

# Courseling 528: Introduction to Group Dynamics & Procedures Course Syllabus, Summer 2022 Online Class

#### INSTRUCTOR INFORMATION

**Instructor:** Donna Hickman, PhD, LPC, CSC **Office Hours:** Virtual (by appointment only)

University Email Address: donna.hickman@tamuc.edu

**Preferred Method of Communication:** E-mail

Communication Response Time: 24-48 hours, Monday-Friday

#### **COURSE INFORMATION**

#### **Required Textbook:**

Corey, M. S., Corey, G., & Corey, C. (2018). *Groups: Process and practice*. (10th ed.). Cengage Learning.

#### **Supplemental Readings:**

- Anderson, D. (2007). Multicultural group work: A force for developing and healing. *Journal for Specialists in Group Work*, 32(2), 271-285. https://doi.org/10.1080/01933920701431537
- DeLucia, J. L., Coleman, V. D., & Jensen-Scott, R. L. (1992). Cultural diversity in group counseling. *Journal for Specialists in Group Work*, 17(4), 194-195. https://doi.org/10.1080/01933929208414350
- Drum, D., Becker, M. S., & Hess, E. (2011). Expanding the application of group interventions: Emergence of groups in health care settings. *Journal for Specialists in Group Work*, 36(4). 247-263. https://doi.org/10.1080/01933922.2011.613902
- McCarthy, C.J., & Hart, S. (2011). Designing groups to meet evolving challenges in health care settings. *Journal for Specialists in Group Work*, *36*(4), 352-367. https://doi.org/10.1080/01933922.2011.614143
- Singh, A. & Salazar, C. F. (2010a). Six considerations for social justice group work. *Journal for Specialists in Group Work*, 35, 308-319. https://doi.org/10.1080/01933922.2010.492908



Singh, A. A. & Salazar, C. F. (2010b). The roots of social justice in group work. *Journal for Specialists in Group Work, 35*, 97-104. <a href="https://doi.org/10.1080/01933921003706048">https://doi.org/10.1080/01933921003706048</a>

Steen, S., Henfield, M. S., & Booker, B. (2014). The achieving success everyday group counseling model: Implications for professional school counselors. *Journal for Specialists in Group Work*, 39, 29-46. https://doi.org/10.1080/01933922.2013.861886

#### **Additional Readings:**

American Counseling Association. (2014). *ACA Codes of Ethics*. Alexandria, VA: Author. Retrieved from <a href="https://www.counseling.org/docs/default-source/default-document-library/2014-code-of-ethics-finaladdress.pdf?sfvrsn=96b532c">https://www.counseling.org/docs/default-source/default-document-library/2014-code-of-ethics-finaladdress.pdf?sfvrsn=96b532c</a> 2

#### **Recommended Textbook:**

American Psychological Association. (2019). Publication manual of the American Psychological Association (7<sup>th</sup> ed.). Author.

#### **COURSE DESCRIPTION**

#### **Catalogue Description of the Course**

*COUN 528. Introduction to Group Dynamics and Procedures.* Three Semester Hours. A study of group development, dynamics, and theories in relation to group counseling. Leadership styles, techniques and roles are explored, and ethical issues related to group interventions are discussed. Prerequisite: COUN 510 or consent of instructor.

#### **General Course Information**

As one of the core courses in the TAMU-Commerce Counseling Program, this course should be taken early in the student's program, but not first. The course includes studies that provide both theoretical and experiential understandings of group purpose, development, dynamics, counseling theories, group counseling methods and skills, and other group approaches. A grade of "B" or higher must be earned in COUN 501, 510, 528, and 516 for admission to candidacy status (or its equivalent for those seeking school counselor certification only), which is required before practicum (COUN 551).

#### **Student Learning Outcomes**

#### 2016 CACREP Standards Addressed in COUN 528

	2010 CHCIEL Standards Hadrosson in Coch C20			
Core Standard	Learning Activity	Assignment	Assessment	Benchmark
			Rubric	
<b>2.F.6.a</b> . theoretical	•Lecture	1.Group Paper	1. Group Paper	$1. \ge 80\%$ of average
foundations of group		&	& Presentation	rubric scores will either
		Presentation	rubric	



