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PSY 416 Introduction to Clinical Psychology
Fall 2021

Instructor: Lisa Moorehead

Virtual Office Hours: by appointment

University Email Address: Lisa.Moorehead@tamuc.edu

Preferred Form of Communication: email

Required Textbook: Kramer, G. P., Bernstein, D. A., & Phares, V. (2014). *Introduction of clinical psychology* (8th ed.). Boston, MA: Pearson.

Course Description:

From the course catalog: This course is intended to provide students an overview of the field of clinical psychology. Students will be exposed to information regarding the history of the science, as well as contemporary clinical psychology. Students will also be introduced to the various assessment and psychotherapeutic strategies used by clinical psychologists in their daily practice. By the end of the course, students will have an in-depth understanding of the range of assessment and psychotherapeutic services that clinical psychologists provide to patients of all ages across multiple settings.

Prerequisites: PSY 2301.

Student Learning Outcomes

1. Define the professional of clinical psychology and distinguish it from other mental health care professions.
2. Discuss the importance of using an evidence-base for provision of mental health services.
3. Describe the types of activities clinical psychologist perform and the guiding principles used in practice.
4. Discuss the training of clinical psychologist and relevant licensures they can earn.
5. Describe the current diagnostic system and common concerns raised out this system's limitations.

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6. Summarize the purpose of psychological assessment and describe the strengths and weaknesses of various strategies clinical psychologists may employ.
7. Describe the principles of psychotherapeutic interventions, various theories associated with these interventions, and specific evidence-based interventions for children and adults.

Discuss the various subfields of clinical psychology, including clinical neuropsychology, clinical forensic psychology, and clinical health psychology.

COURSE REQUIREMENTS

Minimal Technical Skills Needed

Using Microsoft Office, Powerpoint, and the Learning Management System

Course Format: This is a fully online course through D2L learning management system with online meeting times, required readings, powerpoints, and various assignments.

Course Assignments:

- I. Quizzes-** Quizzes will be assigned over each chapter of the required reading in order to assess retained knowledge. These quizzes will be taken closed book, closed notes, without another person helping, and with no internet aid. You should retrieve the required information from your memory. There will be fifteen quizzes administered. However, if you complete all fifteen, I will award you full credit for your quiz with the lowest score. Quizzes are worth 13.5% of your grade. We will review quiz answers in class.
- II. Article Summaries -** There will be four article summaries due throughout the semester. These summaries will be good practice for graduate school and teach you how to read and understand research. These assignments are cumulatively worth 13.5% of your grade.
- III. Midterm –** The midterm will be a 50 question, multiple choice exam. This is worth 26.5% of your grade.
- IV. Paper-** Students will complete a 5-7 page paper, excluding cover and references, in APA format. This is worth 20% of your grade.
- V. Final-** Format to be determined. This is worth 26.5% of your grade.

Student Responsibilities or Tips for Success in the Course

In order to succeed in this course, you will need to keep up with all lectures, readings and assignments. If you fall behind it might be difficult to catch up. If you find yourself struggling, reach out to me so we can cultivate a plan moving forward. Don't wait till the last minute to let me know that you are struggling, it will be too late by then.

GRADING

Final grades in this course will be based on the following scale:

Total points corresponding to the final letter grades

A = 900 - 1000 Points

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B = 800 - 899 Points
C = 700 - 799 Points
D = 600 - 699 Points
F = <600 Points

Weights of the assessments in the calculation of the final letter grade.

Quizzes	135 points (9 points each)
Discussions	135 points (9 points each)
Midterm Exam	265 points
Paper	200 points
Final Exam	265 points
TOTAL	1000 points

TECHNOLOGY REQUIREMENTS

LMS

All course sections offered by Texas A&M University-Commerce have a corresponding course shell in the myLeo Online Learning Management System (LMS). Below are technical requirements

LMS Requirements:

<https://community.brightspace.com/s/article/Brightspace-Platform-Requirements>

LMS Browser Support:

https://documentation.brightspace.com/EN/brightspace/requirements/all/browser_support.htm

YouSeeU Virtual Classroom Requirements:

<https://support.youseeu.com/hc/en-us/articles/115007031107-Basic-System-Requirements>

Browser support

Note the following:

- Ensure that your browser has JavaScript and Cookies enabled.
- For desktop systems, you must have Adobe Flash Player 10.1 or greater.
- The Brightspace Support features are now optimized for production environments when using the Google Chrome browser, Apple Safari browser, Microsoft Edge browser, Microsoft Internet Explorer browser, and Mozilla Firefox browsers.

