



**NURS 3414: Health Assessment
COURSE SYLLABUS: BSN Program
Fall 2017**

Course Faculty:

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COURSE INFORMATION

Materials – Textbooks, Readings, Supplementary Readings

Textbook(s) Required

Jarvis, C. (2016) *Physical examination & health assessment* (7th Ed.). St. Louis: Saunders (ISBN-10: 978-1-4557-2810-7).

Jarvis, C. (2016) Student *Laboratory Manual for Physical Examination & Health Assessment*. (7th Ed.) St. Louis: Saunders.
(ISBN: 9780323265416)

Student Registration Instructions for Shadow Health - Fall '17

To add this course in Shadow Health, please visit app.shadowhealth.com and click "Register for a Student Account" and enter your PIN: Fall2017-5717-8914-6222-4422 to enroll and purchase access. You may also purchase access at your university bookstore.

Bookstore form to fill out to get bookstore access started:

<https://docs.google.com/a/shadowhealth.com/forms/d/e/1FAIpQLSeAzsowsj4d6QQ78qoI5rnykHLDjomjDwipXiGtA3CFgL3prw/viewform?c=0&w=1>

Purdue OWL (Online Writing Lab):

<http://owl.english.purdue.edu/owl/resource/560/01/>

Course Description (4 credit hours)

Concepts and principles underlying assessment of the health status of individuals are presented *with emphasis placed on interviewing skills, health histories, and the physical and psychosocial findings in the well person*. Communication and assessment skills are developed. Students obtain health histories, perform physical and psychosocial assessments, establish a database, and formulate initial nursing plans using the nursing process.

Student Learning Outcomes

1. Identify principles of history taking in the assessment process of individuals.
2. Conduct a health history, including environmental exposure and a family history that recognizes genetic risks, to identify current and future health problems.
3. Demonstrate physical examination skills including focused physical, behavioral, psychological, socioeconomic, and environmental assessments of health and illness parameters in patients, using developmentally and

- culturally appropriate approaches and according to established criteria.
4. Document problems and needs in individuals from data discovered during the health history and physical examination.
 5. Compare and contrast the roles and responsibilities of the nurse in the process of health assessment and health promotion.
 6. Demonstrate responsibility for independent learning

COURSE REQUIREMENTS

Instructional / Methods / Activities Assessments

Learning Experiences and Teaching Methods:

This is a blended course without lecture requiring students to complete online activities, practice labs, and independent study to be successful. Course objectives may be met through individual study using suggested resources, active involvement in classroom activities, formal, and informal exchange of ideas with classmates and colleagues regarding specific topics as well as utilizing critical thinking skills. Teaching methods include seminar, discussion, small group work, independent study of texts and library resources, computer-assisted instruction, audio-visual aids, return demonstration and check-off of appropriate skills and the assignments listed. While the professor will provide guidance and consultation, the student is responsible for identification of learning needs, self-direction, seeking consultation and demonstration of course objectives.

GRADING

Final grades in this course will be based on the following scale:

Grading Scale

- A = 90-100
- B = 80-89
- C = 75-79
- D = 67-74
- F = 66 and Below

A minimum grade of 75 is required to pass the course.

Grades will be determined as follows:

Exams (4) 15% each	60%
Complete Health History #1	7%
Complete Health History #2	3%
Skills competency check-off #1	15%
Skills competency check-off #2	15%
Shadow Health/Clinical	Pass/fail
Total:	100%

Students must achieve an overall average of 75% on all examinations in order to pass the course.

Unit exams: Four unit exams are scheduled for the course. See the course schedule for the date, time and content of each exam. Exams are NOT comprehensive, are taken online in a proctored computer lab, and are timed. Students are responsible for making appointments with their assigned faculty to review exams or to discuss failing grades. The window for exam review is only open until the date of the next exam.

Students must achieve an overall average of 75% on all written exams to pass the course.

Shadow Health is a pass/fail for clinical/lab time. You must receive 75% on each module to pass the course.

Shadow Health: Each module due date is listed on the course/calendar. You will have multiple attempts to obtain the required 75% on each module. However, the module will only be open until the day prior to the next module due date. Your score will be based on the DCE % noted at the end of each module. If you have technical difficulties or other questions about Shadow Health you will need to contact Shadow Health technical support at:

Advanced Technical Support Hours

Mon - Fri 9:00 A.M. - 9:00 P.M. ET Saturday 11:00 A.M. - 8:00 P.M ET

Call Us

Toll Free: 800.860.3241

If a student does not successfully pass their health assessment check off after the second attempt, they can't continue in health assessment or Fundamentals.

