



Please, click on the following link to access A&M-Commerce Covid 19 Information, <https://www.tamuc.edu/campusrec/covid-19-guide/>

## **COUN 481.01W**

### **INTRODUCTION TO DRUG AND ALCOHOL EDUCATION**

Summer 2023

June 5th, 2023 – July 6th, 2023

#### **INSTRUCTOR INFORMATION**

**Instructor:** Miaya Love, MS, M.Ed

**Office Location:** ONLINE

**Office Hours:** Schedule as needed

**Office Phone:** Email

**University Email Address:** miaya.love @tamuc.edu

**Preferred Form of Communication:** Email

**Communication Response:** Within 24 – 48 business hours

#### **COURSE INFORMATION**

Materials – Textbooks, Readings, Supplementary Readings

##### **Textbook(s) Required**

Concepts of Chemical Dependency, Current Edition Harold E. Doweiko - Viterbo University  
ISBN-10: 0840033907 ISBN-13: 9780840033901

##### **Additional Texts and/or Material**

Selected Substance Abuse Periodicals

Addictive Behaviors

Advances in Alcohol and Substance Abuse

Alcohol Health and Research World

Alcohol Treatment Quarterly

American Journal of Drug and Alcohol Abuse  
International Journal of the Addictions  
Journal of Chemical Dependency Treatment  
Journal of Studies in Alcohol  
Journal of Substance Abuse Treatment  
Psychology of Addictive Behaviors

## **Course Description**

CONCEPTS OF CHEMICAL DEPENDENCY provides comprehensive coverage and the latest information on a full spectrum of substance use disorders and the compounds commonly abused. Topics include: the abuse of and addiction to alcohol; how the active agent in marijuana, THC, affects neural growth and development; the emerging body of evidence suggesting a relationship between marijuana abuse and psychotic disorders; the emerging body of evidence suggesting that marijuana is not as benign as it was thought to be even a few years ago; and updated information on the abuse of cough syrups, a trend that has evolved in adolescent substance abusers in the past decade.

## **Student Learning Outcomes**

1. Why Worry About Substance Abuse?
2. The Nature of the Beast (What are the Substance Use Disorders?).
3. Pharmacology.
4. Social Alcohol Use and its Effects.
5. Chronic Alcohol Use and its Consequences.
6. Barbiturates and Barbiturate-like Drugs.
7. Benzodiazepines.
8. Amphetamine and Amphetamine-like Compounds.
9. Cocaine.
10. Marijuana.
11. Narcotic Analgesics.
12. Hallucinogens.
13. Inhalants.
14. Anabolic Steroids.
15. OTC Analgesics.
16. Tobacco Use.
17. Neonatal Drug Exposure.
18. Addiction in Women.
19. Hidden Faces of Substance Use Disorders (Minorities, etc.).
20. Substance Use by Children and Adolescents.
21. Substance Abuse in College Settings (NEW CHAPTER).
22. Codependency.
23. Addiction and the Family.

24. Dual Diagnosis Issues.
25. Medical Model of the Addictions.
26. Psychosocial Models of the Addictions.
27. Spiritual Model of the Addictions.
28. Assessment of the Patient.
29. Intervention.
30. Treatment Settings.
31. Treatment Formats.
32. Treatment Process.
33. Pharmacotherapy (Pharmacological Treatment of Addictions).
34. Treatment Problems.
35. Support Groups.
36. Drug Use and Infections.
37. Drug Use and Crime.
38. Legalization Issues.

## **COURSE REQUIREMENTS**

### **Minimal Technical Skills Needed**

**Using Microsoft Word, PowerPoint and E-mail**

### **Instructional Methods**

The course will be delivered through D2L.

### **Student Responsibilities or Tips for Success in the Course**

Students are expected to regularly log into the course website. The amount of weekly study and participation time expected is one hour and a half each week.

