

NURS 4540 Nursing Care of Mental Health Clients

COURSE SYLLABUS: FALL 2017

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Preferred Form of Communication: email

Communication Response Time: Two business days

COURSE INFORMATION

Materials - Textbooks, Readings, Supplementary Readings

Textbooks Required

Halter, M. J. (2013). Varcarolis' foundations of psychiatric mental health nursing: A clinical approach (7th ed.). St. Louis, MO: Saunders.

Previous nursing courses textbooks

Optional Online resources and articles as directed

Course Description (5 credit hours)

Demonstrates the relevance of psychosocial nursing concepts to all areas of professional practice. Provides a conceptual integration of the nursing process, theories, and research from psychosocial sciences and humanities as these relate to the care of persons with mental disorders. Clinical experience provides an opportunity for application of psychosocial concepts and methods in using the nursing process to promote optimal levels of wellness for individuals, families, and target groups.

Student Learning Outcomes

By the end of the course, the student will be able to:

- 1. Analyze selected nursing and psychological theories used in psychiatric/mental health settings.
- 2. Examine the legal, economic, sociocultural, and ethical issues impacting the psychiatric/mental health delivery system and apply them in the clinical setting.
- 3. Discuss clinical modalities and psychiatric terminology as it relates to psychiatric/mental health nursing practice.
- 4. Utilize principles of evidence-based practice in psychiatric mental health nursing.
- 5. Compare and contrast the difference in mental illnesses in clients in urban and rural geographic areas.
- 6. Identify barriers to care for patients with psychiatric illnesses in the rural setting.

Clinical Objectives

Use the nursing process to develop a plan of care for the client in a psychiatric/mental health setting.

- 1. Apply theories about causation and treatment of mental disorders and chemical dependency to clients in a psychiatric setting.
- 2. Demonstrate increasing competency in using therapeutic communication skills with psychiatric/mental health clients.
- 3. Demonstrate the ability to observe and describe problematic behavior in a clinical setting.
- 4. Analyze clinical therapeutic modalities and their effectiveness with clients.
- 5. Demonstrate professional standards of moral, ethical, and legal conduct.
- 6. Assume accountability for personal and professional behaviors.
- 7. Demonstrate professionalism, including attention to appearance, demeanor, respect for self and others, and attention to professional boundaries with patients and families as well as among caregivers.
- 8. Provide appropriate patient teaching that reflects developmental stage, age, culture, spirituality, patient preferences, and health literacy considerations to foster patient engagement in care.
- 9. Implement evidence-based nursing interventions as appropriate for managing the acute and chronic care of patients and promoting health across the lifespan.
- 10. Monitor client outcomes to evaluate the effectiveness of psychobiological interventions.
- 11. Create and maintain a safe and effective therapeutic milieu that results in high quality patient outcomes.

COURSE REQUIREMENTS

Minimal Technical Skills Needed

Using the learning management system, using Microsoft Word and PowerPoint.

Instructional Methods

This is a blended course without lecture requiring students to complete online activities and independent study to be successful. Course objectives may be met through individual study using suggested resources, active involvement in classroom activities, formal, and informal exchange of ideas with classmates and colleagues regarding specific topics as well as utilizing critical thinking skills. Teaching methods include seminar, discussion, small group work, independent study of texts and library resources, computer-assisted instruction, audio-visual aids, and the assignments listed. While the professor will provide guidance and consultation, the student is responsible for identification of learning needs, self-direction, seeking consultation and demonstration of course objectives.

Student Responsibilities or Tips for Success in the Course

Logging into the course website daily during the week, checking emails at least daily, updated semester calendar, at least six hours of weekly study, attendance at all class meetings, and review of examinations.

GRADING

Final grades in this course will be based on the following scale:

A = 90-100

B = 80-89

C = 75-79

D = 60-74

F = Below 60

A minimum grade of 75 is required to pass the course.

Examinations (6)	66% (11% each)
Online Quizzes (5)	5% (1% each)
Group Presentation	7%
Class/Clinical Experience	7%
Paper	
Class/Clinical Experience	7%
Paper Evaluation	
Evolve Case Studies (8)	8% (1% each)
HESI Practice & Exam	Cr/NC
Clinical	Pass/Fail
Total	100%

Successful completion of the examinations and assignments will enable the student to meet the student learning outcomes.

