

**TEXAS A & M UNIVERSITY - COMMERCE
DEPARTMENT OF HEALTH & HUMAN PERFORMANCE
HHPH 430 COURSE SYLLABUS**

COURSE TITLE: HHPH 430: Health Promotion with Special Populations

COURSE VALUE: Three (3) credit hours

COURSE TIME: Online

ADJUNCT INSTRUCTOR: Rebecca Rouse, M.S.

OFFICE: Field House 100A

OFFICE HOURS: By Appointment

PHONE: (903) 886-5549

FAX: (903) 886-5365

E-MAIL: rebecca.rouse@tamuc.edu

REQUIRED TEXT: Perez, M. & Luquis, R. (2008). **Cultural Competence in Health Education and Health Promotion (2nd ed.)**. San Francisco, CA. Josey-Bass Publishers.

Course Description:

This course seeks to identify health care issues relevant to at-risk populations/communities and to facilitate health promotion/disease prevention activities.

Course Objectives:

At the end of this course the students should learn about:

1. Theoretical Underpinnings of Vulnerability and Approaches to Special Populations
2. Racial & Ethnic groups with Special Health Problems
3. Empowering Special Populations
4. Population Based and Community-Focused Approaches to Vulnerability and Disadvantage
5. Research, Policy and Clinical Perspectives

Course Requirements:

A. *Assignments & Quizzes (28%)*

Intro Quiz: Students are expected complete an introductory quiz over the course syllabus.

Lectures/Quizzes: Students are expected to read the assigned chapters in the required text. The student will be responsible for obtaining all materials presented online and assigned readings from the textbook. Students will complete **(12)** online quizzes related to the chapters over the course of the semester. **All quizzes are due by 11:59pm on Sunday of the course module.** Students will be unable to access a quiz when the due date has passed. Therefore, do not wait to the last minute to take the quiz.

Assignments: Students are responsible for completing modules assignments. Five **(5)** assignments will be given in the semester. **All assignments are due Sunday @ 11:59pm of the course module.** Students are responsible to ensure assignments are turned in on time. Students are responsible for using the appropriate drop-box to submit assignments.

B. *Health Organization with Website power point (10%)*

Students will develop a power point on a health organization with website (choice must be selected from **Appendix A**). Choice of website is first come, first serve. E-mail me your first choice and alternate by **January 29** and I will reply back with what has not been taken. Students will then post a power point presentation regarding the topic under doc sharing by **March 11**. You must also comment on one other presentation in the **mandatory discussion** by **March 25**. "Your presentation was cool or good" will not count. Something more profound such as "I was not aware that.....I will attempt to use this technique in the future." **Minimum of 10 slides.** First summarize the website and

relate it to a book chapter topic, and then write a personal reaction to the website, including how you can use this information personally and professionally. Post under docshare for class to see.

C. **Multi-Cultural Brochure (10%)**

Students will develop an educational tri-fold brochure with your choice of one health disparity from **Appendix B. Pictures cannot be taken from the internet**. In other words, the student will have to go out to their chosen racial and ethnic group to be able to complete this **100 point** assignment. Tips: use low level language and if possible, translate into the appropriate written language of that chosen group. Your pamphlet should be culturally and visually engaging. Use language, color, phrases, images, recipes, historical events and figures appropriate to your audience. This brochure must be in color and mailed/dropped in my box, or submitted electronically to my email, by the due date of **Friday, April 27.** 🖱️

D. **Participation in Discussions (12%):**

Students will participate in **6** discussion forums **Module 9 is mandatory**. You can earn a maximum of 20 points (**your initial post and responding to one other post**) per discussion. Even though this course is a web class, students will be required to interact personally with each other, but through cyberspace. Interpersonal communication serves an important educational purpose. You will learn more as you engage each other (**so just posting yes I agree with him/her will not count!**) and discuss the material together. Throughout the semester I will post discussion topics in the “Discussions” area on various topics.. Typically the sessions will be locked on the stated due date/time. Mandatory discussion is due **March 25.**

