

**COUN 552: INTERNSHIP Course Syllabus: FALL 2022** 

### INSTRUCTOR INFORMATION

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Preferred Form of Communication: Email

Communication Response Time: 24 - 48 hours, Monday - Friday

# COURSE INFORMATION Materials – Textbooks, Readings, Supplementary Readings

### **Required Textbook**

McLain, C.M., & Lewis, J. P. (2018). Professional behaviors and dispositions. Counseling competencies and lifelong growth. Routledge Taylor & Francis Group. [eBook ISBN: 9781315108919]

McHenry, B., & McHenry, J. (2015). What therapists say and why they say it. Effective therapeutic responses and techniques. (2nd ed.). Routledge Taylor & Francis Group.

Sperry, L., & Sperry, J. (2020). Case conceptualization. Master this competency with ease and confidence. Routledge Taylor & Francis Group.

### **Required Supplemental Readings**

American Counseling Association. (2014). ACA Codes of Ethics. Author. <a href="https://www.counseling.org/not-found?aspxerrorpath=/docs/default-source/default-document-library/2014-code-of-ethics%20finaladdress.pdf">https://www.counseling.org/not-found?aspxerrorpath=/docs/default-source/default-document-library/2014-code-of-ethics%20finaladdress.pdf</a>

Practicum and Internship Handbook

http://www.tamuc.edu/academics/colleges/educationHumanServices/counseling/Forms.aspx

Handbook for Master's Counseling Program

http://www.tamuc.edu/academics/colleges/educationHumanServices/counseling/Forms.aspx

On-site placement policies and procedures

\*\*Other readings as assigned

#### **Recommended Textbook:**

Students are not required to purchase the following but are encouraged to read them:

Seligman, L. (2004). Technical and conceptual skills for mental health professionals. Pearson Merrill Prentice Hall.

Counseling Today – a monthly magazine published by the American Counseling Association (free with membership)

Journal of Counseling and Development (free with ACA membership)

The Family Journal: Counseling and Therapy for Couples and Families – (free with membership in IAMFC, a division of ACA)

The following journal articles (from your COUN 501 course):

- Leibert, T. W. (2011). The dimension of common factors in counseling. International Journal for the Advancement of Counseling, 33, 127-138.
- Kim, B. S. K., Ng, G. F., & Shn, A. J. (2009). Client adherence to Asian cultural values, common factors in counseling, and session outcome with Asian American clients at a University Counseling Center. Journal of Counseling & Development, 87(2), 131-142. https://doi.org/10.1002/j.1556-6678.2009.tb00560.x
- Clark, A. J. (2011). Empathy: An integral model in the counseling process. Journal of Counseling & Development, 88(3), 348-356. https://doi.org/10.1002/j.15556-6678.2010.tb00032.x
- Tang, M., Addison, K. D., LaSure-Bryant, D., Norman, R., O'Connell, W., Stewart-Sicking, J. A. (2004). Factors that influence self-efficacy of counseling students: An exploratory study. Counselor Education and Supervision, 44(1), 70-80. https://doi.org/10.1002/j.1556-6978.2004.tb01861.x
- Levitt, D. H., & Jacques, J. D., (2005). Promoting tolerance for ambiguity in counselor training programs. The Journal of Humanistic Counseling, Education and Development, 44(1), 46-54. https://doi.org/10.1002/j.2164-490X.2005.tb00055.x
- Fulton, C. L. (2016). Mindfulness, self-compassion, and counselor characteristics and session variables. Journal of Mental Health Counseling. 38(4), 360-374. https://doi.org/10.17744/mehc.38.4.06

- Granello, D. H. (2011). Cognitive complexity among practicing counselors: How thinking changes with experience. Journal of Counseling & Development, 88(1), 92-100. https://doi.or/10.1002/j.1556-6678.2010.tb00155.x
- Skovholt, T. M., & Trotter-Mathison, M. (2011). The resilient Practitioner: Burnout prevention and self-care strategies for counselors, therapists, and health professionals. (2nd ed.) Routledge Taylor & Francis Group.
- Richards, K., Campenni, C., & Muse-Burke, J. (2010). Self-care and well-being in mental health professionals: The mediating effects of self-awareness and mindfulness. Journal of Mental Health Counseling, 32(3), 247-264. https://doi.org/10.17744/mehc.32.3.0n31v88304423806

### **Course Description**

552. *Internship*. Three semester hours.

Primary interest is on integration of process, conceptual, professional, and personal skills. Provides extensive supervised experience in a setting closely aligned with student's chosen program. Course is repeated for two, three-credit hour courses, each requiring approximately 20 weekly hours (300 total in each) of field experience, to meet master's requirement of six hours of internship.

<u>Prerequisites</u>: Application form returned to department several months before actual enrollment in this course (check department for availability and due dates); grade of "B" or better in COUN 516, grade of "B" or better in COUN 548, and grade of "S" in COUN 551. Students must receive a grade of "S" in first semester of 552 to progress to second semester of 552, and a "S" in second semester of COUN 552 to graduate

#### **General Course Information**

Internship provides extensive supervised on-the-job experience in a community counseling, school counseling, or student affairs setting closely aligned with the student's professional career goals.

### **Student Learning Outcomes**

### 2016 CACREP Standards Addressed in COUN 552

Core Standard	Learning	Assignment	Assignment Rubric	Benchmark
	Activities			
2.F.1.j.	Lecture	Discussion &	Class participation	≥ 80% of average rubric
technology's	Readings (ACA	Guided Practice	rubric	scores with either meet (2)
impact on the	Code of Ethics,			or exceed (3) expectation
counseling	2014; McLain &	Taping &	Taping & Session	≥ 80% of average rubric
profession	Lewis, 2018;	Session	Analysis Rubric	scores with either meet (2)
	McHenry &	Analysis	Reflection Paper	or exceed (3) expectation
	McHenry, 2015;		Rubric	≥80% of average rubric
	Sperry & Sperry,			scores with either meet (2)
	2020)			or
				exceed (3) expectation

