



HHPH 265: SUBSTANCE USE AND ABUSE COURSE SYLLABUS: SPRING 2016

Instructor: Rebecca Rouse, MS - Adjunct Instructor

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COURSE INFORMATION

Materials – Textbooks, Readings, Supplementary Readings:

Textbook Required: Hanson, G. & Venturelli, P. (2015). *Drugs and society* (12th ed.). Jones & Bartlett: Boston.

APA RESOURCE: Purdue Online Writing Lab: <http://owl.english.purdue.edu/owl/resource/560/01/>

Course Description: This course is designed to examine the physiological and sociological effects of drugs and other harmful substances. Legal and ethical implications will also be considered.

Student Learning Outcomes:

By the end of the course, the successful student should be able to:

1. Examine current scientific information concerning the relationship between drugs and mental and physical health as well as risk-taking behavior.
2. Identify reasons to initiate drug use and why individuals choose to continue using drugs.
3. Explore how dependence occurs, the treatment necessary to break dependence, and how dependence might have been prevented.
4. Survey the historical influence on the drug-oriented society and its bearing on personal drug behavior to include laws that arise related to substance use, misuse, and abuse.
5. Identify alternative highs to drug use highs and how they relate to healthy attitudes and behaviors.
6. Identify factors and examine issues in making responsible choices about drugs (e.g. decision-making, refusal skills).
7. Make a distinction between over-the-counter (OTC) medications, prescription medications, alcohol, tobacco, and a number of illegal drugs.

COURSE REQUIREMENTS

Instructional / Methods / Activities Assessments

We will review many legal and illegal substances commonly used and abused. Activities include discussions of timely topics, application of knowledge through quizzes and exams, and a review of the literature on a substance use and abuse topic.



Assignment 1: E-college Quizzes (13 quizzes at 20-51 points each = 400 points)

Student Learning Outcomes #1, #2, #3, #4, #5, #6, and #7

1. Examine current scientific information concerning the relationship between drugs and mental and physical health as well as risk-taking behavior.
2. Identify reasons to initiate drug use and why individuals choose to continue using drugs.
3. Explore how dependence occurs, the treatment necessary to break dependence, and how dependence might have been prevented.
4. Survey the historical influence on the drug-oriented society and its bearing on personal drug behavior to include laws that arise related to substance use, misuse, and abuse.
5. Identify alternative highs to drug use highs and how they relate to healthy attitudes and behaviors.
6. Identify factors and examine issues in making responsible choices about drugs (e.g. decision-making, refusal skills).
7. Make a distinction between over-the-counter (OTC) medications, prescription medications, alcohol, tobacco, and a number of illegal drugs.

Students will take 13 quizzes (includes orientation quiz) over material presented in assigned readings (i.e. websites and articles); the chapters of the book; and lectures. Each quiz will be timed and must be completed within the assigned time frame (**All quizzes are due by 11:59pm on Sunday of the course module.**) The purpose of the quizzes is to ensure that you have the basic knowledge to perform other activities in class such as discussing, researching, and writing about a variety of substances and issues related to them.

Assignment 2: Discussions (5 discussions at 40 points = 200 points)

Student Learning Outcomes #1, #2, #3, #4, #5, #6, and #7

1. Examine current scientific information concerning the relationship between drugs and mental and physical health as well as risk-taking behavior.
2. Identify reasons to initiate drug use and why individuals choose to continue using drugs.
3. Explore how dependence occurs, the treatment necessary to break dependence, and how dependence might have been prevented.
4. Survey the historical influence on the drug-oriented society and its bearing on personal drug behavior to include laws that arise related to substance use, misuse, and abuse.
5. Identify alternative highs to drug use highs and how they relate to healthy attitudes and behaviors.
6. Identify factors and examine issues in making responsible choices about drugs (e.g. decision-making, refusal skills).
7. Make a distinction between over-the-counter (OTC) medications, prescription medications, alcohol, tobacco, and a number of illegal drugs.

