

COUN 611-51E 83804

Introduction to Marriage and Family Counseling/Therapy

Course Syllabus

Fall 2021

August 30 to December 17

Monday: 4:30pm to 7:10pm

McKinney CHEC Room 220

INSTRUCTOR INFORMATION

Instructor:	Zaidy MohdZain, PhD.,
Office Location:	Binnion 226
Office Hours:	by appointment
University Email Address:	zaidy.mohdzain@tamuc.edu
Preferred Method of Communication:	email
Communication Response Time:	48 hours

COURSE INFORMATION

Materials – Textbooks, readings, Supplementary Readings

Required Textbook:

Goldenberg, I., Stanton, M., and Goldenberg, H., (2017). *Family Therapy: An Overview*. (9th ed.). Cengage Learning. [ISBN: 978-1-305-09296-9]

McGoldrick, M., Gerson, R., Petry, S. (2020). *Genograms: Assessment and Treatment*. (4th ed.). W.W. Norton. [ISBN: 978-0-393-71404-3]

Supplemental Readings: {optional and not required to buy}

Madanes, C., (1981). *Strategic family therapy*. San Francisco, CA: Jossey-Bass Inc. [ISBN: 10:0875894879] [ISBN: 13-9780875894874] [ISBN: 13: 9780875894874]

Minuchin, S. Fishman, H. C. (2009). *Family therapy techniques*. Boston, MA: Harvard University Press. [ISBN: 9780674283299]

Recommended Textbook:

American Psychological Association (2019). *Publication Manual of the American Psychological Association* (7th ed.). Author.

COURSE DESCRIPTION

Catalogue Description of the Course

COUN 611. Introduction to Marriage and Family Counseling/Therapy

This course surveys the historical development and principal conceptualizations of marital and family therapy. Goals include an introductory examination and comparison of various theories currently employed in the field. Subject areas to be covered include the various schools of family therapy, along with current trends and issues in marriage and family therapy. Case studies and videotapes will be utilized to facilitate students' understanding of theory and skills. In addition to reading the required text, additional outside reading is strongly encouraged to supplement student development in marriage and family therapy.

General Course Information

This is an introductory course to develop marriage and family counseling skills, which is required for doing internship and acquiring credentials as a Marriage & Family therapist. It is designed for students already having a background in counseling yet wanting specialized skill training. It will include assignments in which each student begins exploring her/his personal family of origin, an important component of training for professional counselors. COUN 611 requires considerable effort and motivation to successfully complete. If you are currently unable to dedicate adequate time and effort toward this course, please consider taking this at another time.

Content Areas include, but are not limited to, the following:

1. Self-evaluation as a potential marriage and family counselor
2. Personal philosophy and methodology for marriage and family counseling that she/he can defend via sound rationale
3. Professionalism in marriage and family counseling (i.e., organizations, agencies, etc..)
4. Multiple aspects of relationship counseling (i.e., conjoint counseling, premarital counseling, divorce counseling, etc..)
5. Family functions as a unique changing system and identify those points at which successful intervention seems most likely
6. Historical development of the marriage and family counseling field and current issues
7. Key terms in the marriage and family counseling and associate the terms with appropriate schools of thought
8. Compare and contrast the theories and approaches of leading schools of thought
9. Personal issues pertaining to one's family of origin and present functioning and how these issues may affect one's therapeutic relationships
10. Current literature in the marriage and family counseling field through journals and periodicals

TEXES Competencies Related to this Course (*TEXES is the state examination required for school counselor certification.*)

Competency 004 (Program Management)

The school counselor understands how to plan, implement and evaluate a developmental guidance program, including counseling services, that promotes all students' success

Competency 006 (Counseling)

The school counselor understands how to provide effective counseling services to individuals and small groups.

Competency 010 (Professionalism)

The school counselor understands and complies with ethical, legal, and professional standards relevant to the profession.

COURSE REQUIREMENTS

Minimal Technical Skills Needed

In this class, you will utilize the Learning Management System (LMS) entitled D2L for portions of instructional and learning methods, submitting assignments, participating in online discussions, and completing quizzes. You will need to utilize other technologies such as Microsoft Word, PowerPoint, etc. If you have issues with this system, it is your responsibility to contact the help desk immediately

Instructional Methods

This course consists of lecture and didactic learning methods, small group discussions, and in-class assignments, coupled with experiential learning and practical application. When we are not meeting face to face, you will be expected to participate and complete all online tasks via D2L. In addition to this, small lectures, discussion, activities, and workshops may be utilized during this course.

