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COUN 481.01W

INTRODUCTION TO DRUG AND ALCOHOL EDUCATION

Spring 2024

January 11 – December 15

INSTRUCTOR INFORMATION

Instructor: Keith L. Anderson, MS, MEd

Office Location: Online

Office Hours: Schedule as needed or by appointment.

Office Phone: Email

University Email Address: Keith.Anderson@tamuc.edu

Preferred Form of Communication: E-mail Communication

Response Time: Usually within 24 hours

Class Time: Thursdays - 5pm to 8pm

COURSE INFORMATION

Materials – Textbooks, Readings, Supplementary Readings

Textbook(s) Required

Concepts of Chemical Dependency, Current Edition Harold E. Doweiko - Viterbo University
ISBN-10: 0840033907 ISBN-13: 9780840033901

Additional Texts and/or Material

Selected Substance Abuse Periodicals

Addictive Behaviors

Advances in Alcohol and Substance Abuse

Alcohol Health and Research World

The syllabus/schedule are subject to change.

Alcohol Treatment Quarterly
American Journal of Drug and Alcohol Abuse
International Journal of the Addictions
Journal of Chemical Dependency Treatment
Journal of Studies in Alcohol
Journal of Substance Abuse Treatment
Psychology of Addictive Behaviors

Course Description

CONCEPTS OF CHEMICAL DEPENDENCY provide comprehensive coverage and the latest information on a full spectrum of substance use disorders and the compounds commonly abused. Topics include: the abuse of and addiction to alcohol; how the active agent in marijuana, THC, affects neural growth and development; the emerging body of evidence suggesting a relationship between marijuana abuse and psychotic disorders; the emerging body of evidence suggesting that marijuana is not as benign as it was thought to be even a few years ago; and updated information on the abuse of cough syrups, a trend that has evolved in adolescent substance abusers in the past decade.

Student Learning Outcomes

1. Why Worry About Substance Abuse?
2. The Nature of the Beast (What are the Substance Use Disorders?).
3. Pharmacology.
4. Social Alcohol Use and its Effects.
5. Chronic Alcohol Use and its Consequences.
6. Barbiturates and Barbiturate-like Drugs.
7. Benzodiazepines.
8. Amphetamine and Amphetamine-like Compounds.
9. Cocaine.
10. Marijuana.
11. Narcotic Analgesics.
12. Hallucinogens.
13. Inhalants.
14. Anabolic Steroids.
15. Tobacco Use.
16. OTC Analgesics.
17. Neonatal Drug Exposure.
18. Addiction in Women.
19. Hidden Faces of Substance Use Disorders (Minorities, etc.).
20. Substance Use by Children and Adolescents.
21. Substance Abuse in College Settings
22. Codependency.

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23. Addiction and the Family.
24. Dual Diagnosis Issues.
25. Medical Model of the Addictions.
26. Psychosocial Models of the Addictions.
27. Spiritual Model of the Addictions.
28. Assessment of the Patient.
29. Intervention.
30. Treatment Settings.
31. Treatment Formats.
32. Treatment Process.
33. Pharmacotherapy (Pharmacological Treatment of Addictions).
34. Treatment Problems.
35. Support Groups.
36. Drug Use and Infections.
37. Drug Use and Crime.
38. Legalization Issues.

COURSE REQUIREMENTS

Minimal Technical Skills Needed

Using Microsoft Word, PowerPoint and E-mail

Instructional Methods

The course will be delivered through D2L.

Student Responsibilities or Tips for Success in the Course

Students are expected to regularly log into the course website. The amount of weekly study and participation time expected is one hour and a half each week.

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GRADING

Final grades in this course will be based on the following scale:

A = 90%-100%

B = 80%-89%

C = 70%-79%

D = 60%-69%

F = 59% or Below

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Assessments

TECHNOLOGY REQUIREMENTS

LMS

All course sections offered by Texas A&M University-Commerce have a corresponding course shell in the myLeo Online Learning Management System (LMS). Below are technical requirements.

