

PSY 416.01W: Introduction to Clinical Psychology

COURSE SYLLABUS: Summer I 2022; Fully Online Class

INSTRUCTOR INFORMATION

Instructor: Sean A. Lauderdale, Ph.D.

Office Location: Texas A&M-Commerce, BA201 (Binnion)

Office Hours: By Appointment

Office Phone: 903 886 59400 **Office Fax:** 903 886 5510

University Email Address: sean.lauderdale@tamuc.edu

Preferred Form of Communication: Email **Communication Response Time:** 48 hours

COURSE INFORMATION

Textbook(s) Required

Kramer, G. P., Bernstein, D. A., & Phares, V. (2019). *Introduction of clinical psychology* (9th ed.).

Boston, MA: Cambridge University Press.

Course Description

This course is intended to provide students an overview of the field of clinical psychology. Students will be exposed to information regarding the history of the science, as well as contemporary clinical psychology. Students will also be introduced to the various assessment and psychotherapeutic strategies used by clinical psychologists in their daily practice. By the end of the course, students will have an in-depth understanding of the range of assessment and psychotherapeutic services that clinical psychologists provide to patients of all ages across multiple setting.

The syllabus/schedule are subject to change.

Student Learning Outcomes

- 1. Define the professional of clinical psychology and distinguish it from other mental health care professions.
- 2. Discuss the importance of using an evidence-base for provision of mental health services.
- 3. Describe the types of activities clinical psychologist perform and the guiding principles used in practice.
- 4. Discuss the training of clinical psychologist and relevant licenses they can earn.
- 5. Describe the current diagnostic system and common concerns raised out this system's limitations.
- 6. Summarize the purpose of psychological assessment and describe the strengths and weaknesses of various strategies clinical psychologists may employ.
- 7. Describe the principles of psychotherapeutic interventions, various theories associated with these interventions, and specific evidence-based interventions for children and adults.
- 8. Discuss the various subfields of clinical psychology, including clinical neuropsychology, clinical forensic psychology, and clinical health psychology.

Instructional Methods

A variety of teaching strategies will be used to help students become familiar with clinical psychology. These strategies include:

- 1. Viewing video segments of people with various psychological disorders
- 2. Viewing video segments of clinical psychologists discussing their work or describing psychotherapy
- 3. Completing assignments on-line

Student Responsibilities or Tips for Success in the Course

- 1. Read the textbook.
- 2. Complete assignments thoroughly and on time.
- 3. Ask for assistance.

GRADING

Final grades in this course will be based on the following scale:

A = 100-90

B = 89-80

C = 79-70

D = 69-60

Assessments

Students will complete four modules covering information provided from the text, videos, and other websites. The assignments will consist primarily of multiple select, multiple choice, and short essay questions. Examination content will be broadly sampled so students can display a range of knowledge developed over the course. Each assignment will be worth 25 points. Students may discuss assignments with each other, but each individual student is responsible for her/his own responses. Each student is encouraged to give careful consideration to the opinions of her/his colleagues but arrive at her/his own conclusions.

No late assignments will be accepted.

If you have problems completing an assignment due to unforeseen circumstance, contact me as soon as possible so we can discuss possible solutions. Contacting me after an assignment is late will result in the assignment being considered late.

COURSE OUTLINE / CALENDAR

Proposed Reading Schedule: Students will need to read assigned material prior to class to fully participate in class discussions:

Week 1: Read Chps 1-2 Complete Modules 1

Week 2: Read Chps 3-5 Complete Module 2

Week 3: Read Chps 6-9 Complete Module 3

Week 4: Read Chps 11, 13, & 15 Complete Module 4

TECHNOLOGY REQUIREMENTS

LMS

All course sections offered by Texas A&M University-Commerce have a corresponding course shell in the myLeo Online Learning Management System (LMS). Below are technical requirements

LMS Requirements:

https://community.brightspace.com/s/article/Brightspace-Platform-Requirements

LMS Browser Support:

https://documentation.brightspace.com/EN/brightspace/requirements/all/browser_support.ht m

YouSeeU Virtual Classroom Requirements:

https://support.youseeu.com/hc/en-us/articles/115007031107-Basic-System-Requirements

ACCESS AND NAVIGATION

You will need your campus-wide ID (CWID) and password to log into the course. If you do not know your CWID or have forgotten your password, contact the Center for IT Excellence (CITE) at 903.468.6000 or helpdesk@tamuc.edu.

