



## HHPK 251.02E-Physical Activity Skills II: Team Sports COURSE SYLLABUS: SPRING 2018

**Course Time:** TR 2:00-3:15 p.m.

**Course Location:** Field House 103

**Instructor:** Ruth Beelitz, MS, CSCS, CI-CPT

**Office Hours:** By Appointment either Face-to-Face or by Phone

**Office Fax:** 903-886-5365

**University Email Address:** ruth.beelitz@tamuc.edu

### COURSE INFORMATION

#### **MATERIALS-TEXTBOOKS, READINGS, SUPPLEMENTAL READINGS:**

*No required textbook.* All information will be posted to eCollege and through discussions/teachings during class.

**Other materials:** Several handouts will be posted to eCollege under the Doc Share folder. You are responsible for obtaining these.

**COURSE DESCRIPTION:** The purpose of this course is to develop the techniques utilized in fundamental skills for team sports. This course will also focus on the various stages of games skill development. An emphasis will be placed on designing a variety of learning experiences for grade appropriate sports.

#### **STUDENT LEARNING OUTCOMES:**

1. Develop knowledge and skills required for several team activities including, but not limited to, Ultimate Frisbee, Soccer, Floor Hockey, Rugby, and Team Handball.
2. Demonstrate the skills needed to be proficient when participating in the above mentioned activities.
3. Identify drills and lead-up games for the teaching of skills needed to be proficient in various sports.
4. Use the basic terminology associated with the assigned activities.
5. Develop a knowledge and understanding of the proper safety precautions that may be used when participation in physical activity is desired or required
6. View themselves as engaged citizens within an interconnected and diverse world through experiences with games and sports from a variety of cultures.

## COURSE REQUIREMENTS

- A. **Class participation:** This course is designed as a hands-on learning experience. To get the most out of it, class attendance and participation is a must. For each unexcused absence, 15 points will be deducted from your final grade. Five points will be deducted from the final grade for each tardy up to 10 minutes. After 10 minutes the student will be considered absent. It is imperative that students are on time to class, as instructions are given for the day's activity at the start of each class. Leaving class early or not participating will be treated as an absence. Class assignments will not be accepted after the due date. Each student will be responsible for signing in next to their name each class day. Attendance will be taken from the sign-in, therefore it is your responsibility to sign-in each day. You will not be allowed to sign-in for any other student, nor have anyone sign-in for you. Excused absences are defined by university policy (see below) and must be documented appropriately WITHIN ONE WEEK of the absence. (I need a copy of the documentation that I can keep.)
- B. **Skill tests (6)(300):** Eight skill tests will be given during the semester. These will be given at the end of the week. You will have the opportunity to practice each skill test before you attempt it. You must be present in class to take the skill test. I will not test you outside class or on another day, except in the case of an emergency or a pre-arranged University-excused absence.
- C. **Sport Quizzes (9)(450):** Each sport quiz will be taken within e-college. They are due by the Sunday at 11:59pm (be sure to check specific dates), and no late quizzes will be accepted. If you have not achieved an 80% or higher on the quiz before class, you will not be allowed to participate. Be sure to save your answers during the quiz and submit before time expires. Before you start each quiz, you should review the section on that sport and/or any handout I provide regarding that sport. You may use your notes during the quiz, but you will not have much time, so you need to read ahead.
- D. **Culture & Sport (150):** The concept of "team" sports has a long history in almost every culture. This assignment is designed for you to examine the impact of sport, particularly team sports, on other cultures. As we have learned a variety of sports across the globe, this assignment looks to assess the impact of sports on culture. Your team is to investigate and report on the concept of team sports for your country. You may report on different sports that are popular, but you are to demonstrate some knowledge about the cultural aspect of team sports. For example, in the United States baseball is considered "America's pastime." Why is this? What is the cultural aspect of baseball to the US? And so forth. How about language? Where did the term "ballin'" come from? You will conclude the assignment by reflecting on your experiences within the class and how your view of global sports has changed.

