



TEXAS A&M UNIVERSITY
COMMERCE

Counseling 552: Internship I
Course Syllabus, Spring 2022
Semester dates: January 12th – May 9th, 2022

INSTRUCTOR INFORMATION

Instructor: Jordan Brummett, PhD, LPC
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Office Hours: TBD
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Preferred Form of Communication: E-mail
Communication Response Time: 24-48 hours, Monday – Friday
Class Time and Location: Mondays from 4:30-7:10pm @ CHEC

COURSE INFORMATION

Textbook(s) Required:

Remley, T.P., & Herlihy, B. (2020). *Ethical, legal, and professional issues in counseling*. New Jersey: Pearson Education Inc.

Sperry, L., & Sperry, J. (2020). *Case conceptualization. Master this competency with ease and confidence* (2nd ed.). New York. Routledge

Yalom, I. D. (2013). *The gift of therapy: An open letter to a new generation of therapists and their patients*. New York, NY: Harper Perennial.

Required Supplemental Readings:

American Counseling Association (2014). *2014 ACA Code of Ethics*. Alexandria, VA: Author.

TAMUC Practicum and Internship Handbook.

<https://inside.tamuc.edu/academics/colleges/educationHumanServices/counseling/clinical.aspx>

TAMUC Master's in Counseling Program Handbook.

<https://inside.tamuc.edu/academics/colleges/educationHumanServices/counseling/clinical.aspx>

Selected Articles

Brown, T., Armstrong, S. A., Bore, S., & Simpson, C. (2017). Using an ethical decision-making model to address ethical dilemmas in school counseling. *Journal of School Counseling, 15*. <http://jsc.montana.edu/articles/v15n13.pdf>

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- Carrola, P., & Corbin-Burdick, M. F. (2015). Counseling military veterans: Advocating for culturally competent and holistic interventions. *Journal of Mental Health Counseling, 37*, 1-14.
- Freeman, J., & Simonsen, B. (2015). Examining the impact of policy and practice interventions on high school dropout and school completion rates: A systematic review of the literature. *Review of Educational Research, 85*, 205-248. doi: 10.3102/0034654314554431
- Fulton, C. L. (2016). Mindfulness, self-compassion, and counselor characteristics and session variables. *Journal of Mental Health Counseling, 38*, 360-374.
<https://doi.org/10.17744/mehc.38.4.06>
- Gilfillan, B. H. (2018). School counselors and college readiness counseling. *Professional School Counseling, 21*, 1-10. doi: 10.1177/2156759X18784297
- Grimes, L. E., Bright, S., & Whitley, N. (2017). Why we work: School counselors and their role in helping P-12 students learn about the world of work. *Career Planning and Adult Development Journal, 33*, 26-31.
- Myers, J. E., Sweeney, T. J., & Witmer, J. M. (2000). The Wheel of Wellness Counseling for Wellness: A holistic model for treatment planning. *Journal of Counseling and Development, 78*, 251-266.
- Lenz, A. S., & Roscoe, L. J. Personal wellness card sort: A strategy for promoting relational healing. *Journal of Creativity in Mental Health, 6*, 69-83. doi: 10.1080/15401383.2011.652755
- Lutton, S. S., & Swank, J. M. (2018). The importance of intentionality in untangling trauma from severe mental illness. *Journal of Mental Health Counseling, 40*, 113-128. doi: 10.17744/mehc.40.2.02
- Ray, D. C., Armstrong, S. A., Balkin, R. S., & Jayne, K. M. (2015). Child centered play therapy in the schools: Review and meta-analysis. *Psychology in the Schools, 52*, 107-123.
- Richards, K., Campenni, C., & Muse-Burke, J. (2010). Self-care and well-being in mental health professionals: The mediating effects of self-awareness and mindfulness. *Journal of Mental Health Counseling, 32*(3), 247-264.
<https://doi.org/10.17744/mehc.32.3.0n31v88304423806>
- Schmit, M., Schmit, E., Henesy, R., Klassen, S., & Oliver, M. (2015). Constructing an integrated model of ethical decision making in counselor education and supervision: A case conceptualization. In *Ideas and Research You Can Use: VISTAS 2015*.
<http://www.counseling.org/knowledge-center/vistas>

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Optional Texts and/or Materials:

American Psychological Association. (2020). *Publication manual of the American Psychological Association*. (7th ed.). <https://doi.org/10.1037/0000165-000>

Course Description

552. *Internship*. Three semester hours.

Primary interest is on integration of process, conceptual, professional, and personal skills. Provides extensive supervised experience in a setting closely aligned with student's chosen program. Course is repeated for two, three-credit hour courses, each requiring approximately 20 weekly hours (300 total in each) of field experience, to meet master's requirement of six hours of internship.

Prerequisites: Application form returned to department several months before actual enrollment in this course (check department for availability and due dates); grade of "B" or better in COUN 516, grade of "B" or better in COUN 548, and grade of "S" in COUN 551. Students must receive a grade of "S" in first semester of 552 to progress to second semester of 552, and a "S" in second semester of COUN 552 to graduate

General Course Information

Internship provides extensive supervised on-the-job experience in a community counseling, school counseling, or student affairs setting closely aligned with the student's professional career goals.

Student Learning Outcomes

2016 CACREP Standards Addressed in COUN 552

Masters Standard	Learning Activity	Assignment	Assessment Rubric	Benchmark
2.F.1.j. technology's impact on the counseling profession	Lecture, Readings: (ACA Code of Ethics, section H; Remley & Herlihy, 2020, Ch. 10) Discussion & Guided Practice Site-based Clinical Practice	Class Participation in Discussions and Demonstrations Taping & Session Analysis	Class Participation in Discussions and Demonstrations Rubric Taping & Session Analysis Rubric	≥ 80% of average rubric scores with either meet (2) or exceed (3) expectation
2.F.1.k. strategies for personal and professional self-evaluation and	Lecture, Readings: (ACA Code of Ethics, 2014; Richards,	Class Participation in Discussions and Demonstrations	Class Participation in Discussions and Demonstrations Rubric	≥ 80% of average rubric scores with either meet (2)

