

Please click on the following link to access A&M-Commerce COVID-19 Information:

https://new.tamuc.edu/coronavirus/

Counseling 501: Introduction to the Counseling Profession
Course Syllabus Fall 2022
Wednesdays 4:30 pm – 7:10 pm @ McKinney CHEC
INSTRUCTOR INFORMATION

Instructor: Kathryn A. Oden, PhD, LPC

University Email Address:

Preferred Form of Communication: E-mail

Communication Response Time: 24 hours, Monday – Friday

Main Office Location: CHEC or Virtual Office Hours: By appointment only

Email for appointment

COURSE INFORMATION

Textbook(s) Required:

Gladding, S. L. (2018). Counseling: A comprehensive profession (8th ed.). Upper Saddle River,

NJ: Pearson.

The Code of Ethics is available online in PDF format:

American Counseling Association (2014). 2014 ACA Code of Ethics. Alexandria, VA: Author.

Optional Texts and/or Materials:

American Psychological Association. (2020). *Publication manual of the American Psychological Association*. (7th ed.). https://doi.org/10.1037/0000165-000

Course Description

501. *Introduction to the Counseling Profession*. Three semester hours.

Recommended as the initial course in a student's program to serve as an introduction to the counseling profession. Roles of counselors and related professionals in various settings are

presented. Professional goals and objectives; trends; professional associations; ethical and legal issues; history; credentialing; preparation standards for counselors; and essential interviewing and counseling skills, characteristics, and behaviors that influence helping processes are explored.

General Course Information

This course should be taken early in the student's preparation program. This course serves primarily as an orientation to the counseling profession and as a course where students develop basic interviewing and counseling skills and self-awareness that promotes appropriate counselor-client relationships. A grade of "B" or higher must be earned in COUN 501, 510, 528, and 516 for admission to candidacy status (or its equivalent for those seeking school counselor certification only), which is required before practicum (COUN 551).

Student Learning Outcomes 2016 CACREP Standards Addressed in COUN 501

Masters Standard	Learning Activity	Assignment	Benchmark
2.F.1.a history and philosophy of the counseling profession and its specialty areas	• Reading: Gladding (2018) Ch. 1, App A	Literature circles	≥80% of average rubric scores will either meet (2) or exceed (3) expectation
2.F.1.b. the multiple professional roles and functions of counselors across specialty areas, and their relationships with human service and integrated behavioral health care systems, including interagency and interorganizational collaboration and consultation	• Reading: Gladding (2018) Ch. 13-18	Interview	≥80% of average rubric scores will either meet (2) or exceed (3) expectation
2.F.1.c. counselors' roles and responsibilities as members of interdisciplinary community outreach and emergency management response teams	 Reading: Gladding (2018) Ch. 13-18 In-class discussion/ debate 	Interview	≥80% of average rubric scores will either meet (2) or exceed (3) expectation

2.F.1.d. the role and process of the professional counselor advocating on behalf of the process	• Reading: Gladding (2018) Ch. 2-3	Literature Circles	≥80% of average rubric scores will either meet (2) or exceed (3) expectation
2.F.1.e. advocacy processes needed to address institutional and social barriers that impede access, equity, and success for clients	 Reading: Gladding (2018) Ch. 2-3 In-class Discussion/ Debate 	Literature circles	≥80% of average rubric scores will either meet (2) or exceed (3) expectation
2.F.1.f. professional counseling organizations, including membership benefits, activities, services to members, and current issues	• Reading: Gladding (2018) Ch. 1, App A • In-class Discussion/	Organization Websites	≥80% of average rubric scores will either meet (2) or exceed (3) expectation
2.F.1.g. professional counseling credentialing, including certification, licensure, and accreditation practices and standards, and the effects of public policy on these issues	 Reading: Gladding (2018) Ch. 1, App A Selected Readings: TCA public policy, ACA public policy 	Licensure/ Certificate Assignment	≥80% of average rubric scores will either meet (2) or exceed (3) expectation

