



**NURS 3314: HEALTH ASSESSMENT FOR THE RN
COURSE SYLLABUS
Fall 2023 (9/5-10/20)**

INSTRUCTOR INFORMATION

Course Coordinator: Melissa Vander Stucken, MSN, RN
Office Location: Nursing and Health Science Building
Office Hours: By appointment
Office Phone: 903-886-5315
Office Fax: 903-886-5729
University Email Address: melissa.vanderstucken@tamuc.edu
Preferred Form of Communication: Email
Communication Response Time: 2 business days

COURSE INFORMATION

Materials – Textbooks, Readings, Supplementary Readings

Textbook(s) Required: (Bundle available)

Jarvis, C. (2020). *Physical examination & health assessment* (8th ed.). Elsevier, Inc.

Other Learning Materials Required:

Shadow Health. (2019). Digital clinical experience (Version 5.0) [Software]. Available from <http://www.shadowhealth.com>

Student Registration Instructions for Shadow Health - Fall '23:

See Registration instruction in D2L. You must purchase access to enroll in the course.

Course Description (3 credit hours)

Hours: 3 (2 lecture/1 lab [45 clock hours])

This course builds on student's prior knowledge and skills to further develop concepts and principles underlying assessment of the health status of individuals. Emphasis is placed on interviewing skills, health histories, and physical, psychosocial, and cultural assessments across the lifespan.

The syllabus/schedule are subject to change.

Student Learning Outcomes

1. Conduct a health history, including environmental exposure, and a family history that recognizes genetic risks, to identify current and future health problems.
2. Demonstrate physical examination skills including focused physical, behavioral, psychological, socioeconomic, and environmental assessments of health and illness parameters in patients, using developmentally and culturally appropriate approaches and according to established criteria.
3. Document problems and needs in individuals from data discovered during the health history and physical examination.
4. Compare and contrast the roles and responsibilities of the nurse in the process of health assessment and health promotion.

COURSE REQUIREMENTS

Instructional Methods / Activities / Assessments

Learning Experiences and Teaching Methods:

This is an online course requiring students to complete online activities, independent practice, and individual study to be successful. Teaching methods include lecture, computer-assisted instruction, audio-visual aids, independent study of texts, independent practice of skills, and individualized assessment of competency. While the professor will provide guidance, the student is responsible for identification of learning needs and self-direction, seeking consultation when necessary.

GRADING

Final grades in this course use the following grading scale:

- A = 90-100 (Exceeds Expectations)
- B = 80-89 (Meets Expectations)
- C = Below 80 (Needs Improvement and will retake the course)

Note: A minimum grade of 80 is required to pass the course.

Grades will be determined as follows:

Evaluation Methods (Summative)	Percent Grade
Exams (2) 15% each	30%
Cultural Assessment	15%
Comprehensive Health History	20%

Evaluation Methods (Summative)	Percent Grade
Shadow Health (Comprehensive Assessment and Documentation)	21%
Total	100%

Submissions:

The course outline/schedule is included to guide the student to complete all tasks during the course. You may submit assignments early. Students who do not complete assignments and do not demonstrate competency will receive a needs improvement grade for the course and be required to retake the course. Competency for all exams is defined as 75%. Competency for written assessments and performance assessments is 80%.

Paper Submissions:

All written assignments submitted online are to be in .doc or .docx format in a single submission. No other formats (JPEG, GIF, PDF, etc.) will be accepted.

Assignments and Assessments

The pacing guide dates for all course (class) assignments are noted on the Course Calendar. Assignments are to be submitted in Shadow Health unless otherwise noted. Calendar dates are a guide to keep the student moving through the course. All work must be submitted with satisfactory score by the end of course date.

Exams Summative

Exams are taken online, and are timed. See the course schedule for the date, time and content of each exam. Students are responsible for making appointments with faculty to review exams or to discuss failing grades. The window for exam review is open for one (1) week following posting of grades.

Cultural Assessment Summative

The cultural assessment is composed of three scenarios. For each scenario, determine two ways the treatment needs might be impacted by cultural and/or religious communication differences. Submit the answers to the Cultural Assessment drop box.

Communication Activities Formative

There are two short activities.

The Phases of Interview activity provides an opportunity to describe the communication process based on interviewing phases and techniques.

