



HHPH 265: SUBSTANCE USE AND ABUSE COURSE SYLLABUS: SPRING 2018

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COURSE INFORMATION

Materials – Textbooks, Readings, Supplementary Readings:

Textbook Required: Hanson, G. & Venturelli, P. (2015). *Drugs and society* (13th ed.). Jones & Bartlett: Boston. ISBN: 978-1284110876

APA RESOURCE: Purdue Online Writing Lab:
<http://owl.english.purdue.edu/owl/resource/560/01/>

Course Description: This course is designed to examine the physiological and sociological effects of drugs and other harmful substances. Legal and ethical implications will also be considered.

Student Learning Outcomes:

By the end of the course, the successful student should be able to:

1. Examine current scientific information concerning the relationship between drugs and mental and physical health as well as risk-taking behavior.
2. Identify reasons to initiate drug use and why individuals choose to continue using drugs.
3. Explore how dependence occurs, the treatment necessary to break dependence, and how dependence might have been prevented.
4. Survey the historical influence on the drug-oriented society and its bearing on personal drug behavior to include laws that arise related to substance use, misuse, and abuse.
5. Identify alternative highs to drug use highs and how they relate to healthy attitudes and behaviors.
6. Identify factors and examine issues in making responsible choices about drugs (e.g. decision-making, refusal skills).
7. Make a distinction between over-the-counter (OTC) medications, prescription medications, alcohol, tobacco, and a number of illegal drugs.

COURSE REQUIREMENTS

Instructional / Methods / Activities Assessments

We will review many legal and illegal substances commonly used and abused. Activities include discussions of timely topics, application of knowledge through quizzes and exams, and a review of the literature on a substance use and abuse topic.

Assignment 1: E-college Quizzes (8 quizzes at 50 points each = 400 points)

Student Learning Outcomes #1, #2, #3, #4, #5, #6, and #7

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You will take 8 quizzes over material presented in assigned readings (i.e. websites and articles); the chapters of the book; and lectures. Each quiz will be timed and must be completed within the assigned time frame **(Check your course calendar for due dates)**. The purpose of the quizzes is to ensure that you have the basic knowledge to perform other activities in class such as discussing, researching, and writing about a variety of substances and issues related to them.

Assignment 2: Discussions (7 discussions at 40 points = 280 points)

Student Learning Outcomes #1, #2, #3, #4, #5, #6, and #7

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3. Explore how dependence occurs, the treatment necessary to break dependence, and how dependence might have been prevented.
4. Survey the historical influence on the drug-oriented society and its bearing on personal drug behavior to include laws that arise related to substance use, misuse, and abuse.
5. Identify alternative highs to drug use highs and how they relate to healthy attitudes and behaviors.
6. Identify factors and examine issues in making responsible choices about drugs (e.g. decision-making, refusal skills).
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Seven discussions will be available during the term. You are required to participate in all seven discussion boards. You should also post a **minimum of 2 posts per discussion thread**: one initial post answering the question and one response post to your fellow classmates that further the discussion. **Initial post should be a minimum of 75 words.** Responses should go beyond "I agree" or "I disagree". Please be thorough and engage in the conversation.

Grade Earned	Discussion Rubric: Evaluation Criteria	Points Awarded
A	<ul style="list-style-type: none"> • Participates with the required number of on-topic posting/response of required length (75 words minimum). Initial response plus at least two additional posts. • Postings reflect the reading and some outside source material but may not be accurately cited. • Consistently uses Standard American English with rare misspellings • Frequently attempts to motivate the group discussion by asking questions (related to initial discussion question) that further the discussion. 	90-100% 18 - 20 points
B	<ul style="list-style-type: none"> • Participates with the required number of on-topic posting/responses of required length (75 words minimum). Initial response plus one additional post. • Consistently uses Standard American English with rare misspellings • Comments are logical and reflect critical thinking 	80-89% 16 – 17.9 points
C	<ul style="list-style-type: none"> • Participates with the required number of on-topic posting of required length. No response to fellow classmate postings. • Participates, but does not further the discussion by asking other questions related to discussion question. • Minimal grammatical or spelling errors are noted in posts • Opinions and ideas are stated clearly 	70-79% 14 – 15.9 points
D	<ul style="list-style-type: none"> • Participates with the required number of on-topic posting/responses • Significant errors in spelling and/or grammar • Occasionally posts off topic • Posts do not meet length requirements 	60-69% 12 – 13.9 points
F	<ul style="list-style-type: none"> • Does not meet the required number of posting/responses • Poor spelling and grammar appear in most posts • Posts topics which do not relate to the discussion content • Postings may have inaccurate information 	<60% 0 – 11.9 points

