

# COUN 528: INTRODUCTION TO GROUP DYNAMICS AND PROCEDURES

Course Syllabus: Fall, 2019 8/26/19 – 12/13/19, Thursday, 4:30 – 7:10 pm, CHEC

# **INSTRUCTOR INFORMATION**

Instructor: Rochelle Ritzi, PhD, LPC-S, NCC, RPT-S, CCPT-S, CPRT-S Office Location: CHEC Office Hours: Thursday 12:00-4:00 pm by appointment only University Email Address: Rochelle.Ritzi@tamuc.edu Preferred Form of Communication: email Communication Response Time: 4-5 hours Mon-Fri

# **COURSE INFORMATION** Materials – Textbooks, Readings, Supplementary Readings

#### **Required Textbook**

Corey, M. S., Corey, G., & Corey, C. (2014). *Groups: Process and practice* (9<sup>th</sup> ed.). Belmont, CA: Brooks/Cole.

#### **Required Supplemental Readings**

American Counseling Association. (2014). *ACA Codes of Ethics*. Alexandria, VA: Author. Retrieved from <u>https://www.counseling.org/docs/default-source/default-document-library/2014-code-of-ethics-finaladdress.pdf?sfvrsn=96b532c\_2</u>

Handbook for Master's Counseling Program http://www.tamuc.edu/academics/colleges/educationHumanServices/counseling/Forms.aspx

Note: This course will use D2L as a Learning Management System

\*\*Other readings as assigned—See Supplemental Reading List Appendix D

# **COURSE DESCRIPTION**

#### **Catalogue Description of the Course**

*COUN 528. Introduction to Group Dynamics and Procedures.* Three Semester Hours. A study of group development, dynamics, and theories in relation to group counseling. Leadership styles, techniques and roles are explored, and ethical issues related to group interventions are discussed. Prerequisite: COUN 510 or consent of instructor.

#### **General Course Information**



As one of the core courses in the TAMU-Commerce Counseling Program, this course should be taken early in the student's program, but not first. The course includes studies that provide both theoretical and experiential understandings of group purpose, development, dynamics, counseling theories, group counseling methods and skills, and other group approaches. A grade of "B" or higher must be earned in COUN 501, 510, 528, and 516 for admission to candidacy status (or its equivalent for those seeking school counselor certification only), which is required before practicum (COUN 551).

#### **Student Learning Outcomes**

Core Standard	Learning Activity or Assignment	Assessment
II.G.6.a. Principles of group	Lecture, Readings,	Class Participation &
dynamics, including group	Discussion, & Guided	Attendance Rubric, Weekly
process components,	Practice, Small Group	Journal Rubric, Movie
developmental stage	Activity, Chapters 1-9 (Corey,	Review Rubric
theories, group members'	Corey & Corey 2014)	
roles and behaviors, and		
therapeutic factors of group		
work.		
II.G.6.b. Group leadership	Lecture, Readings,	Class Participation &
or facilitation styles and	Discussion, & Guided	Attendance Rubric, Weekly
approaches, including	Practice, Small Group	Journal Rubric, Movie
characteristics of various	Activity, Chapters 1&2	Review Rubric
types of group leaders and	(Corey, Corey & Corey 2014)	
leadership styles.		
II.G.6.c. Theories of group	Lecture, Readings,	Class Participation &
counseling, including	Discussion, & Guided	Attendance Rubric, Weekly
commonalities,	Practice, Small Group	Journal Rubric, Movie
distinguishing	Activity, Chapters 2,4, 10	Review Rubric
characteristics, and	&11 (Corey, Corey & Corey	
pertinent research and	2014)	
literature.		
II.G.6.d. Group counseling	Lecture, Readings,	Class Participation &
methods, including group	Discussion, & Guided	Attendance Rubric, Weekly
counselor orientations and	Practice, Small Group	Journal Rubric, Movie
behaviors, appropriate	Activity, Chapters 4 & 5	Review Rubric
selection criteria and	(Corey, Corey & Corey 2014)	
methods, and methods of		
evaluation of effectiveness.		

#### 2009 CACREP Standards Addressed in COUN 528



II.G.6.e. Direct experiences in which students participate as group members in a small group activity, approved by the program for a minimum of 10 clock hours over the course of one academic term.	Lecture, Readings, Discussion, & Guided Practice, Small Group Activity, Chapter 3 (Corey, Corey & Corey 2014), 10 clock hours: Small Group Activity	Class Participation & Attendance Rubric, Weekly Journal Rubric, Movie Review Rubric
II.G.1.j. Ethical standards of professional organizations and credentialing bodies, and applications of ethical and legal considerations in professional counseling.	Lecture, Readings, Discussion, & Guided Practice, Small Group Activity, Chapter 3 (Corey, Corey & Corey 2014) 2014 ACA Code of Ethics	Class Participation & Attendance Rubric, Weekly Journal Rubric, Movie Review Rubric
II.G.5.b. Counselor characteristics and behaviors that influence helping processes.	Lecture, Readings, Discussion, & Guided Practice, Small Group Activity, Chapters 1&2 (Corey, Corey & Corey 2014)	Class Participation & Attendance Rubric, Weekly Journal Rubric, Movie Review Rubric
CMHC Standard	Learning Activity or Assignment	Assessment
	100018	
C3. Knows the models, methods, and principles of program development and service delivery (e.gl, support groups, peer facilitation training, parent education, self-help).	Lecture, Readings, Discussion, & Guided Practice, Small Group Activity, Chapters 1 & 3 (Corey, Corey & Corey 2014), <b>Key Assignment 21:</b>	Class Participation & Attendance Rubric, Weekly Journal Rubric, Key Assessment 21: Group Paper Rubric
methods, and principles of program development and service delivery (e.gl, support groups, peer	Lecture, Readings, Discussion, & Guided Practice, Small Group Activity, Chapters 1 & 3 (Corey, Corey & Corey	Attendance Rubric, Weekly Journal Rubric, Key Assessment 21: Group
<ul> <li>methods, and principles of program development and service delivery (e.gl, support groups, peer facilitation training, parent education, self-help).</li> <li>C5. Understands the range of mental health service delivery such as inpatient, outpatient, partial treatment and after care and the clinical mental health counseling services</li> </ul>	Lecture, Readings, Discussion, & Guided Practice, Small Group Activity, Chapters 1 & 3 (Corey, Corey & Corey 2014), <b>Key Assignment 21:</b> <b>Group Paper</b> Lecture, Readings, Discussion, & Guided Practice, Small Group Activity, Chapters 10 & 11 (Corey, Corey & Corey	Attendance Rubric, Weekly Journal Rubric, <b>Key</b> Assessment 21: Group Paper Rubric Class Participation & Attendance Rubric, Weekly Journal Rubric, Group Paper