Student Responsibilities or Tips for Success in the Course

As a student in this course, you are responsible for the active learning process. Expectations of this course include the following:

1. You are expected to display professionalism at all times. Be respectful of your professor and peers.
2. Be open to feedback, as you will receive this throughout the program.
3. Prepare for classes. Complete any and all readings prior to class time.
4. Complete all assignments by the deadline.
5. Adhere to the university student code of conduct.
6. Participate. During face-to-face classes, you are expected to actively participate in all activities and discussion. In the online format, you are expected to participate in all online discussions/activities. This is crucial to your learning.
7. All writing assignments must be done according to APA 7th edition.
8. Regularly check your University email. My suggestion is to check this at least once a day as your instructors and others from the department and University may contact you. Begin your readings ASAP. Sometimes it may take more than one attempt to digest the material. Deadlines are the last possible moment something is due—not the first moment to start.
9. Work ahead. I realize this may not always be possible; however, when you can, do so.
10. Be open to the process. This degree takes time, work, effort, and growth

Exams (100 points each). There will be a midterm and final multiple choice and True/False timed exam. The goal of the exams is to test your knowledge on various theories of Family Therapy covered in this course, as well as application of knowledge to practice.

Assessment: Exams Rubric

	1 – Does Not Meet Expectation (0-79 points)	2 – Meets Expectation (80-89 points)	3 – Exceeds Expectation (90-100 points)
Grade Percentage on Exam	Less than 80% correct on all test items	Between 80% and 89% correct on all test items	Greater than 89% correct on all test items

Journal Article Critique (20 points): You will choose a journal article from an Appendix A journal, and critique it based on material learned from your text and from this class. The goal of this article critique is to enhance your ability to identify, interpret, and evaluate research relevant to marriage and family counseling and your area of focus, as well as apply research findings to practice. See Rubric below.

Journal Article Critique Rubric

	1 – Does Not Meet Expectation (0-3.4 points)	2 – Meets Expectation (3.5-4.6 points)	3 – Exceeds Expectation (4.5-5 points)
Summary of basic article information (5 points)	Demonstrates a lack of knowledge on how to appropriately summarize key findings. Basic information missing: name of author(s), title of article, statement of the problem, purpose of the study, methods, and discussion of findings and implications. Not	Demonstrates knowledge on how to appropriately summarize a journal article but omits one or two key points. Includes summary of basic information such as name of author(s), title of article, statement of the problem, purpose of the study, methods, and discussion of findings and implications.	Demonstrates exceptional knowledge on how to appropriately summarize a journal article with no missing key points. Includes summary of basic information such as name of author(s), title of article, statement of the problem, purpose of the study, methods, and discussion of findings and implications.

	representative of graduate level work	Representative of graduate level work	Representative of graduate level work
Critique of research (5 points)	Critique demonstrates little to no evidence of key ideas and findings. Did not include a critique of the research. Not representative of graduate level work	Critique demonstrates good evidence of key ideas and findings but omits one or two key points. Student's critique is fairly developed and has well-identified supporting points but may omit one or two key points. Representative of graduate level work	Demonstrates exceptional knowledge of key ideas and findings. Student's critique is clear, thorough, and has well-identified supporting points. Representative of graduate level work
Application to practice (5 points)	Application to practice was not addressed or insufficiently addressed; application was not relevant to SC or CMHC counseling; Not representative of graduate level work	Application to practice was addressed but missing one or two key points; application was relevant to SC or CMHC counseling; representative of graduate level work	Application to practice was thoroughly addressed without any missing information; application was relevant to SC or CMHC counseling; representative of graduate level work
APA Style/Grammar (5 points)	Substantial APA errors (> 6 errors). Poor quality, not indicative of graduate level work.	Some APA errors (3-4 errors). Good quality indicative of graduate level work.	Little to no errors (1-2 errors). Exceptional quality indicative of graduate level work.

