



Nurs 3414: Health Assessment

COURSE SYLLABUS: BSN Program Fall 2019

INSTRUCTOR INFORMATION

Preferred Form of Communication: Email for all instructors

Instructor: Donna Calliccoat, MSN, APRN, FNP-c

Office Location: Nursing Building, Room 118

Office Hours: By appointment

Office Phone: 903-886-5315

Office Fax: 903-886-5729

University Email Address: Donna.Calliccoat@tamuc.edu

Instructor: Jane Kosarek, PhD, RNC-OB

Office Location: Nursing Building, Room 100 B

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University Email Address: Jane.Kosarek@tamuc.edu

Instructor: Brittany Wall, DNP, APRN, NNP-BC, CPNP-AC/PC

Office Location: Nursing Building, Room 106

Office Hours: By appointment

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University Email Address: Brittany.Wall@tamuc.edu

The syllabus/schedule are subject to change.

COURSE INFORMATION

Materials – Textbooks, Readings, Supplementary Readings

Textbook(s) Required

Jarvis, C. (2020). *Physical examination & health assessment* (8th ed.). St. Louis, MO: Saunders.

Jarvis, C. (2020). *Laboratory manual for physical examination & health assessment* (8th ed.). St. Louis, MO: Saunders.

Student Registration Instructions for Shadow Health - Fall '19

To add this course in Shadow Health, please visit app.shadowhealth.com and click "Register for a Student Account" and enter your PIN: August2019-0359-4747-2866-3415 to enroll and purchase access. You may also purchase access at your university bookstore.

Bookstore form to fill out to get bookstore access started:

<https://docs.google.com/a/shadowhealth.com/forms/d/e/1FAIpQLSeAzsowsj4d6QQ78gol5rnvkHLDjomjDwipXiGtA3CFgL3prw/viewform?c=0&w=1>

Purdue OWL (Online Writing Lab):

<http://owl.english.purdue.edu/owl/resource/560/01/>

Course Description (4 credit hours)

Concepts and principles underlying assessment of the health status of individuals are presented *with emphasis placed on interviewing skills, health histories, and the physical and psychosocial findings* in the well person. Communication and assessment skills are developed. Students obtain health histories, perform physical and psychosocial assessments, establish a database, and formulate initial nursing plans using the nursing process.

Student Learning Outcomes

1. Identify principles of history taking in the assessment process of individuals.
2. Conduct a health history, including environmental exposure and a family history that recognizes genetic risks, to identify current and future health problems.

The syllabus/schedule are subject to change.

3. Demonstrate physical examination skills including focused physical, behavioral, psychological, socioeconomic, and environmental assessments of health and illness parameters in patients, using developmentally and culturally appropriate approaches and according to established criteria.
4. Document problems and needs in individuals from data discovered during the health history and physical examination.
5. Compare and contrast the roles and responsibilities of the nurse in the process of health assessment and health promotion.
6. Demonstrate responsibility for independent learning.

COURSE REQUIREMENTS

Instructional / Methods / Activities Assessments

Learning Experiences and Teaching Methods:

This is a blended course without lecture requiring students to complete online activities, practice labs, and independent study to be successful. Course objectives may be met through individual study using suggested resources, active involvement in classroom activities, formal, and informal exchange of ideas with classmates and colleagues regarding specific topics as well as utilizing critical thinking skills. Teaching methods include seminar, discussion, small group work, independent study of texts and library resources, computer-assisted instruction, audio-visual aids, return demonstration and check-off of appropriate skills and the assignments listed. While the professor will provide guidance and consultation, the student is responsible for identification of learning needs, self-direction, seeking consultation and demonstration of course objectives.

GRADING

Final grades in this course will be based on the following scale:

Grading Scale

A = 90-100

B = 80-89

C = 75-79

D = 60-74

F = Below 60

A minimum grade of 75 is required to pass the course.

