



NURS 4540 NURSING CARE OF MENTAL HEALTH CLIENTS

COURSE SYLLABUS: SUMMER 2016

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COURSE INFORMATION

Materials – Textbooks, Readings, Supplementary Readings

Textbook(s) Required

Halter, M. J. (2013). *Vancouver's foundations of psychiatric mental health nursing: A clinical approach* (7th ed.). St. Louis, MO: Saunders.

Other Resources: Online resources and articles as directed

Course Description (5 credit hours)

Apply theories and implement evidence-based care for clients with psychiatric/mental health issues, including psychosocial concepts; cultural, ethical, and legal influences; and wellness of individuals and family groups. Development of professional role in psychiatric/mental health nursing.

Student Learning Outcomes

1. Analyze selected nursing and psychological theories used in psychiatric/mental health settings.
2. Examine the legal, economic, sociocultural, and ethical issues impacting the psychiatric/mental health delivery system and apply them in the clinical setting.
3. Discuss clinical modalities and psychiatric terminology as it relates to psychiatric/mental health nursing practice.
4. Utilize principles of Evidence-Based Practice in psychiatric mental health nursing.
5. Compare and contrast the difference in mental illnesses in clients in urban and rural geographic areas.
6. Identify barriers to care for patients with psychiatric illnesses in the rural setting.

Clinical Objectives

Use the nursing process to develop a plan of care for the client in a psychiatric/mental health setting.

1. Apply theories about causation and treatment of mental disorders and chemical dependency to clients in a psychiatric setting.
2. Demonstrate increasing competency in using therapeutic communication skills with psychiatric/mental health clients.
3. Demonstrate the ability to observe and describe problematic behavior in a clinical setting.
4. Analyze clinical therapeutic modalities and their effectiveness with clients.
5. Demonstrate professional standards of moral, ethical, and legal conduct.
6. Assume accountability for personal and professional behaviors.
7. Demonstrate professionalism, including attention to appearance, demeanor, respect for self and others, and attention to professional boundaries with patients and families as well as among caregivers.
8. Provide appropriate patient teaching that reflects developmental stage, age, culture, spirituality, patient preferences, and health literacy considerations to foster patient engagement in care.
9. Implement evidence-based nursing interventions as appropriate for managing the acute and chronic care of patients and promoting health across the lifespan.

10. Monitor client outcomes to evaluate the effectiveness of psychobiological interventions.
11. Create and maintain a safe and effective therapeutic milieu that results in high quality patient outcomes.

COURSE REQUIREMENTS

Instructional / Methods / Activities Assessments

This is a blended course without lecture requiring students to complete online activities and independent study to be successful. Course objectives may be met through individual study using suggested resources, active involvement in classroom activities, formal, and informal exchange of ideas with classmates and colleagues regarding specific topics as well as utilizing critical thinking skills. Teaching methods include seminar, discussion, small group work, independent study of texts and library resources, computer-assisted instruction, audio-visual aids, return demonstration, clinical assignments and supervision, post clinical conferences and check-off of appropriate skills and the assignments listed. While the professor will provide guidance and consultation, the student is responsible for identification of learning needs, self-direction, seeking consultation and demonstration of course objectives.

GRADING

Grades will be determined as follows:

Grading Scale:

A = 90-100

B = 80-89

C = 75-79

D = 67-74

F = 66 and Below

A minimum grade of 75 is required to pass the course.

The Course grade will be earned as follows:

Exams (6-11% each)	66%
Online Quizzes (5-1% each)	5%
Group Presentation	11%

Class/Clinical Experience Paper (2-5% each)	10%
Evolve Case Studies (8-1% each)	8%
HESI Practice/HESI Exam	Cr/NC
TOTAL	100%
Clinical	PASS/FAIL

Specifics on course assignments for both class and clinical are in the assignments listed below. The HESI Psychiatric/Mental Health Exam must be passed with a score of 900 or greater. If you do not achieve this score, you will have to undergo remediation and retesting as indicated in the Student Guide.

Students must achieve a minimum average of 75% on all examinations in order to pass the course. Other graded assignments including the HESI Extra Points will not be added to the final grade unless exam grade average is 75% or higher.

