



NURS 3133.01B GERONTOLOGICAL NURSING

COURSE SYLLABUS: SPRING 2018

INSTRUCTOR INFORMATION

Instructor: Monica L. Tenhunen, DNP, RN, GNP-BC

Office Location: Nursing Department

Office Hours: as posted and by appointment

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Preferred Form of Communication: email

Communication Response Time: Two business days

COURSE INFORMATION

Materials – Textbooks, Readings, Supplementary Readings

Textbooks Required

Dunn, H. (2016). *Hard choices for loving people: CPR, feeding tubes, palliative care, comfort measures, and the patient with a serious illness* (6th ed.). Naples, FL: Quality of Life Publishing.

Online resources and articles as directed

Previous and current nursing course textbooks

Optional Online resources and articles as directed

The syllabus/schedule are subject to change.

Course Description (1 credit hour)

This seminar course is on optimum health care for the aging client within the framework of the nursing process. Emphasis is on understanding the unique needs of the aging population, encouraging health promotion and self-care, identifying variable responses of elderly clients to pathological conditions, and maintaining a level of function that promotes quality of life.

Student Learning Outcomes

By the end of the course, the student will be able to:

1. Incorporate professional attitudes, values, and expectations about physical and mental aging in the provision of patient-centered care for older adults and their families.
2. Assess the living environment as it relates to functional, physical, cognitive, psychological, and social needs of older adults.
3. Intervene to assist diverse older adults and their support network to achieve personal goals, including functional, physical, and mental wellness based on the availability of community resources/programs.
4. Compare models of care that promote safe, quality physical and mental health care for older adults.
5. Integrate relevant theories and concepts included in a liberal education into the delivery of patient-centered care for older adults.

COURSE REQUIREMENTS

Minimal Technical Skills Needed

Using the learning management system, using Microsoft Word and PowerPoint.

Instructional Methods

This is a blended course without lecture requiring students to complete online activities and independent study to be successful. Course objectives may be met through individual study using suggested resources, active involvement in classroom activities, formal, and informal exchange of ideas with classmates and colleagues regarding specific topics as well as utilizing critical thinking skills. Teaching methods include seminar, discussion, simulation, small group work, independent study of texts and library resources, computer-assisted instruction, audio-visual aids, and the assignments listed. While the professor will provide guidance and consultation, the student is responsible for identification of learning needs, self-direction, seeking consultation and demonstration of course objectives.

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Student Responsibilities or Tips for Success in the Course

Logging into the course website daily during the week, checking emails at least daily, updated semester calendar, at least three hours of weekly study, attendance at all class meetings and simulations.

GRADING

Final grades in this course will be based on the following scale:

A = 90-100
B = 80-89
C = 75-79
D = 60-74
F = Below 60

A minimum grade of 75 is required to pass the course.

Simulation Pre-Work (2)	15% (7.5% each)
Simulation Participation & Evaluation (2)	15% (7.5% each)
Shadow Health Scenarios	10% (5% each)
Client Interview Paper #1	25%
Client Interview Paper #2	25%
Older Adult Resource Paper	10%
Total	100%

Successful completion of the assignments will enable the student to meet the student learning outcomes.

Late Submissions

It is expected that you will submit all assignments on time. If you need an extension, it should be requested before the due date and may or may not be approved at the discretion of the course coordinator. Unexcused late assignments will be penalized 10% per day for each of the first two days overdue; on the 3rd day, the grade will be assigned as 0%. Communication on these matters is the student's responsibility.

Paper submissions

All documents submitted online are to be in .docx, .rtf, or .pdf format. No other formats will be accepted (JPEG, GIF, etc.). Assignments need to be submitted in a maximum of one document per assignment. Failure to follow these guidelines will result in a grade of "0" on the assignment.

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Assessments

Types of Assessments and Purpose of Each: There is a variety of assignments for this class to accommodate different learning styles.

1. Simulation Day Pre-Work 7.5% each (15% total) 2/8 & 4/2 or 4/4

The purpose of this assignment is to provide the student an opportunity to integrate relevant theories and concepts into the care of an older adult. Complete the simulation pre-work posted on eCollege and submit to instructor for entry into the simulation.

2. Sim Participation & Journal 7.5% each (15% total) 2/8 & 4/2 or 4/4

The purpose of this assignment is to provide the students an opportunity to work as a member of a team and reflect on their experiences during the simulation day. Complete the simulation effectiveness tool (posted on eCollege along with the grading rubric) and in the comment area reflect on your experience. It is due by 2359 the day of your simulation experience and is to be submitted on eCollege.