counseling and wellness	Practice, Small Group	Journal Rubric, Group Paper
programs for individual	Activity, Chapters 4 & 10	Rubric
students and groups of	(Corey, Corey & Corey	
students.	2014), Group Paper	
C5. Understands group	Lecture, Readings,	Class Participation &
dynamics including	Discussion, & Guided	Attendance Rubric, Weekly
counseling,	Practice, Small Group	Journal Rubric, Key
psychoeducational, task,	Activity, Chapters 1 & 10	Assessment 21: Group
and per helping groupsand	(Corey, Corey & Corey	Paper Rubric
the facilitation of teams to	2014), Key Assignment 21:	
enable students to overcome	Group Paper	
barriers and impediments to		
learning.		

# Content Areas include, but are not limited to, the following:

- I. Group dynamics
  - A. Group process components
  - B. Developmental stage theories
  - C Group members' roles and behaviors
  - D. Therapeutic factors of group work
- II. Group leadership styles and approaches
  - A. Characteristics of various types of group leaders
    - B. Leadership styles
- III. Theories of group counseling
  - A. Commonalties
  - B. Distinguishing characteristics
  - C. Pertinent research and literature
- IV. Group counseling methods
  - A. Group counselor orientations and behaviors
  - B. Appropriate selection criteria and methods
  - C. Methods of evaluation of effectiveness
- V. Approaches used for other types of group work
  - A. Task groups
  - B. Psychoeducational groups
  - C. Therapy groups
- VII. Professional preparation standards for group leaders
- VIII. Ethical and legal considerations related to group work

# **TEXES** Competencies Related to this Course (*TEXES is the state examination required for school counselor certification.*)



Competency 001 (Human Development). The school counselor understands processes of human development and applies this knowledge to provide a developmental guidance program, including counseling services, that meets the needs of all students.

Competency 002 (Student Diversity). The school counselor understands human diversity and applies this knowledge to ensure that the developmental guidance and counseling program is responsive to all students.

Competency 006 (Counseling). The school counselor understands how to provide effective counseling services to individuals and small groups.

Competency 010 (Professionalism). The school counselor understands and complies with ethical, legal, and professional standards relevant to the profession.

# **COURSE REQUIREMENTS**

# **Minimal Technical Skills Needed**

In this class, you will utilize the Learning Management System (LMS) entitled D2L for portions of instructional and learning methods and submitting assignments. You will need to utilize other technologies such as Microsoft Word, PowerPoint, etc. If you have issues with this system, it is your responsibility to contact the help desk immediately.

# **Instructional Methods**

This course consists of lecture, discussion, experiential, reading and writing assignments, guided practice and role-plays, in-class activities, and other experiential activities- course is web enhanced. Self-reflection, self-evaluation, and offering and receiving feedback are also important instructional methods in this course.

In addition to other requirements, this course involves an experiential component of at least 10 hours designed as training for group membership and leadership. The group experiences are not designed to substitute for therapy.

#### **Client Role**

You will be in a client role and in a counselor role in different role-plays and activities in this course. These roles are essential and mandatory to your learning, demonstration, and assessment of basic counseling skills. If you are not prepared to engage in these roles, you are recommended to drop this course, as it will negatively influence your grade. What you share in these role-plays (or real-plays) is entirely up to you and your comfort level. As such, all students are held to the highest privacy and confidentiality standards and must abide by the current ACA code of ethics. You have the right and personal responsibility to share only as deeply as you want. At the same time, if you find yourself not wishing to engage in these exercises, you may prefer to drop the course. See appendix D.

#### **Small Group Experience (10 clock hours group participation)**



Students will gain experience as group members through participation in 10 clock hours of departmentally approved experiential small group activity during one academic term.

You will also facilitate a counseling group in classroom role-play situations. You are to meet with your co-leader and plan your session. You will conduct a counseling group in classroom role-play situations. You are to have enough exercises/ techniques to process a 60-minute group. The group is to have time for an opening, an exercise, processing the exercise, and termination. You will have to plan your time carefully. A handout that summarizes the content of the group is required. Please print enough copies to distribute to classmates and the course instructor. A debriefing will follow each group session for the leaders. The debriefing is to take no longer than 15 minutes.

Group leaders and group members will undertake every reasonable assurance of confidentiality. The group experiences are not designed to substitute for therapy.

