

## HHPK 308 Integrated Adventure Education

Instructor: Dr. Sandy Kimbrough  
Office: NHS 113  
Class Meeting Time: TR 12:30-1:45  
Email response time: within 1 business day  
Preferred method of communication: email or face-to-face

E-mail: [sandy.kimbrough@tamuc.edu](mailto:sandy.kimbrough@tamuc.edu)  
Instagram: DrKimbro  
Class meeting place: NHS 161  
Office hours: W 12:15-4:15, R 11-12; and by appointment

Students will be required to take one weekend field trip with the class. The date will be announced prior to the beginning of the semester.

**Textbook:** None. Handouts and course readings will be provided through the university's LMS.

**Catalog description:** Philosophy of outdoor education in a physical education program; designing and implementing outdoor adventure activities in an experiential and interdisciplinary manner for reinforcing the Texas Essential Knowledge and Skills.

**Prerequisites:** Instructor approval and 2.5 overall GPA.

### Course objectives

Upon completion of the course, the student should be able to...

1. develop an interdisciplinary lesson using outdoor adventure activities, intentionally reinforcing the TEKS (Texas Essential Knowledge and Skills).
2. teach an interdisciplinary lesson to peers, working with a partner and teaching an interdisciplinary outdoor adventure lesson that intentionally supports TEKS.
3. examine outdoor clothing and be familiar with appropriate ways to dress for outdoor adventure activities.
4. apply backcountry Leave No Trace Principles.
5. write a definition for Outdoor Experiential Education.
6. discuss the theoretical basis of Outdoor Experiential Education and issues and trends in Outdoor Education.

Additionally, students will participate in at least 8 of the following adventure activities: paddling (canoe, kayak, stand-up paddleboard), archery, outdoor cooking, fishing, primitive skills, initiative games, compass/GPS skills, rock climbing, ropes course activities, trail biking, hiking/trekking, and others as possible.

### Evaluation

Homework	10% (100 points)
Quizzes	20% (200 points)
Written Exams (2)	20% (200 points)
Partner lead	10% (100 points)
Solo lead 1	10% (100 points)
Solo lead 2	10% (100 points)
Final project	20% (200 points)

### Grading Scale      Points

90– 100 %	1000	A	(exceptional, excellent, mastery)
80– 89%	800-899	B	(above average, good performance and learning)
70– 79%	700-799	C	(average)
60-69%	600-699	D	(below average)
0-59%	0-599	F	(failing)

### **Homework**

Within the online part of the class, you will find instructions for 2 assignments. This part of the course will count for 5% of your entire grade (50 points).

### **Quizzes**

Before some classroom days, there will be a quiz in the online portion of the class that you must submit no later than 11:59pm on the specified date. Each quiz will require that you read any assigned materials and/or view any assigned videos, etc. Quizzes may also cover information that was presented in class.

### **Written exams**

Each test will have several types of questions: define and explain, short answer, essay, fill-in-the-blank, true/false, etc. Study the material indicated by the objectives listed on the schedule. Also study material that was supplied by notes and supplemental materials. Be able to APPLY the information learned, not just recite definitions and lists. For each test, you will have an allotted amount of time. At the end of that time, your test must be submitted.

### **Partner lead**

With an assigned partner, you will lead an outdoor activity, challenge, or initiative. Detailed instructions and evaluation rubrics will be provided.

### **Solo leads 1 & 2**

By yourself, you will lead two outdoor activities challenges, or initiatives. Detailed instructions and evaluation rubrics will be provided.

### **Final Project**

For your final project, you will create and implement an outdoor education lesson, applying the concepts addressed during the course and using appropriate TEKS. The lesson must 1) focus on teaching of outdoor adventure activity (TEKS), 2) integrate at least one other curriculum area TEKS into the lesson for purposes of reinforcement and making connections, 3) highlight one or two character qualities that are relevant for the activity itself, and 4) include a plan for assessment of student learning. Detailed instructions and evaluation rubrics will be provided.