## **GRADING**

Final grades in this course will be based on the following scale:

**A = 90%-100%**

**B = 80%-89%**

**C = 70%-79%**

**D = 60%-69%**

**F = 59% or Below**

## Assessments

### TECHNOLOGY REQUIREMENTS

#### LMS

All course sections offered by Texas A&M University-Commerce have a corresponding course shell in the myLeo Online Learning Management System (LMS). Below are technical requirements

LMS Requirements:

<https://community.brightspace.com/s/article/Brightspace-Platform-Requirements>

LMS Browser Support:

[https://documentation.brightspace.com/EN/brightspace/requirements/all/browser\\_support.htm](https://documentation.brightspace.com/EN/brightspace/requirements/all/browser_support.htm)

YouSeeU Virtual Classroom Requirements:

<https://support.youseeu.com/hc/en-us/articles/115007031107-Basic-System-Requirements>

#### ACCESS AND NAVIGATION

You will need your campus-wide ID (CWID) and password to log into the course. If you do not know your CWID or have forgotten your password, contact the Center for IT Excellence (CITE) at 903.468.6000 or [helpdesk@tamuc.edu](mailto:helpdesk@tamuc.edu).

**Note:** Personal computer and internet connection problems do not excuse the requirement to complete all course work in a timely and satisfactory manner. Each student needs to have a backup method to deal with these inevitable problems. These methods might include the availability of a backup PC at home or work, the temporary use of a computer at a friend's home, the local library, office service companies, Starbucks, a TAMUC campus open computer lab, etc.

#### COMMUNICATION AND SUPPORT

If you have any questions or are having difficulties with the course material, please contact your Instructor.

##### Technical Support

If you are having technical difficulty with any part of Brightspace, please contact Brightspace Technical Support at 1-877-325-7778. Other support options can be found here:

<https://community.brightspace.com/support/s/contactsupport>

## **Interaction with Instructor Statement**

### **COURSE AND UNIVERSITY PROCEDURES/POLICIES**

#### **Course Specific Procedures/Policies**

##### **Syllabus Change Policy**

The syllabus is a guide. Circumstances and events, such as student progress, may make it necessary for the instructor to modify the syllabus during the semester. Any changes made to the syllabus will be announced in advance.

#### **University Specific Procedures**

##### **Student Conduct**

All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment. The Code of Student Conduct is described in detail in the [Student Guidebook](#).

<http://www.tamuc.edu/Admissions/oneStopShop/undergraduateAdmissions/studentGuidebook.aspx>

Students should also consult the Rules of Netiquette for more information regarding how to interact with students in an online forum: <https://www.britannica.com/topic/netiquette>

##### **TAMUC Attendance**

For more information about the attendance policy please visit the [Attendance](#) webpage and [Procedure 13.99.99.R0.01](#).

<http://www.tamuc.edu/admissions/registrar/generalInformation/attendance.aspx>

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/academic/13.99.99.R0.01.pdf>

##### **Academic Integrity**

Students at Texas A&M University-Commerce are expected to maintain high standards of integrity and honesty in all of their scholastic work. For more details and the definition of academic dishonesty see the following procedures:

[Undergraduate Academic Dishonesty 13.99.99.R0.03](#)

[Undergraduate Student Academic Dishonesty Form](#)

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/documents/13.99.99.R0.03UndergraduateStudentAcademicDishonestyForm.pdf>  
[Graduate Student Academic Dishonesty Form](http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/undergraduates/13.99.99.R0.03UndergraduateAcademicDishonesty.pdf)

<http://www.tamuc.edu/academics/graduateschool/faculty/GraduateStudentAcademicDishonestyFormold.pdf>

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/undergraduates/13.99.99.R0.03UndergraduateAcademicDishonesty.pdf>

### **Students with Disabilities-- ADA Statement**

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:

Office of Student Disability Services

Velma K. Waters Library- Room 162

Phone (903) 886-5718

Email: [StudentDisabilityServices@tamuc.edu](mailto:StudentDisabilityServices@tamuc.edu)

Website: <http://inside.tamuc.edu/campuslife/campusServices/StudentDisabilityServices/default.aspx>

### **Nondiscrimination Notice**

Texas A&M University-Commerce will comply in the classroom, and in online courses, with all federal and state laws prohibiting discrimination and related retaliation on the basis of race, color, religion, sex, national origin, disability, age, genetic information or veteran status. Further, an environment free from discrimination on the basis of sexual orientation, gender identity, or gender expression will be maintained.

