

Counseling 501: Introduction to the Counseling Profession **Course Syllabus**| Spring, 2022 *Online/Web Based Course*

INSTRUCTOR INFORMATION

Instructor: Lorry Royal, PhD, LPC, NCC, CSC

Office Location: Binnion Hall

Office Hours: In-person/virtual by appointment University Email Address: lorry.royal@tamuc.edu Preferred Form of Communication: E-mail

Communication Response Time: 24-48 hours, Monday – Friday

Mode of instruction and course access:

COURSE INFORMATION

Textbook(s) Required:

Gladding, S. L. (2018). *Counseling: A comprehensive profession* (8th ed.). Upper Saddle River, NJ: Pearson.

American Counseling Association (2014). 2014 ACA Code of Ethics. Alexandria, VA: Author. https://www.counseling.org/docs/default-source/default-document-library/2014-code-of-ethicsfinaladdress.pdf?sfvrsn=96b532c_2

American School Counselor Association. (2016). ASCA Ethical Standards for School Counselors.

https://www.schoolcounselor.org/asca/media/asca/Ethics/EthicalStandards2016.pdf

Handbook for TAMUC Master's Counseling Program https://www.tamuc.edu/academics/colleges/educationHumanServices/counseling/clinical.aspx

Optional Texts and/or Materials:

American Psychological Association. (2020). *Publication manual of the American Psychological Association*. (7th ed.). https://doi.org/10.1037/0000165-000

*Other readings as Assigned.

Course Description

501. *Introduction to the Counseling Profession*. Three semester hours.

Recommended as the initial course in a student's program to serve as an introduction to the counseling profession. Roles of counselors and related professionals in various settings are presented. Professional goals and objectives; trends; professional associations; ethical and legal issues; history; credentialing; preparation standards for counselors; and essential interviewing and counseling skills, characteristics, and behaviors that influence helping processes are explored.

General Course Information

This course should be taken early in the student's preparation program. This course serves primarily as an orientation to the counseling profession and as a course where students develop basic interviewing and counseling skills and self-awareness that promotes appropriate counselor-client relationships. A grade of "B" or higher must be earned in COUN 501, 510, 528, and 516 for admission to candidacy status (or its equivalent for those seeking school counselor certification only), which is required before practicum (COUN 551).

Student Learning Outcomes

2016 CACREP Standards Addressed in COUN 501

Masters Standard	Learning Activity	Assignment	Assessment Rubric	Benchmark
2.F.1.a history and philosophy of the counseling profession and its specialty areas	• Reading: Gladding (2018) Ch. 1, App A	Discussion	Discussion Rubric	≥ 80% of average rubric scores will either meet (2) or exceed (3) expectation
2.F.1.b. the multiple professional roles and functions of counselors across specialty areas, and their relationships with human service and integrated behavioral health care systems, including interagency and interorganizational collaboration and consultation	• Reading: Gladding (2018) Ch. 13-18	Discussion	Discussion Rubric	≥ 80% of average rubric scores will either meet (2) or exceed (3) expectation
2.F.1.c. counselors' roles and responsibilities as members of interdisciplinary community outreach and	 Reading: Gladding (2018) Ch. 13-18 In-class discussion/debate 	Discussion	Discussion Rubric	≥ 80% of average rubric scores will either meet (2) or exceed

