NURS 3414: Health Assessment
BSN Program

COURSE SYLLABUS: Fall 2016

INSTRUCTOR INFORMATION

Instructor: Donna Callicoat, MSN, RN, FNP-C (Course Coordinator)
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Preferred Form of Communication: email
Communication Response Time: 48 hours, business days only

COURSE INFORMATION

Materials – Textbooks, Readings, Supplementary Readings

Textbook(s) Required
Jarvis, C. (2016) *Physical examination & health assessment* (7th Ed.). St.
    Louis: Saunders (ISBN-10:978-1-4557-2810-7).
Jarvis, C. (2016) Student *Laboratory Manual for Physical Examination & Health
    Assessment.* (7th Ed.) St. Louis: Saunders.
    (ISBN: 9780323265416)
Purdue OWL (Online Writing Lab):

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Course Description

Concepts and principles underlying assessment of the health status of individuals are presented *with emphasis placed on interviewing skills, health histories, and the physical and psychosocial* findings in the well person. Communication and assessment skills are developed. Students obtain health histories, perform physical and psychosocial assessments, establish a database, and formulate initial nursing plans using the nursing process.

Student Learning Outcomes

1. Identify principles of history taking in the assessment process of individuals.
2. Conduct a health history, including environmental exposure and a family history that recognizes genetic risks, to identify current and future health problems.
3. Demonstrate physical examination skills including focused physical, behavioral, psychological, socioeconomic, and environmental assessments of health and illness parameters in patients, using developmentally and culturally appropriate approaches and according to established criteria.
4. Document problems and needs in individuals from data discovered during the health history and physical examination.
5. Compare and contrast the roles and responsibilities of the nurse in the process of health assessment and health promotion.
6. Demonstrate responsibility for independent learning.

COURSE REQUIREMENTS

Instructional Methods

Learning Experiences and Teaching Methods:
This is a blended course without lecture requiring students to complete online activities, practice labs, and independent study to be successful. Course objectives may be met through individual study using suggested resources, active involvement in classroom activities, formal, and informal exchange of ideas with classmates and colleagues regarding specific topics as well as utilizing critical thinking skills. Teaching methods include seminar, discussion, small group work, independent study of texts and library resources, computer-assisted instruction, audio-visual aids, return demonstration and check-off of appropriate skills and the assignments listed. While the professor will provide guidance and consultation, the student is

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responsible for identification of learning needs, self-direction, seeking consultation and demonstration of course objectives.

Student Responsibilities or Tips for Success in the Course

Students must regularly log into the course website to check for any new announcements. To be successful and pass this course, you must read assignments to prevent falling behind in the course. Most of all, students must practice skills taught in the course in order to pass.

GRADING

Final grades in this course will be based on the following scale:

A = 90%-100%
B = 80%-89%
C = 70%-79%
D = 60%-69%
F = 59% or Below

Assessments

Grades will be determined as follows:

Exams (4) 15% each	60%
Complete Health History #1	7%
Complete Health History #2	3%
Skills competency check-off #1	15%
Skills competency check-off #2	15%
Total:	100%

Students must achieve an overall average of 75% on all examinations in order to pass the course.

Unit exams: Four unit exams are scheduled for the course. See the course schedule for the date, time and content of each exam. Exams are NOT comprehensive, are taken online in a proctored computer lab, and are timed. Students are responsible for making appointments with their assigned
faculty to review exams or to discuss failing grades. Students who wish to review their exams must do so before the next scheduled exam.

Students must achieve an overall average of 75% on all written exams to pass the course.

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Skills Competency Check-off: Students will perform a two-part skills and documentation check-off during the course of the semester, one at mid- term and one at the end of the semester (See the skills performance evaluation checklist for the systems covered). In order to pass the course,
the student must receive a score of 75% on the check-off with accompanying documentation. Documentation of the findings
must be submitted via dropbox by 5pm on the day following the check-off. Any documentation submitted after 5 pm will receive a percentage off (10% off final grade for the first 24 hrs, 20% off the second 24 hrs, and a 0 the third day). The documentation must still be submitted. The student is responsible for recruiting an adult to participate in the student's skills competency check-offs.
Rules for choosing client for check off #1 and #2:
1. Choose a client who is not a class member and is over 18 years of age, no children allowed.
2. Client must be available between 10a-4:30p on the dates scheduled for check-offs
3. Client must speak English
   Check-offs will be recorded in the simulation hospital and students will be assigned a time for check off.

