



NURS 4240.01 OLDER ADULT HEALTH MANAGEMENT COURSE SYLLABUS: SPRING 2024

INSTRUCTOR INFORMATION

Faculty: Monica Tenhunen, DNP, RN, GNP-BC
Office Location: online
Office Hours: contact via email
Office Phone: 903-886-5315
Office Fax: 903-886-5729
University Email Address: monica.tenhunen@tamuc.edu

Preferred Form of Communication: **Email**
Communication Response Time: Two (2) business days

COURSE INFORMATION

Materials – Textbooks, Readings, Supplementary Readings

Textbook(s) Required

Dunn, H. (2016). Hard choices for loving people: CPR, feeding tubes, palliative care, comfort measures, and the patient with a serious illness (6th ed.). Quality of Life Publishing.

Eliopoulos, C. (2021). Gerontological nursing (10th ed.). Wolters Kluwer.

Online resources and articles as directed

Software Required: None

Optional Texts and/or Materials: None

The syllabus/schedule are subject to change.

Course Description

Focuses on nursing interventions used to promote, maintain, and restore health in older adult clients. Provides opportunities to expand knowledge of the normal aging process; to identify variables that contribute to deviations in health; to discuss how formal and informal resources including evidence-based data contribute to older adults' health status; and to examine the implications of working collaboratively with individuals, families, and communities to meet the health care needs of older adults (1.5 class, 0.5 clinical (22.5 hours).

Student Learning Outcomes

By the end of the course, the student will be able to:

1. Discuss the impact of the growing population of older adults upon nursing practice.
2. Identify normal changes in older adults due to the aging process.
3. Discuss biological, psychological and cultural influences on health care needs of older adult population.
4. Identify community resources available to older adults and their families.
5. Describe the impact of economic, legal and ethical issues on healthcare of older adults.
6. Use the nursing process and selected research findings as a framework for planning care that promotes, maintains and restores the health of older adults.
7. Use critical thinking skills to determine appropriate nursing interventions for selected physiologic and cognitive health alterations in older adults.
8. Act as a patient advocate for the older adult.

COURSE REQUIREMENTS

Minimal Technical Skills Needed

Using the learning management system, and using Microsoft Word, Microsoft Excel and PowerPoint.

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Instructional Methods

Formative/Summative Assessments:

This course includes both formative activities and assignments (practice) for the class and summative (graded) assessments for the class AND clinical. The formative activities and assignments are designed to guide your learning and are not included in the course grade. Formative activities and assignments are recommended but not required for course completion. Formative activities and assignments provide practice and the opportunity for instructor feedback prior to completing the graded summative assessments. The summative assessments allow you to demonstrate competency and are required as part of the course grade.

This is an online course without lecture requiring students to complete online activities and independent study to be successful. Course objectives may be met through individual study using suggested resources, active involvement in course activities, formal, and informal exchange of ideas with classmates and colleagues regarding specific topics as well as utilizing critical thinking skills. Teaching methods include seminar, discussion, independent study of texts and library resources, computer-assisted instruction, audio-visual aids, and the assignments listed. While the professor will provide guidance and consultation, the student is responsible for identification of learning needs, self-direction, seeking consultation and demonstration of course objectives.

Student Responsibilities or Tips for Success in the Course

- Logging into the course website daily during the week
- **Checking emails at least daily**
- Updating semester calendar with communicated changes
- At least three hours of weekly study
- Review of examinations.

GRADING

The pacing guide dates for all course (class) assignments are noted on the Course Calendar. Assignments are to be submitted in D2L unless otherwise noted. Calendar dates are a guide to keep the student moving

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through the course and are noted as pacing dates in the modules. All work must be submitted with satisfactory score by the end of course date.

Final grades in this course will be based on the following scale:

A = 90%-100% (Exceeds Expectations)

B = 75%-89% (Meets Expectations)

F = Below 75 (Needs Improvement and will retake the course)

Note: A minimum grade of 75 in both the class AND clinical is required to pass the course.

Formative Assessments

Module 1	1) Which Aging Well Tip is Most Difficult Assignment
Module 2	1) Major Theories of Aging Assignment
Module 3	1) Elder Abuse Assignment
Module 4	1) Chronic Care Assignment
Module 5	1) Sexuality Assessment
Module 6	None
Module 7	1) Hard Choices R/B/A Assignment

Summative Assessments-Class

Module 1	1) Discussion Board- Older Adult Contributions to Society	20%
Module 2	1) Aging Change Case Study	20%

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Module 3	1) Medication Use in Older Adults Case Study	20%
Module 4	1) Parkinson's Disease Quiz	20%
Module 5	None	
Module 6	1) Poverty in Older Adults Assignment	20%
Module 7	None	
	Total	100%

Summative Assessments-Clinical

Module 1	1) Senior Center Assignment	20%
Modules 2-5	1) Patient Interview Paper Assignment	40%
Module 6	1) Compare & Contrast Nursing Homes Assignment	20%
Module 7	1) End of Life Care Quiz	20%
	Total	100%

ALL SUMMATIVE ASSESSMENTS DUE BY 2359, 3/7/24

Successful completion of the assessments will enable the student to meet the student learning outcomes and competencies.