Assignment 3: Exams (1 mid-term (100 points) and 1 final exam (150 points))

Two exams will be administered throughout the semester, covering all information covered in class work, quizzes, discussions, and the book.

Assignment 4: Extra Credit (2 opportunities for 'extra credit' are available – worth 20 points each)

- 1 at 'Week 4' - this assignment will be due the week of 'MID-TERM'
 - *(Only open for the 1st half of the semester)*
- 1 at 'Week 10' – this assignment will be due the week prior to 'FINALS WEEK'
 - *(Only open for the 2nd half of the semester)*

Student Learning Outcomes #1. #2. #3. #4. #5. #6. and #7

1. Examine current scientific information concerning the relationship between drugs and mental and physical health as well as risk-taking behavior.
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Grading

Assignment 1: Chapter Quizzes	400 points
Assignment 2: Discussions	280 points
Assignment 3: Exams	<u>250 points</u>
	920

Grade Scale:

900 - 1000 = A	600 - 699 = D
800 - 899 = B	0 - 599 = F
700 - 799 = C	

TECHNOLOGY REQUIREMENTS

- To fully participate in online courses you will need to use a current Flash enabled internet browser. For PC and Mac users the suggested browser is Mozilla Firefox.
- You will need regular access to a computer with a broadband Internet connection. The minimum computer requirements are:
 - 512 MB of RAM, 1 GB or more preferred
 - Broadband connection required courses are heavily video intensive
 - Video display capable of high-color 16-bit display 1024 x 768 or higher resolution
- You must have a:
 - Sound card, which is usually integrated into your desktop or laptop computer
 - Speakers or headphones.
 - *For courses utilizing video-conferencing tools and/or an online proctoring solution, a webcam and microphone are required.
- Both versions of Java (32 bit and 64 bit) must be installed and up to date on your machine. At a minimum Java 7, update 51, is required to support the learning management system. The most current version of Java can be downloaded at: [JAVA web site http://www.java.com/en/download/manual.jsp](http://www.java.com/en/download/manual.jsp)
- Current anti-virus software must be installed and kept up to date.
- Run a browser check through the Pearson LearningStudio Technical Requirements website. [Browser Check http://help.college.com/LS_Tech_Req_WebHelp/en-us/#LS_Technical_Requirements.htm#Browset](http://help.college.com/LS_Tech_Req_WebHelp/en-us/#LS_Technical_Requirements.htm#Browset)

Running the browser check will ensure your internet browser is supported.

Pop-ups are allowed.

JavaScript is enabled.

Cookies are enabled.

- You will need some additional free software (plug-ins) for enhanced web browsing. Ensure that you download the free versions of the following software:
 - [Adobe Reader https://get.adobe.com/reader/](https://get.adobe.com/reader/)
 - [Adobe Flash Player \(version 17 or later\) https://get.adobe.com/flashplayer/](https://get.adobe.com/flashplayer/)
 - [Adobe Shockwave Player https://get.adobe.com/shockwave/](https://get.adobe.com/shockwave/)
 - [Apple Quick Time http://www.apple.com/quicktime/download/](http://www.apple.com/quicktime/download/)
- At a minimum, you must have Microsoft Office 2013, 2010, 2007 or Open Office. Microsoft Office is the standard office productivity software utilized by faculty, students, and staff. Microsoft Word is the standard word processing software, Microsoft Excel is the standard spreadsheet software, and Microsoft PowerPoint is the standard presentation software. Copying and pasting, along with attaching/uploading documents for assignment submission, will also be required. If you do not have Microsoft Office, you can check with the bookstore to see if they have any student copies.
- For additional information about system requirements, please see: [System Requirements for LearningStudio https://secure.college.com/tamuc/index.learn?action=technical](https://secure.college.com/tamuc/index.learn?action=technical)

