

# HHPK 311 Introduction to Coaching (online)

**Instructor:** Dr. Steve Prewitt

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## Textbook(s) Required

Martens, Rainer (2012). Successful Coaching, 4<sup>th</sup> edition. Human Kinetics publisher.

**Optional:** Additional readings located in Doc Share folder. These will be posted and it is your responsibility to obtain them.

## **Description:**

Introduction to Coaching is designed to increase awareness and basic knowledge of coaching principles. Students will be challenged to develop personal coaching philosophies that compliment their individual attributes. This class is designed to foster new ideas and promote personal growth within each individual. Emphasis will be placed on both the science and art of coaching.

#### **Student Outcomes:**

By the conclusion of this course, the student will be able to

- 1. Discuss the nature of the profession, qualifications, skills, and issues relative to coaching.
- 2. Develop and describe their personal coaching philosophy
- 3. Compare and contrast various leadership styles and describe their own personal style

### **Course Topics**

- Introduction to coaching and athletics
- Nature of the profession and qualifications
- Career opportunities and types of employment
- Assessing your aptitude for coaching

- Developing your philosophy
- Code of behavior and ethics
- Roles and expectations of a coach
- Skills needed in coaching
- Staff considerations
- Leadership styles in coaching
- Communication skills

#### Grading

90% of total points	Α
80% of total points	В
70% of total points	C
60% of total points	D
59% or below of total points	F

#### Assessments

Discussions Assignments

### Assignments (Due dates posted on eCollege)

- 1. INTRODUCTION: Each student will be required to introduce themselves to the rest of the class. You do this by posting to the "Introduction" discussion board. You should include: (1) your name, (2) major, (3) sport(s) of interest (and why these sports), (4) coaching experience, (5) why you are taking this class, and (6) any other relevant information (or anything else you may wish to share).
- 2. COACHING PHILOSOPHY: Each student will be responsible for developing an individual and personal coaching philosophy. There is no length requirement; however, I do expect a detailed and complete philosophy. This, most likely, cannot be accomplished in a couple of sentences. See "Coaching Philosophy" lecture for guidelines on writing a coaching philosophy.
- 3. CHAPTER ASSIGNMENTS: Each section/chapter in the course has readings and assigned work. Details are posted in eCollege.
- 4. TEAM HANDBOOK:

Final project for the course. Details are posted in eCollege.

#### POLICY ON ACADEMIC DISHONESTY

The issue of academic dishonesty—which includes plagiarism, cheating, and other forms of misconduct-- serves as a significant problem in higher education. While some forms of cheating do no more than compromise an individual student's integrity, other forms of cheating, most notably plagiarism, constitute a violation of federal law.

Examples of academic dishonesty and plagiarism include:

- 1. Submitting work taken directly from a book, journal, or other written sources without proper citation.
- 2. Submitting work directly taken from another student without authorized collaboration.
- 3. Submitting work as the requirement for more than one course.
- 4. Submitting uncited work from internet sources (i.e., book reviews, website information).
- 5. The use of crib sheets or unauthorized reproduction of course examinations, or otherwise consulting class notes or study sheets without instructor consent during an exam.

For this course, each student is expected to submit work that constitutes his/her own effort, research, preparation, and production. Academic dishonesty will be dealt with in accordance with the guidelines and policies as outlined in the Student Handbook, and will result in action ranging from reprimand from the instructor, to receiving a grade of 'F' in the course, to formal action taken by the university, which could result in being expelled from the school. These actions will be taken upon both to the perpetrator(s) of the offense as well as to any individual who assists another student in violating this policy.

*Please note*: Intent to deceive does not have to be present to be considered academic dishonesty. Please consult the course instructor if you are unsure of proper citation or assignment guidelines.

### Students with Disabilities:

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:

Office of Student Disability Resources and Services
Texas A&M University-Commerce
Gee Library
Room 132
Phone (903) 886-5150 or (903) 886-5835
Fax (903) 468-8148
StudentDisabilityServices@tamuc.edu