The clinical component is PASS/FAIL and must be passed in order to pass the course. To receive a passing grade in clinical you must achieve at least 75% on each of the clinical assignments and receive a satisfactory clinical evaluation.

Late Submissions

It is expected that you will submit all assignments on time. If you need an extension, it should be requested before the due date and may or may not be approved at the discretion of the course coordinator. Unexcused late assignments will be penalized 10% per day for each of the first two days overdue; on the 3rd day, the grade will be assigned as 0%. Communication on these matters is the student's responsibility.

Paper submissions

All documents submitted online are to be in .docx, .rtf, or .pdf format. No other formats will be accepted (JPEG, GIF, etc.). Assignments need to be submitted in a maximum of one document per assignment. Failure to follow these guidelines will result in a grade of "0" on the assignment.

TECHNOLOGY REQUIREMENTS

- This course will be enhanced using eCollege, the Learning Management System used by Texas A&M University-Commerce. To login to the course, go to <http://leo.tamuc.edu/login.aspx>.
- You will need your CWID and password to log in to the course. If you do not know your CWID or have forgotten your password, contact Technology Services at 903.468.6000 or helpdesk@tamuc.edu
- To fully participate in online courses, you will need to use a current, Flash enabled browser. For PC users, the suggested browser is Internet Explorer 9.0 or 10. For Mac users, the most current update of Firefox is suggested.
- You will need regular access to a computer with a broadband Internet connection. The minimum computer requirements are:
 - 512 MB of RAM, 1 GB or more preferred
 - Broadband connection required courses are heavily video intensive
 - Video display capable of high-color 16-bit display 1024 x 768 or higher resolution
- You must have a:
 - sound card, which is usually integrated into your desktop or laptop computer
 - speakers or headphones.
- Depending on your course, you might also need a:
 - webcam
 - microphone

For courses where interactive tools are used, like Voicethread or Class Live Pro, headphones are suggested for use with recording and playback. We recommend a webcam with an integrated microphone, such as the Microsoft LifeCam Cinema. All devices should be installed and configured before class begins.

- Both versions of Java (32 bit and 64 bit) must be installed and up to date on your machine. Java can be downloaded at: <http://www.java.com/en/download/manual.jsp>
- Current anti-virus software must be installed and kept up to date.

- You will need some additional free software for enhanced web browsing. Ensure that you download the free versions of the following software:
 - Adobe Reader
 - Adobe Flash Player
- At a minimum, you must have Microsoft Office 2013, 2010, 2007 or Open Office. Microsoft Office is the standard office productivity software utilized by faculty, students, and staff. Microsoft Word is the standard word processing software, Microsoft Excel is the standard spreadsheet software, and Microsoft PowerPoint is the standard presentation software. Copying and pasting, along with attaching/uploading documents for assignment submission, will also be required. If you do not have Microsoft Office, you can check with the bookstore to see if they have any student copies.
- For additional information about system requirements, please see: <https://secure.ecollege.com/tamuc/index.learn?action=technical>

COMMUNICATION AND SUPPORT

Interaction with Instructor Statement

It is expected that you will check your eCollege course and email at least **DAILY** for communication from the instructor.

Communication between faculty and students is primary and taken seriously. Preferred communication methods are individualized office hours, email, or via office phone. If a phone call is not answered, please leave a message and send an e-mail using the direct e-mail link on the course home page. You will be treated with collegial respect and you are expected to communicate likewise in a professional manner.

<http://www.albion.com/netiquette/corerules.html>

COURSE AND UNIVERSITY PROCEDURES/POLICIES

Course Specific Procedures

CLASS

1. Class Cancellation: In the event that a class is canceled, the student is expected to do the readings and complete the objectives for that day.

The content will still be included on examinations. The material in this syllabus and dates identified in the Course Calendar are subject to change.

2. Class attendance is expected. The students should notify course faculty in advance of any absence.
3. Exam dates are listed in each course syllabus, and the student is expected to be present for exams. In the event that the student will be absent, the course instructor must be notified in advance. Failure to do so may result in the student receiving a zero for the missed exam or quiz. Review the university catalog for excused absence criteria.
4. As an adult learner and responsible professional, the student is responsible for reading and completing assignments prior to class and for being prepared to participate in discussions over the assigned material. It should not be expected that all material will be covered in class. Students are expected to come to class prepared.
5. Assignments must be handed in on time. Assignments submitted late without prior arrangement with the classroom instructor will receive a zero.

