



**Kinesiology For Children HHPK 324-001 & 002  
COURSE SYLLABUS: Fall 2020**

**Building: On Line Virtual Classroom  
Meeting Time: 11:00 A.M.**

**INSTRUCTOR INFORMATION**

**Instructor: William P. Grant, Adjunct Professor  
Office Hours: 9:00 -11:00 A.M. (Tuesday & Thursday)  
Mobile Phone: 903-439-7854  
University Email Address: bpgrant@suddenlink.net  
Preferred Form of Communication: E-Mail, Text, call or zoom by appointment  
Communication Response Time: Same Day**

**COURSE INFORMATION**

**Textbook(s) Required: None**

**COURSE REQUIREMENTS**

**Minimal Technical Skills Needed  
Microsoft Office and integration of internet material**

**Instructional Methods**

**Power Point Notes, Videos, Student Presentations, Class Discussions**

**Student Responsibilities or Tips for Success in the Course**

- Be consistent in attendance (You see U)**
- **Avoid side conversations**
  - **Highlight notes that are emphasized**
  - **Be alert during reviews**
  - **Take advantage of extra credit**

*The syllabus/schedule are subject to change.*

## GRADING

Final grades in this course will be based on the following scale:

**A = 90%-100%**

**B = 80%-89%**

**C = 70%-79%**

**D = 60%-69%**

**F = 59% or Below**

Course Requirements:

(NOTE: Assignments will be assessed a 10% penalty for each day late (15% for a weekend).)

**A. Poster (10%)**

**A digital health poster will be designed with a motivational message to encourage better health**

**B. Exams (4): (40%)**

**Four exams will be administered throughout the semester, covering all information covered in class work & assignments. Two will cover health education, and the other two will cover physical education.**

**No make-up exams will be given, unless arrangements are made prior to the exam or a verifiable medical excuse is provided.**

**C. Final Exam (5%)**

The final exam will consist of 40 questions drawn from the four exams administered during the semester. Students with any type of disability that may interfere with learning in this course should negotiate a reasonable accommodation with the instructor early in the semester.

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**D. Classroom Management/ First Year Teacher Interview (10%)**

This will include viewing a video on classroom management and answering questions about what you plan to use in your classroom as well as filling out application questions to apply for a job.

**E.. Subject Assignments 10%**

There will be 5 individual assignments that relate to the area being presented(Health Concerns, vaping, energy drinks, co-workers, neglect & abuse)

**F.. Character Education 10%**

Select a proverb from the list given and present your evaluation of the character principle being taught and ask 5 good questions that would lead a class to understand the same principle.

**G. Physical Education Lesson Plan (10%)**

Plan a 45 minute activity lesson addressing warm-up, activity, And cool down

**Grading:**

Character Education	(10%)
Health Poster	(10%)
Physical Education Lesson Plan	(10%)
Exams 4	(40%)
Final Exam	(10%)
Classroom Management/ 1 <sup>st</sup> year teacher Interview	(10%)
Subject Assignments	(10%)
<b>TOTAL</b>	<b>100%</b>

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## Class Schedule

### TENTATIVE COURSE OUTLINE

**Spring -2020**

DATE	CHAPTERS	Topics to Cover	Assignments Due
Tues 8-25	Introduction	Syllabus/ The Teacher as a Professional Character Education	
Thurs 8-27	Health Chapter 1	Definition of health, wellness, health continuum Life expectancy	
Tues 9-1	Health Chapter 1	Positive & negative lifestyle factors Quality of life, prevention,	
Thurs 9-3	Health Chapter 1	Why teaching health is difficult	
Tues 9-8	No Class	Work on individual assignment - select a health topic related to College students and present solutions on how to deal with it	
Thurs 9-10	Health Chapter 2	Good health of students, controversial subjects	
Tues 9-15	Health Chapter2	ethical issues, Emergency care, legal duties,	
Thurs 9-17	Health Chapter 2	liability, Negligence, legal defense	
Tues 9-22		<b>Test 1 (Chapters 1&amp; 2)</b>	

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Thur 9-24	No class	Work on individual assignment- Investigate and present an argument for or against vaping	
Tues 9-29	Health Chapter 3	Emergency procedures, good Samaritan law, open wounds, shock	
Thurs 10-1	Health Chapter 3	Bee stings, nosebleeds, sprains & strains,	
Tues 10-6	Health Chapter 3	burns, choking, CPR, seizures	
Thurs 10-8	No Class	Work on class Assignments - Pick any energy drink and write an evaluation of its effect on the body	
Tues 10-13	Health Chapter 4	Reporting abuse, foods of minimal nutritional value,	
Thur 10-15	Health Chapter 4	Health pyramid, nutrients, food labels	
Tues 10-20	Health Chapter 4	Food label terms, quackery, preventing cancer	
Thurs 10-22		<b>Test 2 (Chapters 3&amp;4)</b>	
Tues 10-27	No class	Find and document 5 examples of a quick fix	
Thur 10-29	P.E. Chapter 1	Physical Education terms, obesity, skeletal growth, muscular growth	