You will present your findings in a power point presentation. You do not need to actually present it, but put down your info as if you were. DO NOT cut and paste, put it in your own words. You can work with others, but it must be your own work. This is a minimum amount of work. More details can be found in eCollege.

As a group, you will also present and teach a team sport from your country that we have not played in class. This may take some research on your part.

- E. **Sportsmanship/Duty Team (100):** This class is intended to be a learning environment. I will let you know right now that there is no Championship trophy, MVP, or anything of the sort. Many

of these activities are brand new to the majority of you. It is intentional. Therefore, the class needs to be a place where we encourage others in their development. Also, due to the set up the class, each session, there will be a time where you will be called upon to set up the fields, pick up the fields, and/or officiate games. You have the possibility of earning up to 5 points per day.

- F. **EXTRA CREDIT OPPORTUNITIES:** There MAY be opportunities for you to earn extra credit points. I will announce any opportunities in class or through email. Do not ask if you can do something for extra credit that is not provided as an opportunity to the entire class. The answer will be “no.” The most points you can earn from any source of extra credit for the semester is 50 (5%).

**EVALUATION:**

Skills tests (6x50 points each)	30% (300 pts)
Sports quizzes (9x50 each 1x25)	47.5% (475 pts)
Sportsmanship/Duty Team	7.5% (75 pts)
<u>Culture &amp; Sport Assignment</u>	<u>15% (150 pts)</u>
<b>Total</b>	<b>100% (1000 pts)</b>

**No late work will be accepted.**

**GRADING POLICY:** At the end of the semester, I will assign your earned letter grade according to the schedule below:

**A= 900 pts and above (90% and above)**

**B= 800-899 pts (80-89.9%)**

**C=700-799 pts (70-79.9%)**

**D= 600-699 pts (60-69.9%)**

**F= 599 pts and below (59.9% and below)**

**A grade of C or above must be maintained in all courses of your major field and for teacher certification.**

NOTHING can be done to change your final grade once it is assigned. (No extra credit, extra assignments, retaking tests, etc.) Multiple opportunities are given to students to earn their course grade, and I suggest that YOU take advantage of every opportunity to make the highest grade possible.

## ACCESS AND NAVIGATION

This course will be facilitated using Pearson LearningStudio, the learning management system used by Texas A&M University Commerce. To get started with the course, go to:  
<http://www.tamuc.edu/myleo.aspx>.

**You will need your CWID and password to log in to the course. If you do not know your CWID or have forgotten your password, contact Technology Services at 903.468.6000 or [helpdesk@tamuc.edu](mailto:helpdesk@tamuc.edu).**

It is strongly recommended that you perform a “Browser Test” prior to the start of your course. To launch a browser test, login to Pearson LearningStudio, click on the ‘myCourses’ tab, and then select the “Browser Test” link under Support Services.

### **Pearson LearningStudio Student Technical Support**

Texas A&M University Commerce provides students technical support in the use of Pearson LearningStudio.

Technical assistance is available 24 hours a day/ 7 days a week.

If at any time you experience technical problems (e.g., you can't log in to the course, you can't see certain material, etc.) please contact the Pearson LearningStudio Help Desk, available 24 hours a day, seven days a week.

The student help desk may be reached by the following means 24 hours a day, seven days a week.

- **Chat Support:** Click on '*Live Support*' on the tool bar within your course to chat with an Pearson LearningStudio Representative.
- **Phone:** 1-866-656-5511 (Toll Free) to speak with Pearson LearningStudio Technical Support Representative.
- **Email:** [helpdesk@online.tamuc.org](mailto:helpdesk@online.tamuc.org) to initiate a support request with Pearson LearningStudio Technical Support Representative.

**Accessing Help from within Your Course:** Click on the '*Tech Support*' icon on the upper left side of the screen inside the course. You will then be able to get assistance via online chat, email or by phone by calling the Help Desk number noted below.

