



COUN 315:01E,

Philosophy of Helping Relationships

COURSE SYLLABUS: Spring 2023

Instructor: Dr. Rusty Fox, Assistant Professor of Counseling,
Coordinator of Human Services, and Undergraduate Internships

Class Time: Tuesdays & Thursdays 9:30a - 10:45a

Office Location: Binnion 221

Office Hours: Tuesdays and Thursdays 12:30p-3p and others by appointment

Office Phone: 903.886.5594

University Email Address: Rusty.Fox@tamuc.edu

Preferred Form of Communication: Email (*please always put course number in subject line*)

Communication Response Time: Usually the following work day, within 36 hours if not.

COURSE INFORMATION

Textbook(s) Required – INTRO.TO HUMAN SERVICES

Author: WOODSIDE

Edition: 9TH 19

Published Date: 2019

ISBN: 9781337567176

Publisher: CENGAGE L



The syllabus/schedule are subject to change.

Course Description

COUN 315

Philosophy of the Helping Relationship. Three semester/credit hours. This course is designed to create an understanding of helping relationships. Basic communication skills (such as active listening, responding, and interviewing skills) for building helping relationships are developed.

Student Learning Outcomes

1. Clear understanding of Helping Relationships.
2. Enhanced use of basic communication skills.
3. Demonstrable ability to utilize basic skills in helping situations.
4. Demonstrable ability to apply basic counseling theory to clinical case studies.

COURSE REQUIREMENTS

Minimal Technical Skills Needed

Required preparation before class, and participation in each class session.

Instructional Methods

This course consists of lecture, discussion, experiential, reading and writing assignments, guided practice and role-plays, in-class activities, and other experiential activities. Self-reflection, self-evaluation, and offering and receiving feedback are also important instructional methods in this course.

Student Responsibilities or Tips for Success in the Course

Attend. Be present. Outline each chapter, first. Read chapter and review outline before assigned class time. Review outline and reconstruct core content daily for each discussion and activity. Actively participate in class. Ask questions.

GRADING

Final grades in this course will be based on the following scale:

- A = 90%-100%
- B = 80%-89%
- C = 70%-79%
- D = 60%-69%
- F = 59% or Below

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Assessments

Weights of the assessments in the calculation of the final letter grade.

Class Activities/Assignments	20%
Active Class Participation/Discussions	30%
Opinion/Content Papers	20%
Three Class Exams, including Final	<u>30%</u>
TOTAL	100%

The following criteria will be used to determine participation & attendance points:

Class Participation & Attendance Rubric

Exceeds Expectations
(90-100 points)

Meets Expectations
(70 to 89 points)

Minimally Meets Expectations
(60 to 69 points)

Proactive participation: **leading**, originating, informing, challenging contributions that **reflect in-depth study**, thought, and **analysis** of the topic under consideration. **Clear application of learning**. This does not mean dominating discussion or self-disclosure inappropriate to the circumstances. Full attendance in the class experience. No absence/no evident pattern of lateness.

Reactive participation: supportive, **follow-up contributions that are relevant and of value**, but rely on the leadership and study of others, or **reflect opinion/personal self-disclosure rather than study, contemplation, synthesis, and evaluation**. One absences/no evident pattern of lateness.

Passive participation: present, awake, alert, attentive, but **not actively involved or invested**; Or Uninvolved: absent, present but not attentive, sleeping, texting/surfing, **irrelevant contributions**. More than two absences/pattern of lateness evident.

Reminder: D2L reports the hours you are logged in and working on assignments. You must meet the posted due dates in order to earn a passing grade in this course. **Posting everything during the last week, will not suffice.*

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TECHNOLOGY REQUIREMENTS

Minimal Technical Skills Needed Learning Management System (LMS)

All course sections offered by Texas A&M University-Commerce have a corresponding course shell in the myLeo Online Learning Management System (LMS). Below are technical requirements

LMS Requirements:

<https://community.brightspace.com/s/article/Brightspace-Platform-Requirements>

LMS Browser Support:

https://documentation.brightspace.com/EN/brightspace/requirements/all/browser_support.htm

Zoom Virtual Classroom Requirements:

<https://support.zoom.us/hc/en-us/articles/201362023-Zoom-system-requirements-Windows-macOS-Linux>

ACCESS AND NAVIGATION

You will need your campus-wide ID (CWID) and password to log into the course. If you do not know your CWID or have forgotten your password, contact the Center for IT Excellence (CITE) at 903.468.6000 or helpdesk@tamuc.edu.