Skills Competency Check-off: A two-part skills and documentation check-off will be administered during the course of the semester, one-half at mid-term and one-half at the end of the semester. See the skills performance

evaluation checklist for the systems covered. In order to pass the course, the student must receive a score of 75% on each check-off, demonstrating competency in the performance of the exam. Documentation of the findings must be completed as well and turned in via dropbox by 5pm on the day after the check-off. All late documentation will receive 10% off final grade for the first late grade, 20% off the second day, and a zero the third day (however, you still have to submit the documentation). The student is responsible for recruiting an adult to participate in the student's skills competency check-offs.

Rules for choosing client for check off #1 and #2:

1. Choose a client who is not a class member and is over 18 years of age, no children allowed.
2. Client must be available between 8a-2:30p on the dates scheduled for check-offs
3. Client must speak English

Check-offs will be recorded in the simulation hospital and students will be assigned a time for check off.

Admission to Lab: Starting August 30, 2017, you will meet in assigned morning (8A-11A) and afternoon (11:30A-2:30P) groups. Lab will be organized as follows:

- Practice sheets and Shadow Health completed prior to class
- Demonstration of techniques—students will tell faculty what techniques to utilize
- Practice of techniques

Students should review appropriate anatomy prior to class and come prepared via reading in text and laboratory manual, review of posted E-college content and practice sheets. Practice sheets are posted in E-College for each unit as listed on the class schedule. You must bring your completed practice sheet and your Shadow Health lab pass, including the assessment tests techniques used as well as normal findings. This is your admission pass to attend lab.

Health History: A health history must be completed on the person recruited for the skills competency check-off and must be turned in on the day of Check-off #1. The same person should be used for Check-off #2 and an updated health history must be completed and turned in at Check-off #2. In the event the recruited individual is unavailable for Check-off #2, a health history must be completed on the newly recruited individual.

Remediation: In the event that the competency check-off is failed (that is, an overall score of less than (<)75% is earned) remediation will be prescribed to improve the student's skills in areas which were not competently performed or documented. *After remediation, the full check-off*

will be repeated, with 75 being the highest earned grade possible.

1. Remediation of a failed skills competency check-off must be completed **before** the last day of class.
2. Remediation may be undertaken **ONLY** if a skills competency check-off is failed, **NOT** to improve a passing check-off grade.

Practice: Students may practice skills without supervision when the lab is available. Students are responsible for scheduling themselves and arranging these practices and to sign in during those practice times. The lab is unavailable for practice when class is in session. A sign- up sheet is posted outside the lab for students to document their practice times.

Nursing Student Guide: Specific information for the nursing student regarding the nursing program and current policies and procedures can be found here:

<http://www.tamuc.edu/academics/colleges/educationHumanServices/departments/nursing/Current%20Students/studentguidebook/default.aspx>

TECHNOLOGY REQUIREMENTS

- To fully participate in online courses you will need to use a current Flash enabled browser. For PC users, the suggested browser is Google Chrome or Mozilla Firefox.
- You will need regular access to a computer with a broadband Internet connection. The minimum computer requirements are:
 - 512 MB of RAM, 1 GB or more preferred
 - Broadband connection required courses are heavily video intensive
 - Video display capable of high-color 16-bit display 1024 x 768 or higher resolution
- You must have a:
 - Sound card, which is usually integrated into your desktop or laptop computer
 - Speakers or headphones.
 - *For courses utilizing video-conferencing tools and/or an online proctoring solution, a webcam and microphone are required.
- Both versions of Java (32 bit and 64 bit) must be installed and up to date on your machine. At a minimum Java 7, update 51, is required to support the learning management system. The most current version of Java can be downloaded at: [JAVA web site](http://www.java.com/en/download/manual.jsp)
<http://www.java.com/en/download/manual.jsp>
- Current anti-virus software must be installed and kept up to date.

- Run a browser check through the Pearson LearningStudio Technical Requirements website. [Browser Check](http://help.ecollege.com/LS_Tech_Req_WebHelp/en-us/#LS_Technical_Requirements.htm#Browset)
http://help.ecollege.com/LS_Tech_Req_WebHelp/en-us/#LS_Technical_Requirements.htm#Browset

Running the browser check will ensure your internet browser is supported.
Pop-ups are allowed.
JavaScript is enabled.
Cookies are enabled.