Students who fail the first attempt will be allowed a second attempt.

In the event that the competency check-off is failed (that is, an overall score of less than (<)75% is earned) remediation will be prescribed to improve the student's skills in areas which were not competently performed or documented. *After remediation, the full check-off will be repeated, with 75 being the highest earned grade possible*.
1. Remediation of a failed skills competency check-off must be completed **before** the last day of class.
2. Remediation may be undertaken **ONLY** if a skills competency check-off is failed, **NOT** to improve a passing check-off grade.

If a student does not successfully pass their health assessment check off after the second attempt, they can't continue in health assessment or Fundamentals.

Admission to Lab: Starting September 12, 2016, you will meet in assigned morning (10A-1P) and afternoon (1:30P-4:30P) groups. Lab will be organized as follows:
- ☐ Practice sheets completed prior to class
- ☐ Demonstration of techniques—students will tell faculty what techniques to utilize
- ☐ Practice of techniques

Students should review appropriate anatomy prior to class and come prepared via reading in text and laboratory manual, review of posted E- college content and

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practice sheets. Practice sheets are posted in E-College for each unit as listed on the class schedule. You must bring your completed

practice sheet, including the assessment techniques used and expected findings (normal). This is your admission pass to attend lab.

Health History: A health history must be completed on the person recruited for the skills competency check-off and must be turned in on the day of Check-off #1. The same person should be used for Check-off #2 and an updated health history must be completed and turned in at Check-off #2. In the event the recruited individual is unavailable for Check-off #2, a health history must be completed on the newly recruited individual.

Practice: Students are encouraged to practice skills when the lab is available. Students must sign in and out during those practice times. The lab is unavailable for practice when class is in session. A sign-up sheet is posted outside the lab.

TECHNOLOGY REQUIREMENTS

- To fully participate in online courses you will need to use a current Flash enabled internet browser. For PC and Mac users the suggested browser is Mozilla Firefox.

- You will need regular access to a computer with a broadband Internet connection. The minimum computer requirements are:
    - 512 MB of RAM, 1 GB or more preferred
    - Broadband connection required courses are heavily video intensive
    - Video display capable of high-color 16-bit display 1024 x 768 or higher resolution

- You must have a:
    - Sound card, which is usually integrated into your desktop or laptop computer
    - Speakers or headphones.
    - *For courses utilizing video-conferencing tools and/or an online proctoring solution, a webcam and microphone are required.

- Both versions of Java (32 bit and 64 bit) must be installed and up to date on your machine. At a minimum Java 7, update 51, is required to support the learning management system. The most current version of Java can be downloaded at: JAVA web site http://www.java.com/en/download/manual.jsp

- Current anti-virus software must be installed and kept up to date.

- Run a browser check through the Pearson LearningStudio Technical Requirements website. Browser Check   http://help.ecollege.com/LS_Tech_Req_WebHelp/en-us/#LS_Technical_Requirements.htm#Browset

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Running the browser check will ensure your internet browser is supported.
Pop-ups are allowed.
JavaScript is enabled.
Cookies are enabled.

- You will need some additional free software (plug-ins) for enhanced web browsing. Ensure that you download the free versions of the following software:
  - Adobe Reader https://get.adobe.com/reader/
  - Adobe Flash Player *(version 17 or later)* https://get.adobe.com/flashplayer/
  - Adobe Shockwave Player https://get.adobe.com/shockwave/
  - Apple Quick Time http://www.apple.com/quicktime/download/

- At a minimum, you must have Microsoft Office 2013, 2010, 2007 or Open Office. Microsoft Office is the standard office productivity software utilized by faculty, students, and staff. Microsoft Word is the standard word processing software, Microsoft Excel is the standard spreadsheet software, and Microsoft PowerPoint is the standard presentation software. Copying and pasting, along with attaching/uploading documents for assignment submission, will also be required. If you do not have Microsoft Office, you can check with the bookstore to see if they have any student copies.

