



## **HHPK 251 – Physical Activity Skills II: Team Sports**

COURSE SYLLABUS: Spring 2020

### **INSTRUCTOR INFORMATION**

**Instructor:** Michael Oldham, MS, ACSM - CPT

**Office Location:** Field House – NHS 141

**Office Hours:** MWF 12:00pm – 1:00pm; TTH 11:00am – 12:00pm

**Office Phone:** 903-886-5549

**Office Fax:** 903-886-5365

**University Email Address:** michael.oldham@tamuc.edu

**Preferred Form of Communication:** Email ONLY!

**Communication Response Time:** Typically within 24 hours

### **COURSE INFORMATION**

#### **Materials – Textbooks, Readings, Supplementary Readings**

**Textbook(s) Required:**

No required textbook. All information will be posted to D2L and through discussions/teachings during class.

**Software Required:** Access to the internet

**Optional Texts and/or Materials:** Several handouts will be posted to D2L. You are responsible for obtaining these.

#### **Course Description**

**The purpose of this course is to develop the techniques utilized in fundamental skills for team sports. This course will also focus on the various stages of games skill development. An emphasis will also be placed on appreciating the evolution of sport from origins across the globe.**

#### **Student Learning Outcomes**

1. Develop knowledge and skills required for several team activities including, but not limited to, Ultimate Frisbee, Soccer, Floor Hockey, Rugby, and Team Handball.
2. Demonstrate the skills needed to be proficient when participating in the above mentioned activities.

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3. Identify drills and lead-up games for the teaching of skills needed to be proficient in various sports.
4. Use the basic terminology associated with the assigned activities.
5. Develop a knowledge and understanding of the proper safety precautions that may be used when participation in physical activity is desired or required
6. View themselves as engaged citizens within an interconnected and diverse world through experiences with games and sports from a variety of cultures.

## **COURSE REQUIREMENTS**

### **Minimal Technical Skills Needed**

**Examples include: Using the learning management system, using Microsoft Word and PowerPoint, using presentation and graphics programs, etc.**

### **Instructional Methods**

#### **Class Participation**

This course is designed as a hands-on learning experience. To get the most out of it, class attendance and participation is a must. Role will be taken each class session. Failure to show up for class, leave class early, or arrive late will result in loss of points. I calculate attendance as a percentage grade at the end of the semester. (250pts)

#### **Skill tests**

Skill tests will be given during the term. You will have the opportunity to practice each skill test before you attempt it. You must be present in class to take the skill test. I will not test you outside class or on another day, except in the case of an emergency or a pre-arranged University-excused absence. (300pts)

#### **Sport Quizzes**

Each sport quiz will be taken within D2L. They are due before the Tuesday class, and no late quizzes will be accepted. If you have not achieved an 80% or higher on the quiz before class, you will not be allowed to participate. Be sure to save your answers during the quiz and submit before time expires. Before you start each quiz, you should review the section on that sport and/or any handout I provide regarding that sport. You may use your notes during the quiz, but you will not have much time, so you need to read ahead. (200pts)

#### **Culture & Sport**

The concept of "team" sports has a long history in almost every culture. This assignment is designed for you to examine the impact of sport, particularly team sports, on other cultures. As we have learned a variety of sports across the globe, this assignment looks to assess the impact of sports on culture. Your team is to investigate and report on the concept of team sports for your country. You may report on different sports that are popular, but you are to demonstrate some knowledge about the cultural aspect of team sports. For example, in the United States baseball is considered "America's pastime." Why is this? What is the cultural aspect of baseball to the US? And so forth. How about language? Where did the term "ballin'" come from? You will conclude the assignment by reflecting on your experiences within the class and how your view of global sports has changed.

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**You will present your findings in a power point presentation.** You do not need to actually present it, but put down your info as if you were. **DO NOT** cut and paste, put it in your own words. You can work with others, but it must be your own work. This is a minimum amount of work. More details can be found in eCollege. (150pts)

### **Sportsmanship/Duty Team**

This class is intended to be a learning environment. I will let you know right now that there is no Championship trophy, MVP, or anything of the sort. Many of these activities are brand new to the majority of you. It is intentional. Therefore, the class needs to be a place where we encourage others in their development. Also, due to the set up the class, each session, there will be a time where you will be called upon to set up the fields, pick up the fields, and/or can officiate games. You have the possibility of earning up to 5 points per day. (100pts)

### **Student Responsibilities or Tips for Success in the Course**

Success in this class is determined by participation, investment into the culture of the class, and willingness to step outside your comfort zone. Be happy to volunteer, give your all, and have fun.

