NURS 5305.01 Advanced Health Assessment
COURSE SYLLABUS: Spring 2020

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COURSE INFORMATION

Materials – Textbooks, Readings, Supplementary Readings

Textbook(s) Required

Dains, J., Baumann, L., Scheibel, P. (2015). *Advanced health assessment & clinical diagnosis in primary care* (5th Ed.)*. St. Louis: Mosby.

Jarvis, C. (2020). *Physical examination & health assessment* (8th Ed.). St. Louis: Elsevier Saunders.

Shadow Health. (2017). Digital Clinical Experience (Version 5.0) [Software]. (ISBN: 978-0-9897888-0-9) Available from http://www.shadowhealth.com

Login page: http://app.shadowhealth.com
For registration and purchase

    1. Registration directions: http://link.shadowhealth.com/How-To-Register

- If you already have a Shadow Health account, you do not need to register for an additional student account. To add a course to your existing account log in and follow these instructions: http://link.shadowhealth.com/How-To-Add-A-Course

    2. Enter Course PIN **- Spring2020-6455-6000-6603-0810**

    3. Students will purchase access to Shadow Health via a debit/credit card

    4. Review this student introduction resource: https://link.shadowhealth.com/student-Orientation-Video

Optional

Cash, J. & Glass, C. (2017). *Family practice guidelines* (4th ed.). New York: Springer Publishing.

Course Description (3 Semester Credit Hours)

This course focuses on theoretical and clinical principles for health assessment in advanced practice nursing. Physical, psychosocial, and cultural assessment skills necessary to develop a comprehensive health database, clinical decision making, and diagnostic reasoning skills are emphasized. Advanced health assessment principles and skills necessary for performing a comprehensive physical examination across the lifespan are applied in the primary care clinical setting. Integration of theory is tested in the laboratory setting with a comprehensive physical assessment and development of a plan of care based on the formulation of differential medical diagnoses. Semester credit hours include 2 hours of lecture instruction per week and 3 hours of clinical experience. For the first half of the semester, clinical time will be spent in hands on practice in the skills lab. At mid-term, each student will be evaluated on the performance of an integrated health assessment and documentation on a classmate, friend or relative. After successful completion of the integrated health assessment and documentation, the remainder of clinical time will be spent with a preceptor in the clinical setting.

Additional Course Description

Course content will include: a) communication and taking the health history; b) holistic assessment including life span development, nutrition, and activities of daily living; c) cultural considerations; d) advanced physical assessment of the skin, hair, nails, face, head, neck, eyes, ears, nose, mouth, throat, lymphatic system, breasts, respiratory system, cardiovascular system, abdomen, musculoskeletal system, neurological system, male and female genitalia, and anus and rectosigmoid region; e) family assessment; f) assessing special populations including pediatric, pregnant, aging, and functionally limited clients; g) case presentations; h) focused physicals; i) common systemic problems; and j) differential medical diagnoses. There will be 45 contact hours of hands-on practice and clinical evaluation required.

Student Learning Outcomes

Upon completion of the course, the student will have been given the opportunity to:
1. Systematically apply a problem solving approach to the collection, synthesis, and communication of relevant subjective data.

2. Modify the history, physical exam, and screening procedures according to the client's age, developmental level, culture, and psychosocial status.
3. Differentiate among normal and abnormal variants of historical and physical findings based on lifespan changes and normal anatomy and physiology.
4. Perform a complete systematic physical examination using techniques of inspection, palpation, percussion, and auscultation on pediatric and adult clients.
5. Use assessment tools safely and competently.
6. Analyze and synthesize client data to identify physical, social, and environmental factors that influence health.
7. Analyze findings for significant trends or patterns that lead to risk profile development or identification of an altered health state or presence of disease.
8. Develop differential medical diagnosis based on analysis of assessment findings.
9. Demonstrate competence in presenting a systematic and complete written summary of the findings of the health history and physical assessment.
10. Successfully complete an integrated physical examination.
11. Analyze and critique self in terms of knowledge, skills, and judgment in assessing clients.