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implication for practice	Campenni, & Muse-Burke, 2010) Discussion	Taping & Session Analysis CSCE Self-Evaluation	Taping & Session Analysis Rubric	or exceed (3) expectation
2.F.1.i. self-care strategies appropriate to the counselor role	Lecture, Readings: (ACA Code of Ethics; Yalom, 2013) Discussion Session Recording Site-based Clinical Practice	Class Participation in Discussions and Demonstrations Taping & Session Analysis	Class Participation in Discussions and Demonstrations Rubric Taping & Session Analysis Rubric	≥ 80% of average rubric scores with either meet (2) or exceed (3) expectation
2.F.5.d. ethical and culturally relevant strategies for establishing and maintaining in-person and technology-assisted relationships	Lecture, Readings: (ACA Code of Ethics 2014; Corsini & Wedding, 2005; Remley & Herlihy, 2020 Chs. 3 & 10, Yalom, 2013) Discussion Session Recording Site-based Clinical Practice	Class Participation in Discussions and Demonstrations Taping & Session Analysis	Class Participation in Discussions and Demonstrations Rubric Taping & Session Analysis Rubric	≥ 80% of average rubric scores with either meet (2) or exceed (3) expectation
2.F.5.e. the impact of technology on the counseling process	Lecture, Readings: (ACA Code of Ethics, section H; Remley & Herlihy, 2020, Ch. 10) Discussion and Guided Practice Site-based Clinical Practice	Class Participation in Discussions and Demonstrations Taping & Session Analysis	Class Participation in Discussions and Demonstrations Rubric Taping & Session Analysis Rubric	≥ 80% of average rubric scores with either meet (2) or exceed (3) expectation
5.C.3.a. intake interview, mental status evaluation, biopsychosocial	Lecture, Readings: (ACA Code of Ethics, 2014; Sperry & Sperry,	Class Participation in	Class Participation in Discussions and	≥ 80% of average rubric scores with either meet (2)

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history, mental health history, and psychological assessment for treatment planning and caseload management	2020; Lutton & Swank, 2018) Site-based Clinical Practice	Discussions and Demonstrations Taping & Session Analysis	Demonstrations Rubric Taping & Session Analysis Rubric	or exceed (3) expectation
5.C.3.b. techniques and interventions for prevention and treatment of a broad range of mental health issues	Lecture, Readings: (ACA Code of Ethics, 2014; Yalom, 2013; Sperry & Sperry, 2020, Ch. 4; Lutton & Swank, 2018) Discussion Site-based Clinical Practice	Class Participation in Discussions and Demonstrations Taping & Session Analysis	Class Participation in Discussions and Demonstrations Rubric Taping & Session Analysis Rubric	≥ 80% of average rubric scores with either meet (2) or exceed (3) expectation
5.C.3.c. strategies for interfacing with the legal system regarding court-referred clients	Lecture, Readings: (ACA Code of Ethics, 2014; Remley & Herlihy, 2020 Chs. 6 & 8; Sperry & Sperry, 2020	Class Participation in Discussions and Demonstrations Taping & Session Analysis Site-based Clinical Practice Reflection Paper	Class Participation in Discussions and Demonstrations Rubric Taping & Session Analysis Rubric Reflection Paper Rubric	≥ 80% of average rubric scores with either meet (2) or exceed (3) expectation
5.C.3.d. strategies for interfacing with integrated behavioral health care professionals	Lecture, Readings: (ACA Code of Ethics, 2014; Sperry & Sperry, 2020)	Class Participation in Discussions and Demonstrations Taping & Session Analysis Site-based Clinical Practice Reflection Paper	Class Participation in Discussions and Demonstrations Rubric Taping & Session Analysis Rubric Reflection Paper Rubric	≥ 80% of average rubric scores with either meet (2) or exceed (3) expectation
5.C.3.e. strategies to advocate for persons	Lecture, Readings: (ACA Code of Ethics, 2014;	Class Participation in	Class Participation in Discussions and	≥ 80% of average rubric scores with

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with mental health issues	Sperry & Sperry, 2020)	Discussions and Demonstrations Taping & Session Analysis Site-based Clinical Practice Reflection Paper	Demonstrations Rubric Taping & Session Analysis Rubric Reflection Paper Rubric	either meet (2) or exceed (3) expectation
5.G.3.f. techniques of personal/social counseling in school settings	Readings: (ACA Code of Ethics 2014, Ray et al., 2015) Discussion Site-based Clinical Practice	Class Participation in Discussions and Demonstrations Taping & Session Analysis	Class Participation in Discussions and Demonstrations Rubric Taping & Session Analysis Rubric	≥ 80% of average rubric scores with either meet (2) or exceed (3) expectation
5.G.3.g. strategies to facilitate school and postsecondary transitions	Lecture, Readings: (ACA Code of Ethics, 2014; McLain & Lewis, 2018; McHenry & McHenry, 2015; Sperry & Sperry, 2020)	Class Participation in Discussions and Demonstrations Taping & Session Analysis Site-based Clinical Practice Reflection Paper	Class Participation in Discussions and Demonstrations Rubric Taping & Session Analysis Rubric Reflection Paper Rubric	≥ 80% of average rubric scores with either meet (2) or exceed (3) expectation
5.G.3.h. skills to critically examine the connections between social, familial, emotional, and behavioral problems and academic achievement	Lecture, Readings: (ACA Code of Ethics, 2014; Lowenstein, 2011) Discussion Site-based Clinical Practice	Class Participation in Discussions and Demonstrations Taping & Session Analysis Site-based Clinical Practice Reflection Paper	Class Participation in Discussions and Demonstrations Rubric Taping & Session Analysis Rubric Reflection Paper Rubric	≥ 80% of average rubric scores with either meet (2) or exceed (3) expectation
5.G.3.j. interventions to promote college and career readiness	Lecture, Readings (ACA Code of Ethics, 2014;	Class Participation in	Class Participation in Discussions and	≥ 80% of average rubric scores with

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	McLain & Lewis, 2018; McHenry & McHenry, 2015; Sperry & Sperry, 2020),	Discussions and Demonstrations Taping & Session Analysis Site-based Clinical Practice Reflection Paper	Demonstrations Rubric Taping & Session Analysis Rubric Reflection Paper Rubric	either meet (2) or exceed (3) expectation
5.G.3.i. techniques to foster collaboration and teamwork within schools	Readings: Parikh-Foxx et al. (2020); Waldon et al. (2010) Discussion Site-based Clinical Practice	Class Participation in Discussions and Demonstrations Taping & Session Analysis	Class Participation in Discussions and Demonstrations Rubric Taping & Session Analysis Rubric	≥ 80% of average rubric scores with either meet (2) or exceed (3) expectation
5.G.3.m. strategies for implementing and coordinating peer intervention programs	Readings: Aviles (2018); ACA Code of Ethics (2014) Discussion Site-based Clinical Practice	Class Participation in Discussions and Demonstrations Taping & Session Analysis	Class Participation in Discussions and Demonstrations Rubric Taping & Session Analysis Rubric	≥ 80% of average rubric scores with either meet (2) or exceed (3) expectation

Content Areas include, but are not limited to, the following:

1. Requirements for Internship
2. Professional Conduct During Internship
3. Receiving and Using Supervision
4. Crisis Intervention: Procedural Guidelines
5. Legal and Ethical Issues
6. Applying Desirable Direct Services at Field Sites (see Desirable Experiences list)
7. Applying Desirable Indirect Services at Field Sites (see Desirable Experiences list)
8. Using Appropriate Professional Resources at Field Site (see Desirable Experiences list)

TEXES COMPETENCIES

Competency 001 (Human Development)

The school counselor understands processes of human development and applies this knowledge to provide a developmental guidance program, including counseling services, that meets the needs of all students.

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Competency 002 (Student Diversity)

The school counselor understands human diversity and applies this knowledge to ensure that the developmental guidance and counseling program is responsive to all students.