counseling and group work  2.F.6.b. dynamics	•Readings (Corey, Corey, & Corey, 2014 [Chapter 4]) •In-class demonstrations •Class discussion •Lecture	1.Group Paper	Group Paper	meet (2) or exceed (3) expectation $1. \ge 80\%$ of average
associated with group process and development	<ul> <li>Readings (Corey, Corey,</li> <li>&amp; Corey, 2014 [Chapter 6-9])</li> <li>In-class demonstrations</li> <li>Class discussion</li> </ul>	& Presentation	& Presentation rubric	rubric scores will either meet (2) or exceed (3) expectation
<b>2.F.6.c.</b> therapeutic factors and how they contribute to group effectiveness	<ul> <li>Lecture</li> <li>Readings (Corey, Corey, &amp; Corey, 2014 [Chapter 8])</li> <li>In-class demonstrations</li> <li>Class discussion</li> </ul>	1. Group Paper & Presentation	1. Group Paper & Presentation rubric	1. ≥ 80% of average rubric scores will either meet (2) or exceed (3) expectation
2.F.6.d. characteristics and functions of effective group leaders	<ul> <li>Lecture</li> <li>Readings (Corey, Corey, &amp; Corey, 2014 [Chapter 2])</li> <li>In-class demonstrations</li> <li>Class discussion</li> </ul>	1. Group Paper & Presentation	1. Group Paper & Presentation rubric	1. ≥ 80% of average rubric scores will either meet (2) or exceed (3) expectation
<b>2.F.6.e.</b> approaches to group formation, including recruiting, screening, and selecting members	<ul> <li>Lecture</li> <li>Readings (Corey, Corey, &amp; Corey, 2014 [Chapter 5])</li> <li>In-class demonstrations</li> <li>Class discussion</li> </ul>	1. Group Paper & Presentation	1. Group Paper & Presentation rubric	1. ≥ 80% of average rubric scores will either meet (2) or exceed (3) expectation
<b>2.F.6.f.</b> types of groups and other considerations that affect conducting groups in varied settings	●Lecture  ●Readings (Corey, Corey, & Corey, 2014 [Chapter 10-11]; Drum, Becker, & Hess, 2011; McCarthy & Hart, 2011; Steen, Henfield, & Booker, 2014])  ●In-class demonstrations  ●Class discussion	1. Group Paper & Presentation	1. Group Paper & Presentation rubric	1. ≥ 80% of average rubric scores will either meet (2) or exceed (3) expectation
<b>2.F.6.g.</b> ethical and culturally relevant strategies for	<ul> <li>Lecture</li> <li>Readings (Corey, Corey,</li> <li>&amp; Corey, 2014 [Chapter 1</li> <li>&amp; 3]; 2014 ACA Code of</li> </ul>	1. Group Paper & Presentation	1. Group Paper & Presentation rubric	1. ≥ 80% of average rubric scores will either meet (2) or exceed (3) expectation



designing and facilitating groups	Ethics, DeLucia, Coleman, & Jensen-Scott, 1992, Singh & Salazar, 2010a; Singh & Salazar, 2010b) •In-class demonstrations •Class discussion			
2.F.6.h. direct experiences in which students participate as group members in a small group activity, approved by the program, for a minimum of 10 clock hours over the course of one academic term	•10 clock hours in Experiential Group Activity	1. 10 Experiential Group Journals	1. Weekly Journal Rubric	1. ≥ 80% of average rubric scores will either meet (2) or exceed (3) expectation

## Content Areas include, but are not limited to, the following:

- I. Group dynamics
  - A. Group process components
  - B. Developmental stage theories
  - C Group members' roles and behaviors
  - D. Therapeutic factors of group work
- II. Group leadership styles and approaches
  - A. Characteristics of various types of group leaders
  - B. Leadership styles
- III. Theories of group counseling
  - A. Commonalities
  - B. Distinguishing characteristics
  - C. Pertinent research and literature
- IV. Group counseling methods
  - A. Group counselor orientations and behaviors
  - B. Appropriate selection criteria and methods
  - C. Methods of evaluation of effectiveness
- V. Approaches used for other types of group work
  - A. Task groups
  - B. Psychoeducational groups
  - C. Therapy groups
- VII. Professional preparation standards for group leaders



VIII. Ethical and legal considerations related to group work

## TEXES Competencies Related to this Course (TEXES is the state examination required for school counselor certification.)

Competency 001 (Human Development). The school counselor understands processes of human development and applies this knowledge to provide a developmental guidance program, including counseling services, that meets the needs of all students.

Competency 002 (Student Diversity). The school counselor understands human diversity and applies this knowledge to ensure that the developmental guidance and counseling program is responsive to all students.

Competency 006 (Counseling). The school counselor understands how to provide effective counseling services to individuals and small groups.

Competency 010 (Professionalism). The school counselor understands and complies with ethical, legal, and professional standards relevant to the profession.

#### **COURSE REQUIREMENTS**

#### **Minimal Technical Skills Needed**

In this class, you will utilize the Learning Management System (LMS) entitled D2L for portions of instructional and learning methods and submitting assignments. You will need to utilize other technologies such as Microsoft Word, PowerPoint, etc. If you have issues with this system, it is your responsibility to contact the help desk immediately.

#### **Instructional Methods**

This course consists of lecture, discussion, reading and writing assignments, guided practice and role-plays, in-class activities, and experiential activities. Self-reflection, self-evaluation, and offering and receiving feedback are also important instructional methods in this course. In addition, this course involves an experiential component of at least 10 hours designed as training for group membership and leadership. The group experiences are not designed to substitute for therapy.

#### **Client Role**

You will be in a client role and in a counselor role in different role-plays and activities in this course. These roles are essential and mandatory to your learning, demonstration, and assessment of basic counseling skills. If you are not prepared to engage in these roles, you are recommended to drop this course, as it will negatively influence your grade. What you share in these role-plays (or "real-plays") is entirely up to you and your comfort level. As such, all students are held to the highest privacy and confidentiality standards and must abide by the current ACA Code of Ethics.



You have the right and personal responsibility to share only as deeply as you want. At the same time, if you find yourself not wishing to engage in these exercises, you may prefer to drop the course.

#### **Small Group Experience (10 clock hours group participation):**

Students will gain experience as group members through participation in 10 clock hours of departmentally approved experiential small group activity during one academic term.