COURSE REQUIREMENTS

Minimal Technical Skills Needed
Using the learning management system, using Microsoft Word, Microsoft Excel and PowerPoint.

Instructional Methods
This is a blended course requiring students to complete reading assignments, online activities and independent study to be successful. Course objectives may be met through individual study using suggested resources, active involvement in classroom activities, formal, and informal exchange of ideas with classmates and colleagues regarding specific topics as well as utilizing critical thinking skills. Teaching methods include lecture, seminar, discussion, small group work, independent study of texts and library resources, computer-assisted instruction,

audio-visual aids, and assignments. While the professor will provide guidance and consultation, the student is responsible for identification of learning needs, self-direction, seeking consultation, and demonstration of course objectives.

Student Responsibilities or Tips for Success in the Course
- Logging into the course website daily during the week
- **Checking emails at least daily**
- Updating semester calendar with communicated changes
- At least three hours of weekly study
- Attendance at all class meetings, clinicals, seminars and simulations
- Review of examinations.

Student Responsibilities

Attendance: Students are expected to attend all scheduled classes and labs. Absences may cause the student to be unable to meet course objectives and can affect grades. Tardiness will not be tolerated unless prior notification of instructor is made. If unable to meet the learning activity/assignment on the due date, the student must arrange for make-up with the instructor prior to the original due date. Otherwise, a grade of zero will be earned for the assignment.

Classroom Etiquette: The use of electronic devices, including laptops, iPads, and voice recorders, must be approved by the course faculty prior to class. Laptops not being used to take notes should be closed. Social media activity will not be allowed during class/lab time. The use of any unapproved electronic devices during a test/quiz or test/quiz review will result in the student receiving a zero for that test/quiz*. Faculty may not be recorded, filmed, or taped without permission.* Cellular telephones that make an audible noise will not be allowed in class or lab. Bringing visitors (children, relatives, friends) to class is inappropriate.

Required Equipment must be brought to lab:

Stethoscope with bell and diaphragm	Reflex hammer*
Watch with second hand	Tuning fork*
Penlight	Oto/ophthalmoscope*
Measuring tape (in/cm) *Optional	

GRADING

Final grades in this course will be based on the following scale:

A = 90%-100%
B = 80%-89%
C = 75%-79%
D = 60%-74%
F = 59% or Below

Evaluation Methods	
Exams (4) 15% each	60%
Pediatric SOAP Note	5%
Adult/Geriatric SOAP Note	5%
Mid-term Practicum with SOAP Note	10%
Final Practicum with SOAP Note	10%
Shadow Health Modules	10%
Clinical Practicum 45 hours total	P/F
Participation in Skills Lab	P/F
Typhon Clinical Log	P/F
Total:	100%

Assessments

Exams: Four unit exams are scheduled for the course. See the course schedule for the date, time and content of each exam. Exams must be taken during the designated date and times unless other arrangements are

made with the course coordinator **prior** to the exam. If you are unable to take an exam, you must notify the course coordinator as soon as possible and if the course coordinator/faculty decide an alternate exam will be given, the format and times will be at the discretion of the course coordinator. The student may take the exam on campus at the scheduled time or at home by using *ProctorU* for a small fee; however, the exam date and time does not change, regardless of the location. Exams are NOT comprehensive, are online in a proctored computer lab, and are timed. Students are responsible for making appointments with their assigned faculty to discuss failing grades. Students will not be allowed to see exams after completed but may submit questions of concern about an exam question. **Students must achieve an overall average of 80 on all written exams to pass the course.**

ProctorU: Students must sign up with *ProctorU* at the beginning of the semester for exams that will be taken at home, if the student desires. Each student is responsible for payment for the proctoring service of $15 per 1 hr exam. As discussed earlier, each exam must be taken during the time specifically designated unless other arrangements are made with the course coordinator **prior** to the exam. As stated before, special arrangements must be decided on an as needed basis and there is no guarantee that your request will be approved. Further instructional information is available through *ProctorU.* **Do not disconnect from *ProctorU* until you are given specific permission to do so.**

Mid-term Practicum & SOAP note: The expectation is by midterm, you should be able to perform a basic history intake for HPI, general history elements and perform a complete head-to-toe physical exam (excluding breast and genitalia) within 60 minutes and be able to write-up the findings in a SOAP format within **72 hours** after you have completed your check off.
1. **You must receive a grade of 80% or higher to pass the course.**
2. The student will be assigned a classmate.
3. The Practicum will take place on campus and you must arrive 15 minutes prior to your check off time.