3. Shadow Health Scenarios 5% each (10% total) 3/30 & 4/20

The purpose of this assignment is to provide the students an opportunity to work on improvement in their assessment, intervention, and documentation skills during online scenarios on older adults. Complete the scenario with a score of 75% or greater by the due date to receive credit for the assignment.

4. Client Interview Papers #1 & #2 25% each (50% total) 3/2 & 5/4

The purpose of this assignment is to conduct a holistic assessment of an older adult who lives alone, and/or with significant others, and who is basically independent in their activities of daily living; and to intervene to assist diverse older adults and their support network to achieve personal goals, including functional, physical and mental wellness based on the availability of community resources/programs. This assignment will also provide the students the opportunity to develop skills in the interview and assessment process using a variety of techniques including observation, and use of standardized tools. A signed consent for this assignment is due with the first paper on March 2nd. To receive credit in the course, you must submit the consent. You must visit your client at least twice and should visit three times. The papers must include the dates of your visits and the time you spent with the client on each visit. The life reminiscence questions and all the tools are in the client interview paper document on eCollege.

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Each paper is a maximum of five (5) pages each, not counting the assessment tools, PIE page, the title page or reference page. All of the tools, the paper and the consent are to be in one document when uploaded on eCollege.

Paper #1

Life Reminiscence	15 points
Medication Evaluation	5
ADL/IADL	5
Home Safety	5
Urinary Incontinence	5
PIE (2)	6
Evaluation	14
APA Format, Grammar, etc. (all or none)	5
Total	60

Paper #2

Fall Risk/Fear of Falling	5 points
Geriatric Depression Scale	5
Nutrition Assessment	5
Elder Abuse Assessment	5
Sexuality Assessment	5
Pittsburg Sleep Quality Index	5
Spirituality Assessment	5
PIE (2)	6
Evaluation	18
APA Format, grammar, etc. (all or none)	5
Total	64

5. Older Adult Resource Paper 10% 3/23

The purpose of this assignment is to give the student an opportunity to assess older adult resources in the community. You are to locate one resource in your hometown focused on older adults. Each student must have a different resource. Investigate their website, social media, etc. to determine the services they offer, their funding sources, and any professionals involved in the resource.

In a one-page double-spaced narrative paper, not counting the reference page, you will provide information on the resource: name/address of facility, types of participants they focus on and the services they offer and information on any professionals involved. Your reference page needs to include the website and other references you used. All references listed on the reference page should be referenced in your paper (you don't need a title page). It is due by 2359 in the Dropbox on eCollege.

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TECHNOLOGY REQUIREMENTS

- To fully participate in online courses you will need to use a current Flash enabled internet browser. For PC and Mac users the suggested browser is Mozilla Firefox.
- You will need regular access to a computer with a broadband Internet connection. The minimum computer requirements are:
 - 512 MB of RAM, 1 GB or more preferred
 - Broadband connection required courses are heavily video intensive
 - Video display capable of high-color 16-bit display 1024 x 768 or higher resolution
- You must have a:
 - Sound card, which is usually integrated into your desktop or laptop computer
 - Speakers or headphones.
 - *For courses utilizing video-conferencing tools and/or an online proctoring solution, a webcam and microphone are required.
- Both versions of Java (32 bit and 64 bit) must be installed and up to date on your machine. At a minimum Java 7, update 51, is required to support the learning management system. The most current version of Java can be downloaded at: [JAVA web site http://www.java.com/en/download/manual.jsp](http://www.java.com/en/download/manual.jsp)
- Current anti-virus software must be installed and kept up to date.
- Run a browser check through the Pearson LearningStudio Technical Requirements website. [Browser Check http://help.ecollege.com/LS_Tech_Reg_WebHelp/en-us/#LS_Technical_Requirements.htm#Browse](http://help.ecollege.com/LS_Tech_Reg_WebHelp/en-us/#LS_Technical_Requirements.htm#Browse)

Running the browser check will ensure your internet browser is supported.

Pop-ups are allowed.

JavaScript is enabled.

Cookies are enabled.