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Grades will be determined as follows:

Exams (4) 15% each	60%
Complete Health History #1	7%
Complete Health History #2	3%
Skills competency check-off #1	15%
Skills competency check-off #2	15%
Shadow Health/Clinical	Pass/fail
Total:	100%

Students must achieve an overall average of 75% on all examinations in order to pass the course.

Unit exams: Four unit exams are scheduled for the course. See the course schedule for the date, time and content of each exam. Exams are NOT comprehensive, are taken online in a proctored computer lab, and are timed. Students are responsible for making appointments with their assigned faculty to review exams or to discuss failing grades. The window for exam review is only open until the date of the next exam.

Students must achieve an overall average of 75% on all written exams to pass the course.

Shadow Health is a pass/fail for clinical/lab time. You must receive 75% on each module to pass the course.

Shadow Health: Each module due date is listed on the course/calendar and shadow health. You will have multiple attempts to obtain the required 75% on each module. However, the module will only be open for 1 week until the day prior to the next scheduled class day and is due at 2359. Your score will be based on the DCE % noted at the end of each module. If you have technical difficulties or other questions about Shadow Health you will need to contact Shadow Health technical support at:

Advanced Technical Support Hours

Mon - Fri 9:00 A.M. - 9:00 P.M. ET Saturday 11:00 A.M. - 8:00 P.M. ET

Call Us

Toll Free: 800.860.3241

If a student does not successfully pass their health assessment check off after the second attempt, they can't continue in health assessment or Fundamentals.

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Skills Competency Check-off: A two-part skills and documentation check-off will be administered during the course of the semester, one-half at mid-term and one-half at the end of the semester. See the skills performance evaluation checklist for the systems covered. In order to pass the course, the student must receive a score of 75% on each check-off, demonstrating competency in the performance of the exam. If you do not pass the first attempt with 75%, you will have one more additional opportunity (max attempts per check off is only 2, if you fail the first attempt). Documentation of the findings must be completed as well and turned in via Activities/Assignments by 2359pm on the day after the check-off. All late documentation will receive 10% off final grade for the first late grade, 20% off the second day, and a zero the third day (however, you still have to submit the documentation). The student is responsible for recruiting an adult to participate in the student's skills competency check-offs.

Rules for choosing client for check off #1 and #2:

1. Choose a client who is not a class member and is over 18 years of age, no children allowed.
2. Client must be available between 8a-2:30p on the dates scheduled for check-offs
3. Client must speak English

Check-offs will be recorded in the simulation hospital and students will be assigned a time for check off.

Admission to Lab: Starting August 30, 2019, you will meet at (8A). Lab will be organized as follows:

- Practice sheets and Shadow Health completed prior to class
- Demonstration of techniques—students will tell faculty what techniques to utilize
- Practice of techniques

Students should review appropriate anatomy prior to class and come prepared via reading in text and laboratory manual, review of posted D2L content and practice sheets. Practice sheets are posted in D2L for each unit as listed on the class schedule. You must bring your completed practice sheet and your Shadow Health lab pass, including the assessment tests techniques used as well as normal findings. This is your admission pass to attend lab.

Health History: A health history must be completed on the person recruited for the skills competency check-off and must be turned in on the day of Check-off #1. The same person should be used for Check-off #2 and an updated health history must be completed and turned in at Check-off #2. In the event the recruited individual is unavailable for Check-off #2, a health history must be completed on the newly recruited individual.

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Remediation: In the event that the competency check-off is failed (that is, an overall score of less than (<)75% is earned) remediation will be prescribed to improve the student's skills in areas which were not competently performed or documented. *After remediation, the full check-off will be repeated, with 75 being the highest earned grade possible.*

1. Remediation of a failed skills competency check-off must be completed **before** the last day of class.
2. Remediation may be undertaken **ONLY** if a skills competency check-off is failed, **NOT** to improve a passing check-off grade.

