



HHPK 1304 Introduction to Personal and Community Health

Summer I: June 6 – July 7

Section 01W; 3 semester hours

INSTRUCTOR INFORMATION

Instructor: Sarah M. Mitchell, PhD, ATC, LAT

Office Location: Nursing & Health Sciences 118

Office Hours: Available via phone or email

Office Phone: (903) 886-5543

Office Fax: (903) 886-5365

University Email Address: Sarah.Mitchell@tamuc.edu

Preferred Form of Communication: Email

Communication Response Time: 24-48 hours

COURSE INFORMATION

Textbook(s) Required

Seabert, D.M., McKenzie, J.F., & Pinger, R.R. (2022). McKenzie's an introduction to community health (10th ed.). Jones and Bartlett. ISBN: 978-1-284-20268-7

Course Description

A study of community health problems, programs, agencies, and health careers. Attention is also given to cultural diversities in matters pertaining to health.

Student Learning Outcomes

- Define health, community, community health, health promotion, disease prevention and public health.
- Identify and explain the factors that influence the health of individuals and communities.
- Understand and discuss the roles and functions of federal, state, local governmental agencies, and voluntary health organizations.
- Identify the major health problems and influences upon health in the nation and worldwide, as well as efforts to deal with these problems.
- Explain the major health problems of special groups and describe programs designed to help them.
- Describe and discuss ecological challenges and environmental problems affecting the nation and the world.
- Explain how a community can examine its health services, problems, and resources and as a consequence, develop community health programs.

The syllabus/schedule are subject to change.

COURSE REQUIREMENTS

Minimal Technical Skills Needed

Students must have working knowledge of and know how to use the MyLeo Online: D2L Brightspace learning management system, and Microsoft Word/Excel/PowerPoint. Students must utilize their University assigned email (Leo mail) for all course communications. All email communication from the instructor will be sent to the student's Leo mail.

Student Responsibilities or Tips for Success in the Course

Students can expect to do well in this course when they log into the online course often, complete all assignments/quizzes/exams/discussions, and seek assistance when they do not understand course material. Students should also utilize all course resources provided through D2L, such as, course lecture notes, assignments, and course information. It is the students responsibly to have internet access, check this site frequently, and become familiar with how it works.

Grading

Each assignment will be worth a pre-determined amount of points. Upon the completion of the course, grades will be calculated by adding up the total number of points each student has earned and dividing it by the total amount of points available in the course. This will produce a percentage of points earned (Ex. Student earned 850 points out a possible 1000 in the course: $850/1000 = 85\%$ "B"). Grades will be assigned based upon the percentages below.

Discussions: 50 points

Quizzes: 320 points

Health Condition Project: 100 points

Total Points = 470

Grading Scale: A = 90-100%

B = 80-89%

C = 70-79%

D = 60-69%

F = 0-59

Students are expected to earn points toward their final grade during the course of the semester with the assignments and exams that are scheduled. Extra Credit Assignments WILL NOT be given at the end of the semester. All students are graded based on the exact same criteria and no exceptions will be made for individual assignments, tests, or final point values.

Student assignments will be graded in a timely manner, typically within one week of the assignment due date. Any questions or concerns about assignments/grades should be brought to the instructor's attention immediately (i.e. Do not wait until the end of the semester)

ASSESSMENTS

Discussions

Online discussions will take place during the term. You should post a minimum of 3 posts per discussion thread: one initial post answering the question and two response posts to your fellow classmates that further the discussion. All posts and comments must remain professional and courteous to your instructor and peers. Unless you are quoting someone else directly, language should be "G-rated." Each post should be a minimum of 100 words for initial posts and 50 for response posts.

Quizzes

DO NOT attempt to take the quizzes without reading the appropriate pages from the book first AND taking notes on the lectures and other reading assignments. The quizzes are timed, and you will not

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have time to complete the assigned reading as you take the quiz. In addition, the lectures will not simply repeat what you have read in the book. DO NOT wait until the last minute to take the quizzes.

Health Condition Project

Students will select a health condition to research. Students will present their findings in a written paper. See D2L for more details on the assignment.

TECHNOLOGY REQUIREMENTS

LMS

All course sections offered by Texas A&M University-Commerce have a corresponding course shell in the myLeo Online Learning Management System (LMS). Below are technical requirements.

LMS Requirements:

<https://community.brightspace.com/s/article/Brightspace-Platform-Requirements>

LMS Browser Support:

https://documentation.brightspace.com/EN/brightspace/requirements/all/browser_support.htm

YouSeeU Virtual Classroom Requirements:

<https://support.youseeu.com/hc/en-us/articles/115007031107-Basic-System-Requirements>

ACCESS AND NAVIGATION

You will need your campus-wide ID (CWID) and password to log into the course. If you do not know your CWID or have forgotten your password, contact the Center for IT Excellence (CITE) at 903.468.6000 or helpdesk@tamuc.edu.

Note: Personal computer and internet connection problems do not excuse the requirement to complete all course work in a timely and satisfactory manner. Each student needs to have a backup method to deal with these inevitable problems. These methods might include the availability of a backup PC at home or work, the temporary use of a computer at a friend's home, the local library, office service companies, Starbucks, a TAMUC campus open computer lab, etc.

Communication and Support

If you have any questions or are having difficulties with the course material, please contact your Instructor.