You will also facilitate a counseling group in classroom role-play situations. You are to meet with your co-leader and plan your session. You will conduct a counseling group in classroom role-play situations. You are to have enough exercises/techniques to process a 60-minute group. The group is to have time for an opening, an exercise, processing the exercise, and termination. You will have to plan your time carefully. A handout that summarizes the content of the group is required. A debriefing will follow each group session for the leaders. The debriefing is to take no longer than 15 minutes.

Group leaders and group members will undertake every reasonable assurance of confidentiality. The group experiences are not designed to substitute for therapy.

#### **Experiential Group Focus:**

The purpose of this course is to teach you about the functioning of groups. The bias of the instructor is that YOU are the most important component in the group process -- not merely you as a technician. Thus, the focus of the course is on how you bring yourself as a person into your small groups. The purpose of these small group activity is not to provide group therapy. However, your interactions in group will hopefully be real, based upon real concerns, and the group will hopefully be therapeutic. Thus, you are expected to participate in a personal way with a focus on sharing your thoughts and feelings as it pertains to what it is like for you to be a part of your experiential group. You are expected to give feedback to others and also to listen to and consider feedback you receive from others. The focus is not on resolving your personal problems. Rather, the focus will be more on here-and-now issues as they emerge within the context of the small groups and exploration of any of the personal topics you bring into your group. Hopefully, this class will be therapeutic - a catalyst for your growth and a path for increasing your awareness of yourself in a group situation. You are **not** expected to disclose your deepest personal concerns, yet you are expected to deal with your personal reactions to what is taking place in the here-and-now context of the unfolding of the group. It is our expectation that members will engage in risk-taking as a way of expanding personal boundaries and that each participant will take active steps to create a safe climate of support.

Each of you is expected to focus on those personal areas that have the most meaning to you, both personally and professionally. You will be asked to talk about yourself in personal ways and explore real issues that are of concern to you, yet it is up to you to decide what personal topics you want to examine.



#### **Confidentiality and Ethics:**

In this course, you are entering an experience that involves a fair amount of role-playing and practice interviewing. Naturally, in the course of discussion, it is possible for a student colleague to say something personally important and confidential. It is your duty to maintain confidentiality. Confidentiality is extremely important to the integrity of this course and enrolling in this course carries with it the responsibility to maintain confidentiality. Confidentiality cannot be guaranteed in any situation, but we are collectively accountable to maintain a safe, trusting environment throughout the course including experiential activities, and in-class conversations. While it can be compelling to share personal information about class members with others, all students are bound by the ACA ethical code of confidentiality with respect to any material shared by other members of the class. The disclosure of personal information to anyone outside this class would be considered unethical and you will face consequences for disclosing it to non-class members. Please explore any concerns you have about confidentiality during class time, after class, or via private communication with the instructor.

If students demonstrate personal limitations that might impede future performance, or consciously violate ethical standards, and/or are ineffective and harmful to clients, then these students will not receive the instructor's endorsement to continue with the program (ACA Ethical Standards).

#### Student Responsibilities or Tips for Success in the Course

As a student in this course, you are responsible for the active learning process. Expectations of this course include the following:

- 1. You are expected to display professionalism at all times. Be respectful of your professor and peers. Be open to feedback, as you will receive this throughout the program.
- 2. Prepare for classes. Complete any and all readings prior to class time.
- 3. Complete all assignments by the deadline.
- 4. Adhere to the university student code of conduct.
- 5. Participate. During face-to-face classes, you are expected to actively participate in all activities and discussion. In the online format, you are expected to participate in all online discussions/activities. This is crucial to your learning.
- 6. All writing assignments must be completed according to APA 7<sup>th</sup> edition.
- 7. Regularly check your university email. My suggestion is to check this at least once a day as your instructors and others from the department and university may contact you.
- 8. Begin your readings ASAP. Sometimes it may take more than one attempt to digest the material.
- 9. Deadlines are the last possible moment something is due—not the first moment to start. Work ahead. I realize this may not always be possible; however, when you can, do so.
- 10. Be open to the process. This degree takes time, work, effort, and growth.



#### COURSE ASSIGNMENTS/ASSESSMENTS

#### 1. Class Participation & Attendance (50 points)

Due to the experiential nature of this class, attendance and participation are essential. Participation is credited to all activities related to this course. Please be aware that being consistently late to class or group sessions can also constitute an absence, particularly when a pattern of lateness emerges.

*Note:* The quality of your participation *as a group member and as a group facilitator* in the small experiential groups, either in the demonstration groups or in the weekend supervision groups, is *not* included as a factor in grading. Although you are expected to participate actively in the experiential training groups as a member, you are not graded on this component, nor are you graded on your skills in group leading.

The following criteria will be used to determine participation & attendance points:

## **Class Participation & Attendance Rubric**

3-Exceeds
Expectations (45-
50 points)

Proactive participation: leading, originating, informing, challenging contributions that reflect in-depth study, thought, and analysis of the topic under consideration. This does not mean dominating discussion or self-disclosure inappropriate to the circumstances. Full attendance in the 10-hour small group experience. No more than one absence/no evident pattern of lateness.