2.F.1.h. current labor market information relevant to opportunities for practice within the counseling profession	• Reading: Gladding (2018) Ch. 1, App A • In-Class Discussion/	Labor Market Website	≥80% of average rubric scores will either meet (2) or exceed (3) expectation
2.F.1.i. ethical standards of professional counseling organizations and credentialing bodies, and applications of ethical and legal considerations in professional counseling	 Reading: Gladding (2018) Ch. 2 In-Class Discussion/ Debate 	APA Code of Ethics	≥80% of average rubric scores will either meet (2) or exceed (3) expectation
2.F.1.j. technology's impact on the counseling profession	• Reading: Gladding (2018) Ch. 2, App A		≥80% of average rubric scores will either meet (2) or exceed (3)
2.F.1.k. strategies for personal and professional self-evaluation and implications for practice	• Reading: Gladding (2018) Ch. 1	Interview	≥80% of average rubric scores will either meet (2) or exceed (3)
2.F.1.l. self-care strategies appropriate to the counselor role	• Reading: Gladding (2018) Ch. 1	Interview	≥80% of average rubric scores will either meet (2) or exceed (3)
2.F.1.m. the role of counseling supervision in the profession	 Reading: Gladding (2018) Ch. 10 ACA Code of Ethics 		≥80% of average rubric scores will either meet (2) or exceed (3) expectation
2.F.5.a. theories and models of counseling	• Reading: Gladding (2018) Ch. 7-8	Interview	≥80% of average rubric scores will either meet (2) or exceed (3)

2.F.5. c. theories, models, and strategies for understanding and practicing consultation	• Reading: Gladding (2018) Ch. 10	Interview	≥80% of average rubric scores will either meet (2) or exceed (3)
2.F.5.f. counselor characteristics and behaviors that influence the counseling process	• Reading: Gladding (2018) Ch. 1, 5-6	Interview	≥80% of average rubric scores will either meet (2) or exceed (3)

Content Areas include, but are not limited to, the following:

- 1. History of the counseling profession
- 2. Professional advocacy
- 3. Professional organizations
- 4. Counselor characteristics
- 5. Counseling settings
- 6. Counseling ethics
- 7. Legal issues in counseling
- 8. Tasks, skills, and knowledge related to counseling
- 9. Counseling specialties
- 10. Counseling-related occupations

TEXES COMPETENCIES

Competency 010 (Professionalism)

The school counselor understands and complies with ethical, legal, and professional standards relevant to the profession.

COURSE REQUIREMENTS

Minimal Technical Skills Needed

In this class, you will utilize the Learning Management System (LMS) entitled D2L for portions of instructional and learning methods, submitting assignments, participating in online discussions, and completing quizzes. You will also need to download the Zoom application to your personal computer or smart phone in order to access office hours and other virtual meetings. To complete assignments, you will need to utilize other technologies such as Microsoft Word, PowerPoint, etc. If you have issues with this system, it is your responsibility to contact the help desk immediately.

Instructional Methods

This course consists of lecture and didactic learning methods, small group discussions, and inclass assignments, coupled with experiential learning and practical application. When we are not meeting face-to-face, you will be expected to participate and complete all online tasks via D2L. In addition to this, small lecture, discussion, activities, and workshops may be utilized during this course.

Student Responsibilities and Tips for Success in the Course

As a student in this course, you are responsible for being active in your learning process. Expectations of this course include the following:

- 1. You are expected to display professionalism at all times. Be respectful of your professor and peers. Be open to feedback, as you will receive this throughout the program.
- 2. Prepare for classes. Complete any and all readings prior to class time.
- 3. Complete all assignments by the deadline.
- 4. Adhere to the university's Student Code of Conduct.
- 5. Participate. During face-to-face classes, you are expected to actively participate in all activities and discussion. In the online format, you are expected to participate in all online discussions/activities. This is crucial to your learning.
- 6. Writing style APA 7th edition (refer assignment guidelines)
- 7. Regularly check your university email. My suggestion is to check this at least once a day as your instructors and others from the department and University may contact you.
- 8. Begin your readings ASAP. Sometimes it may take more than one attempt to digest the material.
- 9. Deadlines are the last possible moment something is due—not the first moment to start. Work ahead. I realize this may not always be possible; however, when you can, do so.
- 10. Be open to the process. This degree takes time, work, effort, and growth.