### **GRADING**

<b>Evaluation (may change, refer to D2L)</b>	<b>Points</b>
1. Skills tests (6 x 50 points each)	300
2. Sport quizzes (10 x 20 points each)	200
3. Attendance	250
4. Sportsmanship/Duty Team	100
5. Culture and Sport Assignment	<u>150</u>
<b>Total Points</b>	<b>1000</b>

Final grades in this course will be based on the following scale:

A = 90%-100%

B = 80%-89%

C = 70%-79%

D = 60%-69%

F = 59% or Below

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# TECHNOLOGY REQUIREMENTS

## Browser support

D2L is committed to performing key application testing when new browser versions are released. New and updated functionality is also tested against the latest version of supported browsers. However, due to the frequency of some browser releases, D2L cannot guarantee that each browser version will perform as expected. If you encounter any issues with any of the browser versions listed in the tables below, contact D2L Support, who will determine the best course of action for resolution. Reported issues are prioritized by supported browsers and then maintenance browsers.

Supported browsers are the latest or most recent browser versions that are tested against new versions of D2L products. Customers can report problems and receive support for issues. For an optimal experience, D2L recommends using supported browsers with D2L products.

Maintenance browsers are older browser versions that are not tested extensively against new versions of D2L products. Customers can still report problems and receive support for critical issues; however, D2L does not guarantee all issues will be addressed. A maintenance browser becomes officially unsupported after one year.

Note the following:

- Ensure that your browser has JavaScript and Cookies enabled.
- For desktop systems, you must have Adobe Flash Player 10.1 or greater.
- The Brightspace Support features are now optimized for production environments when using the Google Chrome browser, Apple Safari browser, Microsoft Edge browser, Microsoft Internet Explorer browser, and Mozilla Firefox browsers.

## Desktop Support

Browser	Supported Browser Version(s)	Maintenance Browser Version(s)
Microsoft® Edge	Latest	N/A
Microsoft® Internet Explorer®	N/A	11
Mozilla® Firefox®	Latest, ESR	N/A
Google® Chrome™	Latest	N/A
Apple® Safari®	Latest	N/A

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## Tablet and Mobile Support

Device	Operating System	Browser	Supported Browser Version(s)
Android™	Android 4.4+	Chrome	Latest
Apple	iOS®	Safari, Chrome	The current major version of iOS (the latest minor or <b>point</b> release of that major version) and the previous major version of iOS (the latest minor or <b>point</b> release of that major version). For example, as of June 7, 2017, D2L supports iOS 10.3.2 and iOS 9.3.5, but not iOS 10.2.1, 9.0.2, or any other version.  Chrome: Latest version for the iOS browser.
Windows	Windows 10	Edge, Chrome, Firefox	Latest of all browsers, and Firefox ESR.

- You will need regular access to a computer with a broadband Internet connection. The minimum computer requirements are:
  - 512 MB of RAM, 1 GB or more preferred
  - Broadband connection required courses are heavily video intensive
  - Video display capable of high-color 16-bit display 1024 x 768 or higher resolution
- You must have a:
  - Sound card, which is usually integrated into your desktop or laptop computer
  - Speakers or headphones.
  - \*For courses utilizing video-conferencing tools and/or an online proctoring solution, a webcam and microphone are required.
- Both versions of Java (32 bit and 64 bit) must be installed and up to date on your machine. At a minimum Java 7, update 51, is required to support the learning management system. The most current version of Java can be downloaded at: [JAVA web site http://www.java.com/en/download/manual.jsp](http://www.java.com/en/download/manual.jsp)
- Current anti-virus software must be installed and kept up to date.

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Running the browser check will ensure your internet browser is supported.

Pop-ups are allowed.

JavaScript is enabled.

Cookies are enabled.

- You will need some additional free software (plug-ins) for enhanced web browsing. Ensure that you download the free versions of the following software:
  - [Adobe Reader](https://get.adobe.com/reader/) <https://get.adobe.com/reader/>
  - [Adobe Flash Player](https://get.adobe.com/flashplayer/) (version 17 or later) <https://get.adobe.com/flashplayer/>
  - [Adobe Shockwave Player](https://get.adobe.com/shockwave/) <https://get.adobe.com/shockwave/>
  - [Apple Quick Time](http://www.apple.com/quicktime/download/) <http://www.apple.com/quicktime/download/>
- At a minimum, you must have Microsoft Office 2013, 2010, 2007 or Open Office. Microsoft Office is the standard office productivity software utilized by faculty, students, and staff. Microsoft Word is the standard word processing software, Microsoft Excel is the standard spreadsheet software, and Microsoft PowerPoint is the standard presentation software. Copying and pasting, along with attaching/uploading documents for assignment submission, will also be required. If you do not have Microsoft Office, you can check with the bookstore to see if they have any student copies.