- You will need some additional free software (plug-ins) for enhanced web browsing. Ensure that you download the free versions of the following software:
 - [Adobe Reader https://get.adobe.com/reader/](https://get.adobe.com/reader/)
 - [Adobe Flash Player \(version 17 or later\) https://get.adobe.com/flashplayer/](https://get.adobe.com/flashplayer/)
 - [Adobe Shockwave Player https://get.adobe.com/shockwave/](https://get.adobe.com/shockwave/)
 - [Apple Quick Time http://www.apple.com/quicktime/download/](http://www.apple.com/quicktime/download/)
- At a minimum, you must have Microsoft Office 2013, 2010, 2007 or Open Office. Microsoft Office is the standard office productivity software utilized by faculty, students, and staff. Microsoft Word is the standard word processing software, Microsoft Excel is the standard spreadsheet software, and Microsoft PowerPoint is

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the standard presentation software. Copying and pasting, along with attaching/uploading documents for assignment submission, will also be required. If you do not have Microsoft Office, you can check with the bookstore to see if they have any student copies.

- For additional information about system requirements, please see: [System Requirements for LearningStudio](https://secure.ecollege.com/tamuc/index.learn?action=technical)
<https://secure.ecollege.com/tamuc/index.learn?action=technical>

ACCESS AND NAVIGATION

Pearson LearningStudio (eCollege) Access and Log in Information

This course will be facilitated using Pearson LearningStudio, the learning management system used by Texas A&M University-Commerce. To get started with the course, go to [myLeo](http://www.tamuc.edu/myleo.aspx) and from the top menu ribbon select eCollege. Then on the upper left side of the screen click on the My Courses tab. <http://www.tamuc.edu/myleo.aspx>

You will need your campus-wide ID (CWID) and password to log into the course. If you do not know your CWID or have forgotten your password, contact the Center for IT Excellence (CITE) at 903.468.6000 or helpdesk@tamuc.edu.

Note: It is strongly recommended you perform a “Browser Test” prior to the start of your course. To launch a browser test login to Pearson LearningStudio, click on the My Courses tab, and then select the Browser Test link under Support Services.

Pearson LearningStudio Student Technical Support

Texas A&M University-Commerce provides students technical support for the use of Pearson LearningStudio.

Technical assistance is available 24/7 (24 hours, 7 days a week).

If you experience LearningStudio (eCollege) technical problems, contact the LearningStudio helpdesk at 1-866-656-5511 (toll free) or visit [Pearson 24/7 Customer Support Site](http://247support.custhelp.com/) <http://247support.custhelp.com/>

The student help desk may be reached in the following ways:

- **Chat Support:** Click on '*Live Support*' on the tool bar within your course to chat with a Pearson LearningStudio Representative.
- **Phone:** 1-866-656-5511 (Toll Free) to speak with Pearson LearningStudio Technical Support Representative.

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Accessing Help from within Your Course: Click on the 'Tech Support' icon on the upper left side of the screen inside the course. Then you will be able to get assistance via online chat or by phone.

Note: Personal computer and internet connection problems do not excuse the requirement to complete all course work in a timely and satisfactory manner. Each student needs to have a backup method to deal with these inevitable problems. These methods might include the availability of a backup PC at home or work, the temporary use of a computer at a friend's home, the local library, office service companies, Starbucks, a TAMUC campus open computer lab, etc.

Policy for Reporting Problems with Pearson LearningStudio

Should students encounter Pearson LearningStudio based problems while submitting assignments/discussions/comments/exams, the following procedure must be followed:

1. Students must report the problem to the help desk. You may reach the helpdesk at 1-866-656-5511.
2. Students must file their problem with the helpdesk and obtain a helpdesk ticket number
3. Once a helpdesk ticket number is in your possession, students should email me to advise me of the problem and provide me with the helpdesk ticket number.
4. I will call the helpdesk to confirm your problem and follow up with you

PLEASE NOTE: Your personal computer and internet access problems are not a legitimate excuses for filing a ticket with the Pearson LearningStudio Help Desk. Only Pearson LearningStudio based problems are legitimate reasons to contact the Help Desk.

You strongly are encouraged to check for your internet browser compatibility **BEFORE** the course begins and take the Pearson LearningStudio tutorial offered for students who may require some extra assistance in navigating the Pearson LearningStudio platform.

myLeo Support

Your myLeo email address is required to send and receive all student correspondence. Please email helpdesk@tamuc.edu or call us at 903-468-6000 with any questions about setting up your myLeo email account. You may also access information at [myLeo](https://leo.tamuc.edu).
<https://leo.tamuc.edu>

Learner Support

The [One Stop Shop](http://www.tamuc.edu/admissions/onestopshop/) was created to serve you by providing as many resources as possible in one location. <http://www.tamuc.edu/admissions/onestopshop/>

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The [Academic Success Center](http://www.tamuc.edu/campusLife/campusServices/academicSuccessCenter/) provides academic resources to help you achieve academic success.

