



PSY 537, Section 01E ADVANCED THERAPEUTIC INTERVENTION

COURSE SYLLABUS: Summer I 2023

Web-Based Synchronous Thursdays 4:30 PM

June 5-July 6, 2023

INSTRUCTOR INFORMATION

Instructor: Dr. Katherine Pang, Licensed Psychologist, MSc Clinical Psychopharmacology

Office Location: Virtual

Office Hours: By appointment

University Email Address: katherine.pang@tamuc.edu

Preferred Form of Communication: Email

Communication Response Time: 24 hours, with the exception of weekends and holidays, in which case communication will occur the next day the university is open. Dr. Pang responds rapidly, if you have not heard back in a few hours, feel free to send another email.

IMPORTANT COURSE FORMAT:

This is a blended course which means we will meet by Zoom from 4:30-5:30 on Thursdays instructor-facilitated discussion and instruction. You will then be assigned to groups at the start of the course and will work virtually in groups from 5:30-7:10 according to the Course Schedule.

The class meets for 5 weeks, you will forfeit one entire grade for each missed Zoom meeting and lack of participation with your groups. If you miss one week, your final grade is rounded down to the next grade; for example, an A is a B. If you miss two classes and your final grade is a B, for example, your final grade is dropped two grades to a D, and so forth. In other words, you must prioritize attendance at the Zoom meetings and participation with your groups for the five weeks of this course.

Materials – Textbooks, Readings, Supplementary Readings

Required Textbooks:

Developing Your Theoretical Orientation in Counseling and Psychotherapy (What's New in Counseling) 4th Edition (2018), Pearson ISBN: 978-0134805726

Diagnosis and Treatment Planning Skills: A Popular Culture Casebook Approach (Dsm-5 Update) 2nd Edition (2014) SAGE Publications ISBN: 978-1483349763

Yalom, *The Gift of Therapy: An Open Letter to a New Generation of Therapists and Their Patients* 2017 ISBN: 978-0061719615

Sutton, *The Counselor's STEPs for Progress Notes: A Guide to Clinical Language and Documentation* Paperback CreateSpace Independent Publishing Platform. 2nd edition (2015), ISBN: 978-1514643587

Handouts and other reading material will be distributed in class or placed on D2L.

Course Description

A study of selected current specific techniques used in the practice of psychotherapy. Students will study a set of clinical procedures based on different theoretical models, including cognitive behavioral therapy, psychodynamic psychotherapy, solution-focused psychotherapy, and others. Emphasis will be on techniques with evidence-based effectiveness and practical value in producing therapeutic movement, and students will practice the procedures in controlled clinical settings. They will also be encouraged to develop an articulated practice model of their own. Prerequisites: [PSY 508](#) or consent of the program advisor.

Student Learning Outcomes (Should be measurable; observable; use action verbs):

1. Students will conduct thorough clinical interviews.
2. Students will develop their own theoretical philosophy and utilize those techniques in mock therapy sessions.
3. Students will understand and form effective therapeutic relationships with mock clientele.
4. Students will understand and accept supervisory feedback, and constructive criticism and modify techniques and interactions to be more effective with clientele.
5. Students will provide appropriate, respectful constructive criticism and encouragement to peers.

COURSE REQUIREMENTS

Minimal Technical Skills Needed

Learning Management Systems, Using Microsoft Word, and Power Point

Student Responsibilities or Tips for Success in the Course

Attendance in class is required. The nature of the course requires skills development, gaining professional interactions, conduct, and attitudes in an intensely experimental learning experience

GRADING

Final grades in this course will be based on the following scale:

A = 90%-100%

B = 80%-89%

C = 70%-79%

D = 60%-69%

F = 59% or Below

Your grade will be based on the following:

Attendance: See the Note at the beginning of the Syllabus under important information. Failure to attend the Zoom synchronous class time and/or participate in group work will reduce your final grade.

