



HHPK 315 Teaching Methods in Physical Education II (Secondary)

COURSE SYLLABUS: Spring 2025
T/TR 11:00-12:15 pm, NHS 163

PROFESSOR INFORMATION

Professor: Dr. Kelly Featherston, Assistant Professor
Office Location: NHS 139
Office Hours: T/TH 12:15-2:00; Wednesdays 8:45-12:00
Office Phone: 903.886.5549
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University Email Address: Kelly.Featherston@tamuc.edu

Preferred Form of Communication: email*

*Include first and last name along with course you are enrolled in. Emails should be professionally written.

Communication Response Time: within 24 hours (weekdays)

COURSE INFORMATION

Materials – Textbooks, Readings, Supplementary Readings

Textbook(s) Required:

Dynamic Physical Education for Secondary School Students-9th Edition

Authors: Timothy A. Brusseau, Heather Erwin, Paul W. Darst, Robert P. Pangrazi

ISBN: 9781492591092

Optional Texts and/or Materials: other readings will be posted in D2L

Course Description

A course designed to enable the student to learn the processes of movements and skill acquisition of students in middle/secondary schools. Using state standards, it provides information related to curriculum selection and implementation of middle/secondary public school physical education programs. Students will demonstrate competencies in

presentations utilizing various instructional strategies. Prerequisites: [HHPK 1338](#) and [HHPK 314](#) with a minimum grade of C, and junior/senior standing. 2.5 GPA.

Student Learning Outcomes

1. Students will demonstrate knowledge and management of teaching the principles related to health and fitness at the secondary level.
2. Students will be able to design and implement lesson plans that are developmentally appropriate for students at the secondary level.
3. Students will gain an understanding of the Texas Essential Knowledge and Skills (TEKS) for physical education at the secondary level.

COURSE REQUIREMENTS

You will be expected to use D2L, to use Microsoft Word and Microsoft Excel. You will also be required to record videos, use video software and submit videos in the format discussed during class. You will be required to observe and teach secondary education classes (outside of regular class time).

Instructional Methods

Independent learning, guided discovery, peer teaching, direct instruction.

Student Responsibilities or Tips for Success in the Course

How to succeed in this class:

1. Be in class every day, with your **cell phone off** and your brain engaged! It is YOUR responsibility to sign-in for attendance at the **beginning of class**.
2. Study the assigned material before every class! It is expected that you purchase and read the text (**bring to class**).
3. Turn in all assignments ON TIME in D2L (late work will NOT be accepted). Assignment due dates will be at the start of the class time.
4. All assignments submitted in D2L should use the following format when saved: "yourlastname HHPK ###" At the top of the document, include your name, class #, and the name of the assignment. Docs or other format must be accessible.
5. 10% will be taken off for assignments turned in without class attendance.
6. Do quality work!
7. Proofread your work aloud. Points will be taken off for submitted work that includes: spelling, punctuation and sentence structure errors. No TEXT language.
8. Take responsibility for your own grade; I do not give you a grade—you earn a grade.
9. If you are late or absent, it is your responsibility to obtain any missed information. Connect with a classmate prior to asking the instructor about missed content.

10. On activity/lab days, students need to be dressed appropriately for activity (comfortable/athletic clothes, APPROPRIATE/MODEST clothing, and proper gym shoes, NO FLIP FLOPS, SANDALS or CROCS). Full lengths shirts are required.
11. Be ready to move! Participation is required. Activity accommodations can be made.
12. Absences, late assignments, missed exams or other will be considered in the event of medical or immediate family emergencies. Events must be communicated within 3 days and documentation will be requested (date, time, location required). Communication is key.
13. Grades, updated class outline and more in-depth assignment descriptions will be posted in D2L. CHECK IT
14. Volunteer opportunities and extra credit may be offered throughout the semester. Take advantage, do not ask for extra credit the last week of classes.
15. Be respectful to all. PG 13 classroom language, prepare for your future in a professional setting. A warning will be given, but if the behavior continues YOU will be asked to leave.
16. Students who are unprepared for class may be asked to leave.

