

#### **School of Social Work**

## SWK 501 Generalist Practice with Individuals, Families and Small Groups

#### Fall 2019 - ONLINE

According to State of Texas HB 2504, this course syllabus must be submitted for review prior to the course's scheduled start date. Therefore, the instructor has the right to modify this syllabus and course calendar at any time between submission for publication and the first day of class. Furthermore, the instructor has the right to modify the syllabus as any time during the course provided (1) such changes do not increase expectations or requirements beyond a reasonable equivalent and (2) students must be given ample notice of any changes

Instructor: Dr. Brenda Moore, LMSW-AP

Office Location: Hen. 308 (Commerce)

Office Hours: Mon 1-5pm, Tue 2-4:30 pm, Th 2-3:30 pm

Contact Information: Brenda.moore@tamuc.edu

Overview of Course

#### **Course Description**

This practice course provides students with an understanding of and experience with social work practice skills, values, and knowledge within the context of a strengths perspective. Students will learn problem-solving skills, empowerment based practice skills, relationship building, and data gathering skills as they relate to all client systems, but particularly individuals, families, and small groups. Content on diversity and working with populations at risk will be presented throughout the course. Role play, video tapes, and written assignments will be utilized. Prerequisite: Admission to the MSW program

**Course Objective(s)** 

- 1. Provide an overview of social work profession, including key concepts, roles and functions of social work and social workers
- 2. Provide a foundation of knowledge of social work values and ethical principles
- 3. Provide an overview of practice frameworks, theories, models, including the role of evidence-based practice
- 4. Provide an overview of basic helping skills and techniques appropriate forgeneralist practice
- 5. Provide an overview of techniques used throughout the planned change process, including intake and engagement, data collection and assessment, planning and contracting, intervention and monitoring, and evaluation and termination
- 6. Highlight special techniques appropriate for working with vulnerable and diverse populations

## **Relationship to Other Courses**

This course teaches foundation content that provides knowledge of human behavior and social systems. It introduces students to professional values and ethics, particularly the NASW Code of Ethics. During the last week few weeks of the semester, students will be introduced to beginning issues related to the field internship.

#### PROGRAM GOALS:

- 1. Prepare students for competent and effective generalist social work practice with diverse client systems.
- 2. Provide students with a foundation of knowledge for professional development, graduate education and lifelong learning
- 3. Develop student capability to improve human service delivery systems and promote social justice
- 4. Socialize student to the profession of social work

#### **CORE COMPETENCIES**

Council on Social Work Education (CSWE) requires a competency-based approach to identify and assess what students demonstrate in practice. In social work, this approach involves assessing students' ability to demonstrate the competencies identified in the educational policy.

Students to achieve programmatic goals listed above through demonstration the following nine competencies for generalist- level practice.

# Competency 2.1.1 Identify as a professional social worker and conduct oneself accordingly

- Competency 2.1.2 Apply social work ethical principles to guide professional practice
- Competency 2.1.3 Apply Critical thinking to inform and communicate professional judgments
- Competency 2.1.4 Engage diversity and difference in practice
- Competency 2.1.5 Advance human rights and social and economic justice
- Competency 2.1.6 Engage in research-informed practice and practice-informed research
- Competency 2.1.7 Apply knowledge of human behavior and the social environment
- Competency 2.1.8 Engage in policy practice to advance well-being and deliver services
- Competency 2.1.9 Respond to contexts that shape practice

# Competency 2.1.10 (a)-(d) Engages, assesses, intervenes and evaluates individual, families, groups, organizations, and communities

#### **Practice Behaviors**

Each competency (outlined above) describes the knowledge, values, skills and cognitive and affective processes that compromise the competency at the generalist level of practice. While content and activities of each course in the BSW curriculum covertly or overtly addresses each of the nine competencies, integrated into each course is a set of behaviors (practice behaviors) representing observable components of one for more competencies. Course content and assessment reflect the bolded competencies and the following practice behaviors:

- 2.1.1.3 Practices personal reflection and self-correction to assure continual professional development
- 2.1.1.4 Attends to professional roles and boundaries
- 2.1.1.6 Uses supervision and consultation effectively
- 2.1.10[a].1 Substantively and effectively prepares for action with individuals, families, groups, organizations and communities
- 2.1.10[a].2 Uses empathy and other interpersonal skills
- 2.1.10[a].3 Develops a mutually agreed-on focus of work and desired outcomes
- 2.1.10[b].2 Assess client's strengths and limitations

- 2.1.10[b].3 Develops mutually agreed-on intervention goals and objectives
- 2.1.10{c].3 Helps clients resolve problems

#### Course Structure

#### **Texts and Associated Materials**

#### Required Texts:

Cummins, L.K., & Sevel, J.A. (2017). Social Work Skills for Beginning Direct Practice (4<sup>th</sup> ed.).

Boston: Pearson. **Required to purchase access to REVEL** to use ONLINE TEXT and all digital supplements available through REVEL.

## **Requested Supplemental Text:**

Sheafor, B.W., & Horejsi, C.R. (2015). Techniques and guidelines for social work Practice (10<sup>th</sup> ed). Boston: Allyn & Bacon. Available as eText.

## **Additional Readings Suggested:**

American Psychological Association. (2009). *Publication Manual of the American Psychological Association* (6th ed.). Washington, D.C.: American Psychological Association.

#### **Overview of Course Assignments**

1. Literature Review over assigned Practice Theory or Model – 100 points (25%)

Complete a scholarly paper which is a small Literature Review over your assigned theory. DO NOT plagiarize – I will be using TurnItIn as a check for this. Learning to paraphrase is a critical writing skill that you will use throughout the MSW program and it's various assignments. Plagiarized papers will receive 0 points for the assignment.

- 2. Revel quizzes, and various activities assigned in Revel or class -100 points (25%)
- 3. Simulation of Client Assessment 100 points (25%)

Interview someone whom you do not know personally or well (maybe someone from work or social organization such as church). DO NOT interview another student from your classes. Following the outline of questions (TBD), write a complete assessment.

4. Comprehensive Final Exam – 100 points (25%)

Last day of class

### 5. OPTIONAL BONUS POINTS: Interview a Social Worker worth UP TO 25 points

Complete an interview (phone or face to face) with a social worker (who you do not know) practicing in an area in which you do not work, or are not familiar. Following the outline of questions (TBD), write a summary of the interview responses.

Due: Last day of class

## **Grading Scale**

The grading scale is based on a percentage of available points (90% = A, 80% = B); any change in available points will result in a corresponding change in the grading scale.

360 - 400 points = (90%) A

320 - 359 points = (80%) B

280 - 319 points = (70%) C

> 279 – Don't go here!

#### **POLICY ON DUE DATES:**

All assignments are due **at the beginning** of the class period on the due date stated in the Course Schedule. Late assignments will automatically have 5 points deducted from the grade per day beginning with the due date and each day thereafter. <u>ASSIGNMENTS</u> <u>WILL NOT BE ACCEPTED AFTER ONE WEEK</u> past the due date. (Assignments due at the beginning of class on Thursday will not be accepted after class begins the following Thursday). Please do not email an assignment to me unless you have received prior permission. It is easy to "lose" an email or have trouble opening attachments.

#### **WRITTEN ASSIGNMENTS:**

All written assignments must demonstrate acceptable writing style, including the use of Standard English, acceptable grammar, and the use of the American Psychological Association (APA) style of reference citation.

Part of the grading process will include an evaluation of presentation, including clarity, coherence, logic and organization of the assignment. All assignments must be typewritten, using double-spacing and standard margins. It is the student's responsibility to ensure the paper is in the possession of the instructor by the designated time. Any papers left in the mailbox or any other place are not the instructor's responsibility. At the

discretion of the instructor, it may be required to submit written assignments via "Turn-It-In", a program utilized to determine instances of plagiarism. Below is a partial list of factors that are addressed in the grading process:

- Any error in APA reference or citation format from the 6<sup>th</sup> edition
- · Lack of quotation marks at the beginning and end of all direct quotes
- Extra or missing punctuation (i.e. commas, semi-colons, colons, periods)
- Incomplete sentences (i.e., sentences without a verb)
- Run-on sentences (i.e., sentences that run together without appropriate punctuation and capitalization delineating each sentence)
- Incorrect spelling
- Inappropriate and inconsistent verb tense
- · Lack of noun-verb agreement
- Incorrect use of capitalization (e.g., social work is generally not capitalized)
- Incorrect use of possessives (examples of correct use are Shawn's book, the parents' child)
- Any contractions (e.g., I'm, can't, won't), except in direct quotes from another source