Final Practicum & SOAP note: At the end of the semester, each student will be evaluated on their ability to do a complete head to toe assessment as outlined on the Final Practicum Evaluation tool. The student will have 45

minutes to complete the practicum, and **72 hours** to complete the SOAP write up after your check off.

1. **You must receive a grade of 80% or higher to pass the course.**
2. A chief complaint will be given to each student by their clinical instructor, at the beginning of their check off.
3. The student may use a classmate or selected actor.
4. The Practicum will take place on campus and you must arrive 15 minutes prior to your check off time.

Remediation: In the event that the Practicum/check offs are failed (that is, an overall score of less than 80% earned, remediation will be prescribed to improve the student's skills in which were not competently performed or documented. *After remediation, the full check-off will be repeated, with 80 being the highest earned grade possible.*

1. Remediation of a failed practicum/check off must be completed **before** the designated deadline, which is one week of the failed check off.
2. Remediation may only be undertaken **ONLY** if a practicum check off is failed, **NOT** to improve a passing practicum/check off grade.

Pediatric and Adult/Geriatric SOAP Notes: The SOAP notes will be completed on patients encountered during clinical practice. **Warning for falsified information or fabrication of charting** by including items not assessed. If this behavior is identified, you will be counseled as this is a violation of falsifying records and reportable to the Texas Board of Nursing. Any further falsification will result in disciplinary actions up to expulsion.

Shadow Health Clinical Modules: Shadow Health provides a clinical simulation designed to improve your assessment skills in a safe learning environment. You will examine digital patients throughout the course that are accessible online 24/7. Each module due date is listed on the course/calendar and shadow health. You will have multiple attempts to obtain your final grade of 80% or higher for each module until that module closes, each module will be open for one week only. The modules are worth 10% of your grade and the grade is determined by your DCE score. You must complete the Shadow Health Modules by the due date or you will receive a **zero** for that module.

Our Digital Clinical Experience is free of many of the constraints and interruptions you face in a hospital or clinical setting. This unique simulation experience allows you to conduct in-depth patient exams and interviews at your own pace. Because the exams are in-depth, these assignments will often take over an hour to complete, so it is important to plan enough time to complete your assignments each week.

Technical requirements

1. Review requirements: http://link.shadowhealth.com/Minimum-System-Specifications

2. Tablets and mobile devices are not currently supported.

3. To use Speech-to-Text, you must complete assignments in Google Chrome

Shadow Health Support:

1. Contact Shadow Health with any questions or technical issues regarding Shadow Health **before** contacting your instructor.

2. Support is available at http://support.shadowhealth.com.

Clinical: Unsafe practice, including unethical conduct, in the clinical practice area will result in failure of the course regardless of theory grade.

1. Graduate students are held to a high standard of professionalism and are expected to dress professionally while on campus or at other sites while representing the University, including wearing a white lab coat with the Texas A&M Commerce patch on the upper left arm of the lab coat and **MUST** adhere to the MSN dress code as stated in the student hand book.

2. Name badges must be worn as well while in the clinical setting.

Typhon Clinical/Lab hours: Typhon is the clinical hours tracking system used during the NP program for students (and their clinical instructor) to track the hours logged for each clinical site. Throughout the NP program, you will be asked to keep track of your clinical hours.

1. Register with the Typhon site when you receive a personal email from the Graduate Nursing faculty with your personal PIN number. Follow the steps to create your account. You will keep this account throughout the program.

2. For this course, posting of Typhon hours and submission of the Summary of Typhon Hours to the Assignment link must be done prior to Final's week so that grades may be posted. Record the 45 clinical hours for this course

as Lab hours if you complete all the course components. Failure to submit this component can result in an Incomplete or even a Failure for the course.