Competency 003 (Factors Affecting Students)

The school counselor understands factors that may affect students' development and school achievement and applies this knowledge to promote students' ability to achieve their potential.

Competency 006 (Counseling)

The school counselor understands how to provide effective counseling services to individuals and small groups.

Competency 007 (Assessment)

The school counselor understands principles of assessment and is able to use assessment results to identify students' strengths and needs, monitor progress, and engage in planning to promote school success.

Competency 008 (Collaboration with Families)

The school counselor knows how to communicate effectively with families and establish collaborative relationships that enhance work with students.

Competency 009 (Collaboration with Others in the School and Community)

The school counselor understands how to work collaboratively with other professionals and with community members to promote positive change and to facilitate student learning.

Competency 010 (Professionalism)

The school counselor understands and complies with ethical, legal, and professional standards relevant to the profession.

COURSE REQUIREMENTS

Minimal Technical Skills Needed

In this class, you will utilize the Learning Management System (LMS) entitled D2L for portions of instructional and learning methods, submitting assignments, participating in online discussions, and completing quizzes. You will also need to download the Zoom application to your personal computer or smart phone in order to access office hours and other virtual meetings. To complete assignments, you will need to utilize other technologies such as Microsoft Word, PowerPoint, etc. If you have issues with this system, it is your responsibility to contact the help desk immediately.

Instructional Methods

This course consists of lecture and didactic learning methods, small group discussions, and in-class assignments, coupled with experiential learning and practical application. Supervised

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application at approved field sites is integral to this course. When we are not meeting face-to-face, you will be expected to participate and complete all online tasks via D2L. In addition to this, small lecture, discussion, activities, and workshops may be utilized during this course.

Confidentiality and Ethics

In this course, as in all clinical experiences, the importance of adhering to ethical practice is **paramount**, and confidentiality is one component of ethical practice to which you must adhere. It is your duty to maintain the confidentiality of the clients discussed in this course (yours *and* your classmates) as well as any personal information shared about class members.

Confidentiality cannot be guaranteed in any situation, but we are collectively accountable to maintain a safe, trusting environment throughout the course, including during clinical supervision, experiential activities, and in-class conversations. The disclosure of personal information to anyone outside this class would be considered unethical and you *will* face consequences for disclosing to non-class members. Please explore any concerns you have about confidentiality during class time, after class, or via private communication with the instructor.

When students demonstrate personal limitations that might impede future performance, or consciously violate ethical standards, and are ineffective and harmful to clients, **then these students will not receive the instructor's endorsement to continue with the program** (ACA Ethical Standards).

CSCE Statement

The Counseling Program is obligated by professional ethics (see ACA Code of Ethics, 2014) and University procedure to assess students as to their potential for meeting the expectations of the professional counseling field. The competencies outlined in this document (CSCE) are specific to professional counseling and are in addition to academic requirements. The Department of Counseling may suspend from the Counseling program any students judged incapable of meeting these expectations. Procedures regarding potential dismissal are outlined in the Program's *Retention/Dismissal Procedure*.

The CSCE may be used by any faculty member with any student enrolled in a Counseling course to provide that student with feedback regarding their potential for meeting the expectations of the professional counseling field and the Department. Completion of a CSCE is required in the following courses: COUN 516, COUN 548, COUN 551, COUN 552, COUN 620, and COUN 660. **Each use of the CSCE must be placed in the student's Department file along with any remediation plan developed by the faculty in conference with the student.**

Student Responsibilities and Tips for Success in the Course

As a student in this course, you are responsible for being active in your learning process. Expectations of this course include the following:

1. You are expected to display professionalism at all times. Be respectful of your professor and peers. Be open to feedback, as you will receive this throughout the program.

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2. Prepare for classes. Complete any and all readings prior to class time.
3. Complete all assignments by the deadline.
4. Adhere to the university's Student Code of Conduct.
5. Participate. During face-to-face classes, you are expected to actively participate in all activities and discussion. In the online format, you are expected to participate in all online discussions/activities. This is crucial to your learning.
6. All writing assignments must be done according to APA 7th edition.
7. Regularly check your University email. My suggestion is to check this at least once a day as your instructors and others from the department and University may contact you.
8. Begin your readings ASAP. Sometimes it may take more than one attempt to digest the material.
9. Deadlines are the last possible moment something is due—not the first moment to start. Work ahead. I realize this may not always be possible; however, when you can, do so.
10. Be open to the process. This degree takes time, work, effort, and growth.

INTERNSHIP CLINICAL HOUR REQUIREMENTS

1. A minimum total of 600 (for both Internship I and II) clock-hour total for supervised experience must include a minimum of 240 (120 for Internship I and 120 for Internship II) hours of direct service work with clientele appropriate to the community, school, or student affairs program emphasis area.
2. On-campus class meetings will be arranged by the instructor of record to meet the instructional needs of the section to which the student is assigned. A schedule of these meeting times will be published by the instructor of record. Individual supervision sessions will occur at the discretion of the instructor of record.
3. Weekly interaction with an average of one hour per week of individual and/or triadic supervision, throughout the internship (usually performed by the on-site supervisor).
4. An average of 1.5 hours per week of group supervision provided on a regular schedule throughout the internship, usually performed by a program faculty member; a total of 24 hours of group supervision will be completed before the end of the semester.
5. The student will negotiate a Field Experience Contract with the on-site supervisor. This contract constitutes an agreement between the student, field supervisor and instructor of record and specifies the student's activities, hours, and supervision arrangements.
6. The student will submit a Weekly Activity Log to the instructor that will document a cumulative record of hours including:
 1. direct on-site contact hours
 2. on-site individual supervision
 3. on-site group supervision with other interns
 4. on-campus group supervision
 5. indirect hours on site (excluding supervision)

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The activity log will also include brief descriptions of the student's on-site activities and reactions. This log will be submitted through D2L each week.

7. The student will submit taped counseling sessions for use in supervision which demonstrate the student's interaction with clientele appropriate to the student's field setting. The number and specific requirements for these tapes will be published by the instructor of record.
8. The student is expected to perform activities that a regularly-employed staff member in the setting would be expected to perform. A **regularly employed staff member** is defined as a person occupying the professional role to which the student is aspiring.
9. The student will complete an evaluation of field site experiences during the last week of the semester. These evaluations will be filed with the department's Coordinator for Field Placement.
10. The student will maintain professional liability insurance throughout internship.
Helpful Tip: ACA Student Memberships come with free liability insurance for counseling students through HPSO.

COUSE ASSIGNMENTS/ASSESSMENTS

1. **Class Attendance and Participation/Discussion (40 points).** Regular attendance and active participation in internship class is paramount to your success in this course; not only because open, honest, and active engagement is necessary for your clinical development, but also because you are required a minimum of **24 hours of group supervision** during each semester of internship in order to comply with CACREP standards and to meet the hourly requirements for this class.