#### The Focus of the Small Groups

The purpose of this course is to teach you about the functioning of groups. The bias of the instructor is that YOU are the most important component in the group process -- not merely you as a technician. Thus, the focus of the course is on how you bring yourself as a person into your small groups. The purpose of these small group activity is not to provide group therapy. However, your interactions in group will hopefully be real, based upon real concerns, and the group will hopefully be therapeutic. Thus, you are expected to participate in a personal way with a focus on sharing your thoughts and feelings as it pertains to what it is like for you to be a part of your experiential group. You are expected to give feedback to others and also to listen to and consider feedback you receive from others. The focus is not so much on resolving your personal problems. Rather, the focus will be more on here-and-now issues as they emerge within the context of the small groups and exploration of any of the personal topics you bring into your group. Hopefully, this class will be therapeutic -- a catalyst for your growth and a path for increasing your awareness of yourself in a group situation. You are not expected to disclose your deepest personal concerns, yet you are expected to deal with your personal reactions to what is taking place in the here-and-now context of the unfolding of the group. It is our expectation that members will engage in risk-taking as a way of expanding personal boundaries and that each participant will take active steps to create a safe climate of support.

Each of you is expected to focus on those personal areas that have the most meaning to you, both personally and professionally. You will be asked to talk about yourself in personal ways and explore real issues that are of concern to you, yet it is up to you to decide what personal topics you want to examine.

#### **Confidentiality and Ethics**

In this course, you are entering an experience that involves a fair amount of role-playing and practice interviewing. Naturally, in the course of discussion, it is possible for a student colleague to say something personally important and confidential. It is your duty to maintain confidentiality. Confidentiality is extremely important to the integrity of this course, enrolling in



this course carries with it the responsibility to maintain confidentiality. Confidentiality cannot be guaranteed in any situation, but we are collectively accountable to maintain a safe, trusting environment throughout the course including experiential activities, and in-class conversations. While it can be compelling to share personal information about class members with others, all students are bound by the ACA ethical code of confidentiality with respect to any material shared by other members of the class. The disclosure of personal information to anyone outside this class would be considered unethical and you will face consequences for disclosing it to non-class members. Please explore any concerns you have about confidentiality during class time, after class, or via private communication with the instructor.

When students demonstrate personal limitations that might impede future performance, or consciously violate ethical standards, and are ineffective and harmful to clients, then these students will not receive the instructor's endorsement to continue with the program. (ACA Ethical Standards)

# Student Responsibilities or Tips for Success in the Course

As a student in this course, you are responsible for the active learning process. Expectations of this course include the following:

- 1. You are expected to display professionalism at all times. Be respectful of your professor and peers. Be open to feedback, as you will receive this throughout the program.
- 2. Prepare for classes. Complete any and all readings prior to class time.
- 3. Complete all assignments by the deadline.
- 4. Adhere to the university student code of conduct.
- 5. Participate. During face-to-face classes, you are expected to actively participate in all activities and discussion. In the online format, you are expected to participate in all online discussions/activities. This is crucial to your learning.
- 6. All writing assignments must be done according to APA 6<sup>th</sup> edition.
- 7. Regularly check your University email. My suggestion is to check this at least once a day as your instructors and others from the department and University may contact you.
- 8. Begin your readings ASAP. Sometimes it may take more than one attempt to digest the material.
- 9. Deadlines are the last possible moment something is due—not the first moment to start. Work ahead. I realize this may not always be possible; however, when you can, do so.
- 10. Be open to the process. This degree takes time, work, effort, and growth.

# Assignments/Assessments

\*\*Note. All assignments are to be submitted in D2L

#### 1. Class Participation & Attendance (30 points)

Due to the nature of this class, attendance and participation are essential. Participation is credited to all activities related to this course. Please be aware that being consistently late



to class can also constitute as an absence, particularly when a pattern of lateness emerges without justification.

*Note:* The quality of your participation *as a group member and as a group facilitator* in the small experiential groups, either in the demonstration groups or in the weekend supervision groups, is *not* included as a factor in grading. Although you are clearly expected to participate actively in the experiential training groups as a member, you are not graded on this component, nor are you graded on your skills in group leading. The following criteria will be used to determine participation & attendance points:

#### **Class Participation & Attendance Rubric**

3 – Exceeds Expectations (27-30 points)	Proactive participation: leading, originating, informing, challenging contributions that reflect in-depth study, thought, and analysis of the topic under consideration. This does not mean dominating discussion or self-disclosure inappropriate to the circumstances. Full attendance in the 10-hour small group experience. No more than one absence/no evident pattern of lateness
2 – Meets Expectations (24 – 26 points)	Reactive participation: supportive, follow-up contributions that are relevant and of value, but rely on the leadership and study of others, or reflect opinion/personal self-disclosure rather than study, contemplation, synthesis, and evaluation. Full attendance in the 10- hour small group experience. Two or less absences/no evident pattern of lateness
1 – Does Not Meet Expectations (0-25 points)	Passive participation: present, awake, alert, attentive, but not actively involved or invested; Or Uninvolved: absent, present but not attentive, sleeping, texting/surfing, irrelevant contributions. Absence or lateness on one or more of the 10-hour small group experience. More than two absences/pattern of lateness evident

#### 2. Key Assignment 21: Group Paper (60 points)

Students will demonstrate the ability to apply knowledge of principles of group dynamics and processes in a **25-page group paper**. In this paper, you will demonstrate the ability to apply knowledge of principles of group dynamics and processes in writing. The object of the paper is to propose a counseling group you might like to conduct in Practicum or Internship. Minimum length is 25-pages, typed and double-spaced using APA 6<sup>th</sup> edition standards and yes, a title page and a reference page (use a minimum of ten empirical sources) are included but does not count towards your page count total. The paper will include: (a) 10-page (minimum) literature review on the group topic; (b) screening, logistics, and 8-10 session plan for a counseling group in a school or agency setting; and (c) appendices containing group activities and resources.