### **Student and Instructor Expectations**

Expectations are high for both of us. I strive to be the best teacher possible. I expect you to perform to the best of your ability. Making an "A" in this class is quite an accomplishment, and will be earned only by those who are willing to put forth the necessary effort. There is no grading curve - you will be assigned the grade you earn!!!!

### **Professional attire**

- Athletic shoes (not Keds, slides, cleats, sandals, Toms, etc), socks, and attire. No denim. No profanities or advertising for alcohol, tobacco, or other unhealthy products.
- Dress to participate in the activity; you are! For some class days, more specific attire requirements will be provided.
- If you are not dressed appropriately, you will lose 20 points per day. If you are not dressed safely, you will not be allowed to participate and will be considered absent.

## Course Schedule

THIS SCHEDULE IS TENTATIVE AND MAY CHANGE!!! I WILL TELL YOU WHEN/IF IT DOES! If you miss class, be sure to talk to someone in the class to find out if there have been any changes to the meeting place, time, etc.

The order in which we will do the activities depends on the weather, available facilities, guest speakers, and more. Students will be informed at least two weeks ahead of time the activity for the week, where to meet, what to expect, and what to wear (paddling, archery, outdoor cooking, fishing, primitive skills, initiative games, compass/GPS skills, rock climbing, ropes course activities, trail biking, hiking/trekking, and others as possible).

	Date	Topic for the Day/in-class activity
R	1/11	Syllabus, Q&A, etc
T	1/16	TBA
R	1/18	Quiz 1: 20 points
T	1/23	Quiz 2 due: 20 points
R	1/25	TBA
T	1/30	Quiz 3 due: 20 points
T	2/6	Quiz 4 due: 20 points
R	2/8	Homework 1 due: 30 points
T	2/13	Written exam 1: 100 points; Quiz 5 due: 20 points; Homework 2 due no later than 2/15: 30 points
T	2/20	TBA
R	2/22	Quiz 6 due: 20 points
T	2/27	Homework 3 due: 40 points
T	3/5	Partner lead: 100 points; Quiz 7 due: 20 points
R	3/7	Quiz 8 due: 20 points
T	3/19	Quiz 9 due: 20 points
R	3/21	Solo lead 1: 100 points; Quiz 10 due: 20 points
T	3/26	TBA
T	4/2	Solo lead 2: 100 points
R	4/4	TBA
F-SUN	4/5-4/7	Field TRIP will include FINAL PROJECT (200 points)
T	4/9	EXAM 2 in class: 100 points

## Class Policies

1. Students are expected to be in class on time, ready to participate.
2. Each unexcused absence will result in a 40 point deduction from the final grade. Additionally, once a student has accumulated THREE unexcused absences, he/she will automatically receive a grade of "F" in the course. Class begins at the time listed in the course schedule. If you are not present and ready to begin the day's activity by that time, you may not get credit for attending class and may not be able to attend class that day. Students arriving late MAY be permitted to enter and participate (instructor's decision). Leaving before class is dismissed is the same as being absent. These policies are in place to ensure SAFETY and to promote professionalism.
3. An "excused absence" is defined as a documented university approved activity. The instructor reserves the right to change the content or format of all make-up work. The student is responsible for making up missed work.  
If the absence is for one of the reasons listed below, you will be able to make up the work (within two business days or at the instructor's convenience). To reserve this right, you MUST provide written documentation on the day of your return to class (a copy that I can keep). Please notify me ahead of time if you know you will be absent.
  - Participation in an activity appearing on the University's authorized activity list.
  - Death or major illness in a student's immediate family.