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Tues 11-3	P.E. Chapter 1	Motor skill development, heart rate,	
Thur 11-5	P.E. Chapter 1	Motor skill development, heart rate,	
Tues 11-3		Test 3 (P.E. Chapter 1)	
Thur 11-5		<b>classroom management</b> <b>Video</b>	
Tues 11-10	No Class	Work on individual assignments If you are a jogger in Move Your Bus Tell how you would deal with a co- worker who is a walker	
Thur 11-12	P.E. Chapter 2	Parts of a P.E. class, principles of stretching exercise <b>activity phase, exercise phase</b>	
Tues 11-17	P.E. Chapter 2	Throwing, catching, striking, & catching, task presentation	
Thur 11-19	P.E. Chapter 2	Criteria for grouping, communication	
Tues 12-1		<b>Test 4 (P.E. Chapter 2)</b>	
Thurs 12-3		<b>Final Exam</b>	

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Please note that this schedule is tentative and is subject to change. Also, this is NOT all-inclusive. Other information will be presented in each section.

## TECHNOLOGY REQUIREMENTS

### Browser support

D2L is committed to performing key application testing when new browser versions are released. New and updated functionality is also tested against the latest version of supported browsers. However, due to the frequency of some browser releases, D2L cannot guarantee that each browser version will perform as expected. If you encounter any issues with any of the browser versions listed in the tables below, contact D2L Support, who will determine the best course of action for resolution. Reported issues are prioritized by supported browsers and then maintenance browsers.

Supported browsers are the latest or most recent browser versions that are tested against new versions of D2L products. Customers can report problems and receive support for issues. For an optimal experience, D2L recommends using supported browsers with D2L products.

Maintenance browsers are older browser versions that are not tested extensively against new versions of D2L products. Customers can still report problems and receive support for critical issues; however, D2L does not guarantee all issues will be addressed. A maintenance browser becomes officially unsupported after one year.

Note the following:

- Ensure that your browser has JavaScript and Cookies enabled.
- For desktop systems, you must have Adobe Flash Player 10.1 or greater.
- The Brightspace Support features are now optimized for production environments when using the Google Chrome browser, Apple Safari browser, Microsoft Edge browser, Microsoft Internet Explorer browser, and Mozilla Firefox browsers.

### Desktop Support

Browser	Supported Browser Version(s)	Maintenance Browser Version(s)
Microsoft® Edge	Latest	N/A
Microsoft® Internet Explorer®	N/A	11
Mozilla® Firefox®	Latest, ESR	N/A
Google® Chrome™	Latest	N/A
Apple® Safari®	Latest	N/A

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## Tablet and Mobile Support

Device	Operating System	Browser	Supported Browser Version(s)
Android™	Android 4.4+	Chrome	Latest
Apple	iOS®	Safari, Chrome	The current major version of iOS (the latest minor or <b>point</b> release of that major version) and the previous major version of iOS (the latest minor or <b>point</b> release of that major version). For example, as of June 7, 2017, D2L supports iOS 10.3.2 and iOS 9.3.5, but not iOS 10.2.1, 9.0.2, or any other version.  Chrome: Latest version for the iOS browser.
Windows	Windows 10	Edge, Chrome, Firefox	Latest of all browsers, and Firefox ESR.

- You will need regular access to a computer with a broadband Internet connection. The minimum computer requirements are:
  - 512 MB of RAM, 1 GB or more preferred
  - Broadband connection required courses are heavily video intensive
  - Video display capable of high-color 16-bit display 1024 x 768 or higher resolution
- You must have a:
  - Sound card, which is usually integrated into your desktop or laptop computer
  - Speakers or headphones.
  - \*For courses utilizing video-conferencing tools and/or an online proctoring solution, a webcam and microphone are required.
- Both versions of Java (32 bit and 64 bit) must be installed and up to date on your machine. At a minimum Java 7, update 51, is required to support the learning management system. The most current version of Java can be downloaded at: [JAVA web site http://www.java.com/en/download/manual.jsp](http://www.java.com/en/download/manual.jsp)
- Current anti-virus software must be installed and kept up to date.

Running the browser check will ensure your internet browser is supported.

Pop-ups are allowed.

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JavaScript is enabled.  
Cookies are enabled.