Class Participation and Discussion Rubric

	1 – Does Not Meet Expectation (0-31 points)	2 – Meets Expectation (32-35 points)	3 – Exceeds Expectations (36-40 points)
Participation and Discussion (40 points)	Passive participation: present, awake, alert, attentive, but not actively involved or invested; Or uninvolved: absent, present but not attentive, sleeping, texting/surfing, irrelevant contributions. More than two	Reactive participation: supportive, follow-up contributions that are relevant and of value, but rely on the leadership and study of others, or reflect opinion/personal self-disclosure rather than study, contemplation, synthesis, and evaluation. Two or less absences/no evident pattern	Proactive participation: initiating, asking significant and meaningful questions and responding to the instructor/supervisor and other students insightfully. This does not mean dominating discussion. No more than two absences from internship class.

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	absences/pattern of lateness evident.	of lateness, with the completion of course hours requirement.	
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- 2. Video Recording and Session Analysis (80 points/tape – 160 points total):** Each student is required to meet weekly with clients at their field site to practice their counseling skills (see Appendix B) and record video sessions (no audio recordings will be accepted). From these weekly sessions, students are to submit **two (2) video recorded counseling sessions** (a minimum of 40 minutes in length) for grading and may be required to bring additional recordings to group supervision. Along your two video recordings, you will also complete a **Session Analysis** to submit with each of these sessions (see **Appendix A**). Content of the session analysis must correspond to the recorded video tape played in class. Please submit the session analysis the day the assignment is due. *These taped sessions must be from the current semester with a current signed consent from the client or parent/guardian if client is a minor.*

Counseling skills including process, conceptualization, personalization, and professionalism are the focus of internship and should be evidenced in your tapes and session analyses. See **Appendix B** for more detail with regard to counseling skills.

Your second recording (**Tape 2**) will also require a **case conceptualization** that utilizes the structure found in your Sperry and Sperry (2020) text.

Video Recording and Session Analysis Rubric

	1 – Does Not Meet Expectation (0-7.9 points)	2 – Meets Expectation (8-8.9 points)	3 – Exceeds Expectation (9-10 points)
Process Skills (10 points)	Process skills were not evidenced in session or were severely inconsistent throughout session; intern does not possess developmentally appropriate skills.	Process skills were evidence in session and utilized with fair consistency; intern possess developmentally appropriate skills.	Process skills were evident in session and were employed at an above-average rate. Student is advanced in developmentally appropriate skills.
Conceptualization Skills (10 points)	Conceptualization skills were not evidenced in session or were severely inconsistent throughout session; intern does not	Conceptualization skills were evidenced in session and utilized with fair consistency; intern possesses developmentally appropriate skills.	Conceptualization skills were evident in session and were employed at an above-average rate. Student is advanced in developmentally appropriate skills.

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	possess developmentally appropriate skills. Ethical standards were not adhered to or address effectively; student does not meet the standards of graduate level work.	Ethical standards were adhered to loosely addressed; student meets the standards of graduate level work.	Ethical standards were adhered to and/or addressed effectively. Student meets the standards of graduate level work.
Personalization Skills (10 points)	Personalization skills were not evidenced in session or were severely inconsistent throughout session; intern does not possess developmentally appropriate skills. Ethical standards were not adhered to or address effectively; student does not meet the standards of graduate level work.	Personalization skills were evidenced in session and utilized with fair consistency; intern possesses developmentally appropriate skills. Ethical standards were adhered to loosely addressed; student meets the standards of graduate level work.	Personalization skills were evident in session and were employed at an above-average rate. Student is advanced in developmentally appropriate skills. Ethical standards were adhered to and/or addressed effectively. Student meets the standards of graduate level work.
Professionalism Skills (10 points)	Professionalism skills were not evidenced in session or were severely inconsistent throughout session; intern does not possess developmentally appropriate skills. Ethical standards were not adhered to or address effectively; student does not meet the standards of graduate level work.	Professionalism skills were evidenced in session and utilized with fair consistency; intern possesses developmentally appropriate skills. Ethical standards were adhered to loosely addressed; student meets the standards of graduate level work.	Professionalism skills were evident in session and were employed at an above-average rate. Student is advanced in developmentally appropriate skills. Ethical standards were adhered to and/or addressed effectively. Student meets the standards of graduate level work.

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<p>Counseling Content (demographics, presenting problem, area(s) of concern, summary of session) (10 points)</p>	<p>A summary of what occurred in session was absent or more than halfway incomplete; client and counselor goals were not addressed. Major factors from Appendix A are missing. Demographics, presenting problem(s), or area(s) of concern were not addressed. Does not meet the standards of graduate level work.</p>	<p>A summary of the session as well as counselor and client goals were evident, but may have excluded one or two key considerations from Appendix A. Demographics, presenting problem(s), or area(s) of concern were addressed. Meets the standards of graduate level work.</p>	<p>A thorough yet concise summary of the session as well as counselor/client goals were evident. Every component from Appendix A was thoroughly addressed, including demographics, presenting problem(s), and area(s) of concern. Meets or exceeds standards of graduate level coursework.</p>
<p>Interventions/Techniques (10 points)</p>	<p>Interventions or techniques utilized were not described, were inaccurately labeled, or only tangentially mentioned; no rationale for skills used was provided; does not meet the standards of graduate level work.</p>	<p>Interventions/techniques were described and accurate but may be missing one or two key points; rationale for skill usage was described; meets standards of graduate level coursework.</p>	<p>Interventions/techniques were described and accurate with no missing detail. Rationale for skill usage was provided; meets or exceeds the standards for graduate level work.</p>
<p>Session Analysis (10 points)</p>	<p>Relevant areas identified in Appendix A (Session Analysis) were missing or severely under-addressed; does not meet the standards of graduate level work.</p>	<p>Relevant areas identified in Appendix A (Session Analysis) were sufficiently addressed, but excluded one or two key considerations; meets the standards of graduate level work.</p>	<p>All relevant areas identified in Appendix A (Session Analysis) were thoroughly addressed; meets or exceeds standards of graduate level work.</p>
<p>Self-awareness (10 points)</p>	<p>Intern's assessment of self does not match the video segments that were used for evaluation. Intern appears to be unaware</p>	<p>Intern showed adequate self-awareness in video and in session analysis. Intern's self-evaluation appeared to be accurate and honest.</p>	<p>Intern showed excellent self-awareness in video and throughout session analysis. Intern's self-evaluation was perceptive, accurate, and honest.</p>

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	of counselor-client dynamics.		
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In addition to the taped session and session analysis, on your second tape you will need to conceptualize your tape 2 client using Sperry & Sperry’s framework in their text. More details will be provided. When you turn in your second tape and analysis, you also will turn in a **case conceptualization** (30 points).

- 3. Reflection Papers (10 points/tape – 40 points total):** Some of the CACREP standards in this course are program specific. For instance, one School Counseling CACREP standard on page 6 of this syllabus relates to college readiness. By contrast, one of the clinical mental health standards relates to treatment planning. All students will be given **four (4) reading assignments** (articles and other resources) that address **program-specific standards**. Upon finishing each reading, you will write a 3-to-4 page reflection paper (APA 7th edition style and formatting required) summarizing the important concepts in the reading and writing a reflection that includes **a)** your personal reaction to the material and **b)** its applicability to your clinical placement and practice.

