



NURS 3414: Health Assessment across the Lifespan

COURSE SYLLABUS: BSN Program; Spring, 2016

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COURSE INFORMATION

Materials – Textbooks, Readings, Supplementary Readings

Textbook(s) Required

Jarvis, C. (2016) *Physical examination & health assessment* (7th Ed.). St. Louis: Saunders (ISBN-10:978-1-4557-2810-7).

Jarvis, C. (2016) Student *Laboratory Manual for Physical Examination & Health Assessment*. (7th Ed.) St. Louis: Saunders. (ISBN: 9780323265416)

Purdue OWL (Online Writing Lab):

<http://owl.english.purdue.edu/owl/resource/560/01/>

Textbooks / Materials(Recommended):

Jarvis, C. (2016). *Pocket Companion for Physical examination & health assessment* (7th Ed.). St. Louis: Saunders (ISBN: 9780323265379)

Course Description (4 credit hours)

Concepts and principles underlying assessment of the health status of individuals are presented *with emphasis placed on interviewing skills, health histories, and the physical and psychosocial findings in the well person.* Communication and assessment skills are developed. Students obtain health histories, perform physical and psychosocial assessments, establish a database, and formulate initial nursing plans using the nursing process.

Student Learning Outcomes

1. Identify principles of history taking in the assessment process of individuals.
2. Conduct a health history, including environmental exposure and a family history that recognizes genetic risks, to identify current and future health problems.
3. Demonstrate physical examination skills including focused physical, behavioral, psychological, socioeconomic, and environmental assessments of health and illness parameters in patients, using developmentally and culturally appropriate approaches and according to established criteria.
4. Document problems and needs in individuals from data discovered during the health history and physical examination.
5. Compare and contrast the roles and responsibilities of the nurse in the process of health assessment and health promotion.
6. Demonstrate responsibility for independent learning

COURSE REQUIREMENTS

Instructional / Methods / Activities Assessments

Learning Experiences and Teaching Methods:

This is a blended course without lecture requiring students to complete online activities, practice labs, and independent study to be successful. Course objectives may be met through individual study using suggested resources, active involvement in classroom activities, formal, and informal exchange of ideas with classmates and colleagues regarding specific topics as well as utilizing critical thinking skills. Teaching methods include seminar, discussion, small group work, independent study of texts and library resources, computer-assisted instruction, audio-visual aids, return demonstration and check-off of appropriate skills and the assignments listed. While the professor will provide guidance and consultation, the student is responsible for identification of learning needs, self-direction, seeking consultation and demonstration of course objectives.

GRADING

Grades will be determined as follows:

Exams (4) 12.5% each	50%
Chapter Quizzes (12) 1% each	12%
Complete Health History #1	6%
Complete Health History #2	2%
Skills competency check-off #1	15%
Skills competency check-off #2	15%
Total:	100%

Grading Scale

A = 90-100

B = 80-89

C = 75-79

D = 67-74

F = 66 and Below

Students must achieve an overall average of 75% on all examinations in order to pass the course.

Unit exams: Four unit exams are scheduled for the course. See the course schedule for the date, time and content of each exam. Exams are NOT comprehensive, are taken online in a proctored computer lab, and are timed. Students are responsible for making appointments with their assigned faculty to review exams or to discuss failing grades. The window for exam review is only open until the date of the next exam.

Students must achieve an overall average of 75% on all exams to pass the course.

Chapter Quizzes: Short, multiple choice quizzes will be given at the beginning of each weekly class over the assigned textbook chapters for that week. See the course schedule for the quiz content.

Skills Competency Check-off: A two-part skills and documentation check-off will be administered during the course of the semester, one-half at mid-term and one-half at the end of the semester. See the skills performance evaluation checklist for the systems covered. In order to pass the course, the student must receive a score of 75% on each check-off, demonstrating competency in the performance of the exam. Documentation of the findings must be completed as well and turned in via dropbox by 5pm on the day after the check-off. The student is responsible for recruiting an adult to participate in the student's skills competency check-offs.

Rules for choosing client for check off #1 and #2:

1. Choose a client who is not a class member and is over 18 years of age
2. Client must be available between 8a-4p on the dates scheduled for check-offs
3. Client must speak English

Check-offs will be recorded in the simulation hospital and students will be assigned a time for check off.