2 – Meets Expectations (40– 44 points) Reactive participation: supportive, follow-up contributions that are relevant and of value, but rely on the leadership and study of others, or reflect opinion/personal self-disclosure rather than study, contemplation, synthesis, and evaluation. Full attendance in the 10-hour small group experience. Two or less absences/no evident pattern of lateness.

1 – Does Not Meet Expectations (0-39 points) Passive participation: present, awake, alert, attentive, but not actively involved or invested; or uninvolved: absent, present but not attentive, sleeping, texting/surfing, irrelevant contributions. Absence or lateness on one or more of the 10-hour small group experience. More than two absences/pattern of lateness evident.

## 2. Group Paper (100 points)

Students will demonstrate the ability to apply knowledge of principles of group dynamics and processes in a **25-page group paper**. In this paper, you will demonstrate the ability

The syllabus/schedule are subject to change.



to apply knowledge of principles of group dynamics and processes in writing. The object of the paper is to propose a counseling group you might like to conduct in practicum or internship. Minimum length is 25 pages, typed and double-spaced using APA 7<sup>th</sup> edition standards. A title page and a references page are included but do not count towards your page count total. The paper will include: (a) literature review on the group topic; (b) discussion of theoretical orientation; (c) group process and development; (d) therapeutic factors; (e) group logistics; (f) group formation; (g) 8-10 session plan for a counseling group in a school or agency setting; (h) ethically and culturally relevant strategies; and (i) appendices containing group activities and resources. This assignment meets CACREP standards 2.F.6.a, 2.F.6.b, 2.F.6.c, 2.F.6.d, 2.F.6.e, 2.F.6.f, and 2.F.6.g.

The paper will include references from at least ten journal articles, in addition to the textbook. In addition to citing and synthesizing information from the related literature, you should specify the form and content of each group session, stating your objectives for each. Include your selection procedure and screening techniques. Identify the session(s) when individual education plans will be identified for each member, and the opportunities for subsequent follow-up on each member's progress.

Your paper should address a *group counseling* application, not a group guidance or group psychotherapy situation. It would be practical to identify a group you might actually lead in your practicum or internship field placement. An example of a group paper is available in D2L. See Appendix A for outline and rubric below.

#### **Group Paper Rubric**

	1 – Does Not Meet	2 – Meets Expectations	3 – Exceeds Expectations
	Expectations	(8-8.9  points)	(9 - 10 points)
	(0 - 7.9  points)		
Literature Review	Demonstrates a lack of	Demonstrates knowledge	Demonstrates exceptional
(10 points)	knowledge on how to	on how to appropriately	knowledge on how to
	appropriately summarize	summarize key findings	appropriately summarize key
	key findings. Basic	but omits one or two key	findings with no missing key
	information missing	points. Includes	points. Includes summary of basic
	including statement of the	summary of basic	information, statement of the
	problem, key elements of	information, statement of	problem, key elements of the
	the topic, Important issues	the problem, key	topic, Important issues faced, and
	faced, and discussion of	elements of the topic,	discussion of solutions and
	solutions and treatment	Important issues faced,	treatment implications.
	implications. Not	and discussion of	Representative of graduate level
	representative of graduate	solutions and treatment	work.
	level work.	implications.	
		Representative of	
		graduate level work.	



Theoretical	Demonstrates lack of	Demonstrates good	Demonstrates exceptional
Foundation of	comprehension on how to	comprehension on how	comprehension on how to
Group Leader	appropriately apply theory	to appropriately apply	appropriately apply theory in
(10 points)	in group counseling.	theory in group	group counseling. Student
(10 points)	Student description of	counseling but omits one	description of theory chosen is
	theory chosen is not well-	or two key points.	clear and thorough. Techniques
	developed but may omit	Student description of	and lesson plans identified
	one or two key points.	theory chosen is fairly	accurately reflect the theory
	Techniques and lesson	well-developed but may	chosen. Representative of
	plans identified do not	omit one or two key	graduate level of work.
	accurately reflect the	points. Techniques and	graduate level of work.
	theory chosen	lesson plans identified	
	Representative of	somewhat reflect the	
	graduate level of work.	theory chosen.	
	graduce level of work.	Representative of	
		graduate level of work.	
Group Process	Demonstrates little to no	Demonstrates good	Demonstrates exceptional
and Development	knowledge of group	knowledge of group	knowledge of group process and
(10 points)	process and development.	process and development	development. Student effectively
( 1 1)	Student does not describe	but omits one or two key	describes the dynamics, group
	the dynamics, group	points. Student describes	process and development between
	process and development	the dynamics, group	the different stages of group.
	between the different	process and development	Student's description is clear,
	stages of group. Student's	between the different	thorough, and has well-identified
	description lacks clarity	stages of group but omits	supporting points. Representative
	and elaboration between	one or two key points.	of graduate level work
	points. Not representative	Student's description	
	of graduate level work	lacks elaboration	
		between points	
		Representative of	
		graduate level work	
Therapeutic	Demonstrates little to no	Demonstrates good	Demonstrates exceptional
Factors and	comprehension of the	comprehension of the	comprehension of the therapeutic
Impact of Group	therapeutic factors in	therapeutic factors in	factors in group counseling.
Effectiveness	group counseling. Student	group counseling, but	Student description of the
(10 points)	description of the	omits one or two key	therapeutic factors is clear and
	therapeutic factors is not	points. Student	thorough. Students provide a
	clear and thorough.	description of the	comprehensive review of how
	Students do not review	therapeutic factors is	therapeutic factors impact group
	how therapeutic factors	fairly well-developed but	effectiveness. Representative of
	impact group	may omit one or two key	graduate level of work.
	effectiveness. Not	points. Students	
	representative of graduate	minimally review of how	
	level of work.	therapeutic factors	