emergency management response teams					(3) expectation
2.F.1.d. the role and process of the professional counselor advocating on behalf of the process	•	Reading: Gladding (2018) Ch. 2-3	PIDP - Advocacy	PIDP Rubric chapter review	≥ 80% of average rubric scores will either meet (2) or exceed (3) expectation
2.F.1.e. advocacy processes needed to address institutional and social barriers that impede access, equity, and success for clients	• •	Reading: Gladding (2018) Ch. 2-3 In-class Discussion/Debate	PIDP – Professional Counseling Organization	PIDP Rubric	≥ 80% of average rubric scores will either meet (2) or exceed (3) expectation
2.F.1.f. professional counseling organizations, including membership benefits, activities, services to members, and current issues	•	Reading: Gladding (2018) Ch. 1, App A In-class Discussion/Debate	PIDP – Professional Counseling Organization	PIDP Rubric	≥ 80% of average rubric scores will either meet (2) or exceed (3) expectation
2.F.1.g. professional counseling credentialing, including certification, licensure, and accreditation practices and standards, and the effects of public policy on these issues	•	Reading: Gladding (2018) Ch. 1, App A Selected Readings: TCA public policy, ACA public policy In-Class Discussion/Debate	PIDP – LPC or SC	PIDP Rubric	≥ 80% of average rubric scores will either meet (2) or exceed (3) expectation
2.F.1.h. current labor market information relevant to opportunities for practice within the counseling profession	•	Reading: Gladding (2018) Ch. 1, App A In-Class Discussion/Debate	PIDP – Labor Market Information	PIDP Rubric	≥ 80% of average rubric scores will either meet (2) or exceed (3) expectation
2.F.1.i. ethical standards of professional counseling organizations and credentialing bodies, and applications of ethical and	•	Reading: Gladding (2018) Ch. 2 In-Class Discussion/Debate	PIDP – Informed Consent	PIDP Rubric	≥ 80% of average rubric scores will either meet (2) or exceed

legal considerations in professional counseling					(3) expectation
2.F.1.j. technology's impact on the counseling profession	•	Reading: Gladding (2018) Ch. 2, App A	Discussion	Discussion Rubric	≥ 80% of average rubric scores will either meet (2) or exceed (3) expectation
2.F.1.k. strategies for personal and professional self-evaluation and implications for practice			PIDP – Self- Care	PIDP Rubric	≥ 80% of average rubric scores will either meet (2) or exceed (3) expectation
2.F.1.l. self-care strategies appropriate to the counselor role			PIDP – Self- Care	PIDP Rubric	≥ 80% of average rubric scores will either meet (2) or exceed (3) expectation
2.F.1.m. the role of counseling supervision in the profession	•	Reading: Gladding (2018) Ch. 10 ACA Code of Ethics ASCA Code of Ethics	Discussion	Discussion Rubric	≥ 80% of average rubric scores will either meet (2) or exceed (3) expectation
2.F.5.a. theories and models of counseling	•	Reading: Gladding (2018) Ch. 7-8	Discussion	Discussion Rubric	≥ 80% of average rubric scores will either meet (2) or exceed (3) expectation
2.F.5. c. theories, models, and strategies for understanding and practicing consultation	•	Reading: Gladding (2018) Ch. 10	Discussion	Discussion Rubric	≥ 80% of average rubric scores will either meet (2) or exceed (3) expectation

2.F.5.f. counselor characteristics and behaviors that influence the counseling process	• Reading: Gladding (2018) Ch. 1, 5-6	Discussion	Discussion Rubric	≥ 80% of average rubric scores will either meet (2) or exceed (3) expectation
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Content Areas include, but are not limited to, the following:

- 1. History of the counseling profession
- 2. Professional advocacy
- 3. Professional organizations
- 4. Counselor characteristics
- 5. Counseling settings
- 6. Counseling ethics
- 7. Legal issues in counseling
- 8. Tasks, skills, and knowledge related to counseling
- 9. Counseling specialties
- 10. Counseling-related occupations

TEXES COMPETENCIES

Competency 010 (Professionalism)

The school counselor understands and complies with ethical, legal, and professional standards relevant to the profession.

COURSE REQUIREMENTS

Minimal Technical Skills Needed

In this class, you will utilize the Learning Management System (LMS) entitled D2L for portions of instructional and learning methods, submitting assignments, participating in online discussions, and completing quizzes. You will also need to download the Zoom application to your personal computer or smart phone in order to access office hours and other virtual meetings. To complete assignments, you will need to utilize other technologies such as Microsoft Word, PowerPoint, etc. If you have issues with this system, it is your responsibility to contact the help desk immediately.

Instructional Methods

This course consists of lecture and didactic learning methods, small group discussions, and inclass assignments, coupled with experiential learning and practical application. This course is web-based and does not have a designated meeting time. When we are not meeting online, you will be expected to participate and complete all online tasks via D2L. In addition to this, small lecture, discussion, activities, and workshops may be utilized during this course.