## ACCESS AND NAVIGATION

You will need your campus-wide ID (CWID) and password to log into the course. If you do not know your CWID or have forgotten your password, contact the Center for IT Excellence (CITE) at 903.468.6000 or [helpdesk@tamuc.edu](mailto:helpdesk@tamuc.edu).

**Note:** Personal computer and internet connection problems do not excuse the requirement to complete all course work in a timely and satisfactory manner. Each student needs to have a backup method to deal with these inevitable problems. These methods might include the availability of a backup PC at home or work, the temporary use of a computer at a friend's home, the local library, office service companies, Starbucks, a TAMUC campus open computer lab, etc.

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## COMMUNICATION AND SUPPORT

### Brightspace Support

#### Need Help?

#### Student Support

If you have any questions or are having difficulties with the course material, please contact your Instructor.

#### Technical Support

If you are having technical difficulty with any part of Brightspace, contact Brightspace Technical Support at 1-877-325-7778 or click **Live Chat** or click on the words “[click here](#)” to submit an issue via



please on the email.

#### System Maintenance

Please note that on the 4th Sunday of each month there will be System Maintenance which means the system will not be available 12 pm-6 am CST.

#### Interaction with Instructor Statement

**The instructor's communication response time and feedback on assessments are stated clearly.**

## COURSE AND UNIVERSITY PROCEDURES/POLICIES

### Course Specific Procedures/Policies

#### Professional Attire:

- Athletic shoes, socks, and attire. No sandals. No denim. No profanities or advertising for alcohol, tobacco, or other unhealthy products.
- Dress to participate in the activity; you are!
- If you are not dressed appropriately, **you will lose 5 points per day**. If you are not dressed safely, you will not be allowed to participate and will be considered absent.

Please dress appropriately for the designated activity **EVERY DAY**. If in doubt, wear workout clothes. ALWAYS wear athletic footwear.

#### Course Policies:

1. Students are expected to **be in class on time**, ready to participate.
2. Each tardy will result in a 5 point deduction from the final grade. You must be in class every day. **If you are more than 10 minutes late, you will be considered absent. Leaving before class is over is the same as arriving late.**
3. An “excused absence” is defined as a documented university approved activity. The instructor reserves the right to change the content or format of all make-up

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work. The student is responsible for making up missed work. If the absence is for one of the reasons listed below, you will be able to make up the work (within two business days or at the instructor's convenience). To reserve this right, you **MUST** provide written documentation on the day of your return to class (a copy that I can keep). Please notify me ahead of time if you know you will be absent.

- Participation in an activity appearing on the University's authorized activity list.
  - Death or major illness in a student's immediate family.
  - Illness of a dependent family member
  - Participation in legal proceedings or administrative procedures that require a student's presence.
  - Religious Holy Day
  - Illness that is too severe or contagious for the student to attend class (to be determined by Health Center or off campus physician)
  - Required participation in military duty
4. Any student missing an exam, test, or assignment without prior arrangement will receive a score of zero.
  5. **YOU MUST** be familiar with D2L; familiarize yourself with the online portion of this class.
  6. You **MUST** check your e-mail (LEO) regularly in case I need to communicate with you. I will not e-mail you junk, and I request that you do the same for me. While you are in class, I expect you to participate. That means that you should actively prepare by reading the assigned materials, b) TALK (ask and answer questions), c) bring your notes and textbook, d) bring your ideas, and e) refrain from anything that is not class-related during class (newspaper, reading for another class, text messages, etc). Students who choose to disrupt class by not participating will be asked to leave. **CELL PHONES AND ALL OTHER ELECTRONIC DEVICES MUST BE TURNED OFF AND OUT OF SIGHT.** This is a zero-tolerance policy. If you use a cell phone or other electronic device during class, **you will lose 5 points per occurrence.**
  7. **DUE DATES:** The due dates listed for assignments are the **LAST** chance to submit them. Please turn in your work early. I **DO NOT** accept late assignments.
  8. If you have a question or concern, TALK to me. I am here to help. If you need to reach me and I am not in my office, e-mail me.

There **MAY** be opportunities for you to earn extra credit points. I will announce any opportunities in class. Do not ask if you can do something for extra credit that is not provided as an opportunity to the entire class. The answer will be "no."

### **Syllabus Change Policy**

The syllabus is a guide. Circumstances and events, such as student progress, may make it necessary for the instructor to modify the syllabus during the semester. Any changes made to the syllabus will be announced in advance.

