HHPK 324.71E Health Kinesiology for Children

COURSE SYLLABUS: Fall 2018

INSTRUCTOR INFORMATION

Instructor: Clara Roberson, Instructor
Office Location: Navarro Campus, Corsicana
Office Hours: By appointment
Office Phone: 254-562-7487
University Email Address: Clara.Roberson@tamuc.edu

COURSE INFORMATION

Materials – Textbooks, Readings, Supplementary Readings

Textbook (optional): <u>Physical Education for Elementary Teachers</u> by Thomas, Lee, Thomas
Software Required: N/A
Optional Texts and/or Materials: N/A

Course Description

A course designed to acquaint students with principles of kinesiology and health information appropriate for elementary students (K-6th grade).

Student Learning Outcomes

1. Students will learn how to teach physical education to K-6th graders and the appropriate skills.
2. Students will learn how to teach health to K-6th graders and the appropriate content areas.
3. Students will learn how to teach various curriculum subjects by integrating physical education.
4. Students will learn the appropriate Physical Education /Health TEKS and how to implement them as they teach a certain skill.

COURSE REQUIREMENTS

Minimal Technical Skills Needed

Use Microsoft Word

The syllabus/schedule are subject to change.

Instructional Methods/ Responsibilities/Tips for Success

Discussion – teacher and student participation

Students will present physical activities on paper.

Students will teach physical education skills and concepts (individually & group)

Students will keep all class activities in a notebook and add to them for the final

GRADING

Attendance…………………………………..6%
Lesson Plans………………………………..24%
Class/Weekly Assignments…….………….8%
Presentations……………………………….22%
Notebook……………………………………40%

Total Possible Points = 1500 pts

Final grades in this course will be based on the following scale:
A = 90%-100%
B = 80%-89%
C = 70%-79%
D = 60%-69%
F = 59% or Below **Grading Breakdown:**

ASSESSMENTS – GRADING BREAKDOWN

Category	# of assignments	% of each assignment	Points possible for each assignment	Total % of final grade	Total possible points
Attendance	12	.50%	7.50 pts	6%	90 pts
Lesson Plans	6	4%	60 pts	24%	360 pts
Class/Weekly Assignments	4	2%	30 pts	8%	120 pts
Notebook	1	40%	600 pts	40%	600 pts
Presentations	2	11%	165 pts	22%	330 pts

Lesson Plan Grading Rubric:
- Lesson Title – 6 pts
- TEKS – 12 pts
- Objective – 6 pts
- Grade Levels – 6 pts
- Materials Needed – 6 pts
- Number of Students – 3pts

The syllabus/schedule are subject to change.

- Class Formation – 3 pts
- Description of Activity – 18 pts
- ➤ **Your name and student number must be on the lesson plan when you turn it in or it will be an automatic point deduction of 10 points.**
- ➤ **Lesson Plans are due into E-College by midnight the Sunday before class. (Even if you are absent, your lesson plan is still due at the same time.)**
- ➤ **The first week of a lesson plan being late is a 30 point deduction. After the first week, the assignment will be recorded as a "0" and no make-up opportunities will be given.**

Class/Weekly Assignments:
- ➤ **All assignments must be turned in at class time, if not a "0" will be recorded and no make-up opportunities will be given.**

Notebook Grading Rubric:
- All TEKS used for chosen grade division (K – 2), (3 – 4), or (5 – 6) = 300 pts
- All lesson plans from the entire class, not just your own = 300 pts
- ➤ **All lesson plans from the entire class should be on E – College, and you are responsible for printing them off and putting them in the notebook.**

TECHNOLOGY REQUIREMENTS

Browser support

D2L is committed to performing key application testing when new browser versions are released. New and updated functionality is also tested against the latest version of supported browsers. However, due to the frequency of some browser releases, D2L cannot guarantee that each browser version will perform as expected. If you encounter any issues with any of the browser versions listed in the tables below, contact D2L Support, who will determine the best course of action for resolution. Reported issues are prioritized by supported browsers and then maintenance browsers.

Supported browsers are the latest or most recent browser versions that are tested against new versions of D2L products. Customers can report problems and receive support for issues. For an optimal experience, D2L recommends using supported browsers with D2L products.

