

TEXAS A & M UNIVERSITY - COMMERCE
DEPARTMENT OF HEALTH & HUMAN PERFORMANCE
COURSE SYLLABUS

COURSE TITLE: HPH 430: Health Promotion with Special Populations

COURSE VALUE: Three (3) credit hours

COURSE TIME: Online

ADJUNCT INSTRUCTOR: Rebecca Rouse, M.S.

OFFICE: Field House 100A

OFFICE HOURS: By Appointment

PHONE: (903) 886-5549

FAX: (903) 886-5365

E-MAIL: rebecca.rouse@tamuc.edu

REQUIRED TEXT: Perez, M. & Luquis, R. (2014) Cultural Competence in Health Education and Health Promotion. San Francisco, CA. Josey-Bass Publishers.

Course Description:

This course seeks to identify health care issues relevant to at-risk populations/communities and to facilitate health promotion/disease prevention activities.

Course Objectives:

At the end of this course the students should learn about:

1. Theoretical Underpinnings of Vulnerability and Approaches to Special Populations
2. Racial & Ethnic groups with Special Health Problems
3. Empowering Special Populations
4. Population Based and Community-Focused Approaches to Vulnerability and Disadvantage
5. Research, Policy and Clinical Perspectives

Course Requirements:

A. *Assignments & Intro Quiz (28%)*

The student will be responsible for obtaining all materials presented online and assigned readings from the textbook. You are responsible for making sure your weekly assignments are in on time. Use the appropriate drop-box to submit assignments. You will need to click on “announcements” so you can see the Instructor’s comments for homework. Thirteen (13) assignments will be given in the semester. **Due every Wednesday by noon!!!**

B. *Health Organization with Website power point (10%)*

Students will develop a power point on a health organization with website (choice must be selected from Appendix B). Choice of website is first come, first serve. E-mail me your first choice and alternate by **February 8**, and I will reply back with what has not been taken. Students will then post a power point presentation regarding the topic under doc sharing. You must also comment on one other presentation in the mandatory discussion by **March 8 @ noon**. “Your presentation was cool or good” will not count. Something more profound such as “I was not aware that.....I will attempt to use this technique in the future.” Minimum of 10 slides. First summarize the website and relate it to a book chapter topic, and then write a personal reaction to the website, including how you can use this information personally and professionally. Post under docshare for class to see.

C. *Multi-Cultural Brochure (10%)*

Students will develop an educational tri-fold brochure with your choice of one health disparity from Appendix C. Pictures cannot be taken from the internet. In other words, the student will have to go out to their chosen racial and ethnic group to be able to complete this **100 point** assignment. Tips: use low level language and if possible, translate into the appropriate written language of that chosen

group. Your pamphlet should be culturally and visually engaging. Use language, color, phrases, images, recipes, historical events and figures appropriate to your audience. This brochure must be in color and mailed/dropped in my box, or submitted electronically to my email, by the due date and time of Wednesday, **April 26 @ noon**.

D. Participation in Discussions (12%):

Students will choose **6** discussion forums in which they will participate. **Week 9 is mandatory**. You can earn a maximum of 20 points (**your initial post and responding to one other post**) per discussion. You may not participate in more than 6 discussions for credit. I will only count the points you earn in your first six discussions toward your grade. Even though this course is a web class, students will be required to interact personally with each other, but through cyberspace. Interpersonal communication serves an important educational purpose. You will learn more as you engage each other (**so just posting yes I agree with him/her will not count!**) and discuss the material together. Throughout the semester I will post discussion topics in the “Discussions” area on various topics. Students may choose which sessions to join. Typically the sessions will be locked on the stated due date/time. Mandatory discussion due **March 22 @ noon**.

E. Experiential Learning/Volunteer Report (10%):

This assignment will serve as your community service activity with special populations. **On your own**, you will identify a volunteer organization that provides health-promoting services to community members. You are required to complete a minimum of three (3) volunteer hours with the respective organization (these hours should be completed during the **Spring 2017** semester, not prior.). Each student must e-mail the name and contact information (e.g. name of supervising employee, address, phone number, etc.) for the volunteer agency by **February 8**. Include any “Call for Volunteers” signage/advertisement if available. I will respond via e-mail to approve your activity. After completing the activity, write a one-page paper (typed, single spaced, 12 font, and 1” margin) describing the activity. Be sure to include the who, what, where, and when aspects of the experience. Also, describe how this made you feel and relate back to chapter in textbook. The report is due no later than Wednesday, **May 3 @ noon**. I recommend submitting the week after you complete the activity so you won’t forget any details!