LMS Requirements:

<https://community.brightspace.com/s/article/Brightspace-Platform-Requirements>

LMS Browser Support:

https://documentation.brightspace.com/EN/brightspace/requirements/all/browser_support.htm

YouSeeU Virtual Classroom Requirements:

<https://support.youseeu.com/hc/en-us/articles/115007031107-Basic-System-Requirements>

ACCESS AND NAVIGATION

You will need your campus-wide ID (CWID) and password to log into the course. If you do not know your CWID or have forgotten your password, contact the Center for IT Excellence (CITE) at 903.468.6000 or helpdesk@tamuc.edu.

Note: Personal computer and internet connection problems do not excuse the requirement to complete all course work in a timely and satisfactory manner. Each student needs to have a backup method to deal with these inevitable problems. These methods might include the availability of a backup PC at home or work, the temporary use of a computer at a friend's home, the local library, office service companies, Starbucks, a TAMUC campus open computer lab, etc.

COMMUNICATION AND SUPPORT

If you have any questions or are having difficulties with the course material, please contact your instructor.

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Technical Support

If you are having technical difficulty with any part of Brightspace, please contact Brightspace Technical Support at 1-877-325-7778. Other support options can be found here:

<https://community.brightspace.com/support/s/contactsupport>

Interaction with Instructor Statement

COURSE AND UNIVERSITY PROCEDURES/POLICIES

Course Specific Procedures/Policies

Syllabus Change Policy

The syllabus is a guide. Circumstances and events, such as student progress, may make it necessary for the instructor to modify the syllabus during the semester. Any changes made to the syllabus will be announced in advance.

University Specific Procedures

Student Conduct

All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment. The Code of Student Conduct is described in detail in the [Student Guidebook](#).

<http://www.tamuc.edu/Admissions/oneStopShop/undergraduateAdmissions/studentGuidebook.aspx>

Students should also consult the Rules of Netiquette for more information regarding how to interact with students in an online forum: <https://www.britannica.com/topic/netiquette>

TAMUC Attendance

For more information about the attendance policy please visit the [Attendance Procedure 13.99.99.R0.01](#).

<http://www.tamuc.edu/admissions/registrar/generalInformation/attendance.aspx>

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/academic/13.99.99.R0.01.pdf>

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Academic Integrity

Students at Texas A&M University-Commerce are expected to maintain high standards of integrity and honesty in all of their scholastic work. For more details and the definition of academic dishonesty see the following procedures:

[Undergraduate Academic Dishonesty 13.99.99.R0.03](#)
[Undergraduate Student Academic Dishonesty Form](#)

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/documents/13.99.99.R0.03UndergraduateStudentAcademicDishonestyForm.pdf>
[Graduate Student Academic Dishonesty Form](#)

<http://www.tamuc.edu/academics/graduateschool/faculty/GraduateStudentAcademicDishonestyFormold.pdf>

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/undergraduates/13.99.99.R0.03UndergraduateAcademicDishonesty.pdf>

Students with Disabilities-- ADA Statement

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides reasonable accommodation for their disabilities. If you have a disability requiring an accommodation, please contact:

Office of Student Disability Services

Velma K. Waters Library- Room 162

Phone (903) 886-5930

Fax (903) 468-8148

Email: StudentDisabilityServices@tamuc.edu

Website: <http://inside.tamuc.edu/campuslife/campusServices/StudentDisabilityServices/default.aspx>

Nondiscrimination Notice

Texas A&M University-Commerce will comply in the classroom, and in online courses, with all federal and state laws prohibiting discrimination and related retaliation on the basis of race, color, religion, sex, national origin, disability, age, genetic information or veteran status. Further, an environment free from discrimination on the basis of sexual orientation, gender identity, or gender expression will be maintained.

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Campus Concealed Carry Statement

Texas Senate Bill - 11 (Government Code 411.2031, et al. authorizes the carrying of a concealed handgun in Texas A&M University-Commerce buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC 46.035 and A&M-Commerce Rule 34.06.02.R1, license holders may not carry a concealed handgun in restricted locations.