Five discussions will take place during the term. You should participate in all **5**. Your posts shall include **3 posts per discussion thread: one** initial post of **125 words** and **two** response posts of **75 words** to your fellow classmates that further the discussion. All answers should be “supported” with credible documentation (i.e. peer reviewed article, etc.). Be sure to cite your references in APA format. **All postings to the discussion board are due by 11:59pm on Sunday of the course module.**



Assignment 3: Exams (1 mid-term and 1 final exam at 100 points each = 200 points)

Two exams will be administered throughout the semester, covering all information covered in class work, quizzes, discussions, and the book. **Exams are due by 11:59pm on Sunday of the course module.**

Student Learning Outcomes #1, #2, #3, #4, #5, #6, and #7

1. Examine current scientific information concerning the relationship between drugs and mental and physical health as well as risk-taking behavior.
2. Identify reasons to initiate drug use and why individuals choose to continue using drugs.
3. Explore how dependence occurs, the treatment necessary to break dependence, and how dependence might have been prevented.
4. Survey the historical influence on the drug-oriented society and its bearing on personal drug behavior to include laws that arise related to substance use, misuse, and abuse.
5. Identify alternative highs to drug use highs and how they relate to healthy attitudes and behaviors.
6. Identify factors and examine issues in making responsible choices about drugs (e.g. decision-making, refusal skills).
7. Make a distinction between over-the-counter (OTC) medications, prescription medications, alcohol, tobacco, and a number of illegal drugs.

Assignment 4: Reaction Paper (5 @ 40 points each = 200 points)

Five times throughout the semester, students will write a "reaction paper" to the video listed in the assigned module. **ONE FULL PAGE**, typewritten, double spaced, 2 paragraphs (**APA Format**). First paragraph summarizes the video; in addition to relating it to a book chapter topic, and in the second paragraph write a personal reaction to the video, including how you can use this information personally and/or professionally. **All reaction papers are due by 11:59pm on Sunday of the course module.**

Student Learning Outcome #1, #2, #3, and #7

1. Examine current scientific information concerning the relationship between drugs and mental and physical health as well as risk-taking behavior.
2. Identify reasons why individuals initiate drug use and why individuals choose to continue using drugs.
3. Explore how dependence occurs, the treatment necessary to break dependence, and how dependence might have been prevented.
7. Make a distinction between over-the-counter (OTC) medications, prescription medications, alcohol, tobacco, and a number of illegal drugs.

Grading

Assignment 1: Chapter Quizzes	400 points
Assignment 2: Discussions	200 points
Assignment 3: Exams	200 points
Assignment 4: Reaction Paper	200 points

TOTAL 1000 POINTS

Grade Scale:

900 - 1000 = A	600 - 699 = D
800 - 899 = B	0 - 599 = F
700 - 799 = C	



TECHNOLOGY REQUIREMENTS

The following information on technological requirements has been provided to assist you in preparing to use technology successfully in this course. You should have access to a computer with:

- Internet access/connection – high speed recommended (not dial-up)
- Microsoft Office (more specifically, MS Word and PowerPoint)

You also have access to a personal MyLeo account and a **MyLeo email address**. This is the email address that I will use to send you information regarding this course. Please check it regularly, and be sure to send me emails from this address, also.

ACCESS AND NAVIGATION

This course will be facilitated using eCollege, the Learning Management System used by Texas A&M University-Commerce. To get started with the course, go to: <https://leo.tamu-commerce.edu/login.aspx>. You will need your CWID and password to log in to the course. If you do not know your CWID or have forgotten your password, contact Technology Services at 903.468.6000 or helpdesk@tamu-commerce.edu.

COMMUNICATION AND SUPPORT

Interaction with Instructor Statement:

- **E-mail strategy:** You are welcome to email (rebecca.rouse@tamuc.edu) your questions or concerns to me. There are, however, some caveats associated with email that you must remember:
 - 1) Do not expect an immediate response to your questions. A reasonable response time to emailed questions is 24 - 48 hours.
 - 2) Questions emailed on weekends may not receive a response until the work week begins.
 - 3) As the instructor, I reserve the right to answer emailed questions regarding assignments, tests, discussion boards, etc., in a direct email to everyone for the benefit of all students.
 - 4) Please be courteous and professional in all of your interactions with me and fellow students.

eCollege Student Technical Support

Texas A&M University-Commerce provides students technical support in the use of eCollege. The student help desk may be reached by the following means 24 hours a day, seven days a week.