Reflection Papers Rubric

	1 – Does Not Meet Expectation (0-7.9 points)	2 – Meets Expectation (8-8.9 points)	3 – Exceeds Expectations (9-10 points)
Understanding of Article and Personal Reaction to Reading (10 points)	Missed key concepts, inadequate explanation of reading or misunderstood key aspects of article. Failed to provide personal reaction to reading or reaction lacked depth and/or curiosity.	Included key concepts and provided adequate explanation of reading. Personal reaction to reading indicated adequate reflection, understanding and awareness.	Clear grasp of key concepts and perceptive grasp of reading. Personal reaction displayed insight and indicated a high level of understanding and awareness.

- 4. Clinical Hour Requirement (Satisfactory of Unsatisfactory):** In addition to regular class meetings (**university group supervision**), the student will complete **at least one hour per week**, outside of class time, of **individual or triadic supervision with their field site supervisor**. The student is required to submit recordings of counseling sessions with clients from their field site for site supervision as well as in-class supervision.

- The student will complete 300 clock hours of supervised field practice per semester (600 hours required between Internship I and II). At least 120 of

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these hours will be **direct service work** with clientele appropriate to the student's field setting, including experience in individual and group work.

- The student will maintain professional liability insurance throughout internship.
- Students will negotiate a Field Experience Contract and an Emergency Contract with their on-site supervisors. This contract constitutes an agreement between the student, field supervisor and instructor of record and specifies the student's activities, hours, and supervision arrangements.
- The student will keep a *Weekly Activity Log* that will document a cumulative record of hours including:
 - a. Direct on-site contact hours
 - b. On-site individual or triadic supervision
 - c. On-site group supervision with other interns
 - d. On-campus group supervision
 - e. Indirect on-site hours (excluding supervision)
- The student will complete an evaluation of field site experiences during the last week of the semester. These evaluations will be filed with the department's Coordinator for Field Placement.

Clinical Hours Rubric

	1 – Does Not Meet Expectation (U)	2/3 – Meets or Exceeds Expectation (S)
Completion of Hours (S/U)	Less than 100% completion of hours. Ethical, legal, and multicultural considerations or standards were not adhered to or addressed effectively.	100% of hour requirements were met. The counseling intern understand and complies with all relevant ethical, legal, and professional standards for clinical practice.

5. Theory of Change Paper (S/U; Required for Internship II Students ONLY):

Theory of Change Paper Rubric

	1 – Does Not Meet Expectation (U)	2/3 – Meets or Exceeds Expectation (S)
Theory of Change Paper (S/U)	Paper does not address any particular theory or does not clearly articulate a particular theory; no evidence of theory personalization; topics provided in the outline were not addressed, severely under addressed, or more 2/3 were not addressed. Numerous APA errors were noted	Paper thoroughly addresses a particular theory and clearly articulates all elements of the theory; detailed evidence of theory personalization; topics provided in the outline were thoroughly addressed; only one or two APA errors noted throughout; citation requirement met; paper

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throughout; citation requirement not met; paper did not demonstrate a level of mastery and was not indicative of graduate level work.	demonstrated a level of mastery and was indicative of graduate level work.
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6. Counseling Student Competency Evaluation (CSCE). The Counseling Program is obligated by professional ethics (ACA Code of Ethics, 2014) and University procedure to assess students as to their potential for meeting the expectations of *professional practice* in the counseling field. The competencies outlined in this document (CSCE) are specific to professional counseling and are *in addition to* academic requirements. The Counseling Program may suspend from the program any students judged incapable of meeting these expectations. Procedures regarding potential dismissal are outlined in the Program’s *Retention/Dismissal Procedure*.

The CSCE may be used by any faculty member with any student enrolled in a Counseling course to provide that student with feedback regarding their potential for meeting the expectations of the professional counseling field and the Department. Completion of a CSCE is required in the following courses: COUN 551, COUN 552, COUN 620, and COUN 660 (i.e., Clinical Supervision, Advanced Practicum, Advanced Internship, Advanced Supervision, Advanced Teaching). The course instructor in COUN 516 and COUN 548 may choose to implement the CSCE at his/her discretion. Each use of the CSCE must be placed in the student’s Department file along with any remediation plan developed by the faculty in conference with the student.

The Counseling Program has elected to use the CSCE to monitor student’s progress in professional practice. As a requirement in this course, a final CSCE evaluation will be completed by the course instructor, in consultation with the student, to assess your professionalism, general competency, social and emotional maturity, integrity and ethical conduct, and clinical competency. Please note that the instructor of the course may choose to administer the CSCE at different time intervals throughout the semester (e.g., initial, mid) at his/her discretion. The CSCE can yield an overall average composite score or an average subscale score for each domain. The Department utilizes both overall average composite score and average subscale scores to monitor students’ professional practice. See rubric below.

CSCE Rubric

		1 – Does Not Meet Expectations	2 – Meets Expectations	3 – Exceeds Expectations
Subscales	Professionalism Subscale (7 items)	Mean score \geq .63 across Professionalism items	Mean score of .33 to .60 across Professionalism items	Mean score of 0 to .30 across Professionalism items

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	General Competency Subscale (7 items)	Mean score \geq .63 across General Competency items	Mean score of .33 to .60 across General Competency items	Mean score of 0 to .30 across General Competency items
	Social and Emotional Maturity Subscale (7 items)	Mean score \geq .63 across Social and Emotional Maturity items	Mean score of .33 to .60 across Social and Emotional Maturity items	Mean score of 0 to .30 across Social and Emotional Maturity items
	Integrity and Ethical Conduct Subscale (6 items)	Mean score \geq .63 across Ethical Conduct items	Mean score of .33 to .60 across Ethical Conduct items	Mean score of 0 to .30 across Ethical Conduct items
	Clinical Competency Subscale (6 items)	Mean score \geq .63 across Clinical Competency items	Mean score of .33 to .60 across Clinical Competency items	Mean score of 0 to .30 across Clinical Competency items
Composite	Overall average composite score	Mean score \geq .63 across all CSCE items	Mean score of .33 to .60 across all CSCE items	Mean score of 0 to .30 across all CSCE items

7. Internship Site Supervisor’s Evaluation of Trainee (CMHC, Appendix C; SC, Appendix D). The Counseling Program has elected to assess and incorporate site supervisors’ feedback in the evaluation of students’ performance in *professional practice*. Completion of a site supervisor’s evaluation of a trainee is required in COUN 552. Each use of the site supervisor’s evaluation of trainee must be placed in the student’s Department file.

As a requirement in this course, a final site supervisor evaluation of trainee will be completed *by the site supervisor in consultation with the student* to evaluate the intern’s *professional practice* across various domains. Please note that the instructor of the course may require a site supervisor’s evaluation of trainees at different time intervals throughout the semester (e.g. midway through the course) at his or her discretion. The site supervisor’s evaluation of trainee can yield an overall average composite score or an average subscale score for each domain. The Department utilizes both overall average composite scores and average subscale scores to monitor student’s *professional practice*.