## Student Rights and Responsibilities

"Civility in face-to-face classrooms, online courses and in labs, internships, practicum and all other academic settings necessitate respect for the opinions of others and is very important in all academic settings. It is likely you may not agree with everything that happens or discussed in the academic setting; however, courteous behavior and responses are expected. To create a civil and preserve learning environment that optimizes teaching and learning, all participants share a responsibility in creating a civil and non-disruptive forum" (Student Guide Book, p35). To create an optimum learning environment, students have rights and responsibilities.

## **Student Rights**

## As set forth in Texas A&M University System Policy 13.02

The rights of students are to be respected. These rights include respect for personal feelings; freedom from indignity of any type, freedom from control by any person except as may be in accord with published rules of the system academic institutions, and conditions allowing them to make the best use of their time and talents toward the objectives, which brought them to the system academic institutions. No officer [university faculty, employee] or student, regardless of position in rank, shall violate those rights, any custom, tradition or rule.

Students are expected at all times to recognize constituted authority, to conform to the ordinary rules of good conduct, to be truthful, to respect the rights of others, to protect private and public property, and to make the best use of their time toward an education.

#### Students with Disabilities

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:

### Office of Student Disability Resources and Services

Texas A&M University-Commerce Gee Library - Room 162 Phone (903)886-5150 or (903) 886-5853 Fax (903) 468-8148 StudentDisabilityServices@tamuc.edu

#### **Students Responsibilities**

## **Class Attendance and Participation Policy**

- Class participation has three components: (1) appropriate interactions with classmates;
   (2) active involvement in class activities and (3) attentiveness
- Students will attend class, reflecting responsibility, inherent in the development as a social work professional. Being on time and prepared when class begins and remaining present throughout the entire class meeting demonstrates emerging professional behavior expected in social work graduates. Roll is taken in each class to document students' attendance.
- ➤ Classroom exercises, discussions, role-plays, guest speakers and other in-class experimental exercises are essential for a student's professional learning and continued development of self-awareness. Tardiness (or early departure) of more than 15 minutes will count as one-half absence and two (2) times being late to class or two (2) early departures culminating into one absence.
- A student is absent if he/she arrives more than 30 minutes late to class, leaves 30 minutes early or does not come to class.
- ➤ The following penalties for absences (unexcused, or excused, according to university policy) will be administered:

<u>Weekly</u>	<u>Up to 2</u> absences: No Penalty	3 absences: 1 letter grade drop	4 absences: Class grade of "F"	
(class meets				
1X week)				
Bi-Weekly (class meets	Up to 3 absences: No Penalty	4 absences: 1 Letter grade drop	5 absences: 1 Letter grade drop	6 absences: Class grade of "F"
2X week)				
Summer 10-week	Up t o 1 absence: No Penalty	2 Absences: 1 Letter grade drop	3 absences: Clas	s grade of "F"

<u>Online, Blended and Web Enhanced Classes:</u> Just as students are required to attend face-to-face classes, students are required to log in and participate in online venues. To receive credit for attendance online via eCollege, students must log in and complete assignments as required in the course. Not logging onto eCollege (monitored by the instructor) and completing assignments online during the required time is the equivalent of an absence for each week this occurs.

#### Final Evaluation and Grade Depends on both Classroom attendance and Participation

Inadequate participation or lack of required time commitment in each class significantly affects students' grades. No matter the course venue, students must engage in a comparable amount of time. Expectations of both Face-to-Face classes and those with Online components include time spent reading and studying course material.

## **Student Conduct**

Students preparing to become professional social workers must adhere to the *University Code* of Conduct, Department Code of Conduct and National Association of Social Workers' (NASW) Code of Ethics.

**University Code of Conduct** *located in the Student Guide Book at*http://www.tamuc.edu/campuslife/documents/studentGuidebook.pdf (pp 34- 66). On the

University Website under Campus Life Documents

To become aware of University policies related to student academic and behavioral expectations for students refer to the Guidebook.

