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HHPK 324 71E Health Kinesiology for Children

COURSE SYLLABUS: Fall 2021

INSTRUCTOR INFORMATION

Instructor: Clara Roberson, Instructor

Office Hours: By appointment

Office Phone: 254-562-7487

University Email Address: Clara.Roberson@tamuc.edu

COURSE INFORMATION

Materials – Textbooks, Readings, Supplementary Readings

Textbook(optional): Physical Education for Elementary Teachers by Thomas, Lee, Thomas

Course Description

A course designed to acquaint student with principles of kinesiology and health information appropriate for elementary students (K-6th grade)

Student Learning Outcomes:

1. Students will learn how to teach physical education to K-6th graders and the appropriate skills.
2. Students will learn how to teach health to K-6th graders and the appropriate content areas.
3. Students will learn how to teach various curriculum subjects by integrating physical education.
4. Students will learn the appropriate Physical Education /Health TEKS and how to implement them as they teach a certain skill.

The syllabus/schedule are subject to change.

COURSE REQUIREMENTS

Use Microsoft Word

Instructional / Methods / Activities Assessments

Discussion – teacher and student participation
 Students will present physical activities on paper.
 Students will teach physical education skills and concepts (individual & group)
 Students will keep all class activities in a notebook and add to them for the final.

Grading

Attendance.....6%
 Lesson Plans.....24%
 Class/Weekly Assignments.....8%
 Presentations.....22%
 Notebook.....40%

Total Possible Points = 1500 pts

Final grades in this course will be based on the following scale:

A = 90%-100%
 B = 80%-89%
 C = 70%-79%
 D = 60%-69%
 F = 59% or Below

Grading Breakdown:

Category	# of assignments	% of each assignment	Points possible for each assignment	Total % of final grade	Total possible points
Attendance	12	.50%	7.50 pts	6%	90 pts
Lesson Plans	6	4%	60 pts	24%	360 pts
Class/Weekly Assignments	4	2%	30 pts	8%	120 pts
Notebook or Video	1	40%	600 pts	40%	600 pts
Presentations	2	11%	165 pts	22%	330 pts

Lesson Plan Grading Rubric:

- Lesson Title – 6 pts
- TEKS – 12 pts
- Objective – 6 pts
- Grade Levels – 6 pts
- Materials Needed – 6 pts
- Number of Students – 3pts
- Class Formation – 3 pts
- Description of Activity – 18 pts
- **Your name and student number must be on the lesson plan when you turn it in or it will be an automatic point deduction of 10 points.**
- **Lesson plans are due into E-College by midnight the Sunday before class. (Even if you are absent, your lesson plan is still due at the same time.)**
- **The first week of a lesson plan being late is a 30 point deduction. After the first week, the assignment will be recorded as a "0" and no make-up opportunities will be given.**

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Class/Weekly Assignments:

- All assignments must be turned in at class time, it not a “0” will be recorded and no make-up opportunities will be given.

Notebook Grading Rubric:

- All TEKS used for chosen grade division (K-2), (3-4), or (5-6) = 300 pts
- All lesson plans from the entire class, not just your own = 300 pts
- **All lesson plans from the entire class should be on E-College, and you are responsible for printing them off and putting them in the notebook.**
- **OR Video Lessons on Healthy Snack, Mental/Emotional Health, & Fitness**

TECHNOLOGY REQUIREMENTS

LMS

All course sections offered by Texas A&M University-Commerce have a corresponding course shell in the myLeo Online Learning Management System (LMS). Below are technical requirements

LMS Requirements:

<https://community.brightspace.com/s/article/Brightspace-Platform-Requirements>

LMS Browser Support:

https://documentation.brightspace.com/EN/brightspace/requirements/all/browser_support.htm

YouSeeU Virtual Classroom Requirements:

<https://support.youseeu.com/hc/en-us/articles/115007031107-Basic-System-Requirements>

ACCESS AND NAVIGATION

You will need your campus-wide ID (CWID) and password to log into the course. If you do not know your CWID or have forgotten your password, contact the Center for IT Excellence (CITE) at 903.468.6000 or helpdesk@tamuc.edu.

Note: Personal computer and internet connection problems do not excuse the requirement to complete all course work in a timely and satisfactory manner. Each student needs to have a backup method to deal with these inevitable problems. These methods might include the availability of a backup PC at home or work, the temporary use of a computer at a friend's home, the local library, office service companies, Starbucks, a TAMUC campus open computer lab, etc.

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COMMUNICATION AND SUPPORT

If you have any questions or are having difficulties with the course material, please contact your Instructor.

Technical Support

If you are having technical difficulty with any part of Brightspace, please contact Brightspace Technical Support at 1-877-325-7778. Other support options can be found here:

<https://community.brightspace.com/support/s/contactsupport>

Interaction with Instructor Statement

COURSE AND UNIVERSITY PROCEDURES/POLICIES

Course Specific Procedures/Policies

Syllabus Change Policy

The syllabus is a guide. Circumstances and events, such as student progress, may make it necessary for the instructor to modify the syllabus during the semester. Any changes made to the syllabus will be announced in advance.

University Specific Procedures

Student Conduct

All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment. The Code of Student Conduct is described in detail in the [Student Guidebook](#).

<http://www.tamuc.edu/Admissions/oneStopShop/undergraduateAdmissions/studentGuidebook.aspx>

Students should also consult the Rules of Netiquette for more information regarding how to interact with students in an online forum:

<https://www.britannica.com/topic/netiquette>

TAMUC Attendance

For more information about the attendance policy please visit the [Attendance](#) webpage and [Procedure 13.99.99.R0.01](#).