CLINICAL EXPERIENCE

1. Clinical attendance is mandatory. Refer to the Nursing Student Guide for absence policy information.
2. Immunizations, CPR, and TB status must be current for students to be able to attend clinical experience at the assigned clinical location.
3. Students are expected to meet clinical expectations outlined in the clinical evaluation tool.
4. Based on student learning needs, the faculty will determine the appropriate amount of time and clinical assignments needed to assess student growth. Faculty may require additional assignments and clinical work to ensure students have met clinical objectives. Students are expected to comply with any additional assignments or clinical hours assigned.
5. Students are expected to prepare for clinical practice in order to provide safe, competent care.
6. Clinical assignments must be handed in on time to the clinical instructor as directed.
7. Clinical is graded Pass/Fail. If the student fails the clinical component, the entire course must be repeated.

UNSATISFACTORY CLINICAL PERFORMANCE

1. There are several infractions that might lead to a student being given a clinical warning for the day, including but not limited to:
 - Absences
 - Tardiness

- Violation of dress code
 - Inability to pass required clinical assignments
 - Incomplete health immunization records
 - Expired CPR certification
 - Failure to turn in written assignments on time
 - Incomplete hospital orientation
 - A pattern of lack of accountability for class, clinical and lab skills preparation
 - Lack of preparation
2. Accumulation of two (2) warnings in this clinical course will lead to failure of the clinical rotation and therefore, failure of the entire course.
 3. Other offenses which may lead to immediate failure of the course and possible dismissal from the nursing program include but is not limited to:
 - Unsafe provision of nursing care
 - Unprofessional or unethical behavior
 - HIPPA violation
 - Falsification of patient records/clinical documents
 - Failure to pass the medication calculation exam

Syllabus Change Policy

The syllabus is a guide. Circumstances and events, such as student progress, may make it necessary for the instructor to modify the syllabus during the semester. Any changes made to the syllabus will be announced in advance.

University Specific Procedures

Student Conduct

All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment. (See current Student Guidebook).

Students should also consult the Rules of Netiquette for more information regarding how to interact with students in an online forum: [Netiquette](http://www.albion.com/netiquette/corerules.html)
<http://www.albion.com/netiquette/corerules.html>

ADA Statement

Students with Disabilities

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:

Office of Student Disability Resources and Services

Texas A&M University-Commerce

Gee Library- Room 132

Phone (903) 886-5150 or (903) 886-5835

Fax (903) 468-8148

Email: Rebecca.Tuerk@tamuc.edu

Website: [Office of Student Disability Resources and Services](#)

<http://www.tamuc.edu/campusLife/campusServices/studentDisabilityResourcesAndServices/>

Nondiscrimination Notice

Texas A&M University-Commerce will comply in the classroom, and in online courses, with all federal and state laws prohibiting discrimination and related retaliation on the basis of race, color, religion, sex, national origin, disability, age, genetic information or veteran status. Further, an environment free from discrimination on the basis of sexual orientation, gender identity, or gender expression will be maintained.

COURSE OUTLINE / CALENDAR

Week Monday Date	Content	Reading Assignments Varcaris	Class Meetings/ Class Assignments/Exams
1 6/6	Course Overview Basic Concepts/ Effective Communication	Syllabus Chapters 1, 3, 7 (120-21), 35	Class 6/7 08-1000 Class/Clinical Experience Paper due 6/10
2 6/13	Theories & Therapies Legal, Ethical & Cultural	Chapters 2, 33 Chapters 4, 5, 6	Class 6/14 08-1000 Orientation Video 10-1100 Clinical Seminar 1130-1430 Online Quiz #1 due 6/17 Evolve-Alzheimer's due 6/17
3 6/20	Schizophrenia	Chapters 12, 3 (applicable portion)	Exam #1 (Basic; Theories; Legal) 6/21 08-0900 Class 6/21 09-1100 Evolve-Schizophrenia due 6/24
4 6/27	Bipolar	Chapters 13, 3 (applicable portion)	Class 6/28 09-1100 Online Quiz #2 due 7/1 Evolve-Psychosis due 7/1
5 7/4	Depression Suicide	Chapters 14, 3 (applicable portion) Chapters 25, 26	Exam #2 (Schizophrenia, Bipolar) 7/5 08-0900 Class 7/5 09-1100 in Assessment Room Evolve-Depression due 7/8 Evolve-MDD due 7/8