		impact group effectiveness. Representative of graduate level of work.	
Group Logistics and Formation (Recruiting, Screening, & Selection)  (10 points)	Demonstrates little to no evidence of group logistics. Duration and or length of sessions not sufficient to cover topic, time management logistics not addressed. Was not relevant to SC or CMHC counseling. Not representative of graduate level work	Demonstrates good evidence of group logistics but omits one or two key points. Student's groups logistics are fairly developed and has well- identified supporting points but may omit one or two key points. Application was relevant to SC or CMHC counseling. Representative of graduate level work	Demonstrates exceptional knowledge of group logistics. Student's critique is clear, thorough, and has well-identified supporting points. Application was relevant to SC or CMHC counseling. Representative of graduate level work
	1 – Does Not Meet Expectations (0 – 11.9 points)	2 – Meets Expectations (12 - 13.4 points)	3 – Exceeds Expectations (13.5 - 15 points)
Group Session Plans (15 points)	Demonstrates a lack of knowledge on how to appropriately organize and or execute group sessions plans. General goals and individual goals of the group were not addressed. 8-12 session plans were not included. Appendices are missing or incomplete. Not representative of graduate level work	Demonstrates good knowledge on how to appropriately organize and or execute group sessions plans but omits one or two key points. Student's groups general goals and individual goals are fairly developed and has well-identified supporting points but may omit one or two key points. 8-12 session plans and appendices were included. but omits one or two key points. Representative of graduate level work	Demonstrates exceptional knowledge on how to appropriately organize and or execute group sessions plans. Student's groups general goals and individual goals are clear, thorough, and has well-identified supporting points. 8-12 session plans and appendices were included, clear and complete. Representative of graduate level work
	1 – Does Not Meet Expectations (0 – 7.9 points)	2 – Meets Expectations (8 – 8.9 points)	3 – Exceeds Expectations (9 - 10 points)



Ethically and Culturally relevant strategies addressed (10 points)	Ethically and culturally relevant strategies was not addressed or insufficiently addressed; Not representative of graduate level work	Ethically and culturally relevant strategies was addressed but missing one or two key points; Representative of graduate level work	Ethically and culturally relevant strategies was thoroughly addressed without any missing information; Student utilized ACA code of ethics; Representative of graduate level work
APA Style/Grammar (10 points)	Substantial APA errors (> 6 errors). Does not adhere to APA style; Poor grammar and sentence structure. Paper is disorganized; omission (less than 9) of in-text citations and references (if appropriate). Poor quality, Not indicative of graduate level work.	Some APA errors (3-4 errors). Mostly adhere to APA style; sufficient grammar and sentence structure; paper is fairly organized; Use of 10 intext citations and references (if appropriate). Representative of graduate level work.	Little to no errors (1-2 errors). Completely adhere to APA style; sufficient grammar and sentence structure; paper is well-organized; Use of 11-15 in-text citations and references (if appropriate). Representative of graduate level work.
		Presentation	
	1 – Does Not Meet Expectations (0 – 11.9 points)	2 – Meets Expectations (12 - 13.4 points)	3 – Exceeds Expectations (13.5 - 15 points)
Presentation and Presenter Qualities (15 points)	Presentation occurred outside the allotted timeframe; information appeared disorganized/disjointed; presenters appeared unrehearsed and presentation was unpolished; Not representative of graduate level work.	Presentation occurred within the allotted timeframe. Information appeared fairly organized, but missed one or two key elements; presenters appeared rehearsed at times, but missed one or two key elements; Representative of graduate level work	Presentation occurred within the allotted timeframe; information was well-organized with no missing detail; presenters appeared rehearsed; presentation material(s) were aesthetically pleasing; Representative of graduate level work

#### 3. Journals (5 points each; 50 points total)

Students will demonstrate understanding of group dynamics, group process components, leader skills, and ability to self-reflect as a group member, through completion of a structured weekly journal assignment. The journal assignment coincides with group participation in a small experiential group. Each week (10 total) you will turn in a 2-3-page journal on the previous week's group session class and one journal about anticipating the group's beginning. See Appendix B for outline and rubric below. CACREP standard 2.F.6.h is met through the completion of the ten journals.



#### **Journal Rubric**

	1 – Does Not Meet	2 – Meets	3 – Exceeds Expectations
	Expectation	Expectation	(2.7 - 3 points)
	(0-2.3  points)	(2.4 - 2.6 points)	
Weekly Journal	Journal is not complete, not	Journal presents	Journal presents all
(3 points)	written in a clear manner OR	most elements of	elements of the
	post is missing critical	the question OR all	question(s) discussed
	components of the journal	elements discussed	thoroughly and clearly.
	OR is discussed in an	in a brief manner.	Journal is evident of
	illogical/inconsistent manner.	Journal is evident	graduate level work with
	Journal has several	of graduate level	few to no
	grammatical/APA errors; not	work with some	grammatical/APA errors.
	consistent with graduate level	grammatical/APA	
	work.	errors.	