Practice: Students may practice skills without supervision when the lab is available. Students are responsible for scheduling themselves and arranging these practices and to sign in during those practice times. The lab is unavailable for practice when class is in session. A sign-up sheet is posted outside the lab for students to document their practice times.

Nursing Student Guide: Specific information for the nursing student regarding the nursing program and current policies and procedures can be found here:
<http://www.tamuc.edu/academics/colleges/educationHumanServices/departments/nursing/Current%20Students/studentguidebook/default.aspx>

TECHNOLOGY REQUIREMENTS

Browser support

D2L is committed to performing key application testing when new browser versions are released. New and updated functionality is also tested against the latest version of supported browsers. However, due to the frequency of some browser releases, D2L cannot guarantee that each browser version will perform as expected. If you encounter any issues with any of the browser versions listed in the tables below, contact D2L Support, who will determine the best course of action for resolution. Reported issues are prioritized by supported browsers and then maintenance browsers.

Supported browsers are the latest or most recent browser versions that are tested against new versions of D2L products. Customers can report problems and receive support for issues. For an optimal experience, D2L recommends using supported browsers with D2L products.

Maintenance browsers are older browser versions that are not tested extensively against new versions of D2L products. Customers can still report problems and receive support for critical issues; however, D2L does not guarantee all issues will be addressed. A maintenance browser becomes officially unsupported after one year.

Note the following:

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- Ensure that your browser has JavaScript and Cookies enabled.
- For desktop systems, you must have Adobe Flash Player 10.1 or greater.
- The Brightspace Support features are now optimized for production environments when using the Google Chrome browser, Apple Safari browser, Microsoft Edge browser, Microsoft Internet Explorer browser, and Mozilla Firefox browsers.

Desktop Support

Browser	Supported Browser Version(s)	Maintenance Browser Version(s)
Microsoft® Edge	Latest	N/A
Microsoft® Internet Explorer®	N/A	11
Mozilla® Firefox®	Latest, ESR	N/A
Google® Chrome™	Latest	N/A
Apple® Safari®	Latest	N/A

Tablet and Mobile Support

Device	Operating System	Browser	Supported Browser Version(s)
Android™	Android 4.4+	Chrome	Latest
Apple	iOS®	Safari, Chrome	The current major version of iOS (the latest minor or point release of that major version) and the previous major version of iOS (the latest minor or point release of that major version). For example, as of June 7, 2017, D2L supports iOS 10.3.2 and iOS 9.3.5, but not iOS 10.2.1, 9.0.2, or any other version.

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Device	Operating System	Browser	Supported Browser Version(s)
			Chrome: Latest version for the iOS browser.
Windows	Windows 10	Edge, Chrome, Firefox	Latest of all browsers, and Firefox ESR.

- You will need regular access to a computer with a broadband Internet connection. The minimum computer requirements are:
 - 512 MB of RAM, 1 GB or more preferred
 - Broadband connection required courses are heavily video intensive
 - Video display capable of high-color 16-bit display 1024 x 768 or higher resolution
- You must have a:
 - Sound card, which is usually integrated into your desktop or laptop computer
 - Speakers or headphones.
 - *For courses utilizing video-conferencing tools and/or an online proctoring solution, a webcam and microphone are required.
- Both versions of Java (32 bit and 64 bit) must be installed and up to date on your machine. At a minimum Java 7, update 51, is required to support the learning management system. The most current version of Java can be downloaded at: [JAVA web site http://www.java.com/en/download/manual.jsp](http://www.java.com/en/download/manual.jsp)
- Current anti-virus software must be installed and kept up to date.

Running the browser check will ensure your internet browser is supported.

Pop-ups are allowed.

JavaScript is enabled.

Cookies are enabled.