Skills Lab (on campus): The lab will be **PASS/FAIL** and based upon skills necessary for FNP role.

Clinical break down of hours-45 total hrs
   1. Skills Lab Day-----------------------------7 hrs
   2. Denver Developmental Assignment------1 hrs

   3. Midterm & Final Practicum with SOAP notes—2 hrs

   4. Shadow Health (10 modules/systems)—10 hrs

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   Total Clinical hours: **20 hrs**

Then student will have 25 hours of clinical in practice with preceptors for total of 45 hours.

Clinical PEARLS: It is strongly encouraged that you begin your book of clinical PEARLS this semester. You will keep this with you at all times and use it throughout the program and even practice. This needs to be a notebook that is divided into body systems and tabs for you to put important information.

TECHNOLOGY REQUIREMENTS

LMS

All course sections offered by Texas A&M University-Commerce have a corresponding course shell in the myLeo Online Learning Management System (LMS). Below are technical requirements

LMS Requirements:

https://community.brightspace.com/s/article/Brightspace-Platform-Requirements

LMS Browser Support:

https://documentation.brightspace.com/EN/brightspace/requirements/all/browser_support.htm

YouSeeU Virtual Classroom Requirements:

https://support.youseeu.com/hc/en-us/articles/115007031107-Basic-System-Requirements

ACCESS AND NAVIGATION

You will need your campus-wide ID (CWID) and password to log into the course. If you do not know your CWID or have forgotten your password, contact the Center for IT Excellence (CITE) at 903.468.6000 or helpdesk@tamuc.edu.

Note: Personal computer and internet connection problems do not excuse the requirement to complete all course work in a timely and satisfactory manner. Each student needs to have a backup method to deal with these inevitable problems. These methods might include the availability of a backup PC at home or work, the temporary use of a computer at a friend's home, the local library, office service companies, Starbucks, a TAMUC campus open computer lab, etc.

COMMUNICATION AND SUPPORT

If you have any questions or are having difficulties with the course material, please contact your Instructor.

Technical Support

If you are having technical difficulty with any part of Brightspace, please contact Brightspace Technical Support at 1-877-325-7778. Other support options can be found here:

https://community.brightspace.com/support/s/contactsupport

Interaction with Instructor Statement

It is expected that you will check your D2L course and email at least **DAILY** for communication from the instructor. A response to any email or message will occur within two (2) business days.

Communication between faculty and students is primary and taken seriously. Preferred communication methods are individualized office hours, email, or via cell-phone. If a phone call is not answered, please leave a message and send an e-mail using the direct e-mail link on the course home page. You will be treated with collegial respect and you are expected to communicate likewise in a professional manner.

It is expected that assignments will be graded and returned to the student within two (2) weeks of submission.

Nursing Student Guide

Specific information for the nursing student regarding the nursing program and current policies and procedures can be found in the MSN Student Guide located here: http://www.tamuc.edu/academics/colleges/educationHumanServices/departments/nursing/Current%20Students/BSNstudentguidebook/default.aspx

It is the student's responsibility to review and understand the policies and procedures provided in the student guidebook as all students are held to the statutes and policies therein.

University Specific Procedures

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LMS Browser Support:
https://documentation.brightspace.com/EN/brightspace/requirements/all/browser_suppo rt.htm

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https://support.youseeu.com/hc/en-us/articles/115007031107-Basic-System- Requirements

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contact Brightspace Technical Support at 1-877-325-7778. Other support options can be found here:

https://community.brightspace.com/support/s/contactsupport

Interaction with Instructor Statement

Email is preferred as the standard form of communication in this class. Please keep phone calls to a minimum. I expect your emails to be professionally prepared. For example:

Dear Professor/Dr.. Lancaster, Hello, Greetings, Good

Morning/Afternoon, etc.,

Your message

Sincerely, Thank you, Regards,

etc. Your full name

Remember to professionally compose your e-mail messages with

proper grammar, spelling, and a professional tone. Properly

addressed and signed e-mails will be replied to within 48 hours

during business hours. If a face-to-face conference is required

between the student and the instructor in the instructor's office, an

appointment must be made several days in advance by the student

COURSE AND UNIVERSITY PROCEDURES/POLICIES

Course Specific Procedures/Policies

Student Conduct
All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment. The Code of Student Conduct is described in detail in the Student Guidebook.
http://www.tamuc.edu/Admissions/oneStopShop/undergraduateAdmissions/studentGuidebook.aspx