The paper will include references from *at least* ten journal articles, in addition to texts. In addition to citing and synthesizing information from the related literature, you should specify the form and content of each group session, stating your objectives for each. Include your selection procedure and screening techniques. Identify the session(s) when individual education plans will be identified for each member, and the opportunities for subsequent follow-up on each member's progress.

Your paper should address a *group counseling* application, not a group guidance or group psychotherapy situation. It would be practical to identify a group you might actually lead in your practicum or internship field placement. *Do not* choose a suicide prevention group for your first attempt. Also avoid groups composed of all the children teachers are most happy to have absent. These "at-risk" groups of students are worthy of counseling, but frequently involve mislabeling or dual diagnoses. An example of a group paper is available in D2L. Please recognize the example does not exactly align with all the expectations of the assignment. Hence, that is why it is just an example. See Appendix A for outline. See rubric below.

	(CMH	C C3 & SC C5)	
	1 – Does Not Meet	2-Meets	3-Exceeds
	Expectations	Expectations	Expectations
	(0 - 10 points)	(10.1 - 13.4 points)	(13.5 - 15 points)
Literature	Demonstrates a lack	Demonstrates	Demonstrates
Review	of knowledge on how	knowledge on how to	exceptional
(15 points)	to appropriately	appropriately	knowledge on how to
	summarize key	summarize key	appropriately
	findings. Basic	findings but omits one	summarized key
	information missing	or two key points.	findings with no
	including statement of	Includes summary of	missing key points.
	the problem, key	basic information,	Includes summary of
	elements of the topic,	statement of the	basic information,
	Important issues	problem, key	statement of the
	faced, and discussion	elements of the topic,	problem, key
	of solutions and	Important issues	elements of the topic,
	treatment	faced, and discussion	Important issues
	implications. Not	of solutions and	faced, and discussion
	representative of	treatment	of solutions and
	graduate level work	implications.	treatment
		Representative of	implications.
		graduate level work	Representative of
		-	graduate level work
Group Session	Demonstrates a lack	Demonstrates good	Demonstrates
Plans	of knowledge on how	knowledge on how to	exceptional
(15 points)	to appropriately	appropriately	knowledge on how to
	organize and or	organize and or	appropriately

#### Key Assessment 21: Group Paper Rubric (CMHC C3 & SC C5)



	I	Γ	
	execute group	execute group	organize and or
	sessions plans.	sessions plans but	execute group
	General goals and	omits one or two key	sessions plans.
	individual goals of	points. Student's	Student's groups
	the group were not	groups general goals	general goals and
	addressed. 8-12	and individual goals	individual goals are
	session plans were	are fairly developed	clear, thorough, and
	not included.	and has well-	has well-identified
	Appendices are	identified supporting	supporting points. 8-
	missing or	points but may omit	12 session plans and
	incomplete. Not	one or two key points.	appendices were
	representative of	8-12 session plans	included, clear and
	graduate level work	and appendices were	complete.
		included. but omits	Representative of
		one or two key points.	graduate level work
		Representative of	
		graduate level work	
	1 – Does Not Meet	2 – Meets	3 – Exceeds
	Expectations	Expectations	Expectations
	(0 – 7.9 points)	(8 – 8.9 points)	(9 - 10 points)
Group	Demonstrates little to	Demonstrates good	Demonstrates
Logistics	no evidence of group	evidence of group	exceptional
(10 points)	logistics. Duration	logistics but omits	knowledge of group
	and or length of	one or two key points.	logistics. Student's
	sessions not sufficient	Student's groups	critique is clear,
	to cover topic, time	logistics are fairly	thorough, and has
	management logistics	developed and has	well-identified
	not addressed. Not	well-identified	supporting points.
	representative of	supporting points but	Representative of
	graduate level work	may omit one or two	graduate level work
		key points.	
		Representative of	
		graduate level work	
Screening	Screening was not	Screening was	Screening was
(10 points)	addressed or	addressed but missing	thoroughly addressed
	insufficiently	one or two key points;	without any missing
	addressed; screening	application was	information;
	was not relevant to	relevant to SC or	application was
	SC or CMHC	CMHC counseling;	relevant to SC or
	counseling; Not	representative of	CMHC counseling;
	representative of	graduate level work	representative of
	graduate level work	<b>~</b>	graduate level work
APA	Substantial APA	Some APA errors (3-	Little to no errors (1-2
Style/Grammar	errors (> 6 errors).	4 errors). Mostly	errors). Completely
(10 points)	Does not adhere to	adhere to APA style;	adhere to APA style;
	APA style; Poor	sufficient grammar	sufficient grammar
	grammar and	and sentence	and sentence
	sentence structure.	structure; paper is	structure; paper is



Paper is disorganized;	fairly organized; Use	well-organized; Use
omission of in-text	of in-text citations	of in-text citations
citations and	and references (if	and references (if
references (if	appropriate). Good	appropriate).
appropriate). Poor	quality indicative of	Exceptional quality
quality, not indicative	graduate level work.	indicative of graduate
of graduate level		level work.
work.		

#### 3. Movie Analysis (60 Points)

Students will demonstrate knowledge and application of key concepts in group dynamics. We will watch and review a film in class. Ability to demonstrate knowledge of basic group components based on movie analysis. Limit your paper to 12 pages typed, double spaced, twelve-point font and adhere to APA 6th edition standards and provide cover page. See Appendix B outline. See rubric below.