<http://www.tamuc.edu/admissions/registrar/generalInformation/attendance.aspx>

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<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/academic/13.99.99.R0.01.pdf>

Academic Integrity

Students at Texas A&M University-Commerce are expected to maintain high standards of integrity and honesty in all of their scholastic work. For more details and the definition of academic dishonesty see the following procedures:

[Undergraduate Academic Dishonesty 13.99.99.R0.03](#)
[Undergraduate Student Academic Dishonesty Form](#)

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/documents/13.99.99.R0.03UndergraduateStudentAcademicDishonestyForm.pdf>

[Graduate Student Academic Dishonesty Form](#)

<http://www.tamuc.edu/academics/graduateschool/faculty/GraduateStudentAcademicDishonestyFormold.pdf>

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/undergraduates/13.99.99.R0.03UndergraduateAcademicDishonesty.pdf>

Students with Disabilities-- ADA Statement

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:

Office of Student Disability Resources and Services

Texas A&M University-Commerce

Velma K. Waters Library Rm 162

Phone (903) 886-5150 or (903) 886-5835

Fax (903) 468-8148

Email: studentdisabilityservices@tamuc.edu

Website: [Office of Student Disability Resources and Services](#)

<http://www.tamuc.edu/campusLife/campusServices/studentDisabilityResourcesAndServices/>

Nondiscrimination Notice

Texas A&M University-Commerce will comply in the classroom, and in online courses, with all federal and state laws prohibiting discrimination and related retaliation on the

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basis of race, color, religion, sex, national origin, disability, age, genetic information or veteran status. Further, an environment free from discrimination on the basis of sexual orientation, gender identity, or gender expression will be maintained.

Campus Concealed Carry Statement

Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in Texas A&M University-Commerce buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and A&M-Commerce Rule 34.06.02.R1, license holders may not carry a concealed handgun in restricted locations.

For a list of locations, please refer to the [Carrying Concealed Handguns On Campus](#) document and/or consult your event organizer.

Web url:

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/34SafetyOfEmployeesAndStudents/34.06.02.R1.pdf>

Pursuant to PC 46.035, the open carrying of handguns is prohibited on all A&M-Commerce campuses. Report violations to the University Police Department at 903-886-5868 or 9-1-1.

COURSE OUTLINE / CALENDAR

8/30/21 Introduction to class and each other. Ice breaker activities.

9/6/21 Holiday-Labor Day – Enjoy the night off

9/13/21 Discuss Ch. 1 Health and Developmental Benefits of Physical Education
Discuss Ch. 2 Meeting the Mission of the Elementary School
Students will receive a copy of the K-6th physical education TEKS
Instructor presents: Locomotor/Movement lesson with TEKS
Instructor presents: Rhythmic Activity & Dance lesson with TEKS

9/20/21 Discuss Ch. 3 Physical Growth and Maturation
Discuss Ch. 4 Motor Performance During Childhood
Discuss Ch. 5 Cognition, Learning, And Practice
Submit assignment: P.E. Programs & Supporting PE/Classroom teachers
Instructor presents: Fitness & Health lesson with TEKS
Instructor presents: Games & Sports lesson with TEKS

9/27/21 Discuss Ch. 6 Physical Activity for Children
Discuss Ch. 7 Psychosocial Factors in Physical Education
Submit assignment: Words of Encouragement
Instructor presents: Gymnastic activity lesson with TEKS
Explain the lesson plans that students will be planning according to the following guidelines:

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From 10/4/21 – 11/1/21 students will plan a lesson according to the specific skill listed by each week. Students will type up the name and description of activity, objective of lesson, grade level (K-2) (3-4) or (5-6), number of participants, equipment needed, class formation and the TEKS that correlate. Each student's name and number will also be typed on their lesson. Students submit the lesson on-line for instructor only. After all lessons have been submitted, the instructor will release the lessons so everyone in the class can download and print off for their notebook.

All lesson plans are due by midnight on Sunday!

Students will take turns teaching their lessons. They will not teach every week, but will have their lessons prepared on-line each week that they are due. They will rotate their turns to present.

11/15/21, 11/22/21, 11/29/21 – Everyone will teach their integrated physical education across curriculum skill activity.

- 10/4/21 Discuss Ch. 8 Planning Your Curriculum
Students prepare & submit Locomotor/Movement Lessons
- 10/11/21 Discuss Ch. 9 Organizing for Teaching
Students prepare & submit Games & Sports Lessons
- 10/18/21 Discuss Ch. 10 Managing Students
Students prepare & submit Rhythmic Activity & Dance Lessons
- 10/25/21 Discuss Ch. 11 Teachers' Rights, Responsibilities, and Best Practices
Students prepare & submit Gymnastics Lessons
- 11/1/21 Discuss Ch. 12 Equipment and Facilities
Students prepare & submit Fitness & Health Lessons
- 11/8/21 Discuss Ch. 13 Instructing Students
Students present their homemade equipment & explanation/materials used (No lesson plan due)
Instructor presents Integrated Physical Education Across the Curriculum lesson
- 11/15/21 Discuss Ch. 14 Evaluating Students
Students prepare & present Integrated Physical Education Across the Curriculum Lessons
- 11/22/21 Discuss Ch. 15 Growing as a Teacher
Students prepare & present Integrated Physical Education Across the Curriculum Lessons
- 11/29/21 Instructor will explain & answer any questions about the final notebook due 12/6/21
Students prepare & present Integrated Physical Education Across the Curriculum Lessons
- 12/6/21 **FINAL (Notebook of all activities – organized by specific skills) or Video Lessons**
Students will enclose all activities that everyone has submitted and add other activities if their own lessons did not cover all the Physical Education TEKS according to their specific grade levels
- 12/13/21 Hopefully grading will be completed & notebooks can be picked up at the front office.

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