ACCESS AND NAVIGATION

Pearson LearningStudio (eCollege) Access and Log in Information

This course will be facilitated using Pearson LearningStudio, the learning management system used by Texas A&M University-Commerce. To get started with the course, go to [myLeo](#) and from the top menu ribbon select eCollege. Then on the upper left side of the screen click on the My Courses tab.

<http://www.tamuc.edu/myleo.aspx>

You will need your campus-wide ID (CWID) and password to log into the course. If you do not know your CWID or have forgotten your password, contact the Center for IT Excellence (CITE) at 903.468.6000 or helpdesk@tamuc.edu.

Note: It is strongly recommended you perform a “Browser Test” prior to the start of your course. To launch a browser test login to Pearson LearningStudio, click on the My Courses tab, and then select the Browser Test link under Support Services.

Pearson LearningStudio Student Technical Support

Texas A&M University-Commerce provides students technical support for the use of Pearson LearningStudio. Technical assistance is available 24/7 (24 hours, 7 days a week).

If you experience LearningStudio (eCollege) technical problems, contact the LearningStudio helpdesk at 1-866-656-5511 (toll free) or visit [Pearson 24/7 Customer Support Site](#) <http://247support.custhelp.com/>

The student help desk may be reached in the following ways:

- **Chat Support:** Click on 'Live Support' on the tool bar within your course to chat with a Pearson LearningStudio Representative.
- **Phone:** 1-866-656-5511 (Toll Free) to speak with Pearson LearningStudio Technical Support Representative.

Accessing Help from within Your Course: Click on the 'Tech Support' icon on the upper left side of the screen inside the course. Then you will be able to get assistance via online chat or by phone.

Note: Personal computer and internet connection problems do not excuse the requirement to complete all course work in a timely and satisfactory manner. Each student needs to have a backup method to deal with these inevitable problems. These methods might include the availability of a backup PC at home or work, the temporary use of a computer at a friend's home, the local library, office service companies, Starbucks, a TAMUC campus open computer lab, etc.

Policy for Reporting Problems with Pearson LearningStudio

Should students encounter Pearson LearningStudio based problems while submitting assignments/discussions/comments/exams, the following procedure must be followed:

1. Students must report the problem to the help desk. You may reach the helpdesk at 1-866-656-5511.
2. Students must file their problem with the helpdesk and obtain a helpdesk ticket number
3. Once a helpdesk ticket number is in your possession, students should email me to advise me of the problem and provide me with the helpdesk ticket number.
4. I will call the helpdesk to confirm your problem and follow up with you

PLEASE NOTE: Your personal computer and internet access problems are not a legitimate excuses for filing a ticket with the Pearson LearningStudio Help Desk. Only Pearson LearningStudio based problems are legitimate reasons to contact the Help Desk.

You strongly are encouraged to check for your internet browser compatibility **BEFORE** the course begins and take the Pearson LearningStudio tutorial offered for students who may require some extra assistance in navigating the Pearson LearningStudio platform.

myLeo Support

Your myLeo email address is required to send and receive all student correspondence. Please email helpdesk@tamuc.edu or call us at 903-468-6000 with any questions about setting up your myLeo email account. You may also access information at [myLeo](https://leo.tamuc.edu). <https://leo.tamuc.edu>

Learner Support


The [One Stop Shop](http://www.tamuc.edu/admissions/onestopshop/) was created to serve you by providing as many resources as possible in one location. <http://www.tamuc.edu/admissions/onestopshop/>

The [Academic Success Center](http://www.tamuc.edu/campusLife/campusServices/academicSuccessCenter/) provides academic resources to help you achieve academic success. <http://www.tamuc.edu/campusLife/campusServices/academicSuccessCenter/>

FREE Mobile APPS

The Courses apps for phones have been adapted to support the tasks students can easily complete on a smaller device. Due to the smaller screen size course content is not presented.