E. **Experiential Learning/Volunteer Report (10%):**

This assignment will serve as your community service activity with special populations. **On your own**, you will identify a volunteer organization that provides health-promoting services to community members. You are required to complete a minimum of three (3) volunteer hours with the respective organization (these hours should be completed during the **Spring 2018** semester, not prior.). Each student must e-mail the name and contact information (e.g. name of supervising employee, address, phone number, etc.) for the volunteer agency by **February 16**. Include any “Call for Volunteers” signage/advertisement if available. I will respond via e-mail to approve your activity. After completing the activity, write a one-page paper (typed, single spaced, 12 font, and 1” margin) describing the activity. Be sure to include the who, what, where, and when aspects of the experience. Also, describe how this made you feel and relate back to chapter in textbook. The report is due Sunday, **May 6**. I recommend submitting the week after you complete the activity so you won’t forget any details!

F. **Exams (30%):**

A midterm and final exam will be administered, covering all information in the book and the power point slides. Test will consist of objective questions (matching, T/F and multiple choice). Although exams are open book and open note, they are timed. **No make-up exam will be given, unless arrangements are made prior to the exam or a verifiable medical excuse is provided within 3 days.*

***Take note:** Students will be **unable** to make-up a report/presentation/assignment when the due date has passed. Often after a student earns a poor grade, he/she is interested in doing “extra credit” projects to improve their grade. **NO** extra credit projects or assignments will be offered in this class. All students have the same opportunity to succeed on the assigned work. Please use these opportunities to work hard and succeed.

I am empathetic to students who have various events prohibiting them from completing class assignments on time. However, a lack of motivation or good time management is just that; thus, I simply cannot justify a student who misses the opportunity to complete activities earning the same grade as a student who finishes every class assignment on time. In doing so would not be fair to those students that submitted work in a timely fashion. Students who just seem to meet every obstacle will be justly rewarded. All late assignments automatically earn a zero.

Grading:

Assignments (5 @ 30 pts/each), Intro Quiz (10pts) & 12 Quizzes (10pts)	280 pts (28%)
Experiential Learning	100 pts (10%)
Discussions (6 @ 20 pts/each)	120 pts (12%)
Health Organization with Website	100 pts (10%)
Brochure	100 pts (10%)
Mid-Term Examination	150 pts (15%)
Final Examination	<u>150 pts (15%)</u>

TOTAL 1000 pts (100%)

Grade Scale:

900– 1000 points = A 800-899 = B 700-799 = C 600-699 = D 500-599 = F

COURSE AND UNIVERSITY PROCEDURES/POLICIES

Course Specific Procedures

Attendance: Attendance for this online class is considered when you are logged in and active in the class eCollege i.e., posting assignments, taking quizzes, and/or completing discussion boards. If you are absent/not active in the class, it is **YOUR** responsibility to let the instructor know immediately, upon your return to class, the reason for your absence if it is to be excused. **NO LATE ASSIGNMENTS WILL BE ACCEPTED.**

Syllabus Deviation Policy

The course syllabus provides a general plan for the course; deviations may be necessary.

Academic Honesty Policy

- Texas A&M University-Commerce does not tolerate **plagiarism** and other forms of academic **dishonesty**. Conduct that violates generally accepted standards of academic honesty is defined as academic dishonesty. "Academic dishonesty" includes, but is not limited to, plagiarism (the appropriation or stealing of the ideas or words of another and passing them off as one's own), cheating on exams or other course assignments, collusion (the unauthorized collaboration with others in preparing course assignments), and abuse (destruction, defacing, or removal) of resource material. Be aware that the intent to deceive the reader does not have to be present for plagiarism to occur. For more information, please go to <http://www.plagiarism.org/>. **If you are in any doubt as to whether your work constitutes plagiarism or academic dishonesty, please discuss this with me confidentially.**

University Specific Procedures:

ADA Statement for Students with Disabilities

Students with Disabilities:

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students

with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:

Office of Student Disability Resources and Services

Texas A&M University-Commerce

Gee Library

Room 132

Phone (903) 886-5150 or (903) 886-5835

Fax (903) 468-8148

StudentDisabilityServices@tamuc.edu

Student Conduct

All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment. (See *Code of Student Conduct from Student Guide Handbook*).