## **Department Code of Conduct**

"Faculty have the authority to request students who exhibit inappropriate behavior to leave the class/lab/internship practicum or to block access to online courses and may refer offenses to the [Academic and Professional Issues Committee (API)] or to the Department Head. More serious offences by be referred to the University Police Department and/or the Judicial Affairs Office for disciplinary action" (Student Guidebook p 35)

Social Work students conduct themselves in an ethical and professional manner. Closely linked with professional recognition is the social worker's compliance with the profession's ethical standards. It is imperative for professional social workers to be competent and ethical in practice if the profession is to maintain the public trust. It is essential that each social work student gain a thorough understanding of the ethical principles that guide practice and actively demonstrate in behavior, both in and out of the classroom. Student conduct is to reflect the tenets of *NASW Code of Ethics* (located at <a href="https://www.socialworkers.org/pubs/code/code.asp">https://www.socialworkers.org/pubs/code/code.asp</a> ) on the NASW website: <a href="https://www.socialworkers.org">https://www.socialworkers.org</a>

#### **Campus Concealed Carry**

Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in Texas A&M University-Commerce buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and A&M-Commerce Rule 34.06.02.R1, license holders may not carry a concealed handgun in restricted locations. For a list of locations, please refer to

((<a href="http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/34S">http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/34S</a> afetyOfEmployeesAndStudents/34.06.02.R1.pdf) and/or consult your event organizer). Pursuant to PC 46.035, the open carrying of handguns is prohibited on all A&M-Commerce campuses. Report violations to the University Police Department at 903-886-5868 or 9-1-1.

#### **Plagiarism and Academic Dishonesty**

There is an expectation of maintaining high standards of integrity and honesty by all Social

Work Graduate students at Texas A&M University-Commerce. Faculty and staff are expected to uphold and support student integrity and honesty by maintaining conditions that encourage and enforce academic honesty. <u>Conduct that violates generally accepted standards of academic honesty is academic dishonesty</u>.

The School of Social Work follows University Procedure 13.99.99.R0.10 Graduate Student Academic Dishonesty (available at

http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/graduate/13.99.99.R0.10GraduateStudentAcademicDishonesty.pdf )

Students are expected to read and understand the University's Academic Dishonesty Policy

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The Office of the Provost documents and maintains a record of all incidents of academic dishonesty. Multiple incidents of academic dishonesty will result in a student's dismissal from the program and from the University.

A student how fails to meet the professional expectation of the field of Social Work may be suspended from further study by the School of Social Work.

#### **TECHNOLOGY REQUIREMENTS**

#### **Browser support**

D2L is committed to performing key application testing when new browser versions are released. New and updated functionality is also tested against the latest version of supported browsers. However, due to the frequency of some browser releases, D2L cannot guarantee that each browser version will perform as expected. If you encounter any issues with any of the browser versions listed in the tables below, contact D2L Support, who will determine the best course of action for resolution. Reported issues are prioritized by supported browsers and then maintenance browsers.

Supported browsers are the latest or most recent browser versions that are tested against new versions of D2L products. Customers can report problems and receive support for issues. For an optimal experience, D2L recommends using supported browsers with D2L products.

Maintenance browsers are older browser versions that are not tested extensively against new versions of D2L products. Customers can still report problems and receive support for critical issues; however, D2L does not guarantee all issues will be addressed. A maintenance browser becomes officially unsupported after one year.

## Note the following:

- Ensure that your browser has JavaScript and Cookies enabled.
- For desktop systems, you must have Adobe Flash Player 10.1 or greater.
- The Brightspace Support features are now optimized for production environments when using the Google Chrome browser, Apple Safari browser, Microsoft Edge browser, Microsoft Internet Explorer browser, and Mozilla Firefox browsers.