COURSE ASSIGNMENTS/ASSESSMENTS

1. Attendance, Attitude and Participation (10 pts.)

Attendance, Attitude and Participation

Attendance and participation are required at each class.

Please notify the instructor in advance by email of any potential problems with attendance. If a student must miss class, it is the student's responsibility to contact a classmate to get all material and assignments covered during the absence.

Students are expected to come to class prepared to discuss the assigned reading material as outlined in the weekly schedule. Not actively engaging in class discussions will affect your participation score. Your classroom contribution should reflect knowledge of texts and other assigned reading/viewing materials.

Additionally, students are expected to display an attitude and demeanor that is consistent with being a professional counselor. Instructors will observe and assess interactions with peers and

faculty and will look for professional dispositions (respect, warmth, openness, empathy, humility, etc.) that are congruent with being a helping professional.

See Rubric below.

2. Counseling Licensure/Certification Outline (10 points). Please review: https://www.bhec.texas.gov/texas-state-board-of-examiners-of-professional-counselors/index.html

 $\underline{https://tea.texas.gov/texas-educators/certification/additional-certifications/student-services-certificates}$

 $\underline{https://tea.texas.gov/academics/learning-support-and-programs/school-guidance-and-counseling/school-counseling-faqs}$

Provide an outline/overview of licensure/credential requirements (depending on whether you wish to become an LPC or certified school counselor). If you are planning to move out of state, view that state's licensing board information. Include the following:

- Licensure/credential name (e.g., LPC)
- Educational requirements (including CACREP accreditation standards)
- Testing requirements
- Supervision requirements
- Application process
- Continuing education requirements (after full license is obtained)
- Any other requirements necessary to obtain that license/credential.
- 3. Counseling Forces Literature Circles (10 points). Students will be presented with readings for each of the five major forces of counseling and need to come prepared to discuss the readings in class. Students will be assigned particular roles for each literature circle (discussion director, literary luminary, connector, theory captain, artful adventurer, or vocabulary enricher). Students will be graded on their preparation for and participation during the discussions.

4. Interview with Counseling Professional (10 points)

Interview a mental health counselor or school counselor; example questions will be discussed in class. The focus of this assignment is to help get an understanding from a practicing professional. Note: time is important so keep your interview under 30 minutes. You can do this online or face to face.

• Write a three-page reflection paper reflecting on your interview, what you

learned from the interaction, what your overall emotions and thoughts from this activity are, and identifying questions that you still have.

- You will be given time in class to share your experiences with your peers.
- 5. **Exams 1 & 2 (60 points total/50 points each).** Two multiple-choice exams will be given (50 questions each). Students will demonstrate knowledge of content areas on midterm and final exams. The exams will be multiple choice and short essay/application type of questions over material in assigned readings and activity assignments in units.

RUBRICS

	1 – Does Not Meet Expectation *If total is 10 (0-7) *If total is 20 (0-15)	2 – Meets Expectation *If total is 10 (8) *If total is 20 (16-17)	3 – Exceeds Expectation *If total is 10 (9-10) *If total is 20 (18-20)
Counseling Licensure/ Certification Outline (10 points)	Provides some details necessary but is missing many criteria. Descriptions are unclear and may be incorrect. Student has a lack of understanding of information related to counseling licensure/ certification, continuing education, and supervision.	Provides most details necessary for each criterion with a few missing criteria. Descriptions lack some clarity but mostly there. Student has a basic understanding of information related to counseling licensure/ certification, continuing education, and	Provides all details necessary for each criterion. No missing criteria. Descriptions are clear and comprehensive. Student clearly understands information related to counseling licensure/ certification, continuing education, and supervision.
Literature Circles (10 points)	Provides some details necessary but is missing many criteria. Descriptions are unclear and may be incorrect. Student has a lack of understanding of information related to the article.	Provides most details necessary for each criterion with a few missing criteria. Descriptions lack some clarity but mostly there. Student has a basic understanding of information related to the article.	Provides all details necessary for each criterion listed. Descriptions are clear and comprehensive. Student clearly understands information related to the article.