Campus Concealed Carry

Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in Texas A&M University-Commerce buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and A&M-Commerce Rule 34.06.02.R1, license holders may not carry a concealed handgun in restricted locations. For a list of locations, please refer to (<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/34SafetyOfEmployeesAndStudents/34.06.02.R1.pdf>) and/or consult your event organizer). Pursuant to PC 46.035, the open carrying of handguns is prohibited on all A&M-Commerce campuses. Report violations to the University Police Department at 903-886-5868 or 9-1-1.

Interaction with Instructor Statement

- **E-mail strategy:** You are welcome to email (rebecca.rouse@tamuc.edu) your questions or concerns to me. There are, however, some caveats associated with email that you must remember:
 - 1) Do not expect an immediate response to your questions. A reasonable response time to emailed questions is 24 - 48 hours.
 - 2) Questions emailed on weekends may not receive a response until the work week begins.
 - 3) As the instructor, I reserve the right to answer emailed questions regarding assignments, tests, discussion boards, etc., in a direct email to everyone for the benefit of all students.
 - 4) Please be courteous and professional in all of your interactions with me and fellow students.

eCollege Student Technical Support

Texas A&M University-Commerce provides students technical support in the use of eCollege. The student help desk may be reached by the following means 24 hours a day, seven days a week.

- o **Chat Support:** Click on *'Live Support'* on the tool bar within your course to chat with an eCollege Representative.
- o **Phone:** 1-866-656-5511 (Toll Free) to speak with eCollege Technical Support Representative.
- o **Email:** helpdesk@online.tamuc.org to initiate a support request with eCollege Technical Support Representative.
- o **Help:** Click on the *'Help'* button on the toolbar for information regarding working with eCollege (i.e. How to submit to Dropbox, How to post to Discussions etc...)

The following information has been provided to assist you in preparing to use technology in your online courses. The following technology is recommended to be successful in this online course. [List those technologies needed for your online course.]

Internet connection – high speed recommended (not dial-up)

Speaker or headset – for audio lectures

Word Processor

**SPRING 2018
COURSE OUTLINE**

MODULE	TOPICS	ASSIGNMENTS DUE SUNDAY @ 11:59pm
1 1/16	Course Introduction	SUN. 1/21 @ 11:59pm
2 1/22	Chapter 1	SUN. 1/28 @ 11:59pm
3 1/29	Chapter 2	SUN. 2/4 @ 11:59pm
4 2/5	Chapter 3	SUN. 2/11 @ 11:59pm
5 2/12	Chapter 4	SUN. 2/18 @ 11:59pm
6 2/19	Chapter 5	SUN. 2/25 @ 11:59pm
7 2/26	Chapter 6	SUN. 3/4 @ 11:59pm
8 3/5	Midterm Health Organization Websites	SUN. 3/11 @ 11:59pm
☺	<i>Enjoy Spring Break!</i>	3/12-3/16
9 3/19	Chapter 7	SUN. 3/25 @ 11:59pm
10 3/26	Chapter 8	SUN. 4/1 @ 11:59pm
11 4/2	Chapter 9	SUN. 4/8 @ 11:59pm
12 4/9	Chapter 10	SUN. 4/15 @ 11:59pm
13 4/16	Chapter 11	SUN. 4/22 @ 11:59pm
14 4/23	Chapter 12 Brochures Due	SUN. 4/29 @ 11:59pm FRIDAY 4/27 (Brochures)
15 4/30	Volunteer Report	SUN. 5/6 @ 11:59pm
16 5/7	FINAL	Wed. 5/9 @ 11:59pm