Maintenance browsers are older browser versions that are not tested extensively against new versions of D2L products. Customers can still report problems and receive support for critical issues; however, D2L does not guarantee all issues will be addressed. A maintenance browser becomes officially unsupported after one year.

Note the following:

- Ensure that your browser has JavaScript and Cookies enabled.
- For desktop systems, you must have Adobe Flash Player 10.1 or greater.
- The Brightspace Support features are now optimized for production environments when using the Google Chrome browser, Apple Safari browser, Microsoft Edge browser, Microsoft Internet Explorer browser, and Mozilla Firefox browsers.

Desktop Support

Browser	Supported Browser Version(s)	Maintenance Browser Version(s)
Microsoft® Edge	Latest	N/A
Microsoft® Internet Explorer®	N/A	11

The *syllabus/schedule are subject to change.*

Browser	Supported Browser Version(s)	Maintenance Browser Version(s)
Mozilla® Firefox®	Latest, ESR	N/A
Google® Chrome™	Latest	N/A
Apple® Safari®	Latest	N/A

Tablet and Mobile Support

Device	Operating System	Browser	Supported Browser Version(s)
Android™	Android 4.4+	Chrome	Latest
Apple	iOS®	Safari, Chrome	The current major version of iOS (the latest minor or **point** release of that major version) and the previous major version of iOS (the latest minor or **point** release of that major version). For example, as of June 7, 2017, D2Lsupports iOS 10.3.2 and iOS 9.3.5, but not iOS 10.2.1, 9.0.2, or any other version. Chrome: Latest version for the iOS browser.
Windows	Windows 10	Edge, Chrome, Firefox	Latest of all browsers, and Firefox ESR.

- You will need regular access to a computer with a broadband Internet connection. The minimum computer requirements are:
  - 512 MB of RAM, 1 GB or more preferred
  - Broadband connection required courses are heavily video intensive
  - Video display capable of high-color 16-bit display 1024 x 768 or higher resolution

- You must have a:
  - Sound card, which is usually integrated into your desktop or laptop computer
  - Speakers or headphones.
  - *For courses utilizing video-conferencing tools and/or an online proctoring solution, a webcam and microphone are required.

- Both versions of Java (32 bit and 64 bit) must be installed and up to date on your machine. At a minimum Java 7, update 51, is required to support the learning management system. The most current version of Java can be downloaded at: JAVA web site http://www.java.com/en/download/manual.jsp

- Current anti-virus software must be installed and kept up to date.

Running the browser check will ensure your internet browser is supported.

The *syllabus/schedule are subject to change.*

Pop-ups are allowed.
JavaScript is enabled.
Cookies are enabled.

- You will need some additional free software (plug-ins) for enhanced web browsing. Ensure that you download the free versions of the following software:
  - Adobe Reader https://get.adobe.com/reader/
  - Adobe Flash Player *(version 17 or later)* https://get.adobe.com/flashplayer/
  - Adobe Shockwave Player https://get.adobe.com/shockwave/
  - Apple Quick Time http://www.apple.com/quicktime/download/

- At a minimum, you must have Microsoft Office 2013, 2010, 2007 or Open Office. Microsoft Office is the standard office productivity software utilized by faculty, students, and staff. Microsoft Word is the standard word processing software, Microsoft Excel is the standard spreadsheet software, and Microsoft PowerPoint is the standard presentation software. Copying and pasting, along with attaching/uploading documents for assignment submission, will also be required. If you do not have Microsoft Office, you can check with the bookstore to see if they have any student copies.

ACCESS AND NAVIGATION

You will need your campus-wide ID (CWID) and password to log into the course. If you do not know your CWID or have forgotten your password, contact the Center for IT Excellence (CITE) at 903.468.6000 or helpdesk@tamuc.edu.

Note: Personal computer and internet connection problems do not excuse the requirement to complete all course work in a timely and satisfactory manner. Each student needs to have a backup method to deal with these inevitable problems. These methods might include the availability of a backup PC at home or work, the temporary use of a computer at a friend's home, the local library, office service companies, Starbucks, a TAMUC campus open computer lab, etc.

COMMUNICATION AND SUPPORT
Brightspace Support
Need Help?
Student Support

If you have any questions or are having difficulties with the course material, please contact your Instructor.