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NOTE FOR INSTRUCTORS: Please be aware that the site supervisor’s evaluation of trainee is program-specific (CMHC or School Counseling) and exist in two different versions (Practicum or Internship). Therefore, please use the SC rubric for school counseling students and the CMHC rubric for clinical mental health counseling students. See rubrics below.

Internship Site Supervisor’s Evaluation of SC Trainee

		1 – Does Not Meet Expectations	2 – Meets Expectations	3 – Exceeds Expectations
Subscales	Familiarity with the School Environment (3 items)	Mean score \leq 2.5 across Familiarity with the School Environment items	Mean score \geq 2.6 but \leq 3.4 across Familiarity with the School Environment items	Mean score \geq 3.5 across Familiarity with the School Environment items
	Supervision (5 items)	Mean score \leq 2.5 across Supervision items	Mean score \geq 2.6 but \leq 3.4 across Supervision items	Mean score \geq 3.5 across Supervision items
	Program Planning, Implementation, and Evaluation (4 items)	Mean score \leq 2.5 across Program Planning, Implementation, and Evaluation items	Mean score \geq 2.6 but \leq 3.4 across Program Planning, Implementation, and Evaluation items	Mean score \geq 3.5 across Program Planning, Implementation, and Evaluation items
	Classroom Guidance (2 items)	Mean score \leq 2.5 across Classroom Guidance items	Mean score \geq 2.6 but \leq 3.4 across Classroom Guidance items	Mean score \geq 3.5 across Classroom Guidance items
	Counseling (8 items)	Mean score \leq 2.5 across Counseling items	Mean score \geq 2.6 but \leq 3.4 across Counseling items	Mean score \geq 3.5 across Counseling items

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	Consultation (2 items)	Mean score ≤ 2.5 across Consultation items	Mean score ≥ 2.6 but ≤ 3.4 across Consultation items	Mean score ≥ 3.5 across Consultation items
	Coordination (2 items)	Mean score ≤ 2.5 across Coordination items	Mean score ≥ 2.6 but ≤ 3.4 across Coordination items	Mean score ≥ 3.5 across Coordination items
	Assessment (3 items)	Mean score ≤ 2.5 across Assessment items	Mean score ≥ 2.6 but ≤ 3.4 across Assessment items	Mean score ≥ 3.5 across Assessment items
	Professionalism (7 items)	Mean score ≤ 2.5 across Professionalism items	Mean score ≥ 2.6 but ≤ 3.4 across Professionalism items	Mean score ≥ 3.5 across Professionalism items
Composite	Average scores across all items on the Site Supervisor's Evaluation of Trainee	Mean score ≥ 2.5 across all items	Mean score ≥ 2.6 but ≤ 3.4 across all items	Mean score ≥ 3.5 across all items

Internship Site Supervisor's Evaluation of CMHC Trainee

		1 – Does Not Meet Expectations	2 – Meets Expectations	3 – Exceeds Expectations
Subscales	Administrative Responsibilities (4 items)	Mean score ≤ 2.5 across Administrative Responsibilities items	Mean score ≥ 2.6 but ≤ 3.4 across Administrative Responsibilities items	Mean score ≥ 3.5 across Administrative Responsibilities items

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	Supervision (5 items)	Mean score ≤ 2.5 across Supervision items	Mean score ≥ 2.6 but ≤ 3.4 across Supervision items	Mean score ≥ 3.5 across Supervision items
	Counseling (14 items)	Mean score ≤ 2.5 across Counseling items	Mean score ≥ 2.6 but ≤ 3.4 across Counseling items	Mean score ≥ 3.5 across Counseling items
	Professional Relationships and Staff Development (items)	Mean score ≤ 2.5 across Professional Relationships and Staff Development items	Mean score ≥ 2.6 but ≤ 3.4 across Professional Relationships and Staff Development items	Mean score ≥ 3.5 across Professional Relationships and Staff Development items
Composite	Average scores across all items on the Site Supervisor's Evaluation of Trainee	Mean score ≥ 2.5 across all items	Mean score ≥ 2.6 but ≤ 3.4 across all items	Mean score ≥ 3.5 across all items

LATE ASSIGNMENTS

It is imperative that you turn all work in at the designated time as noted in the syllabus and/or on D2L. Late assignments will NOT be accepted in clinical courses (551, 552) except in extenuating circumstances; please communicate with me as soon as possible upon learning of such a circumstance so that I can help you determine what your best course of action moving forward may be.

GRADING

Although this is a Satisfactory/Unsatisfactory (Pass/Fail) class, you will receive a numerical grade. To achieve a **Satisfactory/Pass** in this course, you must earn a minimal final grade of **80%**.

Final grades in this course will be based on the following scale:

A = 90%-100%

B = 80%-89%

C = 70%-79%

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D = 60%-69%
F = 59% or Below

Assignment/Assessment	Point Value
Attendance and Class Participation/Discussion	40
Video Recordings/Session Analysis (2 @ 80 points/each)	160
Case Conceptualization Paper (submitted w/ VR/SA #2)	30
Reflection Papers (4 @ 10 points/each)	40
Theory of Change Paper (Intern II ONLY)	Satisfactory/Unsatisfactory
Clinical Hour Requirement	Satisfactory/Unsatisfactory
KAA: CSCE	-
KAC & KAD: Site Supervisor's Evaluation	-

Total Points Possible = 270

Helpful Hint: Your final grade can be calculated by adding the point values earned for each assignment and then dividing by 270. The resulting value, when multiplied by 100, will yield your percentage score in this course. (e.g., $220/270 = .814 \times 100 = 81.4\%$)

COMMUNICATION AND SUPPORT

Communication with your professors is key to your professional growth. I am here to support and guide you along your academic journey. With that being said, I cannot help you if you do not communicate with me. Please reach out if you have any concerns or questions. Because I teach in different locations, email is the best way to reach me. I strive to answer all emails within 24 hours, Monday-Friday. When emailing, please use your university email. Also, I will be more than happy to meet with you if needed. Please reach out to me so we can set up a convenient time to get together via Zoom.

TECHNOLOGY REQUIREMENTS

LMS

All course sections offered by Texas A&M University-Commerce have a corresponding course shell in the myLeo Online Learning Management System (LMS). Below are technical requirements

LMS Requirements:

<https://community.brightspace.com/s/article/Brightspace-Platform-Requirements>

LMS Browser Support:

https://documentation.brightspace.com/EN/brightspace/requirements/all/browser_support.htm

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YouSeeU Virtual Classroom Requirements:

<https://support.youseeu.com/hc/en-us/articles/115007031107-Basic-System-Requirements>

ACCESS AND NAVIGATION

You will need your campus-wide ID (CWID) and password to log into the course. If you do not know your CWID or have forgotten your password, contact the Center for IT Excellence (CITE) at 903.468.6000 or helpdesk@tamuc.edu.