GRADING

Final grades in this course will be based on the following scale:

90% - 100%	A
80% - 89%	B
70% - 79%	C

60% - 69% D
59% or below F

Assignment/Assessment	Point Value
Participation in class discussion	20
Article critique	20
Midterm Exam	30
Final Exam	30

Total points possible = 100. Your Final Grade is determined adding the point values earned from each assignment. The resulting value is multiplied by 1 to yield a percentage. For example:

$$(90 \text{ [points earned]}) \times 1 = 90\%$$

Assignments are due on the day noted in the syllabus.

TECHNOLOGY REQUIREMENTS

Browser support

D2L is committed to performing key application testing when new browser versions are released. New and updated functionality is also tested against the latest version of supported browsers. However, due to the frequency of some browser releases, D2L cannot guarantee that each browser version will perform as expected. If you encounter any issues with any of the browser versions listed in the tables below, contact D2L Support, who will determine the best course of action for resolution. Reported issues are prioritized by supported browsers and then maintenance browsers.

Supported browsers are the latest or most recent browser versions that are tested against new versions of D2L products. Customers can report problems and receive support for issues. For an optimal experience, D2L recommends using supported browsers with D2L products.

Maintenance browsers are older browser versions that are not tested extensively against new versions of D2L products. Customers can still report problems and receive support for critical issues; however, D2L does not guarantee all issues will be addressed. A maintenance browser becomes officially unsupported after one year.

Note the following:

- Ensure that your browser has JavaScript and Cookies enabled.
- For desktop systems, you must have Adobe Flash Player 10.1 or greater.
- The Brightspace Support features are now optimized for production environments when using the Google Chrome browser, Apple Safari browser, Microsoft Edge browser, Microsoft Internet Explorer browser, and Mozilla Firefox browsers.

Desktop Support

Browser	Supported Browser Version (s)	Maintenance Browser Version (s)
Microsoft® Edge	Latest	N/A
Microsoft® Internet Explorer®	N/A	11
Mozilla® Firefox®	Latest, ESR	N/A
Google® Chrome™	Latest	N/A
Apple® Safari®	Latest	N/A

Tablet and Mobile Support

Device	Operating System	Browser	Supported Browser Version(s)
Android™	Android 4.4+	Chrome	Latest
Apple	iOS®	Safari, Chrome	The current major version of iOS (the latest minor or point release of that major version) and the previous major version of iOS (the latest minor or point release of that major version). For example, as of June 7, 2017, D2L supports iOS 10.3.2 and iOS 9.3.5, but not iOS 10.2.1, 9.0.2, or any other version. Chrome: Latest version for the iOS browser.
Windows	Windows 10	Edge, Chrome, Firefox	Latest of all browsers, and Firefox ESR.

- You will need regular access to a computer with a broadband Internet connection. The minimum computer requirements are:

- 512 MB of RAM, 1 GB or more preferred
- Broadband connection required courses are heavily video intensive
- Video display capable of high-color 16-bit display 1024 x 768 or higher resolution

- **For YouSeeU Sync Meeting sessions 8 Mbps is required.** Additional system requirements found here: <https://support.youseeu.com/hc/en-us/articles/115007031107-Basic-System-Requirements>

- You must have a:
 - Sound card, which is usually integrated into your desktop or laptop computer
 - Speakers or headphones.
 - *For courses utilizing video-conferencing tools and/or an online proctoring solution, a webcam and microphone are required.

- Both versions of Java (32 bit and 64 bit) must be installed and up to date on your machine. At a minimum Java 7, update 51, is required to support the learning management system. The most current version of Java can be downloaded at: [JAVA web site](http://www.java.com/en/download/manual.jsp)
<http://www.java.com/en/download/manual.jsp>

- Current anti-virus software must be installed and kept up to date.
Running the browser check will ensure your internet browser is supported.

Pop-ups are allowed.

JavaScript is enabled.

Cookies are enabled.

- You will need some additional free software (plug-ins) for enhanced web browsing.
Ensure that you download the free versions of the following software:

- [Adobe Reader](https://get.adobe.com/reader/) <https://get.adobe.com/reader/>
- [Adobe Flash Player \(version 17 or later\)](https://get.adobe.com/flashplayer/) <https://get.adobe.com/flashplayer/>
- [Adobe Shockwave Player](https://get.adobe.com/shockwave/) <https://get.adobe.com/shockwave/>
- [Apple Quick Time](http://www.apple.com/quicktime/download/) <http://www.apple.com/quicktime/download/>

- At a minimum, you must have Microsoft Office 2013, 2010, 2007 or Open Office. Microsoft Office is the standard office productivity software utilized by faculty, students, and staff. Microsoft Word is the standard word processing software, Microsoft Excel is the standard spreadsheet software, and Microsoft PowerPoint is the standard presentation software. Copying and pasting, along with attaching/uploading documents for assignment submission, will also be required. If you do not have Microsoft Office, you can check with the bookstore to see if they have any student copies.