Admission to Lab: Starting January 27, 2016, you will meet in assigned morning (8A-11A) and afternoon (12N-3P) groups. Lab will be organized as follows:

- Quiz
- Demonstration of techniques—students will tell faculty what techniques to utilize
- Practice of techniques

Students should review appropriate anatomy prior to class and come prepared via reading in text and laboratory manual, review of posted E-college content and practice sheets. Practice sheets are posted in E-College for the following labs: hair, skin and nails; head, face, and neck; eyes; ears; nose, mouth, throat; lungs; heart/neck vessels; peripheral vascular system; abdomen; musculoskeletal; neurologic. You must bring your completed

practice sheet, including the assessment tests techniques used as well as normal findings. This is your admission pass to attend lab.

Health History: A health history must be completed on the person recruited for the skills competency check-off and must be turned in on the day of Check-off #1. The same person should be used for Check-off #2 and an updated health history must be completed and turned in at Check-off #2. In the event the recruited individual is unavailable for Check-off #2, a health history must be completed on the newly recruited individual.

Remediation: In the event that the competency check-off is failed (that is, an overall score of less than (<)75% is earned) remediation will be prescribed to improve the student's skills in areas which were not competently performed or documented. *After remediation, the full check-off will be repeated, with 75 being the highest earned grade possible.*

1. Remediation of a failed skills competency check-off must be completed **before** the last day of class.
2. Remediation may be undertaken **ONLY** if a skills competency check-off is failed, **NOT** to improve a passing check-off grade.

Practice: Students may practice skills without supervision when the lab is available. Students are responsible for scheduling themselves and arranging these practices and to sign in during those practice times. The lab is unavailable for practice when class is in session. A sign- up sheet is posted outside the lab for students to document their practice times.

TECHNOLOGY REQUIREMENTS

- To fully participate in online courses you will need to use a current Flash enabled browser. For PC users, the suggested browser is Google Chrome or Mozilla Firefox. For Mac users, the most current update of Firefox is suggested.
- You will need regular access to a computer with a broadband Internet connection. The minimum computer requirements are:
 - 512 MB of RAM, 1 GB or more preferred
 - Broadband connection required courses are heavily video intensive
 - Video display capable of high-color 16-bit display 1024 x 768 or higher resolution
- You must have a:
 - Sound card, which is usually integrated into your desktop or laptop computer
 - Speakers or headphones.

- *For courses utilizing video-conferencing tools and/or an online proctoring solution, a webcam and microphone are required.
- Both versions of Java (32 bit and 64 bit) must be installed and up to date on your machine. At a minimum Java 7, update 51, is required to support the learning management system. The most current version of Java can be downloaded at: [JAVA web site](http://www.java.com/en/download/manual.jsp)
<http://www.java.com/en/download/manual.jsp>
- Current anti-virus software must be installed and kept up to date.
- Run a browser check through the Pearson LearningStudio Technical Requirements website. [Browser Check](http://help.ecollege.com/LS_Tech_Reg_WebHelp/en-us/#LS_Technical_Requirements.htm#Browset)
http://help.ecollege.com/LS_Tech_Reg_WebHelp/en-us/#LS_Technical_Requirements.htm#Browset

Running the browser check will ensure your internet browser is supported.

Pop-ups are allowed.

JavaScript is enabled.

Cookies are enabled.

- You will need some additional free software (plug-ins) for enhanced web browsing. Ensure that you download the free versions of the following software:
 - [Adobe Reader](https://get.adobe.com/reader/) <https://get.adobe.com/reader/>
 - [Adobe Flash Player](https://get.adobe.com/flashplayer/) (*version 17 or later*)
<https://get.adobe.com/flashplayer/>
 - [Adobe Shockwave Player](https://get.adobe.com/shockwave/) <https://get.adobe.com/shockwave/>
 - [Apple Quick Time](http://www.apple.com/quicktime/download/) <http://www.apple.com/quicktime/download/>
- At a minimum, you must have Microsoft Office 2013, 2010, 2007 or Open Office. Microsoft Office is the standard office productivity software utilized by faculty, students, and staff. Microsoft Word is the standard word processing software, Microsoft Excel is the standard spreadsheet software, and Microsoft PowerPoint is the standard presentation software. Copying and pasting, along with attaching/uploading documents for assignment submission, will also be required. If you do not have Microsoft Office, you can check with the bookstore to see if they have any student copies.
- For additional information about system requirements, please see: [System Requirements for LearningStudio](https://secure.ecollege.com/tamuc/index.learn?action=technical)
<https://secure.ecollege.com/tamuc/index.learn?action=technical>

