

HHPK 211.001

First Aid and Safety – 3-semester hour credit

Summer I - 2016

Monday, Tuesday, Wednesday, and Thursday (1:00pm – 2:50pm)

Field house, Room 101

Instructor: Henry H. Ross, EdD
Office: Field house 216
Phone: (903) 468-6043
Office Hours: M, T, W, Th - 8:00am – 8:30am and 3:30pm – 5:00pm
Friday by Appointment only between 8:00am – 10:00am
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Catalog Description:

This course is designed to develop the knowledge and skills necessary to be effective as a first responder to accidents, injuries, and sudden illness. Life saving skills and accident prevention principles will also be included.

Course Objectives: *The student will.....*

1. Develop the knowledge and skills needed to meet many different types of situations when emergency first aid care is needed and medical assistance is not excessively delayed.
2. Develop the knowledge and skills needed to aid the infant, the child, or the adult who is experiencing a breathing emergency.
3. Develop knowledge and skill in the use of the AED (Automated External Defibrillator).
4. Develop knowledge and understanding of the many causes of accidents and injuries so that action can be taken to eliminate or minimize such causes.

Class Procedures:

The class will be taught using two instructional approaches. About 60% of the class time will be spent in lecture format in which discussions will be held and 40% in practicing first aid and CPR skills. Guest speakers, films, demonstrations, and videos may be used depending on need and availability. The instructor has the right to modify the outline of the course. Therefore, it is essential that the student attend class, or if absent, find out about course changes and what may have been missed.

Class Attendance and Participation:

Students are expected to attend class and participate appropriately in class sessions. Tardy three times for a class will be equal to one absence. *In addition to regular attendance (attending at least 90% of the class meetings), spirited and appropriate discussion and thoughtful questions may help to raise the student's grade to the next highest grade for those students who may be on the borderline at the end of the semester. [The borderline is considered to be at least 4 points above the mid-point (i.e. 59, 69, 79, 89)].*

Assignments:

Reading: To help facilitate class discussions, it is absolutely necessary that class readings be read – and read on time.

Exams and Quizzes:

There will be four exams equally spaced throughout the semester. The exams will not be comprehensive and will only cover material from the respective chapters during the semester. The exams may include multiple choice, short answer, and essay questions that cover content from the class lectures and readings. The fourth exam will be held on the last class day.

*To review for the scheduled exams, it is recommended that students complete the test review sections at the end of each chapter. No “make-up” exams are available unless due to extenuating circumstances (i.e. death of an immediate family member, severe illness/illness, etc.) and the student has **written approval** from the instructor to take the exam at a later date.*

*There will be eight (8) quizzes given (as listed on the course calendar). A quiz will be given at the end of the class period. Unlike exams which can be made up due to extenuating circumstances, **quizzes and labs that are missed cannot be made up.***

Academic Honesty

At all times, students are expected to complete work independently unless instructed to do otherwise (e.g. practical evaluations and skills test). Cheating on exams is definitely forbidden. The use of notes (unless permission is given by the instructor) or soliciting help from fellow students during an exam is not allowed. Instances of cheating or other forms of dishonesty that are discovered may result in a failing grade for all involved students.

General Information:

*Students requesting accommodations for disabilities are encouraged to contact the Office of Student Disability Resources and Services. The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. **For more information, please contact the Coordinator of Student Disability Resources and Services, Gee Library, Room 132, (903) 886-5150 or (903) 886-5835.***

“All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment.” (See Student’s Guide Handbook, Policies and Procedures, Conduct)

* **PLEASE, TURN OFF CELL PHONES DURING CLASS.** An emergency number to give to those who might need to contact you is 903-886-5868 (University Police) or 903-886-5048 (Dean of Students) or 903-886-5549 (Health and Human Performance Administrative Assistant, Billie Abell).

