



## **HHPK 314-01E, Teaching Methods in Physical Education I**

COURSE SYLLABUS: Fall 2024  
MWF 11:00-11:50 am, NHS 162 (175)

### **INSTRUCTOR INFORMATION**

Professor: Dr. Kelly Featherston, Assistant Professor  
Office Location: NHS 139  
Office Hours: MW 12:00-1:00; Thursdays 9:30-12:30  
Office Phone: 903.886.5549  
Office Fax: 903.886.5365  
University Email Address: Kelly.Featherston@tamuc.edu

Preferred Form of Communication: email\*

\*Include first and last name along with course you are enrolled in. Emails should be professionally written.

Communication Response Time: within 24 hours (weekdays)

### **COURSE INFORMATION**

Materials – Textbooks, Readings, Supplementary Readings

Textbook(s) Required: *Dynamic Physical Education for Elementary School Children-20th Edition*. Aaron Beighle & Robert P. Pangrazi  
ISBN 978-1718214200

Optional Texts and/or Materials: other readings will be posted in D2L

### **Course Description**

Principles and practices related to the learning of children's movement skills, fitness, and active lifestyles will be investigated. This course includes the scientific basis for motor performance, curricular organization, and pedagogical methodology related to the elementary school physical education program. Prerequisite: [HHPK 1338](#) with a minimum grade of C, and junior/senior standing. 2.5 GPA.

*The syllabus/schedule are subject to change.*

## **Student Learning Outcomes**

1. Demonstrate a basic understanding of physical education history and influential leaders along with present-day issues.
2. Increase awareness of state (TEKS) and SHAPE America content standards and information.
3. Increase awareness of factors and issues related to quality physical education (e.g., public relations, promotion, image, teacher–coach role conflict).
4. Increase awareness of the duties and responsibilities of a physical educator.
5. Introduce basic principles pertaining to the understanding and application of the psychomotor, cognitive, and affective domains of learning.
6. Initiate thought processes for the development of a personal teaching philosophy.
7. Demonstrate a basic understanding of liability concepts and issues as they relate to creating and maintaining a safe teaching and learning environment.
8. Demonstrate basic lesson planning and delivery for various teaching opportunities.
9. Enhance the understanding and use of instructional teaching cues.
10. Demonstrate basic concepts and strategies to improve student time-on-task and factors affecting learning.
11. Demonstrate various types of feedback and describe how they affect the teaching and learning environment.
12. Demonstrate a basic understanding of motivational strategies.
13. Enhance the use of reflective practice as it relates to effective instruction.

## **COURSE REQUIREMENTS**

You will be expected to use D2L, to use Microsoft Word and Microsoft Excel. You will also be required to record videos, use video software and submit videos in the format discussed during class.

There may be some travel required in this class (observations).

## **Instructional Methods**

Independent learning, guided discovery, peer teaching, direct instruction.

## **Expectations, student responsibilities and tips for success in the course**

### **How to succeed in this class:**

1. Be in class every day, with your **cell phone off** and your brain engaged! It is **YOUR** responsibility to sign-in for attendance at the **beginning of class**.

2. Study the assigned material before every class! It is expected that you purchase and read the text (**bring to class**).
3. Turn in all assignments ON TIME in D2L (late work will NOT be accepted). Assignment due dates will be at the start of the class time.
4. All assignments submitted in D2L should use the following format when saved: "yourlastname HHPK ###" At the top of the document, include your name, class #, and the name of the assignment.
5. 10% will be taken off for assignments turned in without class attendance.
6. Do quality work!
7. Proofread your work aloud. Points will be taken off for submitted work that includes: spelling, punctuation and sentence structure errors. No TEXT language.
8. Take responsibility for your own grade; I do not give you a grade—you earn a grade.
9. If you are late or absent, it is your responsibility to obtain any missed information. Connect with a classmate prior to asking the instructor about missed content.
10. On activity/lab days, students need to be dressed appropriately for activity (comfortable/athletic clothes, APPROPRIATE/MODEST clothing, and proper gym shoes, NO FLIP FLOPS, SANDALS or CROCS).
11. Be ready to move! Participation is required. Activity accommodations can be made.
12. Absences, late assignments, missed exams or other will be considered in the event of medical or immediate family emergencies. Events must be communicated within 3 days and documentation will be requested (date, time, location required). Communication is key.
13. Grades, updated class outline and more in-depth assignment descriptions will be posted in D2L. CHECK IT
14. Volunteer opportunities and extra credit may be offered throughout the semester. Take advantage, do not ask for extra credit the last week of classes.
15. PG 13 classroom language, prepare for your future in a professional setting.
16. Students who are unprepared for class may be asked to leave.