1 – Does Not Meet	2 – Meets	3 – Exceeds
		Expectation
*		
		(9 -10 points)
		Demonstrates
Ū.		exceptional
		knowledge the type of
summarize	summarize	group represented
components of group	components of group	within the movie with
process within the	process within the	no missing key points.
movie including key	movie including key	Includes summary of
terms and what type	terms and types of	what type of group is
of group is	groups represented in	represented in the
represented in the	the movie but omits	movie and key terms.
movie. Not	one or two key points.	Representative of
representative of	Representative of	graduate level work.
graduate level work.	graduate level work.	
Inability to identify	Able to describe	Demonstrates
and describe	behaviors observed	exceptional
leadership roles and	including leadership	knowledge behaviors
		observed including
characteristics and		leadership roles and
		member
	•	characteristics
		represented within the
-	work.	movie with no
0	· · · - ·	missing key points.
		Representative of
		graduate level work.
	process within the movie including key terms and what type of group is represented in the movie. Not representative of graduate level work. Inability to identify	Expectation $(0-7.9 \text{ points})$ Expectation $(8-8.9 \text{ points})$ Demonstrates a lack of knowledge on how to appropriately summarizeDemonstratescomponents of group process within the movie including keycomponents of group process within the movie including keyterms and what type of group is represented in the movie. Notgroups represented in representative of graduate level work.Inability to identify and describeAble to describe behaviors observed including leadership roles and member characteristics and shifts in leadershipExpectation of graduate levelcomponents of group process graduate level work.Inability to identify memberAble to describe 

#### **Movie Review Rubric**



<b>M</b> 1	T 1'1' ( '1 ('C	A1 '1' ( 1 C'	
Member	Inability to identify	Ability to define	Demonstrates
Roles	and describe	members roles and	exceptional
(10 Points)	behaviors you	behaviors associated	knowledge of
	observed including	with each role but	behaviors observed
	member roles and	omits one or two key	including Ability to
	behaviors associated	points. Representative	define members roles
	with each role. Not	of graduate level	represented within the
	representative of	work.	movie with no
	graduate level work		missing key points.
	ole in the movie.		Representative of
			graduate level work.
Groups stages	Demonstrates a lack	Demonstrates	Demonstrates
Member	of knowledge on how	knowledge on how to	exceptional
behaviors	to appropriately	appropriately	knowledge able to
(10 points)	summarize key	summarize	describe components
	components of group	components of group	of group process
	process within the	process within the	within the movie
	movie and group	movie including	including group stages
	stages and members	group stages and	and members
	behaviors associated	members behaviors	behaviors with no
	with each stage. Not	but omits one or two	missing key points.
	representative of	key points.	Representative of
	graduate level work	Representative of	graduate level work.
	graduate level work	graduate level work.	graduate level work.
Positive and	Demonstrates a lack	Demonstrates	Demonstrates
Negative	of knowledge on how	knowledge on how to	exceptional
influences	to appropriately	appropriately	knowledge able to
(10 Points)	summarize	summarize	describe components
	components of group	components of group	of group process
	process within the	process within the	within the movie
	movie including	movie including	including positive or
	positive or negative	positive or negative	negative influences
	influences	influences represented	represented with no
	represented. Not	but omits one or two	missing key point.
	representative of	key points.	Representative of
	graduate level work	Representative of	graduate level work.
		graduate level work	
APA	Substantial APA	Some APA errors (3-4	Little to no errors (1-2
Style/Grammar	errors (> 6 errors).	errors). Mostly adhere	errors). Completely
(10 points)	Does not adhere to	to APA style;	adhere to APA style;
(	APA style; Poor	sufficient grammar	sufficient grammar
	grammar and sentence	and sentence	and sentence
	structure. Paper is	structure; paper is	structure; paper is
	disorganized;	fairly organized; Use	well-organized; Use
	omission of in-text	of in-text citations and	of in-text citations and
	citations and	references (if	references (if
	references (if	appropriate). Good	appropriate).
		appropriate). 0000	
L	appropriate). Poor		Exceptional quality



1 57	· · · · ·	indicative of graduate level work.
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#### 4. Journals (10 journals, 3 points for each journal; 30 points in total)

Students will demonstrate understanding of group dynamics, group process components, leader skills, and ability to self-reflect as a group member, through completion of a structured weekly journal assignment. The journal assignment coincides with group participation in small experiential group. Each week (10 total) you will turn in a 2-3-page journal on the previous week's group session class and one journal about anticipating the groups beginning. See Appendix C for outline. See rubric below.

	WCCKIY JC	burnal Rubric	
	1 – Does Not Meet	2-Meets	3 – Exceeds
	Expectation	Expectation	Expectations
	(0 - 2 points)	(2.1 - 2.6 points)	(2.7 - 3 points)
Weekly	Journal is not	Journal presents	Journal presents all
Journal	complete, not written	most elements of	elements of the
(3 points)	in a clear manner OR	the question OR all	question(s)
	post is missing critical	elements discussed	discussed
	components of the	in a brief manner.	thoroughly and
	journal OR is	Journal is evident	clearly. Journal is
	discussed in an	of graduate level	evident of graduate
	illogical/inconsistent	work with some	level work with few
	manner. Journal has	grammatical/APA	to no
	several	errors	grammatical/APA
	grammatical/APA		errors.
	errors; not consistent		
	with graduate level		
	work		

Weekly Journal Rubric

# GRADING

Final grades in this course will be based on the following scale:

90%-100% A 80%-89% B 70%-79% C 60%-69% D



< 59% F

Assignment/Assessment	<b>Point Value</b>
Class Participation and Attendance	30
Journals (10 total)	30
Movie Analysis	60
KA21: Group Paper	60

Total points possible = 180. Your Final Grade is determined adding the point values earned from each assignment and then dividing by 180. The resulting value is multiplied by 100 to yield a percentage. For example:  $(170 \text{ [points earned]}/180) \times 100 = 94.4\%$ 

Assignments are due on the day noted in the syllabus. Unless noted otherwise, all assignments are due at the beginning of the class period (i.e., 4:29pm). Late assignments will have 10% deduction per day late from the final score.

