

DEPARTMENT OF

Health & Human Performance

COURSE TITLE: HHPH 430: Health Promotion with Special Populations

COURSE VALUE: Three (3) credit hours

COURSE TIME: Online

INSTRUCTOR: Dr. Spencer Willis, CHES

 OFFICE:
 Field House 100K

 OFFICE HOURS:
 By Appointment

 PHONE:
 (903) 886-5573

 FAX:
 (903) 886-5365

E-MAIL: spencer.willis@tamuc.edu

REQUIRED TEXT: Ritter, L. and Hoffman, N. (2010). Multicultural Health. Sudbury, MA Jones

and Bartlett Publishers

Course Description:

This course seeks to identify health care issues relevant to at-risk populations/communities and to facilitate health promotion/disease prevention activities.

Course Objectives:

At the end of this course the students should learn about:

- 1. Theoretical Underpinnings of Vulnerability and Approaches to Special Populations
- 2. Racial & Ethnic groups with Special Health Problems
- 3. Empowering Special Populations
- 4. Population Based and Community-Focused Approaches to Vulnerability and Disadvantage
- 5. Research, Policy and Clinical Perspectives

Course Requirements:

A. Assignments & Intro Quiz (28%)

The student will be responsible for obtaining all materials presented online and assigned readings from the textbook. You are responsible for making sure your weekly assignments are in on time. Use the appropriate DropBox to submit assignments. Assignments will be graded by the Sunday following the assignment due date. You will need to click on "announcements" so you can see the Instructor's comments for homework. Thirteen (13) assignments will be given in the semester. **Note:** anytime you have an assignment (i.e. paper) where you have to utilize resources other than your textbook, **you are required to cite your resources in APA format**. This gives credit to the original author(s) and protects you from plagiarism accusations. **Due every Wednesday by noon!!!**

B. Public Service Announcement (10%)

Students will develop an educational public service announcement that presents one health disparity from pages 14-19. Copyrighted pictures from the internet are not allowed. In other words, you will have to either take your own pictures or use open access (uncopyrighted) pictures/clip art

Tips:

- Use low level language and if possible, translate into the appropriate written language of that chosen group.
- Your PSA should be culturally and visually engaging. Use language, color, phrases, images, recipes, historical events and figures appropriate to your audience.
- Lastly, be sure to acquire written permission when taking photographs of individuals. This PSA must be uploaded to youtube, with the link sent to me by the Wednesday, **April 6**th @ **noon**.

C. Participation in Discussions (12%):

Students will chose 6 discussion forums in which they will participate. You can earn a maximum of 20 points (**your initial post and responding to one other post**) per discussion. You may not participate in more than 6 discussions for credit. I will only count the points you earn in your first six discussions toward your grade. Even though this course is a web class, students will be required to interact personally with each other, but through cyberspace. Interpersonal communication serves an important educational purpose. You will learn more as you engage each other (**so just posting "yes, I agree with him/her" will not count!**) and discuss the material together. Throughout the semester I will post various topics in the "Discussions" area. Students may choose which sessions to join. Typically the sessions will be locked on the stated due date/time. Discussion points will be posted in the Gradebook approximately 24 hours after the close of the discussion period.

D. Experiential learning (10%):

This assignment will serve as your community service activity with special populations. Own your own, you will identify a volunteer organization that provides health-promoting services to community members. You are required to complete a minimum of three (3) volunteer hours with the respective organization (these hours should be completed during the Spring 2016 semester, not prior.). Each student must e-mail the name and contact information (e.g. name of supervising employee, address, phone number, etc.) for the volunteer agency by February 5th. Include any "Call for Volunteers" signage/advertisement if available. I will respond via e-mail to approve your activity. After completing the activity, write a one-page paper (typed, single spaced, 12 font, and 1" margin) describing the activity. Be sure to include who, what, where, and when aspects of the experience. Also, describe how this made you feel and relate back to chapter in textbook. The report is due no later than Wednesday, April 27th @ noon. I recommend submitting the week after you complete the activity so you won't forget any details!

E. Exams (30%):

A midterm and final exam will be administered, covering all information in the book and the power point slides. Test will consist of objective questions (matching, T/F and multiple choice). Although exams are open book and open note, the time limit is 3 hours. *No make-up exam will be given, unless arrangements are made prior to the exam or a verifiable medical excuse is provided within 3 days.

Note: Students will be <u>unable</u> to make-up a report/presentation/assignment when the due date has passed. **All late assignments automatically earn a zero**.

Grading:	Assignments (13 x 20 pts/each) & Intro Quiz (20 pts) Experiential Learning Participation in Discussions PSA Mid-Term Examination	280 pts (28%) 200 pts (20%) (6 @ 20 pts/each) 120 pts (12%) 100 pts (10%) 150 pts (15%)
	Final Examination	150 pts (15%)
	TOTAL	1000 pts(100%)

Grade Scale:

900-1000 points = A 800-899 = B 700-799 = C 600-699 = D 0-599 = F

COURSE OUTLINE

Spring 2016

DATE (week)	Topics to Cover	Assignments Due (Wed by noon)
1	Course Introduction	Complete intro quiz
	Chapter 1	Homework #1
	•	Due Wed. 2/3 by noon
2	Chapter 2	Homework #2
	-	Due Wed. 2/3 by noon
3	Chapter 3	Homework #3
	-	Due Wed. 2/3 by noon
4	Chapter 4	Homework #4
	•	Due Wed. 2/10 by noon
5	Chapter 5	Homework #5
	•	Due Wed. 2/17 by noon
6	Chapter 6	Homework #6
	•	Due Wed. 2/24 by noon
7	Mid Term	Homework #7
		Due Wed. 3/09 by noon
8	Enjoy spring break!	
9	Chapter 7	Due Wed. 3/23 by noon
	Mandatory discussion	
10	Chapter 8	Homework #8
	_	Due Wed 3/30 by noon
11	Chapter 9	Homework #9
	PSA due	Due Wed. 4/6 by noon
12	Chapter 10	Homework #10
	-	Due Wed. 4/13 by noon
13	Chapter 11	Homework #11
	-	Due Wed. 4/20 by noon
14	Chapter 12	Homework #12
	Volunteer report	Due Wed. 4/27 by noon
15	Chapter 13	Homework #13
		Due Wed. 5/4 by noon
16	Final	Due Wed. 5/13 by noon

Please note that this schedule is tentative and is subject to change.

ALL STUDENTS ENROLLED AT THE UNIVERSITY SHALL FOLLOW THE TENETS OF COMMON DECENCY AND ACCEPTABLE BEHAVIOR CONDUCIVE TO A POSITIVE LEARNING ENVIRONMENT. (SEE STUDENT'S GUIDE BOOK.)

STUDENTS REQUESTING ACCOMMODATIONS FOR DISABILITIES MUST GO THROUGH THE ACADEMIC SUPPORT COMMITTEE. FOR MORE INFORMATION, PLEASE CONTACT THE DIRECTOR OF DISABILITY RESOURCES AND SERVICES, (903) 886-5835.