## **GRADING**

Final grades in this course will be based on the following scale:

- A = 90%-100%
- B = 80%-89%
- C = 70%-79%
- D = 60%-69%
- F = 59% or Below

**Grades and full assignment descriptions will be posted in D2L**  
**Course Requirements**

**Assignments/Quizzes (25%)**

10-12 In-class or on your own assignments/quizzes. They will be based on assigned readings and course discussions. Submission of work will be **in D2L**. Assignments will be due at the beginning of class on the assigned date. Students may be asked to share and talk about completed work to further group discussion. Quizzes will be in D2L and will have time limits, content preparation is needed. Assignments include: Lesson Plans, Field Day Plans, Teaching Philosophy, and other assignments.

**In-Class Teaching (25%)**

*In-Class Teaching (3):* Students will have the opportunity to develop their teaching skills by teaching 3 developmentally appropriate lessons to their classmates over the semester. The focus of each lesson will vary, with details provided in class and rubric in D2L. During teaching weeks, attendance is required so that students can participate in classmates' lessons. Documentation must be provided within 3 days for excused absence. If unexcused absences occur during teaching week, 50% will be taken off in-class teachings.

*Reflections (3):* Students will complete self-reflections following each peer teaching.

**Observations/Reflections (20%):** Students will be required to complete a total of ten hours (10) of field observations (at least 2 different Elementary sites). It is the students' responsibility to make connection with observation locations (note: some districts require background checks so plan ahead). Reflections are available in D2L, print off BEFORE you observe to know what you are looking for.

**Exams (20%):** Mid-term and Comprehensive final exam that will give students the opportunity to apply content learned from course (material from text, class discussions, teaching experiences and observations).

**Participation (10%)**

Students are expected to attend class on a regular basis AND contribute to discussions during class. Attendance will be tracked and monitored.

*Full assignment descriptions, Lesson Plan samples, submission details, and observations site requirement details available in D2L*

Wk	Date	Class	Assignments Due
1	M 8/26 W 8/28 F 8/30	Intro to class & Syllabus Intro to class & Syllabus - gym Chapter 1 — Youth PA & Health gym	<b>F Syllabus Quiz due</b>
2	M 9/2 W 9/4 F 9/6	Labor Day – No class Chapter 2 – Growth & Development Chapter 2*	<b>*Assignment Due</b>
3	M 9/9 W 9/11 F 9/13	Chapter 3 – Elementary PE Chapter 3 Feedback, observations Chapter 4*	
4	M 9/16 W 9/18 F 9/20	Ch 6 - Lesson Plans Ch 4 Effective Teaching and Instruction Ch 5 Building Effective Learning Environments	<b>LP #1</b>
5	M 9/23 W 9/25 F 9/27	<b>Online Class – D2L activity (observation day)</b> Ch 4/5 Ch 7 Curriculum	<b>Quiz – Ch. 1 – 6</b>
6	M 9/30 W 10/2 F 10/4	Ch 8 Assessment* Ch 9 Inclusion / Differentiation Peer Teaching Overview/Practice	<b>*Philosophy Due</b>
7	M 10/7 W 10/9 F 10/11	<b>Mid-Term Exam</b> Application – Gym (Intro/Movement themes) Application – Gym (Intro/Movement themes)	
8	M 10/14 W 10/16 F 10/18	Peer Teaching* Peer Teaching Foundational Skills (Ch 12)	<b>LP #2 due</b>
9	M 10/21 W 10/23 F 10/25	Foundational Skills (Ch 13) Foundational Skills (Ch 14, 15, 16) Foundational Skills (Ch 14, 15, 16)	<b>Quiz – Ch 12-16</b>
10	M 10/28 W 10/30 F 11/1	Specialized Skills (Ch 17) Specialized Skills (Ch 18, 19) Specialized Skills (Ch 20, 21)	
11	M 11/4 W 11/6 F 11/8	Peer Teaching Peer Teaching <b>Online Class – Observation day</b>	<b>LP #3 due</b> <b>Quiz – Ch 17-21</b>
12	M 11/11 W 11/13 F 11/15	Sports Skills (Ch 23-30) Sports Skills (Ch 23-30) Sports Skills (Ch 23-30)	
13	M 11/18 W 11/20 F 11/22	Peer Teaching* Peer Teaching Peer Teaching	<b>LP #4 due</b> <b>Quiz – Ch 23-30</b>
14	M 11/25 W 11/27 F 11/29	<b>Online Class – D2L activity*</b> Thanksgiving Break Thanksgiving Break	
15	M 12/2 W 12/4	Final Exam Review <b>Online Class – Observation day</b>	

