student academic dishonesty policy
[Undergraduate Student Academic Dishonesty Form](#)

Graduate student academic dishonesty policy:
<https://inside.tamuc.edu/aboutus/policiesproceduresstandardsstatements/rulesProcedures/13students/graduate/13.99.99.R0.10.pdf>

Graduate student academic dishonesty form:
<https://inside.tamuc.edu/academics/graduateSchool/faculty/GraduateStudentAcademicDishonestyForm.pdf>

East Texas A&M University Attendance

For more information about the attendance policy please visit the [Attendance](#) webpage.

The syllabus/schedule are subject to change.

Artificial Intelligence

East Texas A&M University acknowledges that there are legitimate uses of Artificial Intelligence, Chatbots, or other software that has the capacity to generate text, or suggest replacements for text beyond individual words, as determined by the instructor of the course.

Any use of such software must be documented. Any undocumented use of such software constitutes an instance of academic dishonesty (plagiarism).

Individual instructors may disallow entirely the use of such software for individual assignments or for the entire course. Students should be aware of such requirements and follow their instructors' guidelines. If no instructions are provided the student should assume that the use of such software is disallowed.

In any case, students are fully responsible for the content of any assignment they submit, regardless of whether they used an AI, in any way. This specifically includes cases in which the AI plagiarized another text or misrepresented sources.

Students with Disabilities-- ADA Statement

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:

Office of Student Disability Services
Velma K. Waters Library- Room 162

Phone (903) 886-5930

Fax (903) 468-8148

Email: StudentDisabilityServices@tamuc.edu

Website: <http://inside.tamuc.edu/campuslife/campusServices/StudentDisabilityServices/default.aspx>

Mental Health and Well-Being

The university aims to provide students with essential knowledge and tools to understand and support mental health. As part of our commitment to your well-being, we offer access to Telus Health, a service available 24/7/365 via chat, phone, or webinar. Scan the QR code to download the app and explore the resources available to you for guidance and support whenever you need it.



East Texas A&M University Supports Students' Mental Health

The Counseling Center at East Texas A&M University, located in the Halladay Building, Room 203, offers counseling services, educational programming, and connection to community resources for students. Students have 24/7 access to the Counseling Center's crisis assessment services by calling 903-886-5145. For more information regarding Counseling Center events and confidential services, please visit www.tamuc.edu/counsel

Nondiscrimination Notice

East Texas A&M University will comply in the classroom, and in online courses, with all federal and state laws prohibiting discrimination and related retaliation on the basis of race, color, religion, sex, national origin, disability, age, genetic information or veteran status. Further, an environment free from discrimination on the basis of sexual orientation, gender identity, or gender expression will be maintained.

Campus Concealed Carry Statement

Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in East Texas A&M University buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and East Texas A&M University Rule 34.06.02.R1, license holders may not carry a concealed handgun in restricted locations.

For a list of locations, please refer to the [Carrying Concealed Handguns On Campus](#) document and/or consult your event organizer.

Web url:

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/34SafetyOfEmployeesAndStudents/34.06.02.R1.pdf>

Pursuant to PC 46.035, the open carrying of handguns is prohibited on all East Texas A&M University campuses. Report violations to the University Police Department at 903-886-5868 or 9-1-1.

COURSE OUTLINE / CALENDAR

Week	Dates	Read	Assignments	Due
Week 1				
	Tues Jan 14	Ch 1	What is Clinical Psychology? *Review Syllabus *Student feedback	
	Thurs Jan 16	Ch 1	What is Clinical Psychology?	Online Quiz Ch 1 Due by Monday 8 am 1/20/25
Week 2				
	Tues Jan 21	Ch 16	Getting into Graduate School	What is Clinical Psych Paper Due by Wednesday 8 am 1/22/25
	Thurs Jan 23	Ch 16	Getting into Graduate School	Online Quiz Ch 16 Due by Monday 8 am 1/27/25
Week 3				
	Tues Jan 28	Ch 15	Training & Practice Issues in Clinical Psychology	
	Thurs Jan 30	Ch 15	Training & Practice Issues in Clinical Psychology	Online Quiz Ch 15 Due by Monday 8 am 2/3/25
Week 4				
	Tues Feb 4	Ch 2	Clinical Psychology's Past, Present, & Future	Ethical Codes Quiz/Assignment Due by Wednesday 8 am 2/5/25
	Thurs Feb 6	Ch 2	Clinical Psychology's Past, Present, & Future	Online Quiz Ch 2 Due by Monday 8 am 2/10/25
Week 5				
	Tues Feb 11	Ch 3	Basic Features of Clinical Assessment, Classification, & Diagnosis	
	Tues Feb 13	Ch 3	Basic Features of Clinical Assessment, Classification, & Diagnosis	Online Quiz Ch 3 Due by Monday 8 am 2/17/25