Note: Personal computer and internet connection problems do not excuse the requirement to complete all course work in a timely and satisfactory manner. Each student needs to have a backup method to deal with these inevitable problems. These methods might include the availability of a backup PC at home or work, the temporary use of a computer at a friend's home, the local library, office service companies, Starbucks, a TAMUC campus open computer lab, etc.

COMMUNICATION AND SUPPORT

If you have any questions or are having difficulties with the course material, please contact your Instructor. Rusty.Fox@tamuc.edu

Technical Support

If you are having technical difficulty with any part of Brightspace, please contact Brightspace Technical Support at 1-877-325-7778. Other support options can be found here:

<https://community.brightspace.com/support/s/contactsupport>

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Interaction with Instructor Statement
COURSE AND UNIVERSITY PROCEDURES/POLICIES

Course Specific Procedures/Policies

Syllabus Change Policy

The syllabus is a **guide**. Circumstances and events, such as student progress, may make it necessary for the instructor to modify the syllabus during the semester. **Any changes made to the syllabus will be announced in writing.**

University Specific Procedures

Student Conduct

All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment. The Code of Student Conduct is described in detail in the [Student Guidebook](#)

<https://inside.tamuc.edu/admissions/registrar/documents/studentGuidebook.pdf>.

Students should also consult the Rules of Netiquette for more information regarding how to interact with students in an online forum:

<https://www.britannica.com/topic/netiquette>

TAMUC Attendance

Daily attendance is required for this class. For more information about the attendance policy, please visit the webpages below.

<https://inside.tamuc.edu/admissions/registrar/generalInformation/attendance.aspx>

Academic Integrity

Students at Texas A&M University-Commerce are required to maintain high standards of integrity and honesty in all of their scholastic work. **Improperly citing or failing to cite a quote or reference is academic dishonesty, and will result in disciplinary action up to and including failing the assignment, and in severe cases, failing the course.** If you have questions about requirements or academic integrity, please, always contact your instructor first. For more details and the definition of academic dishonesty, see the procedures below: Do utilize our campus writing centers for support and instruction.

Generating papers or assignments from Artificial Intelligence (AI), and representing that work as your own, is academic dishonesty, and will result in a failing grade and

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disciplinary action up to an including failing this course. **Be certain ALL of your assignments, discussions, and or paper are YOUR own work.** Texas A&M University-Commerce acknowledges that there are legitimate uses of Artificial Intelligence, ChatBots, or other software that has the capacity to generate text, or suggest replacements for text beyond individual words, as determined by the instructor of the course. Any use of such software must be documented. Any undocumented use of such software constitutes an instance of academic dishonesty (plagiarism). Individual instructors may disallow entirely the use of such software for individual assignments or for the entire course. Students should be aware of such requirements and follow their instructors' guidelines. If no instructions are provided the student should assume that the use of such software is disallowed. In any case, students are fully responsible for the content of any assignment they submit, regardless of whether they used an AI, in any way. This specifically includes cases in which the AI plagiarized another text or misrepresented sources. 13.99.99.R0.03 Undergraduate Academic Dishonesty
13.99.99.R0.10 Graduate Student Academic Dishonesty

Undergraduate Students Academic Integrity Policy and Form

[Undergraduate Academic Dishonesty 13.99.99.R0.03](#)

<https://inside.tamuc.edu/aboutus/policiesProceduresStandardsStatements/rulesProcedures/13students/undergraduates/13.99.99.R0.03UndergraduateAcademicDishonesty.pdf>

[Undergraduate Student Academic Dishonesty Form](#)

<https://inside.tamuc.edu/aboutus/policiesProceduresStandardsStatements/rulesProcedures/documents/13.99.99.R0.03UndergraduateStudentAcademicDishonestyForm.pdf>

Graduate Students Academic Integrity Policy and Form

[Graduate Student Academic Dishonesty](#)

<https://inside.tamuc.edu/aboutus/policiesProceduresStandardsStatements/rulesProcedures/13students/graduate/13.99.99.R0.10.pdf>

[Graduate Student Academic Dishonesty Form](#)

<http://www.tamuc.edu/academics/graduateschool/faculty/GraduateStudentAcademicDishonestyFormold.pdf>

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Students with Disabilities-- ADA Statement

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation or have questions, please contact:

Office of Student Disability Services
Velma K. Waters Library- Room 162

Phone (903) 886-5930

Fax (903) 468-8148

Email: StudentDisabilityServices@tamuc.edu

Website: <https://www.tamuc.edu/student-disability-services/>

Nondiscrimination Notice

Texas A&M University-Commerce will comply in the classroom, and in online courses, with all federal and state laws prohibiting discrimination and related retaliation on the basis of race, color, religion, sex, national origin, disability, age, genetic information or veteran status. Further, an environment free from discrimination on the basis of sexual orientation, gender identity, or gender expression will be maintained.

