

# PSY 319 01W: Child and Adolescent Development

COURSE SYLLABUS: May Mini 2022

# **INSTRUCTOR INFORMATION**

Instructor: Dr. Maria Carlson, Associate Professor

Office Location: Henderson Hall room 205 Office Hours: By Appointment only. Please use the following link to schedule your virtual meeting time: <u>https://calendly.com/mariacarlson/office\_hours</u>

Office Phone: N/A Office Fax: N/A

University Email Address: maria.carlson@tamuc.edu

Preferred Form of Communication: email Communication Response Time: 48 hours (excluding weekends)

# **COURSE INFORMATION**

# Materials – Textbooks, Readings, Supplementary Readings

#### **Textbook Required**

John W. Santrock (2019) Lifespan Development (18<sup>th</sup> ed.) McGraw Hill. ISBN: 9781260245844 (*If you would like to use an earlier edition please contact the instructor*)

## **Course Description**

Understanding Human Development is a developmental psychology course that examines the changes, both growth and decline, across the human lifespan from conception to death. It includes physical, cognitive, and socioemotional changes that help to shape our lives. Topics include the importance of the prenatal environment on development, formation of language, self-esteem and identity, romantic relationships, retirement, and dying. What you will find is that our journey through life is incredible –from learning to walk to compensating for physical declines in later life.

Throughout the course, you should keep several major questions in mind:

- 1. What is development, and how can it be measured?
- 2. What are guiding theories, themes, and principles in the field of developmental psychology?
- 3. How are these principles applied in extant research?
- 4. How do social and biological factors jointly influence development?
- 5. What key theoretical and methodological issues need to be taken into account when designing developmental studies?

# Student Learning Outcomes

Students will be able to discuss:

- 1. Theories of individual development and transitions across the life-span (including cognitive, emotional, social, physical, and moral)
- 2. Theories of family development and transitions across the life-span
- 3. Theories of learning and personality development
- 4. Human behavior including an understanding of developmental crises, disability, exceptional behavior, addictive behavior, psychopathology, and situational and environmental factors that affect both normal and abnormal behavior
- 5. Strategies for facilitating optimum development over the life-span
- 6. Ethical and legal considerations related to human growth and development.

## COURSE REQUIREMENTS

### Minimal Technical Skills Needed

This course will use D2L.

#### Instructional Methods

Video and textual lecture summaries and other supplemental course materials will be posted in D2L. Students will use these materials with the assigned reading to prepare for course assessments. Assessments will include exams and participation in online discussions. This online course contains the same content you'd expect in a traditional 15 week face-to-face version. You should plan on spending approximately 6-10 hours per week reading, viewing course content, completing course assignments, and participating in discussions.

#### Student Responsibilities or Tips for Success in the Course

Read the textbook. View the online materials. Complete all quizzes, exams, and discussion posts. Start your assignments early and edit them before submission. Check you LeoMail and log into D2L EVERY DAY. Important class announcements will be made via email and posted on D2L.

**Broken Link Policy:** Online content is checked in advance, but in rare cases a link may stop working mid-week. If a link is no longer working, notify the instructor immediately and no later than 24 hours prior to the chapter due date. Any broken links will be remedied and announced in D2L, and therefore no adjustments will be made to student grades if this occurs.

# GRADING

Final grades in this course will be based on the following scale:

A = 90%-100% B = 80%-89% C = 70%-79% D = 60%-69% F = 59% or Below

#### Exams (14% each)

There will be five non-cumulative exams. Each worth 14% of your overall grade in the course, for a total of 70% of your overall grade. Exams will consist of multiple choice questions over the text book and assigned readings.

All Exams are due at 11:30 pm CT on the due date (see schedule of topics).

#### Discussion Posts (15% each)

There will be 4 discussion posts. The two posts with the lowest score will be dropped. Each of the remaining 2 discussion posts will be worth 15% of your overall grade in the course, for a total of 30% of you overall grade.

Discussion posts will be submitted under "Discussions" in D2L. This means you will be able to read and comment on other students' essays, but you are not *required* to comment on them. Posts should include insightful ideas and comments that are complete and well explained as well as defended by specific evidence. Note that such defense does not require direct quotation from sources – use your own ideas and

words.

Posts must demonstrate that the student has reviewed, understood, and contemplated the material from the chapter and other assigned readings. You may include information from other chapters and outside knowledge but it must be cited appropriately. However, if you ONLY cite outside sources, then I will assume that you have not read the required readings for the course. In short, outside info is encouraged but not required. You must show me what you learned in THIS course too.

If the discussion post contains multiple parts, be sure to address each. All Discussion posts are due at 11:30 pm CT on the due date (see topic schedule).

Discussion Posts will be graded using the following rubric:

5 = Excellent: well written with lots of good ideas that are all well-defended by references to the course content.

4 = Good/complete: essays with some good ideas and references to the course content. Note that this is a passing grade and not one you should be upset about. However, it means that I think you can take your essay to the "next level" if you add more content and dig deeper into your ideas. You will receive feedback on this and typically some examples or pointers to how you could accomplish this.