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Desktop Support

Browser	Supported Browser Version(s)	Maintenance Browser Version(s)
Microsoft® Edge	Latest	N/A
Microsoft® Internet Explorer®	N/A	11
Mozilla® Firefox®	Latest, ESR	N/A
Google® Chrome™	Latest	N/A
Apple® Safari®	Latest	N/A

Tablet and Mobile Support

Device	Operating System	Browser	Supported Browser Version(s)
Android™	Android 4.4+	Chrome	Latest
Apple	iOS®	Safari, Chrome	The current major version of iOS (the latest minor or point release of that major version) and the previous major version of iOS (the latest minor or point release of that major version). For example, as of June 7, 2017, D2L supports iOS 10.3.2 and iOS 9.3.5, but not iOS 10.2.1, 9.0.2, or any other version. Chrome: Latest version for the iOS browser.
Windows	Windows 10	Edge, Chrome, Firefox	Latest of all browsers, and Firefox ESR.

- You will need regular access to a computer with a broadband Internet connection. The minimum computer requirements are:
 - 512 MB of RAM, 1 GB or more preferred

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- Broadband connection required courses are heavily video intensive
- Video display capable of high-color 16-bit display 1024 x 768 or higher resolution
- **For YouSeeU Sync Meeting sessions 8 Mbps is required.** Additional system requirements found here: <https://support.youseeu.com/hc/en-us/articles/115007031107-Basic-System-Requirements>
- You must have a:
 - Sound card, which is usually integrated into your desktop or laptop computer
 - Speakers or headphones.
 - *For courses utilizing video-conferencing tools and/or an online proctoring solution, a webcam and microphone are required.
- Both versions of Java (32 bit and 64 bit) must be installed and up to date on your machine. At a minimum Java 7, update 51, is required to support the learning management system. The most current version of Java can be downloaded at: [JAVA web site http://www.java.com/en/download/manual.jsp](http://www.java.com/en/download/manual.jsp)
- At a minimum, you must have Microsoft Office 2013, 2010, 2007 or Open Office. Microsoft Office is the standard office productivity software utilized by faculty, students, and staff. Microsoft Word is the standard word processing software, Microsoft Excel is the standard spreadsheet software, and Microsoft PowerPoint is the standard presentation software. Copying and pasting, along with attaching/uploading documents for assignment submission, will also be required. If you do not have Microsoft Office, you can check with the bookstore to see if they have any student copies.

ACCESS AND NAVIGATION

You will need your campus-wide ID (CWID) and password to log into the course. If you do not know your CWID or have forgotten your password, contact the Center for IT Excellence (CITE) at 903.468.6000 or helpdesk@tamuc.edu.

Note: Personal computer and internet connection problems do not excuse the requirement to complete all course work in a timely and satisfactory manner. Each student needs to have a backup method to deal with these inevitable problems. These methods might include the availability of a backup PC at home or work, the temporary use of a computer at a friend's home, the local library, office service companies, Starbucks, a TAMUC campus open computer lab, etc.

COMMUNICATION AND SUPPORT

Interaction with Instructor: If you have any questions or are having difficulties with the course material, please contact your Instructor. I will try my best to respond within 48 hours and return assignments graded in two weeks.

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Technical Support

If you are having technical difficulty with any part of Brightspace, please contact Brightspace Technical Support at 1-877-325-7778. Other support options can be found here: <https://community.brightspace.com/support/s/contactsupport>

System Maintenance: D2L runs monthly updates during the last week of the month, usually on Wednesday. The system should remain up during this time unless otherwise specified in an announcement. You may experience minimal impacts to performance and/or look and feel of the environment.

Learner Support

The One Stop Shop was created to serve you by providing as many resources as possible in one location. <http://www.tamuc.edu/admissions/onestopshop/>

The Academic Success Center provides academic resources to help you achieve academic success. <http://www.tamuc.edu/campusLife/campusServices/academicSuccessCenter/>

Course Policies

Plagiarism: Plagiarism is a serious offense and occurs when an individual takes ideas or words from a source and claims these ideas as their own, either intentionally or by not giving credit to the original author. Plagiarism is not just copying and pasting from someone else's work, it includes writing work that is remarkably close to someone else's published work, or taking someone else's ideas and passing them off as your own. The best way to avoid plagiarism is to first, know what plagiarism consists of, and second, always cite your references. All Texas A&M University- Commerce instructors are obligated to report instances of plagiarism, which will then result in severe consequences. Ignorance will not be accepted as an excuse for plagiarism.

Late Work: Late work is generally not accepted except under extreme circumstances. Know the due dates so you do not risk attempting to turn in late work only to be disappointed. It is the student's responsibility to ensure that assignments are turned in on time, regardless of any unforeseen computer or connection issues so do not wait until the last minute to complete an assignment.

