



**HHPH 1364: SUBSTANCE USE AND
ABUSE COURSE SYLLABUS: SPRING
2020 (Sub Term I)**

Instructor: Judy Allen, MS - Adjunct Instructor

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COURSE INFORMATION

Materials – Textbooks, Readings, Supplementary Readings:

Textbook Required: Hanson, G. & Venturelli, P. (2015). *Drugs and society* (13th ed.). Jones & Bartlett: Boston. ISBN: 978-1284564334 or 978-1284110876

APA RESOURCE: Purdue Online Writing Lab:

<http://owl.english.purdue.edu/owl/resource/560/01/>

Course Description: This course is designed to examine the physiological and sociological effects of drugs and other harmful substances. Legal and ethical implications will also be considered.

Student Learning Outcomes:

By the end of the course, the successful student should be able to:

1. Examine current scientific information concerning the relationship between drugs and mental and physical health as well as risk-taking behavior.
2. Identify reasons to initiate drug use and why individuals choose to continue using drugs.
3. Explore how dependence occurs, the treatment necessary to break dependence, and how dependence might have been prevented.
4. Survey the historical influence on the drug-oriented society and its bearing on personal drug behavior to include laws that arise related to substance use, misuse, and abuse.
5. Identify alternative highs to drug use highs and how they relate to healthy attitudes and behaviors.
6. Identify factors and examine issues in making responsible choices about drugs (e.g. decision-making, refusal skills).
7. Make a distinction between over-the-counter (OTC) medications, prescription medications, alcohol, tobacco, and a number of illegal drugs.

COURSE REQUIREMENTS

Instructional / Methods / Activities Assessments

We will review many legal and illegal substances commonly used and abused. Activities include discussions of timely topics, application of knowledge through quizzes and exams, and a review of the literature on a substance use and abuse topic.

Assignment 1: E-college Quizzes (16 quizzes = 480 points)

Student Learning Outcomes #1, #2, #3, #4, #5, #6, and #7

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3. Explore how dependence occurs, the treatment necessary to break dependence, and how dependence might have been prevented.
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You will take 16 quizzes over material presented in assigned readings (i.e. websites and articles); the chapters of the book; and lectures. Each quiz will be timed and must be completed within the assigned time frame **(Check your course calendar for due dates)**. The purpose of the quizzes is to ensure that you have the basic knowledge to perform other activities in class such as discussing, researching, and writing about a variety of substances and issues related to them.

Assignment 2: Discussions (6 discussions at 45 points = 270 points)

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Six discussions will be available during the term. You are required to participate in all six discussion boards. To receive **full** credit, you will post an initial post to the discussion question and respond to at least 2 posts from your fellow classmates that further the discussion. **Initial post should be a minimum of 75 words.** Responses should go beyond "I agree" or "I disagree". Please be thorough and engage in the conversation.

Grade Earned	Discussion Rubric: Evaluation Criteria	Points Awarded
A	<ul style="list-style-type: none"> • Participates with the required number of on-topic posting/response of required length (75 words minimum). Initial response plus at least two additional posts. • Postings reflect the reading and some outside source material but may not be accurately cited. • Consistently uses Standard American English with rare misspellings • Frequently attempts to motivate the group discussion by asking questions (related to initial discussion question) that further the discussion. 	90-100% 41 - 45 points
B	<ul style="list-style-type: none"> • Participates with the required number of on-topic posting/responses of required length (75 words minimum). Initial response plus one additional post. • Consistently uses Standard American English with rare misspellings • Comments are logical and reflect critical thinking 	80-89% 36 – 40.9 points
C	<ul style="list-style-type: none"> • Participates with the required number of on-topic posting of required length. No response to fellow classmate postings. • Participates, but does not further the discussion by asking other questions related to discussion question. • Minimal grammatical or spelling errors are noted in posts • Opinions and ideas are stated clearly 	70-79% 32 – 35.9 points
D	<ul style="list-style-type: none"> • Participates with the required number of on-topic posting/responses • Significant errors in spelling and/or grammar • Occasionally posts off topic • Posts do not meet length requirements 	60-69% 27 – 31.9 points
F	<ul style="list-style-type: none"> • Does not meet the required number of posting/responses • Poor spelling and grammar appear in most posts • Posts topics which do not relate to the discussion content • Postings may have inaccurate information 	<60% 0 – 26.9 points

Assignment 3: Exams (1 mid-term (100 points) and 1 final exam (150 points))

Two exams will be administered throughout the semester, covering all information covered in class work, quizzes, discussions, and the book.