ACCESS AND NAVIGATION

Pearson LearningStudio (eCollege) Access and Log in Information

This course will be facilitated using Pearson LearningStudio, the learning management system used by Texas A&M University-Commerce. To get started with the course, go to [myLeo](http://www.tamuc.edu/myleo.aspx). <http://www.tamuc.edu/myleo.aspx>

You will need your CWID and password to log in to the course. If you do not know your CWID or have forgotten your password, contact Technology Services at 903.468.6000 or helpdesk@tamuc.edu.

It is strongly recommended that you perform a "Browser Test" prior to the start of your course. To launch a browser test, login to Pearson LearningStudio, click on the "My Courses" tab, and then select the "Browser Test" link under Support Services.

Pearson Learning Studio Student Technical Support

Texas A&M University-Commerce provides students technical support in the use of Pearson LearningStudio.

Technical assistance is available 24 hours a day/ 7 days a week.

If at any time you experience technical problems (e.g., you can't log in to the course, you can't see certain material, etc.) please contact the Pearson LearningStudio Help Desk, available 24 hours a day, seven days a week.

The student help desk may be reached by the following means 24 hours a day, seven days a week.

- **Chat Support:** Click on '*Live Support*' on the tool bar within your course to chat with a Pearson Learning Studio Representative.
- **Phone:** 1-866-656-5511 (Toll Free) to speak with Pearson Learning Studio Technical Support Representative.
- **Email:** helpdesk@online.tamuc.org to initiate a support request with Pearson LearningStudio Technical Support Representative.

Accessing Help from within Your Course: Click on the '*Tech Support*' icon on the upper left side of the screen inside the course. You then will be able to get assistance via online chat, email or by phone by calling the Help Desk number noted below.

Note: Personal computer problems do not excuse the requirement to complete all course work in a timely and satisfactory manner. Each student needs to have a backup method to deal with these inevitable problems. These methods might include the availability of a backup PC at home or work, the temporary use of a computer at a friend's home, the local library, office service companies, an Internet cafe, or a bookstore, such as Barnes & Noble, etc.

Policy for Reporting Problems with Pearson LearningStudio

Should students encounter Pearson LearningStudio based problems while submitting assignments/discussions/comments/exams, the following procedure **MUST** be followed:

1. Students must report the problem to the help desk. You may reach the helpdesk at helpdesk@online.tamuc.org or 1-866-656-5511
2. Students **MUST** file their problem with the helpdesk and obtain a helpdesk ticket number
3. Once a helpdesk ticket number is in your possession, students should email me to advise me of the problem and to provide me with the helpdesk ticket number
4. At that time, I will call the helpdesk to confirm your problem and follow up with you

PLEASE NOTE: Your personal computer/access problems are not a legitimate excuse for filing a ticket with the Pearson LearningStudio Help Desk. You are strongly encouraged to check for compatibility of your browser **BEFORE** the course begins and to take the Pearson LearningStudio tutorial offered for students who may require some extra assistance in navigating the Pearson LearningStudio platform. **ONLY** Pearson LearningStudio based problems are legitimate.

Internet Access

An Internet connection is necessary to participate in discussions and assignments, access readings, transfer course work, and receive feedback from your professor. View the requirements as outlined in Technology Requirements above for more information.

myLeo Support

Your myLeo email address is required to send and receive all student correspondence. Please email helpdesk@tamuc.edu or call us at 903-468-6000 with any questions about setting up your myLeo email account. You may also access information at myLeo. <https://leo.tamuc.edu>

Learner Support

Go to the following link [One Stop Shop](#)- created to serve you by attempting to provide as many resources as possible in one location.

<http://www.tamuc.edu/admissions/onestopshop/>


Go to the following link [Academic Success Center](#)- focused on providing academic resources to help you achieve academic success.