Interview with Counseling Professional (10 points)	Did not address all of the following with adequate description: the purpose of your questions, what you learned from the interaction, what are your overall emotions and thoughts from this activity, and what are some questions you still have. Class participation inadequate.	Addressed the following with less description: the purpose of your questions, what you learned from the interaction, what are your overall emotions and thoughts from this activity, and what are some questions you still have. Class participation adequate.	Addressed the following with detail: the purpose of your questions, what you learned from the interaction, what are your overall emotions and thoughts from this activity, and what are some questions you still have. Minimum of two pages, excellent classroom participation.
--	---	--	---

Attendance and Participation Rubric

	Exemplary 93-100	Accomplished 90-92	Developing 83-89	Needs Improve. 80-82	Score
Preparation for class/class discussion/writing assignments	Regularly asks questions or makes observations that indicate reflection, knowledge or readings for class; turns in all writing assignments	Occasionally asks questions or makes observations that indicate reflections, some knowledge or readings for class; turns in all writing assignments	Rarely asks questions or makes comments that indicate familianty with the topics prepared for class; turns in all writing assignments	Does not ask questions or make comments that indicate familiarity with topics for class; turns in most writing assignments	
Small group participation	Participates actively and provides leadership in small groups in class	Participates actively in small groups in class	Does not actively participate in small groups in class	Does not participate in small groups in class	
Class absences	Attends class regularly (no missed classes)	Misses 1 class with prior arrangement	Misses no more than 2 classes w/o prior arrangement	Misses class often	

GRADING

Final grades in this course will be based on the following scale:

A = 90% - 100%

B = 80% - 89%

C = 70% - 79%

D = 60% - 69%

F = 59% or Below

Late assignments will have 15% deduction per day late from the final score.

TECHNOLOGY REQUIREMENTS

Browser support

D2L is committed to performing key application testing when new browser versions are released. New and updated functionality is also tested against the latest version of supported browsers.

However, due to the frequency of some browser releases, D2L cannot guarantee that each browser version will perform as expected. If you encounter any issues with any of

the browser versions listed in the tables below, contact D2L Support, who will determine the best course of action for resolution. Reported issues are prioritized by supported browsers and then maintenance browsers.

Supported browsers are the latest or most recent browser versions that are tested against new versions of D2L products. Customers can report problems and receive support for issues. For an optimal experience, D2L recommends using supported browsers with D2L products.

Maintenance browsers are older browser versions that are not tested extensively against new versions of D2L products. Customers can still report problems and receive support for critical issues; however, D2L does not guarantee all issues will be addressed. A

maintenance browser becomes officially unsupported after one year. Note the following:

- Ensure that your browser has JavaScript and Cookies enabled.
- For desktop systems, you must have Adobe Flash Player 10.1 or greater.
- The Brightspace Support features are now optimized for production environments when using the Google Chrome browser, Apple Safari browser, Microsoft Edge browser, Microsoft Internet Explorer browser, and Mozilla Firefox browsers.

Desktop Support

Browser	Supported Browser Version(s)	Maintenance Browser Version(s)
Microsoft® Edge	Latest	N/A
Microsoft® Internet Explorer®	N/A	11
Mozilla® Firefox®	Latest, ESR	N/A
Google® Chrome TM	Latest	N/A
Apple® Safari®	Latest	N/A

Tablet and Mobile Support

Devi ce	Operati ng Syste m	Browser	Supported Browser Version(s)
Android TM	Android 4.4+	Chrome	Latest
Apple	iOS®	Safari , Chro me	The current major version of iOS (the latest minor or point release of that major version) and the previous major version of iOS (the latest minor or point release of that major version). For example, as of June 7, 2017, D2Lsupports iOS 10.3.2 and iOS 9.3.5, but not iOS 10.2.1, 9.0.2, or any other version. Chrome: Latest version for the iOS browser.
Windows	Windows 10	Edge, Chrom e, Firefo x	Latest of all browsers, and Firefox ESR.