**Note:** Personal computer problems do not excuse the requirement to complete all course work in a timely and satisfactory manner. Each student needs to have a backup method to deal with these inevitable problems. These methods might include the availability of a backup PC at home or work, the temporary use of a computer at a friend's home, the local library, office service companies, an Internet cafe, or a bookstore, such as Barnes & Noble, etc.

### **Policy for Reporting Problems with Pearson LearningStudio**

Should students encounter Pearson LearningStudio based problems while submitting assignments/discussions/comments/exams, the following procedure **MUST** be followed?

Students must report the problem to the help desk. You may reach the helpdesk at [helpdesk@online.tamuc.org](mailto:helpdesk@online.tamuc.org) or 1-866-656-5511

Students **MUST** file their problem with the helpdesk and obtain a helpdesk ticket number

Once a helpdesk ticket number is in your possession, students should email me to advise me of the problem and to provide me with the helpdesk ticket number

At that time, I will call the helpdesk to confirm your problem and follow up with you

**PLEASE NOTE:** Your personal computer/access problems are not a legitimate excuse for filing a ticket with the Pearson help desk. You are strongly encouraged to check for compatibility of your browser **BEFORE** the course begins and to take the Pearson LearningStudio tutorial offered for students who may require some extra assistance in navigating the Pearson LearningStudio platform. **ONLY** Pearson LearningStudio based problems are legitimate.

### **Internet Access**

An Internet connection is necessary to participate in discussions and assignments, access readings, transfer course work, and receive feedback from your professor. View the requirements as outlined in Technology Requirements above for more information.

#### **myLeo Support**

Your myLeo email address is required to send and receive all student correspondence. Please email [helpdesk@tamuc.edu](mailto:helpdesk@tamuc.edu) or call us at 903-468-6000 with any questions about setting up your myLeo email account. You may also access information at <https://leo.tamuc.edu>.

#### **Learner Support**

Go to the following link [One Stop Shop](#)- created to serve you by attempting to provide as many resources as possible in one location.

Go to the following link [Academic Success Center](#)- focused on providing academic resources to help you achieve academic success.

## **COMMUNICATION AND SUPPORT**

#### **Interaction with Instructor Statement**

I strive to create an environment of open communication. I will do my best to make sure you have all the information you need to be successful in this class. Email is usually the best way to communicate with me, but feel free to come by my office.

## **COURSE AND UNIVERSITY PROCEDURES/POLICIES**

#### **COURSE SPECIFIC PROCEDURES/POLICIES:**

##### **A. STATEMENT ON STUDENT BEHAVIOR**

All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment (see Student's Guide Handbook).

##### **B. PROFESSIONAL ATTIRE**

Athletic shoes, socks, and attire. No sandals. No denim. No profanities or advertising for alcohol, tobacco, or other unhealthy products. Dress to participate in the activity; you are! If you are not dressed appropriately, you will lose 5 points per day. If you are not dressed safely, you will not be allowed to participate and will be considered absent.

***Please dress appropriately for the designated activity EVERY DAY. If in doubt, wear workout clothes. ALWAYS wear athletic footwear.***

C. Students are expected to be in class *on time*, ready to participate.

D. Each tardy will result in a **5 point deduction** from the final grade. You must be in class every day. If you are more than 10 minutes late, you will be considered absent. Leaving before class is over is the same as arriving late.

E. An "**EXCUSED ABSENCE**" is defined as a documented university approved activity. The instructor reserves the right to change the content or format of all make-up work. The student is responsible for making up missed work.

If the absence is one of the reasons listed below, you will be able to make up the work. To reserve this right, you **MUST** provide written documentation on the day of your

return to class (a copy that I can keep). Please notify me ahead of time if you know you will be absent.

\*Participation in an activity appearing on the University's authorized activity list.

\*Death or major illness in a student's immediate family.

\*Illness of a dependent family member

\*Participation in legal proceedings or administrative procedures that require a student's presence.

\*Religious Holy Day

\*Illness that is too severe or contagious for the student to attend class (to be determined by Health Center or off campus physician).