F. Exams (30%):

A midterm and final exam will be administered, covering all information in the book and the power point slides. Test will consist of objective questions (matching, T/F and multiple choice). Although exams are open book and open note, the time limit is 3 hours. **No make-up exam will be given, unless arrangements are made prior to the exam or a verifiable medical excuse is provided within 3 days.*

***Take note:** Students will be **unable** to make-up a report/presentation/assignment when the due date has passed. Often after a student earns a poor grade, he/she is interested in doing “extra credit” projects to improve their grade. NO extra credit projects or assignments will be offered in this class. All students have the same opportunity to succeed on the assigned work. Please use these opportunities to work hard and succeed.

I am empathetic to students who have various events prohibiting them from completing class assignments on time. However, a lack of motivation or good time management is just that; thus, I simply cannot justify a student who misses the opportunity to complete activities earning the same grade as a student who finishes every class assignment on time. In doing so would not be fair to those students that submitted work in a timely fashion. Students who just seem to meet every obstacle will be justly rewarded. All late assignments automatically earn a zero.

Grading:

Assignments (13 x 20 pts/each) & Intro Quiz (20 pts) 280 pts (28%)
Experiential Learning 100 pts (10%)
Participation in Discussions (6 @ 20 pts/each) 120 pts (12%)
Health Organization with Website 100 pts (10%)

Brochure 100 pts (10%)
Mid-Term Examination 150 pts (15%)
Final Examination 150 pts (15%)

TOTAL 1000 pts(100%)

Grade Scale:

900– 1000 points = A 800-899 = B 700-799 = C 600-699 = D 0-599 = F

COURSE AND UNIVERSITY PROCEDURES/POLICIES

Course Specific Procedures:

Attendance: Attendance for this online class is considered when you are logged in and active in the class eCollege i.e., posting assignments, taking quizzes, and/or completing discussion boards. If you are absent/not active in the class, it is **YOUR** responsibility to let the instructor know immediately, upon your return to class, the reason for your absence if it is to be excused. **NO LATE ASSIGNMENTS WILL BE ACCEPTED.**

Syllabus Deviation Policy:

The course syllabus provides a general plan for the course; deviations may be necessary.

Academic Honesty Policy

- Texas A&M University-Commerce does not tolerate **plagiarism** and other forms of academic **dishonesty**. Conduct that violates generally accepted standards of academic honesty is defined as academic dishonesty. "Academic dishonesty" includes, but is not limited to, plagiarism (the appropriation or stealing of the ideas or words of another and passing them off as one's own), cheating on exams or other course assignments, collusion (the unauthorized collaboration with others in preparing course assignments), and abuse (destruction, defacing, or removal) of resource material. Be aware that the intent to deceive the reader does not have to be present for plagiarism to occur. For more information, please go to <http://www.plagiarism.org/>. **If you are in any doubt as to whether your work constitutes plagiarism or academic dishonesty, please discuss this with me confidentially.**

University Specific Procedures

ADA Statement for Students with Disabilities

Students with Disabilities:

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:

Office of Student Disability Resources and Services
Texas A&M University-Commerce
Gee Library
Room 132
Phone (903) 886-5150 or (903) 886-5835
Fax (903) 468-8148

StudentDisabilityServices@tamuc.edu

Student Conduct:

All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment. (See *Code of Student Conduct* from *Student Guide Handbook*).

Campus Concealed Carry:

Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in Texas A&M University-Commerce buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and A&M-Commerce Rule 34.06.02.R1, license holders may not carry a concealed handgun in restricted locations. For a list of locations, please refer to (<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/34SafetyOfEmployeesAndStudents/34.06.02.R1.pdf>) and/or consult your event organizer). Pursuant to PC 46.035, the open carrying of handguns is prohibited on all A&M-Commerce campuses. Report violations to the University Police Department at 903-886-5868 or 9-1-1.

**SPRING 2017
COURSE OUTLINE**

WEEK	TOPICS	ASSIGNMENTS DUE WEDNESDAY @ NOON
1	Course Introduction Chapter 1	Wed. 1/25 @ noon
2	Chapter 2	Wed. 2/1 @ noon
3	Chapter 3	Wed. 2/8 @ noon
4	Chapter 4	Wed. 2/15 @ noon
5	Chapter 5	Wed. 2/22 @ noon
6	Chapter 6	Wed. 3/1 @ noon
7	Midterm Health organization websites	Wed. 3/8 @ noon
8	Enjoy Spring Break!	
9	Chapter 7	Wed. 3/22 @ noon
10	Chapter 8	Wed. 3/29 @ noon
11	Chapter 9	Wed. 4/5 @ noon
12	Chapter 10	Wed. 4/12 @ noon
13	Chapter 11	Wed. 4/19 @ noon
14	Chapter 12 Brochures Due	Wed. 4/26 @ noon
15	Chapter 13 Volunteer report	Wed. 5/3 @ noon
16	FINAL	Wed. 5/10 @ noon