Student Responsibilities and Tips for Success in the Course

As a student in this course, you are responsible for being active in your learning process. Expectations of this course include the following:

- 1. You are expected to display professionalism at all times. Be respectful of your professor and peers. Be open to feedback, as you will receive this throughout the program.
- 2. Prepare for classes. Complete any and all readings prior to class time.
- 3. Complete all assignments by the deadline.
- 4. Adhere to the university's Student Code of Conduct.
- 5. Participate. During face-to-face classes, you are expected to actively participate in all activities and discussion. In the online format, you are expected to participate in all online discussions/activities. This is crucial to your learning.
- 6. All writing assignments must be completed according to APA 7th edition.
- 7. Regularly check your University email. My suggestion is to check this at least once a day as your instructors and others from the department and University may contact you.
- 8. Begin your readings ASAP. Sometimes it may take more than one attempt to digest the material.
- 9. Deadlines are the last possible moment something is due—not the first moment to start. Work ahead. I realize this may not always be possible; however, when you can, do so.
- 10. Be open to the process. This degree takes time, work, effort, and growth.

COURSE ASSIGNMENTS/ASSESSMENTS

Class Participation and Attendance (75 points)

1. D2L Online Discussions: You will participate in a total of eight discussion boards during the semester. You are expected to give a thorough and thoughtful response to each prompt.

In addition to the initial discussion, you will also respond to three of your classmates' discussion posts. The rubrics for the discussions are below. For the weeks with discussion posts, they will open on Monday and close the following Sunday night. Your initial post is due by Thursday at midnight, and your peer responses are due by Sunday at midnight. However, feel free to post earlier than Thursday. Please note that late postings will not be accepted.

Due to the nature of this class, attendance and participation are essential. Participation is credited to all activities related to this course. Students will demonstrate knowledge and understanding of key concepts through class discussions and course activities.

You are encouraged to actively participate in and out of class. Do not expect/rely on class lecture for your learning. This class requires you to be an active and critical thinker, to share your thoughts respectfully, to engage with the material honestly and openly, and to participate in discussions with your peers.

This course is one of the foundational courses for facilitating your beginning knowledge and skills related to the counseling field; thus, attending, participating, and experiential learning within and outside of the classroom are crucial. You will have many opportunities to contribute to the total learning experience through attendance, discussion, and assigned activities.

The following criteria will be used to determine participation & attendance points:

Online Discussion Rubric

	1 – Does Not Meet Expectations (0-1.9 points)	Hynectations (7-3.9	3 – Exceeds Expectations (4-5 points)
Discussion Contribution Qualities (5 points)	Post is not complete, not written in a clear manner OR post is missing critical components of the question. Responses to classmates are not complete, missing critical components OR feedback is not thoughtful. Initial post is not completed prior to Thursday at 11:59PM	idiscussed in a brief	Post presents all elements of the question(s) discussed thoroughly and clearly. Responses present all elements required thoroughly and clearly. Provided thoughtful feedback to peer. Initial post is completed prior to Thursday at 11:59PM.

Assignments

Professional Identity and Development Portfolio (PIDP): Throughout the semester, you will work on different parts of an overall portfolio. Each portion of the portfolio will be due at different times during the semester, with the final portfolio due at the end of the semester. Continue to update information in your portfolio as you develop throughout the program. All work should be completed in APA 7th format including a title page for each section.

All submissions are due on Sundays by 11:59 pm by the date specified in the syllabus. Late work will not be accepted.

a) **Counseling Licensure/Certification (10 points)**. Please review: https://www.bhec.texas.gov/texas-state-board-of-examiners-of-professional-counselors/index.html

https://tea.texas.gov/academics/learning-support-and-programs/school-guidance-and-counseling

Provide an outline/overview of licensure/credential requirements (depending on whether you wish to become an LPC or certified school counselor). If you are planning to move out of state, view that state's licensing board information. Include the following:

- Licensure/credential name (e.g., LPC)
- Educational requirements (including CACREP accreditation standards)
- Testing requirements
- Supervision requirements
- Application process
- Continuing education requirements (after full license is obtained)
- Any other requirements necessary to obtain that license/credential.
- b) **Professional Counseling Organizations (10 points)**. Choose two professional counseling organizations (e.g., ACA, TCA, ASCA, IAMFC, ALGBTIC/SAIGE, etc.) that you are interested in joining and review their website in detail. Provide a detailed and thorough overview of the following:
 - Name of organization
 - Membership benefits
 - Activities
 - Services to members
 - Current issues
 - Any other information you find interesting

Note: If you have a specific interest (e.g., research, advocacy, suicide, play therapy, adolescents, etc.) and are unsure where to find an organization, please ask me! There is undoubtedly an organization that will fit your interests.

c) **Current Labor Market Information (10 points)**. Go to the following websites:

https://www.bls.gov/ooh

The syllabus/schedule are subject to change.

https://www.counseling.org

https://txca.org

https://www.onetonline.org

Review these websites and search for areas and/or keywords such as "jobs, careers, counseling, different specialty areas of counseling." Give a one-page summary reflection on what you learned after your investigation. This summary may reflect on areas such as what counselors do, environments they may work in, educational requirements, pay expectations, outlook, state/national data, job posting information, required skills, etc.

You will want to include both a short summary and a reflection of your exploration. The purpose of this assignment is to learn more about the current labor market relevant to the counseling profession and how this might affect your job outlook.

- d) **Informed Consent (20 points)**. For this portion of the PIDP, you will develop an informed consent form that can be used in counseling sessions. The purpose of this assignment is to gain knowledge in ethics and legal issues. You will utilize the 2014 ACA code of ethics (https://www.counseling.org/resources/aca-code-of-ethics.pdf). Use your textbook and the online library for resources (you can find examples of informed consents in counseling online and through the TAMUC library database). Read the ACA code of Ethics (2014) to identify what needs to be included in the informed consent form.
- e) Advocacy Proposal (20 points). The purpose of this advocacy proposal is for you to develop a plan for an advocacy project that will promote and enhance the counseling field and address institutional/social barriers that impede access, equity, and success for clients. Your proposal should include the following headings and discussion points:
 - Purpose of your advocacy proposal, including who will be affected by your advocacy
 - Rationale for your advocacy area, including support from counseling literature (cite professional resources, textbooks, journal articles, etc.)
 - Description of what the advocacy actually entails, including any activities or actions to be taken on your behalf
 - Intended outcome of your advocacy proposal, including how this promotes or enhances the counseling field and addresses the barriers stated above
- f) **Self-Care and Self-Evaluation Plan (20 points)**. This plan will include both personal and professional self-care and self-evaluation components. You are to develop a self-care plan to maintain your personal wellness as a

counselor. This plan should be utilized throughout your time as a student and as a counselor (not only during times of impairment).

Please review Myers and Sweeney's (2008) Model of Wellness (https://doi.org/10.1002/j.1556-6678.2008.tb00536.x). The goal of a self-care plan is to (1) engage in these behaviors and activities throughout your career in order to remain healthy and (2) to become aware when counselor impairment may occur. Thus, you will also need to develop a self-evaluation plan discussing strategies for your personal and professional self-evaluation.

These plans are meant to be for your own use, so they can be creative (e.g., color, drawing, charts, tables, etc.) or traditional (e.g., written paragraph form). Either way, please include the following:

- Your own definition of what self-care means to you
- Aspects of self-care, behaviors, and/or activities you can partake in
- A self-evaluation plan discussing strategies for assessing your personal and professional functioning

Professional Identity and Development Portfolio Rubric

	1 – Does Not Meet Expectation	2 – Meets Expectation	3 – Exceeds Expectation
	*If total is 10 (0-7) *If total is 20 (0-15)	*If total is 10 (8) *If total is 20 (16-17)	*If total is 10 (9-10) *If total is 20 (18-20)
Counseling Licensure/Certification (10 points)	many criteria. Descriptions are unclear and may be incorrect. Student has a lack of understanding of information related to counseling	Provides most details necessary for each criterion with a few missing criteria. Descriptions lack some clarity but mostly there. Student has a basic understanding of information related to counseling licensure/certification, continuing education, and supervision.	Provides all details necessary for each criterion. No missing criteria. Descriptions are clear and comprehensive. Student clearly understands information related to counseling licensure/certification, continuing education, and supervision.
Counseling Organizations	necessary but is missing many criteria. Descriptions are unclear	Provides most details necessary for each criterion with a few missing criteria.	Provides all details necessary for each criterion listed. Descriptions are clear
(10 points)	and may be incorrect. Student has a lack of	Descriptions lack some clarity but mostly	Student clearly

