HHPH, 1364, 01B, Substance Use & Abuse

NHS 160B MWF 9:00AM-9:50AM
COURSE SYLLABUS: Spring 2024

INSTRUCTOR INFORMATION

Instructor: Rebecca Bridgefarmer
Office Location: NHS 145
Office Hours: Monday 11:00am-1:30pm; Tuesday (virtual) 10:30am-1:00pm
Office Phone: 903.866.5549
University Email Address: Rebecca.Bridgefarmer@tamuc.edu
Preferred Form of Communication**:** E-mail
Communication Response Time: 24-48 hours

COURSE INFORMATION

Materials – Textbooks, Readings, Supplementary Readings

Textbook(s) Required: Hanson, G. & Venturelli, P. (2014 or later). Drugs and society (14th ed). Jones & Bartlett: Boston
Inclusive Access: Link in D2L

Course Description

Student Learning Outcomes (Should be measurable; observable; use action verbs)

1. Examine current scientific information concerning the relationship between drugs and mental and physical health as well as risk-taking behavior. Comprehend the sex-based differences in disease trends.
2. Identify reasons to initiate drug use and why individuals choose to continue using drugs.
3. Explore how dependence occurs, the treatment necessary to break dependence, and how dependence might have been prevented.

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4. Survey the historical influence on the drug-oriented society and its bearing on personal drug behavior to include laws that arise related to substance use, misuse, and abuse.
5. Identify alternative highs to drug use highs and how they relate to healthy attitudes and behaviors.
6. Identify factors and examine issues in making responsible choices about drugs (e.g. decision making, refusal skills)
7. Make a distinction between over the counter (OTC) medications, prescription medications, alcohol, tobacco, and a number of illegal drugs.

COURSE REQUIREMENTS

Minimal Technical Skills Needed

Students should have a basic knowledge of computer and Internet skills in order to be successful in an online course. Here are some highlights:

1. Knowledge of terminology, such as browser, application, URL, etc.

2. Understanding of basic computer hardware and software; ability to perform computer operations, such as: managing files and folders: save, name, copy, move, backup, rename, delete, check properties

3. Ability to use the learning management system, using Microsoft Word and PowerPoint, using presentation and graphics programs, accessing, and navigating sites like YouTube

4. Knowledge of copying and pasting, spell-checking, saving files in different formats and sending and downloading attachments

5. Internet skills (connecting, accessing, using browsers) and ability to perform online research using various search engines and library databases.

6. Ability to use online communication tools, such as email (create, send, receive, reply, print, send/receive attachments), discussion boards (read, search, post, reply, follow threads), chats, etc.

Instructional Methods

The primary mode of instruction will involve interactive lectures, where key concepts and theories will be presented, fostering a participatory learning environment. Additionally, collaborative discussions, group activities, and case studies will be integrated to encourage critical thinking, problem-solving, and peer-to-peer learning. To enhance comprehension and retention, multimedia resources, such as audio-visual materials and online simulations, will be incorporated. Regular assessments, including

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quizzes, examinations, and projects, will provide students with opportunities to demonstrate their understanding and apply acquired knowledge.

Student Responsibilities or Tips for Success in the Course

This is a college level course requiring students to be self-disciplined, self-motivated, and good managers of their time. This 3-hour credit course requires up to 9 hours of commitment each week. Time will be spent in class, reading course materials, responding to discussions, and completing assignments.

NO LATE ASSIGNMENTS WILL BE ACCEPTED (Unless a university approved excuse is provided). Highly recommended that students do not wait until the last minute to complete assignments, discussion boards or exams. Communication is important! If you have questions, concerns, are struggling with understanding material, will be missing class, etc. please notify the instructor.