- For additional information about system requirements, please see: System Requirements for LearningStudio https://secure.ecollege.com/tamuc/index.learn?action=technical

ACCESS AND NAVIGATION

Pearson LearningStudio (eCollege) Access and Log in Information

This course will be facilitated using Pearson LearningStudio, the learning management system used by Texas A&M University-Commerce. To get started with the course, go to myLeo and from the top menu ribbon select eCollege. Then on the upper left side of the screen click on the My Courses tab.   http://www.tamuc.edu/myleo.aspx

You will need your campus-wide ID (CWID) and password to log into the course. If you do not know your CWID or have forgotten your password, contact the Center for IT Excellence (CITE) at 903.468.6000 or helpdesk@tamuc.edu**.**

Note: It is strongly recommended you perform a "Browser Test" prior to the start of your course. To launch a browser test login to Pearson LearningStudio, click on the My Courses tab, and then select the Browser Test link under Support Services.

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Pearson LearningStudio Student Technical Support

Texas A&M University-Commerce provides students technical support for the use of Pearson LearningStudio.

Technical assistance is available 24/7 (24 hours, 7 days a week).

If you experience LearningStudio (eCollege) technical problems, contact the LearningStudio helpdesk at 1-866-656-5511 (toll free) or visit Pearson 24/7 Customer Support Site   http://247support.custhelp.com/

The student help desk may be reached in the following ways:

- **Chat Support:** Click on *'Live Support'* on the tool bar within your course to chat with a Pearson LearningStudio Representative.

- **Phone:** 1-866-656-5511 (Toll Free) to speak with Pearson LearningStudio Technical Support Representative.

Accessing Help from within Your Course: Click on the *'Tech Support'* icon on the upper left side of the screen inside the course. Then you will be able to get assistance via online chat or by phone.

Note: Personal computer and internet connection problems do not excuse the requirement to complete all course work in a timely and satisfactory manner. Each student needs to have a backup method to deal with these inevitable problems. These methods might include the availability of a backup PC at home or work, the temporary use of a computer at a friend's home, the local library, office service companies, Starbucks, a TAMUC campus open computer lab, etc.

Policy for Reporting Problems with Pearson LearningStudio

Should students encounter Pearson LearningStudio based problems while submitting assignments/discussions/comments/exams, the following procedure must be followed:

1. Students must report the problem to the help desk. You may reach the helpdesk at 1-866-656-5511.
2. Students must file their problem with the helpdesk and obtain a helpdesk ticket number
3. Once a helpdesk ticket number is in your possession, students should email me to advise me of the problem and provide me with the helpdesk ticket number.
4. I will call the helpdesk to confirm your problem and follow up with you

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PLEASE NOTE: Your personal computer and internet access problems are not a legitimate excuses for filing a ticket with the Pearson LearningStudio Help Desk. Only Pearson LearningStudio based problems are legitimate reasons to contact the Help Desk.

You strongly are encouraged to check for your internet browser compatibility **BEFORE** the course begins and take the Pearson LearningStudio tutorial offered for students who may require some extra assistance in navigating the Pearson LearningStudio platform.

myLeo Support
Your myLeo email address is required to send and receive all student correspondence. Please email helpdesk@tamuc.edu or call us at 903-468-6000 with any questions about setting up your myLeo email account. You may also access information at myLeo. https://leo.tamuc.edu

Learner Support
The One Stop Shop was created to serve you by providing as many resources as possible in one location. http://www.tamuc.edu/admissions/onestopshop/

The Academic Success Center provides academic resources to help you achieve academic success. http://www.tamuc.edu/campusLife/campusServices/academicSuccessCenter/

FREE MobilE APPS

The Courses apps for phones have been adapted to support the tasks students can easily complete on a smaller device. Due to the smaller screen size course content is not presented.

The Courses app is free of charge. The mobile Courses Apps are designed and adapted for different devices.

PEARSON COURSES	**App Title:**	**iPhone –** Pearson LearningStudio Courses for iPhone **Android** – LearningStudio Courses - Phone
	Operating System:	**iPhone** - OS 6 and above **Android** – Jelly Bean, Kitkat, and Lollipop OS
	iPhone App URL:	https://itunes.apple.com/us/app/pearson-learningstudio-courses/id977280011?mt=8
	Android App URL:	https://play.google.com/store/apps/details?id=com.pearson.lsphone

Once downloaded, search for Texas A&M University-Commerce, and it should appear on the list. Then you will need to sign into the myLeo Mobile portal.