Note: Personal computer and internet connection problems do not excuse the requirement to complete all course work in a timely and satisfactory manner. Each student needs to have a backup method to deal with these inevitable problems. These methods might include the availability of a backup PC at home or work, the temporary use of a computer at a friend's home, the local library, office service companies, Starbucks, a TAMUC campus open computer lab, etc.

COMMUNICATION AND SUPPORT

If you have any questions or are having difficulties with the course material, please contact your Instructor.

Technical Support

If you are having technical difficulty with any part of Brightspace, please contact Brightspace Technical Support at 1-877-325-7778. Other support options can be found here:

The syllabus/schedule are subject to change.

https://community.brightspace.com/support/s/contactsupport

Interaction with Instructor Statement

Please contact me via email if you have questions or concerns (sean.lauderdale@tamuc.edu). I will respond to you within 48 hours.

COURSE AND UNIVERSITY PROCEDURES/POLICIES

Course Specific Procedures/Policies

Syllabus Change Policy

The syllabus is a guide. Circumstances and events, such as student progress, may make it necessary for the instructor to modify the syllabus during the semester. Any changes made to the syllabus will be announced in advance.

University Specific Procedures

Student Conduct

All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment. The Code of Student Conduct is described in detail in the Student Guidebook. http://www.tamuc.edu/Admissions/oneStopShop/undergraduateAdmissions/studentGuidebook.as

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Students should also consult the Rules of Netiquette for more information regarding how to interact with students in an online forum: https://www.britannica.com/topic/netiquette

TAMUC Attendance

For more information about the attendance policy please visit the <u>Attendance</u> webpage and <u>Procedure 13.99.99.R0.01</u>.

http://www.tamuc.edu/admissions/registrar/generalInformation/attendance.aspx

http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/academic/13.99.99.R0.01.pdf

Academic Integrity

Students at Texas A&M University-Commerce are expected to maintain high standards of integrity and honesty in all of their scholastic work. For more details and the definition of academic dishonesty see the following procedures:

<u>Undergraduate Academic Dishonesty 13.99.99.R0.03</u> <u>Undergraduate Student Academic Dishonesty Form</u>

http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/documents/13.99.99.R0.03UndergraduateStudentAcademicDishonestyForm.pdf

Graduate Student Academic Dishonesty Form

http://www.tamuc.edu/academics/graduateschool/faculty/GraduateStudentAcademicDishonestyFormold.pdf

http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/undergraduates/13.99.99.R0.03UndergraduateAcademicDishonesty.pdf

Students with Disabilities-- ADA Statement

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:

Office of Student Disability Resources and Services

Texas A&M University-Commerce Velma K. Waters Library Rm 162 Phone (903) 886-5150 or (903) 886-5835 Fax (903) 468-8148

Email: studentdisabilityservices@tamuc.edu

Website: Office of Student Disability Resources and Services

 $\underline{\underline{http://www.tamuc.edu/campusLife/campusServices/studentDisabilityResourcesAndServ}}$

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Nondiscrimination Notice

Texas A&M University-Commerce will comply in the classroom, and in online courses, with all federal and state laws prohibiting discrimination and related retaliation on the basis of race, color, religion, sex, national origin, disability, age, genetic information or veteran status. Further, an environment free from discrimination on the basis of sexual orientation, gender identity, or gender expression will be maintained.

Campus Concealed Carry Statement

Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in Texas A&M University-Commerce buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and A&M-Commerce Rule 34.06.02.R1, license holders may not carry a concealed handgun in restricted locations.

For a list of locations, please refer to the <u>Carrying Concealed Handguns On Campus</u> document and/or consult your event organizer.

Web url:

http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/34SafetyOfEmployeesAndStudents/34.06.02.R1.pdf

Pursuant to PC 46.035, the open carrying of handguns is prohibited on all A&M-Commerce campuses. Report violations to the University Police Department at 903-886-5868 or 9-1-1.

A&M-Commerce Supports Students' Mental Health

The Counseling Center at A&M-Commerce, located in the Halladay Building, Room 203, offers counseling services, educational programming, and connection to community resources for students. Students have 24/7 access to the Counseling Center's crisis assessment services by calling 903-886-5145. For more information regarding Counseling Center events and confidential services, please visit www.tamuc.edu/counsel