_	T	T	<u> </u>	
		Discussion	Class participation	≥ 80% of average rubric
strategies for	Readings (ACA		rubric	scores with either meet (2)
personal and	Code of Ethics,	Taping &		or exceed (3) expectation
professional	2014; McLain &	Session	Taping & Session	≥ 80% of average rubric
self-	Lewis, 2018;	Analysis	Analysis Rubric	scores with either meet (2)
evaluation and	McHenry &	, and the second		or exceed (3) expectation
	McHenry, 2015;	Reflection Paper	Reflection Paper	≥80% of average rubric
	Sperry & Sperry,	1	Rubric	scores with either meet (2)
	2020)			or
				exceed (3) expectation
2.F.1.l. self-	Lecture	Discussion	Class participation	≥ 80% of average rubric
care strategies		21000001011	rubric	scores with either meet (2)
_	<u> </u>	Taping &	140110	or exceed (3) expectation
	`	Session	Taping & Session	≥ 80% of average rubric
	, ,	Analysis	Analysis Rubric	scores with either meet (2)
	Lewis, 2018;	Allarysis	Analysis Rublic	or exceed (3) expectation
		Reflection	Reflection Paper	≥ 80% of average rubric
	McHenry, 2015;		Rubric	scores with either meet (2)
		rapei	Kuone	
	Sperry & Sperry,			or
2 E 5 d -41sis al	2020)	Diamaian	Class mantiainatian	exceed (3) expectation
2.F.5.d. ethical		Discussion	Class participation	≥ 80% of average rubric
	Readings (ACA	T	rubric	scores with either meet (2)
	-	Taping &	T	or exceed (3) expectation
	2014; McLain &		Taping & Session	≥ 80% of average rubric
		Analysis	Analysis Rubric	scores with either meet (2)
	McHenry &	D 01 .: D		or exceed (3) expectation
	McHenry, 2015;	Reflection Paper		≥ 80% of average rubric
•	Sperry & Sperry,		Rubric	scores with either meet (2) or
0.5	2020)			exceed (3) expectation
assisted				
relationships				
			Class participation	≥ 80% of average rubric
	Readings (ACA		rubric	scores with either meet (2) or
		Taping &		exceed (3) expectation
the counseling	2014; McLain &	Session Analysis	Taping & Session	≥ 80% of average rubric
process	Lewis, 2018;		Analysis Rubric	scores with either meet (2) or
	McHenry &	Reflection Paper		exceed (3) expectation
	McHenry, 2015;		Reflection Paper	≥ 80% of average rubric
	Sperry & Sperry,		Rubric	scores with either meet (2) or
	2020)			exceed (3) expectation
5.C.3.a. intake	Lecture	Discussion	Class participation	≥ 80% of average rubric
	Readings (ACA		rubric	scores with either meet (2) or
mental status	• •	Taping &		exceed (3) expectation
	,		Taping & Session	≥ 80% of average rubric
biopsychosocial			Analysis Rubric	scores with either meet (2) or
history, mental		Reflection Paper		exceed (3) expectation
• .	McHenry, 2015;	•	Reflection Paper	≥ 80% of average rubric
and	Sperry & Sperry,		Rubric	scores with either meet (2) or
	2020)			exceed (3) expectation
assessment for				(5) expectation
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				exceed (3) expectation
5.G.3.f. techniques of personal/soci al counseling in school settings	Lecture Readings (ACA Code of Ethics, 2014; McLain & Lewis, 2018; McHenry & McHenry, 2015; Sperry & Sperry, 2020)	Discussion Taping & Session Analysis Reflection Paper	Class participation rubric Taping & Session Analysis Rubric Reflection Paper Rubric	≥ 80% of average rubric scores with either meet (2) or exceed (3) expectation ≥ 80% of average rubric scores with either meet (2) or exceed (3) expectation ≥ 80% of average rubric scores with either meet (2) or exceed (3) expectation
5.G.3.g. strategies to facilitate school and postsecondar y transitions	Lecture Readings (ACA Code of Ethics, 2014; McLain & Lewis, 2018; McHenry & McHenry, 2015; Sperry & Sperry, 2020)	Discussion Taping & Session Analysis Reflection Paper	Class participation rubric Taping & Session Analysis Rubric Reflection Paper Rubric	≥ 80% of average rubric scores with either meet (2) or exceed (3) expectation ≥ 80% of average rubric scores with either meet (2) or exceed (3) expectation ≥ 80% of average rubric scores with either meet (2) or exceed (3) expectation
5.G.3.h. skills to critically examine the connections between social, familial, emotional, and behavior problems and academic achievement	Lecture Readings (ACA Code of Ethics, 2014; McLain & Lewis, 2018; McHenry & McHenry 2015; Sperry & Sperry, 2020)	Discussion Taping & Session Analysis Reflection Paper	Class participation rubric Taping & Session Analysis Rubric Reflection Paper Rubric	≥ 80% of average rubric scores with either meet (2) or exceed (3) expectation ≥ 80% of average rubric scores with either meet (2) or exceed (3) expectation ≥ 80% of average rubric scores with either meet (2) or exceed (3) expectation

5.G.3.j. interventions to promote college and career readiness	Lecture Readings (ACA Code of Ethics, 2014; McLain & Lewis, 2018; McHenry & McHenry, 2015;	Discussion Taping & Session Analysis Reflection Paper	Class participation rubric Taping & Session Analysis Rubric Reflection Paper Rubric	≥ 80% of average rubric scores with either meet (2) or exceed (3) expectation ≥ 80% of average rubric scores with
	Sperry & Sperry, 2020)			either meet (2) or exceed (3) expectation 3. ≥ 80% of average rubric scores with either meet (2) or exceed (3) expectation
5.G.3.l. techniques to foster collaboration and teamwork within schools	Lecture Readings (ACA Code of Ethics, 2014; McLain & Lewis, 2018; McHenry & McHenry2015 ;Sperry & Sperry, 2020)	Discussion Taping & Session Analysis Reflection Paper	Class participation rubric Taping & Session Analysis Rubric Reflection Paper Rubric	1.≥ 80% of average rubric scores with either meet (2) or exceed (3) expectation 2.≥ 80% of average rubric scores with either meet (2) or exceed (3) expectation 3.≥ 80% of average rubric scores with either meet (2) or exceed (3) expectation
5.G.3.m. strategies for implementing and coordinating peer intervention programs	•Lecture •Readings (ACA Code of Ethics, 2014; McLain & Lewis, 2018; McHenry & McHenry 2015; Sperry & Sperry, 2020)	Discussion Taping & Session Analysis Reflection Paper	Class participation rubric Taping & Session Analysis Rubric Reflection Paper Rubric	1.≥ 80% of average rubric scores with either meet (2) or exceed (3) expectation 2.≥ 80% of average rubric scores with either meet (2) or exceed (3) expectation 3.≥ 80% of average rubric scores with either meet (2) or exceed (3) expectation

# Content Areas include, but are not limited to, the following:

- 1. Requirements for Internship
- 2. Professional Conduct During Internship
- 3. Receiving and Using Supervision
- 4. Crisis Intervention: Procedural Guidelines
- 5. Legal and Ethical Issues

- 6. Applying Desirable Direct Services at Field Sites (see Desirable Experiences list)
- 7. Applying Desirable Indirect Services at Field Sites (see Desirable Experiences list)
- 8. Using Appropriate Professional Resources at Field Site (see Desirable Experiences list)

#### TEXES COMPETENCIES

### **Competency 001 (Human Development)**

The school counselor understands processes of human development and applies this knowledge to provide a developmental guidance program, including counseling services, that meets the needs of all students.

## **Competency 002 (Student Diversity)**

The school counselor understands human diversity and applies this knowledge to ensure that the developmental guidance and counseling program is responsive to all students.

### **Competency 003 (Factors Affecting Students)**

The school counselor understands factors that may affect students' development and school achievement and applies this knowledge to promote students' ability to achieve their potential.

### **Competency 006 (Counseling)**

The school counselor understands how to provide effective counseling services to individuals and small groups.

### **Competency 007 (Assessment)**

The school counselor understands principles of assessment and is able to use assessment results to identify students' strengths and needs, monitor progress, and engage in planning to promote school success.

### **Competency 008 (Collaboration with Families)**

The school counselor knows how to communicate effectively with families and establish collaborative relationships that enhance work with students.

### Competency 009 (Collaboration with Others in the School and Community)

The school counselor understands how to work collaboratively with other professionals and with community members to promote positive change and to facilitate student learning.

### **Competency 010 (Professionalism)**

The school counselor understands and complies with ethical, legal, and professional standards relevant to the profession.