- You will need some additional free software (plug-ins) for enhanced web browsing. Ensure that you download the free versions of the following software:
 - [Adobe Reader](https://get.adobe.com/reader/) <https://get.adobe.com/reader/>
 - [Adobe Flash Player](https://get.adobe.com/flashplayer/) (*version 17 or later*)
<https://get.adobe.com/flashplayer/>
 - [Adobe Shockwave Player](https://get.adobe.com/shockwave/) <https://get.adobe.com/shockwave/>
 - [Apple Quick Time](http://www.apple.com/quicktime/download/) <http://www.apple.com/quicktime/download/>
- At a minimum, you must have Microsoft Office 2013, 2010, 2007 or Open Office. Microsoft Office is the standard office productivity software utilized by faculty, students, and staff. Microsoft Word is the standard word processing software, Microsoft Excel is the standard spreadsheet software, and Microsoft PowerPoint is the standard presentation software. Copying and pasting, along with attaching/uploading documents for assignment submission, will also be required. If you do not have Microsoft Office, you can check with the bookstore to see if they have any student copies.
- For additional information about system requirements, please see: [System Requirements for LearningStudio](https://secure.ecollege.com/tamuc/index.learn?action=technical)
<https://secure.ecollege.com/tamuc/index.learn?action=technical>

ACCESS AND NAVIGATION

Pearson LearningStudio (eCollege) Access and Log in Information

This course will be facilitated using Pearson LearningStudio, the learning management system used by Texas A&M University-Commerce. To get started with the course, go to [myLeo](http://www.tamuc.edu/myleo.aspx) and from the top menu ribbon select eCollege. Then on the upper left side of the screen click on the My Courses tab. <http://www.tamuc.edu/myleo.aspx>

You will need your CWID and password to log in to the course. If you do not know your CWID or have forgotten your password, contact Technology

Services at 903.468.6000 or helpdesk@tamuc.edu.

Note: It is strongly recommended that you perform a "Browser Test" prior to the start of your course. To launch a browser test, login to Pearson LearningStudio, click on the My Courses tab, and then select the Browser Test link under Support Services.

Pearson Learning Studio Student Technical Support

Texas A&M University-Commerce provides students technical support in the use of Pearson LearningStudio.

Technical assistance is available (24 hours a day/ 7 days a week).

If you experience LearningStudio (eCollege) technical problems, contact the LearningStudio help desk at 1-866-656-5511 (toll free) or visit [Pearson 24/7 Customer Support Site](http://247support.custhelp.com/) <http://247support.custhelp.com/>

The student help desk may be reached in the following ways:

- **Chat Support:** Click on '*Live Support*' on the tool bar within your course to chat with a Pearson LearningStudio Representative.
- **Phone:** 1-866-656-5511 (Toll Free) to speak with Pearson Learning Studio Technical Support Representative.

Accessing Help from within Your Course: Click on the '*Tech Support*' icon on the upper left side of the screen inside the course. Then you will be able to get assistance via online chat or by phone.

Note: Personal computer problems do not excuse the requirement to complete all course work in a timely and satisfactory manner. Each student needs to have a backup method to deal with these inevitable problems. These methods might include the availability of a backup PC at home or work, the temporary use of a computer at a friend's home, the local library, office service companies, Starbucks, a TAMUC campus open computer lab, etc

Policy for Reporting Problems with Pearson LearningStudio

Should students encounter Pearson LearningStudio based problems while submitting assignments/discussions/comments/exams, the following procedure must be followed:

1. Students must report the problem to the help desk. You may reach the helpdesk at helpdesk@online.tamuc.org or 1-866-656-5511
2. Students must file their problem with the helpdesk and obtain a helpdesk ticket number

3. Once a helpdesk ticket number is in your possession, students should email me to advise me of the problem and to provide me with the helpdesk ticket number
4. I will call the helpdesk to confirm your problem and follow up with you

PLEASE NOTE: Your personal computer/access problems are not a legitimate excuse for filing a ticket with the Pearson LearningStudio Help Desk. Only Pearson LearningStudio based problems are legitimate reasons to contact the Help Desk.

You strongly are encouraged to check for your internet browser compatibility **BEFORE** the course begins and take the Pearson LearningStudio tutorial offered for students who may require some extra assistance in navigating the Pearson LearningStudio platform.

myLeo Support

Your myLeo email address is required to send and receive all student correspondence. Please email helpdesk@tamuc.edu or call us at 903-468-6000 with any questions about setting up your myLeo email account. You may also access information at [myLeo. https://leo.tamuc.edu](https://leo.tamuc.edu)

Learner Support

The [One Stop Shop](http://www.tamuc.edu/admissions/onestopshop/) was created to serve you by providing as many resources as possible in one location.

<http://www.tamuc.edu/admissions/onestopshop/>


The [Academic Success Center](http://www.tamuc.edu/campusLife/campusServices/academicSuccessCenter) provides academic resources to help you achieve academic success.