Campus Concealed Carry Statement

Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in Texas A&M University-Commerce buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and A&M-Commerce Rule 34.06.02.R1, license holders may not carry a concealed handgun in restricted locations.

For a list of locations, please refer to the [Carrying Concealed Handguns On Campus](#) document and/or consult your event organizer.

Web url:

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/34SafetyOfEmployeesAndStudents/34.06.02.R1.pdf>

Pursuant to PC 46.035, the open carrying of handguns is prohibited on all A&M-Commerce campuses. Report violations to the University Police Department at 903-886-5868 or 9-1-1.

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A&M-Commerce Supports Students' Mental Health

Counseling Center Services

The Counseling Center at A&M-Commerce, located in the Halladay Building, Room 203, offers counseling services, educational programming, and connection to community resources for students. Students have 24/7 access to the Counseling Center's crisis assessment services by calling 903-886-5145. For more information regarding Counseling Center events and confidential services, please visit www.tamuc.edu/counsel

COURSE OUTLINE / CALENDAR

August 26th, 2024 – December 13th, 2024, 10 Chapters of the Textbook

Week 1, August 27th and August 29th

Syllabus and Chapter 1

Week 2, September 3rd and September 5th (Campus Closed Sept 2nd for Labor Day)

Chapters 1

Week 3, September 10th and September 12th

Chapter 2

Week 4, September 17th and September 19th

Chapter 3 **Quiz 1 due Sept 21st (over Chapters 1-3)**

Week 5, September 24th and September 26th

Chapter 4

Week 6, October 1st and October 3rd

Chapter 5

Week 7, October 8th and October 10th

Chapter 6

Week 8, October 15th and October 17th (partial week, ending Thursday)

Chapter 6

Week 9, October 22nd and October 24th

Chapter 7

Week 10, October 29th and August 31st

Chapter 7 **Quiz 2 due August 31th (over Chapters 4-7)**

Week 11, November 5th and November 7th

Chapter 8

Week 12, November 12th and November 14th

Chapter 8

Week 13, November 19th and November 21st

Chapter 9

Week 14, November 26th and November 28th (Campus Closed, Nov 27th through Nov 29th)

Chapter 10

Week 15, December 3rd and December 5th

Chapter 10 and Review

December 12th, Thursday 8a-10a Final Exam/Quiz 3 due December 5th (over Chapters 8-10)

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- Final Exam due December 12th, 8a-10a.
- You should **post your discussion before 11:59 Wednesday of each week** to allow time for your classmates to consider and respond.
- You should then **post your 2 responses to different classmates, along with your assignments each week, before 11:59p in Sundays.**

- ✓ **Assignments and Discussions must contain two components specifically. The first being YOUR understanding of the content, and second your application of the content.**
 - **This means your answers may NOT be just a listing of facts or a verbatim definition. They must include your “understanding,” or rewording of the lists or definitions. If you merely re-write the definition from the book as your answer, you will lose valuable points.**
 - **This also means, each should contain your observations, questions, challenges, or opinions of the assignment or discussion. To show understanding you must be able to apply the content. You do this by explaining and summarizing new learning from the text, and then support your opinion/thoughts through new content from that week’s chapters. This will be essential to do well in this class.**

Mental Health and Well-Being:

The university aims to provide students with essential knowledge and tools to understand and support mental health. As part of our commitment to your well-being, we offer access to Telus Health, a service available 24/7/365 via chat, phone, or webinar. Scan the QR code to download the app and explore the resources available to you for guidance and support whenever you need it.



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Welcome to class, and this excellent fall semester of learning. The primary focus of this class is LEARNING. It is the most important consideration of our work together. Toward that end, content above is summarized by the following:

1. Prepare for class.

Outline each chapter.

Read each chapter after outlining.

Attempt to reconstruct the key concepts of each chapter.

Do this BEFORE the topic is reviewed in class.

2. Attend class. Actively participate.

This class utilizes experiential learning, and therefore one must be present daily to participate. However, being present alone, is not enough. One must actively participate. Obviously, missed class time cannot be made up. Actively participating means: applying the content you have learned and being prepared before class; assessing main content for the chapter/discussion; making your hypothesis; and then being brave enough to explore your thoughts, knowledge, opinions, learning... out loud with you peers!

3. Complete assignments, written discussions, and quizzes must be submitted online, through those folders in D2L.

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