The Health History Interview provides an opportunity to demonstrate and describe the interviewing phases and techniques that are age and setting appropriate when gathering subjective data for a complete health history (physical and cultural) or for an episodic care interaction.

Nutrition Activities and Assessment

Personal Diet Evaluation (Formative) and Developmental Dietary Plan (Summative)

Personal Diet Evaluation begins with a diet recall, includes a 24 hour food diary and includes an evaluation to identify needed changes to meet dietary and health goals.

Developmental Dietary Planning is designed to use the dietary differences across developmental stages and plan diets that include food preferences for different cultural groups.

Shadow Health Digital Clinical Experience™ (DCE):

Shadow Health provides a clinical simulation designed to improve assessment skills in a safe learning environment. Students will examine digital patients throughout the course that are accessible online 24/7. Shadow Health consists of three components – Single System Exams, Concept Labs, and a Comprehensive Assessment. This unique simulation experience allows students to conduct in-depth patient exams and interviews at their own pace. Because the exams are in-depth, these assignments will often take over an hour to complete, so it is important to plan enough time to complete assignments each week. Upon completion of each component, students should download a copy of the **Report** detailing the grade achieved.

Single System DCE Formative

Single system exams include the following:

1. Skin, Hair, and Nails
2. HEENT
3. Cardiovascular
4. Respiratory
5. Abdominal
6. Musculoskeletal
7. Neurological

Students may reopen a completed attempt on a single system exam prior to the due date for remediation. Students may then choose which attempt to turn in. Students have the ability to choose which of their attempts to 'Turn In' or flag for submission. Here is a [link](#) explaining how students can turn in an attempt of their choice.

Comprehensive Health History: Summative

A comprehensive health history (Shadow Health Module).

Concept Labs: Formative

Concept labs are an additional resource and are not required for course completion. Concept labs may be assigned based on performance as a method of remediation. Students may reopen a completed attempt on a concept lab. The four concept labs are Conversation, Cardiovascular, Respiratory, and Abdominal.

Comprehensive Assessment: Summative

The Comprehensive Assessment provides the opportunity to conduct a full health assessment on a patient in a single clinic visit.

Remediation of this assessment and documentation is not available. Students are allowed two submissions for this comprehensive assessment.

Practice Guides: Formative

Practice Guides are posted in D2L for each system listed on the Course Outline/Calendar. Utilize these tools as a guide if needed.

Focused Exams: Formative

There are three focused exams: Chest pain, Cough, and Abdominal pain

Remediation: In the event that the Focused Exam is unsuccessful (that is, an overall score of less than 80% is earned) remediation will be prescribed to improve the student's skills in areas which were not competently performed or documented. After remediation, the Focused Assessment can be repeated. Remediation of a failed Competency Check-off must be completed **before** the last day of class. Remediation may be undertaken **ONLY** if a Competency is failed, **not** to improve a passing Competency grade.

Course Specific Procedures/Policies

Nursing Student Guide:

Specific information for the nursing student regarding the nursing program and current policies and procedures can be found here:

<http://www.tamuc.edu/academics/colleges/educationHumanServices/departments/nursing/Current%20Students/BSNstudentguidebook/default.aspx>

Students must adhere to standards of professional and academic conduct. Academic misconduct involves any activity that tends to compromise the academic integrity of the University, or subvert the educational process, including, but not limited to, cheating, plagiarism, falsifying academic records, misrepresenting facts and any act designed to give unfair academic advantage to the student or the attempt to commit such an act. Students are responsible for their own academic honesty and for reporting violations of academic honesty by others. (Nursing Student Conduct Code--See the BSN Student Guide)

Syllabus Change Policy:

The syllabus is a guide. Circumstances and events, such as student progress, may make it necessary for the instructor to modify the syllabus during the semester. Any changes made to the syllabus will be announced in advance.

Interaction with Instructor Statement:

Communication between faculty and students is important and taken seriously. Preferred communication methods are via email through the Texas A&M University-Commerce email system, accessible within the D2L course. All students will be treated with collegial

respect and are expected to communicate likewise in a professional manner. Students should check their university email accounts regularly (every 48 hours is recommended) for course updates and communication with the instructor.

It is expected that assignments will be graded and returned to the student within two (2) weeks of submission.