1-3 = Insufficient: essays with incorrect or insufficient information. Missing or minimal references to the course content. Note that this a failing grade and beneath the expectations of a graduate student. You will receive feedback on why your essay did not meet the course standards.

0 = Missing: you did not complete the assignment by the due date.

Grades in between these categories (e.g., 4.5) may also be used if warranted.

# TECHNOLOGY REQUIREMENTS

### **Browser support**

D2L is committed to performing key application testing when new browser versions are released. New and updated functionality is also tested against the latest version of supported browsers. However, due to the frequency of some browser releases, D2L cannot guarantee that each browser version will perform as expected. If you encounter any issues with any of the browser versions listed in the tables below, contact D2L Support, who will determine the best course of action for resolution. Reported issues are prioritized by supported browsers and then maintenance browsers.

Supported browsers are the latest or most recent browser versions that are tested against new versions of D2L products. Customers can report problems and receive support for issues. For an optimal experience, D2L recommends using supported browsers with D2L products.

Maintenance browsers are older browser versions that are not tested extensively against new versions of D2L products. Customers can still report problems and receive support for critical issues; however, D2L does not guarantee all issues will be addressed. A maintenance browser becomes officially unsupported after one year.

Note the following:

- Ensure that your browser has JavaScript and Cookies enabled.
- For desktop systems, you must have Adobe Flash Player 10.1 or greater.
- The Brightspace Support features are now optimized for production environments when using the Google Chrome browser, Apple Safari browser, Microsoft Edge browser, Microsoft Internet Explorer browser, and Mozilla Firefox browsers.

Browser	Supported Browser Version(s)	Maintenance Browser Version(s)
Microsoft® Edge	Latest	N/A
Microsoft® Internet Explorer®	N/A	11
Mozilla® Firefox®	Latest, ESR	N/A
Google® Chrome™	Latest	N/A

### **Desktop Support**

Browser	Supported Browser Version(s)	Maintenance Browser Version(s)
Apple® Safari®	Latest	N/A

### Tablet and Mobile Support

Device	Operating System	Browser	Supported Browser Version(s)
Android™	Android 4.4+	Chrome	Latest
Apple	iOS®	Safari, Chrome	The current major version of iOS (the latest minor or <b>point</b> release of that major version) and the previous major version of iOS (the latest minor or <b>point</b> release of that major version). For example, as of June 7, 2017, D2Lsupports iOS 10.3.2 and iOS 9.3.5, but not iOS 10.2.1, 9.0.2, or any other version. Chrome: Latest version for the iOS browser.
Windows	Windows 10	Edge, Chrome, Firefox	Latest of all browsers, and Firefox ESR.

- You will need regular access to a computer with a broadband Internet connection. The minimum computer requirements are:
  - 512 MB of RAM, 1 GB or more preferred
  - Broadband connection required courses are heavily video intensive
  - Video display capable of high-color 16-bit display 1024 x 768 or higher resolution
- You must have a:
  - $\circ$   $\,$  Sound card, which is usually integrated into your desktop or laptop computer  $\,$
  - Speakers or headphones.
  - \*For courses utilizing video-conferencing tools and/or an online proctoring solution, a webcam and microphone are required.

- Current anti-virus software must be installed and kept up to date.

Running the browser check will ensure your internet browser is supported.

Pop-ups are allowed. JavaScript is enabled. Cookies are enabled.

- You will need some additional free software (plug-ins) for enhanced web browsing. Ensure that you download the free versions of the following software:
  - o Adobe Reader https://get.adobe.com/reader/
  - o Adobe Flash Player (version 17 or later) https://get.adobe.com/flashplayer/
  - o Adobe Shockwave Player https://get.adobe.com/shockwave/
  - o <u>Apple Quick Time</u> <u>http://www.apple.com/quicktime/download/</u>
- At a minimum, you must have Microsoft Office 2013, 2010, 2007 or Open Office. Microsoft Office is the standard office productivity software utilized by faculty, students, and staff. Microsoft Word is the standard word processing software, Microsoft Excel is the standard spreadsheet software, and Microsoft PowerPoint is the standard presentation software. Copying and pasting, along with attaching/uploading documents for assignment submission, will also be required. If you do not have Microsoft Office, you can check with the bookstore to see if they have any student copies.

# ACCESS AND NAVIGATION

You will need your campus-wide ID (CWID) and password to log into the course. If you do not know your CWID or have forgotten your password, contact the Center for IT Excellence (CITE) at 903.468.6000 or <u>helpdesk@tamuc.edu</u>.

**Note:** Personal computer and internet connection problems do not excuse the requirement to complete all course work in a timely and satisfactory manner. Each student needs to have a backup method to deal with these inevitable problems. These methods might include the availability of a backup PC at home or work, the temporary use of a computer at a friend's home, the local library, office service companies, Starbucks, a TAMUC campus open computer lab, etc.

# **COMMUNICATION AND SUPPORT**

### **Brightspace Support**

#### Need Help? Student Support

If you have any questions or are having difficulties with the course material, please contact your Instructor.

#### **Technical Support**

If you are having technical difficulty with any part of Brightspace, please contact Brightspace Technical Support at 1-877-325-7778 or click on the **Live Chat** or click on the words "click here" to submit an issue via email.