- You will need regular access to a computer with a broadband Internet connection. The minimum computer requirements are:
 - o 512 MB of RAM, 1 GB or more preferred
 - Broadband connection required courses are heavily video intensive
 - Video display capable of high-color 16-bit display 1024 x 768 or higher resolution
- For YouSeeU Sync Meeting sessions <u>8 Mbps</u> is required. Additional system requirements found here: https://support.youseeu.com/hc/en-us/articles/115007031107-Basic-System-Requirements
- You must have a:
 - Sound card, which is usually integrated into your desktop or laptop computer
 - Speakers or headphones.

- *For courses utilizing video-conferencing tools and/or an online proctoring solution, a webcam and microphone are required.
- Both versions of Java (32 bit and 64 bit) must be installed and up to date on your machine. At a minimum Java 7, update 51, is required to support the learning management system. The most current version of Java can be downloaded at: <u>JAVA</u> web site http://www.java.com/en/download/manual.jsp
- Current anti-virus software must be installed and kept up to date. Running the browser check will ensure your internet browser is supported.

Pop-ups are allowed. JavaScript is enabled. Cookies are enabled.

- You will need some additional free software (plug-ins) for enhanced web browsing. Ensure that you download the free versions of the following software:
 - Adobe Reader https://get.adobe.com/reader/
 - Adobe Flash Player (version 17 or later) https://get.adobe.com/flashplayer/
 - Adobe Shockwave Player https://get.adobe.com/shockwave/
 - Apple Quick Time http://www.apple.com/quicktime/download/
- At a minimum, you must have Microsoft Office 2013, 2010, 2007 or Open Office. Microsoft Office is the standard office productivity software utilized by faculty, students, and staff. Microsoft Word is the standard word processing software, Microsoft Excel is the standard spreadsheet software, and Microsoft PowerPoint is the standard presentation software. Copying and pasting, along with attaching/uploading documents for assignment submission, will also be required. If you do not have Microsoft Office, you can check with the bookstore to see if they have any student copies.

ACCESS AND NAVIGATION

You will need your campus-wide ID (CWID) and password to log into the course. If you do not know your CWID or have forgotten your password, contact the Center for IT Excellence (CITE) at 903.468.6000 or helpdesk@tamuc.edu.

Note: Personal computer and internet connection problems do not excuse the requirement to complete all course work in a timely and satisfactory manner. Each student needs to have a backup method to deal with these inevitable problems. These methods might include the availability of a backup PC at home or work, the temporary use of a computer at a friend's home, the local library, office service companies, Starbucks, a TAMUC campus open computer lab, etc.

Technical Support

If you are having technical difficulty with any part of Brightspace, please contact

Brightspace Technical Support at 1-877-325-7778 or click on the **Live Chat** or click on the words "click here" to submit an issue via email.

Technical Support

If you are having technical difficulty with any part of Brightspace, please contact Brightspace Technical Support at 1-877-325-7778 or click on the **Live Chat** or click on the words "click here" to submit an issue via email.

System Maintenance

Please note that on the 4th Sunday of each month there will be System Maintenance which means the system will not be available 12 pm-6 am CST.

COURSE AND UNIVERSITY PROCEDURES/POLICIES

Course Specific Procedures/Policies

Written assignments are due on the day noted in the syllabus. All papers are due at the beginning of the class period. Late papers will have 10% deduction per day late from the final score.

Syllabus Change Policy

The syllabus is a guide. Circumstances and events, such as student progress, may make it necessary for the instructor to modify the syllabus during the semester. Any changes made to the syllabus will be announced in advance.

