



HHPH 265: SUBSTANCE USE AND ABUSE COURSE SYLLABUS

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COURSE INFORMATION

Materials – Textbooks, Readings, Supplementary Readings:

Textbook Required: Hanson, G. & Venturelli, P. (2018). *Drugs and society* (13th ed.). Jones & Bartlett: Boston. The 11th or 12th édition may be substituted.

APA RESOURCE: Purdue Online Writing Lab: <http://owl.english.purdue.edu/owl/resource/560/01/>

Course Description: This course is designed to examine the physiological and sociological effects of drugs and other harmful substances. Legal and ethical implications will also be considered.

Student Learning Outcomes:

By the end of the course, the successful student should be able to:

1. Examine current scientific information concerning the relationship between drugs and mental and physical health as well as risk-taking behavior.
2. Identify reasons to initiate drug use and why individuals choose to continue using drugs.
3. Explore how dependence occurs, the treatment necessary to break dependence, and how dependence might have been prevented.
4. Survey the historical influence on the drug-oriented society and its bearing on personal drug behavior to include laws that arise related to substance use, misuse, and abuse.
5. Identify alternative highs to drug use highs and how they relate to healthy attitudes and behaviors.
6. Identify factors and examine issues in making responsible choices about drugs (e.g. decision-making, refusal skills).
7. Make a distinction between over-the-counter (OTC) medications, prescription medications, alcohol, tobacco, and a number of illegal drugs.

COURSE REQUIREMENTS

Instructional / Methods / Activities Assessments

We will review many legal and illegal substances commonly used and abused. Activities include discussions of timely topics, application of knowledge through quizzes and exams, and a review of the literature on a substance use and abuse topic.



Assignment 1: E-college Quizzes (8 quizzes at 40 points each = 320 points)

Student Learning Outcomes #1, #2, #3, #4, #5, #6, and #7

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Students will take 8 quizzes over material presented in assigned readings (i.e. websites and articles); the chapters of the book; and lectures. Each quiz will be timed and must be completed within the assigned time frame (**All quizzes are due by 11:59pm on Sunday of the course module.**) The purpose of the quizzes is to ensure that you have the basic knowledge to perform other activities in class such as discussing, researching, and writing about a variety of substances and issues related to them.

Assignment 2: Discussions (5 discussions at 40 points = 200 points)

Student Learning Outcomes #1, #2, #3, #4, #5, #6, and #7

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Students will participate in five (5) discussion forums. Students should participate in all **five** discussion forums. Students will post a **minimum of 2 posts per discussion thread: one** initial post and **one** response posts to your fellow classmates that further the discussion. All answers should include a credible (i.e. peer reviewed article, etc.). Refrain from using web based sites, such as, Wikipedia; however, web based sites; such as, the Centers for Prevention and Disease



Control (CDC) may be used. Be sure to cite your references in APA format. **Responses should go beyond "I agree" or "I disagree." In your responses, I am looking to see how well you are able to add to the "conversation." This can be accomplished by offering your interpretation of the course readings and/or from your personal experiences.**

Each post should be a minimum of 100 words. All postings to the discussion board are due by 11:59pm on Sunday of the course module.

Assignment 3: Exams (Final exam = 200 points)

One final exam will be administered, covering all information covered in class work, quizzes, discussions, and the book. **The final exam is due by 11:59pm on Sunday of the course module.**

Student Learning Outcomes #1, #2, #3, #4, #5, #6, and #7

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Assignment 4: Reaction Paper (4 @ 50 points each = 200 points)

Students will write a "reaction paper" to the video listed in the assigned module. **A minimum of 2-3 pages**, typewritten, double spaced, 2 paragraphs. First paragraph summarizes the video; in addition to relating it to a book chapter topic, and in the second paragraph write a personal reaction to the video, including how you can use this information personally and/or professionally. **All reaction papers are due by 11:59pm on Sunday of the course module.**

Student Learning Outcome #1, #2, #3, and #7

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Grading

Assignment 1: Chapter Quizzes	320 points
Assignment 2: Discussions	200 points
Assignment 3: Exam	200 points
Assignment 4: Reaction Papers	200 points
TOTAL	920 points

Grade Scale:

900– 920 points = A 800-899 = B 700-799 = C 600-699 = D 0-599 = F

TECHNOLOGY REQUIREMENTS

The following information on technological requirements has been provided to assist you in preparing to use technology successfully in this course. You should have access to a computer with:

- Internet access/connection – high speed recommended (not dial-up)
- Microsoft Office (more specifically, MS Word and PowerPoint)

You also have access to a personal MyLeo account and a **MyLeo email address**. This is the email address that I will use to send you information regarding this course. Please check it regularly, and be sure to send me emails from this address, also.

ACCESS AND NAVIGATION

This course will be facilitated using eCollege, the Learning Management System used by Texas A&M University-Commerce. To get started with the course, go to: <https://leo.tamu-commerce.edu/login.aspx>. You will need your CWID and password to log in to the course. If you do not know your CWID or have forgotten your password, contact Technology Services at 903.468.6000 or helpdesk@tamu-commerce.edu.