For a list of locations, please refer to the [Carrying Concealed Handguns On Campus](#) document and/or consult your event organizer.

Web url:

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/34SafetyOfEmployeesAndStudents/34.06.02.R1.pdf>

Pursuant to PC 46.035, the open carrying of handguns is prohibited on all A&M-Commerce campuses. Report violations to the University Police Department at 903-886-5868 or 9-1-1.

A&M-Commerce Supports Students' Mental Health

Counseling Center Services

The Counseling Center at A&M-Commerce, located in the Halladay Building, Room 203, offers counseling services, educational programming, and connection to community resources for students. Students have 24/7 access to the Counseling Center's crisis assessment services by calling 903-886-5145. For more information regarding Counseling Center events and confidential services, please visit www.tamuc.edu/counsel

Department or Accrediting Agency Required Content

COURSE OUTLINE / CALENDAR

Course Requirements:

Examinations (25 points each) – There will be two examinations covering the text, syllabus, and the code of ethics. Examinations may consist of multiple choice, matching, or short answers.

Impact Paper (25 points): Write a 3–4-page paper in APA format discussing the impact.

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that drugs and alcohol have. This can include the physical and mental effects as well as the impact it has on loved ones.

Support Group Meetings (25 points) – Each student will be required to attend at least one support group meeting, AA or NA, Al-Anon, ACOA. The meeting can be any 12 Step meeting and can be attended virtually, face-to-face, or via YouTube. You are to develop a 2–3-page summary of your observations and reactions to the visit. **You will receive information about the meetings via email.**

Final Examination (25 points) – The examinations will consist of multiple choice, matching, or short answer.

Your course grade will be determined on the basis of your performance in each of the following areas:

1. First Exam 25%
2. Impact Paper 25%
3. Online Support Groups Meetings 25%
4. Final examination 25%

Date	Topic	Readings	Assignments
Week 1 01/11/2024	1. Why Worry About Substance Abuse? 2. The Nature of the Beast (What are the substance use disorders?)	Chapters 1 & 2	Review the Syllabus and Read Chapters 1 & 2
Week 2 01/18/24	3. Pharmacology 4. Social Alcohol Use and its Effects	Chapters 3 & 4	Syllabus exam due Jan. 18, 2024
Week 3 01/25/24	5. Chronic Alcohol Use and its Consequences 6. Barbiturates and Barbiturate-like Drugs	Chapters 5 & 6	

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Week 4 02/01/24	7. Benzodiazepines 8. Amphetamine and Amphetamine-like Compounds	Chapters 7 & 8	Begin preparation for the Impact Paper that is due Feb. 8, 2024
Week 5 02/08/24	9. Cocaine	Chapter 9	Make sure to proof your Impact Paper before submitting
Week 6 02/15/24	10. Marijuana. 11. Narcotic Analgesics	Chapters 10 & 11	Begin looking for options for the group support meeting
Week 7 02/22/24	12. Hallucinogens 13. Inhalants	Chapters 12 & 13	
Week 8 02/29/24	14. Anabolic Steroids 15. Tobacco Use	Chapters 14 & 15	
Week 9 03/07/24	16. OTC Analgesics 17. Neonatal Drug Exposure	Chapters 16 & 17	
Week 10 03/21/24	18. Addiction in Women.	Chapter 18	You should have your support group activity selected
Week 11 03/28/24	19. Hidden Faces of Substance Use Disorders (Minorities, etc.).	Chapter 19	Support Group paper due March 28, 2024

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Week 12 04/04/24	20. Substance Use by Children and Adolescents	Chapter 20	
Week 13 04/11/24	21. Substance Abuse in College Settings	Chapter 21	
Week 14 04/18/24	Begin reviewing chapters already read in preparation for the final examination		
Week 15 04/25/24	Study for final exam		Final Exam Due May 2, 2024
Week 16 05/02/24	Final Exam		Congratulations

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