ACCESS AND NAVIGATION

You will need your campus-wide ID (CWID) and password to log into the course. If you do not know your CWID or have forgotten your password, contact the Center for IT Excellence (CITE) at 903.468.6000 or helpdesk@tamuc.edu.

Note: Personal computer and internet connection problems do not excuse the requirement to complete all course work in a timely and satisfactory manner. Each student needs to have a backup method to deal with these inevitable problems. These methods might include the availability of a backup PC at home or work, the temporary use of a computer at a friend's home, the local library, office service companies, Starbucks, a TAMUC campus open computer lab, etc.

COMMUNICATION AND SUPPORT

Brightspace Support

Need Help?

Student Support

If you have any questions or are having difficulties with the course material, please contact your Instructor.

Technical Support

If you are having technical difficulty with any part of Brightspace, please contact Brightspace Technical Support at 1-877-325-7778 or click on the **Live Chat** or click on the words “click here” to submit an issue via email.



System Maintenance

Please note that on the 4th Sunday of each month there will be System Maintenance which means the system will not be available 12 pm-6 am CST.

Interaction with Instructor Statement

Communication with your professors is key to your professional growth. I am here to support and guide you along your academic journey. With that being said, I cannot help you if you do not communicate with me. Please make an appointment if you have any concerns or questions. Because I teach in different locations, email is the best way to reach me. I will attempt to answer all emails within 24 hours, Monday-Friday, but at times will need up to 72 hours to do so. When emailing, please use your university email and address me with courtesy and respect.

COURSE AND UNIVERSITY PROCEDURES/POLICIES

Course Specific Procedures/Policies

Written assignments are due on the day noted in the syllabus. All papers are due at the beginning of the class period. Late papers will have 10% deduction per day late from the final score.

Syllabus Change Policy

The syllabus is a guide. Circumstances and events, such as student progress, may make it necessary for the instructor to modify the syllabus during the semester. Any changes made to the syllabus will be announced in advance.

University Specific Procedures

Student Conduct

All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment. The Code of Student Conduct is described in detail in the Student Guidebook.

<http://www.tamuc.edu/Admissions/oneStopShop/undergraduateAdmissions/studentGuidebook.aspx>

Students should also consult the Rules of Netiquette for more information regarding how to interact with students in an online forum: Netiquette

<http://www.albion.com/netiquette/corerules.html>

TAMUC Attendance

For more information about the attendance policy please visit the Attendance webpage and Procedure 13.99.99.R0.01.

<http://www.tamuc.edu/admissions/registrar/generalInformation/attendance.aspx>

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/academic/13.99.99.R0.01.pdf>

Academic Integrity

Students at Texas A&M University-Commerce are expected to maintain high standards of integrity and honesty in all of their scholastic work. For more details and the definition of academic dishonesty see the following procedures:

Undergraduate Academic Dishonesty 13.99.99.R0.03

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/undergraduates/13.99.99.R0.03UndergraduateAcademicDishonesty.pdf>

Graduate Student Academic Dishonesty 13.99.99.R0.10

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/graduate/13.99.99.R0.10GraduateStudentAcademicDishonesty.pdf>

ADA Statement

Students with Disabilities

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:

Office of Student Disability Resources and Services

Texas A&M University-Commerce

Gee Library- Room 162

Phone (903) 886-5150 or (903) 886-5835

Fax (903) 468-8148

Email: studentdisabilityservices@tamuc.edu

Website: [Office of Student Disability Resources and Services](#)

<http://www.tamuc.edu/campusLife/campusServices/studentDisabilityResourcesAndServices/>

Nondiscrimination Notice

Texas A&M University-Commerce will comply in the classroom, and in online courses, with all federal and state laws prohibiting discrimination and related retaliation on the basis of race, color, religion, sex, national origin, disability, age, genetic information or veteran status. Further, an environment free from discrimination on the basis of sexual orientation, gender identity, or gender expression will be maintained.