- You will need some additional free software (plug-ins) for enhanced web browsing. Ensure that you download the free versions of the following software:
 - [Adobe Reader https://get.adobe.com/reader/](https://get.adobe.com/reader/)
 - [Adobe Flash Player \(version 17 or later\) https://get.adobe.com/flashplayer/](https://get.adobe.com/flashplayer/)
 - [Adobe Shockwave Player https://get.adobe.com/shockwave/](https://get.adobe.com/shockwave/)
 - [Apple Quick Time http://www.apple.com/quicktime/download/](http://www.apple.com/quicktime/download/)

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- At a minimum, you must have Microsoft Office 2013, 2010, 2007 or Open Office. Microsoft Office is the standard office productivity software utilized by faculty, students, and staff. Microsoft Word is the standard word processing software, Microsoft Excel is the standard spreadsheet software, and Microsoft PowerPoint is the standard presentation software. Copying and pasting, along with attaching/uploading documents for assignment submission, will also be required. If you do not have Microsoft Office, you can check with the bookstore to see if they have any student copies.

ACCESS AND NAVIGATION

You will need your campus-wide ID (CWID) and password to log into the course. If you do not know your CWID or have forgotten your password, contact the Center for IT Excellence (CITE) at 903.468.6000 or helpdesk@tamuc.edu.

Note: Personal computer and internet connection problems do not excuse the requirement to complete all course work in a timely and satisfactory manner. Each student needs to have a backup method to deal with these inevitable problems. These methods might include the availability of a backup PC at home or work, the temporary use of a computer at a friend's home, the local library, office service companies, Starbucks, a TAMUC campus open computer lab, etc.

COMMUNICATION AND SUPPORT

Brightspace Support

Need Help?

Student Support

If you have any questions or are having difficulties with the course material, please contact your Instructor.

Technical Support

If you are having technical difficulty with any part of Brightspace, please contact Brightspace Technical Support at 1-877-325-7778 or click on the **Live Chat** or click on the words “[click here](#)” to submit an issue via email.



System Maintenance

Please note that on the 4th Sunday of each month there will be System Maintenance which means the system will not be available 12 pm-6 am CST.

The syllabus/schedule are subject to change.

Interaction with Instructor Statement

Communication between faculty and students is important and taken seriously. Preferred communication methods are through individualized faculty office hours or email. If a phone call is not answered, please leave a message and send an email using the direct email link on the course home page. You will be treated with collegial respect and you are expected to communicate likewise in a professional manner.

Course Specific Procedures/Policies

Students must adhere to standards of professional and academic conduct. Academic misconduct involves any activity that tends to compromise the academic integrity of the University, or subvert the educational process, including, but not limited to, cheating, plagiarism, falsifying academic records, misrepresenting facts and any act designed to give unfair academic advantage to the student or the attempt to commit such an act. Students are responsible for their own academic honesty and for reporting violations of academic honesty by others. (Nursing Student Conduct Code-- See the BSN Student Guide)

CLASS

1. Class Cancellation: In the event that a class is canceled, the student is expected to do the readings and complete the objectives for that day. The content will still be included on examinations. The material in this syllabus and dates identified in the Course Calendar are subject to change.
2. Class attendance is expected. Students should notify course faculty in advance of any absence. It is the student's responsibility to obtain information covered in class/lab.
3. Exam dates are listed in each course syllabus, and the student is expected to be present for exams. In the event that the student will be absent, the course instructor must be notified in advance.
4. As an adult learner and responsible professional, the student is responsible for reading and completing assignments prior to class and for being prepared to participate in discussions over the assigned material. It should not be expected that all material will be covered in class. Students are expected to come to class prepared.

Classroom Behavior

Students must refrain from classroom distractions (e.g. talking to each other, eating, texting, using phones, entering late or moving excessively during class). Children are not allowed in the classroom at any time. Students causing distractions will be asked to leave the classroom and may be subject to disciplinary action. Cell phones must be placed on vibrate or turned off.