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Week 6			Dr. Hayes at a Conference this Week	NO In Person Class
	Tues Feb 18	Ch 4	Interviewing & Observations in Clinical Psychology	
	Thurs Feb 20	Ch 4	Interviewing & Observations in Clinical Psychology	Graduate School Statement Due by Wednesday 8 am 2/19/25 Online Quiz Ch 4 Due by Monday 8 am 2/24/25
Week 7				
	Tues Feb 25	Ch 5	Testing in Clinical Psychology	
	Thurs Feb 27	Ch 5	Testing in Clinical Psychology	Online Quiz Ch 5 Due by Monday 8 am 3/3/25
Week 8				
	Tues Mar 4	Ch 6	Basic Features of Clinical Interventions	1 st Research Article Summary Due by Wednesday 8 am 3/5/25
	Thurs Mar 6	Ch 6	Basic Features of Clinical Interventions	Online Quiz Ch 6 Due by Monday 8 am 3/17/25
Monday March 10 – Friday March 14, 2025 NO CLASS SPRING BREAK				
Week 9			Dr. Hayes at a Conference this Week	NO In Person Class
	Tues Mar 18	Ch 7	Research on Clinical Intervention	Multicultural Competence Quiz/Assignment Due by Wednesday 8 am 3/19/25
	Thurs Mar 20	Ch 7	Research on Clinical Intervention	Online Quiz Ch 7 Due by Monday 8 am 3/24/25
Week 10				
	Tues Mar 25	Ch 8	Psychoanalytic, Psychodynamic, & Humanistic Psychotherapies	
	Thurs Mar 27	Ch 8	Psychoanalytic, Psychodynamic, & Humanistic Psychotherapies	Online Quiz Ch 8 Due by Monday 8 am 3/31/25
Friday March 28, 2025 LAST DAY TO DROP COURSES (NO REFUND)				

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Week 11				
	Tues Apr 1	Ch 9	Cognitive, Behavioral & Acceptance-Based Psychotherapies	
	Thurs Apr 3	Ch 9	Cognitive, Behavioral & Acceptance-Based Psychotherapies	Online Quiz Ch 9 Due by Monday 8 am 4/7/25
Week 12				
	Tues Apr 8	Ch 10	Delivering Mental Health Services	Research Article In-Class Presentation
	Thurs Apr 10	Ch 10	Delivering Mental Health Services	Online Quiz Ch 10 Due by Monday 8 am 4/14/25
Week 13				
	Tues Apr 15	Ch 11	Clinical Psychology for Youth & Older Adults	
	Thurs Apr 17	Ch 11	Clinical Psychology for Youth & Older Adults	Online Quiz Ch 11 Due by Monday 8 am 4/21/25
Thursday April 17, 2025 LAST DAY TO WITHDRAW (MUST WITHDRAW FROM ALL CLASSES & NO REFUND)				
Week 14				
	Tues Apr 22	Ch 12	Clinical Psychology, Health, & Well-Being	Research Article In-Class Presentation
	Thurs Apr 24	Ch 12	Clinical Psychology, Health, & Well-Being	Online Quiz Ch 12 Due by Monday 8 am 4/28/25
Week 15				
	Tues Apr 29	Ch 13	Clinical Neuropsychology	2 nd Research Article Summary Due by Wednesday 8 am 4/30/25
	Thurs May 1	Ch 14	Forensic Psychology	DSM-5 Mental Health Paper Due by Friday 10 pm 5/2/25 Online Quiz Ch 13 & 14 Due by Monday 8 am 5/5/25
Week 16	FINALS WEEK Monday May 5, 20225 – Friday May 9, 2025			

DSM-5 Mental Health Condition Paper

1. APA formatted Title Page (1 page) **5 pts**
2. Use DSM to summarize and explain the mental health condition thoroughly (approximately 2-3 pages) **20 pts**
 - a. Discuss: Diagnostic Criteria, Specifiers, Diagnostic Features, Associated Features Supporting Diagnosis, Prevalence, Development & Course, Risk & Prognostic Features, Culture & Gender Related Diagnostic Issues, Functional Consequences, Differential Diagnosis, & Comorbidity
 - b. Except for the Diagnostic Criteria, all other areas need to be summarized in your own words
3. Find minimum of 3 evidenced based research articles that discuss or examine the mental health condition (approximately 5-6 pages) **60 pts**
 - a. Briefly Summarize the articles and discuss how they connect with your topic:
 - i. purpose of paper
 - ii. hypothesis/research questions
 - iii. methods (participants, measures used)
 - iv. results
 - v. discussion (including limitations & future directions of study)
 - vi. your overall impression of the article
4. APA formatted Reference page (1 page) **5 pts**
5. You must attach PDF of the articles along with your paper **5 pts**
6. Paper must be written in APA format. Times New Roman font 12 and doubled spaced. **5 pts**

Research Article Summaries (5-6 pages)

Article Summaries are graded in accordance with the requirements listed below.

1. APA formatted Title Page (1 page) **3 pts**
2. Summary of the article – (this is your summary, not the abstract from the article). Summary (approximately 4 pages) should discuss:
 - a. purpose of paper **2 pts**
 - b. hypothesis/research questions **2 pts**
 - c. methods (participants, measures used) **2 pts**
 - d. results **2 pts**
 - e. discussion (including limitations & future directions of study) **2 pts**
 - f. your overall impression of the article **3 pts**
3. APA formatted Reference page (1 page) **3 pts**
4. You must attach PDF of the article along with your summary. **3 pts**
5. Paper must be written in APA format. Times New Roman font 12 and doubled spaced. **3 pts**