Campus Concealed Carry Statement

Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in Texas A&M University-Commerce buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and A&M-Commerce Rule 34.06.02.R1, license holders may not carry a concealed handgun in restricted locations.

For a list of locations, please refer to the [Carrying Concealed Handguns On Campus](#) document and/or consult your event organizer.

Web url:

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/34SafetyOfEmployeesAndStudents/34.06.02.R1.pdf>

Pursuant to PC 46.035, the open carrying of handguns is prohibited on all A&M-Commerce campuses. Report violations to the University Police Department at 903-886-5868 or 9-1-1.

Clinical Counseling Services

The Counseling Center at Texas A&M University – Commerce, located in the Halladay Building, Room 203, offers counseling services, educational programming, and connection to community resources for students. Students have 24/7 access to the Counseling Center’s crisis assessment services by calling 903-886-5145. For more information regarding Counseling Center events and confidential services, please visit www.tamuc.edu/counsel

TENTATIVE COURSE OUTLINE/CALENDAR

Date	Topic	Readings	Assignments
Week 1 August 30	Introduction Adopting a Family Relationship Framework	Syllabus Goldenberg, Stanton & Goldenberg (2017) Chapter 1; McGoldrick, Gerson, & Petry (2020). Chapters 1 & 2	
Week 2 September 6	Family Development Diversity in Family Functioning	Goldenberg, Stanton & Goldenberg (2017) Chapters 2 & 3 McGoldrick, Gerson, & Petry (2020). Chapters 4, 5 & 8	
Week 3 September 13	System Theory & Systemic Thinking	Goldenberg, Stanton & Goldenberg (2017)	
Week 4 September 20	System Theory	Goldenberg, Stanton & Goldenberg (2017) Chapter 4	
Week 5 September 27	Interviewing	Goldenberg, Stanton & Goldenberg (2017) Chapter 4; McGoldrick, Gerson, & Petry (2020) Chapter 3	
Week 6 October 4	Family Therapy: History	Goldenberg, Stanton & Goldenberg (2017) Chapter 5	

Week 7 October 11	Professional Issues and Ethical Practice	Goldenberg, Stanton & Goldenberg (2017) Chapter 6	Mid-term Exam
Week 8 October 18	Psychodynamic Models and Transgenerational Models	Goldenberg, Stanton & Goldenberg (2017) Chapters 7 and 8	
Week 9 October 25	Experiential Model	Goldenberg, Stanton & Goldenberg (2017) Chapter 9	
Week 10 November 1	The Structural Model	Goldenberg, Stanton & Goldenberg (2017) Chapter 10	
Week 11 November 8	Strategic Model	Goldenberg, Stanton & Goldenberg (2017) Chapter 11	
Week 12 November 15	Behavioral & Cognitive-Behavioral Models	Goldenberg, Stanton & Goldenberg (2017) Chapter 12	Article Critique is due
Week 13 November 22	Social Construction Model 1 and 2	Goldenberg, Stanton & Goldenberg (2017) Chapters 13 and 14	
Week 14 November 29	Population-based family treatment	Goldenberg, Stanton & Goldenberg (2017) Chapter 15	
Week 15 December 6	Evidence-based practice	Goldenberg, Stanton & Goldenberg (2017) Chapters 16 & 17	
Week 16 December 13	FINAL WEEK		Final Exam

Appendix A

LIST OF JOURNAL SUGGESTIONS FOR ARTICLE

American Journal of Family Therapy

Annual Review of Psychology (see marriage articles in 1991, 1998, 1999 volumes)

Behavioral Assessment

Behavioral Science Research

Behavior Therapy

Clinical Psychology Review

Family Coordinator

Family Process,

The Journal of Family Psychology
Family Relations,
Journal of Abnormal Psychology
Journal of Consulting and Clinical Psychology
Journal of Family Violence
Journal of Interpersonal Violence
Journal of Marital and Family Therapy
Journal of Marriage and Family Counseling
Journal of Marriage and the Family
Journal of Personality and Social Psychology
Journal of Sex and Marital Therapy
Journal of Studies on Alcohol
The Family Journal: Counseling and Therapy for Couples and Families
Psychological Bulletin
Violence and Victims