6 7/11	Anxiety Eating	Chapters 10, 15, 3 (applicable portion) Chapters 18, 3 (applicable portion)	Exam #3 (Depression, Suicide) 7/12 08-0900 Class 7/12 09-1100 Online Quiz #3 due 7/15 Evolve-Eating due 7/15
7 7/18	Children & Adolescents	Chapters 11, 21, 34, 3 (applicable portion)	Exam #4 (Anxiety, Eating) 7/19 08-0900 Class 7/19 09-1100 Evolve-ADHD due 7/22
8 7/25	Violence Sexual assault	Chapters 27, 28 Chapters 16, 29	Class 7/26 09-1100 Group Presentations 7/26 Online Quiz #4 due 7/29
9 8/1	Personality Addictive	Chapters 24, 3 (applicable portion) Chapters 22, 3 (applicable portion)	Exam #5 (Children, Violence, Sexual Assault) 8/2 08-0900 Class 8/2 09-1100 Group Presentations 8/2 Online Quiz #5 due 8/5 Evolve-Alcoholism due 8/5 Class/Clinical Evaluation Paper due 8/5
10 8/8			Exam #6 (Personality, Addictive) 8/9 08-0900 Psych HESI Practice due 8/9 Psych HESI 8/11 08-1000

Lecture Assignments

Types of Lecture Assignments and Purpose of Each: There is a variety of assignments for this class to accommodate different learning styles.

1. Examinations 66% total, 11% each
6/21, 7/5, 7/12, 7/19, 8/2, 8/9

There are six examinations in this class on the dates identified. They will cover all the topics covered in class as of the date of the quiz. The focus of each quiz will be on the topics listed in the course schedule. The quizzes will include terminology from the applicable chapters in the textbook. The questions will be in multiple formats: multiple choice, multiple answer, matching, short answer, etc.

2. Online quizzes 5%, 1% each 6/17, 7/1, 7/15, 7/29, 8/5

There are five quizzes on eCollege on the important terminology for the indicated modules. These quizzes are not included in the minimum 75% on examinations requirement. These are due by 2359 on the date indicated.

3. Group Presentation 11% 7/26 or 8/2

Students will be divided into groups and each group will be assigned a theatrical movie that deals significantly with a psychiatric or mental illness. The movies are all available for rental and/or streaming. Each member of the group is to watch the movie. As a group, describe what mental illness or illnesses were portrayed and if it was appropriate to the illness based on the accepted signs and symptoms of the condition. Analyze why you feel the changes were made or not made to the illness for purposes of the movie. Discuss how this portrayal influences society's view of psychiatric and mental illnesses. There is no paper for this assignment.

The group will present informally, without any audiovisual aids or notecards, to their classmates and lead a discussion (presentation and discussion maximum of 15 minutes) with the following information on the assigned date:

1. Summary of the movie, including illnesses in the movie
2. Were the illness (es) portrayed accurately? Why and/or why not?
3. Analyze why were changes made, if any, for the movie?
4. How does the movie influence society's view of mental illness?

This presentation is a group or team project. All members of the group receive the same grade; see grading rubric on eCollege. However, a student can be removed from his/her group if the other students in the group come to the instructor and report that a student is not doing his/her fair share of the work. If that happens, the student will be notified in writing by the instructor. The student will then be responsible for doing the assignment on his/her own.

4. Class/Clinical Experience Paper 5% 6/10

Write a paper that includes the following: 1) Discuss at least three (3) aspects of the upcoming class/clinical experience that you are looking forward to. Analyze what factors in these experiences make you feel positive about them; 2) Describe at least three (3) aspects of the upcoming class/clinical that you are most apprehensive or uncertain about. Analyze the factors in these experiences that are influencing your reaction.