Late Submissions:

It is expected that you will submit all class and clinical assignments on time. If you need an extension, it should be requested before the due date/time and may or may not be approved at the discretion of the course coordinator. Unexcused late assignments will be penalized 10% per day for each of the first two days overdue; on the 3rd day, the grade will be assigned as 0%. Communication on these matters is the student's responsibility. Multiple instances of late clinical assignments will result in

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receipt of a Student Performance and Behaviors Evaluation Form and, possibly, failure of clinical/course.

Paper Submissions:

All documents submitted online are to be in .docx, .rtf, or .pdf format. No other formats will be accepted (JPEG, GIF, etc.). Assignments need to be submitted in a maximum of one document per assignment. Failure to follow these guidelines will result in a grade of “0” on the assignment.

Assessments:

Pacing for assessments are due on Sundays @2359 CST during the course unless otherwise noted on the course outline and in D2L. Check dates carefully and make note of them in your personal calendar.

Assessments

Assessments and Purpose of Each: There is a variety of assignments for this class to accommodate different learning styles.

Formative Assessments

1. Module Assignments (various modules)

- Module 1 1) Which Aging Well Tip is Most Difficult Assignment
- Module 2 1) Major Theories of Aging Assignment
- Module 3 1) Elder Abuse Assignment
- Module 4 1) Chronic Care Assignment
- Module 5 1) Sexuality Assessment
- Module 6 None
- Module 7 1) Hard Choices R/B/A Assignment

The purpose of these assessments is to review and learn information on the basic concepts of various modules and to locate and utilize current research support for various issues. By putting these concepts into your own words, you are more likely to recall and use the information in your future nursing practice.

Summative Assessments-Class

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1. Module Assignments (various modules)

- Module 1 1) Discussion Board-Older Adult Contributions to Society
- Module 2 1) Aging Change Case Study
- Module 3 1) Medication Use in Older Adults Case Study
- Module 4 1) Parkinson's Disease Quiz
- Module 6 1) Poverty in Older Adults Assignment

The purpose of these assessments is to review and learn information on the concepts of various modules and to locate and utilize current research support for various issues. By putting these concepts into your own words, you are more likely to recall and use the information in your future nursing practice (Learning Outcomes #1-#8).

Summative Assessments-Clinical

ALL SUMMATIVE ASSESSMENTS DUE BY 2359, 3/7/24

For clinical assessments with patients or on-site at facilities, you need to dress professionally and indicate that you are a student in the nursing program at Texas A&M University-Commerce.

1. Module Assignments (various modules)

- Module 1 1) Senior Center Assignment
- Module 2-5 1) Patient Interview Paper Assignment
- Module 6 1) Compare & Contrast Nursing Homes Assignment
- Module 7 1) End of Life Care Quiz

The purpose of these assessments is for you to obtain required clinical hours for the course and to review and learn information on the concepts of various modules and to locate and utilize current research support for various issues. By putting these concepts into your own words, you are more likely to recall and use the information in your future nursing practice (Learning Outcomes #1-#8).

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TECHNOLOGY REQUIREMENTS

LMS

All course sections offered by Texas A&M University-Commerce have a corresponding course shell in the myLeo Online Learning Management System (LMS). Below are technical requirements

LMS Requirements:

<https://community.brightspace.com/s/article/Brightspace-Platform-Requirements>

LMS Browser Support:

https://documentation.brightspace.com/EN/brightspace/requirements/all/browser_support.htm

Zoom Video Conferencing Tool

https://inside.tamuc.edu/campuslife/CampusServices/CITESupportCenter/Zoom_Account.aspx?source=universalmenu

ACCESS AND NAVIGATION

You will need your campus-wide ID (CWID) and password to log into the course. If you do not know your CWID or have forgotten your password, contact the Center for IT Excellence (CITE) at 903.468.6000 or helpdesk@tamuc.edu.

Note: Personal computer and internet connection problems do not excuse the requirement to complete all course work in a timely and satisfactory manner. Each student needs to have a backup method to deal with these inevitable problems. These methods might include the availability of a backup PC at home or work, the temporary use of a computer at a friend's home, the local library, office service companies, Starbucks, a TAMUC campus open computer lab, etc.

COMMUNICATION AND SUPPORT

If you have any questions or are having difficulties with the course material, please contact your Instructor.