The syllabus/schedule are subject to change.

	F 12/6	<b>Online Class – Observation day</b>	<b>*Field Day Plans Due</b>
16	12/7-13	Final Exam: W 12/11 10:30-12:30	<b>*Obs Hours DUE M 12/7</b>

## TECHNOLOGY REQUIREMENTS

### LMS

All course sections offered by Texas A&M University-Commerce have a corresponding course shell in the myLeo Online Learning Management System (LMS). Below are technical requirements

LMS Requirements:

<https://community.brightspace.com/s/article/Brightspace-Platform-Requirements>

LMS Browser Support:

[https://documentation.brightspace.com/EN/brightspace/requirements/all/browser\\_support.htm](https://documentation.brightspace.com/EN/brightspace/requirements/all/browser_support.htm)

Zoom Video Conferencing Tool

[https://inside.tamuc.edu/campuslife/CampusServices/CITESupportCenter/Zoom\\_Account.aspx?source=universalmenu](https://inside.tamuc.edu/campuslife/CampusServices/CITESupportCenter/Zoom_Account.aspx?source=universalmenu)

## ACCESS AND NAVIGATION

You will need your campus-wide ID (CWID) and password to log into the course. If you do not know your CWID or have forgotten your password, contact the Center for IT Excellence (CITE) at 903.468.6000 or [helpdesk@tamuc.edu](mailto:helpdesk@tamuc.edu).

**Note:** Personal computer and internet connection problems do not excuse the requirement to complete all course work in a timely and satisfactory manner. Each student needs to have a backup method to deal with these inevitable problems. These methods might include the availability of a backup PC at home or work, the temporary use of a computer at a friend's home, the local library, office service companies, Starbucks, a TAMUC campus open computer lab, etc.

## COMMUNICATION AND SUPPORT

If you have any questions or are having difficulties with the course material, please contact your Instructor.

## **Technical Support**

If you are having technical difficulty with any part of Brightspace, please contact Brightspace Technical Support at 1-877-325-7778. Other support options can be found here:

<https://community.brightspace.com/support/s/contactsupport>

## **COURSE AND UNIVERSITY PROCEDURES/POLICIES**

### **Syllabus Change Policy**

The syllabus is a guide. Circumstances and events, such as student progress, may make it necessary for the instructor to modify the syllabus during the semester. Any changes made to the syllabus will be announced in advance.

### **University Specific Procedures**

#### **Student Conduct**

All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment. The Code of Student Conduct is described in detail in the [Student Guidebook](#).

<http://www.tamuc.edu/Admissions/oneStopShop/undergraduateAdmissions/studentGuidebook.aspx>

Students should also consult the Rules of Netiquette for more information regarding how to interact with students in an online forum:

<https://www.britannica.com/topic/netiquette>

#### **TAMUC Attendance**

For more information about the attendance policy please visit the [Attendance](#) webpage and [Procedure 13.99.99.R0.01](#).