The paper should be no less than two (2) and no more than three (3) pages typed double-spaced in APA format. Place your name at the top of the first page. You do not have to have a title page or reference page. See grading rubric on eCollege. Submit it by 2359 on the due date on eCollege.

5. Class/Clinical Experience Paper Evaluation 5% 8/5

Write a paper that evaluates the results of your experience in class/clinical during the semester. Refer to the paper you wrote at the beginning of the semester. Analyze both the positive and negative experiences you were expecting.

The paper should be no less than two (2) and no more than three (3) pages typed double-spaced in APA format. Place your name at the top of the first page. You do not have to have a title page or reference page. See grading rubric on eCollege. Submit it by 2359 on the due date on eCollege.

6. Evolve Case Studies 8% total (1% each) Varies

There are eight (8) Evolve case studies to be completed and submitted on Evolve by 2359 on the date indicated. You must receive at least 75% on the case studies to receive credit for the assignment.

Alzheimer's Disease	6/17
Schizophrenia	6/24
Psychosis	7/1

Depression	7/8
Major Depressive Disorder	7/8
Eating	7/15
ADHD	7/22
Alcoholism	8/5

7. HESI Psych/Mental Health Practice Examination 8/9

Complete online non-proctored exam by August 9th with a score of 90% or better to receive credit.

8. HESI Psychiatric/Mental Health Examination 8/11

Complete proctored exam on August 11th with a score of 900 or better to receive credit. If you receive below 900, you will have to complete remediation and re-take the examination to receive credit. For scores on the initial HESI examination of 950-999, you will receive 2 extra points and for scores of 1000 and greater, you will receive 3 extra points. These points are not added to the final grade unless the student meets the average of 75% or better on course examinations.

Clinical Assignments

Types of Clinical Assignments and Purpose of Each: There is a variety of assignments for this class to accommodate different learning styles.

Inpatient Assignments

1. Glen Oaks (A/P), Bonham VA (V), HRMC (H), Texoma (T)

- a. On your schedule, you have two (2) assigned days at Glen Oaks and two (2) assigned days at the VA. In addition, you will have a day assigned at HRMC and Texoma and an additional day at one of the sites.
- b. The clinical will be from 0730-1500 with 30 minutes for lunch.
- c. Wear your uniform and name badge. Have your car keys, writing instrument, and notepaper in your pockets. You can bring a lunch in to place in the refrigerator at the facility. EVERYTHING else remains in your car, this includes cell phones, clipboards, backpacks, etc. When you are assigned to V at the Bonham VA, park only in parking lot #2 (gravel lot), smoke only in gazebos on campus; have NO firearms/weapons in your car, do not eat/pick the pecans (even if they are on the ground).

- d. On your assigned unit, you will discuss with the nurse/be assigned an appropriate client for you for the day. You will remain with this client throughout your clinical day. The activities, etc. the client attends you will also attend. During the day, you also have to participate in therapeutic communication activities with the client based on the client situation.
- e. You will be assigned by your clinical instructor psychiatric medications to research and discuss in post-conference throughout the semester.
- f. You have to complete a clinical journal for each of the in-patient days and submit it by 2359 the day after the experience on eCollege. See grading rubric on eCollege.
- g. During these clinical days, you need to have a client with the following disorder and/or perform the screening or intervention. The screenings **MUST** be completed with an adult client. One client can fit more than one category:

Schizophrenia spectrum	Bipolar
Anxiety/OCD	Survivor of violence
Family Interventions (on a pediatric client)	
Alcohol screening	Suicide screening

Glen Oaks	VA Bonham	HRMC 5 th floor	Texoma BHC
301 Division St	1201 E 9 th St	4215 Joe Ramsey	2601 Cornerstone
Greenville	Bonham	Greenville	Sherman

2. Comprehensive Plan of Care

The purpose of this assignment is to provide students an opportunity to demonstrate their knowledge and application of psychiatric/mental health nursing to the care of a client. **On one (1) of your in-patient clients, you need to complete the Psych database/NCP, and medication sheet. This CANNOT be completed on your first day of clinical or at HRMC. It is due by 2359, July 16th, submitted on eCollege.**