#### **GRADING**

Final grades in this course will be based on the following scale:

90%-100% A 80%-89% B 70%-79% C 60%-69% D < 59% F

Assignment/Assessment	<b>Point Value</b>
Class Participation and Attendance	50
Journals (10 total)	50
Group Paper	100
<b>Total Points</b>	200

Assignments are due on the day noted in the syllabus. Late assignments will have a 10% deduction per day late from the final score.

## **TECHNOLOGY REQUIREMENTS**

#### **Browser support**

D2L is committed to performing key application testing when new browser versions are released. New and updated functionality is also tested against the latest version of supported browsers. However, due to the frequency of some browser releases, D2L cannot guarantee that

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each browser version will perform as expected. If you encounter any issues with any of the browser versions listed in the tables below, contact D2L Support, who will determine the best course of action for resolution. Reported issues are prioritized by supported browsers and then maintenance browsers.

Supported browsers are the latest or most recent browser versions that are tested against new versions of D2L products. Customers can report problems and receive support for issues. For an optimal experience, D2L recommends using supported browsers with D2L products.

Maintenance browsers are older browser versions that are not tested extensively against new versions of D2L products. Customers can still report problems and receive support for critical issues; however, D2L does not guarantee all issues will be addressed. A maintenance browser becomes officially unsupported after one year.

#### Note the following:

- Ensure that your browser has JavaScript and Cookies enabled.
- For desktop systems, you must have Adobe Flash Player 10.1 or greater.
- The Brightspace Support features are now optimized for production environments when using the Google Chrome browser, Apple Safari browser, Microsoft Edge browser, Microsoft Internet Explorer browser, and Mozilla Firefox browsers.

#### **Desktop Support**

Browser	Supported Browser Version(s)	Maintenance Browser Version(s)
Microsoft® Edge	Latest	N/A
Microsoft® Internet Explorer®	N/A	11
Mozilla® Firefox®	Latest, ESR	N/A
Google® Chrome <sup>TM</sup>	Latest	N/A
Apple® Safari®	Latest	N/A

#### **Tablet and Mobile Support**

Device	Operating System	Browser	Supported Browser Version(s)
Android™	Android 4.4+	Chrome	Latest



Apple	iOS®	Safari, Chrome	The current major version of iOS (the latest minor or <b>point</b> release of that major version) and the previous major version of iOS (the latest minor or <b>point</b> release of that major version). For example, as of June 7, 2017, D2Lsupports iOS 10.3.2 and iOS 9.3.5, but not iOS 10.2.1, 9.0.2, or any other version. Chrome: Latest version for the iOS browser.
Windows	Windows 10	Edge, Chrome, Firefox	Latest of all browsers, and Firefox ESR.

- You will need regular access to a computer with a broadband Internet connection. The minimum computer requirements are:
  - o 512 MB of RAM, 1 GB or more preferred
  - o Broadband connection required courses are heavily video intensive
  - Video display capable of high-color 16-bit display 1024 x 768 or higher resolution
- **For YouSeeU Sync Meeting sessions** <u>8 Mbps</u> **is required.** Additional system requirements found here: <a href="https://support.youseeu.com/hc/en-us/articles/115007031107-Basic-System-Requirements">https://support.youseeu.com/hc/en-us/articles/115007031107-Basic-System-Requirements</a>
- You must have a:
  - o Sound card, which is usually integrated into your desktop or laptop computer
  - Speakers or headphones.
  - \*For courses utilizing video-conferencing tools and/or an online proctoring solution, a webcam and microphone are required.
- Both versions of Java (32 bit and 64 bit) must be installed and up to date on your machine. At a minimum Java 7, update 51, is required to support the learning management system. The most current version of Java can be downloaded at: <u>JAVA web site</u> <a href="http://www.java.com/en/download/manual.jsp">http://www.java.com/en/download/manual.jsp</a>
- Current anti-virus software must be installed and kept up to date.

Running the browser check will ensure your internet browser is supported.



Pop-ups are allowed. JavaScript is enabled. Cookies are enabled.

- You will need some additional free software (plug-ins) for enhanced web browsing. Ensure that you download the free versions of the following software:
  - Adobe Reader https://get.adobe.com/reader/
  - o Adobe Flash Player (version 17 or later) https://get.adobe.com/flashplayer/
  - o Adobe Shockwave Player https://get.adobe.com/shockwave/
  - o Apple Quick Time <a href="http://www.apple.com/quicktime/download/">http://www.apple.com/quicktime/download/</a>
- At a minimum, you must have Microsoft Office 2013, 2010, 2007 or Open Office. Microsoft Office is the standard office productivity software utilized by faculty, students, and staff. Microsoft Word is the standard word processing software, Microsoft Excel is the standard spreadsheet software, and Microsoft PowerPoint is the standard presentation software. Copying and pasting, along with attaching/uploading documents for assignment submission, will also be required. If you do not have Microsoft Office, you can check with the bookstore to see if they have any student copies.