Netiquette: Offensive language and aggressive correspondence online will not be tolerated. Students are expected to be respectful of differing opinions when communicating. See University Codes of Conduct section above.

Syllabus Change Policy

The syllabus is a guide. Circumstances and events, such as student progress, may make it necessary for the instructor to modify the syllabus during the semester. Any changes made to the syllabus will be announced in advance.

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University Specific Procedures

Student Conduct

All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment. The Code of Student Conduct is described in detail in the [Student Guidebook](#).

Students should also consult the Rules of Netiquette for more information regarding how to interact with students in an online forum: <https://www.britannica.com/topic/netiquette>

TAMUC Attendance

For more information about the attendance policy please visit the [Attendance](#) webpage and [Procedure 13.99.99.R0.01](#).

<http://www.tamuc.edu/admissions/registrar/generalInformation/attendance.aspx>

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/academic/13.99.99.R0.01.pdf>

Academic Integrity

Students at Texas A&M University-Commerce are expected to maintain high standards of integrity and honesty in all of their scholastic work. For more details and the definition of academic dishonesty see the following procedures:

[Undergraduate Academic Dishonesty 13.99.99.R0.03](#)

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/undergraduates/13.99.99.R0.03UndergraduateAcademicDishonesty.pdf>

Students with Disabilities: ADA Statement

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:

Office of Student Disability Resources and Services

Texas A&M University-Commerce

Velma K. Waters Library Rm 162

Phone (903) 886-5150 or (903) 886-5835

Fax (903) 468-8148

Email: studentdisabilityservices@tamuc.edu

Website: [Office of Student Disability Resources and Services](#)

<http://www.tamuc.edu/campusLife/campusServices/studentDisabilityResourcesAndServices/>

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The Counseling Center at A&M-Commerce, located in the Halladay Building, Room 203, offers counseling services, educational programming, and connection to community resources for students. Students have 24/7 access to the Counseling Center’s crisis assessment services by calling 903-886-5145. For more information regarding Counseling Center events and confidential services, please visit www.tamuc.edu/counsel

Nondiscrimination Notice

Texas A&M University-Commerce will comply in the classroom, and in online courses, with all federal and state laws prohibiting discrimination and related retaliation on the basis of race, color, religion, sex, national origin, disability, age, genetic information or veteran status. Further, an environment free from discrimination on the basis of sexual orientation, gender identity, or gender expression will be maintained.

Campus Concealed Carry Statement

Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in Texas A&M University-Commerce buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and A&M-Commerce Rule 34.06.02.R1, license holders may not carry a concealed handgun in restricted locations. For a list of locations, please refer to the [Carrying Concealed Handguns On Campus](#) document and/or consult your event organizer.

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/34SafetyOfEmployeesAndStudents/34.06.02.R1.pdf>

Pursuant to PC 46.035, the open carrying of handguns is prohibited on all A&M-Commerce campuses. Report violations to the University Police Department at 903-886-5868 or 9-1-1.

University’s Pandemic Response

The University’s statement: “A&M-Commerce requires the use of face-coverings in all instructional and research classrooms/laboratories. Exceptions may be made by faculty where warranted. Faculty have management over their classrooms. Students not using face-coverings can be required to leave class. Repetitive refusal to comply can be reported to the Office of Students’ Rights and Responsibilities as a violation of the student Code of Conduct. Students should not attend class when ill or after exposure to anyone with a communicable illness. Communicate such instances directly with your instructor. Faculty will work to support the student getting access to missed content or completing missed assignments.”

TENTATIVE SCHEDULE

The syllabus/schedule are subject to change.

Week	Dates	Reading	Assignments
Week 1	September 1	Chapter 1	None
Week 2	September 8	Chapter 2	Quiz 1
Week 3	September 15	Chapter 3	Quiz 2
Week 4	September 22	Chapter 4	Quiz 3 Article 1 summary due
Week 5	September 29	Chapter 5	Quiz 4
Week 6	October 6	Chapter 6	Quiz 5
Week 7	October 13	Chapter 7	Quiz 6 Article 2 summary due
Week 8	October 20	Chapter 8	Quiz 7 Midterm
Week 9	October 27	Chapter 9	Quiz 8
Week 10	November 3	Chapter 10	Quiz 9
Week 11	November 10	Chapter 11	Quiz 10 Paper Due
Week 12	November 17	Chapter 12	Quiz 11 Article 3 summary due

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Week 13	November 24	Chapter 13	Quiz 12
Week 14	Dec 1	Chapter 14	Quiz 13
Week 15	Dec 8	Chapter 15	Quiz 14 Article 4 summary due
Week 16	December 15	Chapter 16	Quiz 15 Final

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