#### System Maintenance

Please note that on the 4th Sunday of each month there will be System Maintenance which means the system will not be available 12 pm-6 am CST.

#### Interaction with Instructor Statement

All course-related question should be direct to me via email. My intention is to respond to all email inquiries within 24 hours. If I am unable to give an answer within that time frame (e.g., if I have to check with a superior regarding a university policy) I will communicate that as well and provide a response as soon as possible.

# **COURSE AND UNIVERSITY PROCEDURES/POLICIES**

#### **Course Specific Procedures/Policies**

See "Student Responsibilities or Tips for Success in the Course."

### Syllabus Change Policy

The syllabus is a guide. Circumstances and events, such as student progress, may make it necessary for the instructor to modify the syllabus during the semester. Any changes made to the syllabus will be announced in advance.

## **University Specific Procedures**

### **Student Conduct**

All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment. The Code of Student Conduct is described in detail in the <u>Student Guidebook</u>.

http://www.tamuc.edu/Admissions/oneStopShop/undergraduateAdmissions/studentGuidebook.as px

Students should also consult the Rules of Netiquette for more information regarding how to interact with students in an online forum: <u>Netiquette</u> <u>http://www.albion.com/netiquette/corerules.html</u>

## **TAMUC Attendance**

For more information about the attendance policy please visit the <u>Attendance</u> webpage and <u>Procedure 13.99.99.R0.01</u>. http://www.tamuc.edu/admissions/registrar/generalInformation/attendance.aspx

http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/academic/13.99.99.R0.01.pdf

## **Academic Integrity**

Students at Texas A&M University-Commerce are expected to maintain high standards of integrity and honesty in all of their scholastic work. For more details and the definition of academic dishonesty see the following procedures:

Undergraduate Academic Dishonesty 13.99.99.R0.03

http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/undergraduates/13.99.99.R0.03UndergraduateAcademicDishonesty.pdf

Graduate Student Academic Dishonesty 13.99.99.R0.10

http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/graduate/13.99.99.R0.10GraduateStudentAcademicDishonesty.pdf

# ADA Statement

### **Students with Disabilities**

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:

## **Office of Student Disability Resources and Services**

Texas A&M University-Commerce Gee Library- Room 162 Phone (903) 886-5150 or (903) 886-5835

Fax (903) 468-8148 Email: <u>studentdisabilityservices@tamuc.edu</u> Website: <u>Office of Student Disability Resources and Services</u> <u>http://www.tamuc.edu/campusLife/campusServices/studentDisabilityResourcesAndServ</u> <u>ices/</u>

## **Nondiscrimination Notice**

Texas A&M University-Commerce will comply in the classroom, and in online courses, with all federal and state laws prohibiting discrimination and related retaliation on the basis of race, color, religion, sex, national origin, disability, age, genetic information or veteran status. Further, an environment free from discrimination on the basis of sexual orientation, gender identity, or gender expression will be maintained.

## **Campus Concealed Carry Statement**

Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in Texas A&M University-Commerce buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and A&M-Commerce Rule 34.06.02.R1, license holders may not carry a concealed handgun in restricted locations.

For a list of locations, please refer to the <u>Carrying Concealed Handguns On Campus</u> document and/or consult your event organizer.

Web url:

http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/34SafetyOfEmployeesAndStudents/34.06.02.R1.pdf

Pursuant to PC 46.035, the open carrying of handguns is prohibited on all A&M-Commerce campuses. Report violations to the University Police Department at 903-886-5868 or 9-1-1.

Students should not attend class when ill or after exposure to anyone with a communicable illness. Communicate such instances directly with your instructor. Faculty will work to support the student getting access to missed content or completing missed assignments.

# COURSE OUTLINE / CALENDAR

Dates	Readings	Assignments (All assignments are due at 11:30pm unless otherwise stated below)				
May 16, 2022	Introductions & Syllabus					
Unit 1: Beginnings						
May 17 – 21, 2022	Chapter 1: Introduction					
	Chapter 2: Biological Beginnings					
		Discussion Post 1				
	Chapter 3: Prenatal Development and Birth	Exam 1				
	Unit 2: Infancy					
May 21 – 24, 2022	Chapter 4: Physical Development in Infancy					
	Chapter 5: Cognitive Development in Infancy					
	Chapter 6: Socioemotional Development in Infancy	Discussion Post 2 <b>Exam 2</b>				
	Unit 3: Early Childhood					
May 25 – 27, 2022	Chapter 7: Physical and Cognitive Development in Early Childhood					
		Discussion Post 3 <i>Exam 3</i>				
Unit 4: Middle and Late Childhood						
	Chapter 9: Physical and Cognitive Development in					

	Middle and Late Childhood		
May 28 - 30, 2022	chapter 10. Socioemotional Development in	Discussion Post 4	
	Middle and Late Childhood	Exam 4	
Unit 5: Adolescence			
May 31 – June 2, 2022	Chapter 11: Physical and Cognitive Development in Adolescence		
	Chapter 12: Socioemotional Development in	Exam 5	