# **TECHNOLOGY REQUIREMENTS**

#### **Browser support**

D2L is committed to performing key application testing when new browser versions are released. New and updated functionality is also tested against the latest version of supported browsers. However, due to the frequency of some browser releases, D2L cannot guarantee that each browser version will perform as expected. If you encounter any issues with any of the browser versions listed in the tables below, contact D2L Support, who will determine the best course of action for resolution. Reported issues are prioritized by supported browsers and then maintenance browsers.

Supported browsers are the latest or most recent browser versions that are tested against new versions of D2L products. Customers can report problems and receive support for issues. For an optimal experience, D2L recommends using supported browsers with D2L products.

Maintenance browsers are older browser versions that are not tested extensively against new versions of D2L products. Customers can still report problems and receive support for critical issues; however, D2L does not guarantee all issues will be addressed. A maintenance browser becomes officially unsupported after one year.

Note the following:

- Ensure that your browser has JavaScript and Cookies enabled.
- For desktop systems, you must have Adobe Flash Player 10.1 or greater.
- The Brightspace Support features are now optimized for production environments when using the Google Chrome browser, Apple Safari browser, Microsoft Edge browser, Microsoft Internet Explorer browser, and Mozilla Firefox browsers.



#### **Desktop Support**

Browser	Supported Browser Version(s)	Maintenance Browser Version(s)
Microsoft® Edge	Latest	N/A
Microsoft® Internet Explorer®	N/A	11
Mozilla® Firefox®	Latest, ESR	N/A
Google <sup>®</sup> Chrome <sup>™</sup>	Latest	N/A
Apple <sup>®</sup> Safari <sup>®</sup>	Latest	N/A

# **Tablet and Mobile Support**

Device	Operating System	Browser	Supported Browser Version(s)
Android™	Android 4.4+	Chrome	Latest
Apple	iOS®	Safari, Chrome	The current major version of iOS (the latest minor or <b>point</b> release of that major version) and the previous major version of iOS (the latest minor or <b>point</b> release of that major version). For example, as of June 7, 2017, D2Lsupports iOS 10.3.2 and iOS 9.3.5, but not iOS 10.2.1, 9.0.2, or any other version. Chrome: Latest version for the iOS browser.
Windows	Windows 10	Edge, Chrome, Firefox	Latest of all browsers, and Firefox ESR.

- You will need regular access to a computer with a broadband Internet connection. The minimum computer requirements are:
  - $\circ~~512$  MB of RAM, 1 GB or more preferred
  - o Broadband connection required courses are heavily video intensive



- Video display capable of high-color 16-bit display 1024 x 768 or higher resolution
- For YouSeeU Sync Meeting sessions <u>8 *Mbps*</u> is required. Additional system requirements found here: <u>https://support.youseeu.com/hc/en-us/articles/115007031107-Basic-System-Requirements</u>
- You must have a:
  - Sound card, which is usually integrated into your desktop or laptop computer
  - Speakers or headphones.
  - \*For courses utilizing video-conferencing tools and/or an online proctoring solution, a webcam and microphone are required.
- Both versions of Java (32 bit and 64 bit) must be installed and up to date on your machine. At a minimum Java 7, update 51, is required to support the learning management system. The most current version of Java can be downloaded at: <u>JAVA web site</u> <u>http://www.java.com/en/download/manual.jsp</u>
- Current anti-virus software must be installed and kept up to date.

Running the browser check will ensure your internet browser is supported.

- Pop-ups are allowed. JavaScript is enabled. Cookies are enabled.
- You will need some additional free software (plug-ins) for enhanced web browsing. Ensure that you download the free versions of the following software:
  - o <u>Adobe Reader</u> <u>https://get.adobe.com/reader/</u>
  - o <u>Adobe Flash Player</u> (version 17 or later) <u>https://get.adobe.com/flashplayer/</u>
  - Adobe Shockwave Player https://get.adobe.com/shockwave/
  - Apple Quick Time http://www.apple.com/quicktime/download/
- At a minimum, you must have Microsoft Office 2013, 2010, 2007 or Open Office. Microsoft Office is the standard office productivity software utilized by faculty, students, and staff. Microsoft Word is the standard word processing software, Microsoft Excel is the standard spreadsheet software, and Microsoft PowerPoint is the standard presentation software. Copying and pasting, along with attaching/uploading documents for assignment submission, will also be required. If you do not have Microsoft Office, you can check with the bookstore to see if they have any student copies.

# ACCESS AND NAVIGATION



You will need your campus-wide ID (CWID) and password to log into the course. If you do not know your CWID or have forgotten your password, contact the Center for IT Excellence (CITE) at 903.468.6000 or <u>helpdesk@tamuc.edu</u>.

**Note:** Personal computer and internet connection problems do not excuse the requirement to complete all course work in a timely and satisfactory manner. Each student needs to have a backup method to deal with these inevitable problems. These methods might include the availability of a backup PC at home or work, the temporary use of a computer at a friend's home, the local library, office service companies, Starbucks, a TAMUC campus open computer lab, etc.