Late Submissions

It is expected that you will submit all assignments on time. If you need an extension, it should be requested <u>before</u> the due date and may or may not be approved at the discretion of the course coordinator. Unexcused late assignments will be penalized 10% per day for each of the first two days overdue; on the 3rd day, the grade will be assigned as 0%. Communication on these matters is the student's responsibility.

Paper submissions

All documents submitted online are to be in .docx, .rtf, or .pdf format. No other formats will be accepted (JPEG, GIF, etc.). Assignments need to be submitted in a <u>maximum of one document</u> per assignment. Failure to follow these guidelines will result in a grade of "0" on the assignment.

TECHNOLOGY REQUIREMENTS

- To fully participate in online courses you will need to use a current Flash enabled internet browser. For PC and Mac users the suggested browser is Mozilla Firefox.
- You will need regular access to a computer with a broadband Internet connection.
 The minimum computer requirements are:
 - o 512 MB of RAM, 1 GB or more preferred
 - Broadband connection required courses are heavily video intensive
 - Video display capable of high-color 16-bit display 1024 x 768 or higher resolution
- You must have a:
 - Sound card, which is usually integrated into your desktop or laptop computer
 - Speakers or headphones.
 - *For courses utilizing video-conferencing tools and/or an online proctoring solution, a webcam and microphone are required.
- Both versions of Java (32 bit and 64 bit) must be installed and up to date on your machine. At a minimum Java 7, update 51, is required to support the learning management system. The most current version of Java can be downloaded at: JAVA web site http://www.java.com/en/download/manual.jsp
- Current anti-virus software must be installed and kept up to date.
- Run a browser check through the Pearson LearningStudio Technical Requirements website. <u>Browser Check http://help.ecollege.com/LS_Tech_Req_WebHelp/en-us/#LS_Technical_Requirements.htm#Browset</u>

Running the browser check will ensure your internet browser is supported.

Pop-ups are allowed.

JavaScript is enabled.

Cookies are enabled.

- You will need some additional free software (plug-ins) for enhanced web browsing. Ensure that you download the free versions of the following software:
 - Adobe Reader https://get.adobe.com/reader/
 - o Adobe Flash Player (version 17 or later) https://get.adobe.com/flashplayer/
 - o Adobe Shockwave Player https://get.adobe.com/shockwave/
 - Apple Quick Time http://www.apple.com/guicktime/download/
- At a minimum, you must have Microsoft Office 2013, 2010, 2007 or Open Office. Microsoft Office is the standard office productivity software utilized by faculty, students, and staff. Microsoft Word is the standard word processing software, Microsoft Excel is the standard spreadsheet software, and Microsoft PowerPoint is the standard presentation software. Copying and pasting, along with attaching/uploading documents for assignment submission, will also be required. If you do not have Microsoft Office, you can check with the bookstore to see if they have any student copies.
- For additional information about system requirements, please see: <u>System Requirements for LearningStudio</u> https://secure.ecollege.com/tamuc/index.learn?action=technical

myLeo Support

Your myLeo email address is required to send and receive all student correspondence. Please email helpdesk@tamuc.edu or call us at 903-468-6000 with any questions about setting up your myLeo email account. You may also access information at myLeo. https://leo.tamuc.edu

Learner Support

The <u>One Stop Shop</u> was created to serve you by providing as many resources as possible in one location. http://www.tamuc.edu/admissions/onestopshop/

The <u>Academic Success Center</u> provides academic resources to help you achieve academic success.

http://www.tamuc.edu/campusLife/campusServices/academicSuccessCenter/

COMMUNICATION AND SUPPORT

Interaction with Instructor Statement

It is expected that you will check your eCollege course and email at least **DAILY** for communication from the instructor. A response will occur within two (2) business days. Communication between faculty and students is primary and taken seriously. Preferred

The syllabus/schedule are subject to change.

communication methods are individualized office hours, email, or via office phone. If a phone call is not answered, please leave a message and send an e-mail using the direct e-mail link on the course home page. You will be treated with collegial respect and you are expected to communicate likewise in a professional manner.