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## **University Specific Procedures**

### **Student Conduct**

All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment. The Code of Student Conduct is described in detail in the [Student Guidebook](#).

<http://www.tamuc.edu/Admissions/oneStopShop/undergraduateAdmissions/studentGuidebook.aspx>

Students should also consult the Rules of Netiquette for more information regarding how to interact with students in an online forum: [Netiquette](#)

<http://www.albion.com/netiquette/corerules.html>

### **TAMUC Attendance**

For more information about the attendance policy please visit the [Attendance](#) webpage and [Procedure 13.99.99.R0.01](#).

<http://www.tamuc.edu/admissions/registrar/generalInformation/attendance.aspx>

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/academic/13.99.99.R0.01.pdf>

### **Academic Integrity**

Students at Texas A&M University-Commerce are expected to maintain high standards of integrity and honesty in all of their scholastic work. For more details and the definition of academic dishonesty see the following procedures:

[Undergraduate Academic Dishonesty 13.99.99.R0.03](#)

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/undergraduates/13.99.99.R0.03UndergraduateAcademicDishonesty.pdf>

[Graduate Student Academic Dishonesty 13.99.99.R0.10](#)

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/graduate/13.99.99.R0.10GraduateStudentAcademicDishonesty.pdf>

### **ADA Statement**

#### **Students with Disabilities**

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:

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## **Office of Student Disability Resources and Services**

Texas A&M University-Commerce

Gee Library- Room 162

Phone (903) 886-5150 or (903) 886-5835

Fax (903) 468-8148

Email: [studentdisabilityservices@tamuc.edu](mailto:studentdisabilityservices@tamuc.edu)

Website: [Office of Student Disability Resources and Services](#)

<http://www.tamuc.edu/campusLife/campusServices/studentDisabilityResourcesAndServices/>

### **Nondiscrimination Notice**

Texas A&M University-Commerce will comply in the classroom, and in online courses, with all federal and state laws prohibiting discrimination and related retaliation on the basis of race, color, religion, sex, national origin, disability, age, genetic information or veteran status. Further, an environment free from discrimination on the basis of sexual orientation, gender identity, or gender expression will be maintained.

### **Campus Concealed Carry Statement**

Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in Texas A&M University-Commerce buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and A&M-Commerce Rule 34.06.02.R1, license holders may not carry a concealed handgun in restricted locations.

For a list of locations, please refer to the [Carrying Concealed Handguns On Campus](#) document and/or consult your event organizer.

Web url:

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/34SafetyOfEmployeesAndStudents/34.06.02.R1.pdf>

Pursuant to PC 46.035, the open carrying of handguns is prohibited on all A&M-Commerce campuses. Report violations to the University Police Department at 903-886-5868 or 9-1-1.

### **Assumption of Risk**

I hereby waive any claim I may have as a result of my participation in the above mentioned course. I hereby agree to indemnify, defend, and hold harmless the State of Texas, the Texas A&M University System, Texas A&M University - Commerce, and the Department of Health and Human Performance, and all of the officers, trustees, directors, agents, representatives, and employees of the foregoing entities against any and all claims, including attorneys' fees and costs, which may be brought against any of them by anyone claiming to have been injured as a result of my participation in the this course.

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## COURSE OUTLINE / CALENDAR

Week	Date	Activity/Games	Location	Assignments
1	1/13 – 1/17	Introduction Doping Case Studies	TBA – NHS Gym? TBA – NHS Gym?	
2	1/20 – 1/24	Volleyball/Basketball	NHS Gym	
3	1/27 – 1/31	Volleyball/Basketball	NHS Gym	
4	2/3 – 2/7	Tchoukball	NHS Gym	
5	2/10 – 2/14	Team Handball	NHS Gym	
6	2/17 – 2/21	Floor Hockey	NHS Gym	
7	2/24 – 2/28	Kick Ball / Dodge Ball	NHS Gym	
8	3/2 – 3/6	Soccer	NHS Gym	
	<b>3/9 – 3/13</b>	<b>SPRING BREAK – NO CLASSES</b>		
9	3/16 – 3/20	Soccer	Cain Intramural Fields	
11	3/23 – 3/27	Cricket Games	Cain Intramural Fields	
12	3/30 – 4/3	Cricket Games	Cain Intramural Fields	
13	4/6 – 4/10	Rugby	Cain Intramural Fields	
14	4/13 – 4/17	Rounders	Cain Intramural Fields	
15	4/20 – 4/24	Ultimate Frisbee	Cain Intramural Fields	
16	4/27 – 5/1	<b>Culture and Sport Presentations Due – NHS Gym?</b>		
	<b>5/2 – 5/8</b>	<b>FINALS WEEK</b>		

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