The Courses app is free of charge. The mobile Courses Apps are designed and adapted for different devices.

	App Title:	iPhone – Pearson LearningStudio Courses for iPhone Android – LearningStudio Courses - Phone
	Operating System:	iPhone - OS 6 and above Android – Jelly Bean, Kitkat, and Lollipop OS
	iPhone App URL:	https://itunes.apple.com/us/app/pearson-learningstudio-courses/id977280011?mt=8
	Android App URL:	https://play.google.com/store/apps/details?id=com.pearson.lsphone

Once downloaded, search for Texas A&M University-Commerce, and it should appear on the list. Then you will need to sign into the myLeo Mobile portal.

The Courses App for Android and iPhone contain the following feature set:

- View titles/code/Instructor of all Courses enrolled in online
- View and respond to all discussions in individual Courses
- View Instructor Announcements in individual Courses
- View Graded items, Grades and comments in individual Courses
- Grade to Date
- View Events (assignments) and Calendar in individual Courses
- View Activity Feed for all courses
- View course filters on activities
- View link to Privacy Policy
- Ability to Sign out
- Send Feedback

LearningStudio Notifications

Students can be alerted to course activities via text on their mobile phones or up to two email addresses.

Based on their preferences, students can automatically receive a push notification with every new: course announcement, threaded discussion post, grade, and/or assignment without having to login to the course. Enrolled students will automatically receive email notifications for announcements and can opt out of this feature. To receive text notifications, students must opt in.

To begin setting up notifications, go into your course in LearningStudio and click on the bell-shaped Notifications icon on the main menu ribbon.

By default the student's university email address will appear. This cannot be changed in LearningStudio. Additional email addresses may be added by clicking the Add button. After all of the other selections are completed be sure to click the Save and Finish button.

COMMUNICATION AND SUPPORT

Interaction with Instructor Statement

I strive to create an environment of open communication. I will do my best to make sure you have all the information you need to be successful in this class. **Email**

(Judy.Allen@tamuc.edu) is usually the best way to communicate with me, but feel free to come by my office IN Ed North – Room 113.

Please see syllabus for due dates on all assignments. **NO LATE ASSIGNMENTS WILL BE ACCEPTED.**

COURSE AND UNIVERSITY PROCEDURES/POLICIES

Course Specific Procedures/Policies

Attendance/Lateness, Late Work, Missed Exams and Quizzes and Extra Credit

Syllabus Change Policy

The syllabus is a guide. Circumstances and events, such as student progress, may make it necessary for the instructor to modify the syllabus during the semester. Any changes made to the syllabus will be announced in advance.

University Specific Procedures

Student Conduct

All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment. The Code of Student Conduct is described in detail in the [Student Guidebook](#).

<http://www.tamuc.edu/admissions/registrar/documents/studentGuidebook.pdf>

Students should also consult the Rules of Netiquette for more information regarding how to interact with students in an online forum: [Netiquette http://www.albion.com/netiquette/corerules.html](http://www.albion.com/netiquette/corerules.html)

TAMUC Attendance

For more information about the attendance policy please visit the [Attendance](#) webpage and [Procedure 13.99.99.R0.01](#).