### **COURSE REQUIREMENTS**

#### **Minimal Technical Skills Needed**

In this class, you will utilize the Learning Management System (LMS) entitled D2L for portions of instructional and learning methods, submitting assignments, participating in online discussions, and completing quizzes. You will also need to download the Zoom application to

your personal computer or smart phone in order to access office hours and other virtual meetings. To complete assignments, you will need to utilize other technologies such as Microsoft Word, PowerPoint, etc. If you have issues with this system, it is your responsibility to contact the help desk immediately.

#### **Instructional Methods**

This course consists of lecture and didactic learning methods, small group discussions, and inclass assignments, coupled with experiential learning and practical application. Supervised application at approved field sites is integral to this course. When we are not meeting face-to-face, you will be expected to participate and complete all online tasks via D2L. In addition to this, small lecture, discussion, activities, and workshops may be utilized during this course.

### **Confidentiality and Ethics**

In this course, as in all clinical experiences, the importance of adhering to ethical practice is **paramount**, and confidentiality is one component of ethical practice to which you must adhere. It is your duty to maintain the confidentiality of the clients discussed in this course (yours *and* your classmates) as well as any personal information shared about class members. Confidentiality cannot be guaranteed in any situation, but we are collectively accountable to maintain a safe, trusting environment throughout the course, including during clinical supervision, experiential activities, and in-class conversations. The disclosure of personal information to anyone outside this class would be considered unethical and you *will* face consequences for disclosing to non-class members. Please explore any concerns you have about confidentiality during class time, after class, or via private communication with the instructor.

When students demonstrate personal limitations that might impede future performance, or consciously violate ethical standards, and are ineffective and harmful to clients, **then these students will not receive the instructor's endorsement to continue with the program** (ACA Ethical Standards).

### **CSCE Statement**

The Counseling Program is obligated by professional ethics (see ACA Code of Ethics, 2014) and University procedure to assess students as to their potential for meeting the expectations of the professional counseling field. The competencies outlined in this document (CSCE) are specific to professional counseling and are in addition to academic requirements. The Department of Counseling may suspend from the Counseling program any students judged incapable of meeting these expectations. Procedures regarding potential dismissal are outlined in the Program's *Retention/Dismissal Procedure*.

The CSCE may be used by any faculty member with any student enrolled in a Counseling course to provide that student with feedback regarding their potential for meeting the expectations of the professional counseling field and the Department. Completion of a CSCE is required in the following courses: COUN 516, COUN 548, COUN 551, COUN 552, COUN 620, and COUN 660. Each use of the CSCE must be placed in the student's Department file along with any

### remediation plan developed by the faculty in conference with the student.

### Student Responsibilities and Tips for Success in the Course

As a student in this course, you are responsible for being active in your learning process. Expectations of this course include the following:

- 1. You are expected to display professionalism at all times. Be respectful of your professor and peers. Be open to feedback, as you will receive this throughout the program.
- 2. Prepare for classes. Complete any and all readings prior to class time.
- 3. Complete all assignments by the deadline.
- 4. Adhere to the university's Student Code of Conduct.
- 5. Participate. During face-to-face classes, you are expected to actively participate in all activities and discussion. In the online format, you are expected to participate in all online discussions/activities. This is crucial to your learning.
- 6. All writing assignments must be done according to APA 7<sup>th</sup> edition.
- 7. Regularly check your University email. My suggestion is to check this at least once a day as your instructors and others from the department and University may contact you.
- 8. Begin your readings ASAP. Sometimes it may take more than one attempt to digest the material.
- 9. Deadlines are the last possible moment something is due—not the first moment to start. Work ahead. I realize this may not always be possible; however, when you can, do so.
- 10. Be open to the process. This degree takes time, work, effort, and growth.

# INTERNSHIP CLINICAL HOUR REQUIREMENTS

- 1. A minimum total of 600 (for both Internship I and II) clock-hour total for supervised experience must include a minimum of 240 (120 for Internship I and 120 for Internship II) hours of direct service work with clientele appropriate to the community, school, or student affairs program emphasis area.
- 2. On-campus class meetings will be arranged by the instructor of record to meet the instructional needs of the section to which the student is assigned. A schedule of these meeting times will be published by the instructor of record. Individual supervision sessions will occur at the discretion of the instructor of record.
- 3. Weekly interaction with an average of one hour per week of individual and/or triadic supervision, throughout the internship (usually performed by the on-site supervisor)
- 4. An average of 1.5 hours per week of group supervision provided on a regular schedule throughout the internship, usually performed by a program faculty member; a total of 24 hours of group supervision will be completed before the end of the semester.
- 5. The student will negotiate a Field Experience Contract with the on-site supervisor. This

contract constitutes an agreement between the student, field supervisor and instructor of record and specifies the student's activities, hours, and supervision arrangements.

- 6. The student will submit a Weekly Activity Log to the instructor that will document a cumulative record of hours including:
  - 1. direct on-site contact hours
  - 2. on-site individual supervision
  - 3. on-site group supervision with other interns
  - 4. on-campus group supervision
  - 5. indirect hours on site (excluding supervision)

The activity log will also include brief descriptions of the student's on-site activities and reactions.

- 7. The student will submit taped counseling sessions for use in supervision which demonstrate the student's interaction with clientele appropriate to the student's field setting. The number and specific requirements for these tapes will be published by the instructor of record.
- 8. The student is expected to perform activities that a regularly-employed staff member in the setting would be expected to perform. A **regularly employed staff member** is defined as a person occupying the professional role to which the student is aspiring.
- 9. The student will complete an evaluation of field site experiences during the last week of the semester. These evaluations will be filed with the department's Coordinator for Field Placement.
- 10. The student will maintain professional liability insurance throughout internship.

  Helpful Tip: ACA Student Memberships come with free liability insurance for counseling students through HPSO.

### COUSE ASSIGNMENTS/ASSESSMENTS

### 1. Class Participation & Attendance (30 points)

Due to the nature of this class, attendance and participation are essential. Participation is credited to all activities related to this course. Please be aware that being consistently late to class can also constitute as an absence, particularly when a pattern of lateness emerges without justification. Students will demonstrate knowledge and understanding of key concepts through class discussions and in-class activities. Regular attendance, arriving to class on time, and reading the materials before class are expected. You are encouraged to actively participate in and out of class. Do not expect/rely on class lecture for your learning. This class requires you to be an active and critical thinker, to share your thoughts respectfully, to engage with the material honestly and openly, and to participate in role-playing and skills practice both inside and outside of class. This course is the foundational course for facilitating your counseling skills; thus, attending, participating, and experiential learning within and outside of the classroom are crucial. You will have many opportunities to contribute to the total learning experience through attendance, discussion, and assigned activities.

The following criteria will be used to determine participation & attendance points:

# **Class Participation Rubric**

3 - Exceeds

Expectations (27-30 points)

Proactive participation: leading, originating, informing, challenging contributions that reflect in-depth study, thought, and analysis of the topic under consideration. This does not mean dominating discussion or self-disclosure inappropriate to the circumstances. No more than one absence/no evident pattern of lateness with the completion of course hours requirement.