Yalom Paper (15% of your grade): Read Yalom and write a 5–7-page reflection paper demonstrating your understanding of the book, key points you gleaned from the book, as well as how you will apply the learning from the book to your professional and personal life as a clinician. Please make sure to develop an in-depth work with explanatory reasoning, in-text citations, section headings, and well-formatted structure, in APA format with references.

Mock Therapy Sessions (There are 4 Mock Sessions for a total of 65% of your grade as assigned below): You will be assigned a role (either clinician or patient) and you will conduct mock therapy sessions with your partner. You will be assigned a topic and you will choose a theoretical orientation from the *Developing Your Theoretical Orientation in Counseling and Psychotherapy* textbook. If you are the clinician, you will conduct an Intake/clinical interview during the first session, you will take notes during the next two sessions and will formulate a treatment plan during the last session.

Each student will be a clinician for 4 30-minute sessions with an assigned partner. A Role assignment sheet will be posted before the first week of class.

Clinical Interview/Intake Session 1: 15%

Case Notes, Session 2: 15%

Case Notes, Session 3: 15%

Submitted Video of Session 4: 5%

Treatment Plan, Session 4: 15%

Final Paper: (20% of your grade): You will write a final reflection paper focused on your experience as a clinician in the mock therapy sessions. You will create sections for each session and discuss, in a professional, third-person presentation, your learning, strengths, weaknesses, and experience using the resources from the course to support your points and in-text citations to add credible to your reflections. You will include a summarizing conclusion identifying areas for growth as you prepare for Practicum. The paper should be a minimum of ten pages and be written in well-formatted APA.

CLASS SCHEDULE

NO LATE ASSIGNMENTS WILL BE ACCEPTED!

Read *The Gift of Therapy* in the first 3 weeks, as the Yalom paper is due June 30th.

Week	Topic	Read	Assignment	Zoom
Week 1 (6/5-11)	Introduction to Syllabus Clinical Intake and Clinical Interviewing Choosing a Theoretical Orientation	<i>Diagnosis and Treatment Planning</i> Chapters 1-3 <i>Developing your Theoretical Orientation</i> Chapters 1-3 <i>Progress Notes</i> Chapters 11 and 1-4	Mock Case Session 1 Clinical Intake and Interview Due 6/11 11:59 PM	Thursday, June 8 4:30-5:30 PM
Week 2 (6/12-18)	Introduction to Session Notes	<i>Developing your Theoretical Orientation</i> Chapter 4 <i>Progress Notes</i> Chapters 5-7	Mock Case Session 2 Notes Due 6/18 11:59 PM	Thursday, June 16 4:30-5:30 PM
Week 3 (6/19-25)	Check-in on Mock Therapy Sessions: Discussions and feedback	<i>Developing your Theoretical Orientation</i> Chapter 5		Thursday, June 23 4:30-5:30 PM
Week 4 (6/26-7/2)	Check-in on Mock Therapy Sessions: Discussions and feedback Focus on Treatment Planning	<i>Diagnosis and Treatment Planning</i> Chapter 4	Mock Case Session 3 Notes Due 6/25 11:59 PM Yalom Paper Due 6/30 11:59 PM	Thursday, June 30 4:30-5:30 PM
Week 5 (7/3-7/8)	Course Check-In		Mock Case Session 4 Notes Due 7/2 11:59 PM Video Due 7/2 11:59PM Final Paper Due 7/8 11:59 PM	Thursday, July 6 4:30-5:30 PM

TECHNOLOGY REQUIREMENTS

LMS

All course sections offered by Texas A&M University-Commerce have a corresponding course shell in the myLeo Online Learning Management System (LMS). Below are technical requirements

LMS Requirements:

<https://community.brightspace.com/s/article/Brightspace-Platform-Requirements>

LMS Browser Support:

https://documentation.brightspace.com/EN/brightspace/requirements/all/browser_support.htm

YouSeeU Virtual Classroom Requirements:

<https://support.youseeu.com/hc/en-us/articles/115007031107-Basic-System-Requirements>

ACCESS AND NAVIGATION

You will need your campus-wide ID (CWID) and password to log into the course. If you do not know your CWID or have forgotten your password, contact the Center for IT Excellence (CITE) at 903.468.6000 or helpdesk@tamuc.edu.