### **Campus Concealed Carry Statement**

Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in Texas A&M University-Commerce buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and A&M-Commerce Rule 34.06.02.R1, license holders may not carry a concealed handgun in restricted locations.

For a list of locations, please refer to the [Carrying Concealed Handguns On Campus](#) document and/or consult your event organizer.

Web url:

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/34SafetyOfEmployeesAndStudents/34.06.02.R1.pdf>

Pursuant to PC 46.035, the open carrying of handguns is prohibited on all A&M-Commerce campuses. Report violations to the University Police Department at 903-886-5868 or 9-1-1.

## **A&M-Commerce Supports Students' Mental Health**

### **Counseling Center Services**

The Counseling Center at A&M-Commerce, located in the Halladay Building, Room 203, offers counseling services, educational programming, and connection to community resources for students. Students have 24/7 access to the Counseling Center's crisis assessment services by calling 903-886-5145. For more information regarding Counseling Center events and confidential services, please visit [www.tamuc.edu/counsel](http://www.tamuc.edu/counsel)

## **Department or Accrediting Agency Required Content**

### **COURSE OUTLINE / CALENDAR**

#### **Course Requirements:**

- You will have 4 modules with sections included in each. These sections will include lectures, and information pertaining to your chapters and assignments to complete. Each module will contain a written assignment or quiz for you to complete.

**Support Group Meetings (25 points)** – Each student will be required to attend at least one (virtual) open support group meeting, AA or NA, Al-Anon, ACOA. The meeting can be any 12 Step meeting or a YouTube testimonial video. You are to develop a 1 - 2-page summary of your observations and reactions to the visit. **(Due: June 12<sup>th</sup>)**

**Quiz 1 (25 points each)** – There will be two examinations covering the text, syllabus, and the code of ethics. Quizzes may consist of multiple choice, matching, or True/False answers. **(First Exam: June 19<sup>th</sup>)**

**Impact Paper (25 points):** Write a 2–3-page paper in APA format discussing the impact that drugs and alcohol have. This can include the physical and mental effects as well as the impact it has on loved ones. **(Due: June 26<sup>th</sup>)**

**Quiz 2 (25 points each)** – There will be two examinations covering the text, syllabus, and the code of ethics. Quizzes may consist of multiple choice, matching, or True/False answers. **(Final Exam due July 5<sup>th</sup>)**

Your course grade will be determined on performance in each of the following areas:

1. First Quiz 25%
2. Impact Paper 25%
3. Online Support Groups Meetings 25%
4. Final Quiz 25%

### **Module 1**

- Review of the syllabus; introduction: working definitions and the scope of substance abuse and addiction. The role of the therapist working with addictive behavior problems
- Historical perspectives; harm reduction and other strengths-based strategies (motivational interviewing and solution-focused therapy); Addictive behavior effects as viewed from physiological, psychological, and socio-cultural perspectives. Introduction to theories of addictive behavior.

### **Module 2**

- Traditional models of addiction: disease model, behavioral model, social learning model; Assessment, diagnosis and treatment planning with substance abuse and dependency; Therapeutic interventions I: individual counseling
- Addiction across the life span; "other" addictions; Competing and emerging models, Dual-diagnosis clients; Issues of race, ethnicity, culture, gender, and sexual orientation

### **Module 3**

- Therapeutic interventions: family, codependence and COA's; "intervention" with abuser/addict; strategies and methods. Substance abuse and the family: codependency, enabling and the effect on children.
- Group treatment and self-help groups; Recovery and growth issues: 12-step models and additional self-help support groups; Relapse prevention/change maintenance: models and Strategies

### **Module 4**

- Public policy, prevention, and professional issues (how to survive as a substance abuse therapist), course summary.
- FINAL QUIZ – Due July 5th