# COMMUNICATION AND SUPPORT

# **Brightspace Support**

Need Help?

**Student Support** 

If you have any questions or are having difficulties with the course material, please contact your Instructor.

# **Technical Support**

If you are having technical difficulty with any part of Brightspace, please contact Brightspace Technical Support at 1-877-325-7778 or click on the **Live Chat** or click on the words "click here" to submit an issue via email.



# System Maintenance

Please note that on the 4th Sunday of each month there will be System Maintenance which means the system will not be available 12 pm-6 am CST.

# **Interaction with Instructor Statement**

# [Example]

Communication with your professors is key to your professional growth. I am here to support and guide you along your academic journey. With that being said, I cannot help you if you do not communicate with me. Please make an appointment if you have any concerns or questions. Because I teach in different locations, email is the best way to reach me. I will attempt to answer all emails within 24 hours, Monday-Friday, but at times will need up to 72 hours to do so. When emailing, please use your university email and address me with courtesy and respect.



# COURSE AND UNIVERSITY PROCEDURES/POLICIES

# **Course Specific Procedures/Policies**

Written assignments are due on the day noted in the syllabus. All papers are due at the beginning of the class period. Late papers will have 10% deduction per day late from the final score.

# **Syllabus Change Policy**

The syllabus is a guide. Circumstances and events, such as student progress, may make it necessary for the instructor to modify the syllabus during the semester. Any changes made to the syllabus will be announced in advance.

# **University Specific Procedures**

# **Student Conduct**

All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment. The Code of Student Conduct is described in detail in the <u>Student Guidebook</u>.

http://www.tamuc.edu/Admissions/oneStopShop/undergraduateAdmissions/studentGuidebook.as <a href="mailto:px">px</a>

Students should also consult the Rules of Netiquette for more information regarding how to interact with students in an online forum: <u>Netiquette</u> <u>http://www.albion.com/netiquette/corerules.html</u>

# **TAMUC Attendance**

For more information about the attendance policy please visit the <u>Attendance</u> webpage and <u>Procedure 13.99.99.R0.01</u>. <u>http://www.tamuc.edu/admissions/registrar/generalInformation/attendance.aspx</u>

 $\underline{http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/academic/13.99.99.R0.01.pdf}$ 

# **Academic Integrity**

Students at Texas A&M University-Commerce are expected to maintain high standards of integrity and honesty in all of their scholastic work. For more details and the definition of academic dishonesty see the following procedures:

Undergraduate Academic Dishonesty 13.99.99.R0.03



http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13stude nts/undergraduates/13.99.99.R0.03UndergraduateAcademicDishonesty.pdf

Graduate Student Academic Dishonesty 13.99.99.R0.10

http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13stude nts/graduate/13.99.99.R0.10GraduateStudentAcademicDishonesty.pdf

# **ADA Statement**

# **Students with Disabilities**

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:

# **Office of Student Disability Resources and Services**

Texas A&M University-Commerce Gee Library- Room 162 Phone (903) 886-5150 or (903) 886-5835 Fax (903) 468-8148 Email: <u>studentdisabilityservices@tamuc.edu</u> Website: <u>Office of Student Disability Resources and Services</u> <u>http://www.tamuc.edu/campusLife/campusServices/studentDisabilityResourcesAndServices/</u>

# Nondiscrimination Notice

Texas A&M University-Commerce will comply in the classroom, and in online courses, with all federal and state laws prohibiting discrimination and related retaliation on the basis of race, color, religion, sex, national origin, disability, age, genetic information or veteran status. Further, an environment free from discrimination on the basis of sexual orientation, gender identity, or gender expression will be maintained.

# **Campus Concealed Carry Statement**

Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in Texas A&M University-Commerce buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and A&M-Commerce Rule 34.06.02.R1, license holders may not carry a concealed handgun in restricted locations.



For a list of locations, please refer to the Carrying Concealed Handguns On Campus document and/or consult your event organizer.

Web url: http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/34Safet yOfEmployeesAndStudents/34.06.02.R1.pdf

Pursuant to PC 46.035, the open carrying of handguns is prohibited on all A&M-Commerce campuses. Report violations to the University Police Department at 903-886-5868 or 9-1-1.

# **COURSE OUTLINE / CALENDAR**

Course Calendar					
Date	Торіс	Readings	Assignments		
Week 1: Aug 29 <sup>th</sup>	Course Expectations,				
	Introductions, Handouts				
Week 2: Sept 5 <sup>th</sup>	Intro Groups- Leadership	Corey Chapters 1 & 2			
.1	Skills				
Week 3: Sept 12 <sup>th</sup>	Ethics – Theories- Forming	Corey Chapters 3-5			
Week 4: Sept 19 <sup>th</sup>	Group Stages	Corey Chapters 6-9			
Week 5: Sept 26 <sup>th</sup>	School Setting-	Corey Chapters 10-11			
	Community Setting				
Week 6: Oct 10 <sup>th</sup>	Group paper: Review	Movie Analysis			
	Guidelines; Movie	provided			
Week 7: Oct 17 <sup>th</sup>	T-Group Practice		Journal #1		
Week 8: Oct 24 <sup>th</sup>	T-Group Practice		Journal #2		
Week 9: Oct 31 <sup>st</sup>	T-Group Practice		Journal #3		
Week 10: Nov 7 <sup>th</sup>	****Spring Break****				
Week 11: Nov 21 <sup>st</sup>	T-Group Practice		Journal #4		
			Movie Analysis		
Week 12: Nov 14 <sup>th</sup>	T-group practice		Journal #5		
Week 13: Nov 21 <sup>st</sup>	T-group practice		Journal #6		
			Key		
			Assignment 21:		
			Group Paper		
Week 14: Nov 28 <sup>th</sup>	T-Group Practice		Journal #7		
	-				



Week 15: Dec 5 <sup>th</sup>	T-Group Practice	Journal #8
Week 16: Dec 12 <sup>th</sup>	T-Group Practice	Journal #9



#### Appendix A

# 1) Literature review (minimum 10 pages):

Does it document this as a widespread problem? Does it describe the key elements of the topic? Does it identify and describe the most important issues faced by group members? Does it identify solutions discovered by others? Does it review 10 recent journal articles, as well as books?