GRADING (Full descriptions and requirements are located in D2L)

Final grades in this course will be based on the following scale:

- A = 90%-100%
- B = 80%-89%
- C = 70%-79%
- D = 60%-69%
- F = 59% or Below

Assignments & Quizzes (35%)

Assignments and quizzes will be based on assigned readings and course discussions. Students may be asked to share content during class. Quizzes measure comprehension of class topics and aid students in preparing for exams and teaching experiences. Quizzes will be throughout the semester and given without notice to students at the beginning, middle or end of class. Quizzes may be short answer, multiple choice, true/false, listing, etc. Quizzes will be paper pencil and/or online (with a D2L code), bring a device. You must be present at the time of the quiz to take it. Make-ups will not be allowed, unless it is a university excused absence. All assignments are due at the beginning of class time. Includes:

Lesson Plans: Students will develop lesson plans for each peer teaching. Lesson plans should follow class rubric (posted in D2L). Not all lessons (or all lesson components) will be taught in class.

In-class & Out of class Teaching (20%):

Peer Teaching: Students will have the opportunity to develop their teaching skills by teaching developmentally appropriate lessons to their classmates and students over the semester (in person or filmed outside of class). The focus of each lesson will vary, with details provided in class and rubric in D2L. During teaching weeks, attendance is required so that students can participate in classmates' lessons. Documentation must be provided within 3 days for excused absence. If unexcused absences occur during teaching week, 50% will be taken off in-class teachings.

1 Peer-led warm-up; 1 Peer-led main activity; 1 Full lesson (recorded at observation site)

Personal & Peer Evaluations: Students will personally reflect on their own teaching experiences (within 3 days of teaching). Students will also be assigned a classmate and you will observe their teaching sessions (in person and video recorded) and offer feedback. Forms will be available and submitted in D2L.

Observations/Reflections (25%):

Students will be required to complete a total of ten hours (10) of field observations. It is the students' responsibility to make connection with observation locations (note: some districts require background checks so plan ahead). Documentation and reflection following observations will be required.

You will observe at least 10 hours of physical education (not athletics or pre-athletics) at two different districts. The guidelines:

- Use actual minutes (if a class is 75 minutes, it counts as 75 minutes, etc).
- You may not observe in Commerce ISD.
- You must observe at **TWO different districts** at secondary campuses and at least two different grade levels (6th through 12th). If you observe 6th grade, it must be at a middle school campus, not an elementary campus. If the district is so small that K-12 are all on one campus, that is OK, but the 6th grade must be housed with the middle/high, not elementary.
- You may **NOT** observe at any school where you have observed before for any class or where you have done substitute teaching, volunteer work, or paid work as a paraprofessional or in any other capacity in the past 5 years.
- **You may NOT observe in any district you attended.**

IF YOU DO NOT FOLLOW THESE GUIDELINES, THE GRADE ON THE OBSERVATION ASSIGNMENT WILL BE ZERO. If you earn a zero on the first observation due date, you may still earn the proportionate credit for the remaining hours (for example, if you submit 5 hours at a non-eligible district for the first due date, you will receive a zero, but you can still earn 1/2% of the credit for observation hours due by the second due date if the guidelines are followed).

NOTE: Observation/reflection is 25% of your course grade, BUT it is also mandatory. If you submit fewer than 10 hours meeting the guidelines or submit no acceptable hours at all, you will automatically earn an F in the course.

(observations cont).

By the first due date (_M 3/18_), you must submit at least 5 hours using the provided observation/reflection questions.

By the second due date (__F 5/2__), you must submit the remainder of the hours. Your grade on the observation will be from both submissions (or one if you choose to do them all by the first due date).

Exams (20%): Mid-term and Comprehensive final exam that will give students the opportunity to apply content learned from course (material from text, class discussions, teaching experiences and observations).