## **Desktop Support**

Browser	Supported Browser Version(s)	Maintenance Browser Version(s)
Microsoft® Edge	Latest	N/A
Microsoft® Internet Explorer®	N/A	11
Mozilla® Firefox®	Latest, ESR	N/A
Google® Chrome™	Latest	N/A
Apple® Safari®	Latest	N/A

## **Tablet and Mobile Support**

Device	Operating System	Browser	Supported Browser Version(s)
Android™	Android 4.4+	Chrome	Latest
Apple	iOS <sup>®</sup>	Safari, Chrome	The current major version of iOS (the latest minor or <b>point</b> release

			of that major version) and the previous major version of iOS (the latest minor or <b>point</b> release of that major version). For example, as of June 7, 2017, D2Lsupports iOS 10.3.2 and iOS 9.3.5, but not iOS 10.2.1, 9.0.2, or any other version.  Chrome: Latest version for the iOS browser.
Windows	Windows 10	Edge, Chrome, Firefox	Latest of all browsers, and Firefox ESR.

- You will need regular access to a computer with a broadband Internet connection. The minimum computer requirements are:
  - o 512 MB of RAM, 1 GB or more preferred
  - o Broadband connection required courses are heavily video intensive
  - o Video display capable of high-color 16-bit display 1024 x 768 or higher resolution
- For YouSeeU Sync Meeting sessions <u>8 Mbps</u> is required. Additional system requirements found here: <a href="https://support.youseeu.com/hc/en-us/articles/115007031107-Basic-System-Requirements">https://support.youseeu.com/hc/en-us/articles/115007031107-Basic-System-Requirements</a>
- You must have a:
  - Sound card, which is usually integrated into your desktop or laptop computer
  - o Speakers or headphones.
  - \*For courses utilizing video-conferencing tools and/or an online proctoring solution, a webcam and microphone are required.
- Both versions of Java (32 bit and 64 bit) must be installed and up to date on your machine.

At a minimum Java 7, update 51, is required to support the learning management system. The most current version of Java can be downloaded at: <a href="mailto:JAVA web site">JAVA web site</a> <a href="http://www.java.com/en/download/manual.jsp">http://www.java.com/en/download/manual.jsp</a>

• Current anti-virus software must be installed and kept up to date.

Running the browser check will ensure your internet browser is supported.

Pop-ups are allowed.

JavaScript is enabled.

Cookies are enabled.

- You will need some additional free software (plug-ins) for enhanced web browsing. Ensure that you download the free versions of the following software:
  - Adobe Reader https://get.adobe.com/reader/
  - Adobe Flash Player (version 17 or later) https://get.adobe.com/flashplayer/
  - Adobe Shockwave Player https://get.adobe.com/shockwave/
  - Apple Quick Time http://www.apple.com/quicktime/download/
- At a minimum, you must have Microsoft Office 2013, 2010, 2007 or Open Office. Microsoft Office is the standard office productivity software utilized by faculty, students, and staff. Microsoft Word is the standard word processing software, Microsoft Excel is the standard spreadsheet software, and Microsoft PowerPoint is the standard presentation software. Copying and pasting, along with attaching/uploading documents for assignment submission, will also be required. If you do not have Microsoft Office, you can check with the bookstore to see if they have any student copies.

#### **ACCESS AND NAVIGATION**

You will need your campus-wide ID (CWID) and password to log into the course. If you do not know your CWID or have forgotten your password, contact the Center for IT Excellence (CITE) at 903.468.6000 or helpdesk@tamuc.edu.

**Note:** Personal computer and internet connection problems do not excuse the requirement to complete all course work in a timely and satisfactory manner. Each student needs to have a backup method to deal with these inevitable problems. These methods might include the availability of a backup PC at home or work, the temporary use of a computer at a friend's home, the local library, office service companies, Starbucks, a TAMUC campus open computer lab, etc.

#### **COMMUNICATION AND SUPPORT**

## **Brightspace Support**

#### Need Help?

#### **Student Support**

If you have any questions or are having difficulties with the course material, please contact your Instructor.

## **Technical Support**

If you are having technical difficulty with any part of Brightspace, please contact Brightspace Technical Support at 1-877-325-7778 or click on the **Live Chat** or click on the words "click here" to submit an issue via email.



#### **System Maintenance**

D2L runs monthly updates during the last week of the month, usually on Wednesday. The system should remain up during this time unless otherwise specified in an announcement. You may experience minimal impacts to performance and/or look and feel of the environment.