Technical Support

If you are having technical difficulty with any part of Brightspace, please contact Brightspace Technical Support at 1-877-325-7778 or click on the **Live Chat** or click on the words "click here" to submit an issue via email.

System Maintenance

Please note that on the 4th Sunday of each month there will be System Maintenance which means the system will not be available 12 pm-6 am CST.

The *syllabus/schedule are subject to change.*

Course and University Procedures/Policies

I consider class attendance and participation to be one of the most important, yet underrated elements of a student's education. There are numerous elements that go into class participation:

> - **50 Points will be deducted off of final grade for every unexcused absence after the second absence.**
> - **Special accommodations will be given to those with excused absences. Excused absences will not be counted against you.**
> - **Perfect attendance will be awarded when needed to raise your final grade, with teacher's discretion.**

a. Good attendance (According to University rules, students may be dropped from the class for excessive unexcused absences. You can not have more than 2 absences.
b. Arriving to class on time and not packing up early.
c. Somewhat frequent, and preferably intelligent, contributions to class discussion.
d. Reading assigned work and course material (if any are assigned).
e. Polite and civil interactions with all members of the class ["All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment." (See Student's Guide Handbook, Policies and Procedures, Conduct)].
f. Turn off all cell phones and pagers. Students who fail to do so may be asked to leave the class.

Students are required to attend all class meetings or participate in online instruction, as offered by the instructor. Recovering missed lecture content or assignment information is the responsibility of the student. Office appointments will not be used to substitute for class attendance or online study. Fellow students may provide notes for recovery of missed information. Prior to class time, reading assignments must be completed and any other assignments must be submitted at the beginning of the class period. Participation in class activities, including discussion groups and in-class assignments, is a component of attendance. Failure to prepare and participate effectively will negatively impact the learning processes devised for the class. Ineffective participation on a consistent basis may result in instructor's use of alternative instructional methods, such as pop-quizzes and reading reports, among others. "All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment"

Syllabus Change Policy

The syllabus is a guide. Circumstances and events, such as student progress, may make it necessary for the instructor to modify the syllabus during the semester. Any changes made to the syllabus will be announced in advance.

The *syllabus/schedule are subject to change.*

University Specific Procedures

Student Conduct

All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment. The Code of Student Conduct is described in detail in the Student Guidebook.
http://www.tamuc.edu/Admissions/oneStopShop/undergraduateAdmissions/studentGuidebook.aspx

Students should also consult the Rules of Netiquette for more information regarding how to interact with students in an online forum: Netiquette http://www.albion.com/netiquette/corerules.html

TAMUC Attendance

For more information about the attendance policy please visit the Attendance webpage and Procedure 13.99.99.R0.01.
http://www.tamuc.edu/admissions/registrar/generalInformation/attendance.aspx

http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/academic/13.99.99.R0.01.pdf

Academic Integrity

Students at Texas A&M University-Commerce are expected to maintain high standards of integrity and honesty in all of their scholastic work. For more details and the definition of academic dishonesty see the following procedures:

Undergraduate Academic Dishonesty 13.99.99.R0.03

http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/undergraduates/13.99.99.R0.03UndergraduateAcademicDishonesty.pdf

Graduate Student Academic Dishonesty 13.99.99.R0.10

http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/graduate/13.99.99.R0.10GraduateStudentAcademicDishonesty.pdf

ADA Statement

Students with Disabilities

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:

Office of Student Disability Resources and Services

Texas A&M University-Commerce
Gee Library- Room 162
Phone (903) 886-5150 or (903) 886-5835
Fax (903) 468-8148
Email: studentdisabilityservices@tamuc.edu

The *syllabus/schedule are subject to change.*

Website: Office of Student Disability Resources and Services
http://www.tamuc.edu/campusLife/campusServices/studentDisabilityResourcesAndServices/

Nondiscrimination Notice

Texas A&M University-Commerce will comply in the classroom, and in online courses, with all federal and state laws prohibiting discrimination and related retaliation on the basis of race, color, religion, sex, national origin, disability, age, genetic information or veteran status. Further, an environment free from discrimination on the basis of sexual orientation, gender identity, or gender expression will be maintained.