2 - Meets

Expectations (24 –26 points)

Reactive participation: supportive, follow-up contributions that are relevant and of value, but rely on the leadership and study of others, or reflect opinion/personal self-disclosure rather than study, contemplation, synthesis, and evaluation. Two or less absences/no evident pattern of lateness, with the completion of course hours requirement. Student attended another department equivalent class to meet supervision requirement due to excused absence.

1 – Does Not Meet

Expectations (0-25 points)

Passive participation: present, awake, alert, attentive, but not actively involved or invested; Or Uninvolved: absent, present but not attentive, sleeping, texting/surfing, irrelevant contributions. More than two absences/pattern of lateness evident.

# **Taping & Session Analysis**

2. Taping & Session Analysis (3 Tapes & 3 analyses; 240 points total; 80 points each). Each student is required to meet weekly with clients at their field site to practice their counseling skills (see Appendix B) and record video sessions. From these weekly sessions, students are to bring three (3) video recorded counseling sessions (minimum 30 minutes in length), as counselor to class. Along with each of the three (3) recorded sessions as counselor you are to complete a session analysis using Appendix A as a guide. Content of the session analysis must correspond to the recorded video tape played in class. Please turn the session analysis the day you are signed up to show the session in class.

Counseling skills of process, conceptualization, personalization, and professionalism are the focus of practicum and should be evidenced in your role-play tapes and session analyses. See Appendix B for more detail in regard to counseling skills

The assignment must adhere to the APA 7th edition standards, utilize headings provided in the outline (see Appendix A), be a minimum of three (3) pages—with a maximum of five (5) pages in length (double-spaced, excluding title page), and include a title page. See Rubric [Taping Role-Play & Session Analysis Rubric] below for grading details.

# **Taping Role Play & Session Analysis Rubric**

	1 – Does Not Meet Expectation (0-7.9 points)	2 – Meets Expectation (8-8.9 points)	3 – Exceeds Expectation (9-10 points)
Process Skills (10 points)	Process skills were not evidenced in session or were severely inconsistent throughout session; intern does not possess developmentally appropriate skills.	Process skills were evidence in session and utilized with fair consistency; intern possess developmentally appropriate skills.	Process skills were evident in session and were employed at an above-average rate. Student is advanced in developmentally appropriate skills.
Conceptualization Skills (10 points)	Conceptualization skills were not evidenced in session or were severely inconsistent throughout session; intern does not possess	Conceptualization skills were evidenced in session and utilized with fair consistency; intern possesses developmentally appropriate skills. Ethical standards were	Conceptualization skills were evident in session and were employed at an above-average rate. Student is advanced in developmentally appropriate skills. Ethical standards were
	developmentally appropriate skills. Ethical standards were not adhered to or address effectively; student does not meet the standards of graduate level work.	adhered to loosely addressed; student meets the standards of graduate level work.	adhered to and/or addressed effectively. Student meets the standards of graduate level work.

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Personalization Skills (10 points)	Personalization skills were not evidenced in session or were severely inconsistent throughout session; intern does not possess developmentally appropriate skills. Ethical standards were not adhered to or address effectively; student does not meet the standards of graduate level work.	Personalization skills were evidenced in session and utilized with fair consistency; intern possesses developmentally appropriate skills. Ethical standards were adhered to loosely addressed; student meets the standards of graduate level work.	Personalization skills were evident in session and were employed at an above-average rate. Student is advanced in developmentally appropriate skills. Ethical standards were adhered to and/or addressed effectively. Student meets the standards of graduate level work.
Professionalism Skills (10 points)	session or were severely inconsistent throughout session; intern does not possess developmentally appropriate skills. Ethical standards	Professionalism skills were evidenced in session and utilized with fair consistency; intern possesses developmentally appropriate skills. Ethical standards were adhered to loosely addressed; student meets the standards of graduate level work.	Professionalism skills were evident in session and were employed at an above-average rate. Student is advanced in developmentally appropriate skills. Ethical standards were adhered to and/or addressed effectively. Student meets the standards of graduate level work.

Counseling Content (demographics, presenting problem, area(s) of concern, summary of	A summary of what occurred in session was absent or more than halfway incomplete; client and counselor goals were not addressed. Major factors from Appendix A are missing. Demographics, presenting problem(s), or area(s) of concern were not addressed. Does not meet the standards of graduate level work.	A summary of the session as well as counselor and client goals were evident, but may have excluded one or two key considerations from Appendix A. Demographics, presenting problem(s), or area(s) of concern were addressed. Meets the standards of graduate level work.	A thorough yet concise summary of the session as well as counselor/client goals were evident. Every component from Appendix A was thoroughly addressed, including demographics, presenting problem(s), and area(s) of concern. Meets or exceeds standards of graduate level coursework.
Interventions/Techniques (10 points)	Interventions or techniques utilized were not described, were inaccurately labeled, or only tangentially mentioned; no rationale for skills used was provided; does not meet the standards of graduate level work.	Interventions/techniques were described and accurate but may be missing one or two key points; rationale for skill usage was described; meets standards of graduate level coursework.	Interventions/techniques were described and accurate with no missing detail. Rationale for skill usage was provided; meets or exceeds the standards for graduate level work.
Relevant areas identified in Appendix A (Session Analysis) were missing or severely under-addressed; does not meet the standards of graduate level		A (Session Analysis) were sufficiently addressed, but excluded one or two key	All relevant areas identified in Appendix A (Session Analysis) were thoroughly addressed; meets or exceeds standards of graduate level work.
(10 points)	Information provided appears disorganized/ disjointed; incomplete sentences were evident; writing was not professional, nor did it align with APA	Information provided appears organized; few incomplete sentences were evident; writing was professional and fairly aligned with APA 7th edition standards; writing	Information provided appears well organized; no incomplete sentences were evident; writing was professional and aligned with APA 7th edition standards; writing quality of

7 <sup>th</sup> edition standards; writing quality of proposal was inappropriate for graduate level work.	1 4 4	proposal was appropriate for graduate level work
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**3. Reflection Papers (60 points total):** Students are required to write a 5-8 page summary of your experiences working with their clients (can focus on one client throughout the semester or several). Describing your theory of choice, how you implemented it in your sessions, how effective you were in using it, and how it affected your client(s). Also, you will provide self-reflection on the semester regarding your usage of counseling skills, effectiveness of developing and therapeutic relationship, and overall self-reflection of your abilities and experiences as a counselor this semester. Limit your paper to 8 pages typed, double spaced, twelve-point font and adhere to APA 7th edition standards and provide cover page. Rubric Below. See Appendix C outline.