The Courses App for Android and iPhone contain the following feature set:

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• View titles/code/Instructor of all Courses enrolled in online
• View and respond to all discussions in individual Courses
• View Instructor Announcements in individual Courses
• View Graded items, Grades and comments in individual Courses
• Grade to Date
• View Events (assignments) and Calendar in individual Courses
• View Activity Feed for all courses
• View course filters on activities
• View link to Privacy Policy
• Ability to Sign out
• Send Feedback

LearningStudio Notifications

Students can be alerted to course activities via text on their mobile phones or up to two email addresses.

Based on their preferences, students can automatically receive a push notification with every new: course announcement, threaded discussion post, grade, and/or assignment without having to login to the course. Enrolled students will automatically receive email notifications for announcements and can opt out of this feature. To receive text notifications, students must opt in.

To begin setting up notifications, go into your course in LearningStudio and click on the bell-shaped Notifications icon on the main menu ribbon.

By default the student's university email address will appear. This cannot be changed in LearningStudio. Additional email addresses may be added by clicking the Add button. After all of the other selections are completed be sure to click the Save and Finish button.

COMMUNICATION AND SUPPORT

Interaction with Instructor Statement

Communication between faculty and students is important and taken seriously. Communication methods are through individualized
faculty office hours, email, or office phone. Email is the preferred method of contact using the direct e-mail link on the course home page and we will set up an appointment time. You will be treated with collegial respect and you are expected to communicate likewise in a professional manner.

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COURSE AND UNIVERSITY PROCEDURES/POLICIES

Course Specific Procedures/Policies
A Students must adhere to standards of professional and academic conduct Academic misconduct involves any activity that tends to compromise the academic integrity of the University, or subvert the educational process, including, but not limited to, cheating, plagiarism, falsifying academic records, misrepresenting facts and any act designed to give unfair academic advantage to the student or the attempt to commit such an act. Students are responsible for their own academic honesty and for reporting violations of academic honesty by others. (Nursing Student Conduct Code-- See the BSN Student Guide)

CLASS
1. Class Cancellation: In the event that a class is canceled, the student is expected to do the readings and complete the objectives for that day. The content will still be included on examinations. The material in this syllabus and dates identified in the Course Calendar are subject to change.
2. Class attendance is expected. Students should notify course faculty in advance of any absence. It is the student's responsibility to obtain information covered in class/lab.
3. Exam dates are listed in each course syllabus, and the student is expected to be present for exams. In the event that the student will be absent, the course instructor must be notified in advance.
4. As an adult learner and responsible professional, the student is responsible for reading and completing assignments prior to class and for being prepared to participate in discussions over the assigned material. It should not be expected that all material will be covered in class. Students are expected to come to class prepared.

Classroom Behavior
Students must refrain from classroom distractions (e.g. talking to each other, eating, texting, using phones, entering late or moving excessively during class). Children are not allowed in the classroom at any time. Students causing distractions will be asked to leave the classroom and may be subject to disciplinary action. Cell phones must be placed on vibrate or turned off.
Use of Electronic Devices
The use of electronic devices, including laptops and voice recorders, must be approved by the course faculty prior to class. Laptops not being used to take notes should be closed. The use of any unapproved electronic devices during a test/quiz or test/quiz review will result in the student receiving a zero for that test/quiz.
Student Dress

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Refer to Student Guide for additional information. While in the lab, students will be expected to dress in the prescribed BSN program uniform at the appointed time. Prior to that time, students should be dressed appropriately without body piercings, tattoos covered, no nail polish, and attired in nothing suggestive. Hair must be up and off the collar. Gum chewing is never allowed in the lab.

Syllabus Change Policy

The syllabus is a guide. Circumstances and events, such as student progress, may make it necessary for the instructor to modify the syllabus during the semester. Any changes made to the syllabus will be announced in advance.