#### ACCESS AND NAVIGATION

You will need your campus-wide ID (CWID) and password to log into the course. If you do not know your CWID or have forgotten your password, contact the Center for IT Excellence (CITE) at 903.468.6000 or <a href="https://heiling.needu.

**Note:** Personal computer and internet connection problems do not excuse the requirement to complete all course work in a timely and satisfactory manner. Each student needs to have a backup method to deal with these inevitable problems. These methods might include the availability of a backup PC at home or work, the temporary use of a computer at a friend's home, the local library, office service companies, Starbucks, a TAMUC campus open computer lab, etc.

#### COMMUNICATION AND SUPPORT

Brightspace Support Need Help? Student Support

If you have any questions or are having difficulties with the course material, please contact your instructor.



#### **Technical Support**

If you are having technical difficulty with any part of Brightspace, please contact Brightspace Technical Support at 1-877-325-7778 or click on the **Live Chat** or click on the words "click here" to submit an issue via email.



#### **System Maintenance**

Please note that on the 4th Sunday of each month there will be System Maintenance which means the system will not be available 12 pm-6 am CST.

#### **Interaction with Instructor Statement**

Communication with your professors is key to your professional growth. I am here to support and guide you along your academic journey. With that being said, I cannot help you if you do not communicate with me. Please make an appointment if you have any concerns or questions. Because I teach in different locations, email is the best way to reach me. I will attempt to answer all emails within 24 hours, Monday-Friday, but at times will need up to 72 hours to do so. When emailing, please use your university email and address me with courtesy and respect.

#### COURSE AND UNIVERSITY PROCEDURES/POLICIES

#### **Course Specific Procedures/Policies**

Written assignments are due on the day noted in the syllabus. All papers are due at the beginning of the class period. Late papers will have 10% deduction per day late from the final score.

#### **Syllabus Change Policy**

The syllabus is a guide. Circumstances and events, such as student progress, may make it necessary for the instructor to modify the syllabus during the semester. Any changes made to the syllabus will be announced in advance.

#### **University Specific Procedures**

#### **Student Conduct**

All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment. The Code of Student Conduct is described in detail in the <a href="Student Guidebook">Student Guidebook</a>.

 $\underline{http://www.tamuc.edu/Admissions/oneStopShop/undergraduateAdmissions/studentGuidebook.as}\\ \underline{px}$ 

Students should also consult the Rules of Netiquette for more information regarding how to interact with students in an online forum: Netiquette http://www.albion.com/netiquette/corerules.html



#### **TAMUC Attendance**

For more information about the attendance policy please visit the <u>Attendance</u> webpage and Procedure 13.99.99.R0.01.

http://www.tamuc.edu/admissions/registrar/generalInformation/attendance.aspx

http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/academic/13.99.99.R0.01.pdf

#### **Academic Integrity**

Students at Texas A&M University-Commerce are expected to maintain high standards of integrity and honesty in all of their scholastic work. For more details and the definition of academic dishonesty see the following procedures:

Undergraduate Academic Dishonesty 13.99.99.R0.03

http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/undergraduates/13.99.99.R0.03UndergraduateAcademicDishonesty.pdf

Graduate Student Academic Dishonesty 13.99.99.R0.10

http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/graduate/13.99.99.R0.10GraduateStudentAcademicDishonesty.pdf

#### **ADA Statement**

#### **Students with Disabilities**

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:

#### Office of Student Disability Resources and Services

Texas A&M University-Commerce Gee Library- Room 162 Phone (903) 886-5150 or (903) 886-5835

Fax (903) 468-8148

Email: studentdisabilityservices@tamuc.edu

Website: Office of Student Disability Resources and Services

http://www.tamuc.edu/campusLife/campusServices/studentDisabilityResourcesAndServices/



#### **Nondiscrimination Notice**

Texas A&M University-Commerce will comply in the classroom, and in online courses, with all federal and state laws prohibiting discrimination and related retaliation on the basis of race, color, religion, sex, national origin, disability, age, genetic information or veteran status. Further, an environment free from discrimination on the basis of sexual orientation, gender identity, or gender expression will be maintained.

#### **Campus Concealed Carry Statement**

Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in Texas A&M University-Commerce buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and A&M-Commerce Rule 34.06.02.R1, license holders may not carry a concealed handgun in restricted locations.

For a list of locations, please refer to the <u>Carrying Concealed Handguns On Campus</u> document and/or consult your event organizer.

#### Web url:

http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/34SafetyOfEmployeesAndStudents/34.06.02.R1.pdf

Pursuant to PC 46.035, the open carrying of handguns is prohibited on all A&M-Commerce campuses. Report violations to the University Police Department at 903-886-5868 or 9-1-1.