\*Required participation in military duty

- F. **LATE ASSIGNMENTS:** Late assignments will not be accepted. All assignments are due at the beginning of class on the date they are due. If you know that you will not be able to attend class on a day that an assignment is due, please let me know and make plans to turn in the assignment before the due date. All assignments turned in after the due date will be considered late.
- G. Any student *missing an exam or assignment* without prior arrangement will receive a **score of zero**.
- H. YOU MUST be familiar with e-college; familiarize yourself with the online portion of this class.
- I. You MUST check your e-mail (LEO) regularly in case I need to communicate with you. I will not e-mail you junk, and I request that you do the same for me.
- While you are in class, I expect you to participate. That means that you should a) actively prepare by reading the assigned materials, b) TALK (ask and answer questions), c) bring your notes and textbook, d) bring your ideas, and e) refrain from anything that is not class-related during class (newspaper, reading for another class, text messages, etc). Students who choose to disrupt class by not participating will be asked to leave. **CELL PHONES AND ALL OTHER ELECTRONIC DEVICES MUST BE TURNED OFF AND OUT OF SIGHT.** This is a zero-tolerance policy. If you use a cell phone or other electronic device during class, you will lose **5 points** per occurrence.
- J. **CELL PHONES:** Cell phones should be out of sight and placed on silent during class. If there are special circumstances in which you need to be available to answer your cell phone, please let me know before class.
- K. **PLAGIARISM/ACADEMIC DISHONESTY:** Texas A&M University-Commerce does not tolerate **plagiarism** and other forms of academic **dishonesty**. Conduct that violates generally accepted standards of academic honesty is defined as academic dishonesty. "Academic dishonesty" includes, but is not limited to, plagiarism (the appropriation or stealing of the ideas or words of another and passing them off as one's own), cheating on exams or other course assignments, collusion (the unauthorized collaboration with others in preparing course assignments), and abuse (destruction, defacing, or removal) of resource material. Be aware that the intent to deceive the reader does not have to be present for plagiarism to occur. For more information, please go to <http://www.plagiarism.org/>. **If you are in any doubt as to whether your work constitutes plagiarism or academic dishonesty, please discuss this with me confidentially.**

- L. **DUE DATES:** The due dates listed for assignments are the LAST chance to submit them. Please turn in your work early. I DO NOT accept late assignments.
- M. If you have a question or concern, TALK to me. I am here to help. If you need to reach me and I am not in my office, e-mail me.
- N. **NO PROFANITY.** No inappropriate or offensive language or gestures. No inappropriate or offensive clothing. No profanities or advertising for alcohol, tobacco, or other unhealthy products.  
This will not be tolerated and you will be asked to leave and it will be considered an unexcused absence for the day.

**UNIVERSITY SPECIFIC PROCEDURES/POLICIES:**

- O. **STUDENTS WITH DISABILITIES:** The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, the legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:

**Office of Student Disability Resources and Services**

**Texas A&M University-Commerce**

**Gee Library, Room 132**

**Phone (903) 886-5150 or (903) 886-5835**

**Fax: (903) 468-8148**

[StudentDisabilityServices@tamuc.edu](mailto:StudentDisabilityServices@tamuc.edu)

- P. **STUDENT CONDUCT:** All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment. (See *Code of Student Conduct from Student Guide Handbook*).
- Q. **CAMPUS CONCEALED CARRY:** Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in Texas A&M University-Commerce buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and A&M-Commerce Rule 34.06.02.R1, license holders may not carry a concealed handgun in restricted locations. For a list of locations, please refer to (<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/34SafetyOfEmployeesAndStudents/34.06.02.R1.pdf>) and/or consult your event organizer). Pursuant to PC 46.035, the open carrying of handguns is prohibited on all A&M-Commerce campuses. Report violations to the University Police Department at 903-886-5868 or 9-1-1.

**Assumption of Risk**

I hereby waive any claim I may have as a result of my participation in the above mentioned course. I hereby agree to indemnify, defend, and hold harmless the State of Texas, the Texas A&M University System, Texas A&M University - Commerce, and the Department of Health and Human Performance, and all of the officers, trustees, directors, agents, representatives, and employees of the foregoing

entities against any and all claims, including attorneys' fees and costs, which may be brought against any of them by anyone claiming to have been injured as a result of my participation in the this course.