<http://www.tamuc.edu/campusLife/campusServices/academicSuccessCenter>

FREE MOBILE APPS

The Courses apps for phones have been adapted to support the tasks students can easily complete on a smaller device. Due to the smaller screen size course content is not presented.

The Courses app is free of charge. The mobile Courses Apps are designed and adapted for different devices.

	App Title:	iPhone – Pearson LearningStudio Courses for iPhone Android – LearningStudio Courses - Phone
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Operating System:	iPhone - OS 6 and above Android – Jelly Bean, Kitkat, and Lollipop OS
iPhone App URL:	https://itunes.apple.com/us/app/pearson-learningstudio-courses/id977280011?mt=8
Android App URL:	https://play.google.com/store/apps/details?id=com.pearson.lsp_hone

Once downloaded, search for Texas A&M University-Commerce, and it should appear on the list. Then you will need to sign into the myLeo Mobile portal.

The Courses App for Android and iPhone contain the following feature set:

- View titles/code/Instructor of all Courses enrolled in online
- View and respond to all discussions in individual Courses
- View Instructor Announcements in individual Courses
- View Graded items, Grades and comments in individual Courses
- Grade to Date
- View Events (assignments) and Calendar in individual Courses
- View Activity Feed for all courses
- View course filters on activities
- View link to Privacy Policy
- Ability to Sign out
- Send Feedback

COMMUNICATION AND SUPPORT

Interaction with Instructor Statement

Communication between faculty and students is important and taken seriously. Preferred communication methods are through individualized faculty office hours, email, or office phone. If a phone call is not answered, please leave a message and send an e-mail using the direct e-mail link on the course home page. You will be treated with collegial respect and you are expected to communicate likewise in a professional manner.

COURSE AND UNIVERSITY PROCEDURES/POLICIES

Syllabus Change Policy

The syllabus is a guide. Circumstances and events, such as student progress, may make it necessary for the instructor to modify the syllabus

during the semester. Any changes made to the syllabus will be announced in advance.

Course Specific Procedures

Students must adhere to standards of professional and academic conduct. Academic misconduct involves any activity that tends to compromise the academic integrity of the University, or subvert the educational process, including, but not limited to, cheating, plagiarism, falsifying academic records, misrepresenting facts and any act designed to give unfair academic advantage to the student or the attempt to commit such an act. Students are responsible for their own academic honesty and for reporting violations of academic honesty by others. (Nursing Student Conduct Code--See the BSN Student Guide)

CLASS

1. Class Cancellation: In the event that a class is canceled, the student is expected to do the readings and complete the objectives for that day. The content will still be included on examinations. The material in this syllabus and dates identified in the Course Calendar are subject to change.
2. Class attendance is expected. Students should notify course faculty in advance of any absence. It is the student's responsibility to obtain information covered in class/lab.
3. Exam dates are listed in each course syllabus, and the student is expected to be present for exams. In the event that the student will be absent, the course instructor must be notified in advance.
4. As an adult learner and responsible professional, the student is responsible for reading and completing assignments prior to class and for being prepared to participate in discussions over the assigned material. It should not be expected that all material will be covered in class. Students are expected to come to class prepared.

Classroom Behavior

Students must refrain from classroom distractions (e.g. talking to each other, eating, texting, using phones, entering late or moving excessively during class). Children are not allowed in the classroom at any time. Students causing distractions will be asked to leave the classroom and may be subject to disciplinary action. Cell phones must be placed on vibrate or turned off.

Use of Electronic Devices

The use of electronic devices, including laptops and voice recorders, must be approved by the course faculty prior to class. Laptops not being used to take notes should be closed. The use of any unapproved electronic devices during

a test/quiz or test/quiz review will result in the student receiving a zero for that test/quiz.

Student Dress

Refer to Student Guide for additional information. While in the lab, students will be expected to dress in the prescribed BSN program uniform at the appointed time. Prior to that time, students should be dressed appropriately without body piercings, tattoos covered, no nail polish, and attired in nothing suggestive. Hair must be up and off the collar. Gum chewing is never allowed in the lab.

University Specific Procedures

Student Conduct

All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment. The code of Student Conduct is described in detail in the Student Guidebook.