315 TENTATIVE CLASS SCHEDULE –

This can change as necessary. Check D2L for the most up to date version
Teaching – meet in the NHS 179 (gym)

T/TH	TOPIC	Assignment/To Do
TH Jan 14	Introduction & Syllabus	
TH Jan 16	Practical Application	Meet in the gym
T Jan 21	Ch 1 PE in the Secondary School	
TH Jan 23	Ch 2 & 3 Curriculum/TEKS	
T Jan 28	Ch 4 Effective Instruction/LPs	
TH Jan 30	Ch 4 Effective Instruction/TEKS	
T Feb 4	Assist with 3v3 Unified Bball Tournament	LP DUE
TH Feb 6	Ch 5 Instructional Effectiveness/TEKS	Meet in the gym
T Feb 11	Ch 6 Teaching Styles	
TH Feb 13	Ch 7 Management	
T Feb 18	Ch 9 Inclusion/SWD*	LP DUE
TH Feb 20	Peer Teaching (Warm-up)	
T Feb 25	Peer Teaching	
TH Feb 27	Peer Teaching	
T Mar 4	Assist with Pickle skills event	
TH Mar 6	Ch 1-7, 9	Mid term exam
Mar 11 -14 Spring Break		
T Mar 18	Ch 8 Assessment	Observations Due

TH Mar 20	Ch 10 Safety	Meet in the gym
T Mar 25	Ch 14 & 15- Intro & Fitness/TEKS	
TH Mar 27	Ch 16 Healthy Lifestyles	Meet in the gym
T Apr 1	Ch 17 Nontraditional	
TH Apr 3	Ch 18 Sports (possible guests)	Meet in the gym LP DUE
T Apr 8	Ch 19 & 20 Lifestyle & Adventure	
TH Apr 10	Peer Teaching	Meet in the gym
T Apr 15	Peer Teaching	Meet in the gym
TH Apr 17	Peer Teaching	Meet in the gym
T Apr 22	Peer Teaching	Meet in the gym
TH Apr 24	Peer Teaching	Meet in the gym 5/2 - Observations Due
May 1, 2, 3 – No TAMUC Classes (Study Days)		
	Final Exam (Comprehensive) See university exam schedule	Tuesday, May 6 th 10:30am

TECHNOLOGY REQUIREMENTS

LMS

All course sections offered by East Texas A&M University have a corresponding course shell in the myLeo Online Learning Management System (LMS). Below are technical requirements

LMS Requirements:

<https://community.brightspace.com/s/article/Brightspace-Platform-Requirements>

LMS Browser Support:

https://documentation.brightspace.com/EN/brightspace/requirements/all/browser_support.htm

Zoom Video Conferencing Tool

https://inside.tamuc.edu/campuslife/CampusServices/CITESupportCenter/Zoom_Account.aspx?source=universalmenu

ACCESS AND NAVIGATION

You will need your campus-wide ID (CWID) and password to log into the course. If you do not know your CWID or have forgotten your password, contact the Center for IT Excellence (CITE) at 903.468.6000 or helpdesk@tamuc.edu.

Note: Personal computer and internet connection problems do not excuse the requirement to complete all course work in a timely and satisfactory manner. Each student needs to have a backup method to deal with these inevitable problems. These

methods might include the availability of a backup PC at home or work, the temporary use of a computer at a friend's home, the local library, office service companies, Starbucks, a TAMUC campus open computer lab, etc.

COMMUNICATION AND SUPPORT

If you have any questions or are having difficulties with the course material, please contact your Instructor.

Technical Support

If you are having technical difficulty with any part of Brightspace, please contact Brightspace Technical Support at 1-877-325-7778. Other support options can be found here:

<https://community.brightspace.com/support/s/contactsupport>

COURSE AND UNIVERSITY PROCEDURES/POLICIES

Syllabus Change Policy

The syllabus is a guide. Circumstances and events, such as student progress, may make it necessary for the instructor to modify the syllabus during the semester. Any changes made to the syllabus will be announced in advance.

University Specific Procedures

Student Conduct

All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment. The Code of Student Conduct is described in detail in the [Student Guidebook](#).