## COURSE OUTLINE/CALENDAR

*This schedule is tentative and is subject to change at my discretion. I will let you know if the schedule changes! These changes will be sent via email. Make sure you check your email on a regular basis. If you miss class because of a failure to check email it is not considered an excused absence.*

DAY	DATE	ACTIVITY/GAMES	LOCATION	ASSIGNMENTS/QUIZZES DUE BY 11:59 PM
T	1/16	Introduction & Review eCollege and Syllabus	Field House 103	Review eCollege and Syllabus SYLLABUS & ECOLLEGE EXTRA CREDIT QUIZ DUE 1/19 (15)
R	1/18	Tchoukball	MRC Gym	TCHOUCKBALL QUIZ DUE BY 1/17 (50)
T	1/23	Modified Netball	MRC Gym	NETBALL QUIZ DUE BY 1/21 (50)
R	1/25	Netball/Basketball-play	MRC Gym	
T	1/30	Volleyball	MRC Gym	VOLLEYBALL QUIZ DUE BY 1/28 (50)
R	2/1	Volleyball-play & SKILLS TEST	MRC Gym	VOLLEYBALL SKILLS TEST (50)
T	2/6	Floor Hockey	Field House	FLOOR HOCKEY QUIZ DUE BY 2/4 (50)
R	2/8	Floor Hockey-play & SKILLS TEST	Field House	FLOOR HOCKEY SKILLS TEST (50)
T	2/13	Wheelchair Games	Field House	
R	2/15	Wheelchair Games	Field House	
T	2/20	Team Handball	MRC MAC Ct or Gym	TEAM HANDBALL QUIZ DUE BY 2/18 (50)
R	2/22	Team Handball-play & SKILLS TEST	MRC MAC Ct or Gym	
T	2/27	Soccer	MRC MAC Ct or Gym	SOCCER QUIZ DUE BY 2/25 (50)
R	3/1	Soccer-play & SKILLS TEST	MRC MAC Ct or Gym	SOCCER SKILLS TEST (50)
T	3/6	Work on Cultural Games	Field House	
R	3/8	Work on Cultural Games	Field House	
M-F	3/12-16	<b>NO CLASS (SPRING BREAK)</b>	<b>NO CLASS (SPRING BREAK)</b>	<b>NO CLASS (SPRING BREAK)</b>
T	3/20	Rounders	Cain Intramural Fields	ROUNDERS QUIZ DUE BY 3/18 (50)
R	3/22	Rounders-play & SKILLS TEST	Cain Intramural Fields	ROUNDERS SKILLS TEST (50)
T	3/27	Aerial-play	Cain Intramural Fields	AERIAL/SPEEDBALL QUIZ DUE BY 3/25 (50)
R	3/29	Speed Ball-play	Cain Intramural Fields	
T	4/3	Rugby	Cain Intramural Fields	RUGBY QUIZ DUE BY 4/1 (50)
R	4/5	Rugby-play & SKILLS TEST	Cain Intramural Fields	RUGBY SKILLS TEST (50)
T	4/10	Ultimate Frisbee-Intro/Practice	Cain Intramural Fields	ULTIMATE FRISBEE QUIZ DUE BY 4/8 (50)
R	4/12	Ultimate Frisbee-play & SKILLS TEST	Cain Intramural Fields	ULTIMATE FRISBEE SKILLS TEST (50)

T	4/17	Cricket Games	Cain Intramural Fields	
R	4/19	Cricket Games	Cain Intramural Fields	
T	4/24	Cultural Games	Field House	
R	4/26	Cultural Games	Field House	
T	5/1	Cultural Games	Field House	
R	5/3	Cultural Games	Field House	
M-F	5/7-11	<b>FINALS WEEK CULTURE AND SPORT ASSIGNMENT DUE BY 11:59PM ON 5/9 (150)</b>		