<http://www.tamuc.edu/campusLife/campusServices/academicSuccessCenter>

FREE MOBILE APPS

The Courses apps for phones have been adapted to support the tasks students can easily complete on a smaller device. Due to the smaller screen size course content is not presented.

The Courses app is free of charge. The mobile Courses Apps are designed and adapted for different devices.

	App Title:	iPhone – Pearson LearningStudio Courses for iPhone Android – LearningStudio Courses - Phone
	Operating System:	iPhone - OS 6 and above Android – Jelly Bean, Kitkat, and Lollipop OS
	iPhone App URL:	https://itunes.apple.com/us/app/pearson-learningstudio-courses/id977280011?mt=8
	Android App URL:	https://play.google.com/store/apps/details?id=com.pearson.lsp_hone

Once downloaded, search for Texas A&M University-Commerce, and it should appear on the list. Then you will need to sign into the myLeo Mobile portal.

The Courses App for Android and iPhone contain the following feature set:

- View titles/code/Instructor of all Courses enrolled in online
- View and respond to all discussions in individual Courses
- View Instructor Announcements in individual Courses
- View Graded items, Grades and comments in individual Courses
- Grade to Date
- View Events (assignments) and Calendar in individual Courses
- View Activity Feed for all courses
- View course filters on activities
- View link to Privacy Policy

- Ability to Sign out
- Send Feedback

COMMUNICATION AND SUPPORT

Interaction with Instructor Statement

Communication between faculty and students is important and taken seriously. Preferred communication methods are through individualized faculty office hours, email, or office phone. If a phone call is not answered, please leave a message and send an e-mail using the direct e-mail link on the course home page. You will be treated with collegial respect and you are expected to communicate likewise in a professional manner.

COURSE AND UNIVERSITY PROCEDURES/POLICIES

Syllabus Change Policy

The syllabus is a guide. Circumstances and events, such as student progress, may make it necessary for the instructor to modify the syllabus during the semester. Any changes made to the syllabus will be announced in advance.

Course Specific Procedures

Students must adhere to standards of professional and academic conduct. Academic misconduct involves any activity that tends to compromise the academic integrity of the University, or subvert the educational process, including, but not limited to, cheating, plagiarism, falsifying academic records, misrepresenting facts and any act designed to give unfair academic advantage to the student or the attempt to commit such an act. Students are responsible for their own academic honesty and for reporting violations of academic honesty by others. (Nursing Student Conduct Code--See the BSN Student Guide)

CLASS

1. Class Cancellation: In the event that a class is canceled, the student is expected to do the readings and complete the objectives for that day. The content will still be included on examinations. The material in this syllabus and dates identified in the Course Calendar are subject to change.

2. Class attendance is expected. Students should notify course faculty in advance of any absence. It is the student's responsibility to obtain information covered in class/lab.
3. Exam dates are listed in each course syllabus, and the student is expected to be present for exams. In the event that the student will be absent, the course instructor must be notified in advance. Failure to do so will result in the student receiving a zero for the missed exam or quiz.
4. As an adult learner and responsible professional, the student is responsible for reading and completing assignments prior to class and for being prepared to participate in discussions over the assigned material. It should not be expected that all material will be covered in class. Students are expected to come to class prepared.
5. Assignments must be handed in on time. Assignments submitted late without prior arrangement with the classroom instructor will receive a zero.

Classroom Behavior

Students must refrain from classroom distractions (e.g. talking to each other, eating, texting, using phones, entering late or moving excessively during class). Children are not allowed in the classroom at any time. Students causing distractions will be asked to leave the classroom and may be subject to disciplinary action. Cell phones must be placed on vibrate or turned off.

Use of Electronic Devices

The use of electronic devices, including laptops and voice recorders, must be approved by the course faculty prior to class. Laptops not being used to take notes should be closed. The use of any unapproved electronic devices during a test/quiz or test/quiz review will result in the student receiving a zero for that test/quiz.

Student Dress

Refer to Student Guide for additional information. While in the lab, students will be expected to dress in the prescribed BSN program uniform after Spring Break. Prior to that time, students should be dressed appropriately without body piercings, tattoos covered, no nail polish, and attired in nothing suggestive. Hair must be up and off the collar. Gum chewing is never allowed in the lab.

