

HHPK 1306.001

First Aid and Safety – 3-semester hour credit

Summer I – 2020

(TBA / Online Instruction)

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Catalog Description:

This course is designed to develop the knowledge and skills necessary to be effective as a first responder to accidents, injuries, and sudden illness. Life-saving skills and accident prevention principles will also be included.

Course Objectives: *The student will.....*

1. Develop the knowledge and skills needed to meet many different types of situations when emergency first aid care is needed and medical assistance is not excessively delayed.
2. Develop the knowledge and skills needed to aid the infant, the child, or the adult who is experiencing a breathing emergency.
3. Develop knowledge and skill in the use of the AED (Automated External Defibrillator).
4. Develop knowledge and understanding of the many causes of accidents and injuries so that action can be taken to eliminate or minimize such causes.

Class Procedures:

Due to the current pandemic (CoVid-19), HHPK 1306.01W will be taught completely online during the summer 1, 2020. For some classes, this will be more difficult than for other courses that you may take this summer. In First Aid and Safety, all lectures/power point presentations will be downloaded in the YouSeeU-Virtual Classroom on the D2L System and made available for you to review at your leisure. A schedule of the date/time for each live/virtual power point presentation is listed on the course calendar just in case you have time and would like to join me (joining in on the live presentation is not mandatory and has no effect on your grade in the class). However, by joining in on the live presentations, you will be able to ask questions in “real time” and get a much faster response to your questions.

Each student enrolled in the class will be provided with materials for practicing bandaging and splinting skills as well as manikins (infant and adult) that may be used to practice CPR and other breathing emergencies. At the time that you receive your items, instructions will be given that need to be followed to help clean and maintain your equipment. **Please note: I will communicate with each of you to set up a date/time that your equipment will be delivered as well as returned.**

Assignments:

Reading: The textbook is required for the course. To help facilitate class discussions, it is absolutely necessary that class readings be read – and read on time. In order to be proficient as well as efficient, it is imperative that students practice the first aid and CPR skills that will be taught in the course.

Exams:

There will be four exams equally spaced throughout the semester. The exams will not be comprehensive and will only cover material from the respective chapters during the semester. The exams may include multiple choice, short answer, and essay questions that cover content from the class lectures and readings. The fourth exam will be held on the last class day.

*To review for the scheduled exams, it is recommended that students complete the test review sections at the end of each chapter. No “make-up” exams are available unless due to extenuating circumstances (i.e. death of an immediate family member, severe illness/illness, etc.) and the student has **written approval** from the instructor to take the exam at a later date.*

Academic Honesty

At all times students are expected to complete work independently unless instructed to do otherwise (e.g. the group presentation). Ideas and writings from others should be properly referenced. If you are not sure how to do this, it is your responsibility to learn how by consulting APA guidelines or the instructor. Cheating on exams is definitely forbidden. The use of textbooks and notes (unless permission is given by the instructor) or soliciting help from fellow students during an exam is not allowed. Instances of plagiarism, cheating, or other forms of dishonesty that are discovered will result in a failing grade on the given assignment for all involved students. More severe cases will be referred to the Head of the Department and may result in a failing grade for the course.

General Information:

Students requesting accommodations for disabilities are encouraged to contact the Office of Student Disability Resources and Services. The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. **For more information, please contact the Coordinator of Student Disability Resources and Services, Gee Library, Room 162, (903) 886-5150 or (903) 886-5835.**
StudentDisabilityServices@tamuc.edu

Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in Texas A&M University-Commerce buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and A&M-Commerce Rule 34.06.02.R1, license holders may not carry a concealed handgun in restricted locations. For a list of locations, please refer to
<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/34Safe>

[tyOfEmployeesAndStudents/34.06.02.R1.pdf](#)) and/or consult your event organizer). Pursuant to PC 46.035, the open carrying of handguns is prohibited on all A&M-Commerce campuses. Report violations to the University Police Department at 903-886-5868 or 9-1-1.

“All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment.” (See Student’s Guide Handbook, Policies and Procedures, Conduct)

Course Calendar Summer I – 2020: (subject to modification)

DATE	TOPIC	Chapters
6/1/20	Introductions / Syllabus / Chapter 1-If Not You, Then Who?	1
6/2/20	Responding to Emergencies / Before Giving Care	2 and 3
6/3/20	Checking the Victim / Bleeding	5 and 8
6/4/20	Shock	9
	<i>Exam #1 (Chapters 1, 2, 3, 5, 8, and 9) Available from noon 6/4/20 – 6pm on 6/7/20</i>	
6/8/20	Soft Tissue Injuries	10
6/9/20	Musculoskeletal Injuries / Injuries to the Extremities	11 and 12
6/10/20	Injuries to the Head, Neck and Back	13
6/11/20	Injuries to the Chest, Abdomen, and Pelvis	14
	<i>Exam #2 (Chapters 10, 11, 12, 13, and 14) Available from noon on 6/11/20 – 6pm on 6/14/20</i>	
6/15/20	Sudden Illness	15
6/16/20	Poisoning	16
6/17/20	Bites and Stings	17
6/18/20	Heat and Cold Emergencies	19
	<i>Exam #3 (Chapters 15, 16, 17, and 19) Available from noon on 6/18/ 20 – 6pm on 6/21/20</i>	
6/22/20	Lab #1 (Reaching & Removing Victims / Bandaging / Splinting	
6/23/20	Lab #2 (Obstructed Airway – Conscious and Unconscious Infant, Child, and Adult	6 and 7
6/24/20	Lab #3 (CPR – Infant, Child, and Adult) and (AED – Automated External Defibrillator)	6 and 7
6/25/20	Lab #4 (Skill Practice)	6 and 7
6/29/20	(Skill Practice)	
	<i>Exam #4 Information covered in Chapters 6 and 7 (Labs 2,3, and 4) Available from 6pm on 6/29/20 – 6pm on 7/2/20</i>	

Grades and Evaluation Procedures:

There are four written examinations and several practical evaluations scheduled within this course. Examinations will be given at the completion of assigned chapters. Each exam will be worth 100

points. A straight percentage system is used for grading. **Please carefully read all communications that may be sent to you. There may be opportunities to acquire bonus points during the course of the class.**

Note: *In order to receive a certificate for First Aid and CPR, the student must pass the course with at least a “C” average. Should you wish to receive a certificate at the end of the course, the current cost is \$35.00 (subject to change). Certificates will be sent to you via email for you to print.*

**** If you drop the class, and you are not passing the course, the grade assigned will be Dropped Failing.***

Grading:

Final grading will tentatively be done on a percentage based on the total points possible.

Exam #1 =	100 points
Exam #2 =	100 points
Exam #3 =	100 points
Exam #4 =	100 points
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Total	400 points

TENATIVE FINAL POINT SCALE

Points	Average	Grade
360-400	90% - 100%	A
320-359	80% - 89%	B
280-319	70% - 79%	C
240-279	60% - 69%	D
239pts. and below	59% and below	F

Textbook:

Responding To Emergencies: Comprehensive First Aid/CPR/AED by the American Red Cross, Krames StayWell Strategic Partnerships Division Publishers, 2012.
ISBN 978-1-58480-554-0