Assignment 4: Extra Credit (2 opportunities for 'extra credit' are available – worth 25 points each)

- Extra Credit instructions are available in '**Orientation Week**' module.
- Extra Credit submission drop box will be available in the '**Orientation Week**' module. You may upload your papers any time during the 8 week course.

Student Learning Outcomes #1, #2, #3, #4, #5, #6, and #7

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Grading

Assignment 1: Chapter Quizzes	480 points
Assignment 2: Discussions	270 points
Assignment 3: Exams	<u>250 points</u>
	1000

Grade Scale:

900 - 1000 = A	600 - 699 = D
800 - 899 = B	0 - 599 = F
700 - 799 = C	

TECHNOLOGY REQUIREMENTS

LMS

All course sections offered by Texas A&M University-Commerce have a corresponding course shell in the myLeo Online Learning Management System (LMS). Below are technical requirements

LMS Requirements:

<https://community.brightspace.com/s/article/Brightspace-Platform-Requirements>

LMS Browser Support:

https://documentation.brightspace.com/EN/brightspace/requirements/all/browser_support.htm

YouSeeU Virtual Classroom Requirements:

<https://support.youseeu.com/hc/en-us/articles/115007031107-Basic-System-Requirements>

ACCESS AND NAVIGATION

You will need your campus-wide ID (CWID) and password to log into the course. If you do not know your CWID or have forgotten your password, contact the Center for IT Excellence (CITE) at 903.468.6000 or helpdesk@tamuc.edu.

Note: Personal computer and internet connection problems do not excuse the requirement to complete all course work in a timely and satisfactory manner. Each student needs to have a backup method to deal with these inevitable problems. These methods might include the availability of a backup PC at home or work, the temporary use of a computer at a friend's home, the local library, office service companies, Starbucks, a TAMUC campus open computer lab, etc.

COMMUNICATION AND SUPPORT

Brightspace Support
Need Help?
Student Support

If you have any questions or are having difficulties with the course material, please contact your Instructor.

Technical Support

If you are having technical difficulty with any part of Brightspace, please contact Brightspace Technical Support at 1-877-325-7778 or click on the **Live Chat** or click on the words “[click here](#)” to submit an issue via email.



System Maintenance

Please note that on the 4th Sunday of each month there will be System Maintenance which means the system will not be available 12 pm-6 am CST.

Interaction with Instructor Statement

I strive to create an environment of open communication. I will do my best to make sure you have all the information you need to be successful in this class. My response time to emails may be as long as 48 hours. Please be patient. **Email (Judy.Allen@tamuc.edu) is usually the best way to communicate with me, but feel free to come by my office IN Ed North - Room 113.**

Please see syllabus for due dates on all assignments. **NO LATE ASSIGNMENTS WILL BE ACCEPTED.**

COURSE AND UNIVERSITY PROCEDURES/POLICIES

Course Specific Procedures/Policies

Attendance/Lateness, Late Work, Missed Exams and Quizzes and Extra Credit

Syllabus Change Policy

The syllabus is a guide. Circumstances and events, such as student progress, may make it necessary for the instructor to modify the syllabus during the semester. Any changes made to the syllabus will be announced in advance.

- A. **LATE ASSIGNMENTS: Late assignments will NOT be accepted.** All assignments are due at midnight on the date they are due. It is the responsibility of the student to complete assignments prior to the due date.

- B. An “**EXCUSED ABSENCE**” is defined as a documented university approved activity. The instructor reserves the right to change the content or format of all make-up work. The student is responsible for making up missed work.
If the absence is one of the reasons listed below, you will be able to make up the work. To reserve this right, you **MUST** provide written documentation on the day of your return to class (a copy that I can keep). Please notify me ahead of time if you know you will be absent.
 - *Participation in an activity appearing on the University’s authorized activity list.
 - *Death or major illness in a student’s immediate family.
 - *Illness of a dependent family member
 - *Participation in legal proceedings or administrative procedures that require a student’s presence.
 - *Religious Holy Day
 - *Illness that is too severe or contagious for the student to attend class (to be determined by Health Center or off campus physician).
 - *Required participation in military duty

- C. **Any student missing an exam or assignment without prior arrangement will receive a score of zero.**

- D. You MUST check your e-mail regularly in case I need to communicate with you. I will not e-mail you junk, and I request that you do the same for me. You may only use your university email. No private email addresses will be included in the group message system.

University Specific Procedures

Student Conduct

All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment. The Code of Student Conduct is described in detail in the [Student Guidebook](#).

<http://www.tamuc.edu/admissions/registrar/documents/studentGuidebook.pdf>

Students should also consult the Rules of Netiquette for more information regarding how to interact with students in an online forum: [Netiquette http://www.albion.com/netiquette/corerules.html](http://www.albion.com/netiquette/corerules.html)

TAMUC Attendance

For more information about the attendance policy please visit the [Attendance](#) webpage and [Procedure 13.99.99.R0.01](#).