Course Calendar Summer I - 2016: (subject to modification)

DATE	TOPIC	READINGS/ASSIGNMENT
6/6	Introductions / Syllabus / Chapter 1- If not You, then Who?	Chapter 1 / Quiz 1
6/7	Responding to Emergencies / Before Giving Care / Checking the Victim	Chapter 2/Chapter 3/Chapter 5 / Quiz 2
6/8	Bleeding / Shock / <i>Test Review</i>	Chapter 8/ Chapter 9 / Quiz 3
6/9	Slide Presentation / Soft Tissue Injuries	Chapter 10 / Quiz 4
6/13	<i>EXAM #1 (Chapters 1, 2, 3, 5, 8, and 9)</i>	
6/14	Musculoskeletal Injuries / Injuries to the Extremities	Chapter 11/ Chapter 12/ Quiz 5
6/15	Injuries to the H,N, and B / Injuries to the Chest, Abdomen, & Pelvis	Chapter 13/ Chapter 14/ Quiz 6
6/16	Sudden Illness / Poisoning / <i>Test Review</i>	Chapter 15 / Chapter 16/ Quiz 7
6/20	<i>EXAM #2 (Chapters 10, 11, 12, 13, and 14)</i>	
6/21	Bites and Stings / Heat & Cold-Related Emergencies / <i>Test Review</i>	Chapter 17/ Chapter 19/ Quiz 8
6/22	Lab #1 (Reaching & Removing Victims / Bandaging / Splinting)	
6/23	<i>EXAM #3 (Chapters 15, 16, 17, 18, and 19)</i>	
6/27	Lab #2 (Obstructed Airway -Conscious and Unconscious Infant/Child/Adult)	
6/28	Lab #3 (CPR – Infant/Child/Adult) and (AED – Automated External Defibrillator)	
6/29	Lab #4 (Practice and Review Skills) / <i>Test Review</i>	
6/29	<i>FINAL EXAM (Chapters 6 and 7)</i>	<i>Classroom</i>

Grades and Evaluation Procedures:

There are four written examinations (+ 8 quizzes) and several practical evaluations scheduled within this course. Examinations will be given at the completion of assigned chapters. It is the responsibility of the student to be present on the day scheduled for examinations, quizzes, and practical evaluations. Each exam will be worth 100 points, each quiz worth 10 points, and each scheduled lab attended will be worth 25 points. A straight percentage system is used for grading.

Note: *In order to receive certification cards for First Aid and CPR, the student must pass the course with at least a "C" average. **Should you wish to receive certification cards at the end of the course, the current cost is \$27.00 (subject to change). Cards will be sent to you via email for you to print.***

**** If you drop the class, and you are not passing the course, the grade assigned will be Dropped Failing.***

There are 4 days scheduled for labs/ practical evaluations.

Practical evaluation grades are as follows:

0 – Days missed =	100%
1 – Day missed =	75%
2 – Days missed =	50%
3 – Days missed =	25%
4 – Days missed =	0%

Grading:

Final grading will tentatively be done on a percentage based on the total points possible.

Exam #1 =	100 points
Exam #2 =	100 points
Exam #3 =	100 points
Exam #4 =	100 points
Quizzes =	80 points
<u>Practical Examination</u>	<u>100 points</u>
Total	580 points

TENATIVE FINAL POINT SCALE

Points	Average	Grade
522-580	90% - 100%	A
464-521	80% - 89%	B
406-463	70% - 79%	C
348-405	60% - 69%	D
345pts. and below	59% and below	F

Textbook:

Responding To Emergencies: Comprehensive First Aid/CPR/AED by the American Red Cross
Krames StayWell Strategic Partnerships Division Publishers, 2012.
ISBN 978-1-58480-554-0

Grade Calculation Sheet (HHPK 211.001)

		Grade
Exam #1		
Exam #2		
Exam #3		
Quiz #1	_____	
Quiz #2	_____	
Quiz #3	_____	
Quiz #4	_____	
Quiz #5	_____	
Quiz #6	_____	
Quiz #7	_____	
Quiz #8	_____	
Practical		
Exam #4		
Total Points		

Number of absences and/or times tardy _____

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345pts. and below	59% and below	F