COMMUNICATION AND SUPPORT

Interaction with Instructor Statement:

- **E-mail strategy:** You are welcome to email (rebecca.rouse@tamuc.edu) your questions or concerns to me. There are, however, some caveats associated with email that you must remember:
 - 1) Do not expect an immediate response to your questions. A reasonable response time to emailed questions is 24 - 48 hours.
 - 2) Questions emailed on weekends may not receive a response until the work week begins.
 - 3) As the instructor, I reserve the right to answer emailed questions regarding assignments, tests, discussion boards, etc., in a direct email to everyone for the benefit of all students.



- 4) Please be courteous and professional in all of your interactions with me and fellow students.

eCollege Student Technical Support

Texas A&M University-Commerce provides students technical support in the use of eCollege. The student help desk may be reached by the following means 24 hours a day, seven days a week.

- o **Chat Support:** Click on '*Live Support*' on the tool bar within your course to chat with an eCollege Representative.
- o **Phone:** 1-866-656-5511 (Toll Free) to speak with eCollege Technical Support Representative.
- o **Email:** helpdesk@online.tamuc.org to initiate a support request with eCollege Technical Support Representative.
- o **Help:** Click on the '*Help*' button on the toolbar for information regarding working with eCollege (i.e. How to submit to Dropbox, How to post to Discussions etc...)

COURSE AND UNIVERSITY PROCEDURES/POLICIES

Course Specific Procedures:

Attendance: Attendance for this online class is considered when you are logged in and active in the class eCollege i.e., posting assignments, taking quizzes, or completing discussion boards. If you are absent/not active in the class, it is **YOUR** responsibility to let the instructor know immediately, upon your return to class, the reason for your absence if it is to be excused.

Please see syllabus for due dates on all assignments. **NO LATE ASSIGNMENTS WILL BE ACCEPTED.**

Academic Honesty Policy

- Texas A&M University-Commerce does not tolerate **plagiarism** and other forms of academic **dishonesty**. Conduct that violates generally accepted standards of academic honesty is defined as academic dishonesty. "Academic dishonesty" includes, but is not limited to, plagiarism (the appropriation or stealing of the ideas or words of another and passing them off as one's own), cheating on exams or other course assignments, collusion (the unauthorized collaboration with others in preparing course assignments), and abuse (destruction, defacing, or removal) of resource material. Be aware that the intent to deceive the reader does not have to be present for plagiarism to occur. For more information, please go to <http://www.plagiarism.org/>. **If you are in any doubt as to whether your work constitutes plagiarism or academic dishonesty, please discuss this with me confidentially.**

University Specific Procedures:

ADA Statement for Students with Disabilities

Students with Disabilities:



The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:

Office of Student Disability Resources and Services

Texas A&M University-Commerce

Gee Library

Room 132

Phone (903) 886-5150 or (903) 886-5835

Fax (903) 468-8148

StudentDisabilityServices@tamuc.edu

Student Conduct

All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment. (See *Code of Student Conduct from Student Guide Handbook*).

Campus Concealed Carry

Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in Texas A&M University-Commerce buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and A&M-Commerce Rule 34.06.02.R1, license holders may not carry a concealed handgun in restricted locations. For a list of locations, please refer to (<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/34SafetyOfEmployeesAndStudents/34.06.02.R1.pdf>) and/or consult your event organizer). Pursuant to PC 46.035, the open carrying of handguns is prohibited on all A&M-Commerce campuses. Report violations to the University Police Department at 903-886-5868 or 9-1-1.



COURSE OUTLINE / CALENDAR

NOTE: DATES AND ASSIGNMENTS ARE TENATIVE AND SUBJECT TO CHANGE

WEEK MODULES	CHAPTERS	Topics to Cover	Assignments	Due Dates Due by 11:59 pm No late assignments accepted!
1/16 MOD 1		CLASS ORIENTATION	Watch and listen to the online orientation, then answer the quiz questions!	1/18
1/16 MOD 2	1 2	Introduction to Drugs and Society Explaining Drug Use and Abuse	Chapter 1 & 2 Quiz Discussion 1	1/21
1/22 MOD 3	3 4	Drug Use, Regulation, and the Law Homeostatic Systems and Drugs	Chapter 3 & 4 Quiz Discussion 2	1/28
1/29 MOD 4	5 6	How and Why Drugs Work CNS Depressants	Chapter 5 & 6 Quiz Discussion 3	2/4
2/5 MOD 5	7 8	Alcohol: Pharmacological Effects Alcohol: A Behavioral Perspective	Chapter 7 & 8 Quiz Discussion 4 Video Reaction Paper #1	2/11
2/12 MOD 6	9 10	Narcotics Stimulants	Chapter 9 & 10 Quiz Discussion 5 Video Reaction Paper #2	2/18
2/19 MOD 7	11 12	Tobacco Hallucinogens	Chapter 11 & 12 Quiz Video Reaction Paper #3	2/25
2/26 MOD 8	13 14	Marijuana Inhalants	Chapter 13 & 14 Quiz Video Reaction Paper #4	3/4
3/5 MOD 9	15 16	OTC, Prescription, and Herbal Drugs Drug Use in Subcultures	Chapter 15 & 16 Quiz	3/9
3/5	FINAL	FINAL EXAM		3/9