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Use of Electronic Devices

The use of electronic devices, including laptops and voice recorders, must be approved by the course faculty prior to class. Laptops not being used to take notes should be closed. The use of any unapproved electronic devices during a test/quiz or test/quiz review will result in the student receiving a zero for that test/quiz.

Student Dress

Refer to Student Guide for additional information. While in the lab, students will be expected to dress in the prescribed BSN program uniform at the appointed time. Prior to that time, students should be dressed appropriately without body piercings, tattoos covered, no nail polish, and attired in nothing suggestive. Hair must be up and off the collar. Gum chewing is never allowed in the lab.

Syllabus Change Policy

The syllabus is a guide. Circumstances and events, such as student progress, may make it necessary for the instructor to modify the syllabus during the semester. Any changes made to the syllabus will be announced in advance.

University Specific Procedures

Student Conduct

All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment. The Code of Student Conduct is described in detail in the [Student Guidebook](http://www.tamuc.edu/Admissions/oneStopShop/undergraduateAdmissions/studentGuidebook.aspx).

<http://www.tamuc.edu/Admissions/oneStopShop/undergraduateAdmissions/studentGuidebook.aspx>

Students should also consult the Rules of Netiquette for more information regarding how to interact with students in an online forum: [Netiquette](http://www.albion.com/netiquette/corerules.html)

<http://www.albion.com/netiquette/corerules.html>

TAMUC Attendance

For more information about the attendance policy please visit the [Attendance](http://www.tamuc.edu/admissions/registrar/generalInformation/attendance.aspx) webpage and [Procedure 13.99.99.R0.01](http://www.tamuc.edu/admissions/registrar/generalInformation/attendance.aspx).

<http://www.tamuc.edu/admissions/registrar/generalInformation/attendance.aspx>

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/academic/13.99.99.R0.01.pdf>

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Academic Integrity

Students at Texas A&M University-Commerce are expected to maintain high standards of integrity and honesty in all of their scholastic work. For more details and the definition of academic dishonesty see the following procedures:

[Undergraduate Academic Dishonesty 13.99.99.R0.03](#)

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/undergraduates/13.99.99.R0.03UndergraduateAcademicDishonesty.pdf>

[Graduate Student Academic Dishonesty 13.99.99.R0.10](#)

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/graduate/13.99.99.R0.10GraduateStudentAcademicDishonesty.pdf>

ADA Statement

Students with Disabilities

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:

Office of Student Disability Resources and Services

Texas A&M University-Commerce

Gee Library- Room 162

Phone (903) 886-5150 or (903) 886-5835

Fax (903) 468-8148

Email: studentdisabilityservices@tamuc.edu

Website: [Office of Student Disability Resources and Services](#)

<http://www.tamuc.edu/campusLife/campusServices/studentDisabilityResourcesAndServices/>

Nondiscrimination Notice

Texas A&M University-Commerce will comply in the classroom, and in online courses, with all federal and state laws prohibiting discrimination and related retaliation on the basis of race, color, religion, sex, national origin, disability, age, genetic information or veteran status. Further, an environment free from discrimination on the basis of sexual orientation, gender identity, or gender expression will be maintained.

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Campus Concealed Carry Statement

Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in Texas A&M University-Commerce buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and A&M-Commerce Rule 34.06.02.R1, license holders may not carry a concealed handgun in restricted locations.

For a list of locations, please refer to the [Carrying Concealed Handguns On Campus](#) document and/or consult your event organizer.

Web url:

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/34SafetyOfEmployeesAndStudents/34.06.02.R1.pdf>

Pursuant to PC 46.035, the open carrying of handguns is prohibited on all A&M-Commerce campuses. Report violations to the University Police Department at 903-886-5868 or 9-1-1.

COURSE OUTLINE / CALENDAR

NURS 3414; COURSE OUTLINE

Textbook: Jarvis' *Physical Examination and Health Assessment*, 8th ed.