- You will need some additional free software (plug-ins) for enhanced web browsing. Ensure that you download the free versions of the following software:
  - [Adobe Reader](https://get.adobe.com/reader/) <https://get.adobe.com/reader/>
  - [Adobe Flash Player](https://get.adobe.com/flashplayer/) (version 17 or later) <https://get.adobe.com/flashplayer/>
  - [Adobe Shockwave Player](https://get.adobe.com/shockwave/) <https://get.adobe.com/shockwave/>
  - [Apple Quick Time](http://www.apple.com/quicktime/download/) <http://www.apple.com/quicktime/download/>
- At a minimum, you must have Microsoft Office 2013, 2010, 2007 or Open Office. Microsoft Office is the standard office productivity software utilized by faculty, students, and staff. Microsoft Word is the standard word processing software, Microsoft Excel is the standard spreadsheet software, and Microsoft PowerPoint is the standard presentation software. Copying and pasting, along with attaching/uploading documents for assignment submission, will also be required. If you do not have Microsoft Office, you can check with the bookstore to see if they have any student copies.

## ACCESS AND NAVIGATION

You will need your campus-wide ID (CWID) and password to log into the course. If you do not know your CWID or have forgotten your password, contact the Center for IT Excellence (CITE) at 903.468.6000 or [helpdesk@tamuc.edu](mailto:helpdesk@tamuc.edu).

**Note:** Personal computer and internet connection problems do not excuse the requirement to complete all course work in a timely and satisfactory manner. Each student needs to have a backup method to deal with these inevitable problems. These methods might include the availability of a backup PC at home or work, the temporary use of a computer at a friend's home, the local library, office service companies, Starbucks, a TAMUC campus open computer lab, etc.

## COMMUNICATION AND SUPPORT

### Brightspace Support

**Need Help?**

**Student Support**

If you have any questions or are having difficulties with the course material, please contact your Instructor.

### Technical Support

If you are having technical difficulty with any part of Brightspace, contact Brightspace Technical Support at 1-877-325-7778 or click on the words “[click here](#)” to submit an issue via email.



please  
on the **Live Chat** or

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## **System Maintenance**

Please note that on the 4th Sunday of each month there will be System Maintenance which means the system will not be available 12 pm-6 am CST.

## **COURSE AND UNIVERSITY PROCEDURES/POLICIES**

### **Syllabus Change Policy**

The syllabus is a guide. Circumstances and events, such as student progress, may make it necessary for the instructor to modify the syllabus during the semester. Any changes made to the syllabus will be announced in advance.

## **University Specific Procedures**

### **Student Conduct**

All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment. The Code of Student Conduct is described in detail in the [Student Guidebook](#).

<http://www.tamuc.edu/Admissions/oneStopShop/undergraduateAdmissions/studentGuidebook.aspx>

Students should also consult the Rules of Netiquette for more information regarding how to interact with students in an online forum: [Netiquette http://www.albion.com/netiquette/corerules.html](http://www.albion.com/netiquette/corerules.html)

### **TAMUC Attendance**

For more information about the attendance policy please visit the [Attendance](#) webpage and [Procedure 13.99.99.R0.01](#).

<http://www.tamuc.edu/admissions/registrar/generalInformation/attendance.aspx>

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/academic/13.99.99.R0.01.pdf>

### **Academic Integrity**

Students at Texas A&M University-Commerce are expected to maintain high standards of integrity and honesty in all of their scholastic work. For more details and the definition of academic dishonesty see the following procedures:

[Undergraduate Academic Dishonesty 13.99.99.R0.03](#)

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/undergraduates/13.99.99.R0.03UndergraduateAcademicDishonesty.pdf>

[Graduate Student Academic Dishonesty 13.99.99.R0.10](#)

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<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/graduate/13.99.99.R0.10GraduateStudentAcademicDishonesty.pdf>

## **ADA Statement**

### **Students with Disabilities**

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:

### **Office of Student Disability Resources and Services**

Texas A&M University-Commerce

Gee Library- Room 162

Phone (903) 886-5150 or (903) 886-5835

Fax (903) 468-8148

Email: [studentdisabilityservices@tamuc.edu](mailto:studentdisabilityservices@tamuc.edu)

Website: [Office of Student Disability Resources and Services](http://www.tamuc.edu/campusLife/campusServices/studentDisabilityResourcesAndServices/)

<http://www.tamuc.edu/campusLife/campusServices/studentDisabilityResourcesAndServices/>

### **Nondiscrimination Notice**

Texas A&M University-Commerce will comply in the classroom, and in online courses, with all federal and state laws prohibiting discrimination and related retaliation on the basis of race, color, religion, sex, national origin, disability, age, genetic information or veteran status. Further, an environment free from discrimination on the basis of sexual orientation, gender identity, or gender expression will be maintained.

### **Campus Concealed Carry Statement**

Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in Texas A&M University-Commerce buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and A&M-Commerce Rule 34.06.02.R1, license holders may not carry a concealed handgun in restricted locations.

For a list of locations, please refer to the [Carrying Concealed Handguns On Campus](#) document and/or consult your event organizer.

Web url:

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/34SafetyOfEmployeesAndStudents/34.06.02.R1.pdf>

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Pursuant to PC 46.035, the open carrying of handguns is prohibited on all A&M-Commerce campuses. Report violations to the University Police Department at 903-886-5868 or 9-1-1.

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