Note: Personal computer and internet connection problems do not excuse the requirement to complete all course work in a timely and satisfactory manner. Each student needs to have a backup method to deal with these inevitable problems. These methods might include the availability of a backup PC at home or work, the temporary use of a computer at a friend's home, the local library, office service companies, Starbucks, a TAMUC campus open computer lab, etc.

Technical Support

If you are having technical difficulty with any part of Brightspace, please contact Brightspace Technical Support at 1-877-325-7778. Other support options can be found here:

<https://community.brightspace.com/support/s/contactsupport>

System Maintenance

Please note that on the 4th Sunday of each month there will be System Maintenance which means the system will not be available 12 pm-6 am CST.

COURSE AND UNIVERSITY PROCEDURES/POLICIES

University-Specific Procedures

Academic Integrity

Students at Texas A&M University-Commerce are expected to maintain high standards of integrity and honesty in all of their scholastic work. For more details and the definition of academic dishonesty, [click here](#).

[Graduate Student Academic Dishonesty Form](#)

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Student Conduct

All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment. The Code of Student Conduct is described in detail in the [Student Guidebook](#).

Students should also consult the Rules of Netiquette for more information regarding how to interact with students in an online forum: <https://www.britannica.com/topic/netiquette>

TAMUC Attendance

Students in this course are expected to attend class and be active participants in class activities. Participation is required, and those who actively participate in class almost always receive higher grades than those who do not. Attendance is required. Students are expected to demonstrate consistent attendance. For face-to-face classes, attendance is defined as being present at the start of class, being in class during class time, and staying until the end of class. Students cannot miss more than 10% of the course meetings. This policy allows for two (2) absences. Any absence missed after two (2) absences will result in loss of credit for the course. Students who anticipate frequently missing class, arriving late, or leaving early should consider dropping the class.

Students are expected to have completed assigned readings prior to the class period in which they will be discussed. You are also strongly encouraged to ask questions at any point during the class, as discussion generally allows students to learn better (and tends to make the class a lot more fun, too).

If you must miss class on a night when you are due to take an examination or give a presentation, you must provide your instructor with university approved documentation reflecting the purpose of your absence. This documentation will be used as a tool to evaluate whether your instructor can provide an exception to the absence policy (e.g., hospital admittance/discharge paperwork, funeral announcements, etc.).

For more information about the attendance policy please visit the [Attendance](#) webpage and [Procedure 13.99.99.R0.01](#).

Students with Disabilities - ADA Statement

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:

Office of Student Disability Resources and Services

Texas A&M University-Commerce
Velma K. Waters Library Rm 162
Phone (903) 886-5150 or (903) 886-5835
Fax (903) 468-8148
Email: studentdisabilityservices@tamuc.edu

Website: [Office of Student Disability Resources and Services](#)

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<http://www.tamuc.edu/campusLife/campusServices/studentDisabilityResourcesAndServices/>

Student Counseling Services

The Counseling Center at A&M-Commerce, located in the Halladay Building, Room 203, offers counseling services, educational programming, and connection to community resources for students. Students have 24/7 access to the Counseling Center's crisis assessment services by calling 903-886-5145. For more information regarding Counseling Center events and confidential services, please visit www.tamuc.edu/counsel

Nondiscrimination Notice

Texas A&M University-Commerce will comply in the classroom, and in online courses, with all federal and state laws prohibiting discrimination and related retaliation on the basis of race, color, religion, sex, national origin, disability, age, genetic information or veteran status. Further, an environment free from discrimination on the basis of sexual orientation, gender identity, or gender expression will be maintained.

Student Counseling Services

The Counseling Center at A&M-Commerce, located in the Halladay Building, Room 203, offers counseling services, educational programming, and connection to community resources for students. Students have 24/7 access to the Counseling Center's crisis assessment services by calling 903-886-5145. For more information regarding Counseling Center events and confidential services, please visit www.tamuc.edu/counsel

Campus Concealed Carry Statement

Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in Texas A&M University-Commerce buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and A&M-Commerce Rule 34.06.02.R1, license holders may not carry a concealed handgun in restricted locations.

For a list of locations, please refer to the [Carrying Concealed Handguns On Campus](#) document and/or consult your event organizer.

Web url:

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/34SafetyOfEmployeesAndStudents/34.06.02.R1.pdf>

Pursuant to PC 46.035, the open carrying of handguns is prohibited on all A&M-Commerce campuses. Report violations to the University Police Department at 903-886-5868 or 9-1-1.

The syllabus/schedule are subject to change.

FLEXIBLE COURSE OUTLINE / CALENDAR
SPRING, 2022

Week/Date	Topic	Reading	Assignment
Week 1 1/24/22	Internship Orientation Clinical Files/Documentation Technology and Counseling	Remley & Herlihy (2020) – Ch. 10 Yalom (2013)	Class Participation and Discussion
Week 2 1/31/22	Site Concerns Mindfulness, Self-Awareness, and Self-Compassion	Fulton (2016) Richards et al. (2010)	Class Participation and Discussion Videos and Session Analyses
Week 3 2/7/22	Ethical/Legal Concerns in Mental Health and School Counseling Group Supervision: Selected students will provide tapes for group supervision	ACA Code of Ethics (2014) ASCA Code of Ethics (2016) Schmit et al. (2015) Brown et al. (2017) Remley & Herlihy (2020)	Class Participation and Discussion Videos and Session Analyses Reflection Paper 1 DUE (Fulton, 2016)
Week 4 2/14/22	Group Supervision: Selected students will provide tapes for group supervision	Yalom (2013)	Class Participation and Discussion
Week 5 2/21/22	Assessment Treatment Planning Case Conceptualization	Sperry and Sperry (2020)	Videos and Session Analyses Reflection Paper 2 DUE (Schmit et al., 2015 CMHC OR Brown et al., 2017 SC)
Week 6 2/28/22	Wellness and Self-Care Group Supervision: Selected students will	Myers, Sweeney, & Witmer (2000) Lenz and Roscoe (2011)	Class Participation and Discussion

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	provide tapes for group supervision		
Week 7 3/7/22	Group Supervision: Selected students will provide tapes for group supervision		Class Participation and Discussion Videos and Session Analyses Tape 1 and Session Analysis DUE
Week 8 3/14/22	SPRING BREAK!!!	RELAX & ENJOY!!	
Week 9 3/21/22	Group Supervision: Selected students will provide tapes for group supervision	Yalom (2013)	Class Participation and Discussion Videos and Session Analyses
Week 10 3/28/22	Group Supervision: Selected students will provide tapes for group supervision		Class Participation and Discussion Videos and Session Analyses Reflection Paper 3 DUE (Student Choice)
Week 11 4/4/22	Group Supervision: Selected students will provide tapes for group supervision		Class Participation and Discussion Videos and Session Analyses
Week 12 4/11/22	Group Supervision: Selected students will provide tapes for group supervision		Class Participation and Discussion Videos and Session Analyses
Week 13 4/18/22	Group Supervision: Selected students will provide tapes for group supervision		Class Participation and Discussion Videos and Session Analyses Reflection Paper 4 DUE (Student Choice)
Week 14 4/25/22	Group Supervision: Selected students will provide tapes for group supervision	Yalom (2013)	Class Participation and Discussion

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			Videos and Session Analyses Tape 2 and Session Analysis + Case Conceptualization DUE
Week 15 5/2/22	Individual meetings with Dr. Brummett		End-of-Course Paperwork (Complete on own, with site supervisor, and with Dr. Brummett) Theory Paper DUE in D2L (Intern II)
Week 16 5/9/22	Finals Week Individual meetings with Brummett		End-of-Course Paperwork (Complete on own, with site supervisor, and with Dr. Brummett)

The syllabus/schedule are subject to change.