<http://www.tamuc.edu/campusLife/campusServices/academicSuccessCenter/>

FREE Mobile APPS

The Courses apps for phones have been adapted to support the tasks students can easily complete on a smaller device. Due to the smaller screen size course content is not presented.

The Courses app is free of charge. The mobile Courses Apps are designed and adapted for different devices.

	App Title:	iPhone – Pearson LearningStudio Courses for iPhone Android – LearningStudio Courses - Phone
	Operating System:	iPhone - OS 6 and above Android – Jelly Bean, Kitkat, and Lollipop OS
	iPhone App URL:	https://itunes.apple.com/us/app/pearson-learningstudio-courses/id977280011?mt=8
	Android App URL:	https://play.google.com/store/apps/details?id=com.pearson.lsphone

Once downloaded, search for Texas A&M University-Commerce, and it should appear on the list. Then you will need to sign into the myLeo Mobile portal.

The Courses App for Android and iPhone contain the following feature set:

- View titles/code/Instructor of all Courses enrolled in online
- View and respond to all discussions in individual Courses
- View Instructor Announcements in individual Courses
- View Graded items, Grades and comments in individual Courses
- Grade to Date
- View Events (assignments) and Calendar in individual Courses
- View Activity Feed for all courses
- View course filters on activities
- View link to Privacy Policy
- Ability to Sign out
- Send Feedback

LearningStudio Notifications

Students can be alerted to course activities via text on their mobile phones or up to two email addresses.

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Based on their preferences, students can automatically receive a push notification with every new: course announcement, threaded discussion post, grade, and/or assignment without having to login to the course. Enrolled students will automatically receive email notifications for announcements and can opt out of this feature. To receive text notifications, students must opt in.

To begin setting up notifications, go into your course in LearningStudio and click on the bell-shaped Notifications icon on the main menu ribbon.

By default the student's university email address will appear. This cannot be changed in LearningStudio. Additional email addresses may be added by clicking the Add button. After all of the other selections are completed be sure to click the Save and Finish button.

COMMUNICATION AND SUPPORT

Interaction with Instructor Statement

It is expected that you will check your eCollege course and email at least **DAILY** for communication from the instructor. A response will occur within two (2) business days.

Communication between faculty and students is primary and taken seriously. Preferred communication methods are individualized office hours, email, or via office phone. If a phone call is not answered, please leave a message and send an e-mail using the direct e-mail link on the course home page. You will be treated with collegial respect and you are expected to communicate likewise in a professional manner.

COURSE AND UNIVERSITY PROCEDURES/POLICIES

Course Specific Procedures/Policies

CLASS

1. Class Cancellation: In the event that a class is canceled, the student is expected to do the readings and complete the objectives for that day. The content will still be included on examinations. The material in this syllabus and dates identified in the Course Calendar are subject to change.
2. Class attendance is expected. The students should notify course faculty in advance of any absence.
3. Exam dates are listed in each course syllabus, and the student is expected to be present for exams. In the event that the student will be absent, the course instructor must be notified in advance. Failure to do so may result in the student receiving a zero for the missed exam or quiz. Review the university catalog for excused absence criteria.

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4. As an adult learner and responsible professional, the student is responsible for reading and completing assignments prior to class and for being prepared to participate in discussions over the assigned material. It should not be expected that all material would be covered in class. Students are expected to come to class prepared.
5. Assignments must be handed in on time. Assignments submitted late without prior arrangement with the classroom instructor will receive a zero.

Syllabus Change Policy

The syllabus is a guide. Circumstances and events, such as student progress, may make it necessary for the instructor to modify the syllabus during the semester. Any changes made to the syllabus will be announced in advance.

You are responsible for reviewing and understanding the policies and procedures in the Student Guide. If you have any questions, please ask.

Nursing Student Guide

Specific information for the nursing student regarding the nursing program and current policies and procedures can be found here:

<http://www.tamuc.edu/academics/colleges/educationHumanServices/departments/nursing/Current%20Students/studentguidebook/default.aspx> Attendance/Lateness, Late Work, Missed Exams and Quizzes and Extra Credit

University Specific Procedures

Student Conduct

All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment. The Code of Student Conduct is described in detail in the [Student Guidebook](#).