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Technical Support

If you are having technical difficulty with any part of Brightspace, please contact Brightspace Technical Support at 1-877-325-7778. Other support options can be found here:

<https://community.brightspace.com/support/s/contactsupport>

Interaction with Instructor Statement

It is expected that you will check your D2L course and email at least **DAILY** for communication from the instructor. Communication between faculty and students is important and taken seriously. Preferred communication methods are through email through the Texas A&M University-Commerce email system, accessible within the D2L course. All students will be treated with collegial respect and are expected to communicate likewise in a professional manner. Students should check their university email accounts daily for course updates and communication with the instructor. It is expected that assignments will be graded and returned to the student within two (2) weeks of submission.

COURSE AND UNIVERSITY PROCEDURES/POLICIES

COURSE SPECIFIC PROCEDURES/POLICIES

Syllabus Change Policy

The syllabus is a guide. Circumstances and events, such as student progress, may make it necessary for the instructor to modify the syllabus during the semester. Any changes made to the syllabus will be announced in advance.

Nursing Student Guide

Specific information for the nursing student regarding the nursing program and current policies and procedures can be found in the BSN Student Guide located here: <http://www.tamuc.edu/academics/colleges/educationHumanServices/departments/nursing/Current%20Students/BSNstudentguidebook/default.aspx>

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Students must adhere to standards of professional and academic conduct. Academic misconduct involves any activity that tends to compromise the academic integrity of the University, or subvert the educational process, including, but not limited to, cheating, plagiarism, falsifying academic records, misrepresenting facts and any act designed to give unfair academic advantage to the student or the attempt to commit such an act. Students are responsible for their own academic honesty and for reporting violations of academic honesty by others (Nursing Student Conduct Code--See the BSN Student Guide).

Class Attendance

Class attendance for online courses is defined as completing module activities and is expected. As an adult learner and responsible professional, the student is responsible for reading and completing assignments. It should not be expected that all material will be covered by the instructor.

University Specific Procedures/Policies

Student Conduct

All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment. The Code of Student Conduct is described in detail in the [Student Guidebook](#).

<http://www.tamuc.edu/Admissions/oneStopShop/undergraduateAdmissions/studentGuidebook.aspx>

Students should also consult the Rules of Netiquette for more information regarding how to interact with students in an online forum:

<https://www.britannica.com/topic/netiquette>

TAMUC Attendance

For more information about the attendance policy please visit the [Attendance](#) webpage and [Procedure 13.99.99.R0.01](#).

<http://www.tamuc.edu/admissions/registrar/generalInformation/attendance.aspx>

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/academic/13.99.99.R0.01.pdf>

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Academic Integrity

Texas A&M University-Commerce acknowledges that there are legitimate uses of Artificial Intelligence, ChatBots, or other software that has the capacity to generate text, or suggest replacements for text beyond individual words, as determined by the instructor of the course.

Any use of such software must be documented. Any undocumented use of such software constitutes an instance of academic dishonesty (plagiarism). Individual instructors may disallow entirely the use of such software for individual assignments or for the entire course. Students should be aware of such requirements and follow their instructors' guidelines. If no instructions are provided the student should assume that the use of such software is disallowed.

In any case, students are fully responsible for the content of any assignment they submit, regardless of whether they used an AI, in any way. This specifically includes cases in which the AI plagiarized another text or misrepresented sources.

Students at Texas A&M University-Commerce are expected to maintain high standards of integrity and honesty in all of their scholastic work. For more details and the definition of academic dishonesty see the following procedures:

Undergraduate Students Academic Integrity Policy and Form

[Undergraduate Academic Dishonesty 13.99.99.R0.03](#)

[Undergraduate Student Academic Dishonesty Form](#)

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/documents/13.99.99.R0.03UndergraduateStudentAcademicDishonestyForm.pdf>

Graduate Students Academic Integrity Policy and Form

[Graduate Student Academic Dishonesty Form](#)

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<http://www.tamuc.edu/academics/graduateschool/faculty/GraduateStudentAcademicDishonestyFormold.pdf>

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/undergraduates/13.99.99.R0.03UndergraduateAcademicDishonesty.pdf>

Students with Disabilities-- ADA Statement

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:

Office of Student Disability Resources and Services

Texas A&M University-Commerce

Gee Library- Room 162

Phone (903) 886-5150 or (903) 886-5835

Fax (903) 468-8148

Email: studentdisabilityservices@tamuc.edu

Website: [Office of Student Disability Resources and Services](http://www.tamuc.edu/campusLife/campusServices/studentDisabilityResourcesAndServices/)

<http://www.tamuc.edu/campusLife/campusServices/studentDisabilityResourcesAndServices/>

Nondiscrimination Notice

Texas A&M University-Commerce will comply in the classroom, and in online courses, with all federal and state laws prohibiting discrimination and related retaliation on the basis of race, color, religion, sex, national origin, disability, age, genetic information or veteran status. Further, an environment free from discrimination on the basis of sexual orientation, gender identity, or gender expression will be maintained.