COURSE AND UNIVERSITY PROCEDURES/POLICIES

Course Specific Procedures/Policies

CLASS

- 1. Class Cancellation: In the event that a class is canceled, the student is expected to do the readings and complete the objectives for that day. The content will still be included on examinations. The material in this syllabus and dates identified in the Course Calendar are subject to change.
- 2. Class attendance is expected. The students should notify course faculty in advance of any absence.
- 3. Exam dates are listed in each course syllabus, and the student is expected to be present for exams. In the event that the student will be absent, the course instructor must be notified in advance. Failure to do so may result in the student receiving a zero for the missed exam or quiz. Review the university catalog for excused absence criteria.
- 4. As an adult learner and responsible professional, the student is responsible for reading and completing assignments prior to class and for being prepared to participate in discussions over the assigned material. It should not be expected that all material would be covered in class. Students are expected to come to class prepared.
- 5. Assignments must be handed in on time. Assignments submitted late without prior arrangement with the classroom instructor will receive a zero.

Syllabus Change Policy

The syllabus is a guide. Circumstances and events, such as student progress, may make it necessary for the instructor to modify the syllabus during the semester. Any changes made to the syllabus will be announced in advance.

Nursing Student Guide

Specific information for the nursing student regarding the nursing program and current policies and procedures can be found here:

http://www.tamuc.edu/academics/colleges/educationHumanServices/departments/nursing/Current%20Students/studentguidebook/default.aspx

University Specific Procedures

Student Conduct

All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment. The Code of Student Conduct is described in detail in the Student Guidebook. http://www.tamuc.edu/admissions/registrar/documents/studentGuidebook.pdf

Students should also consult the Rules of Netiquette for more information regarding how to interact with students in an online forum: Netiquette
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TAMUC Attendance

For more information about the attendance policy please visit the <u>Attendance</u> webpage and <u>Procedure 13.99.99.R0.01</u>.

http://www.tamuc.edu/admissions/registrar/generalInformation/attendance.aspx

http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/academic/13.99.99.R0.01.pdf

Academic Integrity

Students at Texas A&M University-Commerce are expected to maintain high standards of integrity and honesty in all of their scholastic work. For more details and the definition of academic dishonesty see the following procedures:

Undergraduate Academic Dishonesty 13.99.99.R0.03

http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/undergraduates/13.99.99.R0.03UndergraduateAcademicDishonesty.pdf

<u>Graduate Student Academic Dishonesty 13.99.99.R0.10</u>
http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/graduate/13.99.99.R0.10GraduateStudentAcademicDishonesty.pdf

ADA Statement

Students with Disabilities

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:

Office of Student Disability Resources and Services

Texas A&M University-Commerce Gee Library- Room 132 Phone (903) 886-5150 or (903) 886-5835

Fax (903) 468-8148

Email: Rebecca.Tuerk@tamuc.edu

Website: Office of Student Disability Resources and Services

http://www.tamuc.edu/campusLife/campusServices/studentDisabilityResourcesAndServ

ices/

Nondiscrimination Notice

Texas A&M University-Commerce will comply in the classroom, and in online courses, with all federal and state laws prohibiting discrimination and related retaliation on the basis of race, color, religion, sex, national origin, disability, age, genetic information or veteran status. Further, an environment free from discrimination on the basis of sexual orientation, gender identity, or gender expression will be maintained.

Campus Concealed Carry Statement

Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in Texas A&M University-Commerce buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and A&M-Commerce Rule 34.06.02.R1, license holders may not carry a concealed handgun in restricted locations.

For a list of locations, please refer to the <u>Carrying Concealed Handguns On Campus</u> document and/or consult your event organizer.

Web url:

http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/34SafetyOfEmployeesAndStudents/34.06.02.R1.pdf

Pursuant to PC 46.035, the open carrying of handguns is prohibited on all A&M-Commerce campuses. Report violations to the University Police Department at 903-886-5868 or 9-1-1.

COURSE OUTLINE / CALENDAR

Week Monday Date	Content	Reading Assignments Varcarolis	Class Meetings/ Class Assignments/Exams
1 8/28	Course Overview	Syllabus Clinical Schedule	Class 8/29 13-1500 Class/Clinical Experience Paper due 9/1
2 9/4	Basic Concepts/ Effective Communication	Chapters 1, 3, 7 (120-21), 35	Evolve-Alzheimer's due 9/8
3 9/11	Theories & Therapies	Chapters 2, 33	Class 9/12 08-1000 Online Quiz #1 due 9/15
4 9/18	Legal, Ethical & Cultural	Chapters 4, 5, 6	
5 9/25	Schizophrenia	Chapters 12, 3 (applicable portion)	Class 9/26 08-1000 Exam #1 (Basic; Theories; Legal) 9/26 13-1400 Evolve-Schizophrenia due 9/29
6 10/2	Anxiety	Chapters 10, 15, 3 (applicable portion)	Evolve-Psychosis due 10/6
7 10/9	Bipolar	Chapters 13, 3 (applicable portion)	Class 10/10 08-1000 Exam #2 (Schizophrenia, Anxiety) 10/10 13-1400 Online Quiz #2 due 10/13
8 10/16	Depression	Chapters 14, 3 (applicable portion)	Online Quiz #3 due 10/20 Evolve-Depression due 10/20 Evolve-MDD due 10/20
9 10/23	Suicide	Chapters 25, 26	Class 10/24 08-1000 Exam #3 (Bipolar, Depression) 10/24 13-1400