GRADING

Final grades in this course will be based on the following scale:

Letter Grade / Point Value
A   900-1000
B   800-899
C   700-799
D   600-699
F   0-599
TOTAL   100%

Assignment	Quantity	Points	Total
Exams	4	100	400
Projects	3	75	225
Chapter Quizzes	15	10	150
In-Class Assignments	15	15	225
Total Points			1000

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Assessments

Exams

You will take 4 exams on material presented in assigned readings (i.e., websites and articles); the chapters of the book; and lectures. (Check your course calendar for due dates). The purpose of the exams is to ensure that you have the basic knowledge to perform other activities in class such as discussing, researching, and writing about a variety of nutritional topics, and issues related to them. Exam #4 will be your final exam. Exams are taken on the computer, via D2L. You will not be in class to take the exam, as there is not enough time in our class periods.

Projects

Throughout the course, you will be assigned three projects that will require you to apply the concepts and skills learned in class to real-world scenarios. Projects provide an opportunity for hands-on experience and practical application of the course content. Detailed project guidelines will be provided in advance, and you will have sufficient time to complete them.
All projects will be due on Sunday of the assigned week at 11:59pm.

Assignments

In Class Assignments
In addition to quizzes, exams, and projects, there will be in-class graded assignments designed to assess your understanding of specific topics. These assignments may include group activities, discussions, or short written exercises. Regular attendance and participation in these activities are crucial for your success in the course.

Quizzes
You can expect to have an in-class quiz every week, which will cover the material discussed in the previous week's lectures and readings. Quizzes are designed to assess your comprehension of the material and reinforce key concepts. Make sure to review your notes and readings regularly to stay on top of the weekly assessments.

*If students are unable to attend class due to a university excused absence (athletics, documented illness, death in the family, etc.) they may be able to make up missed participation points by completing an additional discussion/question. If the instructor feels as though you are not participating or are distracting or disrespecting the instructor or other students in any way, you may be counted absent and/or asked to leave and counted absent.

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TECHNOLOGY REQUIREMENTS

LMS

All course sections offered by Texas A&M University-Commerce have a corresponding course shell in the myLeo Online Learning Management System (LMS). Below are technical requirements

LMS Requirements:
https://community.brightspace.com/s/article/Brightspace-Platform-Requirements

LMS Browser Support:
https://documentation.brightspace.com/EN/brightspace/requirements/all/browser_support.htm

Zoom Video Conferencing Tool
https://inside.tamuc.edu/campuslife/CampusServices/CITESupportCenter/Zoom_Account.aspx?source=universalmenu

ACCESS AND NAVIGATION

You will need your campus-wide ID (CWID) and password to log into the course. If you do not know your CWID or have forgotten your password, contact the Center for IT Excellence (CITE) at 903.468.6000 or helpdesk@tamuc.edu**.**

Note: Personal computer and internet connection problems do not excuse the requirement to complete all course work in a timely and satisfactory manner. Each student needs to have a backup method to deal with these inevitable problems. These methods might include the availability of a backup PC at home or work, the temporary use of a computer at a friend's home, the local library, office service companies, Starbucks, a TAMUC campus open computer lab, etc.

COMMUNICATION AND SUPPORT

If you have any questions or are having difficulties with the course material, please contact your Instructor.

Technical Support

If you are having technical difficulty with any part of Brightspace, please contact Brightspace Technical Support at 1-877-325-7778. Other support options can be found here:

https://community.brightspace.com/support/s/contactsupport

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Interaction with Instructor Statement

COURSE AND UNIVERSITY PROCEDURES/POLICIES

Course Specific Procedures/Policies

Syllabus Change Policy

The syllabus is a guide. Circumstances and events, such as student progress, may make it necessary for the instructor to modify the syllabus during the semester. Any changes made to the syllabus will be announced in advance.