University Specific Procedures

Student Conduct

All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment. (See current Student Guidebook).

Students should also consult the Rules of Netiquette for more information regarding how to interact with students in an online forum: [Netiquette](http://www.albion.com/netiquette/corerules.html)
<http://www.albion.com/netiquette/corerules.html>

ADA Statement

Students with Disabilities

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:

Office of Student Disability Resources and Services

Texas A&M University-Commerce
Gee Library- Room 132
Phone (903) 886-5150 or (903) 886-5835
Fax (903) 468-8148
Email: Rebecca.Tuerk@tamuc.edu

Website: [Office of Student Disability Resources and Services](http://www.tamuc.edu/campusLife/campusServices/studentDisabilityResourcesAndServices/)
<http://www.tamuc.edu/campusLife/campusServices/studentDisabilityResourcesAndServices/>

Nondiscrimination Notice

Texas A&M University-Commerce will comply in the classroom, and in online courses, with all federal and state laws prohibiting discrimination and related retaliation on the basis of race, color, religion, sex, national origin, disability, age, genetic information or veteran status. Further, an environment free from discrimination on the basis of sexual orientation, gender identity, or gender expression will be maintained.

Tobacco Statement

Procedure 34.05.99.R1 now prohibits the use of vapor/electronic cigarettes, smokeless tobacco, snuff and chewing tobacco inside and adjacent to any building owned, leased, or operated by A&M – Commerce.

myLeo Support

Your myLeo email address is required to send and receive all student correspondence. Please email helpdesk@tamuc.edu or call us at 903-468-6000 with any questions about setting up your myLeo email account. You may also access information at <https://leo.tamuc.edu>.

Learner Support

Go to the following link [One Stop Shop](#)- created to serve you by attempting to provide as many resources as possible in one location.

Go to the following link [Academic Success Center](#)- focused on providing academic resources to help you achieve academic success.

NURS 3414; COURSE OUTLINE

Textbook: Jarvis' *Physical Examination and Health Assessment*, 7th ed.

Week	Course Content	Reading Assignment
1 (1/20)	Orientation to course— <u>all students present from 10a-12n</u>	Chapters 1-2
2 (1/27)	<i>Quiz #1</i> Assessment of the whole person; cultural competence; interviewing; completing a health history	Chapters 1, 2, 3, 4
3 (2/3)	<i>Quiz #2</i> Assessment techniques-general survey, pain, vital signs, hand washing, hand washing check off	Chapters 8, 9, 10, 11
4 (2/10)	<i>Quiz #3</i> Skin, hair, and nails Head, Face, and neck	Chapters 12, 13
2/8/16	Exam 1 (Chapters 1, 2, 3, 4, 8, 9, 10, 11)	ED South 122
5 (2/17)	<i>Quiz #4</i> Eyes	Chapter 14
6 (2/24)	<i>Quiz #5</i> Ears, nose, mouth, and throat	Chapters 15, 16
2/29/16	Exam 2 (Chapters 12-16)	
7 (3/2)	<i>Quiz #6</i> Breasts, regional lymphatics, thorax, and lungs	Chapters 17, 18
8 (3/7&9)	Check-off #1/Health History #1 due	
3/14-18)	Spring Break	
8 (3/23)	<i>Quiz #7</i> Heart and neck vessels, peripheral vascular system	Chapters 19, 20
9 (3/30)	<i>Quiz #8</i> Abdomen	Chapter 21
4/4/16	Exam 3 (Chapters 17-21)	Ed South 122

10(4/6)	<i>Quiz #9</i> Musculoskeletal	Chapter 22
11 (4/13)	<i>Quiz #10</i> Neurologic	Chapter 23
12 (4/20)	<i>Quiz #11</i> Male genitourinary, anus rectum and prostate	Chapters 24, 25
4/25/16	Exam 4 Chapters 21-25)	Ed South 122
13 (4/27)	<i>Quiz #12</i> Female Genitourinary	Chapter 26
14 (5-3&4)	Check-off #2/Health History #2 due	

****Students are responsible for Anatomy and Physiology review prior to each class.**