### **Reflection Papers Rubric**

	1 – Does Not Meet Expectations (0-11.9)	2 – Meets Expectations (12-13.4)	3 – Exceeds Expectations (13.5 - 15 points)
Course reflection/ Self-awareness (15 points)	Course Reflection does not align or only tangentially aligns addresses self- awareness including personal strengths and weaknesses. Paper does not meet standards of graduate level coursework (0 – 11.9 points)	Course reflection mostly aligns addresses self- awareness including personal strengths and weaknesses; but excludes one or two key considerations; paper meets standards of graduate level coursework	Course reflection completely aligns addresses self- awareness including personal strengths and weaknesses; paper meets standards of graduate level coursework
Course reflection/ Relationship building and counselor characteristics (15 points)	Course Reflection does not align or only tangentially aligns addresses relationship	Course reflection mostly aligns addresses relationship building and counselor characteristics; but excludes one or two key considerations; paper meets standards	Course reflection completely aligns addresses Relationship building and counselor characteristics; paper meets standards of graduate level coursework

Course reflection/ Experience being the Client (15 points)	building and counselor characteristics. Paper does not meet standards of graduate level coursework (0 – 11.9 points)  Course Reflection does not align or only tangentially aligns addresses	Course reflection mostly aligns addresses self- awareness experience being the Client; but excludes one or two key considerations;	Course reflection completely aligns addresses self- awareness experience being the Client; paper meets standards of graduate level coursework
	experience being the Client. Paper does not meet standards of graduate level coursework (0 – 11.9 points)	paper meets standards of graduate level coursework	
APA Format (15 points)	Information provided appears disorganized/di sjointed; incomplete sentences were evident; writing was not professional,	Information provided appears organized; few incomplete sentences were evident; writing was professional and	Information provided appears well organized; no incomplete sentences were evident; writing was professional and
	nor did it align with APA 7 <sup>th</sup> edition standards; writing quality of proposal was inappropriate	fairly aligned with APA 7 <sup>th</sup> edition standards; writing quality of proposal was appropriate for graduate level work	aligned with APA 7 <sup>th</sup> edition standards; writing quality of proposal was appropriate for graduate level work

fo	or graduate	
16	evel work	
(0	– 11.9 points)	

# 4. Client hours requirement (Satisfactory or Unsatisfactory)

In addition to regular class meetings, the student will complete at least one hour per week, outside of class time, of individual or triadic supervision with a faculty member or assigned, supervised doctoral graduate assistant. The student is required to submit recordings of counseling sessions with clients from his or her field site for this supervision as well as in our class supervision.

Also, in addition to regular class meetings, the student will complete at least one hour per week, outside of class time, of individual or triadic supervision with their field site supervisor. The student is required to submit recordings of counseling sessions with clients from his or her field site for supervision as well as in our class supervision.

The student will complete 100 clock hours of supervised field practice. At least 40 of these hours will be direct service work with clientele appropriate to the student's field setting, including experience in individual and group work.

The student will maintain professional liability insurance throughout internship.

Students will negotiate a Field Experience Contract and an Emergency Contract with their on-site supervisors. This contract constitutes an agreement between the student, field supervisor and instructor of record and specifies the student's activities, hours, and supervision arrangements.

The student will keep a *Weekly Activity Log* that will document a cumulative record of hours including:

The student will complete an evaluation of field site experiences during the last week of the semester. These evaluations will be filed with the department's Coordinator for Field Placement.

See rubric. Appendix D first class meeting paper work requirement.

### **Clinical Hours Rubric**

	1 – Does Not Meet Expectation	2/3 – Meets or Exceeds Expectation
of Hours	Ethical, legal, and multicultural considerations or standards were not	100% of hour requirements were met. The counseling intern understand and complies with all relevant ethical, legal, and professional standards for clinical practice.

5. Theory of Change Paper (Satisfactory/Unsatisfactory; required for internship 2 students ONLY): The purpose of the Theory of Change Paper is to ensure that students are able to conceptualize their clientele from their own personal theoretical orientation, as well as conceptually demonstrate it in clinical practice. The paper must adhere to the APA The syllabus/schedule are subject to change.

7th edition guidelines, between 6-8 page in length, excluding title page and references, and include between 6-8 peer-reviewed sources. Non-peer-reviewed sources may be used, but will not count towards your 6-8 peer-reviewed sources. Be descriptive and utilize personal examples and the literature to ground your position. Below are general guidelines that may help you in constructing this paper (please refer to Master's Student Handbook for more detail):

- 1. Identify a theory-of-choice.
- 2. Thorough discussion of theory including, but not limited to, the following:
  - •Founder(s)/developer(s)/advancers (who has added to or modified the theory)
  - •Basic belief about human nature
  - •Nature of change
  - •Descriptions of specific techniques/interventions associated with theory
  - •Descriptions of other techniques/interventions from other theories that integrate well with techniques/interventions associated with theory
  - •Discussion of how core conditions/response dimensions can be integrated with theory
- 3. Application of theory in group settings, including how application might differ depending upon stage of group development.
- 4. Application of theory in working with individuals from diverse groups, including specific groups with which theory might not be particularly viable.
- 5. Description of investigation/research project in which effectiveness of particular technique/intervention associated with theory of choice.

**Theory of Change Paper Rubric** 

1 - Does Not Meet Expectations	2 - Meets Expectations	3 – Exceeds Expectations
Paper does not address any particular theory or does not clearly articulate a particular theory; no evidence of theory personalization; topics provided in the outline were not addressed, severely under addressed, or more two-thirds was not address; numerous APA errors noted throughout; citation requirement not met; paper did not demonstrate a level of mastery and not indicative of graduate level work	theory and clearly articulate most elements of the theory but may be missing one or two key elements; evidence of theory personalization; topics provided in the outline were addressed; few APA errors noted throughout; citation requirement met; paper demonstrated a level of mastery and was indicative of graduate level work	clearly articulate all elements of the theory; detailed evidence of theory personalization; topics provided in the outline

6. Counseling Student Competency Evaluation (CSCE). The Counseling Program is obligated by professional ethics (ACA Code of Ethics, 2014) and University procedure to assess students as to their potential for meeting the expectations of *professional practice* in the counseling field. The competencies outlined in this document (CSCE) are specific to professional counseling and are *in addition to* academic requirements. The Counseling Program may suspend from the program any students judged incapable of meeting these expectations. Procedures regarding potential dismissal are outlined in the Program's *Retention/Dismissal Procedure*.

The CSCE may be used by any faculty member with any student enrolled in a Counseling course to provide that student with feedback regarding their potential for meeting the expectations of the professional counseling field and the Department. Completion of a CSCE is required in the following courses: COUN 551, COUN 552, COUN 620, and COUN 660 (i.e., Clinical Supervision, Advanced Practicum, Advanced Internship, Advanced Supervision, Advanced Teaching). The course instructor in COUN 516 and COUN 548 may choose to implement the CSCE at his/her discretion. Each use of the CSCE must be placed in the student's Department file along with any remediation plan developed by the faculty in conference with the student.

The Counseling Program has elected to use the CSCE to monitor student's progress in professional practice. As a requirement in this course, a final CSCE evaluation will be completed by the course instructor, in consultation with the student, to assess your professionalism, general competency, social and emotional maturity, integrity and ethical conduct, and clinical competency. Please note that the instructor of the course may choose to administer the CSCE at different time intervals throughout the semester (e.g., initial, mid) at his/her discretion. The CSCE can yield an overall average composite score or an average subscale score for each domain. The Department utilizes both overall average composite score and average subscale scores to monitor students' professional