- o **Chat Support:** Click on '*Live Support*' on the tool bar within your course to chat with an eCollege Representative.
- o **Phone:** 1-866-656-5511 (Toll Free) to speak with eCollege Technical Support Representative.
- o **Email:** helpdesk@online.tamuc.org to initiate a support request with eCollege Technical Support Representative.
- o **Help:** Click on the '*Help*' button on the toolbar for information regarding working with eCollege (i.e. How to submit to Dropbox, How to post to Discussions etc...)



COURSE AND UNIVERSITY PROCEDURES/POLICIES

Course Specific Procedures:

Attendance: Attendance for this online class is considered when you are logged in and active in the class eCollege i.e., posting assignments, taking quizzes, or completing discussion boards. If you are absent/not active in the class, it is **YOUR** responsibility to let the instructor know immediately, upon your return to class, the reason for your absence if it is to be excused.

Please see syllabus for due dates on all assignments. **NO LATE ASSIGNMENTS WILL BE ACCEPTED.**

Academic Honesty Policy

- Texas A&M University-Commerce does not tolerate **plagiarism** and other forms of academic **dishonesty**. Conduct that violates generally accepted standards of academic honesty is defined as academic dishonesty. "Academic dishonesty" includes, but is not limited to, plagiarism (the appropriation or stealing of the ideas or words of another and passing them off as one's own), cheating on exams or other course assignments, collusion (the unauthorized collaboration with others in preparing course assignments), and abuse (destruction, defacing, or removal) of resource material. Be aware that the intent to deceive the reader does not have to be present for plagiarism to occur. For more information, please go to <http://www.plagiarism.org/>. **If you are in any doubt as to whether your work constitutes plagiarism or academic dishonesty, please discuss this with me confidentially.**

University Specific Procedures:

ADA Statement for Students with Disabilities

Students with Disabilities:

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:

Office of Student Disability Resources and Services

Texas A&M University-Commerce

Gee Library

Room 132

Phone (903) 886-5150 or (903) 886-5835

Fax (903) 468-8148

StudentDisabilityServices@tamuc.edu



Student Conduct

All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment. (See *Code of Student Conduct from Student Guide Handbook*).

COURSE OUTLINE / CALENDAR

NOTE: DATES AND ASSIGNMENTS ARE TENATIVE AND SUBJECT TO CHANGE

WEEK MODULE	CHAPTERS	Topics to Cover	Assignments	Due Dates Due by 11:59 pm No late assignments accepted!
1/19 ORIENTATION		CLASS ORIENTATION View the online orientation an review syllabus	Watch and listen to the online orientation, then answer the quiz questions!	1/24
1/25 MOD 1	1	Introduction to Drugs and Society	Chapter 1 Quiz Discussion 1	1/31
2/1 MOD 2	2	Explaining Drug Use and Abuse	Chapter 2 Quiz Discussion 2	2/7
2/8 MOD 3	3	Drug Use, Regulation, and the Law	Chapter 3 Quiz Discussion 3	2/14
2/15 MOD 4	4	Homeostatic Systems and Drugs	Chapter 4 Quiz Discussion 4	2/21
2/22 MOD 5	5	How and Why Drugs Work	Chapter 5 Quiz Discussion 5	2/28
2/29 MOD 6	6	CNS Depressants	Chapter 6 Quiz Video Reaction Paper #1	3/6
3/7	MID TERM	MID TERM EXAM		3/13
3/14		SPRING BREAK	Nothing Due This Week	3/20
3/21 MOD 7	7	Alcohol: Pharmacological Effects	Chapter 7 Quiz Video Reaction Paper #2	3/27
3/28 MOD 8	8	Alcohol: A Behavioral Perspective	Chapter 8 Quiz	4/3
4/4 MOD 9	9-10	Narcotics Stimulants	Chapter 9 & 10 Quiz Video Reaction Paper #3	4/10
4/11 MOD 10	11	Tobacco	Chapter 11 Quiz	4/17
4/18 MOD 11	12-13	Hallucinogens Marijuana	Chapter 12-13 Quiz Video Reaction Paper #4	4/24



4/25 MOD 12	14-16	Inhalants OTC, Prescription, and Herbal Drugs & Drug Use in Subcultures of Special Populations	Chapter 14,15 & 16 Quiz Video Reaction Paper #5	5/1
5/2	FINAL	FINAL EXAM		5/8