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	understanding of	there. Student has a	understands
	information related to the	basic understanding of	
	chosen professional		the chosen professional
	counseling organization.	the chosen professional	
		counseling	organization.
		organization.	
		Provides some detail	Provides all details
		but only includes either	necessary including
	Provides some details	a summary of	both summary of
	necessary but is missing	information OR	information and
C	many criteria.	reflection on how this	reflection on how this
Current Labor Market	Descriptions are basic,	would affect your job	would affect your job
Information	unclear, or may be	outlook. Descriptions	outlook. Descriptions
(10	incorrect. Student has a	lack some clarity but	are clear and
(10 points)		mostly there. Student	comprehensive.
	the current labor market in		Student clearly
	counseling.	understanding of the	understands the current
	8	current labor market in	
		counseling.	counseling.
		Provides most of the	Provides all the
		necessary information	necessary information
	Has many missing details	but may be missing	in a thorough and
		some details or	
	and/or is presented in a disorganized way. Missing		thoughtful way. No incorrect information
Informed Consent	, , ,	<u> </u>	
informed Consent	many necessary	incomplete way.	and no missing details.
(20 : 4)	components of an	Sufficiently provides	Clearly provides the
(20 points)		the necessary	necessary components
	not demonstrate a basic	components of an	of an informed
	understanding of ethical	informed consent.	consent. Demonstrates
	codes	Demonstrates a basic	an exceptional
		understanding of	understanding of
		ethical codes.	ethical codes.
	Proposal is missing	Proposal includes	Proposal clearly
	appropriate details for	appropriate details for	provides and describes
	each criterion and/or does	each criterion and	all necessary details for
	not include support from	includes support from	each criterion and
	the counseling literature (0	_	includes support from
Advocacy Proposal	points). Has many missing	_	the counseling
	criteria, lacks detail and	some missing criteria	literature. Descriptions
(20 points)	clarity. Does not	or criteria that lacks	are clear and
	demonstrate a basic	detail and clarity.	comprehensive.
	understanding of advocacy		Demonstrates an
	that promotes or enhances	sufficient	exceptional
	the counseling field and	understanding of	understanding of
	addresses barriers.	advocacy that	advocacy that

		and addresses barriers.	promotes or enhances the counseling field and addresses barriers.
Self-Care and Self- Evaluation Plan (20 points)	Self-care and self- evaluation plan does not sufficiently provide the necessary components and/or may be missing many components or lacks details/lacks thorough discussion. Plan does not demonstrate a sufficient understanding of counselor self-care and counselor self-evaluation.	the necessary components but may be missing some components or lacks details/lacks thorough discussion. Plan demonstrates a sufficient	Self-care and self- evaluation plan clearly provides the necessary components described in detail. Plan demonstrates an exceptional understanding of counselor self-care and counselor self- evaluation.

GRADING

Final grades in this course will be based on the following scale:

A = 90%-100%

B = 80% - 89%

C = 70% - 79%

D = 60% - 69%

F = 59% or Below

Final Grading

PIDP A (Licensure/Certification)	10 points
PIDP B (Counseling Organization)	10 points
PIDP C (Labor Market Information)	10 points
PIDP D (Advocacy Proposal)	20 points
PIDP E (Informed Consent)	20 points

PIDP F (Self-care/Self-evaluation Plan)

Participation/Discussion

Mid-Term/Final Exam

20 points

40 points

100 points

Total points: 160 points

Your Final Grade is determined by adding the point values earned from each assignment and then dividing by 160. The resulting value is multiplied by 100 to yield a percentage. For example: $(150 \text{ [points earned]}/160) \times 100 = 93.75\%$

***Assignments are due on the day noted in the syllabus by 11:59 pm and must be submitted through D2L. Late assignments will not be accepted.