# 2) Group logistics:

Is the duration sufficient to cover topic and allow for change?Is the length of sessions sufficient for number of members?How do you incorporate holidays into your group plan?If school children involved, how are sessions staggered so child does not lose time from same subject repeatedly?

#### 3) Screening

When deciding whom to exclude, what are the criteria? When deciding whom to include, which of the following are taken into account? (gender, cognitive ability, maturity, duration of issue, frequency of issue, intensity of issue, acceptance and/or completion of issue).

# 4) Group Session Plans 8-10 sessions:

Early session identifying **General Goals**, is followed by session(s) identifying **Individualized Goal** followed by **coaching/role play/support** for opportunity to transfer learning to real life--occurring in time for member to "change". **Outline** of each session **opening/ closing goals/ procedures/ activities excreta**. Provide **one-page outline** for each group session. Are appendixes of activities included with citations referenced?

#### 5) APA style

Does the paper conform to the APA 6<sup>th</sup> edition style guide?



# Appendix B

Examine "Twelve Angry Men." Limit your paper to 12 pages typed, double spaced, twelve-point font and adhere to APA 6<sup>th</sup> edition standards and provide cover page. Analyze the following:

- 1. What type of group is represented in the movie and how do you know?
- 2. Who is the official leader and who is the unofficial leader? When did the leadership shift (identify and describe behaviors you observed)? Identify 2 unproductive and productive leadership skills demonstrated by both official and unofficial leaders. Define all terms.
- 3. Identify and give examples of the stages of group within the movie identify and describe 3 behaviors of a group member or members in each stage and how it relates to that stage. Define all terms.
- 4. Identify 5 members of the group and identify their role within the group. Describe the role behavior and what the member did that matches that behavior. Define your terms.
- 5. Interpersonal influence can be positive or negative in a group. In the film, what were some observable instances of influence?
- 6. Somewhere in your analysis make sure to tie in at least five of the following terms: discussion, cooperation, competition, cohesion, bombard, polarize, apathetic, status quo, monopolize, constructive conflict, disruptive conflict, avoidance, groupthink and accommodation AND how they did or did not impact the small group dynamics of "Twelve Angry Men."



# Appendix C

#### 1. Description of the group as a whole: identifying

a) the mood (e.g., what changes, if any, did you notice?)

b) topic of greatest interest to the group, and

c) activity level (e.g., what changes did you notice?)

# 2. Self-appraisal: identifying

a) your mood (e.g., what changes, if any, did you notice?)

b) topic of greatest interest to you, and

c) your activity level (e.g., what changes did you notice?)

# 3. Description of one member

Something you admire or something you noticed as a characteristic (this is *not* a behavioral description)

# 4. Relation of group session to outside experience

How you might use something we did in class in your future position as a counselor.



#### Appendix D

- DeLucia-Waack, J. L., Bridbord, K. H., & Kliener, J. S. (2006). *Group work experts share their favorite activities: A guide to choosing, planning, conducting, and processing.* Alexandria, VA: Association for Specialists in Group Work.
- DeLucia, J. L., Coleman, V. D., & Jensen-Scott, R. L. (1992). Cultural diversity in group counseling. *Journal for Specialists in Group Work*, 17(4), 194-195.
- DeLucia-Waack, J. L., & Donigian, J. (2004). *The practice of multicultural group work: Visions and perspectives from the field.* Pacific Grove, CA: Brooks/Cole
- Donoghue, E. (2010). Room. New York: Little, Brown & Company.
- Foss, L. L., Green, J., Wolf-Stiltner, & DeLucia-Waack, J. L. (Eds.). (2008). School counselors share their favorite group activities: A guide to choosing, planning, conducting, and processing. Alexandria, VA: Association for Specialists in Group Work
- Haley, J. (1987). Problem-solving therapy (2nd ed.). San Francisco: Jossey-Bass. Jacobs, E., Harvill, R. & Masson, R.(2006). Group counseling: Strategies and skills (5th ed.). Pacific Grove, CA: Brooks/Cole.
- Morganett, R. (1990). *Skills for living: Group counseling activities for young adolescents*. Champaign, IL: Research Press.
- Morganett, R. S.(1994). *Skills for living: Group counseling activities for children*. Champaign, IL: Research Press.
- Morran, D. K., Stockton, R, & Harris, M. B. (1991). Analysis of group leader and member feedback messages. *Journal of Group Psychotherapy, Psychodrama, and Sociometry, 43*, 126-135.
- Pfeiffer, J. W., & Jones, J. E. (Eds.). (1993). *The annual handbook for group facilitators*. San Diego: University Associates.
- Singh, A. & Salazar, C. F. (2010). Six considerations for social justice group work. *Journal for Specialists in Group Work, 35*, 308-319.
- Singh, A. A. & Salazar, C. F. (2010). The roots of social justice in group work. *Journal for* Specialists in Group Work, 35, 97-104
- Yalom, I. (1985). *The theory and practice of group psychotherapy*. (3rd ed.). New York: Basic Books.



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