Students should also consult the Rules of Netiquette for more information regarding how to interact with students in an online forum:
https://www.britannica.com/topic/netiquette

TAMUC Attendance
For more information about the attendance policy please visit the Attendance webpage and Procedure 13.99.99.R0.01.

http://www.tamuc.edu/admissions/registrar/generalInformation/attendance.aspx

http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/academic/13.99.99.R0.01.pdf

Academic Integrity

Students at Texas A&M University-Commerce are expected to maintain high standards of integrity and honesty in all of their scholastic work. For more details and the definition of academic dishonesty see the following procedures:

[Undergraduate Academic Dishonesty 13.99.99.R0.03](#)

http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/undergraduates/13.99.99.R0.03UndergraduateAcademicDishonesty.pdf

[Graduate Student Academic Dishonesty 13.99.99.R0.10](#)

http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/graduate/13.99.99.R0.10GraduateStudentAcademicDishonesty.pdf

Students with Disabilities-- ADA Statement

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:

Office of Student Disability Resources and Services

Texas A&M University-Commerce

Gee Library- Room 162

Phone (903) 886-5150 or (903) 886-5835

Fax (903) 468-8148

Email: studentdisabilityservices@tamuc.edu

Website: Office of Student Disability Resources and Services
http://www.tamuc.edu/campusLife/campusServices/studentDisabilityResourcesAndServices/

Nondiscrimination Notice
Texas A&M University-Commerce will comply in the classroom, and in online courses, with all federal and state laws prohibiting discrimination and related retaliation on the basis of race, color, religion, sex, national origin, disability, age, genetic information or veteran status. Further, an environment free from discrimination on the basis of sexual orientation, gender identity, or gender expression will be maintained.

Campus Concealed Carry Statement

Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in Texas A&M University-Commerce buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and A&M-Commerce Rule 34.06.02.R1, license holders may not carry a concealed handgun in restricted locations.

For a list of locations, please refer to the Carrying Concealed Handguns On Campus

document and/or consult your event organizer.

Web url:
http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/34SafetyOfEmployeesAndStudents/34.06.02.R1.pdf

Pursuant to PC 46.035, the open carrying of handguns is prohibited on all A&M-Commerce campuses. Report violations to the University Police Department at 903-886-5868 or 9-1-1.

COURSE PROCEDURES/POLICIES

CLASS :

1. Class Cancellation: In the event that a class is canceled, the student is expected to do the readings and complete the objectives for that day. The content will still be included on examinations. The material in this syllabus and dates identified in the Course Calendar are subject to change.
2. Class attendance is expected. The students should notify course coordinator in advance of any absence.
3. Exam dates are listed in each course syllabus, and the student is expected to be present for exams. In the event that the student will be absent, the course coordinator must be notified in advance. Failure to do so may result in the student receiving a zero for the missed exam or quiz. Review the MSN Student Guide for the exam absence process.
4. As an adult learner and responsible professional, the student is responsible for reading and completing assignments prior to class and for being prepared to participate in discussions over the assigned material. It should not be expected that all material would be covered in class. Students are expected to come to class prepared.

CLINICAL EXPERIENCE:

1. Clinical attendance is mandatory. Refer to the MSN Student Guide for clinical attendance policy information. Violation of the clinical attendance policy may result in the student receiving a Student Performance and

Behaviors Evaluation Form and may lead to failure of the clinical portion of the course.

2. Immunizations, CPR, and TB status must be current for students to be able to attend clinical experience at the assigned clinical location. Suspension from clinical for failure to maintain required immunizations will be considered an absence.

3. Students are expected to meet clinical expectations outlined in the clinical evaluation tool.

4. Based on student learning needs, the faculty will determine the appropriate amount of time and clinical assignments needed to assess student growth. Faculty may require additional assignments and clinical work to ensure students have met clinical objectives. Students are expected to comply with any additional assignments or clinical hours assigned.