- Illness of a dependent family member.
  - Participation in legal proceedings or administrative procedures that require a student's presence.
  - Religious Holy Day.
  - Illness that is too severe or contagious for the student to attend class (to be determined by Health Center or off campus physician).
  - Required participation in military duty.
4. Any student missing an exam or any other graded work without prior arrangement will receive a score of zero.
  5. YOU MUST be familiar with the online LMS; familiarize yourself with the online portion of this class.
  6. You MUST check your TAMUC email regularly in case I need to communicate with you. I will not e-mail you junk, and I request that you do the same for me.
  7. While you are in class, I expect you to participate. That means that you should a) actively prepare by reading the assigned materials, b) TALK (ask and answer questions), c) bring your notes and textbook, d) bring your ideas, and e) refrain from anything that is not class-related during class (newspaper, reading for another class, text messages, etc). Students who choose to disrupt class by not participating will be asked to leave. CELL PHONES MUST NOT distract you or anyone else.
  8. DUE DATES: The due dates listed for assignments are the LAST chance to submit them. Please turn in your work early. I DO NOT accept late assignments.
  9. If you have a question or concern, TALK to me. I am here to help. If you need to reach me and I am not in my office, e-mail me.
  10. Academic dishonesty is unacceptable conduct and will not be tolerated in any form at Texas A&M University – Commerce. All persons involved in academic dishonesty will be disciplined in accordance with University regulations and procedures. Discipline may include losing points on an assignment, not receiving credit on an assignment, suspension from the class, or expulsion from the University.
  11. The online component of this class is completely supplemental—that is, this is entirely a face to face course.

### **PLAGIARISM**

- The handouts used in this course are copyrighted. By "handouts," I mean all materials generated for this class, which include but are not limited to syllabi, quizzes, exams, lab problems, in-class materials, review sheets, and additional problem sets. Because these materials are copyrighted, you do not have the right to copy the handouts, unless I expressly grant permission.
- As commonly defined, plagiarism consists of passing off as one's own the ideas, words, writings, etc., which belong to another. In accordance with this definition, you are committing plagiarism if you copy the work of another person and turn it is as your own, even if you should have the permission of that person. Plagiarism is one of the worst academic sins, for the plagiarist destroys the trust among colleagues without which research cannot be safely communicated.
- If you have any questions regarding plagiarism, please consult me. If you plagiarize in my class, you will automatically receive a grade of "F" and disciplinary action will be sought

### ***TECHNOLOGY REQUIREMENTS***

LMS  
All course sections offered by Texas A&M University-Commerce have a corresponding course shell in the myLeo Online Learning Management System (LMS). Below are technical requirements

LMS Requirements:

<https://community.brightspace.com/s/article/Brightspace-Platform-Requirements>

LMS Browser Support:

[https://documentation.brightspace.com/EN/brightspace/requirements/all/browser\\_support.htm](https://documentation.brightspace.com/EN/brightspace/requirements/all/browser_support.htm)

### ***ACCESS AND NAVIGATION***

You will need your campus-wide ID (CWID) and password to log into the course. If you do not know your CWID or have forgotten your password, contact the Center for IT Excellence (CITE) at 903.468.6000 or [helpdesk@tamuc.edu](mailto:helpdesk@tamuc.edu).

**Note:** Personal computer and internet connection problems do not excuse the requirement to complete all course work in a timely and satisfactory manner. Each student needs to have a backup method to deal with these inevitable problems. These methods might include the availability of a backup PC at home or work, the temporary use of a computer at a friend's home, the local library, office service companies, Starbucks, a TAMUC campus open computer lab, etc.

### **COMMUNICATION AND SUPPORT**

If you have any questions or are having difficulties with the course material, please contact your Instructor.

#### Technical Support

If you are having technical difficulty with any part of Brightspace, please contact Brightspace Technical Support at 1-877-325-7778. Other support options can be found here:

<https://community.brightspace.com/support/s/contactsupport>

### **COURSE AND UNIVERSITY PROCEDURES/POLICIES**

#### Syllabus Change Policy

The syllabus is a guide. Circumstances and events, such as student progress, may make it necessary for the instructor to modify the syllabus during the semester. Any changes made to the syllabus will be announced in advance.