<http://www.tamuc.edu/Admissions/oneStopShop/undergraduateAdmissions/studentGuidebook.aspx>

Students should also consult the Rules of Netiquette for more information regarding how to interact with students in an online forum: [Netiquette](#)
<http://www.albion.com/netiquette/corerules.html>

TAMUC Attendance

For more information about the attendance policy please visit the [Attendance](#) webpage and [Procedure 13.99.99.R0.01](#).

<http://www.tamuc.edu/admissions/registrar/generalInformation/attendance.aspx>

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/academic/13.99.99.R0.01.pdf>

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Academic Integrity

Students at Texas A&M University-Commerce are expected to maintain high standards of integrity and honesty in all of their scholastic work. For more details and the definition of academic dishonesty see the following procedures:

[Undergraduate Academic Dishonesty 13.99.99.R0.03](#)

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/undergraduates/13.99.99.R0.03UndergraduateAcademicDishonesty.pdf>

[Graduate Student Academic Dishonesty 13.99.99.R0.10](#)

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/graduate/13.99.99.R0.10GraduateStudentAcademicDishonesty.pdf>

ADA Statement

Students with Disabilities

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:

Office of Student Disability Resources and Services

Texas A&M University-Commerce

Gee Library- Room 162

Phone (903) 886-5150 or (903) 886-5835

Fax (903) 468-8148

Email: studentdisabilityservices@tamuc.edu

Website: [Office of Student Disability Resources and Services](#)

<http://www.tamuc.edu/campusLife/campusServices/studentDisabilityResourcesAndServices/>

Nondiscrimination Notice

Texas A&M University-Commerce will comply in the classroom, and in online courses, with all federal and state laws prohibiting discrimination and related retaliation on the basis of race, color, religion, sex, national origin, disability, age, genetic information or veteran status. Further, an environment free from discrimination on the basis of sexual orientation, gender identity, or gender expression will be maintained.

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Campus Concealed Carry Statement

Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in Texas A&M University-Commerce buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and A&M-Commerce Rule 34.06.02.R1, license holders may not carry a concealed handgun in restricted locations.

For a list of locations, please refer to the [Carrying Concealed Handguns On Campus](#) document and/or consult your event organizer.

Web url:

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/34SafetyOfEmployeesAndStudents/34.06.02.R1.pdf>

Pursuant to PC 46.035, the open carrying of handguns is prohibited on all A&M-Commerce campuses. Report violations to the University Police Department at 903-886-5868 or 9-1-1.

COURSE OUTLINE / CALENDAR

Week/ Monday Date	Content	Reading Assignments	Activities/Assignments
1 1/15	Orientation Gerontological Nursing	Fulmer article Lewis 69-74 2 online articles	Class 1/16 15-1700
2 1/22	Successful Aging Attitudes	10 Tips for Aging Well Thatch article Lewis 62-63 Healthy People 2020 document	Class 1/25 08-1000
3 1/29	Aging Changes	Lewis 63-64	
4 2/5	Chronic Care	Lewis 60-62, 65	Simulation #1 2/8 (your assigned time) Sim #1 Pre-Work due at the start of your simulation on 2/8 Simulation Evaluation due 2359, 2/8
5 2/12	Physical Health 1	Lewis 66, 1055-1059, 1532- 1534 Geriatric 5Ms article	
6 2/19	Safety	Lewis 66-67, 72-73 Winterstein Article Shade article Beers pocket guide	
7 2/26	Physical Health 2	Nutrition article	Client Interview Paper #1 due 2359, 3/2
8 3/5	Hard Choices for Loving People	Lewis 68, 135-142 Dunn-Hard Choices Dying behind bars article Radtke article	Class 3/8 08-1000
9 3/12	SPRING BREAK		
10 3/19	Culture	AGS LGBT Statement Jacobson article Yee-Melichar article	Resource Paper due 2359, 3/23
11 3/26	Mental Health	Lewis 73 Smagula article	Shadow Health EOL Scenario by 2359, 3/30

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12 4/2	Models of Care	Lewis 68-69	Simulation #2 4/2 or 4/4 (your assigned time) Sim #2 Pre-Work due at the start of your simulation on 4/2 or 4/4 Simulation Evaluation due 2359 day of your simulation
13 4/9	Economics	Lewis 67 http://www.dartmouthatlas.org/ NCOA/AARP Article	
14 4/16	Collaboration	Lewis 9-12, 72, 389-391, 1361, 1477-1478	Shadow Health Cognition Scenario by 2359, 4/20
15 4/23	Global Priorities	World Health Organization article	Class 4/26 08-1000
16 4/30			Client Interview Paper #2 due 2359, 5/4
17 5/7	Finals Week		

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