University Specific Procedures

Student Conduct

All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment. The Code of Student Conduct is described in detail in the Student Guidebook.
http://www.tamuc.edu/Admissions/oneStopShop/undergraduateAdmissions/studentGuidebook.aspx

Students should also consult the Rules of Netiquette for more information regarding how to interact with students in an online forum:
https://www.britannica.com/topic/netiquette

TAMUC Attendance

For more information about the attendance policy please visit the Attendance webpage and Procedures 13.99.99.R0.01
http://www.tamuc.edu/admissions/registrar/generalInformation/attendance.aspx

http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/academic/13.99.99.R0.01.pdf

Academic Integrity

Students at Texas A&M University-Commerce are expected to maintain high standards of integrity and honesty in all of their scholastic work. For more details and the definition of academic dishonesty see the following procedures:

Undergraduate Academic Dishonesty 13.99.99.R0.03

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Students with Disabilities-- ADA Statement

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:

Office of Student Disability Resources and Services
Texas A&M University-Commerce
Velma K. Waters Library Rm 162
Phone (903) 886-5150 or (903) 886-5835
Fax (903) 468-8148
Email: studentdisabilityservices@tamuc.edu

Website: Office of Student Disability Resources and Services

http://www.tamuc.edu/campusLife/campusServices/studentDisabilityResourcesAndServices/

Nondiscrimination Notice

Texas A&M University-Commerce will comply in the classroom, and in online courses, with all federal and state laws prohibiting discrimination and related retaliation on the basis of race, color, religion, sex, national origin, disability, age, genetic information or veteran status. Further, an environment free from discrimination on the basis of sexual orientation, gender identity, or gender expression will be maintained.

Campus Concealed Carry Statement

Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in Texas A&M University-Commerce buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal

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Code (PC) 46.035 and A&M-Commerce Rule 34.06.02.R1, license holders may not carry a concealed handgun in restricted locations.

For a list of locations, please refer to the <u>Carrying Concealed Handguns On Campus</u> document and/or consult your event organizer.

Web url:
http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/34SafetyOfEmployeesAndStudents/34.06.02.R1.pdf

Pursuant to PC 46.035, the open carrying of handguns is prohibited on all A&M-Commerce campuses. Report violations to the University Police Department at 903-886-5868 or 9-1-1.

A&M-Commerce Supports Students' Mental Health

The Counseling Center at A&M-Commerce, located in the Halladay Building, Room 203, offers counseling services, educational programming, and connection to community resources for students. Students have 24/7 access to the Counseling Center's crisis assessment services by calling 903-886-5145. For more information regarding Counseling Center events and confidential services, please visit **www.tamuc.edu/counsel**

AI use policy

Texas A&M University-Commerce acknowledges that there are legitimate uses of Artificial Intelligence, ChatBots, or other software that has the capacity to generate text, or suggest replacements for text beyond individual words, as determined by the instructor of the course.

Any use of such software must be documented. Any undocumented use of such software constitutes an instance of academic dishonesty (plagiarism).

Individual instructors may disallow entirely the use of such software for individual assignments or for the entire course. Students should be aware of such requirements and follow their instructors 'guidelines. If

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no instructions are provided the student should assume that the use of such software is disallowed.

In any case, students are fully responsible for the content of any assignment they submit, regardless of whether they used an AI, in any way. This specifically includes cases in which the AI plagiarized another text or misrepresented sources.

13.99.99.R0.03 Undergraduate Academic Dishonesty

13.99.99.R0.10 Graduate Student Academic Dishonesty

Department or Accrediting Agency Required Content

COURSE OUTLINE / CALENDAR
*Subject to Change

HHPH 1364 Spring 2024 Schedule		
Week	**Topic**	**Assignments Due**
1	Ch 1	Syllabus Quiz (x cred) Quiz 1
2	Ch 2 & 3	Quiz 2
3	Ch 4 & 5	Quiz 3
4	Ch 6 **Exam 1**	Quiz 4
5	Ch 7 & 8	Quiz 5 **Project 1**
6	Ch 9	Quiz 6
7	Ch 10	Quiz 7
8	Ch 11 **Exam 2**	Quiz 8
9	Ch 12	Quiz 9
Spring Break		
10	Ch 13	Quiz 10 **Project 2**
11	Ch 14	Quiz 11
12	Ch 15 **Exam 3**	Quiz 12

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13	Ch 16	Quiz 13
14	Ch 17 & 18	Quiz 14
15	Review	Quiz 15 **Project 3**
16	**Finals Week**	**Exam 4**

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