Outpatient Assignments

3. Heritage Program (Z)

- a. On your assigned day, you are to arrive at the Heritage Program by 0715 to ride the bus while the participants are picked up from their

homes. Attend the programs/activities throughout the day as an observer, assisting the staff as needed. You will be done about 1400.

b. After your experience, complete a reflective journal (see outline/grading rubric on eCollege) about the experience by 2359 the day after the experience and submit it on eCollege.

c. Heritage Program
2904 Sterling Hart Drive
Commerce, TX 75428

4. Glen Oaks Outpatient Program (O)

a. On your assigned day, if it is a Monday or Thursday, you will meet at Glen Oaks at the regular pre-conference time of 0730. After pre-conference, you will attend the program at Glen Oaks until post-conference. If your assigned day is not a Monday or Thursday, you will arrive at Glen Oaks at 0830 and stay until the end of the day with the program participants. After the program has completed you are required to spend the rest of your day until 1600 in the intake assessment area of the facility.

b. After your experience, complete a reflective journal (see outline/grading rubric on eCollege) about the experience by 2359 the day after the experience and submit it on eCollege.

5. Texoma BHC OP Program (X)

a. On your assigned day, you will arrive at Texoma BHC at 0830. You will stay until the end of the day with the program participants. After the OP Program, you will have the opportunity to observe ECT treatment. When this treatment is completed, you are able to leave.

b. After your experience, complete a reflective journal (see outline/grading rubric on eCollege) about the experience by 2359 the day after the experience and submit it on eCollege.

6. Bonham VA OP Program (B)

a. On your assigned day, you will arrive at the clinic at 0830 and stay until the end of the day.

b. After your experience, complete a reflective journal (see outline/grading rubric on eCollege) about the experience by 2359 the day after the experience and submit it on eCollege.

7. Tour

- a. On your assigned day, ALL students will be having a tour of the Terrell State Hospital starting at 1000. There is no assignment for this experience.
- b. You are to wear your uniform and name badge.
- c. For the tour, leave everything in your car except something to write with and a piece of paper for notes if you choose. NO cellphones, etc.
- d. Terrell State Hospital
1200 East Brin Street
Terrell, TX 75160

8. Support Groups

- a. You are to attend two (2) support groups during the semester. One of the groups has to be focused on alcohol and the other group on drugs. It is recommended that you do NOT go to groups in the town that you reside in. Due to the nature of these meetings, do not wear your uniform or name badge. However, if you are asked, explain that you are a nursing student observing how various support groups assist clients with their overall well-being. **ONLY ONE STUDENT CAN ATTEND A SUPPORT GROUP AT ANY ONE TIME-YOU CANNOT GO TOGETHER TO THE MEETINGS.**
- b. For each group meeting, in the paper, name the group, indicate the location where you attended, the date attended, the length of time the group met and the purpose of each support group. For each group meeting, the paper should be no longer than one (1) typed double-spaced page. See grading rubric on eCollege. All papers are due by 2359, July 22nd. Use the following to guide your paper.
 - Relate the function of the support group to three psychiatric principles utilizing concepts from your text on Self-help Groups
 - Analyze the group functions:
 - Did it meet the general criteria of a group?
 - Did it provide support for the members?
 - Were all members involved?
 - What was the NATURE of the support offered?

- Was there a designated leader? If so, describe the role of the leader.
- What did you learn about the support group that can be used in your practice?

9. Simulation Day Reflection Journal (S)

The purpose of this assignment is to provide the students an opportunity to reflect on their experiences during the simulation day. Complete the simulation effectiveness tool (posted on eCollege, along with grading rubric) and in the comment area reflect on your experience. It is due by 2359 the day of your simulation experience and is to be submitted on eCollege.

10. Social Reintegration Meeting

You will be assigned a day to attend the social reintegration meeting at Glen Oaks. This takes place from 1600-1700. After the experience, you are to write a one-page typed paper regarding the experience and your thoughts about the meeting. You also need to have the moderator sign your attendance sheet at the end of the meeting. It is due by 2359 the day after your experience and is to be submitted on eCollege.

11. Clinical Evaluation

You will be evaluated by your clinical instructor at the end of the semester. The overall evaluation of your clinical performance must be satisfactory. You must pass the clinical evaluation to pass the course regardless of the rest of your clinical grade.