# **Counseling Student Competency Evaluation (CSCE) Rubric**

		1 – Does Not Meet Expectations	2 – Meets Expectations	3 – Exceeds Expectations
Subscales	Professionalism Subscale (7 items)	Mean score ≥ .63 across Professionalism items	Mean score of .33 to .60 across Professionalism items	Mean score of 0 to .30 across Professionalism items
	General Competency Subscale (7 items)	Mean score ≥ .63 across General Competency items	Mean score of .33 to .60 across General Competency items	Mean score of 0 to .30 across General Competency items
	Social and Emotional Maturity Subscale (7 items)	Mean score ≥ .63 across Social and Emotional Maturity items	Mean score of .33 to .60 across Social and Emotional Maturity items	Mean score of 0 to .30 across Social and Emotional Maturity items
	Integrity and Ethical Conduct Subscale (6 items)	Mean score ≥ .63 across Ethical Conduct items	Mean score of .33 to .60 across Ethical Conduct items	Mean score of 0 to .30 across Ethical Conduct items
	Clinical Competency Subscale (6 items)	Mean score ≥ .63 across Clinical Competency items	Mean score of .33 to .60 across Clinical Competency items	Mean score of 0 to .30 across Clinical Competency items
Composite	Overall average composite score	Mean score ≥ .63 across all CSCE items	Mean score of .33 to .60 across all CSCE items	Mean score of 0 to .30 across all CSCE items

7. Internship Site Supervisor's Evaluation of Trainee (CMHC, Appendix C; SC, Appendix D). The Counseling Program has elected to assess and incorporate site supervisors' feedback in the evaluation of students' performance in *professional practice*. Completion of a site supervisor's evaluation of a trainee is required in COUN 552. Each use of the site supervisor's evaluation of trainee must be placed in the student's Department file.

As a requirement in this course, a final site supervisor evaluation of trainee will by completed by the site supervisor in consultation with the student to evaluate the intern's professional practice across various domains. Please note that the instructor of the course may require a site supervisor's evaluation of trainees at different time intervals throughout the semester (e.g. midway through the course) at his or her discretion. The site supervisor's evaluation of trainee can yield an overall average composite score or an average subscale score for each domain. The Department utilizes both overall average composite scores and average substance scores to monitor student's professional practice.

**NOTE FOR INSTRUCTORS**: Please be aware that the site supervisor's evaluation of trainee is program-specific (CMHC or School Counseling) and exist in two different version (Practicum or Internship). Therefore, please use the SC rubric for school counseling students and the CMHC rubric for clinical mental health counseling students. See rubrics below.

### **Internship Site Supervisor's Evaluation of SC Trainee**

		1 – Does Not Meet Expectations	2 – Meets Expectations	3 – Exceeds Expectations
Subscales	Familiarity with the School Environment (3 items)	Mean score ≤ 2.5 across Familiarity with the School Environment items	Mean score ≥ 2.6 but ≤ 3.4 across Familiarity with the School Environment items	Mean score ≥ 3.5 across Familiarity with the School Environment items
	Supervision (5 items)	Mean score ≤ 2.5 across Supervision items	Mean score ≥ 2.6 but ≤ 3.4 across Supervision items	Mean score ≥ 3.5 across Supervision items
	Program Planning, Implementation, and Evaluation (4 items)	Mean score ≤ 2.5 across Program Planning, Implementation, and Evaluation items	Mean score ≥ 2.6 but ≤ 3.4 across Program Planning, Implementation, and Evaluation items	Mean score ≥ 3.5 across Program Planning, Implementation, and Evaluation items
	Classroom Guidance (2 items)	Mean score ≤ 2.5 across Classroom Guidance items	Mean score ≥ 2.6 but ≤ 3.4 across Classroom Guidance items	Mean score ≥ 3.5 across Classroom Guidance items

	Counseling (8 items)	Mean score ≤ 2.5 across Counseling items	Mean score ≥ 2.6 but ≤ 3.4 across Counseling items	Mean score ≥ 3.5 across Counseling items
	Consultation (2 items)	Mean score ≤ 2.5 across Consultation items	Mean score ≥ 2.6 but ≤ 3.4 across Consultation items	Mean score ≥ 3.5 across Consultation items
	Coordination (2 items)	Mean score ≤ 2.5 across Coordination items	Mean score ≥ 2.6 but ≤ 3.4 across Coordination items	Mean score ≥ 3.5 across Coordination items
	Assessment (3 items)	Mean score ≤ 2.5 across Assessment items	Mean score ≥ 2.6 but ≤ 3.4 across Assessment items	Mean score ≥ 3.5 across Assessment items
	Professionalism (7 items)	Mean score ≤ 2.5 across Professionalism items	Mean score ≥ 2.6 but ≤ 3.4 across Professionalism items	Mean score ≥ 3.5 across Professionalism items
Composite	Average scores across all items on the Site Supervisor's Evaluation of Trainee	Mean score ≥ 2.5 across all items	Mean score ≥ 2.6 but ≤ 3.4 across all items	Mean score ≥ 3.5 across all items

# Internship Site Supervisor's Evaluation of CMHC Trainee

		1 – Does Not Meet Expectations	2 – Meets Expectations	3 – Exceeds Expectations
Subscales	Administrative	Mean score ≤ 2.5	Mean score ≥	Mean score $\geq 3.5$
	Responsibilities	across	$2.6 \text{ but} \le 3.4$	across
	(4 items)	Administrative	across	Administrative
		Responsibilities	Administrative	Responsibilities
		items		items

	Supervision (5 items)	Mean score ≤ 2.5 across Supervision	Responsibilities items  Mean score ≥ 2.6 but ≤ 3.4	Mean score ≥ 3.5 across
		items	across Supervision items	Supervision items
	Counseling (14 items)	Mean score ≤ 2.5 across Counseling items	Mean score ≥ 2.6 but ≤ 3.4 across Counseling items	Mean score ≥ 3.5 across Counseling items
	Professional Relationships and Staff Development (items)	Mean score ≤ 2.5 across Professional Relationships and Staff Development items	Mean score ≥ 2.6 but ≤ 3.4 across Professional Relationships and Staff Development items	Mean score ≥ 3.5 across Professional Relationships and Staff Development items
Composite	Average scores across all items on the Site Supervisor's Evaluation of Trainee	Mean score ≥ 2.5 across all items	Mean score ≥ 2.6 but ≤ 3.4 across all items	Mean score ≥ 3.5 across all items

## LATE ASSIGNMENTS

It is imperative that you turn all work in at the designated time as noted in the syllabus and/or on D2L. Late assignments will NOT be accepted in clinical courses (551, 552) except in extenuating circumstances; please communicate with me as soon as possible upon learning of such a circumstance so that I can help you determine what your best course of action moving forward may be.

### **GRADING**

Final grades in this course will be based on the following scale:

90%-100%	Α
80%-89%	В
70%-79%	C
60%-69%	D
< 59%	F

Assignment/Assessment	Point Value
Class Participation & Attendance	30
Taping Role-Plays & Session Analyses (3 @ 80 points each	h); 240
Course Reflection Paper	60
Client Hours Requirement	Satisfactory/Unsatisfactory
CSCE	0
Site Supervisor's Evaluation	0
Theory of Change Paper (Internship 2)	Satisfactory/Unsatisfactory

### Total points possible = 330 for this course.

Your Final Grade is determined by adding the point values earned from each assignment and then dividing by 330. The resulting value is multiplied by 100 to yield a percentage. For example:  $(300 \text{ [points earned]/330}) \times 100 = 90.9\%$ 

\*\*\*Assignments are due on the day noted in the syllabus. Late assignments will not be accepted.