#### *University Specific Procedures*

##### **Student Conduct**

All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment. The Code of Student Conduct is described in detail in the [Student Guidebook](#).

<http://www.tamuc.edu/Admissions/oneStopShop/undergraduateAdmissions/studentGuidebook.aspx>

Students should also consult the Rules of Netiquette for more information regarding how to interact with students in an online forum: <https://www.britannica.com/topic/netiquette>

#### TAMUC Attendance

For more information about the attendance policy please visit the [Attendance](#) webpage and [Procedure 13.99.99.R0.01](#).

<http://www.tamuc.edu/admissions/registrar/generalInformation/attendance.aspx>

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/academic/13.99.99.R0.01.pdf>

##### **Academic Integrity**

Students at Texas A&M University-Commerce are expected to maintain high standards of integrity and honesty in all of their scholastic work. For more details and the definition of academic dishonesty see the following procedures:

[Undergraduate Academic Dishonesty 13.99.99.R0.03](#)

[Undergraduate Student Academic Dishonesty Form](#)

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/documents/13.99.99.R0.03UndergraduateStudentAcademicDishonestyForm.pdf>

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/undergraduates/13.99.99.R0.03UndergraduateAcademicDishonesty.pdf>

#### *Students with Disabilities-- ADA Statement*

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be

guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:

### **Office of Student Disability Resources and Services**

Texas A&M University-Commerce  
Velma K. Waters Library Rm 162  
Phone (903) 886-5150 or (903) 886-5835  
Fax (903) 468-8148  
Email: [studentdisabilityservices@tamuc.edu](mailto:studentdisabilityservices@tamuc.edu)  
Website: <https://www.tamuc.edu/student-disability-services/>

### **Nondiscrimination Notice**

Texas A&M University-Commerce will comply in the classroom, and in online courses, with all federal and state laws prohibiting discrimination and related retaliation on the basis of race, color, religion, sex, national origin, disability, age, genetic information or veteran status. Further, an environment free from discrimination on the basis of sexual orientation, gender identity, or gender expression will be maintained.

### ***Campus Concealed Carry Statement***

Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in Texas A&M University-Commerce buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and A&M-Commerce Rule 34.06.02.R1, license holders may not carry a concealed handgun in restricted locations.

For a list of locations, please refer to the [Carrying Concealed Handguns On Campus](#) document and/or consult your event organizer.

Web url:

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/34SafetyOfEmployeesAndStudents/34.06.02.R1.pdf>

Pursuant to PC 46.035, the open carrying of handguns is prohibited on all A&M-Commerce campuses. Report violations to the University Police Department at 903-886-5868 or 9-1-1.

### ***A&M-Commerce Supports Students' Mental Health***

The Counseling Center at A&M-Commerce, located in the Halladay Building, Room 203, offers counseling services, educational programming, and connection to community resources for students. Students have 24/7 access to the Counseling Center's crisis assessment services by calling 903-886-5145. For more information regarding Counseling Center events and confidential services, please visit [www.tamuc.edu/counsel](http://www.tamuc.edu/counsel)

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Texas A&M University-Commerce acknowledges that there are legitimate uses of Artificial Intelligence, ChatBots, or other software that has the capacity to generate text, or suggest replacements for text beyond individual words, as determined by the instructor of the course.

Any use of such software must be documented. Any undocumented use of such software constitutes an instance of academic dishonesty (plagiarism).

Individual instructors may disallow entirely the use of such software for individual assignments or for the entire course. Students should be aware of such requirements and follow their instructors' guidelines. If no instructions are provided the student should assume that the use of such software is disallowed.

In any case, students are fully responsible for the content of any assignment they submit, regardless of whether they used an AI, in any way. This specifically includes cases in which the AI plagiarized another text or misrepresented sources.

13.99.99.R0.03 Undergraduate Academic Dishonesty  
13.99.99.R0.10 Graduate Student Academic Dishonesty