The syllabus/schedule are subject to change.

10 10/30	Children & Adolescents	Chapters 11, 21, 34, 3 (applicable portion)	Evolve-ADHD due 11/3 Online Quiz #4 due 11/3
11 11/6	Violence	Chapters 27, 28	Class 11/7 08-1000 Exam #4 (Suicide, Children) 11/7 13-1400
12 11/13	Sexual assault	Chapters 16, 29	
13 11/20	Eating	Chapters 18, 3 (applicable portion)	Class 11/21 08-1000 Group Presentations #5-8 on 11/21 Exam #5 (Violence, Sexual Assault) 11/21 13-1400 Evolve-Eating due 11/24
14 11/27	Personality	Chapters 24, 3 (applicable portion)	Online Quiz #5 due 12/1
15 12/4	Addictive	Chapters 22, 3 (applicable portion)	Class 12/5 08-1000 Group Presentations #1-4 on 12/5 Evolve-Alcoholism due 12/8 Class/Clinical Evaluation Paper due 12/8
16 12/11	Finals Week		Exam #6 12/13 13-1400 (Personality, Addictive) Psych HESI Practice due 12/13 Psych HESI 12/15 1000-1130

Assignments

Types of Assignments and Purpose of Each: There is a variety of assignments for this class to accommodate different learning styles.

Lecture Assignments

1. Examinations 66% total, 11% each 9/26, 10/10, 10/24, 11/7, 11/21, 12/13

There are six examinations in this class on the dates identified. They will cover <u>all</u> the topics covered in class as of the date of the exam. The focus of each exam will be on the topics listed in the course schedule. The quizzes will include terminology from the applicable chapters in the textbook. The questions will be in multiple formats: multiple choice, multiple answer, matching, short answer, etc.

2. Online guizzes 5%, 1% each 9/15, 10/13, 10/20, 11/3, 12/1

There are five quizzes on eCollege on the important terminology for the indicated modules. These quizzes are not included in the minimum 75% on examinations requirement. These are due by 2359 on the date indicated.

3. **Group Presentation** 7% 11/21 or 12/5

Students will be divided into groups and each group will be assigned a movie that deals significantly with mental illness. The movies are all available for rental and/or streaming. Each member of the group is to watch the movie. There is no paper for this assignment.

The group will present informally, without any audiovisual aids or notecards, to their classmates and lead a discussion on the following topics. All members of the group must present. Presentation and discussion is a maximum of 15 minutes per group.

- 1. Summary of the movie, including description of the mental illnesses in the movie.
- 2. Were the illness(es) portrayed accurately based on accepted signs and symptoms?
- 3. Analyze why changes were made, if any, for the movie?
- 4. How is the movie influenced by society?
- 5. How does the movie influence society's view of mental illness?

This presentation is a group or team project. All members of the group receive the same grade; see grading rubric on eCollege. However, a student can be removed from his/her group if the other students in the group come to the instructor and report that a student is not doing his/her fair share of the work. If that happens, the

student will be notified in writing by the instructor. The student will then be responsible for doing the assignment on his/her own.

4. Class/Clinical Experience Paper 7% 9/1

Write a paper that includes the following: 1) Discuss at least three (3) aspects of the upcoming class/clinical experience that you are looking forward to. Analyze what factors in these experiences make you feel positive about them; 2) Describe at least three (3) aspects of the upcoming class/clinical that you are most apprehensive or uncertain about. Analyze the factors in these experiences that are influencing your reaction.

The paper should be no less than two (2) and no more than three (3) pages typed double-spaced in APA format. Place your name at the top of the first page. You do not have to have a title page or reference page. See grading rubric on eCollege. Submit it by 2359 on the due date on eCollege.