### **COMMUNICATION AND SUPPORT**

Communication with your professors is key to your professional growth. I am here to support and guide you along your academic journey. With that being said, I cannot help you if you do not communicate with me. Please reach out if you have any concerns or questions. Because I teach in different locations, email is the best way to reach me. I strive to answer all emails within 24 hours, Monday-Friday. When emailing, please use your university email. Also, I will be more than happy to meet with you if needed. Please reach out to me so we can set up a convenient time to get together via Zoom.

## **TECHNOLOGY REQUIREMENTS**

### **LMS**

All course sections offered by Texas A&M University-Commerce have a corresponding course shell in the myLeo Online Learning Management System (LMS). Below are technical

requirements

LMS Requirements

https://community.brightspace.com/s/article/Brightspace-Platform-Requirements

LMS Browser Support:

https://documentation.brightspace.com/EN/brightspace/requirements/all/browser\_support.htm

YouSeeU Virtual Classroom Requirements:

https://support.youseeu.com/hc/en-us/articles/115007031107-Basic-System-Requirements

### ACCESS AND NAVIGATION

You will need your campus-wide ID (CWID) and password to log into the course. If you do not know your CWID or have forgotten your password, contact the Center for IT Excellence (CITE) at 903.468.6000 or <a href="https://hep-password.com/hep-password">help-password.com/hep-passw

**Note:** Personal computer and internet connection problems do not excuse the requirement to complete all course work in a timely and satisfactory manner. Each student needs to have a backup method to deal with these inevitable problems. These methods might include the availability of a backup PC at home or work, the temporary use of a computer at a friend's home, the local library, office service companies, Starbucks, a TAMUC campus open computer lab, etc.

# **Technical Support**

If you are having technical difficulty with any part of Brightspace, please contact Brightspace Technical Support at 1-877-325-7778. Other support options can be found here:

https://community.brightspace.com/support/s/contactsupport

### **System Maintenance**

Please note that on the 4th Sunday of each month there will be System Maintenance which means the system will not be available 12 pm-6 am CST.

### COURSE AND UNIVERSITY PROCEDURES/POLICIES

University-Specific Procedures

# **Academic Integrity**

Students at Texas A&M University-Commerce are expected to maintain high standards of The *syllabus/schedule are subject to change*.

integrity and honesty in all of their scholastic work. For more details and the definition of academic dishonesty see the following procedures:

Undergraduate Academic Dishonesty 13.99.99.R0.03

 $\underline{http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13stude}\\ nts/undergraduates/13.99.99.R0.03UndergraduateAcademicDishonesty.pdf$ 

Graduate Student Academic Dishonesty 13.99.99.R0.10

 $\frac{http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13stude}{nts/graduate/13.99.99.R0.10GraduateStudentAcademicDishonesty.pdf}$ 

#### **Student Conduct**

All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment. The Code of Student Conduct is described in detail in the Student Guidebook.

Students should also consult the Rules of Netiquette for more information regarding how to interact with students in an online forum: https://www.britannica.com/topic/netiquette

### **TAMUC Attendance**

For more information about the attendance policy please visit the <u>Attendance</u> webpage and Procedure 13.99.99.R0.01.

### **Students with Disabilities - ADA Statement**

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:

### Office of Student Disability Resources and Services

Texas A&M University-Commerce Velma K. Waters Library Rm 162 Phone (903) 886-5150 or (903) 886-5835

Fax (903) 468-8148

Email: studentdisabilityservices@tamuc.edu

Website: Office of Student Disability Resources and Services

http://www.tamuc.edu/campusLife/campusServices/studentDisabilityResourcesAndServices/

### **Student Counseling Services**

The Counseling Center at A&M-Commerce, located in the Halladay Building, Room 203, offers counseling services, educational programming, and connection to community resources for students. Students have 24/7 access to the Counseling Center's crisis assessment services by calling 903-886-5145. For more information regarding Counseling Center events and confidential services, please visit <a href="www.tamuc.edu/counsel">www.tamuc.edu/counsel</a>

#### **Nondiscrimination Notice**

Texas A&M University-Commerce will comply in the classroom, and in online courses, with all federal and state laws prohibiting discrimination and related retaliation on the basis of race, color, religion, sex, national origin, disability, age, genetic information or veteran status. Further, an environment free from discrimination on the basis of sexual orientation, gender identity, or gender expression will be maintained.

### **Campus Concealed Carry Statement**

Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in Texas A&M University-Commerce buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and A&M-Commerce Rule 34.06.02.R1, license holders may not carry a concealed handgun in restricted locations.

For a list of locations, please refer to the <u>Carrying Concealed Handguns On Campus</u> document and/or consult your event organizer.

### Web url:

 $\frac{http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/34Safet}{yOfEmployeesAndStudents/34.06.02.R1.pdf}$ 

Pursuant to PC 46.035, the open carrying of handguns is prohibited on all A&M-Commerce campuses. Report violations to the University Police Department at 903-886-5868 or 9-1-1.

# FLEXIBLE COURSE OUTLINE / CALENDAR FALL 2022

Week/Date	Topic	Reading	Assignment
Week 1: 9/1	Course Introduction Review of syllabus, course requirements Discussion: recording issues		Class Participation and Discussion  Submit all required paperwork for internship including proof of liability insurance
Week 2: 9/9	Site Concerns  Mindfulness, Self- Awareness, and Self-Compassion	ACA 2014 code of ethics CACREP 2016 Standards Handbooks	Class Participation and Discussion  Taping Role Play & Session Analysis (by signup)
Week 3: 9/15	Ethical/Legal Concerns in Mental Health and School Counseling Group Supervision: Selected students will provide tapes for group supervision	McLain & Lewis, 2018; McHenry & McHenry, 2015	Class Participation and Discussion  Taping Role Play & Session Analysis (by sign- up)
Week 4: 9/22	Recordings & Analyses		Class Participation and Discussion  Taping Role Play & Session Analysis (by signup)
Week 5: 9/29	Recordings & Analyses Assessment Treatment Planning Case Conceptualization	Sperry and Sperry (2020)	Class Participation and Discussion  Taping Role Play & Session Analysis (by signup)
<b>Week 6:</b> 10/6	Recordings & Analyses		Class Participation and Discussion  Taping Role Play & Session Analysis

Week 7: 10/13	Recordings &		Class Participation and
7. 10/13	Analyses		Discussion
			Taping Role Play & Session Analysis (by sign- up)
Week 8: 10/20	Recordings & Analyses		Class Participation and Discussion
			Taping Role Play & Session Analysis (by sign- up)
Week 9: 10/27	Recordings & Analyses	McHenry & McHenry, 2015	Class Participation and Discussion
			Taping Role Play & Session Analysis (by sign- up)
Week 10: 11/3	Recordings & Analyses		Class Participation and Discussion
			Taping Role Play & Session Analysis (by sign- up)
Week 11: 11/10	Recordings & Analyses		Class Participation and Discussion
			Taping Role Play & Session Analysis (by sign- up)
Week 12: 11/17	Recordings & Analyses	McLain & Lewis, 2018	Class Participation and Discussion
			Taping Role Play & Session Analysis (by sign- up)
Week 13: 11/24	NO CLASS – Happy Thanksgiving!		
Week 14: 12/1	Recordings & Analyses		Course Reflection Paper Due

Week 15: 12/8	Individual meetings with Dr. Perry	End-of-Course Paperwork
		Site Supervisor Evaluation
		Evaluations site & yours)
		The Counseling Student Competency Evaluation (CSCE) for each student.
		Theory of Change Paper due (internship 2 only)
Week 16: 12/15	Individual meetings with Dr. Perry	End-of-Course Paperwork
		Site Supervisor Evaluation
		Evaluations site & yours)
		The Counseling Student Competency Evaluation (CSCE) for each student.