Note: Personal computer and internet connection problems do not excuse the requirement to complete all course work in a timely and satisfactory manner. Each student needs to have a backup method to deal with these inevitable problems. These methods might include the availability of a backup PC at home or work, the temporary use of a computer at a friend's home, the local library, office service companies, Starbucks, a TAMUC campus open computer lab, etc.

COMMUNICATION AND SUPPORT

If you have any questions or are having difficulties with the course material, please contact your Instructor.

Technical Support

If you are having technical difficulty with any part of Brightspace, please contact Brightspace Technical Support at 1-877-325-7778. Other support options can be found here:

<https://community.brightspace.com/support/s/contactsupport>

Interaction with Instructor Statement

I prefer you to contact me via email. I will respond within 24 hours M-F. If you have questions that can be answered via email, we can find time to speak on the phone or Zoom.

COURSE AND UNIVERSITY PROCEDURES/POLICIES

Syllabus Change Policy

The syllabus is a guide. Circumstances and events, such as student progress, may make it necessary for the instructor to modify the syllabus during the semester. Any changes made to the syllabus will be announced in advance.

University Specific Procedures

Student Conduct

All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment. The Code of Student Conduct is described in detail in the Student Guidebook.

http://www.tamuc.edu/student_guidebook/Student_Guidebook.pdf

Students should also consult the Rules of Netiquette for more information regarding how to interact with students in an online forum: <https://www.britannica.com/topic/netiquette>

TAMUC Attendance

For more information about the attendance policy please visit the [Attendance](#) webpage and [Procedure 13.99.99.R0.01](#).

<http://www.tamuc.edu/admissions/registrar/generalInformation/attendance.aspx>

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/academic/13.99.99.R0.01.pdf>

Academic Integrity

Students at Texas A&M University-Commerce are expected to maintain high standards of integrity and honesty in all of their scholastic work. For more details and the definition of academic dishonesty see the following procedures:

[Undergraduate Academic Dishonesty 13.99.99.R0.03](#)

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/undergraduates/13.99.99.R0.03UndergraduateAcademicDishonesty.pdf>

[Graduate Student Academic Dishonesty 13.99.99.R0.10](#)

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/graduate/13.99.99.R0.10GraduateStudentAcademicDishonesty.pdf>

Students with Disabilities-- ADA Statement

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that

provides reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:

Office of Student Disability Resources and Services

Texas A&M University-Commerce

Gee Library- Room 162

Phone (903) 886-5150 or (903) 886-5835

Fax (903) 468-8148

Email: studentdisabilityservices@tamuc.edu

Website: [Office of Student Disability Resources and Services](#)

<http://www.tamuc.edu/campusLife/campusServices/studentDisabilityResourcesAndServices/>

The Counseling Center at A&M-Commerce, located in the Halladay Building, Room 203, offers counseling services, educational programming, and connection to community resources for students. Students have 24/7 access to the Counseling Center's crisis assessment services by calling 903-886-5145. For more information regarding Counseling Center events and confidential services, please visit www.tamuc.edu/counsel

Nondiscrimination Notice

Texas A&M University-Commerce will comply in the classroom, and in online courses, with all federal and state laws prohibiting discrimination and related retaliation on the basis of race, color, religion, sex, national origin, disability, age, genetic information or veteran status. Further, an environment free from discrimination on the basis of sexual orientation, gender identity, or gender expression will be maintained.

Campus Concealed Carry Statement

Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in Texas A&M University-Commerce buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and A&M-Commerce Rule 34.06.02.R1, license holders may not carry a concealed handgun in restricted locations.

For a list of locations, please refer to the [Carrying Concealed Handguns On Campus](#) document and/or consult your event organizer.

Web url:

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/34SafetyOfEmployeesAndStudents/34.06.02.R1.pdf>

Pursuant to PC 46.035, the open carrying of handguns is prohibited on all A&M-Commerce campuses. Report violations to the University Police Department at 903-886-5868 or 9-1-1.