<http://www.tamuc.edu/Admissions/oneStopShop/undergraduateAdmissions/studentGuidebook.aspx>

Students should also consult the Rules of Netiquette for more information regarding how to interact with students in an online forum:

<https://www.britannica.com/topic/netiquette>

TAMUC Attendance

For more information about the attendance policy please visit the [Attendance](#) webpage and [Procedure 13.99.99.R0.01](#).

<http://www.tamuc.edu/admissions/registrar/generalInformation/attendance.aspx>

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/academic/13.99.99.R0.01.pdf>

Academic Integrity

Students at East Texas A&M University are expected to maintain high standards of integrity and honesty in all of their scholastic work. For more details and the definition of academic dishonesty see the following procedures:

[Undergraduate Academic Dishonesty 13.99.99.R0.03 Undergraduate Student Academic Dishonesty Form](#)

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/documents/13.99.99.R0.03UndergraduateStudentAcademicDishonestyForm.pdf>

[Graduate Student Academic Dishonesty Form](#)

<http://www.tamuc.edu/academics/graduateschool/faculty/GraduateStudentAcademicDishonestyFormold.pdf>

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/undergraduates/13.99.99.R0.03UndergraduateAcademicDishonesty.pdf>

Students with Disabilities-- ADA Statement

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:

Office of Student Disability Resources and Services

East Texas A&M University

Velma K. Waters Library Rm 162

Phone (903) 886-5150 or (903) 886-5835

Fax (903) 468-8148

Email: studentdisabilityservices@tamuc.edu

Website: [Office of Student Disability Resources and Services](#)

<http://www.tamuc.edu/campusLife/campusServices/studentDisabilityResourcesAndServices/>

Nondiscrimination Notice

East Texas A&M University will comply in the classroom, and in online courses, with all federal and state laws prohibiting discrimination and related retaliation on the basis of race, color, religion, sex, national origin, disability, age, genetic information or veteran status. Further, an environment free from discrimination on the basis of sexual orientation, gender identity, or gender expression will be maintained.

Campus Concealed Carry Statement

Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in East Texas A&M University buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and East Texas A&M University Rule 34.06.02.R1, license holders may not carry a concealed handgun in restricted locations.

For a list of locations, please refer to the [Carrying Concealed Handguns On Campus](#) document and/or consult your event organizer.

Web url:

<http://www.tamuc.edu/aboutUs/policiesProceduresStandements/rulesProcedures/34SafetyOfEmployeesAndStudents/34.06.02.R1.pdf>

Pursuant to PC 46.035, the open carrying of handguns is prohibited on all East Texas A&M University campuses. Report violations to the University Police Department at 903-886-5868 or 9-1-1.

East Texas A&M University Supports Students' Mental Health

The Counseling Center at East Texas A&M University, located in the Halladay Building, Room 203, offers counseling services, educational programming, and connection to community resources for students. Students have 24/7 access to the Counseling Center's crisis assessment services by calling 903-886-5145. For more information regarding Counseling Center events and confidential services, please visit www.tamuc.edu/counsel

AI Use in Courses

East Texas A&M University acknowledges that there are legitimate uses of Artificial Intelligence, ChatBots, or other software that has the capacity to generate text, or suggest replacements for text beyond individual words, as determined by the instructor of the course.

Any use of such software must be documented. Any undocumented use of such software constitutes an instance of academic dishonesty (plagiarism).

Individual instructors may disallow entirely the use of such software for individual assignments or for the entire course. Students should be aware of such requirements and follow their instructors' guidelines. If no instructions are provided the student should assume that the use of such software is disallowed.

In any case, students are fully responsible for the content of any assignment they submit, regardless of whether they used an AI, in any way. This specifically includes cases in which the AI plagiarized another text or misrepresented sources.

13.99.99.R0.03 Undergraduate Academic Dishonesty

13.99.99.R0.10 Graduate Student Academic Dishonesty

Mental Health and Well-Being

The university aims to provide students with essential knowledge and tools to understand and support mental health. As part of our commitment to your well-being, we offer access to Telus Health, a service available 24/7/365 via chat, phone, or webinar. Scan the QR code to download the app and explore the resources available to you for guidance and support whenever you need it.