<http://www.tamuc.edu/admissions/registrar/generalInformation/attendance.aspx>

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/academic/13.99.99.R0.01.pdf>

#### **Academic Integrity**

Students at Texas A&M University-Commerce are expected to maintain high standards of integrity and honesty in all of their scholastic work. For more details and the definition of academic dishonesty see the following procedures:

[Undergraduate Academic Dishonesty 13.99.99.R0.03](#)

[Undergraduate Student Academic Dishonesty Form](#)

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/documents/13.99.99.R0.03UndergraduateStudentAcademicDishonestyForm.pdf>

[Graduate Student Academic Dishonesty Form](#)

<http://www.tamuc.edu/academics/graduateschool/faculty/GraduateStudentAcademicDishonestyFormold.pdf>

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/undergraduates/13.99.99.R0.03UndergraduateAcademicDishonesty.pdf>

### **Students with Disabilities-- ADA Statement**

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:

#### **Office of Student Disability Resources and Services**

Texas A&M University-Commerce

Velma K. Waters Library Rm 162

Phone (903) 886-5150 or (903) 886-5835

Fax (903) 468-8148

Email: [studentdisabilityservices@tamuc.edu](mailto:studentdisabilityservices@tamuc.edu)

Website: [Office of Student Disability Resources and Services](#)

<http://www.tamuc.edu/campusLife/campusServices/studentDisabilityResourcesAndServices/>

### **Nondiscrimination Notice**

Texas A&M University-Commerce will comply in the classroom, and in online courses, with all federal and state laws prohibiting discrimination and related retaliation on the basis of race, color, religion, sex, national origin, disability, age, genetic information or veteran status. Further, an environment free from discrimination on the basis of sexual orientation, gender identity, or gender expression will be maintained.

### **Campus Concealed Carry Statement**

Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in Texas A&M University-Commerce buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and A&M-Commerce Rule 34.06.02.R1, license holders may not carry a concealed handgun in restricted locations.



For a list of locations, please refer to the [Carrying Concealed Handguns On Campus](#) document and/or consult your event organizer.

Web url:

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/34SafetyOfEmployeesAndStudents/34.06.02.R1.pdf>

Pursuant to PC 46.035, the open carrying of handguns is prohibited on all A&M-Commerce campuses. Report violations to the University Police Department at 903-886-5868 or 9-1-1.

### **A&M-Commerce Supports Students' Mental Health**

The Counseling Center at A&M-Commerce, located in the Halladay Building, Room 203, offers counseling services, educational programming, and connection to community resources for students. Students have 24/7 access to the Counseling Center's crisis assessment services by calling 903-886-5145. For more information regarding Counseling Center events and confidential services, please visit [www.tamuc.edu/counsel](http://www.tamuc.edu/counsel)

### **AI Use in Courses**

Texas A&M University-Commerce acknowledges that there are legitimate uses of Artificial Intelligence, ChatBots, or other software that has the capacity to generate text, or suggest replacements for text beyond individual words, as determined by the instructor of the course.

Any use of such software must be documented. Any undocumented use of such software constitutes an instance of academic dishonesty (plagiarism).

Individual instructors may disallow entirely the use of such software for individual assignments or for the entire course. Students should be aware of such requirements and follow their instructors' guidelines. If no instructions are provided the student should assume that the use of such software is disallowed.

In any case, students are fully responsible for the content of any assignment they submit, regardless of whether they used an AI, in any way. This specifically includes cases in which the AI plagiarized another text or misrepresented sources.

13.99.99.R0.03 Undergraduate Academic Dishonesty  
13.99.99.R0.10 Graduate Student Academic Dishonesty

### **Mental Health and Well-Being**

The university aims to provide students with essential knowledge and tools to understand and support mental health. As part of our commitment to your well-being, we offer access to Telus Health, a service available 24/7/365 via chat, phone, or webinar. Scan the QR code to download the app and explore the resources available to you for guidance and support whenever you need it.