Technical Support

If you are having technical difficulty with any part of Brightspace, please contact Brightspace Technical Support at 1-877-325-7778. Other support options can be found here:

<https://community.brightspace.com/support/s/contactsupport>

Interaction with Instructor Statement

Email is the best way to contact the instructor if you need assistance with any aspect of the course. Instructor will typically respond to emails within 24 hours (except on weekends and holidays). Students are also welcome to contact the instructor if they prefer a phone conversation.

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COURSE UNIVERSITY PROCEDURES/POLICIES

Attendance

This is an online course and you can work at your own pace. All assignments have deadlines which must be met; however, you can submit any assignment at any time before the deadline. It is the student's responsibility to be aware of assignment due dates as the dates are posted on D2L. In the case of missing deadlines due to unavoidable or emergency situations, or illness (including Covid), the student must promptly notify the instructor via email explaining the circumstances. Prompt notification (within three days) is required to have an absence excused; additionally, written documentation may be required to have the absence excused. Technical and/or computer problems associated with D2L are not a valid excuse for turning in an assignment late. **NO LATE ASSIGNMENTS WILL BE GRADED.**

Syllabus Change Policy

The syllabus is a guide. Circumstances and events, such as student progress, may make it necessary for the instructor to modify the syllabus during the semester. Any changes made to the syllabus will be announced in advance.

Student Conduct

All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment. The Code of Student Conduct is described in detail in the [Student Guidebook](#).

<http://www.tamuc.edu/Admissions/oneStopShop/undergraduateAdmissions/studentGuidebook.aspx>

Students should also consult the Rules of Netiquette for more information regarding how to interact with students in an online forum: <https://www.britannica.com/topic/netiquette>

TAMUC Attendance

For more information about the attendance policy please visit the [Attendance](#) webpage and [Procedure 13.99.99.R0.01](#).

<http://www.tamuc.edu/admissions/registrar/generalInformation/attendance.aspx>

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/academic/13.99.99.R0.01.pdf>

Academic Integrity

Students at Texas A&M University-Commerce are expected to maintain high standards of integrity and honesty in all of their scholastic work. For more details and the definition of academic dishonesty see the following procedures:

[Undergraduate Academic Dishonesty 13.99.99.R0.03](#)

[Undergraduate Student Academic Dishonesty Form](#)

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/documents/13.99.99.R0.03UndergraduateStudentAcademicDishonestyForm.pdf>

[Graduate Student Academic Dishonesty Form](#)

<http://www.tamuc.edu/academics/graduateschool/faculty/GraduateStudentAcademicDishonestyFormold.pdf>

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/undergraduates/13.99.99.R0.03UndergraduateAcademicDishonesty.pdf>

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ADA Statement for Students with Disabilities

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact: **Office of Student Disability Resources and Services**, Texas A&M University-Commerce; Velma K. Waters Library Rm 162; Phone (903) 886-5150 or (903) 886-5835; Fax (903) 468-8148

Email: studentdisabilityservices@tamuc.edu

Website: [Office of Student Disability Resources and Services](#)

<http://www.tamuc.edu/campusLife/campusServices/studentDisabilityResourcesAndServices/>

Nondiscrimination Notice

Texas A&M University-Commerce will comply in the classroom, and in online courses, with all federal and state laws prohibiting discrimination and related retaliation on the basis of race, color, religion, sex, national origin, disability, age, genetic information or veteran status. Further, an environment free from discrimination on the basis of sexual orientation, gender identity, or gender expression will be maintained.

Campus Concealed Carry Statement

Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in Texas A&M University-Commerce buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and A&M-Commerce Rule 34.06.02.R1, license holders may not carry a concealed handgun in restricted locations. For a list of locations, please refer to the [Carrying Concealed Handguns On Campus](#) document and/or consult your event organizer.

Web url:

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/34SafetyOfEmployeesAndStudents/34.06.02.R1.pdf>

Pursuant to PC 46.035, the open carrying of handguns is prohibited on all A&M-Commerce campuses. Report violations to the University Police Department at 903-886-5868 or 9-1-1.

Counseling Center

The Counseling Center at A&M-Commerce, located in the Halladay Building, Room 203, offers counseling services, educational programming, and connection to community resources for students. Students have 24/7 access to the Counseling Center's crisis assessment services by calling 903-886-5145. For more information regarding Counseling Center events and confidential services, please visit www.tamuc.edu/counsel

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COURSE OUTLINE / CALENDAR

Section	Lecture Titles	Textbook Reading Assignment	Due Date
1	Community and Public Health	Chapter 1	Section 1 due: June 13, 11:59p
	Organizations that Help Shape Community & Public Health	Chapter 2	
	Epidemiology	Chapter 3	
	Communicable and Noncommunicable diseases	Chapter 4	
	Introduction Discussion & Discussion 1		
2	Community Organizing/Building & Health Promotion Programming	Chapter 5	Section 2 due: June 20, 11:59p
	School Health Program	Chapter 6	
	Maternal, Infant, and Child Health	Chapter 7	
	Discussion 2		
	Health Condition Project: submit topic for approval		
3	Adolescent, Young Adults, and Adults	Chapter 8	Section 3 due: June 27, 11:59p
	Older Adults	Chapter 9	
	Disparate Populations and Community/Public Health	Chapter 10	
	Community Mental Health	Chapter 11	
	Discussion 3		
4	Alcohol, Tobacco & Other Drugs	Chapter 12	Section 4 due: July 5, 11:59p
	Healthcare Delivery in the US	Chapter 13	
	Community & Public Health & Environment	Chapter 14	
	Injuries as a Community & Public Health Problem	Chapter 15	
	Safety & Health in the Workplace	Chapter 16	
	Discussion 4		
	Health Condition Project due		

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