<http://www.tamuc.edu/admissions/registrar/generalInformation/attendance.aspx>

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/academic/13.99.99.R0.01.pdf>

Academic Integrity

Students at Texas A&M University-Commerce are expected to maintain high standards of integrity and honesty in all of their scholastic work. For more details and the definition of academic dishonesty see the following procedures:

[Undergraduate Academic Dishonesty 13.99.99.R0.03](#)

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/undergraduates/13.99.99.R0.03UndergraduateAcademicDishonesty.pdf>

[Graduate Student Academic Dishonesty 13.99.99.R0.10](#)

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/graduate/13.99.99.R0.10GraduateStudentAcademicDishonesty.pdf>

ADA Statement

Students with Disabilities

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:

Office of Student Disability Resources and Services

Texas A&M University-Commerce
Gee Library- Room 162
Phone (903) 886-5150 or (903) 886-5835
Fax (903) 468-8148
Email: Alex.Duggan@tamuc.edu

Website: [Office of Student Disability Resources and Services](#)

<http://www.tamuc.edu/campusLife/campusServices/studentDisabilityResourcesAndServices/>

Nondiscrimination Notice

Texas A&M University-Commerce will comply in the classroom, and in online courses, with all federal and state laws prohibiting discrimination and related retaliation on the basis of race, color, religion, sex, national origin, disability, age, genetic information or veteran status. Further, an environment free from discrimination on the basis of sexual orientation, gender identity, or gender expression will be maintained.

Campus Concealed Carry Statement

Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in Texas A&M University-Commerce buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and A&M-Commerce Rule 34.06.02.R1, license holders may not carry a concealed handgun in restricted locations.

For a list of locations, please refer to the [Carrying Concealed Handguns On Campus](#) document and/or consult your event organizer.

Web url:

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/34SafetyOfEmployeesAndStudents/34.06.02.R1.pdf>

Pursuant to PC 46.035, the open carrying of handguns is prohibited on all A&M-Commerce campuses. Report violations to the University Police Department at 903-886-5868 or 9-1-1.

HHPH1364: Substance Use and Abuse

Course Outline / Calendar

NOTE: DATES AND ASSIGNMENTS ARE TENTATIVE AND SUBJECT TO CHANGE

WEEK MODULE	CHAPTERS	Topics to Cover	Assignments	Due Dates All assignments are due by <u>MIDNIGHT!</u> No late assignments accepted!
1/13		CLASS ORIENTATION - Download orientation power point (Doc Sharing) and take quiz!	Download orientation power point (Doc Sharing), then answer the quiz questions!	Sunday, Jan 19, 2020
1/13 <i>Week 1</i>	1 & 2	Introduction to Drugs and Society Explaining Drug Use and Abuse	Quiz: Chp 1 & 2 Discussion 1	Sunday, Jan 19, 2020
1/19 <i>Week 2</i>	3 & 4	Drug Use, Regulation, and the Law Homeostatic Systems and Drugs	Quiz: Chp 3 & 4 Discussion 2	Sunday, Jan 26, 2020
1/26 <i>Week 3</i>	5 & 6	How and Why Drugs Work CNS Depressants: Sedative-Hypnotics	Quiz: Chp 5 & 6 Discussion 3	Sunday, Feb 2, 2020
2/2 <i>Week 4</i>	7 & 8	Alcohol: Pharmacological Effects Alcohol: Behavioral Effects MID TERM	Quiz: Chp 7 & 8 MID TERM	Sunday, Feb 9, 2020
2/9 <i>Week 5</i>	9 & 10	Narcotics (Opioids) Stimulants	Quiz: Chp 9 & 10 Discussion 4	Sunday, Feb 16, 2020
2/16 <i>Week 6</i>	11 & 12	Tobacco Hallucinogens (Psychedelics)	Quiz: Chp 11 & 12 Discussion 5	Sunday, Feb 23, 2020

<p>2/23</p> <p>Week 7</p>	<p>13 & 14</p>	<p>Marijuana</p> <p>Inhalants</p>	<p>Quiz: Chp 13 & 14</p> <p>Discussion 6</p>	<p>Sunday, Mar 1, 2020</p>
<p>3/1</p> <p>Week 8</p>	<p>15 & 16</p>	<p>Over-the-Counter, Prescription, and Herbal Drugs</p> <p>Drug Use in Subcultures of Special Populations</p> <p>FINAL EXAM</p>	<p>Quiz: Chp 15 & 16</p> <p>FINAL EXAM</p>	<p>Friday, Mar 6, 2020</p>