Campus Concealed Carry Statement

Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in Texas A&M University-Commerce buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or

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those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and A&M-Commerce Rule 34.06.02.R1, license holders may not carry a concealed handgun in restricted locations.

For a list of locations, please refer to the [Carrying Concealed Handguns On Campus](#) document and/or consult your event organizer.

Web url:

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/34SafetyOfEmployeesAndStudents/34.06.02.R1.pdf>

Pursuant to PC 46.035, the open carrying of handguns is prohibited on all A&M-Commerce campuses. Report violations to the University Police Department at 903-886-5868 or 9-1-1.

A&M-Commerce Supports Students' Mental Health

The Counseling Center at A&M-Commerce, located in the Halladay Building, Room 203, offers counseling services, educational programming, and connection to community resources for students. Students have 24/7 access to the Counseling Center's crisis assessment services by calling 903-886-5145. For more information regarding Counseling Center events and confidential services, please visit www.tamuc.edu/counsel

NURS 4240 Older Adult Health Management Spring 2024 Course Outline

Module	Course Content	Resources	Assessments (Formative/No Grade)	Assessments (Summative/ Graded)	Pacing Date
Start Here	<ul style="list-style-type: none"> • Welcome video • Syllabus • Course orientation • Competency review • Clinical Module 	Syllabus Competencies Clinical Module			<i>January 18, 2024</i>
1 Gerontological Nursing, Aging Populations, Life Transitions and Aging Well	<ul style="list-style-type: none"> • Aging Population • Life Transitions • Specialty of Gerontological Nursing 	Chapters 1, 4 & 6 Text and PowerPoint Slides See Me Nurse Video 10 Tips for Aging Well document	1) Which Aging Well Tip is Most Difficult Assignment	<ul style="list-style-type: none"> • Discussion Board-Older Adult Contributions to Society • Clinical-Senior Center Assignment 	<i>January 21, 2024</i>
2 Aging Theories, Aging Changes and Diversity in Older Adults	<ul style="list-style-type: none"> • Theories of Aging • Diversity • Common Aging Changes 	Chapters 2, 3, & 5 Text and PowerPoint Slides	1) Major Theories of Aging Assignment	<ul style="list-style-type: none"> • Aging Changes Case Study • Clinical-Patient Interview Paper 	<i>January 28, 2024</i>

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Module	Course Content	Resources	Assessments (Formative/No Grade)	Assessments (Summative/ Graded)	Pacing Date
		Healthy People 2030 Objectives Patient Interview Document			
3 Safety	<ul style="list-style-type: none"> • Safety • Safe Medication Use • Elder Abuse 	Chapters 14, 15 & page 117 Text and PowerPoint Slides Gabauer article Beers Criteria Pocket Card Preventing & Addressing Elder Abuse document	1) Elder Abuse Assignment	<ul style="list-style-type: none"> • Medication Use in Older Adults Case Study • Clinical-Patient Interview Paper 	February 4, 2024
4 Chronic Care	<ul style="list-style-type: none"> • Living in Harmony with Chronic Conditions • Parkinson's Disease 	Chapters 22 (339-341 only) & 29 Text and PowerPoint Slides Vice article	1) Chronic Care Assignment	<ul style="list-style-type: none"> • Parkinson's Disease Quiz • Clinical-Patient Interview Paper 	February 11, 2024

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Module	Course Content	Resources	Assessments (Formative/No Grade)	Assessments (Summative/ Graded)	Pacing Date
5 Spirituality, Sexuality and Reproductive Health for Older Adults	<ul style="list-style-type: none"> • Reproductive Health • Spirituality • Sexuality & Intimacy 	Chapters 20, 30 & 31 Text and PowerPoint Slides	1) Sexuality Assessment	<ul style="list-style-type: none"> • Clinical-Patient Interview Paper 	February 18, 2024
6 Economics and Care Settings	<ul style="list-style-type: none"> • Continuum of Care • Rehabilitation and Restorative Care • Long Term Care 	Chapters 10, 32 & 34 Text and PowerPoint Slides How Many Senior Live in Poverty article		<ul style="list-style-type: none"> • Poverty in Older Adults Assignment • Clinical-Compare & Contrast Nursing Homes 	February 25, 2024
7 End of Life	<ul style="list-style-type: none"> • End of Life Care 	Chapter 36 Text and PowerPoint Slides Hard Choices for Loving People book Two videos	1) Hard Choices R/B/A	<ul style="list-style-type: none"> • Clinical-End of Life Care Quiz 	March 3, 2024 ALL SUMMATIVE ASSESSMENTS DUE BY 2359, 3/7/2024

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