Class Attendance:

Class attendance for online courses is defined as completing module activities and is expected. As an adult learner and responsible professional, the student is responsible for reading and completing assignments. It should not be expected that all material will be covered by the instructor..

TECHNOLOGY REQUIREMENTS

LMS

All course sections offered by Texas A&M University-Commerce have a corresponding course shell in the myLeo Online Learning Management System (LMS). Below are technical requirements

LMS Requirements:

<https://community.brightspace.com/s/article/Brightspace-Platform-Requirements>

LMS Browser Support:

https://documentation.brightspace.com/EN/brightspace/requirements/all/browser_support.htm

Zoom Video Conferencing Tool

https://inside.tamuc.edu/campuslife/CampusServices/CITESupportCenter/Zoom_Account.aspx?source=universalmenu

ACCESS AND NAVIGATION

You will need your campus-wide ID (CWID) and password to log into the course. If you do not know your CWID or have forgotten your password, contact the Center for IT Excellence (CITE) at 903.468.6000 or helpdesk@tamuc.edu.

Note: Personal computer and internet connection problems do not excuse the requirement to complete all course work in a timely and satisfactory manner. Each student needs to have a backup method to deal with these inevitable problems. These methods might include the availability of a backup PC at home or work, the temporary use of a computer at a friend's home, the local library, office service companies, Starbucks, a TAMUC campus open computer lab, etc.

COMMUNICATION AND SUPPORT

If you have any questions or are having difficulties with the course material, please contact your Instructor.

Technical Support

If you are having technical difficulty with any part of Brightspace, please contact Brightspace Technical Support at 1-877-325-7778. Other support options can be found here:

<https://community.brightspace.com/support/s/contactsupport>

Interaction with Instructor Statement

Student instructor interaction is integral to learning and course success. Reach out via email or during office hours when questions occur.

SHADOW HEALTH

Technical Requirements:

To review requirements, visit: <http://link.shadowhealth.com/Minimum-System-Specifications>

Tablets and mobile devices are not currently supported.

*To use Speech-to-Text, you must complete assignments in Google Chrome.

Shadow Health Support:

Contact Shadow Health with any questions or technical issues regarding Shadow Health **before** contacting your instructor.

Support is available at <https://link.shadowhealth.com/support>.

University Specific Procedures

Student Conduct

All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment. The Code of Student Conduct is described in detail in the [Student Guidebook](#).

<http://www.tamuc.edu/Admissions/oneStopShop/undergraduateAdmissions/studentGuidebook.aspx>

Students should also consult the Rules of Netiquette for more information regarding how to interact with students in an online forum:

<https://www.britannica.com/topic/netiquette>

TAMUC Attendance

For more information about the attendance policy please visit the [Attendance](#) webpage and [Procedure 13.99.99.R0.01](#).

<http://www.tamuc.edu/admissions/registrar/generalInformation/attendance.aspx>

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/academic/13.99.99.R0.01.pdf>

Academic Integrity

Texas A&M University-Commerce acknowledges that there are legitimate uses of Artificial Intelligence, ChatBots, or other software that has the capacity to generate text, or suggest replacements for text beyond individual words, as determined by the instructor of the course.

Any use of such software must be documented. Any undocumented use of such software constitutes an instance of academic dishonesty (plagiarism).

Individual instructors may disallow entirely the use of such software for individual assignments or for the entire course. Students should be aware of such requirements and follow their instructors' guidelines. If no instructions are provided the student should assume that the use of such software is disallowed.

In any case, students are fully responsible for the content of any assignment they submit, regardless of whether they used an AI, in any way. This specifically includes cases in which the AI plagiarized another text or misrepresented sources.

Students at Texas A&M University-Commerce are expected to maintain high standards of integrity and honesty in all of their scholastic work. For more details and the definition of academic dishonesty see the following procedures:

[Undergraduate Academic Dishonesty 13.99.99.R0.03](#)

[Undergraduate Student Academic Dishonesty Form](#)

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/documents/13.99.99.R0.03UndergraduateStudentAcademicDishonestyForm.pdf>

[Graduate Student Academic Dishonesty Form](#)

<http://www.tamuc.edu/academics/graduateschool/faculty/GraduateStudentAcademicDishonestyFormold.pdf>

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/undergraduates/13.99.99.R0.03UndergraduateAcademicDishonesty.pdf>

Students with Disabilities-- ADA Statement

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:

Office of Student Disability Resources and Services

Texas A&M University-Commerce

Velma K. Waters Library Rm 162

Phone (903) 886-5150 or (903) 886-5835

Fax (903) 468-8148

Email: studentdisabilityservices@tamuc.edu

Website: [Office of Student Disability Resources and Services](#)

<http://www.tamuc.edu/campusLife/campusServices/studentDisabilityResourcesAndServices/>

Nondiscrimination Notice

Texas A&M University-Commerce will comply in the classroom, and in online courses, with all federal and state laws prohibiting discrimination and related retaliation on the basis of race, color, religion, sex, national origin, disability, age, genetic information or veteran status. Further, an environment free from discrimination on the basis of sexual orientation, gender identity, or gender expression will be maintained.

Campus Concealed Carry Statement

Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in Texas A&M University-Commerce buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and A&M-Commerce Rule 34.06.02.R1, license holders may not carry a concealed handgun in restricted locations.

For a list of locations, please refer to the [Carrying Concealed Handguns On Campus](#) document and/or consult your event organizer.

Web url:

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/34SafetyOfEmployeesAndStudents/34.06.02.R1.pdf>

Pursuant to PC 46.035, the open carrying of handguns is prohibited on all A&M-Commerce campuses. Report violations to the University Police Department at 903-886-5868 or 9-1-1.

A&M-Commerce Supports Students' Mental Health

The Counseling Center at A&M-Commerce, located in the Halladay Building, Room 203, offers counseling services, educational programming, and connection to community resources for students. Students have 24/7 access to the Counseling Center's crisis assessment services by calling 903-886-5145. For more information regarding Counseling Center events and confidential services, please visit www.tamuc.edu/counsel

N3314 Course Outline/Calendar (9/5-10/20/2023)

Module	Course Content	Resources	Assignments (Formative/No Grade)	Assessments (Summative/Graded)
1 Health Assessment Overview	Course Orientation Shadow Health Orientation Evidence Based Assessment Cultural Assessment The Interview The Complete Health History Assessment Techniques	Syllabus Chapter 1-4 Text and PowerPoint Slides	Shadow Health: 1) Digital Clinical Experience Orientation 2) Conversation Concept Lab 3) Communication & Documentation Tutorials 4) Phases of Interview 5) Health History Interview	
2 Pain, Nutrition and Integumentary	Pain Assessment Nutrition Assessment Skin, Hair, and Nails	Chapter 11-13 Text and PowerPoint Slides	Personal Diet Evaluation	Shadow Health Module: Skin, Hair, and Nails Comprehensive Health History Developmental Dietary Plan
3 HEENT	Head, Face, Neck and Regional Lymphatics Eyes Ears, Nose, Mouth, and Throat	Chapter 14-17 Text and PowerPoint Slides		Shadow Health Module: HEENT Exam 1 (Chapters 1-4, 11-17)
4 Cardio- and Peripheral Vascular	Heart and Neck Vessels, Peripheral Vascular System	Chapters 20, 21 Text and PowerPoint Slides	Shadow Health Module: 1) Cardiovascular Concept Lab	Shadow Health Module Cardiovascular Focused Exam: Chest Pain

The syllabus/schedule are subject to change.

Module	Course Content	Resources	Assignments (Formative/No Grade)	Assessments (Summative/Graded)
5 Thorax and Abdomen	Breasts, Regional Lymphatics, Thorax, and Lungs Abdomen	Chapter 18, 19, 22 Text and PowerPoint Slides	Shadow Health Module: 1) Respiratory Concept Lab 2) Abdominal Concept Lab	Shadow Health Module Respiratory Abdominal Focused Exam: Cough Focused Exam: Abdominal Pain
6 Musculoskeletal Neurological Cognitive	Musculoskeletal Neurologic, Mental Status	Chapter 23,24, 5 Text and PowerPoint Slides		Shadow Health Module: 1) Musculoskeletal 2) Neurological
7 Genitourinary & Elimination	Male Genitourinary System Anus, Rectum, and Prostate Female Genitourinary System Summative Digital Assessment	Chapter 25-27 Text and PowerPoint Slides		Shadow Health Comprehensive Assessment due 12/15/22 Exam 2 (Chapters5, 18- 27)

The syllabus/schedule are subject to change.