COMMUNICATION AND SUPPORT

Communication with your professors is key to your professional growth. I am here to support and guide you along your academic journey. With that being said, I cannot help you if you do not communicate with me. Please reach out if you have any concerns or questions. Because I teach in different locations, email is the best way to reach me. I strive to answer all emails within 24 hours, Monday-Friday. When emailing, please use your university email. Also, I will be more than happy to meet with you if needed. Please reach out to me so we can set up a convenient time to get together via Zoom.

TECHNOLOGY REQUIREMENTS

LMS

All course sections offered by Texas A&M University-Commerce have a corresponding course shell in the myLeo Online Learning Management System (LMS). Below are technical requirements

LMS Requirements:

https://community.brightspace.com/s/article/Brightspace-Platform-Requirements

LMS Browser Support:

https://documentation.brightspace.com/EN/brightspace/requirements/all/browser_support.htm

YouSeeU Virtual Classroom Requirements:

https://support.youseeu.com/hc/en-us/articles/115007031107-Basic-System-Requirements

ACCESS AND NAVIGATION

You will need your campus-wide ID (CWID) and password to log into the course. If you do not know your CWID or have forgotten your password, contact the Center for IT Excellence (CITE) at 903.468.6000 or helpdesk@tamuc.edu.

Note: Personal computer and internet connection problems do not excuse the requirement to complete all course work in a timely and satisfactory manner. Each student needs to have a backup method to deal with these inevitable problems. These methods might include the availability of a backup PC at home or work, the temporary use of a computer at a friend's home, the local library, office service companies, Starbucks, a TAMUC campus open computer lab, etc.

Technical Support

If you are having technical difficulty with any part of Brightspace, please contact Brightspace Technical Support at 1-877-325-7778. Other support options can be found here:

https://community.brightspace.com/support/s/contactsupport

System Maintenance

Please note that on the 4th Sunday of each month there will be System Maintenance which means the system will not be available 12 pm-6 am CST.

COURSE AND UNIVERSITY PROCEDURES/POLICIES

University-Specific Procedures

Academic Integrity

Students at Texas A&M University-Commerce are expected to maintain high standards of integrity and honesty in all of their scholastic work. For more details and the definition of academic dishonesty, <u>click here</u>.

Graduate Student Academic Dishonesty Form

Student Conduct

All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment. The Code of Student Conduct is described in detail in the Student Guidebook.

Students should also consult the Rules of Netiquette for more information regarding how to interact with students in an online forum: https://www.britannica.com/topic/netiquette

TAMUC Attendance

For more information about the attendance policy please visit the <u>Attendance</u> webpage and <u>Procedure 13.99.99.R0.01</u>.

Students with Disabilities - ADA Statement

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:

Office of Student Disability Resources and Services

Texas A&M University-Commerce Velma K. Waters Library Rm 162 Phone (903) 886-5150 or (903) 886-5835

Fax (903) 468-8148

Email: studentdisabilityservices@tamuc.edu

Website: Office of Student Disability Resources and Services

http://www.tamuc.edu/campusLife/campusServices/studentDisabilityResourcesAndServices/

Student Counseling Services

The Counseling Center at A&M-Commerce, located in the Halladay Building, Room 203, offers counseling services, educational programming, and connection to community resources for students. Students have 24/7 access to the Counseling Center's crisis assessment services by calling 903-886-5145. For more information regarding Counseling Center events and confidential services, please visit www.tamuc.edu/counsel

Nondiscrimination Notice

Texas A&M University-Commerce will comply in the classroom, and in online courses, with all federal and state laws prohibiting discrimination and related retaliation on the basis of race, color, religion, sex, national origin, disability, age, genetic information or veteran status. Further, an environment free from discrimination on the basis of sexual orientation, gender identity, or gender expression will be maintained.

Campus Concealed Carry Statement

Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in Texas A&M University-Commerce buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and A&M-Commerce Rule 34.06.02.R1, license holders may not carry a concealed handgun in restricted locations.