Week	Course Content	Reading Assignment
1 (8/27)T	Orientation to course— <u>all students present from 10am-12pm</u> <i>Shadow Health-Digital orientation.</i>	Review Syllabus
1 (8/30)F	Assessment of the whole person; cultural competence; interviewing; completing a health history Ticket for class: 1. <i>Practice sheet unit 1</i> 2. <i>Shadow Health-Conversation concept lab and health history modules (Final due date 9/2/19 at 2359).</i>	Chapters 1, 2, 3, 4

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	Demonstration 8:30-9:30am. Morning lab groups/9:30-11:30am and 12:00-2:00 pm-for pm lab groups.	
2 (9/6)F	Assessment techniques-pain, nutrition. Skin, hair, and nails Head, Face, and neck Ticket for class: <i>1. Practice sheet units 3&4</i> <i>2. Shadow Health-Skin, hair, & nails (Final due date 9/5/19 at 2359).</i>	Chapters 8, 11, 12 Chapters 13, 14
3 (9/13)F	Exam 1 (Chapters 1, 2, 3, 4, 8, 11, 12) at 8am-9am	Ed South 122 & 125
3 (9/13)F	Eyes Ticket for class: <i>1. Practice sheet unit 5</i>	Chapter 15
4 (9/20)F	Ears, nose, mouth, and throat Ticket to class: <i>1. Practice sheet unit 6</i> <i>2. Shadow Health-HEENT (Final due date 9/19/19 at 2359).</i>	Chapters 16, 17
5 (9/27)F	Exam 2 (Chapters 13-17) at 8am-9am	Ed South 122 & 125
5 (9/27)F	Breasts, regional lymphatics, thorax, and lungs Ticket to class: <i>1. Practice sheet unit 7</i> <i>2. Shadow Health-Respiratory concept lab and respiratory patient (Final due date 9/26/19 at 2359).</i>	Chapters 18, 19
6/7 (10/4) & (10/11)F	Check-off #1/Health History #1 <i>Shadow Health-start working on comprehensive assessment (Final due date 10/10/19 at 2359, first half).</i>	
8 (10/18)F	Heart and neck vessels, peripheral vascular system Ticket to class: <i>1. Practice sheet unit 8</i>	Chapters 20, 21

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	2. Shadow Health-Cardiovascular concept lab and cardiovascular patient (Final due date 10/17/19 at 2359).	
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9 (10/25)F	<p>Abdomen</p> <p>Ticket for class:</p> <p>1. Practice sheet unit 9</p> <p>2. Shadow Health-Abdominal concept lab and abdominal patient (Final due date 10/24/19 at 2359).</p>	Chapter 22
10 (11/1)F	Exam 3 (Chapters 17-21) at 8am-9am	Ed South 122 & 125
10 (11/1)F	<p>Musculoskeletal</p> <p>Ticket to class:</p> <p>1. Practice sheet unit 10 & 12, none for unit 13.</p> <p>2. Shadow Health-Musculoskeletal patient (Final due date 10/31/19 at 2359).</p> <p>Male genitourinary and prostate, anus, rectum-no practice sheet, Unit 13</p>	<p>Chapter 23</p> <p>Chapter 25, 26</p>
11 (11/8)F	<p>Neurologic</p> <p>Ticket to class:</p> <p>1. Practice sheet unit 11</p> <p>2. Shadow Health-Neurological patient (Final due date 11/7/19 at 2359).</p>	Chapter 24
12/13 (11/15) & (11/22)F	<p>Check-off #2/Health History #2</p> <p>Shadow Health-work on comprehensive assessment (Final due date 12/5/19 at 2359, second half).</p>	
14 (11/29)F	Thanksgiving Holiday	

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15 (12/6) F	Exam 4 (Chapters 22-25) at 8am-9am	Ed South 122 & 125
15 (12/6)F	Female Genitourinary Ticket to class: <i>1. Practice sheet unit 14</i>	Chapter 27

****Students are responsible for Anatomy and Physiology review prior to each class.**

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