#### FLEXIBLE COURSE CALENDAR

(subject to change at the discretion of the instructor)

Week	Topic	CACREP	Readings	Assignments
		Standard(s)		
Week 1	-Introductions	2.F.6.g.	-Corey, Corey, & Corey	-Week 1
	-Syllabus review		(2018) Chapter 1:	discussion post
	-Course overview and	2.F.6.d.	Introduction to Group	
	expectations		Work: A Multicultural	
	-Introduction to group		Experience	
	work		_	
Zoom meeting #1: Date/Time TBD				
Week 2	-The group counselor as a		-Corey, Corey, & Corey	-Experiential
	person		(2018) Chapter 2: The	group 1
	-Leadership skills		Group Counselor	-Journal 1
	-The co-leadership model		_	
Week 3	-Ethical issues	2.F.6.g.	-Corey, Corey, & Corey	-Experiential



	-Confidentiality -Role of leader's values -Competence and training		(2018) Chapter 3: Ethical and Legal Issues in Group Counseling	groups 2 & 3 -Journals 2 & 3		
Week 4	-Overview of group theories and techniques -Psychodynamic approaches -Experiential and relationship-oriented approaches -Cognitive behavioral approaches -Postmodern approaches -Integrative approaches	2.F.6.a	-Corey, Corey, & Corey (2018) Chapter 4: Theories and Techniques of Group Counseling	-Experiential group 4 -Journal 4		
Week 5	-Developing a group proposal -Attracting and screening members -Practical considerations -Pre-group meetings	2.F.6.e.	-Corey, Corey, & Corey (2018) Chapter 5: Forming a Group	-Experiential group 5 -Journal 5		
	Zoom meeting #2: Date/Time TBD					
Week 6	-Group characteristics at the initial stage -Creating trust: Leader and member Roles -Identifying and clarifying goals -Group process at the initial stage -Leader issues at the initial stage	2.F.6.b.	-Corey, Corey, & Corey (2018) Chapter 6: Initial Stage of Group	-Experiential group 6 -Journal 6		
Week 7	-Characteristics of the transition stage -Challenging group members -Dealing with defensive behavior -Dealing with avoidance -Dealing with transference and countertransference	2.F.6.b.	-Corey, Corey, & Corey (2018) Chapter 7: Transition Stage of a Group	-Experiential group 7 -Journal 7		
Week 8	-Progressing to the working stage -Working with member's fears -Tasks of the working	2.F.6.b. 2.F.6.c.	-Corey, Corey, & Corey (2018) Chapter 8: Working Stage of a Group	-Experiential Group 8 -Journal 8		



	stage -Therapeutic factors					
Week 9	-Tasks of the final Stage -Termination of group experience -Evaluation of group experience	2.F.6.b.	-Corey, Corey, & Corey (2018) Chapter 9: Final Stage of a Group	-Experiential groups 9 & 10 -Journals 9 & 10		
	700	m meeting #3. Date	Time TRD			
	Zoom meeting #3: Date/Time TBD					
Week	-Group counseling in a	2.F.6.f.	-Corey, Corey, & Corey	-Group paper		
10	school setting		(2018) Chapter 10:	due 8/8		
	-Groups in college		Groups in School			
	counseling centers		Settings			
	-Groups in community		-Corey, Corey, & Corey			
	settings		(2018) Chapter 11:			
			Groups in Community			
			Settings			



#### **Appendix A: Group Paper**

#### 1) Literature review:

Does it document this as a widespread problem?

Does it describe the key elements of the topic?

Does it identify and describe the most important issues faced by group members?

Does it identify solutions discovered by others?

Does it review 10 recent journal articles, as well as books?

#### 2) **Theoretical Orientation**

What is the theoretical lens for your group?

What are the key concepts of the identified theoretical orientation?

How is the theoretical orientation being applied to the group?

#### 3) **Group Process and Development**

What are the expected dynamics of the group?

How will they differ in between the different stages of the group?

#### **4**) **Therapeutic Factors**

What are the therapeutics factors of group counseling?

How do therapeutic factors impact group counseling?

How is your group demonstrating the therapeutic factors?

#### 5) **Group Logistics and Formation:**

Is the duration sufficient to cover the topic and allow for change?

Is the length of sessions sufficient for the number of members?

How do you incorporate holidays into your group plan?

If school children involved, how are sessions staggered so child does not lose time from the same subject repeatedly?

When deciding whom to exclude, what are the criteria?

When deciding whom to include, which of the following are taken into account? (gender, cognitive ability, maturity, duration of issue, frequency of issue,

intensity of issue, acceptance and/or completion of issue).

#### **6**) **Group Session Plans (8-10 sessions):**

Early session identifying **General Goals**, is followed by session(s) identifying Individualized Goal followed by coaching/role play/support for opportunity to transfer learning to real life--occurring in time for members to "change".

Outline of each session opening/ closing goals/ procedures/ activities excreta.

Provide **one-page outline** for each group session.

Are appendices of activities included with citations referenced?



## 7) Ethically and Culturally Relevant Strategies

What strategies will be used when working with this population? Are the strategies relevant to the multicultural considerations of the group? What ethical codes are being met in the group?

## 8) Appendices



#### **Appendix B: Journals**

#### 1. Description of the group as a whole: identifying

- a) the mood (e.g., what changes, if any, did you notice?)
- b) topic of greatest interest to the group, and
- c) activity level (e.g., what changes did you notice?)

#### 2. Self-appraisal: identifying

- a) your mood (e.g., what changes, if any, did you notice?)
- b) topic of greatest interest to you, and
- c) your activity level (e.g., what changes did you notice?)

#### 3. Description of one member

Something you admire or something you noticed (this is not a behavioral description)

#### 4. Relation of group session to outside experience

How might you use something you learned in your session in your future role as a counselor?

#### 5. Final thoughts

Is there anything else that resonated with you?