# **Appendix A: Video Recording/Session Analysis**

Note: Tape 2 requires an additional Case Conceptualization paper – handouts will be distributed.

### • Client Demographics

- o Age
- o Gender
- Ethnicity
- Year in school (if applicable)
- Occupation (if applicable do NOT name specific workplaces)
- o Family constellation
- o Spiritual or religious identification (if applicable)

### • Description of Presenting Problem

- What brought the client in for counseling?
- Who referred the client for services?
- o What primary areas of concern have been identified?
  - What cognitive factors may be impacting the client's functioning?
  - Are there any behavioral concerns at play?
  - What emotional issues have been noted?
- What goals have you and the client and/or important others in the client's world set?

### Brief Summary of Session Content and Process

- o Which session is this? (e.g., first meeting, fourth session, etc.)
- O Describe the flow of your session. What happened at the beginning of session? The middle? How did the session end?
- What major themes were present in your discussion?
- What shifts in the session occurred? How did this happen?
- What contributed to portions of the session where you felt "stuck" in some way?
- What ethical and culturally relevant strategies did you use to establish and maintain the therapeutic relationship?

### • Interventions and Techniques Utilized

- What counseling process skills do you note in this session?
- Which change techniques or interventions did you employ?
- What theoretical approach(es) do you note yourself using during this session?
- **Session Analysis**: Evaluate your performance and during the session, focusing on *you* and *not* on your client.
  - What did you like best and least about your use of process, personalization, professional, and conceptual skills (see Appendix B for list of skills)
  - o What skills/processes did you do well?
  - O What do you need to improve on?
  - o What did you miss?
  - When were you aware of what was missed?
  - o How did you handle any misconceptions or other issues that arose in session?
  - o How would you define the quality of the counselor-client relationship
  - What are the considerations surrounding multicultural factors?
  - What were you experiencing as the counselor during the session?
  - What might be going on that was left unspoken?

- What might you tell a clinical supervisor when asked what you might not have addressed with your client?
- o What hypotheses can you develop about what was occurring for your client?

### • Plans for Next Session

- Process goals
- Homework assignments
- o Referral
- Termination

### **Partial Example**

Note: Your analysis will be considerably longer than the brief excerpts given below.

**Demographics**: BC is a 12-year-old Hispanic male who is in 7th grade. He is the youngest of four children and lives with both biological parents.

**Presenting Problem**: BC was referred by his teacher. He is currently failing math and language arts and has been referred to the principal for disruptive behavior.

**Areas of Concern**: BC appears to have low self-esteem and few friends. He does not appear to have support for his schoolwork at home. His parents do not speak English well and are not very involved with his school responsibilities.

**Summary of Session Content**: Identify client and counselor goals. What was the objective of the session? Include here what where the major themes/topics explored?

**Interventions/Techniques** (along with rationale): The counselor used reflective listening, open questions, paraphrasing, clarifying, and summarizing. Goal setting was also utilized. A homework assignment was given. Client agreed to "act as if" the next time he is embarrassed to go to tutoring for math.

**Theoretical Approach(es) Used This Session**: At this stage you will incorporate your use of theory into the process and include in your analysis your intention and rationale for doing what you did in session. You will document this with a(n) excerpt(s) from your session.

**Session Analysis**: Evaluation of your performance and the session.

- Transcription of **5 consecutive interactions** with **self-critique** of your responses.
  - What was the rationale for your response?
  - o How effective was the timing and the delivery of your response?
  - o Was the client's response what you anticipated?
  - o How, if at all, would you have liked ot have changed your response

### **Plans for Next Session**

# **Appendix B: Counseling Skills to be Demonstrated in Internship**

**Process Skills**: These include skills learned in Pre-Practicum and refer to counselor behaviors that can be observed either through two-way mirrors, video or audio recording. These skills enhance the process of counseling and will be evaluated in their execution rather than their choice. Process skills are observable counselor' attitudes and skills. Process skills range from paraphrasing to more complex skills such as attempts to empathizing, confronting discrepancies, responding to nonverbal behavior, pacing a session, and using silence.

**Conceptual Skills**: Most of the counselor's covert behaviors are found here. Conceptual skills reflect deliberate thinking and case analysis. There are two kinds of thinking in this area: conceptualization during the session and between the sessions. Kinds of behaviors that represent these skills include:

- Understanding what the client is saying
- Identifying themes in the client messages
- Choosing strategies appropriate to client goals
- Recognizing even subtle improvement by the client

Conceptualization skills involve understanding patterns and themes with each client *and* being able to distinguish between important and unimportant client statements and processes.

**Personalization Skills**: These include both easily observable and subtle behaviors. Because counseling is a very personal activity, these skills will indicate how well the student has adjusted to the role of helper. Examples of these might include:

- Comfort with the responsibility of being a counselor
- Being able to separate one's own issues from those of the client
- Being able to handle a range of personal emotions
- Being able to accept constructive criticism

**Professional Skills**: These include ethical behaviors both within, and outside, counseling sessions. Examples include, but are not restricted to, the following:

- Completing paperwork on time
- Safeguarding confidentiality
- Behaving professionally in field placement
- Dressing appropriately for counseling contacts
- Not being defensive with an accusing or angry client
- Being able to handle a range of personal emotions
- Being able to accept constructive critique

When students demonstrate personal limitations that might impede future performance, or consciously violate ethical standards, and are ineffective and harmful to clients, they will NOT receive the instructor's endorsement to continue with the program *or* pass the course.

# **Appendix C**

Describe your theory of choice.

How you implemented
your theory in your
sessions. How effective
you were at using your
theory?

How did your theory affect your clients?

Self-reflection on the semester regarding your usage of
counseling skills, effectiveness of developing a
therapeutic relationship, and overall reflection of your
abilities and experiences as a counselor this semester.

Use APA 7<sup>th</sup> edition grammar and thoroughness in addressing each part of the paper.

# **Appendix D: Internship Student Checklist**

Student Name:	Semester:
Preparation for the <b>FIRST</b> Internship Class Meeting:	
Counseling trainees must provide the following <b>documentation</b> at th	e first-class meeting:
☐ Field Placement Contract: completed and signed by site supervision.	sor and student
☐ Field Site Plan (community): completed and signed by site superv	visor and student
$\square$ Field Site Supervisor Registration: completed by the site superv	isor
☐ Emergency/Crisis Management Form: completed and signed as	indicated
☐ Practicum/Internship Ethics Agreement: completed and signed	by student
☐ <b>Proof of Liability Insurance</b> : certificate of coverage or letter verificate.	ifying coverage
Paperwork Due at LAST Internship Class Meeting:	
☐ Internship Log: completed and signed by trainee and site supervision.	sor
☐ Practicum/Internship Summary: completed and signed by stude	ent
☐ End of Semester Field Site Supervisor's Evaluation: completed supervisor	l and signed by the site
$\Box$ Trainee Evaluation of Field Placement Site: completed and sign	ned by student
☐ Additional documentation as required by Internship Instructor (TE	BD)