<http://www.tamuc.edu/admissions/registrar/documents/studentGuidebook.pdf>

Students should also consult the Rules of Netiquette for more information regarding how to interact with students in an online forum: [Netiquette](http://www.albion.com/netiquette/corerules.html)
<http://www.albion.com/netiquette/corerules.html>

ADA Statement

Students with Disabilities

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:

Office of Student Disability Resources and Services

Texas A&M University-Commerce

Gee Library- Room 132

Phone (903) 886-5150 or (903) 886-5835

Fax (903) 468-8148

Email: Rebecca.Tuerk@tamuc.edu

Website: [Office of Student Disability Resources and Services](http://www.tamuc.edu/campusLife/campusServices/studentDisabilityResourcesAndServices/)

<http://www.tamuc.edu/campusLife/campusServices/studentDisabilityResourcesAndServices/>

Nondiscrimination Notice

Texas A&M University-Commerce will comply in the classroom, and in online courses, with all federal and state laws prohibiting discrimination and related retaliation on the basis of race, color, religion, sex, national origin, disability, age, genetic information or veteran status. Further, an environment free from discrimination on the basis of sexual orientation, gender identity, or gender expression will be maintained.

Tobacco Statement

Procedure 34.05.99.R1 now prohibits the use of vapor/electronic cigarettes, smokeless tobacco, snuff and chewing tobacco inside and adjacent to any building owned, leased, or operated by A&M – Commerce.

Campus Concealed Carry Statement

Texas Senate Bill-11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in Texas A&M University-Commerce buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and A&M-Commerce Rule 34.06.02.R1, license holders may not carry a concealed handgun in restricted locations.

For a list of locations, please refer to the [Carrying Concealed Handguns On Campus](#) document and/or consult your event organizer.

Web url:

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/34SafetyOfEmployeesAandStudents/34.06.02.R1.pdf>

Pursuant to PC 46.035, the open carrying of handguns is prohibited on all A&M-Commerce campuses. Report violations to the University Police Department at 903-886-5868 or 9-1-1.

NURS 3414; COURSE OUTLINE

Textbook: Jarvis' *Physical Examination and Health Assessment*, 7th ed.

Week	Course Content	Reading Assignment
1 (8/28)	Orientation to course— <u>all students present from 10am-12pm</u> <i>Shadow Health-Digital orientation.</i>	Review Syllabus
1 (8/30)	Assessment of the whole person; cultural competence; interviewing; completing a health history <i>Practice sheet unit 1</i> <i>Shadow Health-Conversation concept lab and health history modules.</i> Class 8-11am-morning groups and 11:30-2:30 pm-for pm groups.	Chapters 1, 2, 3, 4
2 (9/8)	Assessment techniques-pain, nutrition. Skin, hair, and nails Head, Face, and neck <i>Practice sheet units 3&4</i> <i>Shadow Health-Skin, hair, & nails.</i>	Chapters 8, 10, 11 Chapters 12, 13
3 (9/12)	Exam 1 (Chapters 1, 2, 3, 4, 8, 10, 11)	ED South 122
3 (9/15)	Eyes <i>Practice sheet unit 5</i> Start wearing uniforms.	Chapter 14
4 (9/22)	Ears, nose, mouth, and throat <i>Practice sheet unit 6</i> <i>Shadow Health-HEENT</i>	Chapters 15, 16
5 (9/26)	Exam 2 (Chapters 12-16)	Ed South 122

5 (9/29)	Breasts, regional lymphatics, thorax, and lungs <i>Practice sheet unit 7</i> <i>Shadow Health-Respiratory concept lab and respiratory patient.</i>	Chapters 17, 18
6/7 (10/6) & (10/13)	Check-off #1/Health History #1 due <i>Shadow Health-start working on comprehensive assessment.</i>	
8 (10/20)	Heart and neck vessels, peripheral vascular system <i>Practice sheet unit 8</i> <i>Shadow Health-Cardiovascular concept lab and cardiovascular patient.</i>	Chapters 19, 20

9 (10/27)	Abdomen <i>Practice sheet unit 9</i> <i>Shadow Health-Abdominal concept lab and abdominal patient.</i>	Chapter 21
10 (10/31)	Exam 3 (Chapters 17-21)	Ed South 122
10 (11/3)	Musculoskeletal <i>Practice sheet unit 10</i> <i>Shadow Health-Musculoskeletal patient.</i> Male genitourinary and prostate, anus, rectum-no practice sheet, Unit 13 <i>Practice sheet unit 12</i>	Chapter 22 Chapter 24, 25
11 (11/10)	Neurologic <i>Practice sheet unit 11</i> <i>Shadow Health-Neurological patient.</i>	Chapter 23

12 (11/14)	Exam 4 (Chapters 22-25)	Ed South 122
12 (11/17)	Female Genitourinary <i>Practice sheet unit 14</i>	Chapter 26
13 (11/24)	Thanksgiving Holiday	
14/15 (12/1) & (12/8)	Check-off #2/Health History #2 due <i>Shadow Health-work on comprehensive assessment.</i>	

****Students are responsible for Anatomy and Physiology review prior to each class.**