Campus Concealed Carry Statement

Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in Texas A&M University-Commerce buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and A&M-Commerce Rule 34.06.02.R1, license holders may not carry a concealed handgun in restricted locations.

For a list of locations, please refer to the Carrying Concealed Handguns On Campus document and/or consult your event organizer.

Web url:
http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/34SafetyOfEmployeesAndStudents/34.06.02.R1.pdf

Pursuant to PC 46.035, the open carrying of handguns is prohibited on all A&M-Commerce campuses. Report violations to the University Police Department at 903-886-5868 or 9-1-1.

COURSE OUTLINE / CALENDAR

8/27/18 Introduction to class and each other. Ice breaker activities.

9/3/18   Holiday – Labor Day – enjoy the night off

9/10/18 Discuss Ch. 1 Health and Developmental Benefits of Physical Education
          Discuss Ch. 2 Meeting the Mission of he Elementary School
          Students will receive a copy of the K-6th physical education TEKS & equipment list
          Instructor presents: Locomotor/Movement lesson w/ TEKS
          Instructor presents: Rhythmic Activity and Dance lesson w/TEKS

9/17/18 Discuss Ch. 3 Physical Growth and Maturation
          Discuss Ch. 4 Motor Performance During Childhood
          Discuss Ch. 5 Cognition, Learning, And Practice
          Instructor presents: Fitness and Health activity lesson w/TEKS
          Instructor presents: Games & Sports lesson w/TEKS

9/24/18 Discuss Ch. 6 Physical Activity for Children
          Discuss Ch. 7 Psychosocial Factors in Physical Education
          Instructor presents: Gymnastic activity lesson w/TEKS
          Explain the lesson plans that students will be planning according to the following guidelines:

The syllabus/schedule are subject to change.

From 10/1/18 – 10/29/18 students will plan a lesson according to the specific skill listed by each week. Students will type up the name and description of activity, objective of lesson, grade level (K-2) (3-4) or (5-6), number of participates, equipment needed, class formation and the TEKS that correlate. Each student's name and number will also be typed on their lesson. Students will turn in a copy of their lesson to the instructor and submit the lesson on line for instructor only. After all lessons have been submitted, the instructor will release the lesson so everyone in the class can download and print off the lesson for their notebook.

    Students will take turns teaching their skills. They will not teach every week, but will have their lessons prepared on e-college each week that they are due. They will rotate their turns to present.

    11/12/18, 11/19/18, 11/26/18 – Everyone will teach their integrated physical education across curriculum skill activity.

10/1/18 Discuss Ch. 8 Planning Your Curriculum
     Students prepare & present Locomotor/Movement Lessons

10/8/18 Discuss Ch. 9 Organizing for Teaching
     Students prepare & present Games & Sports Lessons

10/15/18 Discuss Ch. 10 Managing Students
     Students prepare & present Rhythmic Activity & Dance Lessons

10/22/18 Discuss Ch. 11 Teachers' Rights, Responsibilities, and Best Practices
     Students prepare & present Gymnastics Lessons

10/29/18 Discuss Ch. 12 Equipment and Facilities
     Students prepare & present Fitness & Health Lessons

11/5/18 Discuss Ch. 13 Instructing Students
     Instructor presents Integrated Physical Education Across the Curriculum lesson

11/12/18 Discuss Ch. 14 Evaluating Students
     Students prepare & present Integrated Physical Education Across the Curriculum Lessons

11/19/18 Discuss Ch. 15 Growing as a Teacher
     Students prepare & present Integrated Physical Education Across the Curriculum Lessons

11/26/18 Discuss information needed for the Excet – P.E./Health
     Students prepare & present Integrated Physical Education Across the Curriculum Lessons

12/3/18 **FINAL (Notebook of all skills- organized by specific skills)**
     Students will enclose all activities that everyone has submitted and add other activities if their own lessons did not cover all the Physical Ed. TEKS according to their specific grade levels.
    Discuss information needed for the Excet – P.E./Health and any questions or comments
    Group presentation that is prepared during class with specific equipment and/or supplies

  12/10/18 Notebooks will be ready for pick-up at front office.

The *syllabus/schedule are subject to change.*

The *syllabus/schedule are subject to change.*