5. Class/Clinical Experience Paper Evaluation 7% 12/8

Write a paper that evaluates the results of your experience in class/clinical during the semester. Refer to the paper you wrote at the beginning of the semester. Analyze both the positive and negative experiences you were expecting.

The paper should be no less than two (2) and no more than three (3) pages typed double-spaced in APA format. Place your name at the top of the first page. You do not have to have a title page or reference page. See grading rubric on eCollege. Submit it by 2359 on the due date on eCollege.

6. Evolve Case Studies 8% total (1% each) Varies

There are eight (8) Evolve case studies to be completed and submitted on Evolve by 2359 on the date indicated. You must receive at least 75% on the case studies to receive credit for the assignment.

9/8
9/29
10/6
10/20
10/20
11/3
11/24
12/8

7. HESI Psych/Mental Health Practice Examination 12/13

Complete online non-proctored exam by December 13th with a score of 90% or better to receive credit.

8. HESI Psychiatric/Mental Health Examination 12/15

Complete proctored exam on December 15th with a score of 900 or better to receive credit. If you receive below 900, you will have to complete remediation and re-take the examination to receive credit. For scores on the initial HESI examination of 950-999, you will receive 2 extra points and for scores of 1000 and greater, you will receive 3 extra points. These points are not added to the final grade unless the student meets the average of 75% or better on course examinations.

Clinical Assignments

Types of Clinical Assignments and Purpose of Each: There is a variety of assignments for this class to accommodate different learning styles. All clinical assignments must be completed at 75% or better to receive credit for the assignment.

Uniform and name badge is to be worn to all clinical areas. For all clinical experiences you need to be assertive and are responsible for seeking out your own experience.

Seminars (SEM)

a. There are three seminars during the semester that you need to attend.

1:	Wednesday, August 30	0900-1200 (your assigned time)
2:	Wednesday, August 30	1230-1530 (classroom)
3:	Tuesday, September 26	1400-1600 (assessment room)

Inpatient Assignments

1. Glen Oaks (A/N), Bonham VA (V), HRMC (H), Texoma (M), Children's (C), Timberlawn (W)

- a. On your schedule, you have a total of seven (7) or eight (8) assigned inpatient days at the above facilities.
- b. The clinical will be from 0700-1500 with 30 minutes for lunch. Except for Children's, you are to arrive at 0730 and use the phone on the desk to call the unit and they will give you access. You are to stay until 1530.

- c. Wear your uniform and name badge. Have your car keys, writing instrument, and notepaper in your pockets. You can bring a lunch in to place in the refrigerator at the facility. EVERYTHING else remains in your car, this includes cell phones, clipboards, backpacks, etc. When you are assigned to V at the Bonham VA, park only in parking lot #2 (gravel lot), smoke only in gazebos on campus; have NO firearms/weapons in your car, do not eat/pick the pecans (even if they are on the ground).
- d. On your assigned unit, you will discuss with your instructor and/or the nurse an appropriate client for you for the day. You will remain with this client throughout your clinical day. The activities, etc. the client attends you will also attend. During the day, you also have to participate in therapeutic communication activities with the client based on the client situation. At Glen Oaks, you may have the opportunity to participate in Equine Therapy with the patients.
- e. You will be assigned a psychiatric medication to research and discuss in post-conference throughout the semester. The assignment is on eCollege.
- f. You have to complete a clinical journal (reflection journal for Pediatrics) and medication sheet for each of the in-patient days and submit it by 2359 the day of the experience on eCollege. See grading rubric on eCollege.
- g. The nursing diagnoses that you use for your clinical journals and plan of care <u>cannot</u> be repeated during the semester.
- h. During these clinical days, you need to have a client with the following disorder and/or perform the screening or intervention. The screenings MUST be completed with an adult client. One client can fit more than one category:

Schizophrenia spectrum Bipolar

Anxiety/OCD Survivor of violence

Alcohol screening Suicide screening

i. Addresses

Glen Oaks VA Bonham HRMC 5th floor 301 Division St 1201 E 9th St 4215 Joe Ramsey

Greenville Bonham Greenville

Texoma BHC Children's Timberlawn Behavioral Health

2601 Cornerstone 1935 Medical District Dr. 4600 Samuell Boulevard

Sherman Dallas Dallas

2. Comprehensive Plan of Care

The purpose of this assignment is to provide students an opportunity to demonstrate their knowledge and application of psychiatric/mental health nursing to the care of a client. On one (1) of your ADULT in-patient clients, you need to complete the Psych database/NCP, and medication sheet. This CANNOT be completed on your first day of clinical. It is due by 2359, 11/3, submitted on eCollege.