University Specific Procedures

Student Conduct

All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment. The Code of Student Conduct is described in detail in the Student Guidebook. http://www.tamuc.edu/admissions/registrar/documents/studentGuidebook.pdf

Students should also consult the Rules of Netiquette for more information regarding how to interact with students in an online forum: Netiquette http://www.albion.com/netiquette/corerules.html

TAMUC Attendance

For more information about the attendance policy please visit the Attendance webpage and Procedure 13.99.99.R0.01. http://www.tamuc.edu/admissions/registrar/generalInformation/attendance.aspx

http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/academic/13.99.99.R0.01.pdf

Academic Integrity

Students at Texas A&M University-Commerce are expected to maintain high standards of integrity and honesty in all of their scholastic work. For more details and the definition of academic dishonesty see the following procedures:

Undergraduate Academic Dishonesty 13.99.99.R0.03

http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/undergraduates/13.99.99.R0.03UndergraduateAcademicDishonesty.pdf

Graduate Student Academic Dishonesty 13.99.99.R0.10

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http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/graduate/13.99.99.R0.10GraduateStudentAcademicDishonesty.pdf

ADA Statement

Students with Disabilities

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:

Office of Student Disability Resources and Services

Texas A&M University-Commerce
Gee Library- Room 132
Phone (903) 886-5150 or (903) 886-5835
Fax (903) 468-8148
Email: Rebecca.Tuerk@tamuc.edu

Website: Office of Student Disability Resources and Services

http://www.tamuc.edu/campusLife/campusServices/studentDisabilityResourcesAndServices/

Nondiscrimination Notice

Texas A&M University-Commerce will comply in the classroom, and in online courses, with all federal and state laws prohibiting discrimination and related retaliation on the basis of race, color, religion, sex, national origin, disability, age, genetic information or veteran status. Further, an environment free from discrimination on the basis of sexual orientation, gender identity, or gender expression will be maintained.

Campus Concealed Carry Statement

Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in Texas A&M University-Commerce buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and A&M-Commerce Rule 34.06.02.R1, license holders may not carry a concealed handgun in restricted locations.

For a list of locations, please refer to the Carrying Concealed Handguns On Campus document and/or consult your event organizer.

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Web url:
http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/34SafetyOfEmployeesAndStudents/34.06.02.R1.pdf
Pursuant to PC 46.035, the open carrying of handguns is prohibited on all A&M-Commerce campuses. Report violations to the University Police Department at 903-886-5868 or 9-1-1.

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COURSE OUTLINE / CALENDAR

Textbook: Jarvis' *Physical Examination and Health Assessment*, 7th ed.

Week	Course Content	Reading Assignment
1 (8/31)	Orientation to course—**all students present from 1-3pm**	Review Syllabus
1 (9/2)	*Practice sheet unit 1* Assessment of the whole person; cultural competence; interviewing; completing a health history **Class 8-11am-morning groups and 11:30-2:30 pm-for pm groups, this wk only.**	Chapters 1, 2, 3, 4
2 (9/5)	**Labor Day, closed**	
3 (9/12)	Assessment techniques-pain, nutrition. *Practice sheet units 3&4* Skin, hair, and nails Head, Face, and neck	Chapters 8, 10, 11 Chapters 12, 13
4 (9/19)	**Exam 1 (Chapters 1, 2, 3, 4, 8, 10, 11)** *Practice sheet unit 5* Eyes **Start wearing uniforms.**	ED South 122 Chapter 14
5 (9/26)	*Practice sheet unit 6* Ears, nose, mouth, and throat	Chapters 15, 16
6 (10/3)	**Exam 2 (Chapters 12-16)** *Practice sheet unit 7* Breasts, regional lymphatics, thorax, and lungs	Ed South 122 Chapters 17, 18
7/8 (10/10) & (10/17)	**Check-off #1/Health History #1 due**	

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9 (10/24)	*Practice sheet unit 8* Heart and neck vessels, peripheral vascular system	Chapters 19, 20

10 (10/31)	*Practice sheet unit 9* Abdomen	Chapter 21
11 (11/7)	**Exam 3 (Chapters 17-21)** *Practice sheet unit 10* Musculoskeletal *Practice sheet* unit 12 Male genitourinary and prostate, anus, rectum-no practice sheet, Unit 13	Ed South 122 Chapter 22 Chapter 24, 25
12 (11/14)	*Practice sheet unit 11* Neurologic	Chapter 23
13 (11/21)	**Exam 4 (Chapters 22-25)** *Practice sheet unit 14* Female Genitourinary	Ed South 122 Chapter 26
14/15 (11/28) & (12/5)	**Check-off #2/Health History #2 due**	

**Students are responsible for Anatomy and Physiology review prior to each class.

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