For a list of locations, please refer to the <u>Carrying Concealed Handguns On Campus</u> document and/or consult your event organizer.

Web url:

 $\frac{http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/34Safet}{yOfEmployeesAndStudents/34.06.02.R1.pdf}$

Pursuant to PC 46.035, the open carrying of handguns is prohibited on all A&M-Commerce campuses. Report violations to the University Police Department at 903-886-5868 or 9-1-1.

Student Counseling Resources

The Counseling Center at A&M-Commerce, located in the Halladay Building, Room 203, offers counseling services, educational programming, and connection to community resources for students. Students have 24/7 access to the Counseling Center's crisis assessment services by calling 903-886-5145. For more information regarding Counseling Center events and confidential services, please visit www.tamuc.edu/counsel.

COURSE OUTLINE / CALENDAR Coun. 501- Intro. to the Counseling Profession – Spring, 2022

 $*The \ syllabus/schedule \ are \ subject \ to \ change.$

Week/Date	Topics (tentative)	Reading (to be completed before class date)	Assignment
Week 1	-Course introduction and program orientation -Personal introductions -Wellness Check-in -Program Orientation	-Course syllabus -Master's Student Handbook -Fact Sheets -Degree Plan	-Read and review syllabus prior to class. -Discussion Post #1
Week 2	History of the Counseling Profession; Professional organizations; Credentialing	Ch.1, Appendix A & Appendix C; websites for licensure (see supplemental websites below.	-Discussion Post #2
Week 3	Counselor Profession; Credentialing	Ch.1, Appendix A & Appendix C; websites for licensure (see supplemental websites below.	-Discussion Post #3 PIDP A due on D2L - Licensure/Certification
Week 4	Counselor Ethics; Counselor characteristics; ACA & ASCA Code of Ethics	Chapters 2 & 15 ACA Code of Ethics; Websites for CACREP, ACA, TCA & ASCA (see supplemental resources below)	-Discussion Post #4
Week 5	Professional Organizations The Counseling	Online resources; Websites for CACREP, ACA, TCA, & ASCA (see supplemental resources below) Chapters 5 & 6	PDIP B due on D2L- Counseling Organizations
Week 6	Relationship Consultation & Supervision	Chapter 10	-Discussion Post #5
Week 7	Spring Break!!!	REST & RELAXATION	
Week 8	Counselor labor market; Evaluation & Research	Chapters 1&11; Online resources	PDIP C due on D2L – Labor Market
Week 9	Diversity & multiculturalism in Counseling; Advocacy in Counseling Mid-Term Exam	Chapters 3 & 4; Online resources	Mid-Term Exam due Sunday, April 3 rd by 11:59 pm.

The syllabus/schedule are subject to change.

Week 10	-Intro to Counseling Theories -Groups in Counseling	Chapters 7 - 9 Appendix B	-Discussion Post #6
Week 11	Ethical & Legal Issues in Counseling Informed Consent Documenting a Course of Action	Chapter 2 ACA, ASCA Code of Ethics; Informed Consent Resources (D2L) Forester-Miller & Davis (2016)	PDIP D due on D2L— Informed Consent -Discussion Post #7
Week 12	Assessment, Career Development & Statistics	Chapters 12 & 13	
Week 13	Counseling Populations & Advocacy	Chapters 14,16, 17, & 18	PDIP E due on D2L- Advocacy -Discussion Post #8
Week 14	Self-care/Self-Evaluation	Chapter 11 Myers and Sweeny's (2008) Model of Wellness	PDIP F due on D2L - Self-Care/Self- Evaluation
Week 15	Technology in counseling Final Exam	Online resources through D2L	Final Exam due May 11 th by 11:59 pm

Supplemental and Helpful Resources/Websites:

https://www.cacrep.org

https://www.counseling.org/resources/aca-code-of-ethics.pdf

https://www.counseling.org

https://txca.org

https://www.schoolcounselor.org

https://www.bhec.texas.gov/texas-state-board-of-examiners-of-professional-

counselors/index.html

https://suicidepreventionlifeline.org https://afsp.org/suicide-statistics/

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