5. Students are expected to prepare for clinical practice in order to provide safe, competent care.

6. Clinical assignments must be completed on time and submitted to the clinical instructor as directed. No exceptions without prior permission from the instructor.

SOAP Note: Grading Criteria

		Points Possible	Score	Comments
Subjective	Demographic Information: Gender/age Religion Healthcare source Insurance/uninsured	2		
	Chief Complaint	5		
	History of Present Illness (OPQRST): Cardinal features Onset of symptoms Related symptoms	5		
	PMH to include: State of health Chronic diseases/allergies Medications Immunizations Obstetric/menstrual history Surgical hx/hospitalizations	5		
	Family History (include genogram)	5		
	Personal/Social History: Home environment Occupation Pets/hobbies Sexual history	5		
	ROS (include all pertinent systems)	15		
Objective	General Description Overall health Systems to be examined Specialized assessment techniques	20		
Assessment	Diagnosis Differential (prioritize) Identification of working Dx	15		
Plan	Diagnostics/Lab Tests with rationale Patient education Plans for follow-up Evidence-based guidelines	10		
Format	APA references, grammar and spelling	13		
TOTAL				

History-Taking for Mid-term eval: Grading Criteria

Directions: The student must arrive 15 minutes before the examination time. The student will receive a complex patient case scenario and will be expected to perform a history to include the HPI, PMH, and ROS within the 15 minute time allowed. Documentation must be submitted online one (1) hour following the exam.		
Criteria Evaluated	**Points Possible**	**Score**

Medical knowledge
   a. Questions specific to disease process
   b. Questions specific to risk factors, complications
	20	

Data gathering skill
   a. Open-ended questions
   b. Transitional statements
   c. Uses different types of questions
   d. Elicits complete answers
   e. Thorough
	40	

Communication and interpersonal skills
Initiation of interview
   a. Introduces self
   b. Appears at ease
Information gathering
   c. Appropriate language
   d. Attentive to patient
   e. Confident
Information sharing skills
   a. Avoidance of jargon
   b. Responsive to patient questions or concerns
Professional manner and rapport
   a. Warm, polite, and empathetic
   b. Concerned for patient comfort and feelings
Listening skills
   a. Patient
   b. Attentive to patient's answers and concerns
Organization of Interview
   a. Logical flow
   b. Purposeful
Closing
   a. Acknowledges end of interview
   b. Organized, thoughtful closure
	20	

Documentation
   a. Appropriate format
   b. Complete
	20	

TOTAL	100	

Midterm and Final Physical Exam: Grading Criteria

Criteria Evaluated	Possible Points	Score
Directions: The student must arrive 15 minutes before the examination time. The student will received a complex patient case scenario and will be expected to perform a focused physical examination appropriate to the scenario within 10 minutes.		

Organization of Physical Examination
   a. Logical flow
   b. Purposeful
	35	

Physical Examination
   a. Technique
   b. Instructions
   c. Communication
	35	

Patient
   a. Comfort
   b. Dignity (modesty)
	30	

TOTAL		

Mid-term and Final Practicum

Directions: Students will be required to perform a safe, accurate, and complete physical assessment in the campus lab.		
Criteria Evaluated	**Pass/Fail**	**Comments**
Complete personal and family history, cultural assessment, and ROS turned in at time of exam		
Skin		
Head and Neck		
Lungs		
Heart		
Abdomen		
Neurologic		
Orthopedic		
Genitourinary		
Completed within allotted time		

Mid-term and Final Practicum Write-up: Grading Criteria

Directions: The student will document the physical examination appropriately, including an analysis and synthesis of all data, integrating the findings, and identifying medical differential diagnoses. A management plan that includes evidence-based guidelines and management plans must be included.		
Criteria Evaluated	**Possible Points**	**Comments**
Documentation of System Findings	30	
Diagnosis(es)	20	
Management Plan	30	
Appropriate Terminology	10	
Brief, concise, thorough	10	
TOTAL		