Appendix A: Video Recording/Session Analysis Tapes 1 # 2

Note: Tape 2 requires an additional Case Conceptualization paper – handouts will be distributed.

- **Client Demographics**
 - Age
 - Gender
 - Ethnicity
 - Year in school (if applicable)
 - Occupation (if applicable – do NOT name specific workplaces)
 - Family constellation
 - Spiritual or religious identification (if applicable)
- **Description of Presenting Problem**
 - What brought the client in for counseling?
 - Who referred the client for services?
 - What primary areas of concern have been identified?
 - What cognitive factors may be impacting the client’s functioning?
 - Are there any behavioral concerns at play?
 - What emotional issues have been noted?
 - What goals have you and the client and/or important others in the client’s world set?
- **Brief Summary of Session Content and Process**
 - Which session is this? (e.g., first meeting, fourth session, etc.)
 - Describe the flow of your session. What happened at the beginning of session? The middle? How did the session end?
 - What major themes were present in your discussion?
 - What shifts in the session occurred? How did this happen?
 - What contributed to portions of the session where you felt “stuck” in some way?
 - What ethical and culturally relevant strategies did you use to establish and maintain the therapeutic relationship?
- **Interventions and Techniques Utilized**
 - What counseling process skills do you note in this session?
 - Which change techniques or interventions did you employ?
 - What theoretical approach(es) do you note yourself using during this session?
- **Session Analysis:** Evaluate your performance and during the session, focusing on *you* and *not* on your client.
 - What did you like best and least about your use of process, personalization, professional, and conceptual skills (see Appendix B for list of skills)
 - What skills/processes did you do well?
 - What do you need to improve on?
 - What did you miss?
 - When were you aware of what was missed?
 - How did you handle any misconceptions or other issues that arose in session?
 - How would you define the quality of the counselor-client relationship
 - What are the considerations surrounding multicultural factors?
 - What were you experiencing as the counselor during the session?
 - What might be going on that was left unspoken?

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- What might you tell a clinical supervisor when asked what you might not have addressed with your client?
- What hypotheses can you develop about what was occurring for your client?
- **Plans for Next Session**
 - Process goals
 - Homework assignments
 - Referral
 - Termination

Partial Example

Note: Your analysis will be considerably longer than the brief excerpts given below.

Demographics: BC is a 12-year-old Hispanic male who is in 7th grade. He is the youngest of four children and lives with both biological parents.

Presenting Problem: BC was referred by his teacher. He is currently failing math and language arts and has been referred to the principal for disruptive behavior.

Areas of Concern: BC appears to have low self-esteem and few friends. He does not appear to have support for his schoolwork at home. His parents do not speak English well and are not very involved with his school responsibilities.

Summary of Session Content: Identify client and counselor goals. What was the objective of the session? Include here what were the major themes/topics explored?

Interventions/Techniques (along with rationale): The counselor used reflective listening, open questions, paraphrasing, clarifying, and summarizing. Goal setting was also utilized. A homework assignment was given. Client agreed to “act as if” the next time he is embarrassed to go to tutoring for math.

Theoretical Approach(es) Used This Session: At this stage you will incorporate your use of theory into the process and include in your analysis your intention and rationale for doing what you did in session. You will document this with a(n) excerpt(s) from your session.

Session Analysis: Evaluation of your performance and the session.

- Transcription of **5 consecutive interactions** with **self-critique** of your responses.
 - What was the rationale for your response?
 - How effective was the timing and the delivery of your response?
 - Was the client’s response what you anticipated?
 - How, if at all, would you have liked to have changed your response

Plans for Next Session

The syllabus/schedule are subject to change.

Appendix B: Counseling Skills to be Demonstrated in Internship

Process Skills: These include skills learned in Basic Skills (516) and refer to counselor behaviors that can be observed either through two-way mirrors, video or audio recording. These skills enhance the process of counseling and will be evaluated in their execution rather than their choice. Process skills are observable counselor' attitudes and skills. Process skills range from paraphrasing to more complex skills such as attempts to empathizing, confronting discrepancies, responding to nonverbal behavior, pacing a session, and using silence.

Conceptual Skills: Most of the counselor's covert behaviors are found here. Conceptual skills reflect deliberate thinking and case analysis. There are two kinds of thinking in this area: conceptualization during the session and between the sessions. Kinds of behaviors that represent these skills include:

- Understanding what the client is saying
- Identifying themes in the client messages
- Choosing strategies appropriate to client goals
- Recognizing even subtle improvement by the client

Conceptualization skills involve understanding patterns and themes with each client *and* being able to distinguish between important and unimportant client statements and processes.

Personalization Skills: These include both easily observable and subtle behaviors. Because counseling is a very personal activity, these skills will indicate how well the student has adjusted to the role of helper. Examples of these might include:

- Comfort with the responsibility of being a counselor
- Being able to separate one's own issues from those of the client
- Being able to handle a range of personal emotions
- Being able to accept constructive criticism

Professional Skills: These include ethical behaviors both within, and outside, counseling sessions. Examples include, but are not restricted to, the following:

- Completing paperwork on time
- Safeguarding confidentiality
- Behaving professionally in field placement
- Dressing appropriately for counseling contacts
- Not being defensive with an accusing or angry client
- Being able to handle a range of personal emotions
- Being able to accept constructive critique

When students demonstrate personal limitations that might impede future performance, or consciously violate ethical standards, and are ineffective and harmful to clients, they will NOT receive the instructor's endorsement to continue with the program *or* pass the course.

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Appendix C: Internship Student Checklist

Student Name: _____

Semester: _____

Preparation for the **FIRST** Internship Class Meeting:

Counseling trainees must provide the following **documentation** at the first-class meeting:

- Field Placement Contract:** completed and signed by site supervisor and student
- Field Site Plan** (community): completed and signed by site supervisor and student
- Field Site Supervisor Registration:** completed by the site supervisor
- Emergency/Crisis Management Form:** completed and signed as indicated
- Practicum/Internship Ethics Agreement:** completed and signed by student
- Proof of Liability Insurance:** certificate of coverage or letter verifying coverage

Paperwork Due at **LAST** Internship Class Meeting:

- Internship Log:** completed and signed by trainee and site supervisor
- Practicum/Internship Summary:** completed and signed by student
- End of Semester Field Site Supervisor's Evaluation:** completed and signed by the site supervisor
- Trainee Evaluation of Field Placement Site:** completed and signed by student
- Additional documentation as required by Internship Instructor (TBD)

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