<http://www.tamuc.edu/admissions/registrar/generalInformation/attendance.aspx>

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/academic/13.99.99.R0.01.pdf>

Academic Integrity

Students at Texas A&M University-Commerce are expected to maintain high standards of integrity and honesty in all of their scholastic work. For more details and the definition of academic dishonesty see the following procedures:

[Undergraduate Academic Dishonesty 13.99.99.R0.03](#)

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/undergraduates/13.99.99.R0.03UndergraduateAcademicDishonesty.pdf>

[Graduate Student Academic Dishonesty 13.99.99.R0.10](#)

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/graduate/13.99.99.R0.10GraduateStudentAcademicDishonesty.pdf>

ADA Statement

Students with Disabilities

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:

Office of Student Disability Resources and Services

Texas A&M University-Commerce

Gee Library- Room 162

Phone (903) 886-5150 or (903) 886-5835

Fax (903) 468-8148

Email: Rebecca.Tuerk@tamuc.edu

Website: [Office of Student Disability Resources and Services](#)

<http://www.tamuc.edu/campusLife/campusServices/studentDisabilityResourcesAndServices/>

Nondiscrimination Notice

Texas A&M University-Commerce will comply in the classroom, and in online courses, with all federal and state laws prohibiting discrimination and related retaliation on the basis of race, color, religion, sex, national origin, disability, age, genetic information or veteran status. Further, an environment free from discrimination on the basis of sexual orientation, gender identity, or gender expression will be maintained.

Campus Concealed Carry Statement

Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in Texas A&M University-Commerce buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and A&M-Commerce Rule 34.06.02.R1, license holders may not carry a concealed handgun in restricted locations.

For a list of locations, please refer to the [Carrying Concealed Handguns On Campus](#) document and/or consult your event organizer.

Web url:

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/34SafetyOfEmployeesAndStudents/34.06.02.R1.pdf>

Pursuant to PC 46.035, the open carrying of handguns is prohibited on all A&M-Commerce campuses. Report violations to the University Police Department at 903-886-5868 or 9-1-1.

HHPH265: Substance Use and Abuse

Course Outline / Calendar

NOTE: DATES AND ASSIGNMENTS ARE TENTATIVE AND SUBJECT TO CHANGE

WEEK MODULE	CHAPTERS	Topics to Cover	Assign ments	Due Dates All assignments are due by <u>MIDNIGHT!</u> No late assignments accepted!
3/19		CLASS ORIENTATION - Download orientation power point (Doc Sharing) and take quiz!	Download orientation power point (Doc Sharing), then answer the quiz questions!	Wednesday, March 21, 2018
3/19 Week 1	1 & 2	Introduction to Drugs and Society Explaining Drug Use and Abuse	Quiz: Chp 1 & 2 Discussion 1	Sunday, March 25, 2018
3/25 Week 2	3 & 4	Drug Use, Regulation, and the Law Homeostatic Systems and Drugs	Quiz: Chp 3 & 4 Discussion 2	Sunday, April 01, 2018
4/1 Week 3	5 & 6	How and Why Drugs Work CNS Depressants: Sedative-Hypnotics	Quiz: Chp 5 & 6 Discussion 3	Sunday, April 08, 2018
4/8 Week 4	7 & 8	Alcohol: Pharmacological Effects Alcohol: Behavioral Effects MID TERM	Quiz: Chp 7 & 8 Discussion 4 MID TERM	Sunday, April 15, 2018
4/15 Week 5	9 & 10	Narcotics (Opioids) Stimulants	Quiz: Chp 9 & 10 Discussion 5	Sunday, April 22, 2018
4/22 Week 6	11 & 12	Tobacco Hallucinogens (Psychedelics)	Quiz: Chp 11 & 12 Discussion 6	Sunday, April 29, 2018

<p>4/29</p> <p>Week 7</p>	<p>13 & 14</p>	<p>Marijuana</p> <p>Inhalants</p>	<p>Quiz: Chp 13 & 14</p> <p>Discussion 7</p>	<p>Sunday, May 06, 2018</p>
<p>5/6</p> <p>Week 8</p>	<p>15 & 16</p>	<p>Over-the-Counter, Prescription, and Herbal Drugs</p> <p>Drug Use in Subcultures of Special Populations</p> <p>FINAL EXAM</p>	<p>Quiz: Chp 15 & 16</p> <p>FINAL EXAM</p>	<p>Friday, May 11, 2018</p>