Outpatient Assignments

You will be assigned to two (2) or three (3) of the following facilities. After you have completed ALL of your outpatient assignments, you are to complete the reflective journal (on eCollege) and submit it by 2359, the day after your last outpatient experience.

3. Heritage Program (Z)

- a. On your assigned day, you are to arrive at the Heritage Program by 0715 to ride the bus while the participants are picked up from their homes. Attend the programs/activities throughout the day as an observer, assisting the staff as needed. You will be done about 1400. Complete an attendance form and submit on eCollege by 2359 the day **of** your experience.
 - b. Heritage Program2904 Sterling Hart DriveCommerce, TX 75428

4. Glen Oaks Outpatient Program (Q)

- a. On your assigned day, you will meet at Glen Oaks at the regular preconference time of 0700. After pre-conference, you will attend the program at Glen Oaks until it is completed and spend time in the intake assessment area until it is time to attend post-conference.
- b. If your assigned day is a when there are no other students assigned (no A or N), arrive at 0900 and attend the program. After the program has completed you are required to spend the rest of your day until 1700 in the intake assessment area of the facility. Complete an attendance form and submit on eCollege by 2359 the day **of** your experience.

5. Texoma BHC OP Program (X)

a. On your assigned day, you will arrive at Texoma BHC at 0700. You will stay until the end of the day with the program participants. After the OP Program,

you may have the opportunity to observe ECT treatment. When this treatment is completed, you will attend post-conference.

b. If your assigned day is a when there are no other students assigned (no M), arrive at 0900 and attend the program. After the program has completed you may be able to attend ECT treatments. If you are able to, stay until the completion of the treatments. Complete an attendance form and submit on eCollege by 2359 the day <u>of</u> your experience.

6. Bonham VA OP Program (B)

a. On your assigned day, you will arrive at the clinic at 0830 and stay until the end of the clinic day. Complete an attendance form and submit on eCollege by 2359 the day <u>of</u> your experience.

7. Tour

- a. On your assigned day, students will be having a tour of the Terrell State Hospital starting at 1000. There is no assignment for this experience.
 - b. You are to wear your uniform and name badge.
- c. For the tour, leave everything in your car except something to write with and a piece of paper for notes if you choose. NO cellphones, etc.
 - d. Terrell State Hospital 1200 East Brin Street Terrell, TX 75160

8. Support Groups Both due by 2359, November 11/17

- a. You are to attend two (2) support groups during the semester. One of the groups has to be focused on alcohol and the other group on drugs. It is recommended that you do NOT go to groups in the town that you reside in. Due to the nature of these meetings, do not wear your uniform or name badge. However, if you are asked, explain that you are a nursing student observing how various support groups assist clients with their overall well-being. ONLY ONE STUDENT CAN ATTEND A SUPPORT GROUP AT ANY ONE TIME-YOU CANNOT GO TOGETHER TO THE MEETINGS.
- b. For each group meeting, in the paper, name the group, indicate the location where you attended, the date attended, the length of time the group met and the purpose of each support group. For each group meeting, the paper should be no longer than one (1) typed double-spaced page. No title page is required. Place your name at the top of each submission. See grading rubric on eCollege. All papers are due by **2359**, **July 21st**. Use the following to guide your paper.

- Relate the function of the support group to the goals of Self-help Groups in your textbook (Box 33-4)
- Discuss something that occurred during the support group that you learned about the situation or that reinforced your knowledge

9. Simulation Day Reflection Journal & Progress Note (SIM) 10/20

The purpose of this assignment is to provide the students an opportunity to reflect on their experiences during the simulation day. Complete the simulation effectiveness tool (posted on eCollege, along with grading rubric) and in the comment area reflect on your experience. In addition, write a short narrative progress note that includes your assessment of the client during the simulation. Both are due by 2359 the day of your simulation experience and are to be submitted on eCollege.

10. Clinical Evaluation

You will be evaluated by your clinical instructor at the end of the semester. The overall evaluation of your clinical performance must be satisfactory. You must pass the clinical evaluation to pass the course regardless of the rest of your clinical grade.