University Specific Procedures Student Conduct

All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment. The Code of Student Conduct is described in detail in the Student Guidebook. http://www.tamuc.edu/Admissions/oneStopShop/undergraduateAdmissions/studentGuidebook.as px

Students should also consult the Rules of Netiquette for more information regarding how to interact with students in an online forum: Netiquette http://www.albion.com/netiquette/ corerules.html

TAMUC Attendance

For more information about the attendance policy please visit the <u>Attendance</u> webpage and <u>Procedure 13.99.99.R0.01</u>. http://www.tamuc.edu/admissions/registrar/generalInformation/attendance.aspx

http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13stude nts/academic/13.99.99.R0.01.pdf

Academic Integrity

Students at Texas A&M University-Commerce are expected to maintain high standards of integrity and honesty in all of their scholastic work. For more details and the definition of academic dishonesty see the following procedures:

Undergraduate Academic Dishonesty 13.99.99.R0.03

http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13stude nts/undergraduates/13.99.99.R0.03UndergraduateAcademicDishonesty.pdf

Graduate Student Academic Dishonesty 13.99.99.R0.10

http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13stude nts/graduate/13.99.99.R0.10GraduateStudentAcademicDishonesty.pdf

ADA Statement

Students with Disabilities

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:

Office of Student Disability Resources and Services

Texas A&M University-Commerce Gee Library- Room 162

Phone (903) 886-5150 or (903) 886-5835

Fax (903) 468-8148

Email: <u>studentdisabilityservices@tamuc.edu</u>

Website: Office of Student Disability Resources and Services http://www.tamuc.edu/campusLife/campusServices/studentDisabilityResourcesAndServices/

Nondiscrimination Notice

Texas A&M University-Commerce will comply in the classroom, and in online courses, with all federal and state laws prohibiting discrimination and related retaliation on the basis of race, color, religion, sex, national origin, disability, age, genetic information or veteran status. Further, an environment free from discrimination on the basis of sexual orientation, gender identity, or gender expression will be maintained.

Campus Concealed Carry Statement

Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in Texas A&M University-Commerce buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and A&M-Commerce Rule 34.06.02.R1, license holders may not carry a concealed handgun in restricted

locations.

For a list of locations, please refer to the <u>Carrying Concealed Handguns On Campus</u> document and/or consult your event organizer.

 $Web~url:~\underline{http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/34Safet~yOfEmployeesAndStudents/34.06.02.R1.pdf$

Pursuant to PC 46.035, the open carrying of handguns is prohibited on all A&M-Commerce campuses. Report violations to the University Police Department at 903-886-5868 or 9-1-1. I

COURSE OUTLINE / CALENDAR

Date	Topic	Assignment Due Date
Week 1: 8/31	Course Overview/ Syllabus Introduction Ch. 1 Personal and Professional aspects of Counseling	
Week 2: 9/7	Ch. 2 Ethics, Advocacy, and social justice Credentialing &Professional organizations	Literature Circle 1
Week 3: 9/14	Ch. 3 Counseling in a Multicultural Ch. 4 Counseling in a Diverse Society	
Week 4: 9/21	Ch. 5 Building Counseling Relationships Ch. 6 Working in and Closing a Counseling Relationship	Counselor Licensure/ Certification Outline
Week 5: 9/28	Ch. 7 Counseling Theories Part 1	Literature Circle 2
Week 6: 10/5	Ch. 8 Counseling Theories Part 2	
Week 7: 10/12	Midterm Exam	
Week 8: 10/19	Ch. 9 Groups in Counseling	Literature Circle 3
Week 9: 10/26	Ch. 10 Consultation and Supervision Interview Discussion	Interview with Counseling Professional

Week 10: 11/2	Ch. 11 Evaluation and Research Ch. 12 Testing, Assessment, and Diagnosis	
Week 11: 11/9	Ch. 13 Career Counseling Ch. 16 College Counseling and Student Life Services	Literature Circle 4
Week 12: 11/16	Ch. 14 Couple and Family Therapy Ch. 15 Professional School Counselor	
Week 13: 11/23	Ch. 17 Abuse, Addictions, Disability and Counseling	
Week 14: 11/30	Ch. 18 Clinical Mental Health and Private Practice	Literature Circle 5
Week 15: 12/7	Material not covered	
Week 16: 12/14	Final Exam	

The schedule/syllabus is subject to change.